

Guidance for Mountaineers Programs During COVID-19



Activities should operate according to the phase of the trip destination. Leaders and participants may lead or attend trips in any phase, regardless of their county of residence. The Mountaineers encourages everyone to evaluate their personal risk profile prior to attending an in-person trip, and to make conservative decisions that protect the health and safety of our community.

The following guidance applies to all outdoor adult activities. Please visit www.mountaineers.org/covid-19 for detailed information about all program types.

Phase 1: Mountaineers trips may not operate in Phase 1 counties.

All Phases



Maintain a 6ft distance between group members whenever possible.



All group members must agree to the COVID-19 Code of Conduct. Advanced registration required. All group members self-screen to verify no symptoms or need to quarantine.



Face masks are required and must be worn when closer than 6' to others, unless exempted by Washington state.



No sharing personal gear with non-household or non-pod members.



Wash your hands often. Carry hand sanitizer or biodegradable soap. Sanitize or isolate high-touch areas and shared gear between uses.



Stick to conservative trips within your ability level. Cancel the trip in unfavorable conditions.

Phases 1.5 & 2

Carpooling is only recommended with members of your household.

Max group size of 8 in Phase 2. Check county-specific guidance about group size for Phase 1.5.

Phase 3

Carpooling is only recommended with members of your pod or household.

Max group size of 50.

Phase 4

Stay tuned!

Washington State strongly encourages, but does not require, individuals who are considered to be at an increased risk for severe illness after contracting COVID-19 to stay home and stay healthy, unless participating in a permissible activity for the relevant phase of reopening.

Read the full guidance for Mountaineers programs during COVID-19 at www.mountaineers.org/covid-19.