

Mountaineer

E X P L O R E • L E A R N • C O N S E R V E

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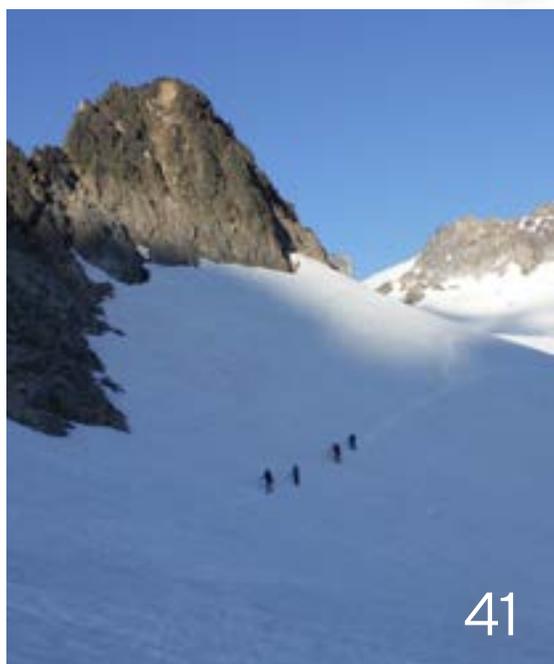
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The Mountaineers enriches lives and communities by helping people explore, conserve, learn about and enjoy the lands and waters of the Pacific Northwest and beyond.



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Mountaineer magazine would like to thank **The Mountaineers Foundation** for its financial assistance. The Foundation operates as a separate organization from The Mountaineers, which has received about one-third of the Foundation's gifts to various nonprofit organizations.

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Discover The Mountaineers

If you're thinking of joining — or have joined and aren't sure where to start — why not set a date to Meet The Mountaineers? Check the Branching Out section of the magazine for times and locations of informational meetings at each of our seven branches.

on the cover: Andre Gougisha climbs Ingalls Peak. *story on page 16*
photographer: photo by Ian Lauder, IanLauder.com



Darcy Kiefel

Suzanne Gerber
Publications Manager
suzanneg@mountaineers.org

An Inclusive Wilderness

I didn't think about diversity much until I started studying nature. My first understanding came with the world of plants.

I loved learning about the native species that grow in various biomes – each one conveying their very own story of time and place through little differences that make them unique. Observing and guessing why these plants grew the way they did – tall or short with symmetrical or alternating leaves, of various colors and textures. It was fascinating to think about how they communicated – some through high-pitched noises that humans cannot hear, some with smells, and some with the help of other species: fungi that travels from root system to root system, to help a forest know where to disperse nutrients so that everyone can flourish. I found myself wishing I could talk to the plants to better understand where they live and what they like – and who they are.

And then I had an epiphany while traveling: I could communicate with the people who lived in the places I was visiting. At that moment, I stopped being a shy, silent observer and started interacting as much as I could. I talked to shop owners, kids on the street, ladies selling fruit and of course, the host families where I often stayed. It's amazing how eager people are to tell you about their lives, their families and their favorite things to eat or do for fun.

With each venture I take into nature and abroad, the world feels richer, larger and more diverse. In the melting pot of cultures and heritages that make up the United States, we have the potential for more depth and richness than any other culture I can think of. This is why it's so important that people of all backgrounds and heritages get outside and enjoy the natural lands and wilderness that this country has to offer. Not because if the only conservationists are "old white men," the drive to conserve will die with them (though that is a valid concern). But because of the richness and depth that people of all backgrounds can bring to the outdoor community – and in turn, the adventure and solace that the outdoors can bring to them.

This is a special issue, with a report on our accomplishments and goals from 2015 in our annual report section, from pages 19-40. And we have a special story about the late Doug Walker, a Mountaineer, mentor and advisor for so many in the outdoor and conservation world – written by Glenn Nelson who is the founder and publisher of The Trail Posse (page 12).

We also have a story about one of our members named Andre, who moved to Seattle from New Orleans and discovered a love for the mountains. He brings a smile to the face of everyone he ventures out with. It will hopefully bring you a smile to read about him (page 16).

For another encouraging story, though a little more harrowing, Scott Braswell of the Everett Mountaineers recounts his tale of a successful rescue on Dome Peak, in the Glacier Peak Wilderness of Washington's North Cascades. An ice climber fell into a crevasse and was lucky to have a group of attentive and well-trained Mountaineers by his side until Search and Rescue was able to helicopter him out (page 41).

As always, thank you for reading the magazine and have fun out there! Spring is here, and the days are only getting longer, sunnier and more inviting for playing outside.

Suzanne Gerber, Publications Manager



The Mountaineers is a non-profit organization, founded in 1906 and dedicated to the responsible enjoyment and protection of natural areas.

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Can you identify the location in the foreground?

Send your answer to Suzanne by the first of June: suzanneg@mountaineers.org. If you guess correctly, you'll receive a \$15 gift certificate* good for Mountaineers purchases, and we'll publish your name in next issue's column.

*Not redeemable for cash. Mountaineers employees or persons shown in the photograph are not eligible.

In case of a tie, one winner will be chosen at random. Each issue we'll publish a new mystery landmark and identification of the previous one.

Adventurer? Please send in your trip photographs for possible publication as a mystery location! (see email address above)

Nobody correctly guessed the last issue's *Summit Savvy*, which was Mount Spickard (see trip report below).



Last issue's summit savvy: Mount Spickard and Redoubt

Mount Spickard and Redoubt are prominent peaks in the North Cascades, part of the Chilliwacks - near the Canadian border.

Activity Type: Alpine Climb

Seasons: June - September

Distance (round trip): 34 miles

Elevation Gain: 11,500 (approach and the two peaks)

High Point: Redoubt 8,969, Spickard 8,879

Trip report by Ida Vincent from May, 2015:

We went for an early season climb of Spickard and Redoubt (28-31 May 2015). The long trail in was snow free and we enjoyed the scramble up stunning Depot Creek Falls before arriving at Ouzel Lake. The lake was still partly frozen and we set up camp by the shore.

Early the next morning we went for Mount Redoubt via the South Face, first crossing the Redoubt Glacier before starting up the final scramble. The rock gully was covered in snow as a result of it being May and we set up hand lines for part of it.

The summit views were breathtaking, the peaks of the Chilliwacks and Northern Cascades piercing the skyline in every direction. Back in camp we hopped into Ouzel Lake for a refreshing dip before dinner and an early night in preparation for the Mount



Mount Spickard. Photo by Ida Vincent

Spickard the following day.

As the sun was rising the next morning we were on our way up the moderately steep snow slopes of the South Ridge of Mount Spickard. Reaching the summit after some steeper terrain to yet again be greeted by spectacular views all around us and brilliant sun in a cloudless sky. Once back down we enjoyed one last dip in the icy lake before watching the sunset. All that was left was the long hike out the next morning.

Reducing Knee Pain

by Courtenay W. Schurman, MS, CSCS

One of the most common questions I hear Mountaineers ask is how to prevent knee pain on steep hikes. Herein are strategies and resources for increasing your stamina, strength and flexibility so that knee pain may become a distant memory.

Cardiovascular Training

Cardiovascular machines at the gym are excellent at training the uphill propulsion muscles in the hips, particularly the glutes. However, it is more challenging to find machines to train the inner teardrop-shaped quadriceps muscle, the VMO (Vastus Medialis Obliquus), targeted in downward walking. One solution: Try walking backwards on a moderately inclined treadmill.

If you train on stairs in your apartment or office building, include walking down the stairs. While climbing down may not sustain an elevated heart rate, it WILL help strengthen the quads for downhill hiking. If walking down stairs bothers your knees, start with a few flights each workout and gradually add more as your endurance improves. You also may want to include the 'Reverse Step-up' in your strength routine.

Reverse Step-up exercise:

Stand on top of a step or box (start with 4-6 inches and work up to 10-12 inches.) Step off the front as though you're going down a set of stairs, allowing the trailing heel to raise up and lead foot to land firmly on the floor in front. Reverse your position (without rebounding off your lead foot) allowing the trail leg (the one still on the step) to lift you back up to the top (essentially walking backwards up a step), and balance without letting your lead leg touching the step. Work your weaker knee first before completing the same number of repetitions on the other leg.

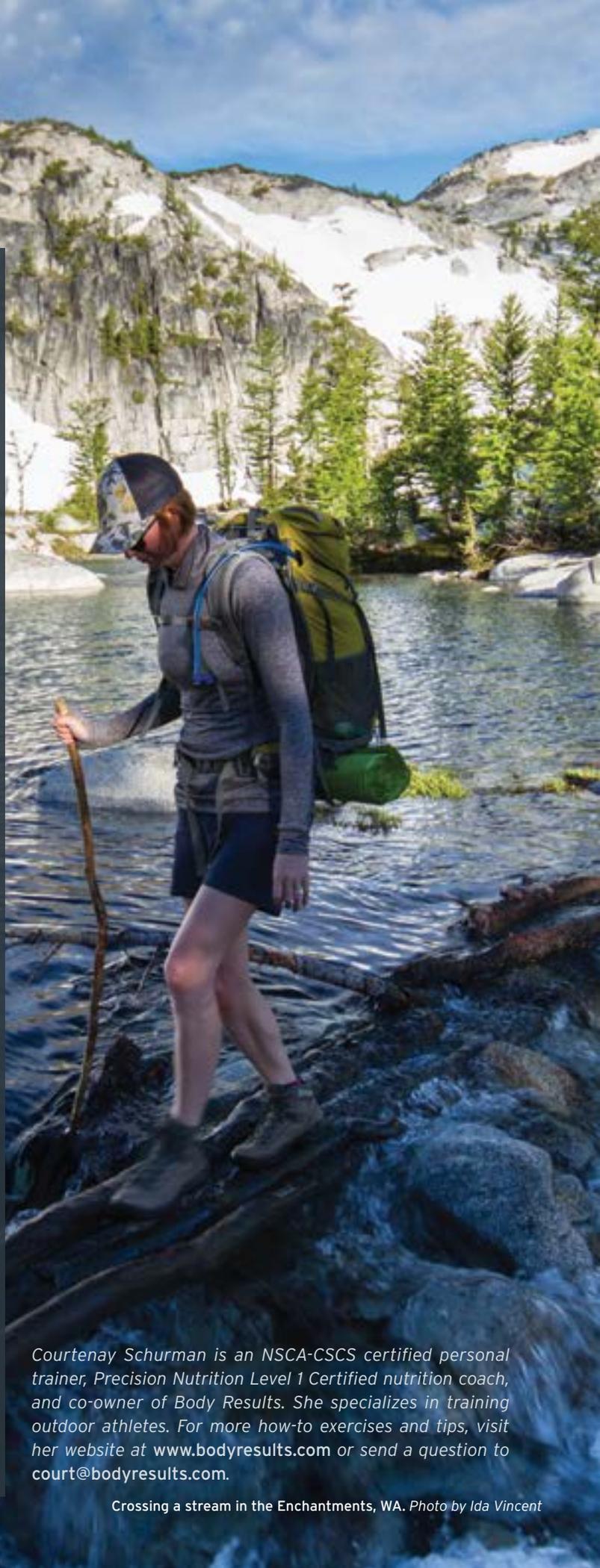
Gradual Overload

As with any sort of training, you need to overload the body gradually. The biggest mistake you can make is carrying the same weight you used last fall on your very first hike of the season. If you haven't been carrying a pack, start with a light load, perhaps only 10-15 pounds.

Each week, add no more than 10%. If you start with a ten-pound pack, add a pound per week. If you can hike five miles without pain, add half a mile the next trip. Anything more may cause inflammation of the tendons and ligaments in your legs, resulting in knee pain.

Pole Considerations

Trekking poles can help take some of the stress off the knees, particularly on steep terrain that might be icy or muddy. However, if you plan to do climbs with an ice axe in summer, you will want to develop solid balance and confidence in traveling with one hand on an ice axe on your climbs. If you hike or backpack, you can use poles year-round. Just be aware that in the unlikely event that you forget – or, heaven forbid, break or lose – your poles, occasionally training without poles can prepare you mentally and physically for increased balance so that you can prevent falling.



Courtenay Schurman is an NSCA-CSCS certified personal trainer, Precision Nutrition Level 1 Certified nutrition coach, and co-owner of Body Results. She specializes in training outdoor athletes. For more how-to exercises and tips, visit her website at www.bodyresults.com or send a question to court@bodyresults.com.

memberhighlight

ten essential questions



Tom enjoying a scramble in the Cascades. Photo courtesy of Tom Vogl

Name Tom Vogl
Hometown Seattle, WA
Member Since December 2015
Occupation CEO of The Mountaineers
Favorite Activities mountaineering, rock climbing, backcountry and nordic skiing, hiking, and spending time outdoors with my family

Why were you interested in joining The Mountaineers staff as CEO?

The mission of The Mountaineers is highly motivating to me. I love exploring wild places and helping other people learn where to go and how to do new outdoor activities. The opportunity to combine those personal passions with a job leading an organization with the values and history of The Mountaineers is like a dream come true.

What are your impressions of The Mountaineers organization?

The Mountaineers organization is simply amazing. The staff is top-notch, and the talent and commitment of our volunteers is jaw-dropping. Everyone here is so passionate about what we do – the enthusiasm is infectious. The opportunity to work with a team like this is literally once in a lifetime.

What future opportunities do you see for the mountaineers?

One of the biggest opportunities I see for The Mountaineers in the coming years is to raise our visibility both here in the Pacific Northwest and nationally. Mountaineers Books is a world-class publisher, we offer some of the best outdoor classes and programs on the planet for both adults and kids, and we're a leader in conservation and access-related advocacy. Yet, many people haven't heard of The Mountaineers and fewer still know much about what we do. By increasing our visibility, we will have an even greater opportunity to positively impact the lives of individuals and the well-being of our community.

The Mountaineers is incredibly fortunate to have deep capabilities in both outdoor programs and publishing. I'm excited about the opportunity for these divisions of The Mountaineers to work even more closely together.

Who/what inspires you?

I am a climber, a skier, a hiker; I love to play in the mountains. My deep love of wild places has inspired me to get involved in helping develop the next generation of outdoor enthusiasts and to advocate for important causes such as wilderness conservation and responsible access. Whether getting my own family outside or volunteer work I've done in the past through groups like the Boy Scouts, I sincerely enjoy seeing the discovery and joy that kids experience when they have fun in outdoors. I'm a believer that when we help make the outdoors a welcome and fun place for all people, we inspire them to be good stewards of our public lands. It's a simple, yet powerful virtuous circle. I find that process inspirational.

What does adventure mean to you?

Adventure is all about the excitement of discovery. It's going to a new place, meeting different people, challenging yourself to try new activities or nurturing lifelong passions. Living in the Northwest for the last 10 years and raising a family here has opened up a whole new world of adventures. I'm constantly struck by how fortunate we are to live in such a great place.

Lightning round!

Sunrise or sunset? Sunrise, for sure. I'm very much a morning person, especially after my first coffee.

Smile or game face? Smile.

Happy Place? North Cascades.

Post-adventure meal of choice? Cheeseburger, fries and an IPA.

If you could be a rock star at any outdoor activity overnight, what would it be? Rock climbing.

Endless Adventure

The Journey from Camper to Pioneer

by Margaux Gottlieb, Mountaineers Youth Programs Coordinator



Meet Addison

An eight year old with a quiet yet self-assured presence.

Addison, like all Mountaineers, loves the outdoors. She loves swimming, fishing, kayaking, rock climbing, and camping in her family's gigantic tent - "no seriously, it's gigantic!" she'll tell you. Addison first joined The Mountaineers as a camper. Proudly she displays her collection of buttons signifying the different years she attended camp. At camp, she spent time learning many new outdoor skills, yet for Addison, rock climbing represented the highlight of her camp experience, that and of course finding Billy (a small stuffed goat and the camp mascot that is hidden each day for campers to discover).

Like her Aunt before her, Addison became driven to climb. Motivated by her passion she sought out the opportunities The Mountaineers could provide.

story continues >>

Last fall, Addison and her family stumbled upon Pioneers, one of the three year-round adventure clubs open to all Mountaineers families. As part of the youth and family initiative and its commitment to bringing outdoor education and appreciation to today's youth, The Pioneers offers families the opportunity to get out at least once a month for children ages seven to nine. To Addison and her family, this opportunity meant not only the chance to continue climbing but also to rebuild a sense of confidence in the outdoors.

From the ages of two to five in Addison's life, her mom Lynne, battled cancer. The desire to join a group that gets outside together came from the need to make up for lost time in the outdoors. "We kind of missed some years of being able to have that freedom," Lynne said. "And so we're now relearning how to get out. Ron and I did this as a couple and as single people, but as a family we haven't really had a chance. The Mountaineers was our way of remembering we know how to do this."

Addison and her family have attended every outing since the start of the program – and with each experience, their confidence grows. One particular trip stood out to Addison's father. It was a day of stewardship with Washington Trails Association (WTA) at Cougar Mountain. The group set off in pouring rain as fat drops of water rolled down the sides and off the brims of the green WTA hardhats. Addison along with the rest of the Pioneers shoveled gravel into hefty brown wheelbarrows carting them off to areas of the trail that needed tamping. Mud splattered hands, faces and boots. Amid the hard work, laughter broke out in response to splashing from the heavy wheelbarrows as they wobbled down the path. Despite the conditions the group was having fun and by the end of the day the extent of accomplishment could only be matched by the extent of the group's sogginess. That day reminded both Addison's dad, Ron, as well as the rest of the adults in the group that even the smallest and least likely of circumstances can produce big results and even bigger smiles.

As Mountaineers, freedom, confidence, a sense of accomplishment, all represent reasons to get out and enjoy the great outdoors. And all of these qualities reflect what The Pioneers program

can bring to the lives of our members. Addison and her family are no different. They were seeking a reintroduction to enjoying and embracing the outdoors and they found it, in addition to finding the satisfaction that goes along with being a part of a larger community.

Addison best sums it up, in a letter to a future Pioneer:

Dear Mountaineers Kid,

I'm going to tell you why you might like to join the Pioneers. It's kinda new, so don't worry if you don't know about it yet.

The group leader, Margaux, is good at doing what the kids want to do. This one time, we were supposed to go hiking at Rattlesnake Lake. When we got there, we saw a lake bottom that we wanted to explore. If the parents had been in charge, we probably would have gone straight on the hike. But Margaux let us stay and play and explore and climb on the tree stumps! I climbed on top of this huge boulder, and then all the kids joined me, and then Margaux climbed up! All of the grown-ups stayed on the ground and took pictures. We eventually went on the hike, but I think all of the kids enjoyed climbing the stumps and boulders the most.

My favorite part was when we went snowshoeing, and we found an igloo that another group of kids made. That was really fun to play around the igloo (without breaking it). And then we snowshoed for a while more, and then we found a nice place to sit down for lunch. Margaux brought out two Pocket Rockets and another tiny stove to boil water. And she brought hot cider, hot chocolate and hot lemonade packets, so we all could have hot drinks! And then the kids played in the snow.

Every trip has a grownup from The Mountaineers who knows what they're doing and brings snacks. When my dad and I went on the trail work party, one of the leaders brought popcorn and a Pocket Rocket stove and made it right there on the trail!

These are the reasons I like Mountaineers and Pioneers so much and know you will too.

- Addison (age 8), as dictated to her mom and dad ▲▲



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VHF Radios and Safety 101 importance and limitations for a Sea Kayaker

by Mike Courts, The Mountaineers Tacoma branch sea kayaker
with party separation scenario by Will Greenough, Olympia Branch

Tacoma Branch God's Pocket Expedition. Photo by Mike Courts

Party separation at the mouth of Willapa Bay

A group of six of us set off from the north shore of the mouth of Willapa Bay. The tide was coming in, but was going to turn around noon and the swell outside was about six feet. We intended to cross over to Leadbetter Point, enjoy the beach there for lunch and then return in the afternoon. We had four people with lots of experience in coastal paddling (surf conditions) and two with much less experience, but were strong paddlers.

The trip went well on the way over, and we had an enjoyable lunch on the beach. We discussed the tide, which was outgoing by then, and that there would be some fun sheltered wave conditions in the shallows initially on the way back. But we failed to discuss the potential hazards of the outgoing tide against the incoming swell as we got over to the main channel nearer the north shore. Our path took us too close to the hazard area of overfalls and breaking surf and the party got separated into three groups of two while performing multiple rescues in difficult conditions. Each pair did have operational VHF radios, but one pair was not able to reach the other two. The two parties who were in communication made the decision to contact the coast guard immediately to let them know of the situation and that we would provide an update once we got back to the launch. Fortunately we were able to raise the missing pair on VHF after about 15-20 minutes and let the coast guard know that all was okay. My group was in was not able to make it back to the launch, but landed a couple of miles west along the beach. The VHF was essential to ensure all was okay and to coordinate getting back to the launch point.

Navigating remote areas with lots of traffic

Sea kayaking is a unique discipline within the Mountaineers. Sea kayaking shares much with the climbing community in that it occurs in remote areas, participants often face hostile environmental conditions and assistance in case of emergency may be difficult to get. A major difference in Sea Kayaking is that it

sometimes takes place in heavily trafficked waters with significant volumes of pleasure craft and commercial maritime traffic. This proximity of boat and ship traffic creates special challenges for sea kayakers. Imagine climbing on I-5 during rush hour.

Communications for Sea kayakers is critical for safety. Intra-group communications, weather updates, communications with pleasure and commercial vessels and emergency or distress communications are all essential for safe paddling.

A well-equipped sea kayaker, particularly a trip leader will have multiple sources of communications ranging from; signal mirror, whistle, maritime flares and smoke, cell phone and VHF radio. We are even beginning to see the appearance of satellite based communications systems useful in more remote areas.

The hand-held, submersible VHF radio is an indispensable tool for the sea kayaker. At the most basic level, the VHF radio allows for communications within a group of paddlers. Most often this will take place on channel 69, designated the pleasure channel and available for non-emergency or commercial communications.

The importance of communication

Separation and clearance from pleasure craft and commercial vessels is essential. Sea kayakers operate low to the water, tend to be difficult to see and have limited speed and range.

The VHF radio is useful for hailing pleasure craft, either to summon emergency or non-emergency assistance or to alert the traffic to the presence of kayakers.

Of particular importance when operating in waters frequented by commercial traffic is communications with commercial vessels or agencies like VTSPS (Vessel Traffic Service Puget Sound).

According to USCG, "The purpose of Vessel Traffic Service Puget Sound is to facilitate the safe, secure and efficient transit of vessel traffic to assist in the prevention of collisions or groundings

that could cost lives, property damage, or subject the pristine waters of the Salish Sea to environmental harm.”

Understanding how to use the VTS system allows sea kayakers to operate safely in waters shared by large volumes of commercial traffic.

Checking weather is another key use of a VHF radio. Most radios feature a one touch connection to marine weather broadcasts that consists of three weather channels. Getting a current weather forecast prior to launch and throughout a paddle is a key safety consideration.

