

Mountaineer

E X P L O R E • L E A R N • C O N S E R V E

Want to learn a skill? Check out our course guide

How to set out on the tasty trail to fungi

Tracking the Ten Essentials

Photo contest winners

McNulty and Romano: Dosey Road



Sept/Oct 2011 » Volume 105 » Number 5

Enriching the community by helping people explore, conserve, learn about, and enjoy the lands and waters of the Pacific Northwest.



The basalt columns: building upon a legacy of learning



What do you want to learn? Check out our course guide



Tasty targets on the trail

the *Mountaineer* uses . . .



the *Mountaineer* would like to thank **The Mountaineers Foundation** for its financial assistance during the redesign of both this magazine and www.mountaineers.org. The Foundation operates as a separate organization from The Mountaineers, which has received about one-third of the Foundation's gifts to various nonprofit organizations.

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DISCOVER THE MOUNTAINEERS

If you are thinking of joining—or have joined and aren't sure where to start—why not attend an information meeting? Check the Branching Out section of the magazine (page 32) for times and locations for each of our seven branches.

On our cover: Outdoor photographer Tyler Mitchell captures a moment from a trip to the east side of the Twin Sisters.

Getting all ages outdoors

In July I took my seven-month-old son, Lincoln, for his first long hike. My husband and I covered him with sunscreen and dropped him into a hiking backpack as we headed out to enjoy a day hike in the beautiful North Cascades.

Besides enjoying a few naps along the trail, my son took in every detail. He laughed in delight at the gurgling stream and reached out to touch the leaves along the way. His fascination and wonder was contagious. Soon my husband and I were slowing our pace to point out the different plants and taking breaks to let him explore the rocks along the trail. It was a reminder for us of the delight children take in experiencing the outdoors for the first time and the enjoyment we take in connecting him with nature.

It was also a powerful reminder for me of the importance of The Mountaineers. At our essence we get people outside—people just like you and me, and increasingly, like my son.

Education is at the heart of our mission and engaging youth is an important part. A 2010 Kaiser Family Foundation Study, "Generation M2: Media in the Lives of 8-to-18-Year-Olds," revealed that the average 8- to 18-year-old is exposed to media 10 hours and 45 minutes a day. That's a two-hour increase since 2004, and two fewer hours to spend outdoors.

As young people face increased competition for their time, the need to get them outside and provide ways for them to connect with nature only intensifies. That's why our Education Manager Becca Polglase (beccap@mountaineers.org) has launched four new youth programs in the last eight months, introducing over 200 youths to outdoor activities and a projected 500 by the end of this fall.

Our first Junior Mountaineers summer camp will have taught 35 participants skills in basic climbing, naturalist activities and hiking. Our youth programs are funded almost exclusively by outside support. We require donations from individuals and foundations to maintain and grow these programs. To further this effort, we are launching a MAP (Mountaineers Access Program) scholarship fund to assist youth who find that cost is a barrier to their participation.

With your support, engaging youth will be a larger piece of what we do in the future. So consider volunteering, signing up your children, bringing your school group, donating to youth programs or the youth scholarship fund. Every bit of support helps.

While engaging youth will be a growing priority for us, we will also continue to offer top-notch adult outdoor education. I hope most of you have had the chance to stop by our program center to check out our newest instructional tool, the basalt columns. A group of dedicated volunteers organized, raised funds and co-managed the installation of the four columns in front of our building, thus enabling us to teach lead-climbing and pro-placement skills—the end result of a vision four years in the making.

Soon after the columns were up, I watched a 70-year-old man follow his 30-year-old son to the top, the columns' first ascent. The father expressed the same joy and delight in his achievement as my son on his first hike.

That's what we're all about: providing a lifetime of educational experiences, fun and enjoyment of the outdoors as either participant or teacher. In this issue, you'll read about the courses we offer. I encourage you to enroll in one with a partner, a friend or your teenager. If you've already mastered an outdoor skill, try volunteering as leader or instructor. Help us strengthen our commitment to connecting with nature today, tomorrow and years beyond.



Martinique Grigg

Martinique Grigg, Executive Director



The Mountaineers is a non-profit organization, founded in 1906 and dedicated to the responsible enjoyment and protection of natural areas.

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OUTDOORS FEST

When: September 17, 10 am-5 pm
(Mountaineers 5k Trivia Run starts at 9 am)

Where: The Mountaineers Program Center
in Magnuson Park (7700 Sand Point Way NE,
Seattle WA)

Why: We LOVE THE OUTDOORS and want
to share our passion with anyone wanting to
explore, learn and conserve.

Join us on Saturday, September 17

Join The Mountaineers for the Second Annual OutdoorsFest, presented by Eddie Bauer, on Saturday, September 17 at The Mountaineers Program Center.

OutdoorsFest brings the world of outdoor recreation to the public through a variety of educational seminars, exhibits from our partners in conservation, booths from outdoor retailers, food vendors and a beer garden.

For those who joined us last year, be prepared for an even bigger and better event this year with vendors from Portland to Bellingham and Wenatchee to Port Angeles. Of course, the local favorites will be returning: First Ascent, Hilleberg the Tentmaker, Washington Wilderness Coalition, National Parks Conservation Alliance and RMI among others.

Watch climbing demos on our newly constructed basalt columns or attend interactive workshops inside the center. Meanwhile, presentations and music will fill the outdoor stage.

Oudoorsfest highlights

- Family Zone
- Climbing Wall - Sponsored by Outdoor Research
- 9 am 5k Trivia Fun Run - Sponsored by Born to Run and Merrell
- Trad Climbing Demos on Basalt Columns
- Elwha River restoration celebration
- Jake Norton, First Ascent Mountain Guide and Expedition Photographer (1 pm)
- Workshops on outdoor activities, including: Wilderness First Aid, Layering for Four Seasons, Outdoor Photography and Nutrition on the Trail
- Mountaineers Activity Booths
- Annual Meeting

PRESENTED BY



i'mwhere?

Can you identify the summit in the foreground here? Send your answer (by October 1) by post or e-mail: brads@mountaineers.org; I'm Where?, the *Mountaineer*, 7700 Sand Point Way N.E., Seattle, WA 98115. If you guess correctly, you'll receive a \$15 coupon good for Mountaineers purchases, and we'll publish your name in next month's column. In case of a tie, one winner will be chosen at random. Mountaineers employees or persons shown in the photograph are not eligible. Each month we'll publish a new mystery landmark and identification of the previous one.



- **Send your photographs** for possible publication as a mystery summit (include identification for our benefit). See e-mail and mailing address at left. If we use your photo, you will receive a \$15 Mountaineers coupon good for Mountaineers purchases.
- No one was able to identify Gunn Peak in the July/August *Mountaineer*. The photograph was taken by Don Swanson.

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talk about why he built the
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HAVE SKIS, and climb and ski WILL TRAVEL



Dylan Taylor

JOE STOCK'S idea of a good time typically requires skis, high mountains, long distances, and uncharted territory. Since 2006, Joe has made 100+ mile traverses through Alaska's Chugach, Neacola and Tordrillo Mountains – all involving more than 20,000 feet of vertical respectively – and has skied off the summit of Mount Chamberlain, the highest mountain in the Alaskan Arctic. In the spring of 2010, he skied a high and technical crossing of Alaska's Wrangell Mountains, a range noted for its high peaks, rugged terrain, bears, and an alarming lack of up-to-date cartography. During his little jaunts, he calls a Hilleberg Nammatj home.

"I never know what I'm getting into on remote Alaska ski expeditions: 75+mph winds, drifting snow or even swarms of mosquitoes, but I always know my **Nammatj** will handle the conditions. It sets up fast in a raging blizzard, has plenty of room for us and our gear, and it is bombproof." (For more, see www.stockalpine.com)

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Give back on National Public Lands Day



Al Wagar photos



NPL Day offers a chance to get some exercise outdoors, meet other stewards of the trail and go home with a feeling of satisfaction.

