



GUIDANCE FOR MOUNTAINEERS ACTIVITIES: PHASES 1.5 & 2

As Washington state begins to reopen, it's critically important for our community to recreate responsibly. The Mountaineers is looking forward to reopening, and all of our programs at Mountaineers branches will operate within the same phase. Please visit www.mountaineers.org/covid-19 for the current program status.

In Phases 1.5 & 2, The Mountaineers will allow small groups to resume Mountaineers trips and programs while following these six safety practices and adhering to public health recommendations. According to the state, individuals who are considered to be high-risk as defined by the CDC are strongly encouraged to stay home until Phase 4.

MAINTAIN PHYSICAL DISTANCING



- Carpool is only recommended with members of your household
- Maintain a 6ft distance between group members whenever possible, brief periods closer than 6ft are acceptable

REDUCE EXPOSURE OPPORTUNITIES



- Group size max of 6 during Phase 1.5
- Group size max of 8 during Phase 2
- No sharing personal gear with non-household members
- Limit trips to within 125 driving miles of home and avoid stops along the way
- Indoor activities must follow additional guidance

COVER YOUR FACE



- Cloth face coverings are required for outdoor activities and must be worn when closer than 6ft to others
- Cloth face coverings must be worn at all times during indoor activities

PARTICIPATE RESPONSIBLY



- All group members must agree to the COVID-19 Code of Conduct
- Advanced registration required with accurate rosters on the website
- All group members self-screen to verify no symptoms or need to quarantine

PRACTICE STRICT HYGIENE



- Wash your hands often
- Carry hand sanitizer or biodegradable soap
- Quarantine shared gear (ex: ropes) between uses
- Sanitize high-touch areas before and after use

LOWER YOUR RISK PROFILE



- Stick to conservative trips well within your ability level
- Lead trips on familiar terrain only
- If conditions are unfavorable, cancel the trip