The most critical use for a VHF radio is to summon emergency help. Most hand held submersible radios have a feature that allows for switching to the emergency channel “16” with one touch. This channel is monitored by the USCG and all vessels, commercial and pleasure. Although the VHF radio is a line-of-sight radio, with transmission distance limited to direct line of sight, the high density of pleasure craft and commercial vessels within the Puget Sound and British Columbia waters makes hailing emergency help fairly reliable. Maritime law requires all vessels receiving an emergency transmission to respond within their ability. For the Sea kayaker, this is the most important reason to carry a hand held submersible VHF radio.

When paddling in a group, it is important to know who has a radio. Often, the group will have two individuals leave their radios on to monitor traffic and weather. Other members of the group will turn their radios on when instructed or when separated. Good practice includes a radio check of every radio in the group prior to launching.

From my own experiences, the VHF radio is an indispensable piece of equipment. The risk to sea kayakers from large vessels is significant and it would be foolhardy to operate in these remote regions with large open water crossings without reliable two-way communications.

Considerations when purchasing a VHF Radio:

Rechargeable vs non-rechargeable: rechargeable radios are very convenient and save the expense and hassle of battery replacement. The ability to replace batteries can be preferable on extended trips when recharging a radio is impractical. Some of the newer rechargeable radios use a USB port for recharging and can be recharged from portable capacitors or solar cells.

Floating vs Non-floating: The choice of a floating radio would seem an obvious choice, although they are generally significantly larger to create the volume required and often have reduced battery capacity. Many paddlers prefer the non-floating but tether the radio to their PFD.

Degree of submergibility: Resistance to intrusion by water is listed using one of two standards; Japan industrial Standards (JIS) or IP Code (International Protection Rating).

Care for a VHF radio: Like any piece of equipment, proper care will affect longevity. Exposure of electrical equipment to salt water is a sure way to reduce useful life. Some kayakers store their radio in a water proof bag while on the water. Regardless, rinsing the radio after use and then storing in a large ziplock bag filled with uncooked rice is one good way to increase radio life.

Mike Courts and his wife live in DuPont and joined the Mountaineers in 2011. They graduated from the Tacoma Sea Kayaking Basic Course in 2012 and have been active paddlers ever since. Mike is a trip leader and also assist in teaching the Basic Course, Roll Class and Incident Management Course. He is also the Outdoor Division Chairman for the Tacoma Branch and works as a ski instructor at the Summit at Snoqualmie. Additionally, Mike is a retired US Army Officer and was recently elected and is now serving as the Mayor of DuPont.



Rich Hahn from the Tacoma Branch on the God's Pocket Expedition summer 2015.. Photo by Mike Courts



The Doug Walker I Knew

by Glenn Nelson, founder and publisher of The Trail Posse

The calendar image of the North Cascades that Doug paused on (read story for details). Photo by Glenn Nelson

Life is full of people you don't know for long, but who have a profound impact on your life and work. I met a guy like that a little more than a year ago. It was at the REI flagship in Seattle, for an event commemorating the 50th anniversary of the Wilderness Act.

A wiry, mature man with round wire-rim glasses and salt-and-pepper facial hair was the keynote. He hadn't even been listed on the marketing materials.

He told the audience, "You all are great people. You love and protect the outdoors. There's only one thing wrong with you: You're too much like me - older and white."

My jaw dropped. He smiled his luminous smile, and spent his entire talk stressing the importance of diversifying the outdoors. I couldn't believe it; I was more than a year into my project, The Trail Posse, which documents and encourages... yes, diversity and inclusion in the outdoors.

So of course I had to meet this man. From his short introduction, I knew him only as being from the South and having done some climbing. I had to wait to meet him; he seemed pretty popular among the attendees.

"We need to know each other," I told him.

"I'm sure we do," he said before hearing my story. Later he handed me a card. It had his name, an email address and a phone number - and nothing else. "Let's talk."

We soon set a date. I told a friend about this chance meeting. "You're talking to the Doug Walker?!" the friend exclaimed.

I'm a journalist, but hadn't even thought to Google someone I initially thought of, I'm now ashamed to admit, as some old mountain-climbing guy, so unassuming that his business card practically was blank.

But I recognize now, only a few days after his death, that I'd met, gotten to know, and was mentored by The Doug Walker. I mean, who else provokes statements of sympathy from the governor, the mayor, the Interior Secretary, and every head of every major conservation organization in the country? Who else is portrayed as a giant in the tech industry and a cherished patron saint of philanthropic causes in this region?

Walker, 65, was the W in WRQ, a highly successfully tech company whose sale gave him the means to become one of the most influential people in the stewardship of public lands. He was the chairman of REI, the chair of the Wilderness Society governing council, the president of the American Alpine Club, a founding member of the Seattle Parks Foundation. And that's just for starters. He helped start and fund BOLD and GOLD, the YMCA programs that have become national models for getting kids of all backgrounds. If you look carefully, you'll spy his and his wife Maggie's footprints all over scores of quality of life causes in the Pacific Northwest.

Over the years, I've spent a lot of time with and written extensive profiles about some pretty big celebrities - Michael Jordan, Ted Turner, Steve Largent, just to name a few. I liked them all, but none of them were Doug Walker. None of them had his unique gift of making me forget how important he was.

Any time I needed to track down anyone associated with the outdoors, I could call or email Walker and he'd have their contact information. Almost a year ago, I called Walker, excited about Tommy Caldwell's historic free climb of El Capitan's Dawn Wall in Yosemite National Park. Walker said he'd spoken to Caldwell recently.

"You know everybody," I said.

"I don't know everybody," Walker responded softly, sounding almost as if being accused. "I've met some good people."

A couple months ago, Walker interviewed superstar climber Alex Honnold onstage at Seattle's Town Hall.

"You're a big deal," I told Walker.

"I'm a regular guy," he said, insistently.

The last time we met, last month in his office near the Seattle Art Museum, Walker was dressed, as he frequently was, in his cycling gear. He was about to head to Washington, D.C., to meet with White House senior staff to discuss getting youth into the outdoors. I told him that Honnold had walked unannounced into a talk at the Mountaineers by his climbing buddy, Colin Haley, and that I was star struck. I regarded Honnold the way most people regarded Jordan, whom I considered simply as a guy I used to work with. Walker laughed his laugh, which was a low-volume

cross between a giggle and a cackle. He always scrunched up his face, as if giving his all for a particular chuckle.

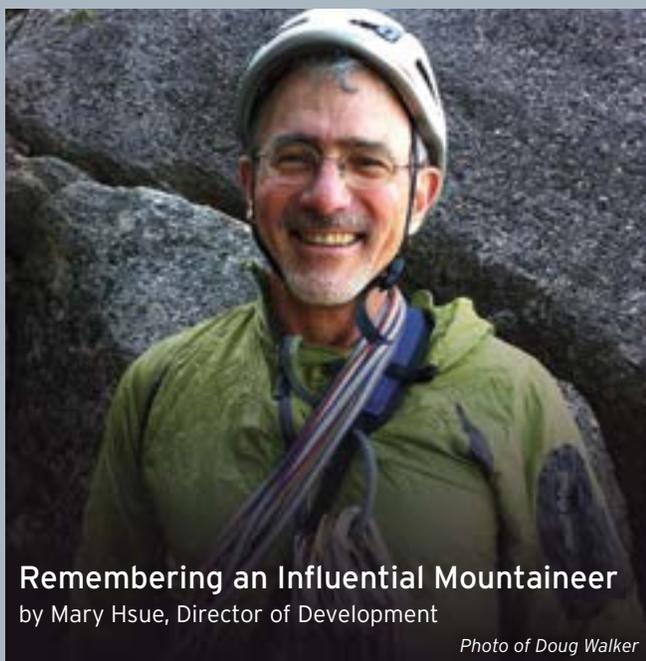
During that meeting, I gave him a calendar of my photographs that I produce only for family and friends. He ceremoniously unwrapped it, flipped to and complimented every photograph. He paused longer on the images from the North Cascades, which I'd been inspired to capture because I knew it was one of his special places.

Granite Mountain was another of his special places. I believe in signs and connections. I once encountered my late, close friend Susan in Olympic National Park during a moment of great stress.

So I don't consider it a coincidence that Walker and I were doing the same thing on New Year's Eve. He was snowshoeing at his special place and I was doing the same at mine, Mount Rainier National Park. At about the time Walker went missing, I'd become obsessed with the way the golden sun streamed through snow-blanketed trees. I stopped frequently to capture the images, and fell behind my group.

I caught up, but he didn't. I didn't know this, of course, until after the fact. Which figures. It is the way I came to know almost everything about the Doug Walker.

Reprinted with permission from "The Doug Walker I Knew" by Glenn Nelson, January 2016, The Trail Posse. www.trailposse.com



Remembering an Influential Mountaineer

by Mary Hsue, Director of Development

Photo of Doug Walker

When I submitted my resume to The Mountaineers for the development director position in 2011, my cover letter described my connection to the organization through its publishing division, Mountaineers Books. Like many budding outdoor enthusiasts, I picked up my "how-to" and "where-to" outdoor information from Mountaineers Books titles like *Freedom of the Hills* and *Day Hiking: Snoqualmie Region*.

I never took a course with The Mountaineers because I was one of lucky ones who connected with someone who became my outdoor mentor. That someone was Doug Walker – THE Doug Walker, as he's referred to above in a thoughtful tribute written by Glenn Nelson.

Glenn is an award-winning writer, photographer, web publisher, and founder of *The Trail Posse*, which documents and encourages diversity and inclusion in the outdoors. The inspiring stories on Trail Posse moved me to add Glenn to my "list of people to know" because what he promotes on his website is what The Mountaineers has worked to achieve through our youth programs over the past six years.

I had the good fortune to meet Glenn at The Mountaineers Volunteer Appreciation Dinner this past January. After introducing myself, I learned I was on his "list" too – upon recommendation from the late Doug Walker. Typical. Doug was a connector like no other. He could see connections between outdoor recreation and conservation that no one else saw, and he had the influence to connect people who would advance his vision of an outdoors truly welcome to all.

Doug was many things to many people. For The Mountaineers, he supported us in behind-the-scenes ways by volunteering to belay kids for Mountain Workshops, as a volunteer for the crag course, as a member of our advisory council and charter member of Peak Society, and as a key advisor to our former executive director. His outdoor mentorship to me and many others led us to develop deep connections to the outdoors through transformational climbing, scrambling, and hiking. These challenges not only helped us become skilled outdoor recreationists and better people, but also individuals who truly value the outdoors – so that we would be inspired to protect these wild places for future generations.

Doug did what Mountaineers volunteers have done for over 100 years. Looking back, when I think about being trained through books published by Mountaineers Books, I can see how I'm truly trained by The Mountaineers.

Doug Walker passed away December 31, 2015 on Granite Mountain.

conservationcurrents

Our conservation work seeks to protect the outdoor experience and is defined by four conservation priorities:

ENVIRONMENTAL LITERACY

Inspire, engage, inform

PROTECT THE WILD BACKCOUNTRY

Defend wild, intact landscapes

RESPONSIBLE RECREATIONAL ACCESS

Protect connections to wildlands and opportunities for exploration

LOW IMPACT RECREATION

Prevent and respond to backcountry recreation impacts



Education

We believe that sharing knowledge and building awareness of our wild places and of issues impacting these places where we love to play is the foundation for all informed individual and policy action. We inspire recreationists to build an understanding and appreciation for the natural world that can then translate into caring and protecting our wild places. Our Conservation Blog, monthly e-newsletter, and our many published books on conservation issues provide resources to this end.

Our highly successful Backcountry Impact Series reached nearly 600 students and volunteers in 2015, translating the principles of "leave no trace" into low-impact skills learned in tandem with a course's technical skills. A KEEN Effect grant, met with matching funds from the Mountaineers Foundation and Lucky Seven Foundation, will allow us to transfer these valuable seminars into video. This greatly extends our reach, enabling us to share these important concepts and skills more widely with our membership and the general public. This video project is one way we are defining conservation education for both our members and the greater human-powered recreating public.



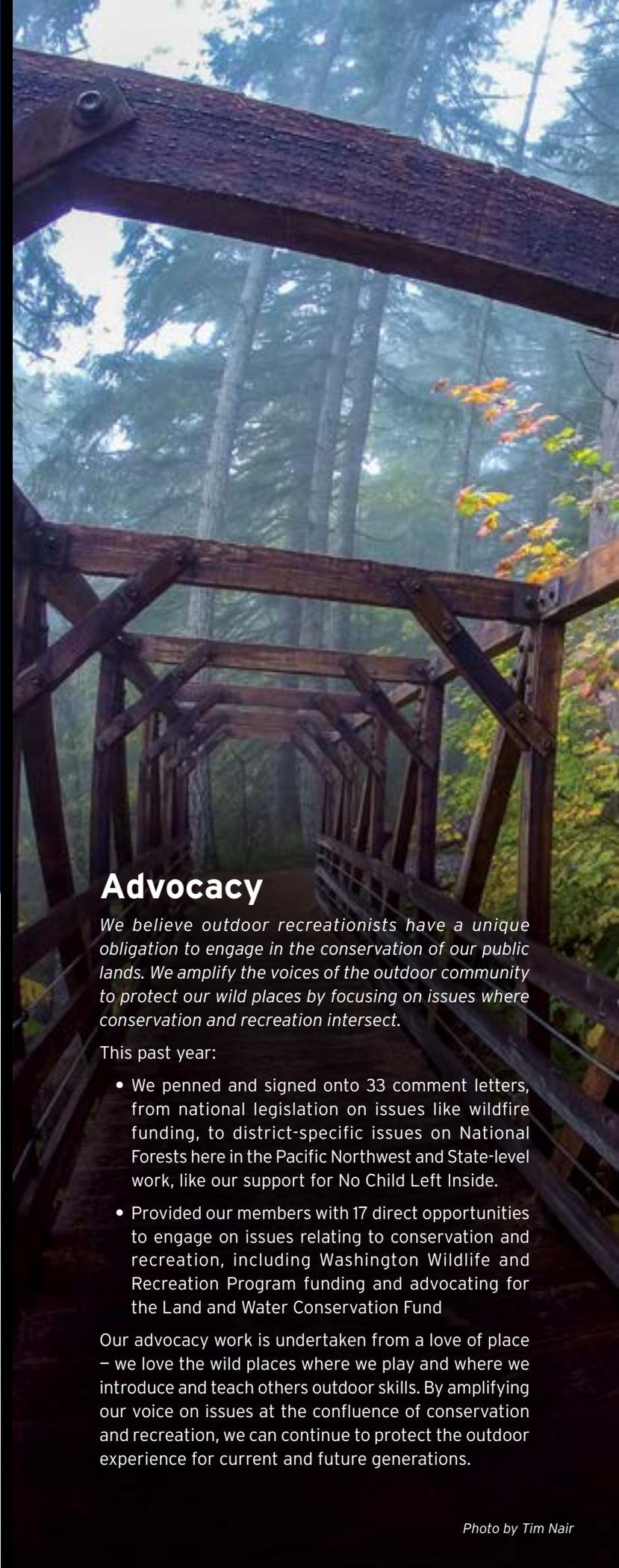
Stewardship

Stewardship is our hands-on way to give back to the outdoor places we love. Giving back to our public lands is integral to our work as an organization and has been a part of our history from our beginnings as a club. We care for the trails and other outdoor recreation resources that allow us to enjoy our wild places. Our volunteers lead many stewardship activities and undertaking a day of stewardship an important piece of many of our most popular courses.

Our trail work and lookout tower stewardship programs represent the heart and soul of The Mountaineers: volunteer-led and volunteer-run activities that give back markedly to our public lands. Just our Everett Branch's Lookout and Trail Maintenance group logged 2,300 volunteer hours in 2015.

We also leveraged partnerships with more organizations, offering additional chances for our members to give back to our public lands. An example is King County's Weed Watchers program. We had members participate in every Weed Watches hike we partnered on, helping find and report invasive plants and noxious weeds that could harm wilderness areas. These partnership and volunteer programs continue to allow us to expand our outreach and volunteer opportunities.

Photo by Ida Vincent



Advocacy

We believe outdoor recreationists have a unique obligation to engage in the conservation of our public lands. We amplify the voices of the outdoor community to protect our wild places by focusing on issues where conservation and recreation intersect.

This past year:

- We penned and signed onto 33 comment letters, from national legislation on issues like wildfire funding, to district-specific issues on National Forests here in the Pacific Northwest and State-level work, like our support for No Child Left Inside.
- Provided our members with 17 direct opportunities to engage on issues relating to conservation and recreation, including Washington Wildlife and Recreation Program funding and advocating for the Land and Water Conservation Fund

Our advocacy work is undertaken from a love of place – we love the wild places where we play and where we introduce and teach others outdoor skills. By amplifying our voice on issues at the confluence of conservation and recreation, we can continue to protect the outdoor experience for current and future generations.

Photo by Tim Nair



Your Go-To Adventure Buddy

an interview with Andre Gougisha
by Suzanne Gerber, Mountaineers Publications Manager

Andre (center) reviewing knots to become an instructor - Mountaineers Program Center, Seattle, WA. Photo by Jack Hunt

Funny songs and unlimited jokes. That's what Andre brings to the mountains according to his friends – along with his gregarious nature and enthusiasm for people. He moved from New Orleans to Seattle with his mom and sister after Hurricane Katrina hit in 2005, staying for college and beyond.

"Water has been an ongoing theme in my life," Andre says. Mountaineering is actually a recent endeavor on his part. Sailing, scuba diving and rowing all came first. As a matter of fact, he had never really seen snow before moving here. There aren't many snow-capped peaks near New Orleans.

Andre's first time in the snow was in 2007, on a trip to Vail, Colorado where he learned to snowboard. Well, tried to learn. In his words, "First day: spent most of the day on my butt. Second day: spent most of the day on my butt." He's since discovered he's a better skier than snowboarder.

Learning how to use an ice ax didn't come naturally to him either. And he has a scar on his chest to prove that. It's from his climb of the Tooth at Snoqualmie Pass, with some of his friends. It

was his first time traversing in the snow with technical gear. In his words, "Everything was fine to the top. It was when I was coming back down - I was almost to the talus field when I lost my footing. I started hurtling down the slope towards a little underbrush/rocky area with dead trees." He hadn't yet learned proper ice ax arrest technique but managed to slow down. In the process, he tore his favorite shirt and scraped the skin underneath, leaving a scar. Snow still managed to surprise Andre. "We don't have that shit in Louisiana," he said.

It was also on this climb that he first truly got a view of the surrounding peaks from the top of a mountain. He remembers stopping at the anchor on the second pitch and being awestruck. Andre and his climbing partner were the last in the party – so it was just him on the mountain, in the middle of nowhere, on a bluebird day. He said it was amazing how safe he felt with his trust in the ropes. Though he admits his conditioning could have been better.

Andre now schedules his climbs well in advance – he puts the

date in his calendar and starts training diligently. By default, he's a cyclist, which adds cardio to his daily commute. An added benefit is that he's ready to go when someone says, "Hey, are you free for a climb this weekend?"

Or the opposite might happen – it's all planned out but the climb is called off for one reason or another. Andre has now attempted Shuksan three times.

On the first attempt, he said, "A few of us got all the way to the meeting spot. Then someone called and said they couldn't make it. We decided not to go without them and drank a beer of disappointment at the parking lot. "

Andre actually ventured out of the parking lot on his other attempts. His third was his closest to the summit. It was impromptu – the weather window was perfect and he and his friends really wanted to make it up Shuksan after the other failed attempts. They had to do it in a day because they didn't have an overnight permit – they lost out on the last one. So after work on a Friday, they drove up to the trailhead running off the sleep they had from the previous night. They made it to the trailhead at 11pm, downed some coffee and started hiking.

Andre would have made the summit – the rest of the team did – but a rock hit him at the bottom of the summit block on Sulfide glacier. It hit his helmeted head first, and then his hand. He wasn't badly hurt, but his hand was swollen, so he decided not to climb further. He stayed behind while his friends tagged the summit and returned. He waited three hours, listening in to the radio chatter and napping. They all made it back to their car at midnight – 25 hours after they left.

In 2014, Andre decided he wanted to climb Mount Rainier. He told his main climbing buddy (the same friend who brought him up the Tooth and Shuksan). His friend, being a responsible Mountaineer (and Basic grad himself), told Andre to get some crevasse rescue training. So Andre signed up for Basic Climbing with the Everett Mountaineers.

His biggest surprise as he delved into mountaineering was all the gear involved. "You can easily fall down a gear rabbit hole," he explained. But he enjoys the spirited discussions that occur around technique or gear choice. "Which way is the best way?" The larger the group, the more options.

After learning rescue techniques, climbing Ingalls Peak, Eldorado, Guye, and South Early Winter Spire - along with taking Wilderness First Aid and Navigation - Andre was a Basic Climbing grad. He's ready to go.

Andre's now scheduled to climb Rainier this June. And who knows? He thinks Kilimanjaro might be a good goal for 2017.

Continuing as a Volunteer

Andre could have left The Mountaineers once he learned the skills he was looking for, but his enthusiasm for people and helping others succeed brought him back as a volunteer. He now teaches the ropes to the "newbies" with the Everett Mountaineers. He's most excited about volunteering for Rock Two. Snow is still not his favorite.

The next class he plans to take is Leading on Rock, though he's already taking classes in a new sport: fencing (not through The Mountaineers). His goal with all these skills he's picked up over the years? To be the best adventure buddy ever. ▲▲



Basic Climb, Rock II Skills Field-trip - Leavenworth, WA. Photo by Laurel Baum

I choose Hilleberg tents.

Because life is too short to stay indoors.

Will Copestake

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willcopestakemedia.com

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LEADING THE WAY

THE MOUNTAINEERS ANNUAL REPORT 2015



FROM THE BOARD PRESIDENT



The past year has been one of transition for The Mountaineers. We said a fond but sad farewell to our former executive director Martinique Grigg and recently welcomed our new CEO, Tom Vogl. Our management team is now in place for the foreseeable future.

Martinique embodied the spirit and enthusiasm upon which The Mountaineers was founded. During her six-year tenure, our organization became more engaged with the outdoor community, achieved 501c3 nonprofit status, started exciting new youth, conservation and volunteer programs and developed a professional staff.

After she departed, we secured the services of interim director Elizabeth Lunney, who brought a wealth of management and conservation experience to the position. Her commitment to advancing our key initiatives ensured that our organization continued to move forward during the six-month executive search process.

That search came to an end when we hired Tom Vogl as our new CEO. A passionate outdoor adventurer and graduate of Harvard Business School, Tom brings extensive experience to our organization. A seasoned executive with a background in the outdoor industry, he worked for six years as senior vice president for marketing at REI. He's also held executive positions in Seattle's start-up community.

Since moving back to Seattle with his family 10 years ago, Tom has spent time exploring the wilderness areas of the Pacific Northwest. He enjoys all kinds of outdoor activities, from mountaineering and rock climbing to backcountry and Nordic skiing. We know that his leadership skills, experience with both the business and the recreation communities, and his personal commitment to conservation and outdoor education make him ideally suited to lead The Mountaineers.

As you read this year's annual report and reflect on our many accomplishments, we hope you take pride in these successes as they would not have been possible without you - our members, volunteers and donors. As always, we value your partnership and generosity, and we thank you for your continued commitment to creating a community that enjoys, values and protects our outdoors.