By Sarah Krueger
Conservation Manager

See the “Go Guide” section of this magazine and www.mountaineers.org for more info on all stewardship events

Whether you bag summits, watch birds, ski slopes, log miles on hiking trails or do anything outdoors, chances are you recreate on public lands. Every year hundreds of thousands of people step up to give back to our shared lands on National Public Lands Day. From city parks to national parks, the collective force of volunteers makes a huge impact.

The Mountaineers invites you to join us in celebrating National Public Lands Day on Saturday, September 24 during one of several work parties. Whether you prefer to grub trails, restore meadows, clean up crag routes or steward the backcountry, there is something for everyone.

Featured project:

- **Wilderness Stewardship**—Hardy volunteers will hike 6.5 miles into Olympic National Park’s Buckhorn Wilderness on the Upper Dungeness trail, gaining 2,500 feet before reaching the work site. A crew of volunteer backcountry horse packers will haul out what is cleared by the workers. Participants can opt to spend the night in the backcountry. This unique work party promises to be challenging and rewarding.

Additional projects are scheduled for National Public Lands Day:

- **Meadow Restoration** at Sunrise, Mt. Rainier National Park. Volunteers will help plant 50,000 native plants as part of a long-term restoration strategy for the fragile alpine meadows at the former Sunrise drive-in campground.
- **Leavenworth Climbing Route Maintenance**, Okanogan-Wenatchee National Forest. Help steward a popular climbing area near Leavenworth with the rangers from the Wenatchee River District.
- **Asahel Curtis Nature Trail Work Party**, Mt. Baker-Snoqualmie National Forest. The Foothills Branch leads this effort to steward this kid-friendly, accessible interpretive trail off of I-90.
- **Iron Goat Trail Work Party**, Mt. Baker-Snoqualmie National Forest. The Mountaineers team up with Volunteers for Outdoor Washington to attend to the Iron Goat Trail.
- **Church Creek Trail (#871)** Help reopen this beautiful trail for multiple uses, as requested by the U.S. Forest Service. Adopted by the Olympia Branch, the trail connects the Skokomish watershed with the Wynoochee watershed.

Interested in being a crew leader or coordinating a National Public Lands Day event for your branch or activity committee? Contact Sarah Krueger, 206-521-6012, sarahk@mountaineers.org.

Dosey: to road or not to road?

Should The Mountaineers support or appeal the plan to build a bypass around the Dosewallips Road washout? Or, should we remain neutral?

Let us know how you recreate along the river's corridor, how you are affected by the washout, and what you think should be done. Complete a brief online survey:

www.tinyurl.com/dosewallipsroad.

Survey feedback will inform decision-making on this issue by The Mountaineers Board of Directors.



John Edwards, Harry Romberg and Fran Troje (l to r) size up the erosion factor above and along the Dosewallips River

Legacies of a once booming timber industry, most national forest roads were built “to get the cut out” without regard to long-term viability of the roads. The logging boom is long over, but not the demand for backcountry recreation. In the interim many iconic recreational access routes that follow rivers into the high country have been lost or severely damaged by floods, resulting in months or sometimes years of analysis over whether to restore, reroute or abandon a road altogether.

Striving to both conserve and connect people to the natural world, The Mountaineers is familiar with the dilemma posed by these competing priorities when taking a position on road washouts, whether our positions concerned the Stehekin road in the early 1990s, the seven-year-old Suiattle River Road debate, or the more recent decision to convert the chronically-flooded Carbon River Road into a pedestrian and bicycle trail.

Now another classic road washout is up for debate. The Dosewallips River Road washed out in 2002, ending automobile access to eastern Olympic National Park. The U.S. Forest Service (USFS) released its final Environmental Impact Statement in fall of 2010 and is expected to issue a record of decision recommending a nearly one-mile bypass above the washout. Without argument, the road would allow spectacular recreational opportunities, but even the USFS's own environmental analysis reveals that the bypass would traverse an unstable slope, putting mature and old-growth forest, as well as aquatic resources, at risk.

On these pages, outdoor authors CRAIG ROMANO and TIM MCNULTY weigh in on each side of the Dosewallips debate to provide perspective on the PROS AND CONS of building a bypass road.

Closure limits visitors, recreation

By Craig Romano

There are far too many roads marring our National Forests. And I support decommissioning many of these past relics of the age-of-unsustainable-logging and converting some of them into trails. But the Dosewallips Road is a main access road into Olympic National Park, not a trunk logging road. Decommissioning it won't greatly improve what is generally a healthy and intact watershed—but will diminish visitation and day hiking opportunities into one of our signature national parks; and eliminate two family-friendly, riverside, car campgrounds, adding them to a growing list of lost recreational sites.

The Dosewallips Road has been in place for nearly a century, providing the only access into Olympic National Park from the east. It leads to two campgrounds and to trails to spectacular places such as the Anderson Glacier, Honeymoon Meadows, Hayden Pass, Sunnybrook Meadows, and Lake Constance. Since the road's closure, those campgrounds are now off limits to the majority of folks, and those spectacular backcountry destinations are attainable only to hikers who have the extra days now required to reach them.

The Dosewallips Road should be reopened to allow hikers, old and young, access to their public lands and to introduce a new generation of hikers to the beauties of the Olympics far from the fringes of the park's boundaries. And the road should be reopened to restore a rural economy that has been hurt by a loss of visitors, who now bypass the area for other parts of the park with better access.

Opponents of reopening the Dosewallips Road argue that its realignment will increase river sedimenta-

tion and spell the loss of old growth. True, a few mature trees in an area once logged would be cleared and some sedimentation may occur, but no more than what naturally results from seasonal landslides. A reopened and realigned road won't degrade this environment nor diminish its forests or fish stocks.

The National Park Service's mission is to conserve nature while providing for the public's enjoyment in such a manner that leaves it unimpaired for the enjoyment of future generations. Preserving land and providing public access is always a fine balancing act. And there are plenty of past examples where our desire for access has led to environmental degradation. The Dosewallips Road is not one of them. Nor is this road superfluous in a park that is 95 percent designated wilderness where roads will never be built.

I support reopening the Dosewallips Road, and I see dwindling access to our public lands a far greater threat than the loss of a few trees. If the tax-paying public can't access their lands, will they continue to support them? And if certain environmental groups keep pushing to restrict access, will folks continue to support these groups and the greater good that they do? Twenty-five years ago the greatest threat to our trails was from industries extracting natural resources. Today it is loss of access—in some cases ironically being spearheaded by environmental groups that once fought extractive industries.

Opponents of the Dosewallips Road would do better protecting our environment by working with broader-based coalitions to expand trail access and getting more people outdoors than by limiting access. If conservationists and recreationists become polarized on reopening the Dosewallips Road, how will they ever come together to support more important initiatives such as new wilderness and park expansion?

Craig Romano is a conservationist and the author of eight Mountaineers Books, including "Day Hiking: Olympic Peninsula" and the award-winning "Columbia Highlands: Exploring Washington's Last Frontier," which advocates for wilderness and a balanced approach to forest restoration in Washington's Colville National Forest.

Dosewallips River Road: a case for going it afoot

By **Tim McNulty**

The Dosewallips River is one of the most ecologically rich and strikingly beautiful natural areas in the Northwest, and a prime recreation destination. When the Dosewallips River Road washed out in the winter of 2002, I expected an easy and timely repair. The road provided motorized access to the Elkhorn campground in Olympic National Forest, the popular Dosewallips campground in Olympic National Park, and the Dosewallips and Constance Lake trailheads.

But it soon became obvious that the usual riprap-and-fill approach to road repair wouldn't work here. The river now surges through the site of the old road bed, and the fresh cutbank provides an important source of spawning gravel for threatened chinook salmon.

As an alternative, the Forest Service surveyed a nearly mile-long route up and over the washout. That seemed logical. But when I hiked the proposed route for the new road, I was shocked. The route climbed an excessively steep side-hill (think roots for hand-holds) then plowed through one of the most beautiful old-growth forest stands I've seen in the east Olympics. Douglas firs and cedars up to six feet in diameter covered a mountain slope ribboned with streams. The survey markers and ribbons staked through the grove left me in stunned disbelief.

