

On the heels of <u>Thanksgiving</u>, we want to share our thanks for you - our volunteer leaders. We are thankful for the support and dedication that each of you provide to the organization, and we are proud of the mindful and engaged outdoor community that you foster. In appreciation of everything our leaders bring to The Mountaineers, we are excited to celebrate you at two upcoming events - the <u>Leadership Conference</u> on December 2, and the <u>Volunteer Appreciation Dinner</u> on January 27. We are also excited to continue offering new opportunities for ongoing leadership development and new ways to support the back-end administration of our programs. Our goal is to make your time spent volunteering more valuable and meaningful!

Thank you, and we hope that you enjoy this month's LeaderLines!

Sara and Steve, Adult Education Managers



Leader Spotlight: Jerry Logan

Leader Spotlight is a monthly showcase of the incredible volunteer leadership at The Mountaineers. It is a platform for our leaders to share tips and tricks, favorite memories, and inspiration for new and rising leaders. For our Leader Spotlight this month we talked to Jerry Logan, a volunteer with the Kitsap Branch who takes pride and joy in helping new climbers achieve summits that they didn't think were possible!

Read more



Volunteer Appreciation Dinner | Jan 27

Save the date for the organization-wide <u>Volunteer Appreciation Dinner</u>. Registration will open on December 4. This event is open to volunteers from all branches and their guests. Dinner is complimentary and there is no cost to attend. This year's Keynote Presenter will be Jeff Renner, local meteorologist and Mountaineers Books author!

RSVP Now

Lessons Learned: Winter Wading in Surprise Creek

This month's safety blog (courtesy of longtime Safety Chair Dave Shema) begins with the compelling teaser: "About a mile and third up the trail, the trail crosses Surprise Creek on a log. Half of us made it across without incident..." This incident highlights the importance of *preventing* an incident rather than *responding* to one.

Read More



Leader Logistics: Web Updates

The Mountaineers is always making updates to our website to help members, leaders, and staff better serve our organization. This fall, we rolled out a number of small updates. Please take a look at our blog to learn about what is new! Highlights include - but are not limited to - improved committee roster management, filtering features for course template rosters, and skill badges.

Learn More

Quick Hits

- New Workshop: Forming Compatible Groups for Trips Join Tom Unger for a workshop on how to use goals, expectations, and style as a way to think about and discuss the trip, bring people into alignment, and form a cohesive, enjoyable team.
- Want to improve your ice climbing skills? Apply for our new <u>Alpine Skills</u>
 <u>Development Program!</u> We will pay for professional guides and lodging in Canmore,
 Alberta -- you make the time and make your way there.
- **Fred Beckey Memorial:** The legendary Fred Beckey passed away on October 30, 2017. We will gather at the Seattle Program Center on December 3 for a <u>public memorial</u>.

- Gear Alert: "Peeing outside is a joy everyone should experience."
- North Cascades mountain guide (and past Leadership Conference speaker) Josh Cole
 knows about risk assessment and risk management. <u>His interview</u>, previously featured
 in *Mountaineer* magazine, offers insights into the value of group communication,
 having shared goals, and being on the same page as your partners during outdoor
 adventures.
- What is Progressive *Outdoor* Education and how is it different than Progressive Climbing Education? <u>Learn more</u> about this initiative at The Mountaineers, including how you can get involved!
- **Be aware of your inspiration.** "There's nothing wrong with seeing a cool space on the Internet and deciding to go there. <u>It's just, maybe</u>, don't start fires there, and clean up your poop."
- **Risk Management Evaluation** Outdoor Safety Institute has been evaluating The Mountaineers' risk management capabilities for the past year. Read about their recommendations, and about how we plan to move forward!
- Farm fresh produce! Mountaineers now have access to discounted produce through Full Circle Farm's Farm to Table program. Members receive 20% off their first five "Sprout" size boxes of fresh, organic fruits and vegetables. (\$6.59/Box) Promo Code: MTPRODUCE
- **De-stress in the outdoors.** "On a 10-point scale, the <u>participants' stress levels</u> decreased from 5.3 to 1.7 points, corresponding to an almost 70-percent decrease of stress, which is remarkable."
- Working towards an inclusive Mountaineers: "When rafting down the Green River or hiking on the Appalachian Trail, I don't feel out of place. But when I look at outdoor apparel ads, marketing for outdoor vacations, and editorials on how to live the outdoor lifestyle, it's very apparent that the queerest thing about my nature excursions is simply that I'm there—because the outdoor industry doesn't show me or any of my openly LGBT tribe in those situations."

Stay Safe Out There!

Assess and manage the risks of your adventure!

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The Mountaineers enriches lives and communities by helping people explore, conserve, learn about and enjoy the

lands and waters of the Pacific Northwest and beyond.

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