Dan Lauren
President, Board of Directors

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photographers: Mike Gauthier, Karen Kirsch, James Q. Martin, Becca Polglase, Imran Rahman, Michael Telstad, Tess Wendel, and Mountaineers archives

FROM THE CHIEF EXECUTIVE OFFICER



Adventure is about the excitement of discovery. It's learning about new places, meeting interesting new people, mastering a new skill or nurturing a lifelong passion. Adventure helps us live in the moment, awakening our senses to what's around us and encouraging us to find the balance between what's important in our lives and what's not.

This spring, I added one more adventure to my life list - becoming CEO of The Mountaineers. Although I have been in this position for just a few weeks, I am quickly learning the ropes. And I have been overwhelmed by the warm welcome I've received from staff and board and from the volunteers and members I have met so far.

This transition was seamless, thanks to the solid leadership of interim executive director Elizabeth Lunney and the amazing job done by former executive director Martinique Grigg. Her talent and dedication during her six-year tenure led our organization to unprecedented growth in a variety of areas, from membership and youth programs to fundraising and community partnerships.

For more than a century, The Mountaineers has set the standard for climbing education, outdoor instruction and wilderness conservation. We offer thousands of volunteer-led classes, field trips and events connecting young and old, novice and veteran, to the power and wonder of the natural world.

Through Mountaineers Books, we provide virtual adventures, using thoughtful essays and spectacular photography to transport readers to corners of the globe they would never experience otherwise.

In the Pacific Northwest, where wilderness is abundant and so integrated into our daily consciousness, people connect with the outdoors in ways that are truly transformative. At The Mountaineers, we work hard to make that connection special. Through your generous gifts of time and donations you make that connection possible.

I am honored to have the opportunity to lead this great organization and I can't wait to see what happens as we travel together on our next adventure.

Tom Vogl
Chief Executive Officer

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Martinique Grigg (2009-15)

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VOLUNTEERS



LEADING THE WAY INTO THE OUTDOORS

“The Mountaineers literally changed the trajectory of my life by giving me the gift of the outdoors, climbing in particular. I joined The Mountaineers to take the Basic Alpine Climbing Course, and it gave me purpose and joy in my life that I didn’t know existed before. I love to challenge myself, and I love the sense of accomplishment. Of course it doesn’t always work that way, but failure makes me more determined. Now I have lots and lots of fond memories of being in the outdoors with my friends. What could be better?”

— Stefanie Schiller, Seattle Climbing Chair
Mountaineers member since 2005

EMPOWERING VOLUNTEERS TO SUCCEED

Volunteering is an essential part of The Mountaineers' vision to build a community that values the outdoors and is committed to protecting it. Nearly 4,800 people volunteered last year. At any given time, we have about 2,000 volunteers on board as activity leaders, course instructors, committee members and branch administrators as well as volunteers who support our events, youth programs, stewardship opportunities and more.

Without this steadfast base, our adult and youth outdoor education programs would be impossible to maintain. We want to increase our volunteer base in the next few years and have launched a new initiative to achieve that. By recruiting and retaining more volunteers, we'll be able to better meet the growing need for outdoor education in our community.

SURVEY SHOWS HIGH SATISFACTION LEVELS

In October, we surveyed 4,781 volunteers, seeking feedback on key issues and challenges they faced during the past year. A total of 488, or approximately 10 percent, responded. Overall, volunteers reported a very high satisfaction level, with an average score of 5.8 (on a scale of 1 to 7, with 7 being the highest). About 15 percent indicated their satisfaction level increased over the past year.

Nearly 70 percent felt their contributions were valued "most" or "all of the time," and more than 85 percent said they have the tools and information they need to do their volunteer jobs. Our focus on training and communications is also paying off: 92 percent of survey respondents said they know where to turn when they need support, a 10 percent increase over last year.

FOSTERING LEADERSHIP TRAINING

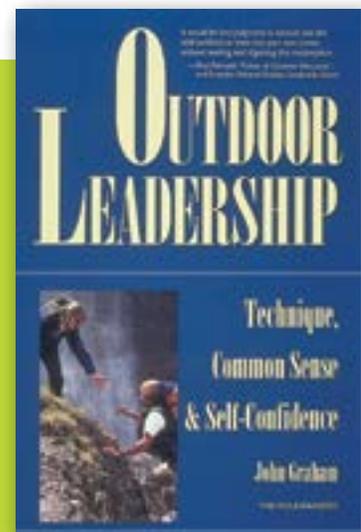
At our 2nd Annual Leadership Conference, committee leaders and experts from across the organization discussed curriculum and minimum standards, and explored a variety of topics from recreation trends and leadership to risk management and legal issues. Last year, when an overwhelming majority of our volunteer leaders said they wanted more personal or professional

growth opportunities, we listened. This year, we connected volunteers to several development opportunities such as the Wilderness Risk Management Conference and Seattle Climbing's sponsorship of AMGA single-pitch trainings. We'll continue to initiate and explore more opportunities for personal and professional growth for volunteers in the future.

WHAT'S ON OUR BOOKSHELF

THE ART OF LEADERSHIP

Good leadership skills can be taught, says John Graham, author of **Outdoor Leadership**, published by Mountaineers Books. But leadership is also an art, a blend of personality and style, involving the head and the heart. This book is filled with practical advice, lively anecdotes, helpful checklists and compelling comments by a variety of outdoor experts. Its utility goes beyond the outdoors, providing indispensable information for businesses and community projects as well.



YOUTH & EDUCATION



GAINING COMFORT, LEARNING SKILLS

Through nearly 6,400 outdoor experiences, young people ages 5 to 20 have benefited physically and emotionally from our outdoor programs. This year, we expanded our popular Mountain Workshops to Everett, partnering with a YMCA program that mentors college-bound minority and immigrant students, and an organization called Hand in Hand that supports kids in foster care. Our summer camp program is unlike any other in the area and it is growing by leaps and bounds!

CHANGING YOUNG LIVES FOR GOOD

When families are struggling financially or experiencing other stresses, getting their kids into the outdoors can be a challenge. For many youth, venturing into the mountains for the first time, without training or a guiding hand, can be scary. But we know that time outside helps reduce stress, and build important life skills like resiliency, perseverance and patience. That's where our youth programs come in.

We provide thorough, skillful and progressive programming year-round to boost confidence levels, build self-reliance and instill an appreciation for the outdoors. Families with financial concerns? No problem. We offer up to 95 percent financial assistance. In fact, nearly 2,000 kids in the past 5 years have received financial assistance, made possible by the generosity of donors. Most importantly, we supply a cadre of passionate, committed and well-trained volunteers who can't wait to share their love of the outdoors!

INCREASING YOUTH ACCESS TO THE OUTDOORS

In 2015, we increased summer day camps by 30 percent, and more than half the summer campers came back for multiple weeks. Year-round outdoor clubs link children and teenagers with others who love the outdoors,

helping them learn outdoor skills, develop leadership traits and make new friends. In 2015, we launched a Pioneers club in Seattle for ages 8 and 9, and expanded the Explorers group, which serves ages 10 to 13, to Tacoma..

INSTRUCTOR-TO-YOUTH RATIO HITS 1:6

In 2015, volunteer hours increased by 40 percent, allowing us to reach more young people. Our instructor-to-youth ratio rose to 1:6, on average. This personalized approach is a win-win for all: kids get the individual instruction they need to be successful in the outdoors, and volunteers benefit deeply from the experience of giving back. We know that people who love the outdoors are more likely to

protect it, so we want to help kids experience a deep connection to the natural world. We'll know we've been successful when every child, regardless of background, chooses to be a part of The Mountaineers family, protecting our wilderness areas, volunteering to bring others into the outdoors, and becoming an active partner in our outdoor community.

WHAT'S ON OUR BOOKSHELF

SEEKING SASQUATCH

Did Mountaineers Books really publish a book called **The Sasquatch Seeker's Field Manual: Using Citizen Science to Uncover North America's Most Elusive Creature**? Yes, but for a good reason! Author David George Gordon encourages readers to deepen their natural observation skills by looking for clues to the existence of Sasquatch. As one reviewer put it: The book is akin to a mother sneaking vegetables into the meatloaf. Our reply is: If we can make conservation easier to digest, then let's go for it!



CONSERVATION



CARING FOR NATURE CLOSE TO HOME

Melawa lives less than a mile from Cheasty Greenspace in south Seattle, but she did not know it existed until Mountain Workshop volunteers took her and her classmates at Aki Kurose Middle School there to plant trees. Melawa loves the outdoors but does not have a backyard. That day, she learned that Cheasty belongs to the community, but with ownership comes a responsibility to care for the greenspace. Melawa is thrilled to have her own “backyard” she can visit with her family.

SHAPING THE CONVERSATION

For more than 100 years, we've worked to protect the defining features of the Pacific Northwest—mountains, lakes, rivers and coastlines—providing opportunities for current and future generations to experience true backcountry adventures and explore the untamed natural world. This connection between conservation and recreation defines our expertise and resonates deeply with our members. Although we have seen significant gains in the past—from the passage of the Wilderness Act to the establishment of National Parks and Wilderness areas—our members count on us daily to be a leading, boots-on-the-ground voice for conservation education, stewardship and advocacy.

MINIMIZING OUR OUTDOOR FOOTPRINT

Our highly successful Backcountry Impact series reached nearly 600 students and instructors in 2015, translating the principles of “leave no trace” into low-impact skills learned in tandem with a course’s technical skills. A KEEN Effect grant, met with matching funds from the Mountaineers Foundation and Lucky Seven Foundation, will allow us to transfer these valuable seminars into video, reaching more people.

This greatly extends our reach, enabling us to share these important concepts and skills more widely with our membership and the general public. We're also extremely proud of our trail work and lookout tower stewardship programs. These efforts represent the heart and soul of The Mountaineers—volunteer-led and volunteer-run activities that make a significant difference in giving back to our public lands.

AMPLIFYING OUR COLLECTIVE VOICES

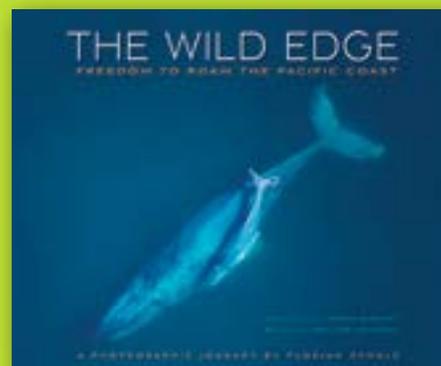
In 2015, members responded overwhelmingly when we asked them to support the national heritage designation of the Mountains to Sound Greenway. In partnership with Outdoor Alliance, we gathered 3,100 signatures in support of the designation, more than double the previous public support for this effort. We also celebrated the reauthorization of the Land and Water Conservation Fund in December, ailed as America's best conservation program.

The LWCF has been critical in protecting public lands in all 50 states for 50 years, including parks located at Mount Si, Olympic National Park, Alpine Lakes, Mount Rainier, North Cascades, Pacific Crest Trail, and hundreds more in Washington State. To advocate for this program, we sent 375 emails to representatives calling for LWCF reauthorization and traveled to Washington, D.C., to meet with the Washington Delegation. Our blog and conservation e-newsletter helped people learn about the issue.

WHAT'S ON OUR BOOKSHELF

YOU'RE NEVER TOO YOUNG

Seven-year-old Gabriel Burns already had a healthy appreciation for nature, thanks to the many outdoor adventures his mom Raquel takes him on. But even she was surprised at Gabriel's interest in learning more about the Pacific Northwest and how its wilderness areas are connected to other wild places. Raquel used Braided River's **The Wild Edge: Freedom to Roam the Pacific Coast** by photographer Florian Schulz as a conversation starter. “We talked about migrations and about Florian's efforts to keep wild places intact,” says Raquel. “Sitting down with **The Wild Edge** played a part in this conversation.”



CONNECTION



EXPANDING TO NEW HEIGHTS

Our members engage with the outdoors in a variety of ways, whether through events and outings, taking advantage of our seven branches and four lodges, or just kicking back and enjoying a great book. Donors are a big part of this equation. Thanks to donor support exceeding \$40,000, we'll upgrade our Seattle Program Center by adding friction slabs in 2016 for adult alpine and rock climbing courses. At Meany Lodge, donor contributions of more than \$16,000 will go toward the purchase of a new groomer for the ski hill.

INSPIRING ADVENTUROUS LIVING

Mountaineers Books published 27 titles in 2014-2015, from award-winning adventure narratives to sustainable lifestyle guides, from how-to to where-at. We published guidebooks, such as **Washington's Pacific Coast: A Guide to Hiking, Camping, Fishing and Other Adventures**, to help bring people closer to their public lands. With **That Untravelled World** by Eric Sipton, we made a classic piece of mountaineering literature available to a modern audience, using the Legends and Lore series to encourage exploration in its purest sense.

Some of our books inspire readers to connect more closely to the wildlife with which we share our planet. A prime example is **The Living Bird: 100 Years of Listening to Nature**, which uses images by wildlife photographer Gerrit Vyn and essays by some of the world's leading naturalists. Other books offer practical tips on how to lower our impact on the planet, such as **Urban Cycling: How to Get to Work, Save Money, and Use Your Bike for City Living**.

EXPERIENCING THE WILD THROUGH EVENTS

More than 300 events allowed members to engage with authors, athletes and adventurers. Italian climber Simone Moro, author of **Call of the Ice**, spoke in Seattle, Portland, Tahoe and Pasadena. With the support of adidas Outdoor, we presented legendary mountaineer Reinhold Messner, with special guests Jim Wickwire and John Roskelley, to a sold-out crowd at Seattle's Town Hall.

Our BeWild series included a jaw-dropping tour through Patagonia by Colin Haley. Climbing legend Tom Hornbein reflected on life after Everest before he was joined by Jim Whittaker for a special book-signing. We also hosted the launch of a series of events in September to commemorate the 25th anniversary of the Mt. Everest International Peace Climb led by Whittaker.

STRENGTHENING MISSION THROUGH MEDIA

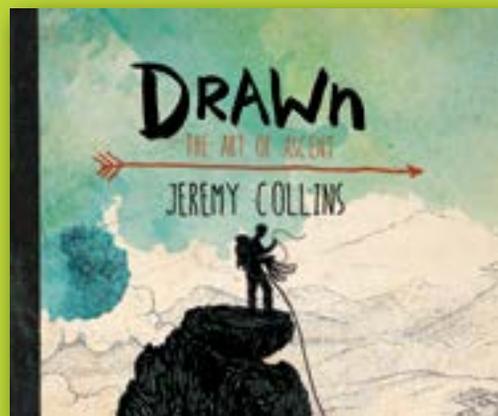
Flip through newspapers around the country—Anchorage to Denver, San Francisco to Washington, D.C.—and you're likely to find a Mountaineers Book title, author or photographer featured. The same is true with author interviews on national and local NPR programs. Our work

graced the pages of leading environmental and outdoor magazines, such as *Alpinist*, *Sierra*, *Audubon*, *World Wildlife*, *Outside* and *National Geographic Adventure*. We made the pages of the *New York Times* and appeared as far afield as *Outside Sweden* and the *Himalayan Journal*.

WHAT'S ON OUR BOOKSHELF

A HEARTFELT EXPLORATION

Jeremy Collins' **Drawn: The Art of Ascent** is a visual exploration of a life devoted to family, career and climbing. Its pages include a rich mix of pencil, charcoal, watercolor and photographs from his sketchbooks. Winner of the 2015 Banff Mountain Book Adventure Travel Award, judges noted: "Between the covers you will find apparent contradictions: outrageous adventure and domestic comfort, tears and laughter, artwork and thoughtful commentary and a narrative that tells a tale of many parts... In the end, it all adds up to a work of art. Recommended, highly."



COMMUNITY



SHARING PASSION FOR THE ADVENTURE

"I joined The Mountaineers looking to take my outdoor skills to the next level and find a community. I enrolled in the Intermediate Climbing Course where I was stoked on the great people I met. I made quick friendships with three other students on my rope-teams, and now these guys are my best friends. We volunteer together with Everett Mountain Rescue, we host weekend BBQ's together, and we continue to be active with The Mountaineers. These climbing partnerships have turned into friendships for life, and when I get married next year I'm excited to have my Mountaineers buddies by my side."

-- Imran Rahman, Intermediate Climbing Student
Mountaineers member since 2010

MEMBERSHIP CLIMBS TO NEW HEIGHTS

In 2015, our membership grew to 10,650, a 16-year high, with a retention rate of nearly 80 percent. Much of this success was sparked by creative initiatives and more thoughtful campaigns that personally interact with our members. Early results from our 2016 membership survey tell us that we're trending younger and more diverse while continuing to offer the same high level of personalization and service.

Regardless of different backgrounds or interests, our members have one thing in common: they value the outdoors and are passionate about protecting the wild places where they play. That's some four million acres of wilderness land in Washington state alone.

DESTINATION: DIVERSITY AND INCLUSION

The Mountaineers has always been a leader where gender diversity is concerned. In fact, over half of our 151 founding members were women. While we have a ways to go when it comes to racial diversity, we are making progress. In 2015, our Mountain Workshops program enabled 608 young people from diverse backgrounds and inner-city neighborhoods to explore the

outdoors, more than half of them on scholarship. New programs, such as the amazingly popular Arc'teryx Bad Movie Night, allow us to reach younger audiences who may not normally be inclined to join our ranks. The appeal of free movies and free popcorn pulls them in, and we take the opportunity to raise their awareness about our mission and goals.

CELEBRATING OUR BRANCH COMMUNITIES

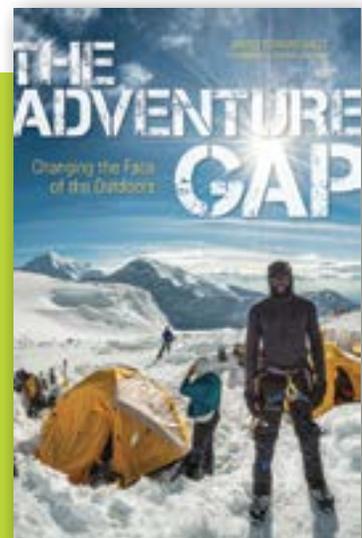
Across the country, member-based outdoor organizations are experiencing an overall decline, but The Mountaineers continues to grow. We credit much of this growth to our dynamic branch communities. Whether our members live in Bellingham or Olympia, Kitsap or Snoqualmie, or somewhere in between, our branches give people a place to call home.

Through Meet The Mountaineers events, gear grabs, monthly potlucks, and adventure speaker series, branches offer new members and guests ways to stay connected nearly every week. Our branch communities keep us relevant and amplify our community voice, ensuring that our region's wild places are nurtured and protected for future generations. .

WHAT'S ON OUR BOOKSHELF

WHITE HOUSE SCREENING

James Edward Mills' book, **The Adventure Gap**, chronicles the first all-African American summit attempt on Denali, providing a timely look at diversity in outdoor recreation. In 2015, supported by Mountaineers Books, Mills took his message on the road, speaking at colleges and book fairs. He capped off his tour in June with a visit to the White House for a screening of *An American Ascent*, the companion documentary he co-produced.



THE MOUNTAINEERS PEAK ACHIEVEMENTS

The Mountaineers sells over 350,000 books worldwide, offers seven branches and six outdoor centers, are led by 1,900 volunteers and include a community of over 11,000 adventurers. We introduce generations to an active life while working to protect the outdoor experience.

○ Founded by 151 visionaries - half of whom were women (1906).

○ Changed what was thought possible in mountaineering. Got 39 people to the top of Mt. Baker in a single day (1907).

○ Wore the first skis on Mount Rainier (1912).

○ Was the first group to hike the Wonderland Trail the year it was completed. The route was longer than (130 - 140 miles) and took three weeks. (1915).

○ Olympic ski trials held on Paradise Glacier on Mount Rainier - bringing international skiers to Washington State. We lost badly (1935).

○ Formed the first Mountain Rescue team. Later used as a model across the country for mountain rescue units. (1936)

○ Members Lloyd & Mary Anderson found REI down the hall from The Mountaineers clubhouse. Five members paid \$1 each to own stake in the "Mountaineers co-op" (1938).

○ Charles Crenshaw, a Mountaineers member, becomes first African American to summit Denali (1956)

○ Published *100 Hikes in Western Washington* (1939)

○ Fred Beckey began climbing with The Mountaineers, leading an era of unlimited opportunity in Northwest climbing (1939).

○ Member Pete Schoening single-handedly held six falling climbers at 25,000 ft on K2. The act became known widely as "the belay" (1956).

1906

1916

1926

1936

1946

1956

First edition of *Freedom of the Hills* is published and soon known as the "bible of mountaineering" (1960).

Jim Whittaker is the first American to summit Everest. He learned to climb with his twin brother Lou in *The Mountaineers* (1963).

Mountaineers helped pass the National Wilderness Act (1964).

Mountaineers American (1964).

Western (1964).

Published *Alpine Lakes*, a book that convinced President Ford to approve the Alpine Lakes Wilderness (1971).

Invented the Ten Essentials (1974).

Helped establish North Cascades National Park (1968).

Mount St. Helens erupts - Mountaineers published, *Fire & Ice* becomes a best seller (1980).

First program staff hired to help with paperwork - previously run 100% by volunteers (1984).

The Mountaineers turns 100! (2006) †

The Mountaineers becomes a 501(c)3 nonprofit (2011).

Launched Mountain Workshops to engage underserved youth in the outdoors (2010).

6,400 youth outdoor experiences (2015).

Sponsored the Mallory-Irvine expedition on Everest during which Conrad Anker discovered the body of George Mallory (1999).

We continue to expand our books, membership, and programs, with added focus on conservation and youth (2016).