The Forest Service and the National Park Service insist that restoring motor-vehicle access to upstream campgrounds and trailheads is their highest priority. In doing so, the agencies forego a rare recreational opportunity. They can easily convert the old road above the washout to an all-season, hiking, biking and equestrian trail along a spectacular wilderness river.

In the years since the washout, thousands have rediscovered the middle Dosewallips valley. The upper road attracts day hikers, bikers, backpackers and equestrians of all ages. Families with small children looking for a "starter" backpacking experience find Elkhorn campground a one-of-a-kind destination, just an easy mile from the car. Cyclists pedal modest grades through a forested river valley. Day hikers enjoy intimate encounters with thundering Dosewallips Falls that are impossible from behind the wheel. And backpackers find Dosewallips campground one of the most beautiful riverside camps in the east Olympics—without the noise, dust and pollution of passing cars.

The Forest Service and the National Park Service have a singular opportunity to look at future recreational uses for the whole Dosewallips valley: trail conversion, new trailhead, parking and stock-loading facilities, perhaps an all-accessible loop trail and downstream campground. But as of September 2010, the Forest Service is willing to commit up to \$3.96 million strictly to build a road for motorized use. All else is off the table.

At a time when fossil fuels are becoming scarce and recreational demands are changing, the Forest Service seems stuck in its road-building past.

The Dosewallips valley has something for everyone. But rather than taking my word for it, visit the Dosewallips yourself. Walk the upper road and enjoy a beautiful, all-season hike in a stunning wilderness valley. Then decide what's right for the Dosewallips.

Tim McNulty is a writer and author of "Olympic National Park: A Natural History." He is also vice president of Olympic Park Associates.



**PEAK
SOCIETY**
The Mountaineers

Peak Society Members provide critical, aggregate funding to sustain programs vital to The Mountaineers mission.

A matching offer to new members:

You may join the Peak Society with a tax deductible gift of \$1,000. However, a limited number Peak Society gifts are currently being matched, enabling new members to join with a gift of \$500.

For more about Peak Society contact

Mary Hsue, maryh@mountaineers.org, 206-521-6004.

Peak Society special event features a conversation with the Honorable Daniel J. Evans

On July 7 Peak Society Co-Chairs Rich Draves and Doug Walker welcomed former Washington State Governor Dan Evans to The Mountaineers Program Center for a conversation highlighting issues facing the places that Mountaineers love to explore and care to protect.

Current Peak Society members and prospective members shared a glass of wine with the former governor during a reception before the program.

Mountaineers Executive Director Martinique Grigg opened the program by welcoming Evans, co-hosts, Peak Society members and guests. She acknowledged The Mountaineers' profound impact on outdoor recreation in the Pacific Northwest and shared a vision of building upon that legacy, with the help of Peak Society support. She cited recent and notable progress in building youth and family programs, expanding conservation efforts, and enhancing membership services and support for volunteers.

Co-hosts Draves and Walker led the discussion, inspiring dialog and enabling guests to engage with the



Martinique Grigg (far left with Dan Evans seated), Rich Draves (middle photo) and Doug Walker (right of Evans)

governor on issues surrounding North Cascades National Park and trends in outdoor recreation for youth and their implications for the environment, as well as access issues facing the Pacific Northwest recreational community. Such informative conversations on key outdoor issues with influential leaders and fellow members are one of many benefits of becoming a Peak Society member.

Draves described how his life has been enriched immeasurably by his experience as a Mountaineer. Through his support of the Peak Society and participation in the Youth and Families Committee, he said he hopes to inspire his daughters to appreciate and connect with the outdoors. Walker echoed Draves' sentiments and voiced enthusiastic support for The Mountaineers leadership, the direction it has set for the future and its efforts to grow programs and expand member diversity.

All at the event were invited to join Peak Society or stay afterward to learn more about the society and the impact of private support on The Mountaineers' ability to strengthen its programs and realize its vision.

We invite you to take a leadership role in your support of The Mountaineers mission and vision by joining Peak Society before September 30 as a charter member.

Peak Society Charter Members (as of August 11, 2011)

Kirk and Jill Alm	Don and Natala Goodman	David Shema
Mearl Bergeson	Martinique and Eliot Grigg	Rob and Jennifer Stephenson
Tina Bullitt	Jimmy James	Steve Swenson and Ann Dalton
Dave Claar	Dan and Nadine Lauren	Tom Varga
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Evy Dudey and Mark Glidden	John Ohlson	Tab Wilkins
Mickey and Jeanne Eisenberg	Patti Polinsky	Gavin and Sara Woody
Lee Fromson	Gerry and Donna Price	Gene Yore and Doris DeVries



Make the mountains
a part of your life

Join our Venturing Crew

If you are a young adult between the ages of 14 and 20, we invite you to join our Venturing Crew.

Here's the deal: We meet in the evenings (usually Wednesdays) about twice a month. Plan to attend the meetings as much as possible; but no one is able to make every meeting, and that's okay. We also catch up between meetings using a Google Group and Facebook.

Every Venturer plays a part in deciding what we do. Though have a schedule of activities for 2011-2012, we can always add or change things based on the interests of the group. If there's something you'd love to learn, or something you'd love to teach others, we can make it happen.

Activities schedule:

- September 24-25 - **Kickoff Camping Trip** at Leavenworth. This is a great opportunity for new members to meet everyone. We'll provide fun activities like hiking, rock climbing, cooking competitions, and of course, a campfire. Never done any of this before? No worries! This kickoff trip is designed to give you the basic skills you need

to enjoy all the outdoor activities we do.

- October 23 - a day of introductory **Mountain Biking**, led by one of our members who is a skilled mountain biker!
- November 11-13 - Two-night **Camping Trip** at Deception Pass. This will be fun and relaxed, with some day hiking and some delicious camp food!
- January - **TBD**
- February 19-20 - **Snow-Cave Overnight**. Everyone will participate in building snow caves, and we'll spend the night in them!
- March- **TBD**
- April - **Rock Climbing** at Vantage possibly.

Here's what else we could do:

Kayaking, rafting, ice climbing, snowshoeing, alpine skiing, mountaineering, road biking—you name it! We just like to be outside.

It costs only \$60 to join for the year. The only other costs are expenses incurred on our outings, and we keep those as minimal as possible.

To join, contact beccap@mountaineers.org or stop by our table at OutdoorsFest on Saturday, September 17.

By Becca Polglase
Education Manager



'Millennial' Mountaineers

Getting the next generation into the mountains

By Becca Polglase
Education Manager

Fall is just around the corner, and while we mountain lovers are busy squeezing in the last days of summer before darkness sets in, most of us are also getting ready to put our noses back to the grindstone. School is back in session, fall sports have begun, and the regular routine sets in. This may be truest for the "Millennial" generation, those who are currently teenagers, preteens and young adults.

Remember the days of coming home after school and hanging out with your friends in the neighborhood? Or choosing a club, maybe two, to belong to? Those days are gone, and today's teenagers may have as many things competing for their time as an average working adult. Between soccer, lacrosse, football, orchestra, debate club, church, homework and babysitting, how can we make sure the mountains don't get left out?

One thing that hasn't changed over the generations is that mentors can make all the difference. When young people find mentors who love spending time with them, and who are willing to teach them what they know, they build skills and confidence and are inspired to pursue those

Between soccer, lacrosse, football, orchestra, debate club, church, homework and babysitting, how can we make sure the mountains don't get left out?

activities. The outdoors is especially suited for this kind of learning because it's free of the pressure and competition that exists in many institutional environments. And the

benefits of outdoor learning extend far beyond the enjoyment of playing outside. Youth learn leadership skills, self-reliance and compassion when they spend time exploring the mountains. If we're not careful to raise future generations of outdoor leaders who care about natural places, our mountains could suffer without them.

In 2010, The Mountaineers partnered with the Boy Scouts to host a Venturing Crew, a youth program for ages 14-20 that works because it is driven by the youth under the guidance of skilled adults. The youth determine their own meeting schedule and activities, because no one but a high schooler can understand the complexities of a high schooler's schedule.

Venturers are committed to learning outdoor skills, dedicating themselves to a meeting every other week and an outdoor excursion each month. They've learned skills in snow-travel, belaying, cross-country skiing and camping, and have been introduced to sport leading and placing natural protection on rock.

Some are hoping to summit Rainier, some want to climb Snow Creek Wall and some just want to enjoy their time outside together safely. As our Venturing Crew grows, we will need more adult mentors who can help the next generation become future volunteer instructors. To volunteer and mentor a really inspired group of "Millennials," contact beccap@mountaineers.org.

WHAT'S NOT SEEN:

- The foundation extends 35 feet below the ground.
- Sixteen pilings consisting of high-grade, galvanized, steel four inches in width extend 31 feet below the three-inch deep concrete slab..



John Ohlson and his son, David, mark the first ascent of the Basalt Columns on July 26

Carrying on the teaching tradition

If you doubt the adage, “the more things change, the more they stay the same,” just sit down beneath the new basalt columns at The Mountaineers Program Center and ponder our organization’s illustrious history.

The four columns are of stuff that existed long before climb-

different than what inspired Mountaineers of 80 years ago who dreamed of opening the sport of climbing to anyone expressing an interest.

Those climbers of yester-year, led by the likes of such well-known Mountaineers as Lloyd Anderson, Wolf Bauer, Jack Hos-

an interview several years ago: “When I got in, they would never teach me anything. I was just an upstart, a kid.”

Bauer, who will turn 100 next February, added, “They believed you had to learn it yourself” before entering their “clique.”

By “bringing a piece of the

Total weight: 48.7 tons

Quarry’s price tag for four: **\$4,312**

Trucking cost: \$2,400 (207 mi.)

Volunteer hours recorded: **1,384** (plus 660 estimated hours)

No. of volunteers: 39

No. of work parties: **30**

Total volunteer value: \$67,500

Value of professional services donated: **\$51,000**

ers came along. Basalt in the Columbia Basin, from where the transplants were extracted, dates as far back as 17 millions years. But the stuff that inspired the columns—a corps of dedicated climbers who dreamed about these 25-foot-high obelisks some four years ago—is not all that

sack, Ome Daiber, Burge Bickford and George McGowan, battled off the old-guard of climbers within The Mountaineers to create a new climbing program, one that actually offered climbing classes.

One of the original instructors in that climbing revolution, Wolf Bauer, put it this way in

mountains into the heart of Seattle,” as Bauer’s instructional successors put it, The Mountaineers is again opening the doors for a broader outdoor community to nourish its love for climbing.

“The program center now offers one of the best venues for

Continued on pg. 14

The basalt columns were chosen for their surface cracks which naturally occur as volcanic lava cools and contracts. These vertical fissures become “lines to the summit” for climbers to insert hands, feet and artificial devices to protect themselves in case of a fall.

These particular features normally draw Mountaineers and hundreds of other crag climbers to Eastern Washington’s basalt cliffs, hewn from what geologists call the greatest catastrophic floods ever documented, those from the breaking of the Lake Missoula ice dam some 12,000-15,000 years ago. The land’s surface and the basalt uprisings, born from volcanic activity millions of years before, were greatly modified by these floods.



Carrying on the teaching tradition (continued from page 13)

climbing instruction in the nation,” says Gene Yore, the outgoing chair of the Seattle Branch Climbing Committee. The success of this project is a tribute to our region’s love of the outdoors,” he adds.

Indeed, it may be the only real rock in an urban setting which allows climbers to actually insert protection devices in the pursuit of advancing their trad and crag skills. The basalt columns were born from a lot of vision, a lot of elbow grease from a lot of skilled volunteers, and mostly, a lot of generosity.

Though part of the instructional vision of four years ago, when what was known as Building 67 of the old naval station was sited to become The Mountaineers Program Center, the columns’ installation was postponed until this year because of limited funds.

The erection of the columns, cleaved from cliffs of a basalt quarry northeast of Moses Lake, was made possible financially by more than 150 donors and more than 1,000 hours of unpaid volunteer labor, provided mostly by professional contractors and Mountaineers volunteers who also possess engineering and construction expertise.

Partners in the effort were the Seattle Department of Parks and Recreation, The Mountaineers Board of Directors, The Mountaineers Foundation and local businesses who donated their professional services or charged at reduced rates.

The basalt columns, like the program center’s south plaza climbing wall, bouldering area, rock field, and new mixed-climbing wall in the center’s basement, save more than 700 aspiring climbers the long drive over the Cascades to learn fundamental crag and crack skills in the Leavenworth, Vantage and Tieton areas—not to mention what it saves Mother Nature in auto emissions and erosion from over-trampled ground at popular, but fragile, alpine settings.

Most importantly, the columns and their instructional brethren adorning the program center save the greater outdoor community from having to learn climbing on their own. They have an entire Mountaineers community at their side with open arms—moving forth with an educational mission started long ago. ▲▲

A way to shave some pounds from your quick-draws

By Chris de Serres

I picked up this weight-saving tip from Jim Nelson on a climb up the Serpentine Arete of Dragontail Peak. Our group wanted to climb the route in a day, which involves about 13-18 hours of effort from trailhead to summit and back. So we wanted to go as light as possible.

On a typical climb I usually bring 12 draws with two carabiners attached. I’ll just clip these ready-made draws to my harness and climb. Pretty typical of what you’ll see at the crag. You place a piece of protection, clip one end of the sling to the pro, and clip the other to your climbing rope, right?

To shave weight, we place 12 naked slings over our shoulders. Then we clip 12 ‘biners directly to the harness. As we place pro, we attach our sling directly to the pro with a girth hitch and then clip the other end to the climbing rope. Attaching the slings directly to the pro with

a hitch allowed us to drop 12 ‘biners of weight and over a full pound of weight from the crag-style approach. This allows you to bring a few extra slings. If you need extension, just girth-hitch multiple slings together for the desired length. To shorten them, loop your sling through the pro sling and clip both ends with your ‘biner.

This worked well on Serpentine Arete because the route was mostly 4th- and lower 5th-class climbing. So our strategy was to “simul-climb” most of the route. There were a few short, mid-5th class sections that had to be pitched out, however.

Advantage: The ready-made draw allows you to clip your rope to your pro quickly. There was no hard climbing on Serpentine, so slinging the pro directly was an easy option.

Chris De Serres heads the Advanced Alpine Rock Course for the Seattle Branch. For more on Chris: www.rocknevermelts.com.

Getting started? Stepping it up a notch?

There is a Mountaineers course for you

There are over 300 portals to the outdoor classroom at The Mountaineers. From seminars on how to start hiking, to courses that can lead you up Mt. Rainier and beyond, our seven branches team up to give the outdoor community an almost daunting number of options. Are you interested in skiing? Some type of climbing? Snowshoeing? Identifying those berries or mushrooms on your next hike? How to paddle around Puget Sound or



The Mountaineers offers courses and workshops in photography

through the San Juans? How to get the best outdoor images from your camera? Do you have the sailing bug?

Following are brief summaries of our 2011 Mountaineers courses and seminars, including the months in which they usually begin. Basic and intermediate classes delve deeply into a skill over a period of months. Introductory classes and our Getting Started Series are generally brief overviews that range from one evening or day to a two- or three-week series.

Try thinking a month or two down the road as you consider your options to allow enough time for planning, scheduling and signing up; enrollment usually begins about two or three months before your first session. Some courses involve a series of indoor sessions and trips afield. Others are simply one or two nights of

lectures or workshops. Most of the multiple-month courses require the student to successfully complete all class sessions and field trips in order to graduate, participate in Mountaineers trips and move on to the next level.