1966

1976

1986

1996

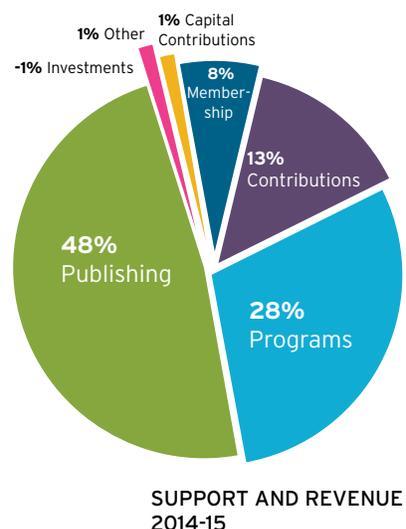
2006

2016

2015 FINANCIAL

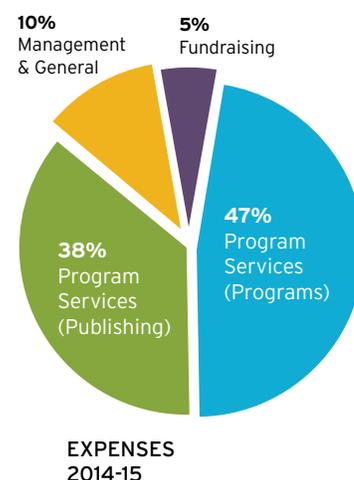
Condensed Statement of Financial Position

Assets	2014-2015	2013-2014
Current Assets	\$4,819,693	\$5,013,905
Long-term Investments	\$2,109,478	\$2,127,796
Fixed Assets (less accumulated depreciation)	\$5,458,817	\$5,759,213
Author advances	\$269,960	\$160,960
Total Assets	\$12,657,948	\$13,061,874
Liabilities & Net Assets		
Liabilities		
Current Liabilities	\$716,185	\$692,324
Long-term Liabilities	-	-
Total Liabilities	\$716,185	\$692,324
Net Assets		
Unrestricted	\$11,769,921	\$12,211,857
Temporarily Restricted	\$171,842	\$157,693
Total Net Assets	\$11,941,763	\$12,369,550
Total Liabilities & Net Assets	\$12,657,948	\$13,061,874



Condensed Statement of Activities

Revenues		2014-15		2013-14
Publishing	49%	\$2,992,260	49%	\$3,009,696
Programs	28%	\$1,719,706	26%	\$1,640,215
Contributions	14%	\$841,198	11%	\$705,960
Membership	9%	\$522,972	9%	\$555,148
Investments	-1%	\$(77,135)	3%	\$201,157
Capital Contributions	1%	\$61,843	1%	\$47,346
Other	1%	\$48,197	1%	\$33,615
Total	100%	\$6,108,241	100%	\$6,193,137
Expenses				
Program Services (Programs)	47%	\$3,064,166	38%	\$2,352,636
Program Services (Publishing)	38%	\$2,463,139	50%	\$3,085,868
Fundraising	5%	\$328,110	4%	\$230,711
Management & General	10%	\$680,613	8%	\$524,964
Total	100%	\$6,536,028*	100%	\$6,194,179



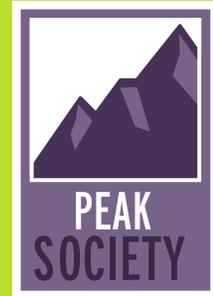
*These figures reflect a Board of Directors and executive leadership decision to allocate a \$559,545 bequest booked in fiscal year ending Sept. 30, 2013, to subsequent fiscal years 2014, 2015 and 2016 to support website and technology upgrades, Tacoma Program Center climbing wall installation, a volunteer initiative and creation of a leadership development program, an e-learning pilot project, and capacity-building to advance mission-critical conservation and youth programs.

The audit of the consolidated Mountaineers entity, including Mountaineers Books, is available on request.

LEADERSHIP GIVING

Peak Society members provide critical, aggregate funding to sustain programs critical to The Mountaineers mission and to support emerging initiatives vital to our vision. Launched in 2011, Peak Society has grown from a community of 35 members to 125 members at the end of fiscal year 2015, each investing \$1,000 to an extraordinary \$20,000 in annual support.

Although all of our members and supporters play an important role in getting thousands of kids outside to explore nature, giving voice to our wild places, and enabling volunteers to transform lives, these programs would not exist today without the leadership and bold investment of Peak Society members.



The Mountaineers Peak Society Members (as of September 30, 2015)

MT. RAINIER \$20,000 and Up

Rich and Martha Draves*
John Ohlson*

MT. ADAMS \$10,000 - \$19,999

Lee Fromson and Twala Coggins*
The Goodman Family Foundation*
Paul L King
Martha and Michael Welch

GLACIER PK \$5,000 - \$7,499

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Vilma Vojta
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Tab Wilkins*
Ann Wyckoff

MT. STUART \$2,500 - \$4,999

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Steve and Colleen McClure
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Vik and Jessica Sahney
Gavin and Sara Woody*

MT. SHUKSAN \$1,000 - \$2,499

Anonymous (4)
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* denotes charter membership

THANK YOU TO OUR DONORS

PRIVATE CONTRIBUTIONS OCTOBER 1, 2014 — SEPTEMBER 30, 2015

The Mountaineers relies on private contributions to pilot new initiatives and expand mission-critical programs to create a community of members dedicated to conserving our wild places. We are grateful to the individuals, corporations, foundations and organizations below that provided contributions and in-kind gifts between October 1, 2014 and September 30, 2015.

\$25,000+

Cornell Lab Of Ornithology
Rich and Martha Draves
Microsoft Matching Gifts Program
John Ohlson
The REI Foundation

\$10,000 – \$24,999

Adidas Outdoors
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\$5,000 – \$9,999

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REMEMBERING DOUG WALKER (1950 - 2015)

The Mountaineers lost a friend, mentor and loyal supporter in Doug Walker. There is not a corner of the outdoor community that did not benefit from Doug's passion for conservation and outdoor recreation. The Mountaineers is no exception.

Doug volunteered as a youth leader, teaching young kids how to climb and sharing with them his unbridled love for the outdoors. He provided seminal leadership in connecting The Mountaineers with the Outdoor Alliance, helping give a stronger voice to recreation access and conservation at a national level. Doug is a charter member and co-chair of The Mountaineers Peak Society. Most important, Doug was always on call for advice, counsel, and encouragement.

Those of us who knew Doug grieve what we have lost. And all of us who climb, hike, or otherwise find ourselves whole when we are outside, grieve for what the world is now missing: an ardent and tireless champion for wilderness, a testament to the idea that life is best lived with a generous heart and strong purpose. Our hearts go out to his wife and partner, Maggie and daughter, Kina, and to the many people whose lives he touched as a climber, teacher, and advocate.



FOR WILD PLACES

THE MOUNTAINEERS ANNUAL REPORT 2015

Rescue on Dome Peak

by Scott Braswell, Mountaineers climber



The Mountaineers team descending Dome Peak. Photo by Scott Braswell

On June 20th of 2015, a team of six Everett Mountaineers set out for Dome Peak – a remote glacier climb in the Darrington Ranger District. Dome is prominent along the Cascade Crest, one of the Bulgers, and a full 3-day trip brimming with interesting terrain. The Mountaineers website describes it as a “challenging” trip, rates it a “strenuous 5/5,” and points out that, “fitness for long days is essential.” So basically we had signed on for a suffer-fest.

And Dome Peak delivered. I had calculated the first day approach would be about 14 hours and over 5000 feet of gain, but a gnarly bushwhack up Bachelor Creek tacked-on time as we lost, backtracked, and rediscovered the trail many times.

Josh, Grant, and Chelise, our wide-eyed students, were high-spirited and eager to please but the pace slowed and breaks grew longer as we gained elevation the first day. It was approaching dinnertime when our trip leader, Mark Baldwin, suggested we camp at Cub Lake rather than push forward another hour-and-a-half to Iswoot Pass. The Iswoot camp had been our goal because it would afford a view eastward across the basin at Dome Peak and would shorten the summit attempt by more than two hours. At that point we were all happy with the day's efforts however, and satisfied with the more spacious camp we found in the crotch of Cub Lake.

Summit day began shortly before daybreak at 4:30am. Our new projection was 15 hours camp-to-camp. Even with the generous 16 hours of daylight this made for a snug timeline. We crossed the meadow in the early morning light and climbed the ridge to Iswoot Pass. There were a couple of tents pitched on the ridge. The packs and boots outside indicated that these folks were sleeping in. We discretely filled water bottles and snapped photos of our objective before descending into the talus field beyond.

We traversed the rocky basin at 6000 feet passing beneath two cleavers – tall rock outcroppings that barred any higher passage. Melt-water from the snowfields above funneled down through the rocks occasionally surfacing as small streams that we crossed gingerly, balancing on the slick wet stones.

From the second cleaver we lost our line-of-site to the peak behind a steep snowfield, but the route was apparent: climb the snow about 1500 feet and enter Dome Glacier high above the ice falls.

It was a bluebird morning and sweat trickled into my eyes as I frenched my crampons up the slope. At the top, the angle lessened and we regrouped to make our transition to roped travel on the glacier. Grant and Chelise were happy to drop the ropes from their packs and tie-in. Colleen and I each led a rope-team and Mark took a position at the tail of the second rope. We offered some final advice to the students. In summary, "Don't Fall!" Then filed



The Mountaineers team on the summit ridge of Dome Peak along with the two climbers involved in the accident - Amanda and Arnie. They came up the standard route around noon then went back down to climb the ice face. Photo by Scott Braswell

out onto the glacier.

Being a low-snow year there was little to conceal hazards. A denuded glacier is not much of a puzzle, so we kept a brisk pace as we maneuvered our ropes up-slope and around concavities. We skirted the open crevasses and only briefly jabbed at the glacier before stepping across finger-sized cracks in the ice.

We were all standing in the Dome-Chickamin Col by 11:30am. The col is a low point on the ridge separating two glacial cirques. There was another tent pitched here at 8,500 feet but it was unclear if the occupants were still around. The summit was within reach and our team was feeling good. We crossed-over to the east side of the summit ridge and followed the snow to where it dropped away from a rocky knife-edge which leads to South Peak, the true summit of Dome.

There was a sheltered ledge of snow against the rock where we un-roped and settled in for lunch. The view was spectacular; in every direction mountains fell away from us in grey-blue waves. On the furthest end of the ridge where the snow diverged from the rock, Colleen and Mark started building the anchor for a hand-line that would eventually run along the knife-edge and allow a more secure passage across the exposed rock to South Peak.

As they tested the rock and placed pieces, two climbers came up the ridge in our boot track. They visited with us briefly; it was their tent that we'd passed at the col below. They left the col a while after we passed by and made quick work of the 300 feet climb to the summit ridge. Their visit was brief and didn't include the exposed scramble to South Peak. I thought it was peculiar that they would camp so close to the summit and not even top-out, but on the way down I found out why they were eager to move on.

Descent and Rescue

After the summit, we retraced our path along the ridge and down to the col. From the col we headed down the snow slope toward the glacier again. Most of Dome Glacier is a low-angle snow slope. The route we took across didn't exceed 25 degrees of incline. In contrast, the west face of Dome Peak rises 800 feet above Dome Glacier at an angle of 45-55 degrees. It's steep enough that it avalanches regularly throughout the winter and spring, releasing the loose snow and leaving a firm scoured slope of névé snow that tapers to a thin crust near the summit. It was on the west face that we spotted two ice climbers free soloing above us. It turned out, they were the same two climbers we had met on the summit ridge.

In the zone where the low-angle glacier meets the steep snow face of Dome Peak a modest bergschrund has developed. The glacier is slowly slipping down the cirque and has broken away from the steeper snow face leaving a series of parallel crevasses along the bottom of the face. They're not incredibly wide, generally not more than 4' across, but they're frighteningly deep.

We marveled at the two ice climbers, their small dark figures mere specks on the snow 600 feet above. Are they roped? No, they were both moving up, slowly, toward the rock band below the summit. A rope between them would only ensure that if one person fell the other would also come off. A rope would only add security if one climber was anchored into the ice, belaying the leader up from a protected position. These two were free soloing the route, with no protection beyond the skillful placement of their crampons and tools.

[story continues >>](#)



View of the ice face just minutes before Arnie fell. He is the higher of the two climbers pictured. Photo by Scott Braswell

I holstered my camera and turned my attention back to the glacier for a second, but then heard shouting. I looked to the west face. The top climber was sliding down, accelerating, his ice axe hissing and spraying as it split the snow. It was hard to judge the time or distance he fell. He struggled to arrest for a few long seconds before he lost control; caught a crampon and started tumbling down the face. Mark shouted, "Prepare to rescue!" We all stood transfixed. I carefully tracked him as he tumbled toward the bergschrund, watching closely to see where he would stop.

He hit the 'schrund with a sickening thud and disappeared. It was the highest of three staggered crevasses in his fall line. "Go! Go! Go!" Mark yelled. My rope-team was 50 yards below the crevasse. Colleen's rope was on the same elevation and while they traversed the slope to the north-end of the crevasse, my team crossed under and climbed up the snow to the south-end.

"We have to get there, NOW!" Mark hollered again. I encouraged Chelise and Grant to stay calm and move carefully, but quickly. I dreaded reaching him. He had fallen so far and fast, and the sound when he hit the ice; surely this was a body recovery. We traversed the snow above the lowest crevasse. "Belay every step. Take your time and get a good footing before you move the ax," I coached my team.

Mark and Colleen reached the crevasse first. From our higher position I could see they were with the fallen climber. He was on a ledge inside the crevasse just a foot below the surface. Luckily, he hadn't been swallowed-up in the deep ice.

We couldn't reach him from the south-end, so Grant reversed

the rope and crossed back under and around to the north-end. Josh had found a safe position just below and left of the climber. Mark and Colleen were up above. Josh had a stunned look on his face. I think we all did.

Mark and Colleen were tending to the victim. He was awake and alert, but in a lot of pain. It was Arnie, one of the climbers we'd met briefly on the summit ridge. His partner Amanda was still on the ice route high above. She called down to us, eager to know how he was doing.

"Are you anchored? Are you safe?" Mark called up to her. Yes, she was anchored, but she just saw her partner fall from above her and plummet past, 600' into a crevasse. She was too afraid to climb any further. "Do you have a P-L-B?" Mark shouted to her. Between painful groans, Arnie informed him that she was carrying a Personal Locator Beacon.

"Yes."

"Activate your P-L-B," Mark instructed her.

"Okay!"

It was a relief to know that we could call for help, but we didn't know how long Search and Rescue would take to respond or if they even received the SOS. We went through our packs and passed insulating pads and jackets up to Colleen. At first Arnie didn't want them, he was still hot from the effort of climbing, but after a while he got chilled and started to shiver.

Grant and Chelise stomped a level platform in the snow and started melting snow on the emergency stove to make a hot water bottle. In his mind, Mark was playing out the possible scenarios. What if SAR didn't come? What if they couldn't reach us until tomorrow?

Arnie was perched on a ledge just inside the highest of three crevasses. He had severe chest pain and a thigh laceration from his crampons. As they tended to him, Colleen and Mark had to take care to watch their own footing and belay their movements with an ax. Another crevasse gaped at them from below, ready to swallow up any misplaced gear or either of them. We had to move this operation to safer terrain.

"I can go up to the col and bring their gear back down," Grant offered.

Mark agreed, 'Get everything useful you can carry; tent, sleeping bag, insulation... We can pitch the tent down there,' he pointed to a broad flat area on the glacier a couple hundred feet distant.

He instructed me to build a snow anchor on the same level as Arnie and directly above a small snow bridge that crossed the lower crevasse. I collected the pickets and climbed up 15 feet to where Arnie was perched. About 25 feet left of him I planted a vertical picket and tied into it. Then I buried two deadman anchors, equalized them, and planted another vertical picket so that it would share the load. When it was all done my hands were purple and stinging from the cold. It took me four tries to tie a Munter hitch into Arnie's rope, which they had readied.

I clipped into the completed anchor system and carved a seat into the snow beside it with my adz; that gave me a solid stance from which to belay. Mark tied into the other end of the rope with Arnie to help slide him along and give him support.

At some point during the preparations Amanda started to down



The Mountaineers team after the incident - on the way back to Cub Lake with Amanda. Photo by Scott Braswell

climb. Arnie asked us, "Does anyone have cell reception?" We hadn't checked, maybe it was an oversight but it was certainly a long-shot. A lot of ideas were getting thrown around and we prioritized things that were more likely to work. Colleen pulled out her phone. Her GPS app had been a godsend on the bushwhacking approach. Could she also get an emergency call out? It was worth a shot.

Arnie was able to move some under his own power. He groaned and guarded his ribs, but at least with him in control the pain was self-inflicted. I would have felt worse if we had to pull him around by his climbing harness. Mark planted an ice ax within easy reach and Arnie used it to pull himself forward a few inches. Then while he recovered, I took in the slack rope and Mark replanted the ax a few inches further. Each of us found a rhythm. Ax, crawl, rope, recover, repeat.

Progress was slow, but Arnie was inching his way toward me. At the same time, and at a similar pace, Amanda was inching her way down the west face. The sun was intense and reflecting off the snow like a solar oven. I lowered a bight of rope to Josh and asked him to clip a water bottle to it. I was parched.

It took about a half hour for Arnie and Mark to cover the 25 feet that separated us. About then we saw Grant plunge-stepping down from the col with a full pack on his back. Josh and Chelise scrambled down to meet him on the flat and setup the tent.

Now at the anchor, it was time for Arnie to change direction and head downhill toward the flats. This meant he had to trust my anchor. He looked down at the lower crevasse. It was wider than the one he'd fallen in and from our angle above it we could see a slot of the deep blue interior. He looked up again and asked, "did you use two pickets?" I held up three fingers even though there were actually four counting my first picket. "Bomber," he said nodding approval. "How is Amanda doing?"

"She's coming down slowly," I told him.

With this encouragement he shifted his weight to the anchor. I fed rope to him through the Munter hitch, slowly at first, and Arnie crawled backward down the slope letting gravity do most of the

work. It was still very painful but he was gutting it out.

The angle mellowed as they got further down. They reached a point where it was easier for Arnie to stand upright and walk backward down the slope, then he was able to move a little faster.

"Half rope!" I called down. The tent was just 50 feet further and they had plenty of rope to reach level-ish ground.

At this point everyone else was down on the flat. They prepped the tent with insulating pads and a warm bag and then maneuvered Arnie inside. I cleaned the ropes and anchor, then made my way down as well.

Amanda was still down-climbing when we first heard the powerful thumping of a helicopter rotor echoing off the valley walls. It was both exhilarating and a relief. "Where is it? Does anybody see it?" It was impossible to tell what direction the sound was coming from. For 15 minutes or more we heard the chopper get louder then fade away with our heads turned to the sky. It had to be close, we speculated. It was so loud!

When Snowhawk crossed over the ridge and we heard the full volume of its beating rotor, I felt such elation! They made a couple passes over us, circling the basin as we waved our arms furiously, then stopped at very near our eye-level but 100 yards down the glacier. The chopper hovered for half a minute then inexplicably peeled off and headed back down the valley. We were certain they'd seen us - they circled overhead at least twice and hovered for 30 seconds in plain view of us before turning around. Could they not land on the glacier? Did they need more personnel?

Fortunately the Snowhawk didn't leave our sight. We continued to watch, as they set down briefly on a low-lying ridge at the foot of the valley then lifted-off again and flew back in our direction. They returned to their earlier hovering position, but this time the chopper sank lower, and lower, until it nearly touched down. A tall man in an orange flight suit and white helmet climbed out onto the skid and hopped three feet down onto the snow. He took a litter from the doorway and was followed by a second medic in a navy flight suit with curly dark hair. The helicopter lifted off again and headed back down the valley. The men started up the

glacier kicking steps with their boots.

Excited greetings were exchanged when they reached us. Mark briefed them as they walked together toward the tent to check on the patient. The two tall men crammed themselves halfway into the tent to check Arnie out. After the assessment and more discussion, the curly-haired medic slipped out of the tent to radio the helicopter crew. They were going to lift Arnie up to the helicopter in the litter.

Dave, the orange suited medic, called some of us over to help slide Arnie into the litter. Then we turned him feet facing down hill and blocked the litter with our boots to keep him from sliding away. "Can you wait for Amanda?" Arnie asked him.

She was getting close to the bottom and seemed to be out of danger, but was still 15 minutes away. "It's too much weight! She'll have to hike out with these guys," Dave said patting me on the shoulder.

The helicopter returned. The pounding rotor wash nearly blew away the empty tent despite the ice axes staking 3 corners, so Grant jumped inside to weigh it down. It had been a warm afternoon on the glacier but now I was freezing, the cold air cutting through my jacket like it was gossamer. The cable came down from the helicopter. It wavered a little, just out of Dave's reach then swung gently into his outstretched hand. When he had the carabiners all hooked up, he shouted to me over the maelstrom. "When I signal them, you just let go and get to the side. He's going to takeoff that way." He pointed down hill emphatically. "Okay!"

He signaled the chopper but I had my head down over the litter, shrinking away from the cold. The litter started to swing away and I scrambled to the side as Dave had instructed. He had also tied a bright cord to the litter. As it went up to the chopper, the

cord unspooled. He kept some tension on the line and helped orient Arnie as he came along side the door. Then Arnie was pulled inside.

I was relieved to be out of the rotor wash and we were all relieved to have Arnie in good hands. We collected as much loose gear as we could fit into his pack and Dave clipped it to his harness. After a few idle minutes, casting glances alternately at Amanda - still down climbing - and the helicopter, the cable came down again. Dave spooled up the slack cord as it came. He pulled the cable over, secured himself, then rode it up to the door as Snowhawk turned back down the valley.

We all breathed a sigh of relief and watched the chopper float away. The sun was getting pretty low in the sky. It was 6:30pm and we were still several hours away from our camp. We packed up the tent and organized ourselves into two rope teams. Amanda made it back to the glacier and joined us we got ready to leave. She was glad to be down and very appreciative of the help. It could have been so much worse.

We double-timed it back down the glacier following our ascent track. Shadows were getting long and we needed to move fast to get off the glacier before dark. Fortunately we did. I snapped a few more photos before the sun went down. Some of us still had enough energy to manage a bit of a smile. Mostly we were quiet, exhausted, and still a bit in disbelief.

The scramble down from Iswoot Pass was done in the pitch dark. It was hazardous in places, but Grant, Amanda, and I were able to scout a decent route down to the good trail on the meadow floor and guided the others around the worst of it. We got back to Cub Lake after 11pm. A group of us made dinner and recounted the events of the day in hushed tones. We had summited our peak, executed a smooth rescue and made it back to camp safe. All in a day's work for a Mountaineer. ▲▲



The Mountaineers team after the incident on the way back to Cub Lake - continuing after dusk. Photo by Scott Braswell

Wolf Bauer

A Wonderful Life 1912-2016

by Lowell Skoog

Wolf Bauer, one of The Mountaineers' oldest and most distinguished members, passed away on January 23, 2016, a month shy of his 104th birthday. He was born on February 24, 1912.

Over the course of his long life, Wolf was honored by his community many times. He was named an Honorary Member of The Mountaineers in 1966, First Citizen of Seattle in 1979, recipient of the national Thomas Jefferson Award for volunteer service in 1985, and member the Northwest Ski Hall of Fame in 1994. He was profiled in the 1980 Mountaineer Annual and the Spring 2000 Mountaineer Bulletin. I wrote my own profile of Wolf for the 2005 Northwest Mountaineering Journal. In 2010, Wolf published his autobiography, together with Lynn Hyde, entitled *Crags, Eddies & Riprap: The Sound Country Memoir of Wolf Bauer*.

To understand the true impact of Wolf's life, it helps to carry out a little thought experiment. In the spirit of the classic film, *It's a Wonderful Life*, I'd like to imagine what the Northwest might be like today if Wolf had not come from Bavaria to the United States with his family in 1925.

Wolf's association with The Mountaineers began in 1929, when, as a 17-year-old Boy Scout, he was awarded a free membership in the club. Wolf suspected at the time that his appointment was in recognition of his skiing ability rather than his character. He soon proved himself a formidable skiing competitor, with victories in many club races. In 1936, his three-man team, including Chet Higman and Bill Miller, won The Mountaineers Patrol Race, from the old Snoqualmie Lodge to Meany Ski Hut with a record time of 4 hours, 37 minutes, 23 seconds. Wolf's stories of the race were a significant factor in its modern revival in 2014. His record stood for 80 years, beyond his lifetime, until it was finally eclipsed by my own team earlier this year, in 2016.

In the mid-1930s, Wolf organized and taught The Mountaineers first climbing course. In the midst of the course, he teamed with some of his students to complete the first ascents of Ptarmigan Ridge on Mt Rainier (1935) and Mt Goode in the North Cascades (1936). Ptarmigan Ridge wasn't climbed again for 24 years, an indication of how far ahead of the times it was. On the other hand, Goode was climbed in 1937 and 1940 by different routes, suggesting that had Wolf's party not succeeded, others would have done so soon.

More important than Wolf's first ascents was the climbing course that helped make them possible. Although Wolf led the program for only two years, he laid the foundation for both the basic and intermediate courses and trained a cadre of instructors who carried on after his engineering career pulled him away. Lloyd Anderson, one of Wolf's students, founded Recreational Equipment Co-op in 1938 to provide gear for the growing ranks of course graduates. Anderson, in turn, was a mentor to young

Fred Beckey, who graduated from the intermediate course in 1940 and was soon making history on unclimbed peaks and routes throughout the Northwest.

Students in Wolf's climbing course had to pass a written test that was similar to a college exam. In addition, they were asked to provide written descriptions of the climbing routes they had used. Soon these "Climbers' Guides" were copied and made available to other climbers, the predecessor of today's guidebooks. As Wolf's students took over course instruction it was agreed that each lecturer would prepare his topic in outline form and submit it to the climbing committee for approval. By 1940, these mimeographed pages were published as *The Climber's Notebook*, the first text in the nation devoted exclusively to teaching climbing. The Climber's Notebook grew and was refined in the 1940s and 1950s to be published in 1960 as *Mountaineering: The Freedom of the Hills*.

Thus was launched The Mountaineers book publishing program. If there had been no climbing course, would The Mountaineers Books have ever been established? If Wolf Bauer had not launched the course, would others have eventually done it? These questions are impossible to answer, but it seems likely that the future would have been very different without Wolf's early contributions.

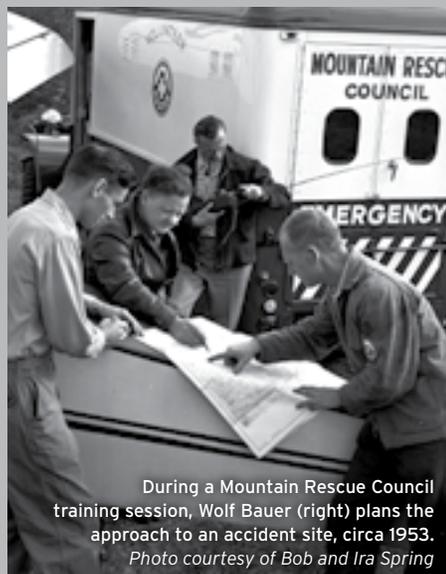
In the 1930s and 1940s, The Mountaineers maintained a list of experienced climbers, graduates of the climbing course, who were willing to be called for search and rescue operations. A central committee made up of the climbers' wives managed the phone list. While traveling in Europe in 1948, Wolf learned about the Bergwacht ("mountain watch"), a volunteer rescue group in Germany that was much like the National Ski Patrol in the United States. Wolf concluded that a similar organization was needed in the Northwest. His efforts led to the formation of the Mountain Rescue Council, which coordinated the efforts of The Mountaineers and other volunteer organizations with the State Patrol, Forest Service, and other government agencies. Wolf served as chairman of the Mountain Rescue Council for its first six years. After similar organizations sprang up around the country, the national Mountain Rescue Association was formed in 1959. Again, Wolf had been an essential catalyst for a new outdoor movement.

Wolf was introduced to foldboating in the late 1940s by his old scoutmaster, Harry Higman. Wolf took to the sport in a big way, founding the Washington Foldboat Club (later the Washington Kayak Club) in 1948. As he had with climbing in the 1930s, Wolf felt the sport needed an educational program so he designed a seven-week course and offered it through the YMCA. During the 1950s and 1960s, Wolf introduced hundreds of people to kayaking. He explored and mapped dozens of rivers throughout the Northwest, applying the now-standard kayak rating system (Class I through V) to each section that he and his friends had run. In so doing, he literally put the sport of kayaking on the map of the Northwest. He designed some of the earliest fiberglass kayaks in the U.S. and helped open sea kayaking in the San Juan and Gulf Islands, Barkley Sound and along the east and west coasts of Vancouver Island.

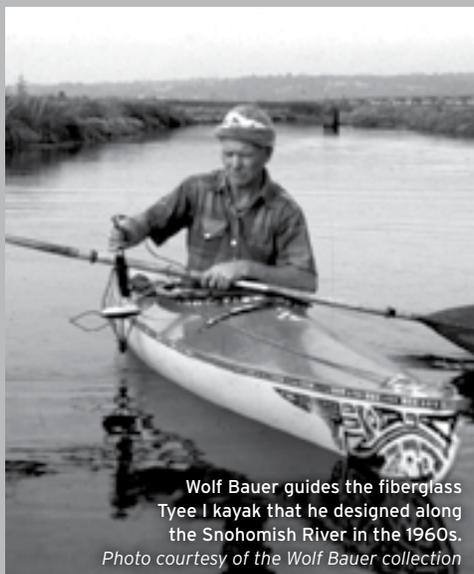
Wolf's involvement in kayaking led to an interest in the conservation of shorelines and free-flowing rivers. Having kayaked the Mayfield and Dunn canyons of the Cowlitz River in the 1950s, he was saddened by the construction of dams that flooded these unique canyons in the 1960s. This led him to an effort to protect the Green River Gorge from development. Creation of the Green River Gorge Conservation Area in 1969 would likely not have occurred without Wolf's efforts.

Wolf's growing interest in conservation led him to launch a new career as a shore resource consultant in the 1970s. His observations on the interaction of water and land were incorporated into Washington's landmark Shoreline Management Act of 1971. As a consultant, Wolf guided the restoration of dozens of beaches around Puget Sound (called "Bauer Beaches" by the Department of Ecology). They include Tolmie State Park, West Point beach at Discovery Park, and Golden Gardens Park in north Seattle. Before Wolf's influence, beach erosion was typically addressed by dropping in huge boulders to create bulkheads. Wolf learned how to use gravel, contouring, and the removal of bulkheads to stabilize erosion and produce a beach that was both consistent with shoreline ecology and welcoming to the public.

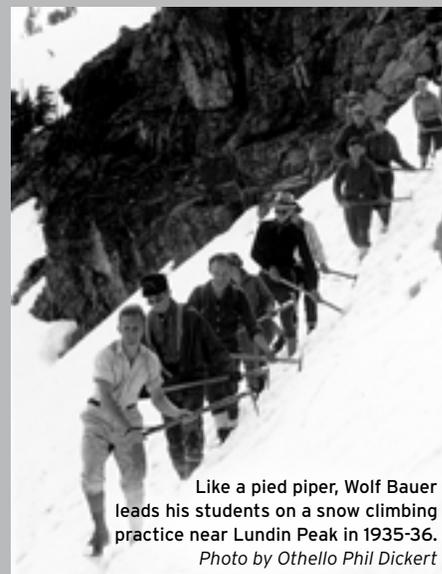
Without the influence of Wolf Bauer, the conservation and outdoor recreational world, and indeed, the beaches of Puget Sound, would have been vastly deprived in so many ways. ▲▲



During a Mountain Rescue Council training session, Wolf Bauer (right) plans the approach to an accident site, circa 1953. Photo courtesy of Bob and Ira Spring



Wolf Bauer guides the fiberglass Tyee I kayak that he designed along the Snohomish River in the 1960s. Photo courtesy of the Wolf Bauer collection



Like a pied piper, Wolf Bauer leads his students on a snow climbing practice near Lundin Peak in 1935-36. Photo by Othello Phil Dickert

outdoorcenters



Kitsap Forest Theater. Photo courtesy of Gala Lidvall

Kitsap Forest Theater & Cabin

www.mountaineers.org/about/locations-reservations/kitsap-cabin-forest-theater

PLAYERS - KITSAP FOREST THEATER

Theater Inspired by a Magical Place - Escape to the Kitsap Forest Theater! Join us for a grand adventure as you stroll down the forested trail to our unique and breathtaking theater. Our 2016 season brings two popular musicals to life on our unique stage. These uplifting and family-friendly musicals will appeal to young and old alike - treat yourself to a "day away" in the forest and enjoy theater inspired by a magical place. Generations of theatergoers have enjoyed the scenic drive or ferry ride to the theater, and often come early to picnic under the firs before the trail to the theater opens at 1:00 pm. See our web site for all the details: www.ForestTheater.com

Spring 2016: The Music Man - May 29-30, June 4-5, 11-12, 18-19. There's trouble in River City when a fast-talking salesman gets his heart stolen by the town librarian. Meredith Willson's *The Music Man* follows fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band he vows to organize - this despite the fact he doesn't know a trombone from a treble clef. This musical comedy has been entertaining audiences since 1957 and is a family-friendly story to be shared with every generation. Bring the whole family and enjoy a delightful afternoon of entertainment under the firs.

Summer 2016: The Little Mermaid - July 30-31, Aug 6-7, 13-14,

20-21. In a magical kingdom beneath the sea, the beautiful young mermaid Ariel longs to leave her ocean home to live in the world above. Based on one of Hans Christian Andersen's most beloved stories and the classic animated film, Disney's *The Little Mermaid* is a hauntingly beautiful love story for the ages and will capture your heart with its irresistible songs including "Under the Sea," "Kiss the Girl," and "Part of Your World." This timeless tale is sure to capture the hearts of adults and children alike. Please join us on this journey under the sea to a fantastical world of magic, music, and adventure!

Tickets are available for both shows at www.ForestTheater.com/tickets. Purchase our two-show package and save even more. There is no fee for purchasing tickets on-line. Tickets also available through The Mountaineers (by phone and in person).

HELP WANTED

Do you like to cook? The Mountaineers Players are looking for cooks to prepare meals for an appreciative cast and crew during Kitsap weekend rehearsals and performances. We also need help with set building, costume sewing, prop collecting, ushering and parking for shows, and carpentry work on the property. Please contact us at players@Foresttheater.com or call 206-542-7815 to join a fun and supportive community and help us produce the best outdoor theater in the area.

KITSAP FOREST ADVENTURE CAMP

Do you like mentoring kids in the out of doors? We are looking for staff (paid and volunteer) to work with kids grades K-4 for two weeks of outdoor day camp in July. Includes riding the ferry from

Seattle. See our web site for job descriptions and applications.

RENT THE KITSAP FOREST THEATER, KITSAP CABIN AND/OR THE KITSAP YURT

Are you looking for a unique venue for your event or celebration - weddings, meetings, birthday celebrations, corporate events, concerts, workshops, reunions or retreats? The Kitsap Forest Theater, Kitsap Cabin and the Kitsap Yurt are perfect "getaways" for you and your family, friends, business or group. Kitsap Forest Theater is a perfect venue for outdoor weddings, concerts, performances and presentations. Kitsap Cabin is outfitted with wireless internet, tables, benches, a fully functioning kitchen, dishes/silverware/glasses etc., fireplace and outdoor ambience. There are hikes available on the property (20 acres) and on the adjacent Rhododendron Preserve (a 460-acre private reserve operated by The Mountaineers Foundation). "Big Tree" is a popular destination and is one of the largest old growth firs on the Kitsap peninsula.

During our show season (spring and summer) we have limited weekend availability, but there are several available summer weekends, and the fall is a great time to visit this unique and special place. During the week we have much more availability. Get away from the city and stress and enjoy our peaceful and magical venue. Please contact us for details and pricing: 206-542-7815

Baker Lodge

www.mountaineers.org/about/locations-reservations/baker-lodge

The Mountaineers Mt. Baker Lodge is nestled in the spectacular beauty of the North Cascades and just a short walk from the upper access to eight ski lifts of the Mt. Baker Ski Area (www.mtbaker.us). Within a short distance from the lodge there are a number of snowshoe routes and cross-country ski trails (www.nooksacknordicclub.org/overview.php). Visit the Baker Lodge website (www.mountaineers.org/about/locations-reservations/baker-lodge) for our current schedule, rates and other information about the lodge and call Bill Woodcock, 206-457-5452 or Dale Kisker, 206-365-9508 if you have any questions.

The lodge usually is open by 7 or 8 p.m. on Fridays. Call the hosts listed on the schedule if you have questions about the lodge or opening time. If you arrive after 10:30 p.m. be prepared with a flashlight or headlamp. Each person should bring a sleeping bag, pillow, lunches (unless provided), personal gear, and a flashlight and/or headlamp. Unless otherwise indicated the lodge provides Saturday & Sunday breakfasts and Saturday dinner. Baker Lodge welcomes the public, all ages and abilities. Families with children 5 years or younger should call the host prior to registering to learn about accommodations, hazards, diapers, etc

Schedule: Baker Lodge is open all weekends in April provided there is adequate snow and sign-up. The lodge is hosting Foothills Branch, Mt. Baker Backcountry Ski Touring, April 22-24, participants in and observers of the Baker Ski to Sea Race, May 27-30 and the Intense Basic Climbing Course, June 24-25. The summer hiking season starts late July and ends Oct. 2. See the Baker Lodge website for rates and click on "Upcoming Events" for our current schedule of openings.

Registration: Register online through Brown Paper Tickets (www.brownpapertickets.com/profile/10559) or call the club (206) 521-

6001. *When registering through Brown Paper Tickets you must register for each night you will be staying at the lodge. For most weekend events, reservations close at noon on Thursday before the weekend. Cancellations must be made by the reservation closing date/time to obtain a refund.*

Questions? call Dale Kisker, 206-365-9508 or e-mail diskisker@comcast.net.

Driving directions: Drive N. on I-5 to Bellingham, take Exit 255, the Mt. Baker Highway, and go E. on SR-542 about 54.6 mi. to the ski area. At the Firs Chalet, turn right onto the one-way loop road that leads 0.3 mi. to the lodge parking lot on the right side of the road. Park in the lot, not on the road, and walk the trail (driveway) on your right to the lodge. Once you're in the lodge look at the parking sign on the bulletin board to make sure you're parked correctly. The lodge is in the trees and difficult to see from the road. Driving time is approximately 1+ hours from Bellingham and 3 hours from Seattle.

Meany Lodge

Summer Family Adventure weekend - In July/August time frame Meany has its fabulous Family adventure weekend. this is a great time to bring your whole family up and see if Meany is right for you!

We have activities for all ages! From Biking up to Snoqualmie Pass Tunnel, to geo-caching, to hiking for berries. Check out the webpage and get a feel for the fun you will have.

Meany Summer/Fall Work Parties - This is the time that the Meany committee does all the work to get Meany ready for winter. We have 2 types of workparties, summer/fall mid-month, and weekend.

Mid-month workparties are held on a Tuesday - Thursday once a month From May - November. They are managed by the Meany retirees we call the Fossils.

Weekend workparties are held every two weekends starting in September and ending in November

If you think you can help please the Meany Webmaster at webmaster@meanylodge.org.

Stevens Lodge

www.mountaineers.org/about/locations-reservations/stevens-lodge

The Mountaineers has a fantastic facility at Stevens Pass. We are located adjacent to the ski area at the summit of Stevens Pass. This puts you within hiking distance of all the trails at the summit, the Pacific Crest Trail and the excellent mountain biking experiences at Stevens Pass Ski Area.

From April to December, the lodge is open for group bookings of 30 or more people. Meals can be provided or your group can provide your own cooking and food. The lodge has two dorms with 20 bunks in each dorm. Bathrooms are shared and there is a shower in each restroom. The main living area has a large dining room and a lounge area with a fireplace. The dining area can also double as a classroom for those wanting a learning environment.

Cancellations for lodges and outdoor centers must be made before noon of the Thursday prior to the weekend of the reservation. They will be refunded minus a small service fee.

branchingout

Welcome to the seven branches of The Mountaineers



Propelled by dedicated and skilled volunteers, all branches offer a number of courses and seminars. Many courses, such as climbing, scrambling, kayaking, backcountry skiing and others, require a set of learned skills to enjoy safely and follow a common curriculum from branch to branch.

See course events in the "Go Guide" section of this magazine. Although our program curricula are coordinated to meet Mountaineers-wide standards and policies, each branch offers a slightly different flavor or character to its offerings. Though you may want to join the branch nearest to your home, you may join any branch of your choosing. For current activities and links to branch websites, visit www.mountaineers.org.

BELLINGHAM

Vice Chair: Minda Paul, mindapaul@hotmail.com

Website: www.bellinghammountaineers.com

The Bellingham Branch was founded in 1983 with 50 members. You will find it tucked alongside the craggy expanse of the North Cascades. It features a vital, close-knit community, courses in first aid, basic and intermediate mountaineering.

It is also home to one of the most popular Mountaineers getaway destinations, Mt. Baker Lodge. From the lodge, Mountaineers and guests can also recreate to their heart's content year-round. In addition to the courses noted above, Bellingham also offers hiking trips and

snowshoe tours.

BRANCH MEETINGS: Public meetings are held on the 2nd Tuesday of each month and Branch Committee Meetings are on the 4th Tuesday of each month. See the website for time and locations.

VOLUNTEER OPPORTUNITIES: We would love to have additional hike and snowshoe leaders along with backcountry ski and youth program coordinators. We are also currently looking for a branch treasurer and a branch chair-elect. Email Minda for details.

EVERETT

Chair: Matt Vadnal, matthewvadnal@aol.com

Website: everettmountaineers.org

The Everett Branch of The Mountaineers was founded in 1910 by H.B. Linman, an Everett dentist. The new organization successfully sponsored over a dozen hikes that year. Its first outing was a hike to Lake Isabelle. Several hundred members of the public attended "stereopticon" presentations at the Everett High School auditorium. Dr. Linman, his wife,

and seven other branch members reached the summit of Glacier Peak in August 1910 during The Mountaineers' annual outing. The branch was not "officially" founded until 1911 when The Mountaineers charter was amended to provide for branches. This anomaly allowed the branch to hold its centennial celebration in 2010 and 2011!

Everett members share a wide variety of activities. Please explore the branch website or attend one of the branch monthly meetings to discover more about the branch.

MEMBERSHIP MEETINGS: To learn more

about branch activities and meet some nice people who happen to be Mountaineers, attend the monthly meetings on the first Wednesday of most months that often feature a guest presentation. The meetings take summer off and resume in September. Members, guests and the general public are invited to join us at 7pm in the Snohomish County East Administration Building, 3000 Rockefeller Ave., Rm F107 in downtown Everett.

The Everett Branch has unlimited volunteer opportunities for those who want to lead climbs, hikes, scrambles, ski tours, kayak trips and trail maintenance activities.

KITSAP

Chair: Jeff Schrepple, avdfan@aol.com

Website: Kitsap Branch on www.mountaineers.org

Founded on March 6, 2003 the Kitsap branch counts in its backyard the trails, waters, and mountains of both the Kitsap and Olympic peninsulas.

Over slightly more than a decade, this branch has developed very strong climbing, hiking, and sea kayaking programs and in the past year

its conservation/education program has also grown significantly. Other Kitsap Branch courses and activities include snowshoe/winter travel, navigation, first aid, wilderness basics, hiking & backpacking basics, and trail running. The branch is currently exploring the possibility of starting a naturalist committee.

Our activity committees sponsor four or more stewardship efforts each year and recurring events include our fall Salmon Safaris. The branch hosts an Annual General Membership meeting every October. A major goal of the branch is to add more family activities in 2016.

BRANCH MEETINGS: Most branch meetings

and courses are held at the historic Kitsap Cabin at 3153 Seabeck Highway, which is located on the Kitsap Forest Theater/Rhododendron Reserve property between Silverdale and Bremerton. However, some meetings may be held at other locations throughout Kitsap, Jefferson, or Clallam Counties, depending upon the activity or the audience to be reached.

Branch council meetings are held quarterly on the third Thursday of the designated month at 5:45pm. To find the day and location of the council meetings please check the Kitsap Branch event calendar of The Mountaineers website.

SEATTLE

Chair: Peter Hendrickson,
p.hendrickson43@gmail.com

Website: www.mountaineers.org/about/branches-committees/seattle-branch

The largest of our branches, Seattle gives lovers of the outdoors an opportunity to try out hiking, backpacking, scrambling, climbing, skiing, snowshoeing, wilderness navigation, first aid, family activities, folk dances, leadership training, naturalist study, photography, singles events,

Retired Rovers activities, Under the Hill Rovers activities, sea kayaking, and sailing.

MEET THE MOUNTAINEERS: The Seattle Branch holds a Meet The Mountaineers open house at The Mountaineers Program Center periodically. These allow new members and prospective members to learn about The Mountaineers offerings. Keep an eye on the website for information about the next one.

FOLK DANCING: Every Tuesday from 7:30 to 9:30pm (unless it is a parks or national holiday). Location: Peter Kirk Community Center (also

known as Kirkland Community Senior Center) 352 Kirkland Avenue, Kirkland, WA. For more information, check the online calendar of events for the Seattle Branch (not to be confused with the Seattle Program Center).

INTRO TO MAP AND COMPASS: Learn the basics of how to keep from getting lost in the wilderness. See website to register.

PHOTOGRAPHY: Each 3rd Wednesday of the month, the Seattle Photography Committee holds a potluck and photo presentation. The next dates are April 20th & May 18th.

FOOTHILLS

Chair: Steve LeBrun,
stevelebrun@comcast.net

Websites: foothillsmountaineers.org,
FoothillsWinter.org

The newest Mountaineers branch, founded 11 years ago, the Foothills branch encompasses the eastside communities along the I-90 and I-405 corridors. The "little branch that could" sponsors activities and classes that focus on backcountry skiing, hiking, backpacking, first aid, navigation, and snowshoeing. Our signature programs include a comprehensive Backpacking Building Blocks (B3) backpacking course, and our Foothills Winter Program which offers Ski & Snowboard Mountaineering, Multi-Week Ski Lessons, Avalanche Awareness, AIARE Avalanche Certification and Glacier Travel, Crevasse Rescue, winter camping, sports conditioning, and leadership training courses.

Foothills leaders offered 143 different hiking, backpack and snowshoe activities in 2015 as well over a dozen different courses.

Visit the Foothills Branch web page often for information on upcoming activities, film and speaker events, trips, classes and courses.

Are there activities you would like to Foothills to do or do more of? More hikes or backpack or ski trips of a certain kind? Additional training in outdoor skills? Certain special events or speaker topics? Let us know, and we'll try to make it happen. Email branch chair Steve with your comments or ideas. Do you want to stay better informed about Foothills plans and activities? Then consider a Foothills branch affiliation by accessing "Your Account" on the club website.

MEMBERSHIP MEETINGS: Branch Membership meetings as well as Branch Council meetings (open to all members) are held from time to time at Issaquah, Mercer Island or Bellevue locations. See the branch website and calendar for specific

events and meeting dates. Membership meeting are social in nature, and typically include a guest speaker, outdoor-themed film, or a slideshow presentation of backpacking and global adventure trips taken by members.