Choose any branch or outdoor center

As a member of The Mountaineers you are welcome to participate in any activity throughout the Puget Sound region regardless of which branch you affiliate with. As you thumb through the course offerings that follow, branches and outdoor centers are identified as follows: BAKER = Baker Lodge; BEL = Bellingham; EVT = Everett; FH = Foothills; KIT = Kitsap; OLY = Olympia; SEA = Seattle; TAC = Tacoma.

The months that the respective courses are offered follow the branch abbreviation. FH/DEC means that in the Foothills Branch the particular course begins in December.

For those courses listed as "pending" you'll need to visit our website, www.mountaineers.org, for further details on fees, dates and contacts for enrollment. In fact, it is always wise to **REFER TO THE WEBSITE** for the most up-to-date information. Be in touch with those who are listed as coordinators or instructors of the particular course(s) that interest you or you have enrolled in. They'll keep you posted on further details as you go.

Alpine Scrambling

Alpine Scrambling—This course bridges the gap between hiking and technical mountaineering. Scrambling takes the adventurous person high off the beaten path and to summits of the Cascades and Olympics—sometimes on moderately steep rock or snowfields. Instruction covers proper equipment and clothing, route finding, avalanche awareness and avoidance, rock and off-trail scrambling, snow travel, ice-ax arrest, glissade techniques and wilderness ethics. BEL/DEC; EVT/FEB; KIT/FEB OLY/JAN; SEA/JAN; TAC/FEB

Continued on page 16

Jessica Todd photo



Learning the ice-ax glissade

Alpine Scrambling Intense—This approach completes the main lectures and field trips via webcasts and one long weekend in the field, split between Seattle and Leavenworth. It is designed for people who already have strong conditioning and enjoy an intense learning experience.

Advanced Scrambles Leadership—This course is for graduates of the Alpine Scrambling and Basic Climbing courses. The focus is on safety, leadership, trip planning and alpine rescue. Classes consist of a mix of presentations, skill development and testing. Indoor sessions are divided into two parts: one hour of lecture and one hour of skills training. Field trips are active, scenario-driven events based on trips that have not gone well. SEA/ALLYR; TAC/SEPT

Winter Scrambling Seminar—See why adventuring into the crowd-free winter wonderland is so much fun. Learn how to safely tackle summits in winter with non-technical gear, often including snowshoes. Learn about selected winter scrambles, elevation gain, where to park near trailheads, potential avalanche exposure and more. EVT/DEC

Avalanche Awareness

Potentially life-saving, this course is for anyone planning backcountry winter activities or mountaineering. It includes instruction in avalanche hazard evaluation, avoidance and travel in avalanche-prone terrain, use of transceivers and avalanche rescue. Some courses

involving snow travel will automatically enroll a student in this course as a requirement (check details as the course curriculum may vary somewhat from branch to branch). EVT/DEC; FH/DEC; other dates and branches/pending.

Climbing

The Mountaineers offers courses that cover the full gamut of climbing adventures. Enrollment for all basic and intermediate climbing courses ends by the first of each year for the Seattle Branch, the end of November for Bellingham and soon after New Year's for other branches. Sessions begin from January through February, depending upon the branch. **Note:** Registration for the Basic Alpine Course in Seattle will begin October 15 this year. Please see the website for details about all 2011 climbing programs.

Getting Started Series (GSS)—A collection of courses and outings designed for members and prospective members who have little or no experience with climbing. The GSS offers a range of opportunities, from learning to safely belay and climb, to more advanced rock and snow outings. There are no prerequisites to join any of the courses, other than a desire to try climbing and have fun with like-minded people. Each course is taught by experienced climbers and leaders. We focus on safety while having fun trying something new. Try one or several of the GSS offerings. You get to meet new people, learn and have fun. Classes are offered year-round. The content and selection varies from month to month, so check back often by browsing the web, or calling The Mountaineers Program Center.

Basic Climbing—A one-to-two-year course consisting of classroom instruction, field instruction and climbing experience designed to provide the basic skills necessary to safely climb rock, snow and the glaciated peaks of the Pacific Northwest. It covers selection and care of equipment, wilderness travel, roped and glacier travel, belaying, rappelling, rock climbing, crevasse rescue and many other topics. Graduation requirements include attendance of all lectures and field trips—about six of each—and successful completion of

three club climbs. BEL/DEC; EVT/JAN; KIT/FEB; OLY/JAN; SEA/JAN; TAC/FEB

Intermediate Climbing—For graduates of the Basic Climbing Course. Takes your skills to the intermediate-climbing level (generally up to 5.7 rock, 55-degree snow and ice, easier mixed). Students will practice snow anchors, belays, emergency shelters, avalanche rescue and use of transceivers. Students also will learn to lead on rock and ice, including how to place protection, build and equalize anchors, swing leads and perform self-rescues. BEL/DEC; EVT/JAN; KIT/JAN; SEA/NOV; TAC/JAN

Sport Climbing/Intro to Rock Climbing—The course is for anyone wanting to safely enjoy sport climbing (climbing protected by fixed, permanent anchors)—indoors or outdoors, on artificial gym walls or native rock. No prerequisites; beginners welcome. Instruction includes climbing sport routes on top-rope, leading sport routes while using bolts and quick-draws, setting up anchors on bolts and chains, clipping bolts, belay technique, rappel technique, climbing signals and communication, untying from rope at anchor and transitioning to rappel, lowering techniques, necessary knots—all with an emphasis on safe use of equipment. EVT/SEPT; SEA/SEPT & APR; TAC/SEPT; other branches pending

Leading on Bolted Routes Intro—Ready to take the sharp end? Come work on easy, single-pitch leads in a positive and relaxed instructional atmosphere. For grads of Basic Climbing Course or Sport Climbing, this entry-level leading course is for those comfy with climbing 5.9 sport routes on top-rope. SEA/SEPT

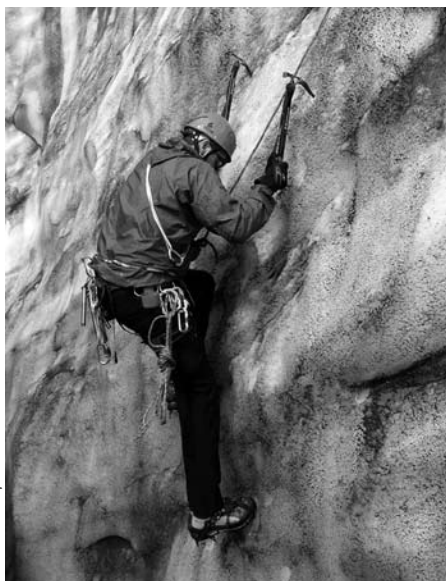
Trad and Crag Climbing—Learn to lead moderate outdoor rock routes (5.4-5.8) using traditional gear—no bolts. Differs from Sport Climbing as trad climbers place and remove their own protection as they climb and descend. This course covers placing passive and active protection, building anchors, setting up rappels and hanging belays, swinging leads and crack-climbing techniques. Field trips to Tieton, Vantage and Leavenworth. SEA/MAR; TAC/APR

Beyond Basic Rock—This course, for Basic Climbing Course graduates, is designed to

teach rock climbing skills that will enable you to climb safely in the backcountry. You will improve on the skills learned in basic climbing, including belaying, rappelling, and climbing in balance. In addition you will be introduced to more advanced climbing techniques, placing protection, building anchors and lead climbing. A series of four lectures combined with hands-on climbing at Warehouse Rocks; then moving outside to four different rock-climbing areas. OLY/MAR

Bouldering for Beginners—Back by demand! Learn how to scale boulders in two evening sessions on The Mountaineers Program Center's boulder and one weekend day afield. SEA/AUG

Introduction to Water Ice Climbing—Explore the world of vertical ice climbing. One



Jessica Todd photo

Water ice and mixed climbing offered

evening in the classroom and two full days on the ice will provide you with a solid foundation of water ice climbing skills. You will learn about safety considerations specific to ice climbing, evaluating ice quality and strength, moving efficiently on steep and varied ice, constructing top-rope anchors and techniques for following an experienced leader on vertical ice routes. A small class size and top-roped setting will help ensure a fun, personalized and safe learning environment. SEA/SEPT

Introduction to Leading Water Ice—For those who have basic proficiency at following moderate alpine or water ice climbs, this

course builds on your existing experience to teach you the skills needed to safely lead water ice climbs. You will learn about leading techniques specific to water ice, risk management, dealing with the strenuous nature of steep ice, as well as practicing mock and actual leads. This course lays the foundation for more advanced water ice climbing as you continue to develop your skills informally with peers or participate in The Mountaineers' ice climbing outings. SEA/OCT

Introduction to Mixed Climbing—If you are interested in alpine mixed climbing, join us to learn and practice dry-tooling techniques in a top-roped setting. This is also a great way to improve your skills and conditioning for ice season, even without the ice. SEA/NOV

Advanced Water Ice—Learn and practice advanced water ice techniques. Start with one day of expert instruction from an AMGA certified guide in Canmore and spend the next few days practicing your new skills. The one instruction day will include a half-day of advanced multi-pitch climbing techniques for making a safe and efficient ascent and descent; the rest of day will be for learning steep ice climbing techniques. SEA/FEB

Water Ice Seminars—Learn and practice advanced ice techniques for improving efficiency, speed and safety. The seminars consist of midweek evening meetings. Each seminar focuses on a specific topic. We work through relevant exercises and learn from each other as a group. Some of the seminar topics include: 1) sharpening tools, 2) keeping and staying warm, 3) double-rope management, 4) water ice pro—placing pitons, 4) movement and conditioning, and 5) self rescue for ice climbers.

Miscellaneous—Other seminars and specialized courses are offered throughout the year, many by Seattle and Everett Branches, including Aid & Big Wall Climbing that is usually held in spring with a cadre of qualified Mountaineers at sites such as Yosemite. Other special seminars and climbing trips include advanced rescue techniques, ice-ax arrest refresher, crevasse-rescue refresher, Play Days on rock and ice, and rock-climbing techniques for friction, crack, and face climbing. Check

“Activities - Climbing” on The Mountaineers home page, and check each branch's website for further information.

First Aid

Alpine First Aid Course—This is a first aid course designed to meet the wilderness first aid requirements for graduation from the Alpine Scrambling and Basic Climbing courses. Part I is taught by Remote Medical International and Part II consists of a hands-on practical session at The Mountaineers Program Center. SEA; TAC

Wilderness First Aid Course—This is a 16 hour course designed to provide elementary skills in remote care. The course, open to all, adopts a hands-on, experiential format providing students with the skills and confidence for making remote medical care decisions. Wilderness First Aid fulfills all Tacoma/Seattle Mountaineers climbing/scrambling course first aid requirements and “MOFA refresher” requirements previously required under Mountain Oriented First Aid. It is also ideal for backpackers and all other wilderness travelers. TAC/SEPT & OCT

MOFA (Mountaineering Oriented First Aid)—A 28-hour first aid course for wilderness travelers. Consists of lectures, demonstrations and practical experience, including Red Cross Adult CPR and Standard First Aid. Volunteers with simulated injuries act as victims for final exam. MOFA certification is required for graduation from courses in alpine scrambling, basic climbing and snowshoe courses beyond Snowshoe Lite. The class consists of either four full weekend days or a series of evening classes. BEL/JAN; OLY/FEB.

Folk Dancing

International folk dance classes at The Mountaineers offer informal fun along with almost-weekly instruction in a variety of international folk dances, usually of European and North American origin. Many can be learned in a single session, others offer more challenging rhythms and patterns that may take a season to master. Couples and line dances are both taught. Partners are not required, nor is prior experience. For all ages. Dress is

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Ryan Creary photo

On winter's trail

informal; wear shoes that protect your toes. SEA/ALLYR; TAC/ALLYR

Hiking/Backpacking

Intro to Hiking and Backpacking

Workshop—An easy way to learn more about hiking in the Northwest and with The Mountaineers. At this one-evening lecture hiking leaders discuss necessary clothing and equipment (including the Ten Essentials), conditioning, outdoor etiquette, safety and other topics. SEA/ALLYR; TAC/MAR, MAY, JUN, AUG; other branches, pending

Leadership

Become a better leader! This seminar is for current and prospective leaders of any type of Mountaineers trip. Students work with outdoor problem-solving scenarios. OLY/APR; SEA/NOV; TAC/MAR

Mushroom Weekend

Learn not only which mushrooms are edible and where to find them, but how to make them delicious for the table. Meany Lodge hosts this fun, educational workshop open to all in cooperation with the Puget Sound Mycological Society. MEANY/OCT

Naturalists

Intro to the Natural World—This course features four lectures and three field trips to exceptional areas for viewing nature. SEA/MAY.

Study Group—A series of naturalist lectures from October through April that range

from geology to insects, and from plant life to ecosystems. SEA/OCT-APR

Navigation

Basic Navigation—This course teaches the skills necessary to navigate through wilderness. You'll learn to relate features on a topographic map to your surroundings, use your compass to determine bearings to objects in the field, use a map and compass to determine your location and desired direction of travel. The course combines evening classes with weekend field trips. Basic Navigation certification is required for graduates of some courses, including Alpine Scrambling, Basic Climbing and some Snowshoe courses. EVT/MAR, APR; OLY/AUG; SEA/NOV, FEB, MAR; TAC/MAR, APR, SEPT

Basic GPS—Learn to use your GPS unit. Identical units will be supplied during class so that all students work with the same device. Current Basic Navigation Course certification is a prerequisite. Two evening classes and a field trip. TAC/JUNE

GPS for New Users—A one-evening course to familiarize you with your newly acquired GPS receiver. Open to all; no prerequisites. SEA/BIMONTHLY

Intro to Map & Compass—A one-evening workshop on using the battery-free methods of navigating the wilderness and not becoming lost. SEA/MAY-SEPT

Photography

Add an extra dimension to your outdoor

adventures by bringing home great photographs! Learn to take landscapes, wildlife and action shots, and "the pictures that tell the story" with skills you'll gain in The Mountaineers' photography courses and seminars. Instruction may be provided while on a field trip or at an evening workshop. Seattle offers a basic course and lecture series. SEA/MAR; watch Foothills, Kitsap and Tacoma websites for evening workshop discussions.

Sailing

Learn what you need to help crew a sailboat, including how to rig a sloop-rigged boat, departing from and arriving at a dock under power, understanding sail trim and sailboat maneuvering, knowledge of charts and navigation aids, personal gear requirements and safety practices. SEA/MAR; TAC/APR

Sea Kayaking

Basic Sea Kayak—Learn the skills necessary to safely paddle around Puget Sound and other open waters. The course covers kayak handling techniques, wet exit and solo reentry, paddling/bracing skills and other necessary techniques. Graduation requires attendance at all lectures, all open-water sessions and two club-sponsored paddles. EVT/pending; FH/MAY; OLY/APR-MAY; SEA/MAR; TAC/APR

Other Sea Kayak courses—Branches may offer workshops or seminars on various sea kayak skills, including roll technique and enter/exit. For example, the Seattle Branch offers "Beyond the Basics" clinics led by certified instructors and skills assessments provided throughout the year. Besides rolling and enter/exit, the clinic includes essentials of touring and all the needed skills for coastal kayaking. Its "Rescue Rodeo" is an annual event, generally held in May. Check Kayaking at www.mountaineers.org for ongoing developments throughout the branches.