VOLUNTEERING: Are you looking to develop or utilize your knowledge and skills while making new friends and working with like-minded outdoor enthusiasts? The Foothills branch welcomes new activity and trip leaders, course content developers and instructors, writers, and event planners. The branch offers the training and mentoring support to help those interested become confident hike and backpack trip leaders. We also appreciate volunteer support with administrative tasks such as bookkeeping, publicity, website blogging, scheduling - the sometimes mundane work vital to the success of the branch.

The Foothills Branch – your Eastside community of outdoor friends & recreationists.

TACOMA

Chair: Jim Paxinos,
jim.paxinos@tacomamountaineers.org

Website: www.tacomamountaineers.org

The second largest of all seven branches, Tacoma maintains not only its own program center in the Old Town neighborhood of Tacoma, but a property close to Mt. Rainier, the Irish

Cabin on the Carbon River. Tacoma Branch offers an extensive list of activities and courses, including backpacking, hiking, conservation, scrambling, climbing, first aid, snowshoeing, skiing, sea kayaking, sailing, bicycling, singles events, wilderness navigation, avalanche awareness, folk dancing, photography and family activities.

Learn more about us by visiting our branch website to view our activities, our events

calendar and other offerings.

MEET THE TACOMA MOUNTAINEERS: Tacoma Branch holds a free meeting on the third Friday of every month (except June-August and December) to introduce prospective and new members to the branch. The meeting starts at 7pm with a presentation about The Mountaineers, followed by an interlude to talk with various activity reps (hiking, climbing, sea kayaking to name a few of the 22 activities).

OLYMPIA

Chair: Brian List, balancingdogs@gmail.com

Website: www.olympiamountaineers.org

Meet the Mountaineers, Potluck and Adventure Speaker series on first Wednesdays from September through May, excluding November, at the Friends Meeting Hall at 3201 Boston Harbor Rd. NE. The potluck meal begins at 6 p.m. Bring a dish to share and your own plate and flatware. The adventure presentation begins at 7 p.m. Contact Carolyn Burreson at cbburreson@q.com.

APRIL 6 ADVENTURE PRESENTATION: Marilyn and Craig Costello will talk about their journey along the Camino de Santiago, across northern Spain. In April of 2013, Marilyn and Craig began their first Camino de Santiago walk in Burgos, Spain, completing 2/3 of the trail. Feeling incomplete but more confident, they returned the following spring and walked from the Pyrenees Mountains to Burgos. Their walk

has remained an important, even transformative experience for them. Marilyn and Craig will describe how the Camino can be adapted to fit time, physical, and budgetary constraints.

MAY 4 ADVENTURE PRESENTATION: Dixie Havlak, R.D., will lead a backcountry foods workshop. Come and learn how to convert your favorite meals into a lightweight, non-perishable, and tasty backcountry dish suitable for backpacking, canoe, kayak, or bicycle camping. Learn which foods are most appropriate for your style: no-cooking, hot water only, or creative cooking. Taste test dehydrated and freeze-dried foods, and see demonstrations of backcountry baking, meal preparation, and dealing with dishwashing, cooking equipment, and bear canisters. Participants joining the potluck are encouraged to bring their favorite backcountry meals to share.

NATIONAL TRAILS DAY - JUNE 4: Trail Maintenance in the Olympic National Forest on the Wynoochee Lakeshore Trail Head to the southern Olympics and assist the Olympia

Branch Trail Crew with maintenance of the Wynoochee Lake Shore Trail - a 16-mile loop trail skirts the Wynoochee Lake and travels two miles up the Wynoochee River, affording views of waterfalls and ancient forests.

Interested participants must contact trip leader Jim French: jimfrenchwa@comcast.net.

THE BRANCH OFFICERS meet the second Wednesday of the month at 6 p.m. at the Olympia Center, 222 Columbia St NW. The next meetings are January 13 and February 10. Members are encouraged to attend. Contact Brian List at balancingdogs@gmail.com.

BRANCH LIBRARY: Contact maxine at 360-786-6512 (8am to 8pm) or maxdunk@comcast.net if you'd like to come by to browse, check out or return materials, or request items for pickup at the monthly potluck. GearX on 4th Avenue has a drop box. The catalog is listed on the branch website. Bear resistant containers are also available.



Ready for Adventure?

The Go Guide offers **just a sampling** of the thousands of Mountaineers trips, outings and events each year. Please go online to www.mountaineers.org to gain a fully-detailed view of all up-to-the-minute listings. Many of our activities - especially day hikes and urban adventures - are open to the general public who sign up as guests, as an introduction to Mountaineers activities.

If you are looking for camaraderie with a particular branch of The Mountaineers, check out the color-designated abbreviations at the end of each listing: **BEL** = Bellingham, **EVT** = Everett, **FH** = Foothills, **KIT** = Kitsap, **OLY** = Olympia, **SEA** = Seattle, **TAC** = Tacoma. **SIGN UP** for the trip or event of your choice online, and remember that you may register for an event or course in any branch, regardless of the one you belong to.

note: Events and trips require registration unless otherwise noted. You will also need a current waiver on file with The Mountaineers to participate. Following are guides and keys to interpreting the trip listings.

Mountaineers Ten Essential System

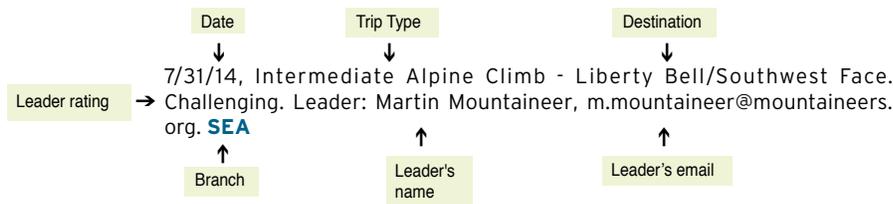
required on all Mountaineers trips:

1. Navigation
2. Sun protection
3. Insulation
4. Illumination
5. First aid supplies
6. Fire starter
7. Repair kit and tools
8. Nutrition (extra food)
9. Hydration (extra water)
10. Emergency shelter

List of potential abbreviations:

CG—Campground	E, W, N, S—East . . .
USGS—US Geological Survey	GT—Green Trails
Hwy—Highway	I—Interstate
ITC—Issaquah Trail Cntr	Jct—Junction
MRNP—Mt. Rainier	NP—National Park
NWFP—NW Forest Pass (fee)	mi—miles
FS—Forest Service	P&R—Park and Ride
Rd—Road	RS—Ranger Station
RT—Round Trip	SP—State Park
SR—State Route	TH—Tralhead

ACTIVITY LISTING KEY



COURSE LISTING KEY



How to use the Go Guide:

We use the same category names online, so if you find an activity or course you would like to sign up for, just go to our website and click on the *Explore* or *Learn* tab. You can then filter your search by category (for example, *Day Hiking*). We've recently updated our privacy guidelines, and are no longer listing the volunteer leaders' phone numbers in this public format, unless requested.

Quarterly Update

We recently switched to a quarterly publication - with winter, spring, summer and fall issues. We started this in January, with each issue covering three months. Based on feedback from course leaders, we will adjust the schedule to better accommodate course dates starting next winter, in time to advertise spring courses (the next winter issue will start in December).

If you have any suggestions, questions or feedback, please send an email to Suzanne Gerber, publications manager, at suzanne@mountaineers.org.

activities

Below is a sampling of The Mountaineers activities. To see the full listing, go to www.mountaineers.org.

backpacking

4/29/16-5/1/16, Backpack - Olympic Coast North: The Shipwreck Coast (Moderate) Leader: Deborah Fisher, gearsnbearings@gmail.com. **FH**

5/7/16-5/9/16, Backpack - Second Beach (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

5/14/16-5/15/16, Backpack - Ancient Lake (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/4/16-6/6/16, Backpack - Third Beach (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/10/16-6/12/16, Backpack - Ozette Triangle (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/23/16-6/26/16, Backpack - Devils Dome/Jackita Ridge (Challenging) Leader: Deborah Fisher, gearsnbearings@gmail.com. **FH**

5/21/16-5/22/16, Backpack - Thunder Creek (For Beginners (Getting Started Series)) Leader: Deborah Fisher, gearsnbearings@gmail.com. **FH**

climbing

4/1/16, Basic Alpine Climb - The Tooth/South Face (For Beginners (Getting Started Series)) Leader: Tim Nagle, climb.tim@gmail.com. **OLY**

4/2/16, Intermediate Alpine Climb - Mount Harvey/North Ramp (British Columbia) (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

4/2/16-4/3/16, Crag Rock Climb - Leavenworth (Challenging) Leader: Stephen McKim, stephen2337@msn.com. **SEA**

4/2/16, Crag Rock Climb - Vantage (Frenchman Coulee) (Moderate) Leader: Ian Dickson, ipd@yellowleaf.org. **SEA**

4/8/16-4/10/16, Basic Alpine Climb - Mount Rainier/Disappointment Cleaver (Challenging) Leader: Jerome Velosky, climb@velosky.net. **SEA**

4/9/16-4/10/16, Intermediate Alpine Climb - Mount Rainier/Gibraltar Ledges (Moderate) Leader: Vlad Krupin, vlad@krupin.net. **SEA**

4/9/16-4/10/16, Intermediate Alpine Climb - Mount Hood/Sandy Glacier Headwall (For Beginners (Getting Started Series)) Leader: Stephen Bobick, sbobick2@gmail.com. **EVT**

4/10/16, Intermediate Alpine Climb - Mount Hood/Reid Headwall (Challenging) Leader: Stephen Sugiyama, sss@qahill.com. **SEA**

4/21/16-4/25/16, Crag Rock Climb - Red Rock Canyon National Conservation Area, Nevada (Moderate) Leader: Loni Uchytil, loniuchytil@msn.com. **SEA**

4/30/16-5/1/16, Basic Alpine Climb - Mount Ellinor (winter) (Moderate) Leader: Jerome Velosky, climb@velosky.net. **SEA**

4/30/16, Crag Rock Climb - Teton River: Royal Columns (Moderate) Leader: Ian Dickson, ipd@yellowleaf.org. **SEA**

5/7/16-5/8/16, Intermediate Alpine Climb - Mount Rainier/Fuhrer Finger (Challenging) Leader: Takeo Kuraishi, takeo.kuraishi@gmail.com. **SEA**

5/8/16, Basic Alpine Climb - Yellowjacket Tower/East Flank (Challenging) Leader: Martin Babare, mbabare@nventure.com. **TAC**

5/9/16, Intermediate Alpine Climb - Snow Creek Wall (Challenging) Leader: Martin Babare, mbabare@nventure.com. **TAC**

5/13/16, Basic Alpine Climb - Whitehorse Mountain/Northwest Shoulder (Challenging) Leader: Sarah Holt, sarah.hlt@gmail.com. **TAC**

5/14/16-5/15/16, Intermediate Alpine Climb - Colchuck Peak/North Buttress Couloir (Moderate) Leader: Jerome Velosky, climb@velosky.net. **SEA**

5/14/16, Basic Alpine Climb - South Early Winter Spire/South Ar_te (Easy) Leader: John Bell, jbellclimber@yahoo.com. **SEA**

5/14/16, Basic Alpine Climb - Whitehorse Mountain/Northwest Shoulder (For Beginners (Getting Started Series)) Leader: Ian Lauder, ian@cyber-sea.com. **EVT**

5/14/16, Basic Alpine Climb - Colchuck Peak & Dragontail Peak (Challenging) Leader: Jeffrey Wirtz, jrwirtz73@gmail.com. **TAC**

5/16/16, Basic Alpine Climb - The Tooth/South Face (For Beginners (Getting Started Series)) Leader: Jill Uthoff, jilluthoff@gmail.com. **TAC**

5/19/16-5/22/16, Glacier Climb - Mount Rainier/Disappointment Cleaver (Challenging) Leader: Scott Schissel, scott.schissel@yahoo.com. **TAC**

5/20/16-5/22/16, Glacier Climb - Little Tahoma/East Shoulder (Challenging) Leader: Suzy Diesen, sdiessen@wavecable.com. **KIT**

5/21/16-5/22/16, Intermediate Alpine Climb - Mount Stuart/West Ridge (Challenging) Leader: Rob Busack, rob.busack@gmail.com. **SEA**

5/21/16, Basic Alpine Climb - Colfax Peak (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

5/21/16, Glacier Climb - Mount Hood/South Side (Palmer Glacier) (Moderate) Leader: Nick Wilson, npwilson@live.com. **TAC**

5/21/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Wes Cooper, wcooper06@yahoo.com. **SEA**

5/21/16-5/22/16, Basic Alpine Climb - Whitehorse Mountain/Northwest Shoulder (For Beginners (Getting Started Series))

Leader: Lisa Loper, thelopers@comcast.net. **EVT**

5/22/16, Basic Alpine Climb - Yellowjacket Tower/East Flank (For Beginners (Getting Started Series)) Leader: Ralph Wessels, ralphwessels@comcast.net. **KIT**

5/24/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Charles Powrie, cpowrie@centurytel.net. **SEA**

5/25/16-5/25/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Ian Dickson, ipd@yellowleaf.org. **SEA**

5/27/16-5/30/16, Glacier Climb - Mount Olympus/Blue Glacier (Moderate) Leader: Damien scott, damien.r.scott@gmail.com. **EVT**

5/27/16, Basic Alpine Climb - Dragontail Peak/Colchuck Col (Moderate) Leader: Sarah Holt, sarah.hlt@gmail.com. **TAC**

5/28/16, Basic Alpine Climb - Unicorn Peak/South Side (Moderate) Leader: Bob Keranen, keranen@hcc.net. **OLY**

5/28/16-5/30/16, Intermediate Alpine Climb - Mount Jefferson/Jefferson Park Glacier (Challenging) Leader: Curtis Stock, cstock34@msn.com. **TAC**

5/28/16-5/30/16, Intermediate Alpine Climb - The Brothers/Brothers Traverse (Challenging) Leader: Rob Busack, rob.busack@gmail.com. **SEA**

5/28/16-5/30/16, Basic Alpine Climb - Dark Peak/Dark Glacier (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. **EVT**

5/29/16-5/29/16, Glacier Climb - Sherman Peak/Squak Glacier (Mount Baker) (Moderate) Leader: Suzy Diesen, sdiessen@wavecable.com. **KIT**

5/29/16, Basic Alpine Climb - Unicorn Peak/South Side (For Beginners (Getting Started Series)) Leader: Jim Pitts, jim@pitts.org. **SEA**

5/30/16, Basic Alpine Climb - Mount Baker/Easton Glacier (Moderate) Leader: Ralph Wessels, ralphwessels@comcast.net. **KIT**

Climbing 6/1/16-6/1/16, Basic Alpine Climb - Unicorn Peak/South Side (Moderate) Leader: Jena Gilman, jena.gilman1@gmail.com. **SEA**

6/2/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Marla Molskness, marla.molskness@gmail.com. **SEA**

6/3/16, Basic Alpine Climb - South Early Winter Spire/South Ar_te (Challenging) Leader: Brett Dyson, hhiking@hotmail.com. **SEA**

6/3/16-6/5/16, Basic Alpine Climb - Luahna Peak/Piiz Glacier (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. **EVT**

6/4/16, Basic Alpine Climb - Kangaroo Temple/North Face (Challenging) Leader: Brett Dyson, hhiking@hotmail.com. **SEA**

6/4/16, Basic Alpine Climb - The Fin/



Northwest Ridge (Challenging) Leader: Brett Dyson, hhiking@hotmail.com. **SEA**

6/5/16, Basic Alpine Climb - Silver Star Mountain/Silver Star Creek (Challenging) Leader: Brett Dyson, hhiking@hotmail.com. **SEA**

6/5/16-6/7/16, Glacier Climb - Mount Baker/Easton Glacier (Challenging) Leader: Doug Sanders, dougsappley@gmail.com. **EVT**

6/5/16, Basic Alpine Climb - Unicorn Peak/South Side (Easy) Leader: John Bell, jbclimber@yahoo.com. **SEA**

6/6/16, Basic Alpine Climb - Unicorn Peak/South Side (Easy) Leader: Monica Fisk, monica.fisk@gmail.com. **TAC**

6/7/16, Basic Alpine Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Sarah Holt, sarah.hlt@gmail.com. **TAC**

6/9/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Aaron Molskness, aaron.molskness@gmail.com. **SEA**

6/10/16-6/11/16, Basic Alpine Climb - Eldorado Peak/Inspiration Glacier (For Beginners (Getting Started Series)) Leader: Lisa Loper, thelopers@comcast.net. **EVT**

6/11/16, Basic Alpine Climb - Guye Peak/South Rib (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

6/11/16-6/12/16, Basic Alpine Climb - Mount Hood/South Side (Palmer Glacier) (For Beginners (Getting Started Series)) Leader: Deling Ren, cookiejar.seattle@gmail.com. **SEA**

6/11/16-6/12/16, Glacier Climb - Silver Star Mountain/Silver Star Glacier (For Beginners (Getting Started Series)) Leader: Ian Lauder, ian@cyber-sea.com. **EVT**

6/11/16-6/12/16, Glacier Climb - Mount Daniel/Lynch Glacier (Moderate) Leader: Joe Petersen, jspeter@gmail.com. **TAC**

6/11/16, Intermediate Alpine Climb - Mount Thompson/West Ridge (Moderate) Leader: Monica Fisk, monica.fisk@gmail.com. **TAC**

6/11/16-6/12/16, Basic Alpine Climb - Sloan Peak/Corkscrew Route (Moderate) Leader: James Gawel, jimedgawel@gmail.com. **TAC**

6/11/16-6/12/16, Intermediate Alpine Climb - Dragontail Peak - Serpentine Arete (Challenging) Leader: Steve Yi, steven.yi@gmail.com. **SEA**

6/11/16-6/12/16, Basic Alpine Climb - Mount Baker/Easton Glacier (Moderate) Leader: John Bell, jbclimber@yahoo.com. **SEA**

6/11/16, Basic Alpine Climb - Unicorn Peak/South Side (Moderate) Leader: Timothy Williams, mountaineertimmy@gmail.com. **SEA**

6/12/16, Basic Alpine Climb - Unicorn Peak/South Side (For Beginners (Getting Started Series)) Leader: Ralph Wessels, ralphwessels@comcast.net. **KIT**

6/16/16-6/17/16, Basic Alpine Climb - Little Tahoma/East Shoulder (Challenging) Leader: Troy Mason, troy.mason@tacomamountaineers.org. **TAC**

6/16/16, Glacier Climb - Mount Rainier/

Emmons Glacier (Challenging) Leader: Suzy Diesen, sdiesen@wavecable.com. **KIT**

6/16/16-6/21/16, Basic Alpine Climb - Dome Peak/Dome Glacier (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. **EVT**

6/17/16-6/19/16, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (For Beginners (Getting Started Series)) Leader: Ian Lauder, ian@cyber-sea.com. **EVT**

6/18/16, Basic Alpine Climb - Kangaroo Temple/North Face (Easy) Leader: Rob Busack, rob.busack@gmail.com. Seattle

Climbing 6/18/16-6/19/16, Basic Alpine Climb - Little Tahoma/East Shoulder (Moderate) Leader: Tim Helton, timh948@gmail.com. **TAC**

6/18/16, Basic Alpine Climb - Pinnacle Peak/South Route & The Castle/East Route (Moderate) Leader: James Gates, jimgates@korsmo.com. **TAC**

Climbing 6/19/16-6/19/16, Intermediate Alpine Climb - Le Petit Cheval/Spontaneity Ar_te (Moderate) Leader: Rob Busack, rob.busack@gmail.com. **SEA**

6/19/16, Basic Alpine Climb - Unicorn Peak/South Side (Moderate) Leader: Wes Cooper, wcooper06@yahoo.com. **SEA**

6/20/16, Basic Alpine Climb - Unicorn Peak/South Side (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

6/21/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Nick Howard, nickjhoward@hotmail.com. **SEA**

6/23/16-6/24/16, Glacier Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Scott Shafer, sashafer@gmail.com. **SEA**

6/24/16, Basic Alpine Climb - South Early Winter Spire/South Ar_te (For Beginners (Getting Started Series)) Leader: Jim Pitts, jim@pitts.org. **SEA**

6/24/16, Intermediate Alpine Climb - Ingalls Peak/East Ridge (For Beginners (Getting Started Series)) Leader: Ian Dickson, ipd@yellowleaf.org. **SEA**

6/25/16-6/26/16, Intermediate Alpine Climb - Mount Matier/Northwest Face (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

6/25/16-6/26/16, Basic Alpine Climb - Eldorado Peak/Inspiration Glacier (Moderate) Leader: John Rollins, john.rollins0313@gmail.com. **SEA**

6/25/16-6/27/16, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Moderate) Leader: Carolyn Graham, graham.carolyn@gmail.com. **SEA**

6/25/16-6/26/16, Basic Alpine Climb - Mount Daniel/Lynch Glacier (Moderate) Leader: Troy Mason, troy.mason@tacomamountaineers.org. **TAC**

6/25/16-6/26/16, Basic Alpine Climb - Mount Baker/Easton Glacier (Challenging) Leader: Wes Cooper, wcooper06@yahoo.com. **SEA**

6/25/16-6/26/16, Glacier Climb - Little Tahoma/East Shoulder (Moderate) Leader: James Gates, jimgates@korsmo.com. **TAC**

6/25/16-6/26/16, Basic Alpine Climb - Mount Shuksan/Sulphide Glacier (Challenging) Leader: Michael Raymond, mikeraymond55@gmail.com. **KIT**

6/26/16, Basic Alpine Climb - Ingalls Peak/South Ridge (Easy) Leader: John Bell, jbclimber@yahoo.com. **SEA**

6/28/16, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

6/30/16-7/3/16, Glacier Climb - Snowfield Peak/Neve Glacier (For Beginners (Getting Started Series)) Leader: Jon Ewen, jon.ewen@gmail.com. **OLY**

4/30/16-5/1/16, Intermediate Alpine Climb - Mount Constance/North Chute (Challenging) Leader: Chase Gruszewski, cwgruszewski@gmail.com. **KIT**

5/14/16-5/15/16, Crag Rock Climb - Leavenworth (Moderate) Leader: Ed Palushock, ed.palushock@yahoo.com. **SEA**

5/21/16-5/22/16, Basic Alpine Climb - The Brothers/South Couloir (Easy) Leader: John Bell, jbclimber@yahoo.com. **SEA**

5/28/16, Basic Alpine Climb - Colchuck Peak/East Route (Challenging) Leader: Marla Molskness, marla.molskness@gmail.com. **SEA**

5/29/16, Basic Alpine Climb - Colchuck Peak/East Route (Moderate) Leader: Bonnie Betts, bonbetts@msn.com. **OLY**

6/4/16-6/5/16, Glacier Climb - Mount Baker/Coleman Glacier (Easy) Leader: Linda Anderson-Carnahan, lacdwc@aol.com. **KIT**

day hiking

4/3/16, Day Hike - Mount Walker (Moderate) Leader: Debbie Straub, dbwave@comcast.net. **KIT**

4/6/16, Day Hike - Wagonwheel Lake and Silver Snag Hill (Moderate) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