Skiing

Cross-Country Ski—Enjoy our northwest winter landscape by kicking and gliding your way through the scenery. Cross-country skiing is a great way to stay in shape, make new friends and enjoy the outdoors throughout



Scrambling in the Bean Creek Basin of the Teanaways

Richard Lawrence photo

the winter. Depending on branch, the courses can be multiple weekends, one day or half-day; some branches offer multiple courses based on skier ability and technique level. Foothills and Seattle offer a wide variety. EVT/JAN; FH/JAN; MEANY/JAN-FEB; OLY/JAN; SEA/JAN; TAC/JAN

Backcountry Ski—Learn how to safely ski in the backcountry and avoid avalanche danger. Discover the freedom and thrill of skiing untracked powder snow in the backcountry; extend your ski season by skiing all year long on the slopes high above the lift areas. Depending on branch, the courses can be multiple weekends, one day or half-day. FH/NOV; TAC/JAN; EVT/NOV

Telemark Ski—Learn the free-heel turn and how to safely telemark in the backcountry. Depending on branch, the courses can be multiple weekends, one day or half-day. SEA/JAN; MEANY/JAN-FEB; TAC/JAN

Multi-Day Ski Lessons—Weekly lessons in telemark and randonee skiing skills. FH/JAN; SEA/JAN

Snowshoe

Snowshoe Lite—Gives beginning students a solid foundation in snowshoe travel: techniques, proper clothing, gear selection, Ten Essentials, food, safety and related topics.

Number of lectures and field trips varies among the branches. EVT/JAN; FH/JAN; KIT/DEC-JAN; SEA/JAN; TAC/JAN

Snowshoe Winter Skills—For graduates of Snowshoe Lite. Takes snowshoeing to the next level, addressing the skills needed for safe travel and survival in the backcountry, including emergency shelters, ice-ax arrest, avalanche awareness, safe route-finding and incident response. One lecture and one field trip. EVT/JAN; SEA/FEB; TAC/JAN

Winter Camping—Open to snowshoe, alpine scramble, and climbing graduates. Learn how to make a comfortable camp in the snow, including digging and spending the night in a snow cave. One lecture, then one all-weekend field trip. SEA/FEB

Winter Travel—Snowshoers and Nordic skiers can take advantage of this course covering avalanche awareness and safety, the Ten Essentials, backcountry etiquette, cold-weather ailments, clothing and equipment, and building overnight shelters. Increase your safety in the backcountry. KIT/DEC-JAN; OLY/JAN

Wilderness Skills

Open to all—Mountaineers and the general public—this course teaches the basic skills necessary to safely and enjoyably venture into the forests and mountains, whether day

hiking, backpacking or on more adventurous outings. (It is a prerequisite course for Olympia alpine scrambling and basic climbing students.) OLY/JAN; other branches/pending.

Women's Adventure to Wellness Weekend

Meany Lodge near Stampede Pass serves as workshop and health spa for women in early July. From cuisine to massage to exercise and nature's bounty, the Wellness Weekend instills the regimen of self-care. MEANY/JULY

Other offerings

Meany Lodge features an entire winter sports program (keep an eye on www.meanylodge.org/winter/ski_program.html and the Outdoor Center section of this magazine). Lessons for all ages, 4 to 90-somethings, and all abilities are taught by certified instructors. Lessons in downhill, snowboard, cross-country classic and skating, backcountry and telemark are offered.

Trek and lunch: glide into Meany on snowshoes, cross-country or free-heel skis each Saturday on the way in to its winter sports programs. MEANY/JAN-FEB

Mt. Baker Lodge hosts its Mt. Baker Ski Camp in late winter for advanced beginners to advanced telemark, randonee and alpine skiers. Heather Meadows provides the setting. BAKER/MAR

South Sound Environmental Issues Course is offered by the Tacoma Branch through the auspices of University of Puget Sound. It is one in a series of environmental lectures that focus on giving students a voice and impact on issues affecting the environmental health of the region. This series is made possible through partnership with The Mountaineers Foundation and the Washington Environmental Council. For more information, contact Katharine Appleyard, 253-879-3716 or kappleyard@pugetsound.edu. ▲▲

For updates on all Mountaineers course offerings, visit www.mountaineers.org

Maintaining the momentum from last year, The Mountaineers Nominating Committee has met several times during 2011 to present a robust list of candidates for directors on our board.

Spending considerable time to identify our organization's needs and top priorities for the next year, the committee set out to choose a slate of candidates that would reflect a mix of strong expertise in legal matters, risk management, family and youth activities, technology, and fundraising.

ELECTIONS: three candidates slated for board of directors

These criteria follow up the past year's focus on fundraising and legal expertise as well, complemented by strong ties to our volunteer base and branches.

Three candidates have thus been chosen from a number of candidates (many of

those not selected this year have been identified as future board candidates or advisory council members). The committee believes these three (profiles below) will best fit our current needs and are the best candidates for at-large director positions on the **October 19, 2011** ballot. The Mountaineers Board of Directors endorses these three candidates, all eager to serve and more than qualified to help lead us as directors of the organization.

The 2011 slate of nominees:

- Lorna Corrigan (currently board secretary)
- Rich Draves (running for a second term)
- Gene Yore

Rich Draves

(Mountaineers member since 1993)

Professional: Rich is a researcher at Microsoft since 1992; currently Research Area Manager. Rich has a BA in Mathematics from Harvard, MS in Computer Science from Harvard, PhD in Computer Science from Carnegie Mellon.

Family: Wife, Martha, and two daughters, Sarah (13) and Katherine (11).

Mountaineers activities: Board member since 2008. First chair of the Board's Development Committee and current member, Peak Society co-chair (from 2010), first chair of the Board's Family and Youth Activities Committee (from 2011), Finance Committee (from 2008), Basic Climbing Course graduate (1995), Intermediate Climbing Course graduate (1997-2002), climb leader (since 2003), Seattle Branch Climbing Committee (2000-2007), led numerous basic climbing field trips, mentor in the Basic and Intermediate Climbing courses, Seattle Family Activities Committee (2008-present) and leader.

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Lorna Corrigan

(Mountaineers member since 1998)

Professional: Lorna is an attorney in Everett where her practice involves general civil litigation, including real estate disputes. She also has experience in advising small businesses on employment matters, discrimination claims and contracts in general. Lorna obtained her BA in Political Science from Whitman College and her JD from the University of Puget Sound School of Law, where she was selected as member of the National Order of Barristers.

Lorna has a life-long interest in outdoor activities and supports that interest through professional contributions. She provides pro bono legal services to Snohomish County Volunteer Search and Rescue and Everett Mountain Rescue Unit. She is an associate member of the Everett Mountain Rescue Unit.

Mountaineers activities: Lorna grew up in The Mountaineers and learned to ski at the Snoqualmie and Meany Lodges. After leaving, she rejoined The Mountaineers in 1998. Lorna

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Gene Yore

(Mountaineers member since 1991)

Professional: Gene has been VP & General Manager, VP of Operations, Director of Research and a Research Scientist at Honeywell. He also was Deputy for Science and Technology to the Assistant Secretary of the Army (RDA). He chaired two boards, the Phillips Works, Inc., a non-profit incubator for minority businesses in south Minneapolis, and ADCO, an international DOD development company owned by ten companies from seven countries. He has a BSME from Ohio State University and a MS and PhD from the University of California (Berkeley).

Mountaineers activities: Graduate of Basic Climbing Course (1991), Intermediate Climbing Course and a climb leader. He completed Water Ice (2000) and Aid and Big Wall (ABW) Seminar (2003). He was basic climb field trips chair (1998-99), inter-club liaison (2000-02) and initiated and chaired the ABW Seminar.

Gene chairs The Mountaineers Technology 2.0 Committee and co-chaired the Magnuson

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Do you know the history of the humble ice ax?

By Emily White
Publicist, Mountaineers Books

Hot off the printing press at Mountaineers Books is the **Climbing Dictionary: Mountaineering Slang, Terms, Neologisms, & Lingo—An Illustrated Reference to More Than 650 Words**. Written by longtime *Climbing* magazine contributor Matt Samet, with illustrations from Mike Tea, the **Dictionary** is an authoritative yet hilarious lexicon of climbing vernacular and its origins.