4/10/16, Day Hike - Dungeness Spit (Moderate) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

4/13/16, Day Hike - Rattlesnake Ledge (Moderate) Leader: Barbara Folmer, barbara.folmer@gmail.com. **FH**

4/14/16, Day Hike - Des Moines Creek Park (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

4/19/16, Day Hike - Soos Creek Trail to Lake Meridian Park (Moderate) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

4/20/16, Day Hike - Wagonwheel Lake and Silver Snag Hill (Moderate) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

4/21/16, Day Hike - Ancient Lake (Moderate) Leader: Sharon Potter, sdietrich17@live.com. **SEA**

4/23/16, Day Hike - Lake of the Angels (Challenging) Leader: Janette Zumbo, janettezumbo@gmail.com. **OLY**

4/24/16, Day Hike - Cape Flattery Leader: Vern Brown, hohfern@gmail.com. **KIT**

4/27/16, Day Hike - Little Si (Moderate) Leader: Barbara Folmer, barbara.folmer@gmail.com. **FH**

4/27/16, Day Hike - Wagonwheel Lake and Silver Snag Hill (Moderate) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

4/28/16, Day Hike - Lake Wilderness Park (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

4/30/16, Day Hike - Mount Rose (Challenging) Leader: Nancy Lloyd, nanlloy@gmail.com. **OLY**

5/3/16, Day Hike - White River Trail (Moderate) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

5/7/16, Day Hike - Lower Skokomish River (For Beginners (Getting Started Series)) Leader: Dee Ann Kline, deeannk3@gmail.com. **OLY**

5/8/16, Day Hike - Mount Walker (Moderate) Leader: Debbie Straub, dbwave@comcast.net. **KIT**

5/11/16, Day Hike - Annette Lake (Moderate) Leader: Barbara Folmer, barbara.folmer@gmail.com. **FH**

5/12/16, Day Hike - Skookum Flats & Falls (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

5/15/16, Day Hike - Big Creek Loop (Lake Cushman) (For Beginners (Getting Started Series)) Leader: Michael Silverstein, rhody1171@comcast.net. **OLY**

5/17/16, Day Hike - English Camp, Bell Point & Young Hill (Moderate) Leader: Julie Miller, miller.jz@comcast.net. **SEA**

5/17/16, Day Hike - Cougar Mountain Loop (Moderate) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

5/18/16, Day Hike - American Camp, Mount Finlayson & Cattle Point (Moderate) Leader: Kathy Biever, eskay39@comcast.net. **SEA**

5/20/16, Day Hike - McDonald Mountain (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. **FH**

5/22/16, Day Hike - Lower Skokomish River (For Beginners (Getting Started Series)) Leader: Mike Kretzler, mkretzler@comcast.net. **OLY**

5/22/16, Day Hike - Lower Skokomish River (For Beginners (Getting Started Series)) Leader: Donna Kreuger, dkreugerhikes@gmail.com. **OLY**

5/24/16, Day Hike - Squak Mountain Loop (Moderate) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

5/29/16, Day Hike - Dry Creek Trail (Cushman area) (For Beginners (Getting Started Series)) Leader: Donald Miller, scubadonnie@comcast.net. **OLY**

5/30/16, Day Hike - Rattlesnake Mountain (West) (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. **FH**

6/4/16, Day Hike - Lower Skokomish River (For Beginners (Getting Started Series)) Leader: Donna Kreuger, dkreugerhikes@gmail.com. **OLY**

6/4/16, Day Hike - Mount Walker (Challenging) Leader: Debbie Straub, dbwave@comcast.net. **KIT**

6/7/16, Day Hike - Stans Overlook (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/12/16, Day Hike - Upper South Fork Skokomish River (For Beginners (Getting Started Series)) Leader: Dixie Havlak, havlakrd@comcast.net. **OLY**

6/16/16, Day Hike - Rattlesnake Ledge (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/18/16, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Curt Rosler, rosler6419@comcast.net. **OLY**

6/19/16, Day Hike - Mount Zion (Easy) Leader: Dee Ann Kline, deeannk3@gmail.com. **OLY**

6/19/16, Day Hike - Annette Lake (Moderate) Leader: Bob Pankl, pankl@earthlink.net. **SEA**

6/20/16, Day Hike - Talapus & Olallie Lakes (Easy) Leader: Dick Hayek, richardhayek@aol.com. **TAC**

6/26/16, Day Hike - Summit Lake (For Beginners (Getting Started Series)) Leader: Michael Silverstein, rhody1171@comcast.net. **OLY**

4/10/16, Day Hike - North Fork Sauk River (Moderate) Leader: Brian Carpenter, fleasgach@gmail.com. **SEA**

5/19/16, Urban Adventure - Shaw Island (Moderate) Leader: Kathy Biever, eskay39@comcast.net. **SEA**

photography

5/21/16, Urban Adventure - Northern State Ghost Town (Easy) Leader: Anita Elder, anita@anitaelder.com. **SEA**

6/25/16, Urban Adventure - Skagit Valley (Easy) Leader: Anita Elder, anita@anitaelder.com. **SEA**

4/15/16, Day Hike - Upper Table Rock (Oregon) (Easy) Leader: Linda Moore, abenteuerbc@yahoo.com. **SEA**

4/16/16, Day Hike - Lower Table Rock (Oregon) (Easy) Leader: Linda Moore, abenteuerbc@yahoo.com. **SEA**

4/17/16, Day Hike - Illinois River Valley Botanical Trails (Oregon) (Easy) Leader: Linda Moore, abenteuerbc@yahoo.com. **SEA**

4/18/16-4/19/16, Day Hike - Upper Illinois River Valley Waysides & Trails (Oregon) (Easy) Leader: Linda Moore, abenteuerbc@yahoo.com. **SEA**

5/21/16-5/22/16, Day Hike - Zumwalt Prairie Preserve (Oregon) (Easy) Leader: Linda Moore, abenteuerbc@yahoo.com. **SEA**

4/1/16-4/3/16, Beginner Snowshoe - Baker Lodge (For Beginners (Getting Started Series)) Leader: Richard Lawrence, richlawrence77@yahoo.com. **SEA**

6/11/16, Urban Adventure - Satsop Nuclear Plant (Easy) Leader: Anita Elder, anita@anitaelder.com. **SEA**

scrambling

4/9/16, Winter Scramble - Sourdough Mountain (winter) (Challenging) Leader: Dave Morgan, go.climbing@gmail.com. **SEA**

4/23/16, Winter Scramble - Silver Peak (winter) (Challenging) Leader: John Bell, jbc climber@yahoo.com. **SEA**

4/23/16, Alpine Scramble - Skyline Ridge (Easy) Leader: Brian Booth, bbooth626@yahoo.com. **EVT**

5/1/16, Alpine Scramble - Mount St. Helens/Worm Flows (Moderate) Leader: Craig S., craig.mountaineers@gmail.com. **SEA**

5/7/16, Alpine Scramble - Malcolm & Johnson Peaks (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. **SEA**

5/8/16, Alpine Scramble - Mount St. Helens/Worm Flows (Challenging) Leader: Nancy Lloyd, nanlloy@gmail.com. **OLY**

5/14/16, Winter Scramble - Camp Muir (winter) (Moderate) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

5/14/16, Alpine Scramble - Devil's Head (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. **SEA**

5/15/16, Alpine Scramble - Camp Muir (winter) (Challenging) Leader: Nancy Lloyd, nanlloy@gmail.com. **OLY**

5/17/16, Alpine Scramble - Kaleetan Peak/South Route (Challenging) Leader: John Gilbert, johngilbertwentclimbing@hotmail.com. **SEA**

6/4/16-6/5/16, Alpine Scramble - Hannegan Peak (For Beginners (Getting Started Series)) Leader: Suzy Diesen, sdiesen@wavecable.com. **KIT**

6/10/16-6/12/16, Alpine Scramble - Mount Adams/South Spur (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

6/11/16-6/12/16, Alpine Scramble - Three Fingers/South Peak (Challenging) Leader: Royce Poetter, roycepoetter15@gmail.com. **TAC**

6/25/16, Alpine Scramble - Meany Crest (Moderate) Leader: Bob Keranen, keranen@hcc.net. **OLY**

4/13/16, Day Hike - Wagonwheel Lake and Silver Snag Hill (Moderate) Leader: David Geeraerts, dgeeraerts@gmail.com. **OLY**

sea kayaking

4/2/16, Sea Kayak - Flowing Lake Park (Moderate) Leader: Bill Coady, coadybill@gmail.com. **EVT**

4/2/16, Sea Kayak - Stretch & Reach Islands (Moderate) Leader: Barney Bernhard, barneybernhard@gmail.com. **KIT**

4/3/16, Sea Kayak - Golden Gardens (Easy) Leader: Kay Gowan, nawogk@gmail.com. **SEA**

4/9/16, Sea Kayak - Deception Pass (Moderate) Leader: Thomas Unger, tk16@

tumtum.com. **SEA**

4/22/16, Sea Kayak - Lake Ozette (Moderate)
Leader: Vern Brown, hohfern@gmail.com.
Kitsap

4/23/16-4/24/16, Sea Kayak - Lake Ozette
(Moderate) Leader: Don Rice, drice@olympen.com. **SEA**

4/30/16, Sea Kayak - American Lake (Easy)
Leader: Alison Reinbold, areinbold@comcast.net. Tacoma

5/1/16, Sea Kayak - Golden Gardens (Easy)
Leader: Kay Gowan, nawogk@gmail.com.
SEA

5/14/16, Sea Kayak - Deception Pass
(Moderate) Leader: Thomas Unger, tk16@tumtum.com. **SEA**

5/27/16-5/31/16, Sea Kayak - Northern San Juan Islands (Moderate) Leader: Thomas Unger, tk16@tumtum.com. **SEA**

Sea Kayaking 6/2/16-6/5/16, Sea Kayak - San Juan Islands Circumnavigation (Challenging)
Leader: Will Greenough, kayakwill@yahoo.com. **OLY**

com. **OLY**

6/5/16, Sea Kayak - Golden Gardens (Easy)
Leader: Kay Gowan, nawogk@gmail.com.
SEA

ski/snowboard

4/2/16-4/3/16, Backcountry Ski/Snowboard - Jove Peak (Challenging) Leader: Doug Smart, d.j.smart.seattle@gmail.com. **SEA**

4/16/16, Backcountry Ski/Snowboard - Snoqualmie Mountain (Challenging) Leader: Doug Smart, d.j.smart.seattle@gmail.com. **SEA**

5/1/16, Backcountry Ski/Snowboard - Paradise Glacier (Moderate) Leader: Chuck Cerveney, nsp243981@gmail.com. **FH**

5/6/16, Backcountry Ski/Snowboard - Alpentel Ski Area (Moderate) Leader: Chuck Cerveney, nsp243981@gmail.com. **FH**

5/14/16-5/15/16, Backcountry Ski/Snowboard - Ingalls Peak Bowls (Moderate) Leader: Doug

Smart, d.j.smart.seattle@gmail.com. **SEA**

snowshoeing

4/2/16, Intermediate Snowshoe - Hurricane Hill (winter) (Moderate) Leader: Brian Carpenter, fleasgach@gmail.com. **SEA**

stewardship

4/23/16, Stewardship - Duk Point (Moderate)
Leader: Vern Brown, hohfern@gmail.com.
KIT

trail running

4/16/16, Trail Run - Green Mountain: Gold Creek Trail (Challenging) Leader: Mark Thibault, mark.a.thibault@gmail.com. **KIT**

This is just a sampling. For more, go to mountaineers.org and click on the Explore tab.

RIP Singles Committee

by Eldon Ball, Bob Pankl and Jerry Wheeler

The Seattle Branch Singles Committee, due to diminishing membership, has gone into hibernation. The committee began life as the "Swingles" in 1971. Over time it developed a rich menu of activities.

These included hikes, snowshoe trips and backpacking outings. Over

a number of years, the committee sponsored weekends at Environmental Learning Centers and Mountaineers lodges. The lodges were used as a base for weekends of hikes. Flush toilets, showers, a dry place to sleep, and hot meals were a big draw. We had a large variety of social activities including dances, 'Games Nite,' inline skating, potluck dinners, sing-a-longs, tennis, and volleyball (indoor & out for both).

These activities demand work to

organize and carry out and it became increasingly difficult to attract a younger crowd. Some of the other committees did some of what Singles did, so some of the leaders went to other committees. Those of us left became inevitably older and older, dropping out one by one.

The committee, primarily for single adults, needed a transfusion or rejuvenation. Its rebirth awaits people with new ideas and younger blood.

courses

Below is just a sampling of courses offered. See www.mountaineers.org for complete and up-to-date listings.

backpacking

4/7/16. Lightweight Hiking and Backpacking Seminar - 2016 - 7-9PM, Seattle Mountaineers Program Center. This course teaches the principles, strategies and product knowledge of lightweight backpacking and hiking to fit your personal goals, style, needs and trip conditions. Members: \$25. Contact: Lawrence Landauer, lawrenceglennlandauer@yahoo.com. **FH**

4/9/16. Beginning Backpacking Course - Seattle - 2016 - This one-day course is for those who are interested in backpacking, but haven't tried it; or for those who've tried it a couple of times and are looking to improve their knowledge. Members: \$50, Non-members: \$55. Contact: Todd Mitchell, toddbackpack@gmail.com. **SEA**

4/13/16. Lightweight Hiking and Backpacking Seminar - 2016 - 6:30-9PM, Bellevue Public Library Room 1, 1111 110th Ave NE, Bellevue, WA. This course teaches the principles, strategies

and product knowledge of lightweight backpacking and hiking to fit your personal goals, style, needs and trip conditions. Members: \$25. Contact: Lawrence Landauer, lawrenceglennlandauer@yahoo.com. **FH**

4/27/16. Light weight Backpack Food Planning and Preparation - 2016 - 6:30-9PM, Issaquah Kiwanis Club Gibson Hall, 105 Newport Way SW; Issaquah, WA. This class is for new backpackers and experienced ones who would like new ideas and methods to plan and purchase or prepare tasty, satisfying and healthy backpack menus to fuel their trip at the lowest pack weight. Members: \$30. Contact: Cheryl Talbert, cascadehiker@earthlink.net. **FH**

5/10/16-5/14/16. Backpacking - Olympia (previously called Wilderness Skills 2) Members: \$60, Non-members: \$90. Contact: Jim French, jimfrenchwa@comcast.net. **OLY**

5/11/16. Light weight Backpack Food Planning and Preparation - 2016 - 6:30-9PM, Seattle Mountaineers Program Center. This class

is for new backpackers and experienced ones who would like to plan and purchase or prepare tasty satisfying backpack menus to fuel your trip at the lowest pack weight. Members: \$30. Contact: Cheryl Talbert, cascadehiker@earthlink.net. **FH**

climbing

4/1/16-4/23/16. Introduction to Rock Climbing Course - Seattle - 2016 - Introduction to Rock Climbing Course - Seattle Members: \$140, Non-members: \$175. Contact: Sam Wilson, sam.wilson@gmail.com. **SEA**

4/1/16-6/10/16. Intermediate Leading On Rock - Everett - 2016 - The leading on rock portion of the the Everett Intermediate Climbing class. Members: \$400, Non-members: \$500. Contact: Stephen Bobick, sbobick2@gmail.com. **EVT**

4/2/16-6/25/16. Beyond Basic Rock Seminar - Olympia - 2016 - This Module is designed to teach rock climbing skills that will enable you

to climb safely in the back country. Members: \$90, Non-members: \$300. Contact: Doug Souliere, doug@gcprint.com. **OLY**

4/9/16-4/10/16. Introduction to Aid Climbing Seminar - Seattle - 2016. Members: \$120, Non-members: \$150. Contact: Stephen McKim, stephen2337@msn.com. **SEA**

4/23/16-5/21/16. Basic Climbing Refresher - Seattle - 2016 - Basic Climbing Refresher allows Basic graduates from previous years the opportunity to review and practice rock and snow skills. Members: \$75, Non-members: \$100. Contact: David Shema david.shema@gmail.com. **SEA**

6/8/16-8/31/16. Intermediate Glacier Climbing - Everett - 2016 - Intermediate Glacier Climbing - Everett Members: \$300, Non-members: \$400. Contact: Ian Lauder, ian@cyber-sea.com. **EVT**

6/8/16-10/1/16. Alpine Rock Course - Seattle - 2016 - Alpine Rock Course Members: \$160, Non-members: \$200. Contact: Christopher Dessert, christopher.dessert@gmail.com. **SEA**

6/8/16-10/1/16. Alpine Rock Course - Seattle - 2016 - Alpine Rock Course Members: \$160, Non-members: \$200. Contact: Jim Nelson, jim@promountainsports.com. **SEA**

6/18/16-6/26/16. Intense Basic Alpine Climbing Course - Seattle - 2016 - Learn to become a competent climbing partners on technical rock, snow, and glacier climbs in the Pacific Northwest and beyond in this compressed, 9 day course. Members: \$1300, Non-members: \$1400. Contact: John Ohlson, john-ohlson@comcast.net. **SEA**

7/15/16-1/29/17. Introduction to Alpine Ice and Winter/Mixed - Everett - 2016-2017 - Intermediate Alpine Ice and Winter/Mixed 2016-17 Members: \$300, Non-members: \$400. Contact: Adam Clark, aclark20@gmail.com. **EVT**

9/8/16-9/24/16. Self Rescue I - Everett - 2016 - Self Rescue I - Rescue of Follower & Leader on Rock - Everett Members: \$100, Non-members: \$150. Contact: Pie Schwegler, jon.schwegler@outlook.com. **EVT**

day hiking

4/12/16-12/31/16. Conditioning Hiking Series - Olympia - 2016 - This course offers participants the chance to develop their fitness capabilities and hike with many of the same people throughout the duration of the course and reach new distance and elevation goals. Beginning in the spring, the course provides a structure of increasing challenges through hikes that are scheduled to bring you to new heights and discover new places as you gain fitness. Members: \$55. Contact: Donna Kreuger, dkreugerhikes@gmail.com. **OLY**

4/20/16-4/20/16. Conditioning for Hiking and Backpacking - Level I - Foothills - 2016 - Learn exercises to strengthen major muscles used during hikes. Gain mobility, stability, and strength to hike with ease and help prevent unnecessary falls and injuries this hiking season. Members: \$30, Non-members:

\$40. Contact: Cheryl Talbert, cascadehiker@earthlink.net. **FH**

4/23/16-4/30/16. Wilderness Skills (Spring Course) Olympia - 2016 - The Wilderness Skills course spans two consecutive Saturdays with extensive hands-on activities and learning inside, outside and on the trail. Members: \$30, Non-members: \$60. Contact: Chris Sullivan, christopherjonsullivan@gmail.com. **OLY**

5/25/16. Conditioning for Hiking and Backpacking - Level II - Foothills - 2016 - This course builds on Conditioning for Hiking and Backpacking Level I, further strengthening major muscles used during hiking and backpacking. The goal of this course is to gain mobility, stability, and the strength needed to hike and backpack with ease while helping to prevent injuries. Members: \$30, Non-members: \$40. Contact: Cheryl Talbert, cascadehiker@earthlink.net. **FH**

Exploring Nature 4/13/16-9/20/16. Introduction to the Natural World Course - Seattle - 2016 - An introductory course for the outdoors person interested in learning more about the natural world they are exploring. This course is recommended for those 18 and older. Members: \$105, Non-members: \$160. Contact: Jeffrey Nystuen, jeff.nystuen@gmail.com. **SEA**

exploring nature

6/8/16-6/18/16. Butterfly and Moth Workshop - Seattle - 2016 - We will learn about butterfly identification, diversity, anatomy, phenology and the role of butterflies in the environment through lectures and field trips Members: \$20, Non-members: \$30. Contact: David Droppers, lycaenid@gmail.com. **SEA**

first aid

4/18/16. Trail Emergency Preparedness for Hikers and Backpackers - 2016 - 6:30-9pm, Redmond Public Library room 1, 15990 NE 85th St. This evening seminar gives students basic skills and information to handle the most common emergency and first-aid situations encountered on trails. Members: \$30. Contact: Alex Spickard, aspickard@gmail.com. **FH**

4/18/16. Trail Emergency Preparedness for Hikers and Backpackers - 2016 - 6:30-9pm, Redmond Public Library room 1, 15990 NE 85th St, Redmond, WA 98052. This evening seminar gives students basic skills and information to handle the most common emergency and first-aid situations encountered on trails. Members: \$30, Non-members: \$0. Contact: Barbara Folmer, barbara.folmer@gmail.com. **FH**

4/30/16-5/9/16. Wilderness First Aid (WFA) - For Leaders Only - Foothills - 2016 - Issaquah Kiwanis Hall. REDUCED PRICE SESSION FOR ACTIVE FOOTHILLS BRANCH ACTIVITY LEADERS AND INSTRUCTORS ONLY! Contact the course leader to find out if you qualify. The Wilderness First Aid course (formerly MOFA or AFA) is a 16-hour program plus a scenario practice session, and provides participants with a nationally recognized certification for basic backcountry first aid and emergency

response. Members: \$150. Contact: Barbara Folmer, barbara.folmer@gmail.com. **FH**

4/30/16-5/9/16. Wilderness First Aid (WFA) - Foothills - 2016 - Issaquah Kiwanis Hall. The Wilderness First Aid course (formerly MOFA or AFA) is a 16 hour program plus a scenario practice session, and provides participants with a nationally recognized certification for basic backcountry first aid and emergency response. Members: \$185, Non-members: \$200. Contact: Barbara Folmer, barbara.folmer@gmail.com. **FH**

5/4/16. Trail Emergency Preparedness for Hikers and Backpackers - 2016 - 6:30-9pm, an east-side library. This evening seminar gives students basic skills and information to handle the most common emergency and first-aid situations encountered on trails. Members: \$30. Contact: Barbara Folmer, barbara.folmer@gmail.com. **FH**

5/14/16-10/30/16. Wilderness First Aid (WFA) - Tacoma - 2016 - Wilderness First Aid at Tacoma Program Center Members: \$190, Non-members: \$225. Contact: Sharon Carlson, sharoncarlson04@comcast.net. **TAC**

5/14/16-5/16/16. Wilderness First Aid - Tacoma - 2016 - Wilderness First Aid at Tacoma Program Center Members: \$5, Non-members: \$10. Contact: Nick Wilson, npwilson@live.com. **TAC**

5/27/16-6/5/16. Wilderness First Responder (WFR) - Spring - 2016 - Wilderness First Responder Members: \$575, Non-members: \$600. Contact: Mary Panza, makinanoise@hotmail.com. **SEA**

5/27/16-5/29/16. Wilderness First Responder Recertification - Spring - 2016 - Wilderness First Responder Recertification Members: \$275, Non-members: \$300. Contact: Andriana Fletcher, andrianaf@mountaineers.org. **SEA**

navigation

4/7/16-4/16/16. Wilderness Navigation Course Tacoma April 2016 - Wilderness Navigation Course Tacoma April 2016 Members: \$67, Non-members: \$67. Contact: Rick Finkle, rickfinkle01@gmail.com. **TAC**

4/9/16. "Staying Found" Basic Navigation for Hikers and Backpackers - Foothills - 2016 - Hands-on field training day to help hikers and backpackers become confident with tools and skills to maintain a steady awareness of where you are on the most complicated trail systems. Members: \$50, Non-members: \$60. Contact: David Coate, coateds@outlook.com. **FH**

4/12/16-4/17/16. Basic Navigation Course - Olympia - 2016 - Members: \$50, Non-members: \$60. Contact: Tom Eckhout, tom@tomshomerepair.net. **OLY**

5/3/16-5/14/16. Wilderness Navigation Course Tacoma May 2016 - Wilderness Navigation Course Tacoma May 2016 Members: \$67, Non-members: \$67. Contact: Rick Finkle, rickfinkle01@gmail.com. **TAC**

5/14/16. "Staying Found" Basic Navigation for Hikers and Backpackers - Foothills - 2016 - Hands-on field training day to help hikers and backpackers become confident with tools

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and skills to maintain a steady awareness of where you are on the most complicated trail systems. Members: \$50, Non-members: \$60. Contact: David Coate, coateds@outlook.com. **FH**

6/11/16. "Staying Found" Basic Navigation for Hikers and Backpackers - Foothills - 2016 - Hands-on field training day to help hikers and backpackers become confident with tools and skills to maintain a steady awareness of where you are on the most complicated trail systems. Members: \$50, Non-members: \$60. Contact: David Coate, coateds@outlook.com. **FH**

8/10/16-8/20/16. Wilderness Navigation Course Tacoma August 2016 - Members: \$67, Non-members: \$67. Contact: Rick Finkle, rickfinkle01@gmail.com. **TAC**

photography

5/7/16. Basic Photography Course - Seattle - 2016 - Members: \$75, Non-members: \$85. Contact: Rick Good, r_good_jr@yahoo.com. **SEA**

sailing

4/4/16-5/30/16. Basic Crewing/Sailing Course - Tacoma - 2016 - Basic Crewing/Sailing Course - Tacoma Members: \$140, Non-members: \$165. Contact: Mark Cole, boatnboot@q.com. **TAC**

5/7/16-5/22/16. Coastal Navigation for Sailors Course - Tacoma - 2016 - Coastal Navigation for Sailors Course - Tacoma Members: \$55, Non-members: \$85. Contact: Mark Cole, boatnboot@q.com. **TAC**

scrambling

5/13/16-5/15/16. Compressed Alpine Scrambling Course - Seattle - 2016 - This course covers the same curriculum of skills as the regular Scramble Course but over the span of one weekend. Members: \$400, Non-members: \$500. Contact: Jeffrey Patterson, jeffreypatterson@comcast.net. **SEA**

sea kayaking

4/9/16-4/9/16. Don Beale Paddle Carving Workshop - Kitsap - 2016 - Don Beale Paddle carving workshop Members: \$135, Non-members: \$235. Contact: Vern Brown, hohfern@gmail.com. **KIT**

4/21/16-10/31/16. Sea Kayaking Basic Course - Seattle - 2016 - Seattle Members: \$225, Non-members: \$300. Contact: Tim Bever, beverclan@gmail.com. **SEA**

4/23/16-9/30/16. Basic Sea Kayaking Course - Tacoma - 2016 - Members: \$225, Non-members: \$300. Contact: Alison Reinbold, areinbold@comcast.net. **TAC**

4/28/16-10/31/16. Basic Sea Kayaking Course - Olympia - 2016 - 2016 Basic Sea Kayaking Course - Olympia Members: \$200. Contact: Will Greenough, kayakwill@yahoo.com. **OLY**

5/28/16-5/29/16. Sea Kayak Navigation and Trip Planning - Tacoma - 2016 - Members: \$40. Contact: Michael Everett, mikeedvm@aol.com. **TAC**

6/18/16-6/18/16. Strokes and Maneuvers - Tacoma - 2016 - Members: \$40. Contact: Michael Everett, mikeedvm@aol.com. **TAC**

6/18/16-6/19/16. Coastal Kayak Surf Zone Basics - Seattle - June 2016 - Coastal Kayak Surf Zone Basics Members: \$10, Non-members: \$100. Contact: Brian High, chikakluk@yahoo.com. **SEA**

9/6/16-9/11/16. Intermediate Incident Management - Tacoma - 2016 - Intermediate Incident Management/Rescues/Towing/Eddies/Currents Members: \$100. Contact: Michael Everett, mikeedvm@aol.com. **TAC**

ski/snowboard

4/19/16-6/7/16. Glacier Skiing/Snowboarding and Crevasse Rescue - Foothills Members: \$225, Non-members: \$325. Contact: Richard Karstens, rich.karstens@gmail.com. **FH**

youth

6/27/16-7/1/16. Summer Camp - Water Week 1 - Seattle - 2016 - Kids will learn all about outdoor water activities during this week of camp! Members: \$410, Non-members: \$485. Contact: Becca Polglase, beccap@mountaineers.org. The Mountaineers

7/11/16-7/15/16. Summer Camp - Ropes and Rock Week - Seattle - 2016 - Kids will learn all about climbing activities during this week of camp! Members: \$355, Non-members: \$430. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

7/11/16-7/15/16. Kitsap Forest Adventure Camp Week 1 - 2016 - Kitsap Forest Adventure Camp - Week 1 Members: \$250, Non-members: \$300. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/11/16-7/15/16. Seattle Transportation - Kitsap Forest Adventure Camp Week 1 - 2016 - Seattle transportation (Week 1) from the Seattle ferry dock to Kitsap Forest Adventure Camp and back again. Members: \$125, Non-members: \$125. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

Youth 7/18/16-7/22/16. Summer Camp - Tacoma - Rock & Ropes Week - Junior Mountaineers Camp - Tacoma - 2016 - Rock &

Ropes Week Members: \$275, Non-members: \$320. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

7/18/16-7/22/16. Kitsap Forest Adventure Camp Week 2 - 2016 - Kitsap Forest Adventure Camp - Week 2 Members: \$250, Non-members: \$300. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/18/16-7/22/16. Summer Camp - Wind and Waves Week - Seattle - 2016 - Kids will learn all about Wind activities during this week of camp! Members: \$355, Non-members: \$430. Contact: Becca Polglase, beccap@mountaineers.org. The Mountaineers

7/18/16-7/22/16. Summer Camp - Wind and Waves Week - Seattle - 2016 - Kids will learn all about Wind activities during this week of camp! Members: \$355, Non-members: \$430. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

7/18/16-7/22/16. Seattle Transportation - Kitsap Forest Adventure Camp Week 2 - 2016 - Seattle transportation (Week 2) from the Seattle ferry dock to Kitsap Forest Adventure Camp and back again. Members: \$125, Non-members: \$125. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/25/16-7/29/16. Summer Camp - Tacoma - Survivor Week - Junior Mountaineers Summer Camp - Tacoma - 2016 - Survivor Week Members: \$275, Non-members: \$320.

Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

7/25/16-7/29/16. Summer Camp - Seattle - Wilderness Discovery Week - 2016 - Kids will learn all about Wilderness Discovery activities during this week of camp! Members: \$355, Non-members: \$430. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

8/1/16-8/5/16. Summer Camp - Seattle - Water Week 2 - 2016 - Kids will learn all about outdoor water activities during this week of camp! Members: \$410, Non-members: \$485. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

8/1/16-8/5/16. Summer Camp - Tacoma - Water Week - Summer Camp - Tacoma - Water Week Members: \$275, Non-members: \$320. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

8/8/16-8/12/16. Summer Camp - Seattle - Mountains Week - 2016 - Kids will learn all about Mountain activities during this week of camp! Members: \$355, Non-members: \$430. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

8/15/16-8/19/16. Summer Camp - Seattle - Survivor Week - 2016 - Kids will learn wilderness survival skills during this week of camp! Members: \$355, Non-members: \$430. Contact: Becca Polglase, beccap@mountaineers.org. The Mountaineers

8/15/16-8/19/16. Summer Camp - Seattle - Survivor Week - 2016 - Kids will learn wilderness survival skills during this week of camp! Members: \$355, Non-members: \$430. Contact: Josh Gannis, joshg@mountaineers.org. The Mountaineers

This is just a sampling. For complete listings and the most up-to-date courses, go to www.mountaineers.org and click on the Learn tab.

Looking for a Mountaineers Course, but don't see it listed?

Take a look at our course calendar below. We have some listed in the spring, some in the winter, and some all-year-round. If you can't find what you're looking for, it may be offered another time of the year. Also, the same course may be offered by multiple branches, so if the course for the branch closest to you is filled, or doesn't work with your schedule, keep an eye out for one offered by a nearby branch. If you already have the skills covered by one of our introductory courses and want to participate in activities that require a course, contact member services at info@mountaineers.org. You may qualify for equivalency in that course.

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Matthew Joseph Coco 1947 - 2015

Matt Coco was a member of The Mountaineers from 1971 - 2001 and is a graduate of Basic Climbing. He passed

away on October 20, 2015 in Superior, Colorado, where he spent his final years.

Matthew was an active member of The Mountaineers in the 70's and 80's. He led a number of Singles Activities and was active with the climbing and scrambling groups. He also helped writing and proofreading

for The Mountaineers' publication when it was a monthly newsletter.

He was a veteran for the US army and worked for the EPA during his time in Seattle.

He was buried at Fort Logan National Cemetery in Colorado.



Frances Dauelsberg
1942 - 2015

Fran died at home, after a brief illness, with her friend and companion, David Wachter, at her side. Fran was active and vibrant for nine years after her first treatment for cancer, continuing her zest for life and adventure. Fran was born in Portland, Ore., the middle of three siblings, to Oskar and Rose (Eickmeyer) Dauelsberg. Oskar died when Fran was three. Living with her mother, Mabel Eickmeyer, Rose raised her family, working fulltime as a bookkeeper. Travel was a family activity, with short trips to the beach and long car trips to all 48 states and most major national parks. When not traveling, Fran enjoyed softball and long bicycle rides.

Fran attended Wilson High School, Portland. She graduated from the University of Oregon in 1964 with a B.S. in Health, Physical Education and Recreation. Immediately after, she drove to Seattle.

Fran's career began in 1964 when she joined Seattle Parks and Recreation. She worked throughout the city, her last and longest post at Mountlake. She enjoyed working with families and children; planning, organizing, and managing festive events, such as Easter and Halloween, summer youth camps and youth sports. Her only complaint was about over-zealous fathers at their children's basketball games. She wanted all the kids to participate and have fun. Fran retired from Parks after 31 years.

Continuing her service to youths and families, she joined Seattle Schools working half-time, first as a classroom aide and then in the Human Resources department. She retired from Schools in 2007.

A lifelong traveler, Fran began her adult traveling immediately in 1966. An early trip was three months in Europe, where she picked up her beloved green VW Bug. She drove this classic Bug for 30 years. She made over 150 trips, visiting more than 70 countries. More than 40 of these trips were after her first treatment for cancer.

Bicycling was another of Fran's passions. She rode the first STP, completing the 200 miles in one day. She joined friends in 1976 to ride 3000 miles from Seattle to Washington, DC for the US centennial celebration. More than 20 times, she cycled overseas. These trips combined her two passions, bicycling and travel. She relished the planning of many such trips. Notable rides were Nice to Berlin, Aegean coast of Turkey, Lisbon to Granada, and the Danube from its origins in the Black Forest to Belgrade.

One of Fran's favorite ride groups was Seattle Mountaineers. She also climbed and skied with The Mountaineers and other groups. She loved to ski, downhill and cross country. Even in these past nine years, Fran was out doing double diamonds while others were cozy taking coffee breaks.

She danced international folkdance with Mountaineers, and Scandinavian dance with Skandia Folkdance Society. It was here she met David. They danced 10 years as members of Alvfotter, a Swedish performance dance group, and with Skandia for 30 years.

Early on, Fran was a scuba diver, even though she couldn't swim. A plaque with her name, and those of her team, commemorates the recovery of an antique anchor on display at Shilsole Marina.

In the recent five years, Fran hiked, usually every week, sometimes more often, with her similarly outdoor-minded friends of Trail Mix. This led to several trips: hiking in the Colorado Rockies, Corfu, Lake Stehekin, Wonderland Trail (in four segments) and a float trip through the Grand Canyon.

Auntie Franny loved her family, and they loved her. She is remembered by her brother, Lawrence (Lois) Dauelsberg, brother-in-law Dennis McMillin (sister Margaret died in 2007), nephews David (Andrea) McMillin and John (Meesook) McMillin, nieces Kristina (Aaron) Sterner, Lisa (Joseph) Lloyd, Suzanna (Andrew) Stanich, and Lori Dauelsberg, and by six grandnephews and grandnieces.

<http://funerals.coop/obituaries/frances-elizabeth-dauelsberg.html>

Do you know of a member who has passed?

Let us know so we can commemorate them. We may not otherwise find out. To submit an obituary, send us the person's full name, year of birth, a short eulogy on their life and how

they were involved with The Mountaineers. We also love to have photos when available! If you don't have all the information needed, tell us what you know, and we can try to find out more.

Contact: suzanneg@mountaineers.org or call 206-521-6013.

Gerhard Lester (Les) Harms 1931 - 2015

Les was born in Newton, Kansas; the first born of Gerhard F and Susie Harms. He was raised in the Whitewater Kansas area on the family farm and attended Star Country School. Following his graduation from Whitewater High School, Les attended Bethel College in North Newton, Kansas, completing his Biology degree in 1952. He graduated from University of Kansas

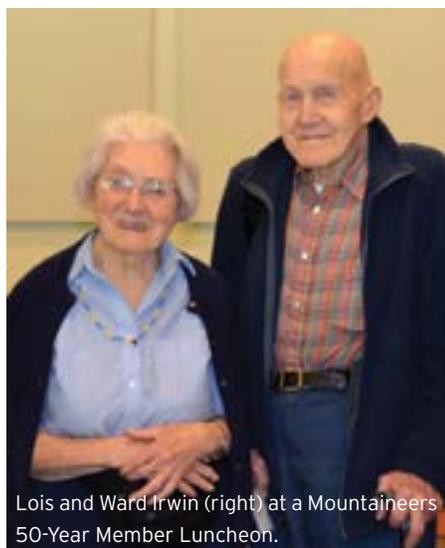
School of Medicine in 1956. His further medical training included time spent in Seattle and New York. He also served two years in the US Public Health Service. In 1964 Les began his radiology practice in Bellevue, retiring in 1993.

On June 8, 1952 Les married Lucille Franz at Menno Mennonite Church in rural Ritzville, Washington. They made their home in Bellevue from 1965 until 2015.

Les was an avid mountain climber and a longtime member of The Seattle Mountaineers. Other interests included

music, reading, computers, photography, piano, and holidays in Barbados.

Survivors include his wife Lucy Harms of Redmond; son Geoffrey Harms, MD and wife Diane of Wenatchee, WA; son Gordon Harms, MD and wife Paula of Rochester, MN; grandson Brian N Harms, MD and wife Lindsey E Harms, MD of Sacramento, CA; and grandson Michael A Harms, MD of Seattle, WA. He was also survived by his brother Paul Harms and wife Shirley of North Newton, KS and his sister Dorothy Harms Loepp of Normal, IL.



Lois and Ward Irwin (right) at a Mountaineers 50-Year Member Luncheon.

Ward Irwin 1920 - 2015

Ward Irwin joined The Mountaineers in 1949 and graduated both Basic and Intermediate climbing. He met his wife Lois on a Basic Climb and quickly discovered they had a lot in common. Between the two, they've summited Rainier eight times. The couple enjoyed skiing, canoeing and camping and went on many trips with The Mountaineers to places as far as Alaska through the 1960's.

They then started going on their own, carefully planning out their gear and food, before modern day light-weight backpacking. They would venture out in

the wilderness for weeks at a time, and visited some of the most remote parts of the Arctic National Wildlife Refuge.

Ward served on REI's board of directors from 1954 to 1956. Starting in the 1930s, Ward served as a pilot in the U.S. Army Air Corps. He worked for Boeing as an engineer for most of his working career, prior to retirement.

In 2014, Ward and Lois were honored with the "Voice of the Wild Award" award by the Alaska Wilderness League.

Ward is survived by his loving wife, Lois.

Reference: Cantwell, Brian. "Mercer Island Couple to Be Honored as Wilderness Advocates." The Seattle Times. 17 Oct. 2014.

Lucile Peake Townsend 1936 - 2015 from The Seattle Times

Lucile (Jan. 23, 1936 - Dec. 6, 2015) was born in NYC, grew up at 423 W. 118th St, graduated Birch Wathen H.S. 1954 & Oberlin College 1958, then moved west for graduate school at U.C. Berkeley. In 1960 she married a young China scholar Prof. James R. Townsend.

The 1960's were lively in Berkeley where student leaders like Mario Savio and Poly Sci 401 enthusiasts often dined at the Townsend home near campus. The family resided in Hong Kong in 1962 & 1966, watching the Cultural Revolution from the British Colony with babes in arms,

then moved to Seattle in 1968 when Jim accepted tenure at the U.W.

Lucile was a civil rights activist with Join Hands and The Coalition Against Discrimination, lobbying successfully for entry of African Americans at private clubs in Seattle. She worked to bring children of all colors to local church schools. After earning her M.S.W. (U.W.) Lucile worked 25 years as a Case Worker & Supervisor for Children's Protective Services in Rainier Valley, while raising two boys on her own in the 1970's.

Lucile served The Mountaineers as Chairperson and Trip Leader in Alpine Scrambling and Nordic Skiing (and hiked seven miles of Umtanum Creek, Kittitas Co. in May, 2015). Many Seattle Loyalists own the books "50 Best Hikes", now re-read that intro marked "The Ten Essentials"

which she helped formalize in 1972, and please pack your pocketknife, map & compass!

The voice of a teacher was strong in Lucile; she became a U.W. Instructor in 1983 and full time faculty in 1996. One student said "Lucile is like Shakespeare, at first you may blink but the wisdom rings true." And she loved her 1st Wed Book Club and Poetry Potluck finding there great friendships.

Lucile is survived by her cousin Dr. Margaret Roberts (MI), son Michael Nelson Townsend (OR), son Matthew Peake Townsend, his wife Denise and the grandkids Lewis, Ruby & Charlie.

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businessdirectory

We thank the following Mountaineers business owners for their support:

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Want to become a Mountaineers Business Member?

To find out more about increasing your small business' visibility with The Mountaineers membership and to become a supporting business member of this group, contact our Membership & Marketing Manager, Kristina Ciari, kristinac@mountaineers.org or 206-521-6023.

As in all things Mountaineers, the idea for a Business Member category was started by a dedicated volunteer and board member, Leah Schulz, who saw this as a means to strengthen support for the organization and the benefits of Mountaineers membership. To find out more about opportunities to get more involved with this group, contact Leah: leah@leahdschulz.com or 206-523-1288.

Business Members receive the following:

- Business Member Directory listing on the Mountaineers website, including link to business member's website and in the magazine
- A 25% discount on advertising in the *Mountaineer* magazine
- Business Member Directory included in new-member packets distributed to all new members
- Opportunity to publicly showcase support of Mountaineers organization

And remember: since The Mountaineers is a mission-based and volunteer-driven 501(c)(3) non-profit, your membership dues are tax-deductible.

staffupdate



photo by Bill Kotsatos

Meet our new Corporate and Foundation Relations Manager **Leone Kraus**

The Mountaineers is growing! Leone comes to the role with nearly fifteen years of professional experience in business development, marketing and communications from industries including creative agencies, publishing and education. Leone has experience in cultivating corporate and community partnerships that yield results and deliver on mission. Leone holds a Masters of Science in Communications and Public Relations from New York University and is a published writer.

Leone hails from Michigan but has spent the last fifteen years living in San Diego, San Francisco, Brooklyn, NY and now finds her home in Seattle. She enjoys snowshoeing, yoga, running, hiking, kayaking, and cross-country skiing.

Leone loves partnering with corporate and foundation partners that are interested in innovative thinking to solve problems and welcomes any and all ideas.

If you're interested in learning more about corporate philanthropic opportunities, please contact leonek@mountaineers.org.



Explore

by Steve Scher

Mountain Workshop - Brettler Place - courtesy of The Mountaineers Youth Program

My cousin just got back from Actun Tunichil Muknal - The ATM Cave, the network of caves in Belize. These caverns were Mayan burial sites. They are sacred places, now open to commerce. The stories of the people who used this enormous natural wonder are mostly lost to us.

Tourists have to swim into the cave. At a few places, where the water rises to the roof, a visitor dives, twisting and turning through very dark, very narrow passageways, chests on fire for lack of air.

Who first took that frightening plunge?

Explore, by its very definition, means to set out with no knowledge of what lies ahead.

All an explorer can do is take a deep breath and jump in.

But we can't explore the outside world unless we seek the strength inside ourselves. Call it faith or spirit or will. Give it any name that comforts you against the fear of the dangers of the unknown.

Our nation feels like it is taking the plunge into the unknown. A wellspring of anger is bubbling out of some dank caves.

But, we are explorers. *So we leap in.*

I just returned from exploring Alabama and Mississippi with a group of students, where stories of murder and oppression still ooze up into the stubbled fields and the sparkling cities.

But these dank passages don't just run beneath the South. The nation is riddled with broken promises, porous with bloody graves.

Around the country, Americans murder their fellow citizens out of fear of the unknown other, or out of a greedy desire to control, out of inchoate rage, triggered by what's in our wallet or the color of our skin.

Whites in America have built a culture willfully denying that in

the darkest spaces all the colors become one and really, the only way through is to go hand in hand.

If you ever get a chance to talk to a Freedom Rider or a Selma Marcher, one of those Americans who stepped out into the unknown, you will find they are buoyed by faith. It stems, they might tell you, from a willingness to die for something greater than their own selves, something we might call justice or fairness or grace. And they will tell you they chose this path. They have learned a trail through anger will peter out. Anger corrodes. Anger isolates, abandons.

The people who yet believe in a better nation had to make their way through terrible places. Still living, they connect us to the paths they followed; they point us to the unknown way ahead.

We are propelled to seek out something better. We have to hope the next place holds our salvation, unravels a mystery, taps our awe.

The Mayans laid their dead in the limestone caves. There, over centuries, as the flesh fell away, the bones transformed. They crystallized.

When light falls on them, those skeletons glisten.

But for eons, there was no light in these caverns.

It didn't matter.

Even in the dark they shine.

Reminders of the humans they were and still are, humans who seek, humans who explore.

Steve Scher teaches at the University of Washington and just got back from the Communication department's 'Civil Rights Pilgrimage' that took a group of students to notable landmarks and cities through Alabama, Arkansas, Tennessee and Mississippi. Prior to his teaching career, he was a long-time public radio host on KUOW in Seattle and has interviewed countless individuals over the past three decades.



The Mountaineers
EXPLORE • LEARN • CONSERVE

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Stories of Passion & Adventure



April 15

Sasha DiGiulian
*World champion
climber*

May 19

Brendan Leonard
*Founder of
semi-rad.com*

June 2

Libby Sauter
*Speed climbing
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June 22

**Jess Roskelley
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