We're not going to get on your case if you don't know the definition for **taking the tools for a walk**, or how to use **Elvis Leg** in a sample sentence (wait, do you?*) But here's one term every Mountaineer ought to know:

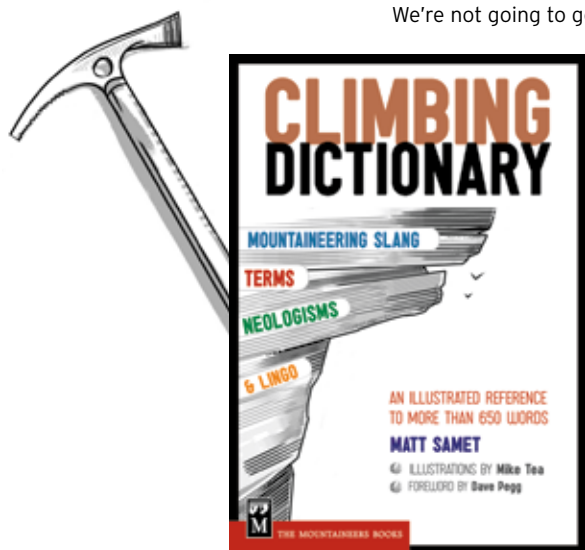
ice ax *noun*: A mountaineering tool for snow and lower-angled ice. Features an adze (for chopping steps), a pick (for sinking into the frozen matter), and a spike (for walking travel). The pick and the spike are used in self-arrest, to stop your careering down a snow slope.

Origin: First came the alpenstock: Roughly 2-meter-long, iron-tipped shepherd's wooden walking staffs used on early Alps ascents. Guides would use these to glissade, to probe for **crevasses**, and to hem in a client (this before ropes, which came along in the mid-1800s). Clients could cling to these "long metal batons" to safeguard against a fall. But it was the quest to conquer Mont Blanc (1760-1786) that spawned the first crude axes—basically woodsman's hatchets on long handles—for cutting steps in ice and snow. On Horace Bénédict de Saussure's August 1787 ascent of Mont Blanc, the team used a piolette (small hatchet) to cut steps, this local-dialect term word becoming piolet, French for "ice ax." From the mid-1800s onward the Grivel family of blacksmiths, in Courmayeur, have had a

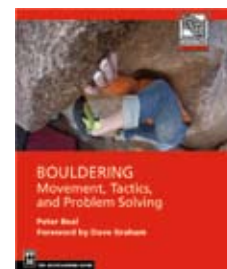
significant hand in the piolet, having modified "the normal workman's pick ax" to yield an alpine ax. In 1964 the first metal-handled ax was manufactured, thanks to the Scottish climber Hamish MacInnes.

(Excerpt from "Climbing Dictionary," August 2011 Mountaineers Books. Available at The Mountaineers Bookstore in the program center; members receive 20 percent off).

*Maybe you do know how to use Elvis Leg in a sentence. In fact, we're willing to bet you on it—send your sample sentence to mbooks@mountaineersbooks.org with "Elvis Leg" in the subject line. One clever wordsmith will win a free copy of the "Climbing Dictionary," and selected entries will be shared on The Mountaineers Facebook page in November.



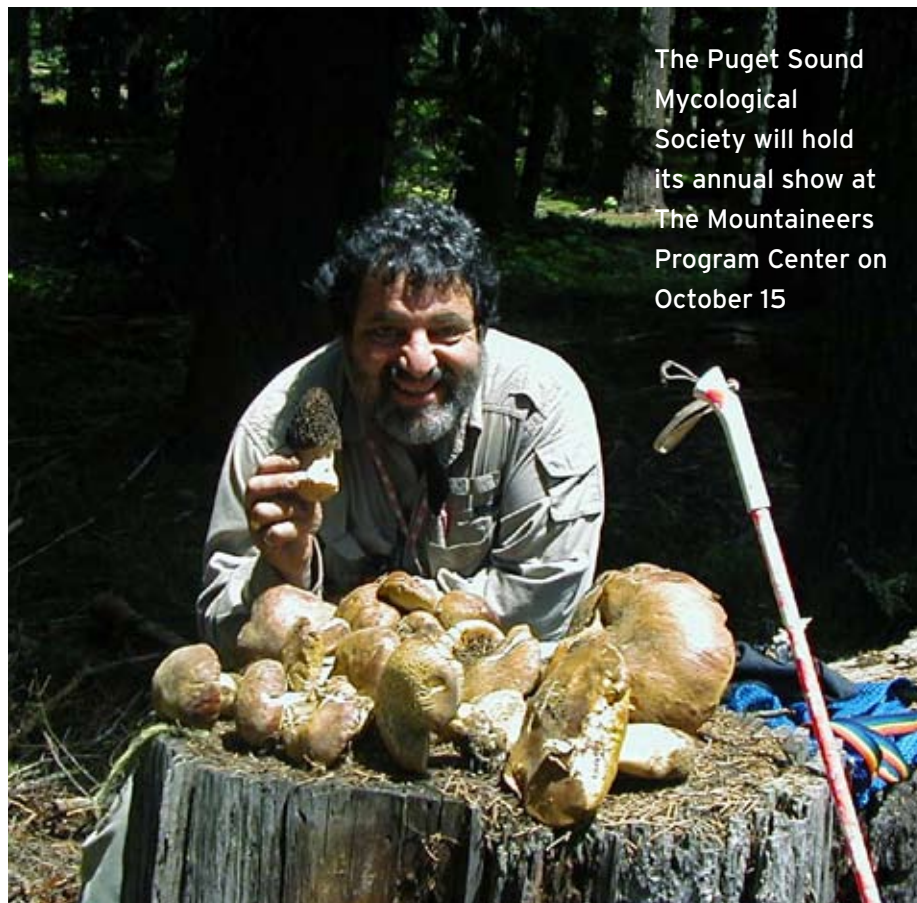
Check out these
other new
Mountaineers
titles for fall
2011



THE
MOUNTAINEERS
BOOKS

Mushroom foraging on the trail: a starter's guide

By John Goldman



The Puget Sound Mycological Society will hold its annual show at The Mountaineers Program Center on October 15

The author with a bounty of boletes and one morel in hand

John Goldman photo

My wife and I moved to Seattle in 1993 from Chicago, where we were born and raised. We were unaware of mushroom foraging while in Illinois, though we were campers and loved the outdoors.

In 1996, during the fall, a new friend asked if we wanted to go mushroom hunting. I asked what that entailed and he said that we'd drive out to the woods near Sultan, walk around the forest looking at the ground for these yellow mushrooms (chanterelles), pick them and take them home to cook.

I thought, "Wow, a walk in the woods and free food—sign me up!" My wife and I both fell in love with it immediately.

Mushroom hunting resonates with us on more levels than anything we've done in one activity: being outdoors, hiking in the woods, foraging for food, the thrill of a treasure

hunt—all reminders of childhood—and then there is the cooking.

As for foraging on the trail, you really need to be with someone who knows their mushrooms. As a novice, you don't want to just take a guidebook and hope your identifications are correct. There haven't been deaths in Washington state for several years, but plenty of people get sick from eating misidentified mushrooms. Gastrointestinal discomfort, causing diarrhea and vomiting, can result from such misidentification and make hiking or camping very uncomfortable.

And don't eat mushrooms raw.

They must be cooked. Some are poisonous when raw but edible when cooked (morels, for instance) and poisonous is a relevant term. There is deadly poisonous, which means that your liver and/or kidneys have been affected

(sometimes resulting in a liver transplant rather than death) and there's the aforementioned gastrointestinal reactions, which won't kill you, but may make you wish you were dead.

Learn all about mushroom foraging and eating on October 28-30 at Meany Lodge. See pg. 35 for details

Carrying mushrooms on a hike presents its own issues, since most of them don't keep well when stuffed between items in a pack. So take only enough to eat while on the trail, unless it's a day hike. Also, if you see edible mushrooms pick them immediately, lest you wait to get them on your return trip, only to find them gone.

Continued on page 34



Keepers: for the day-hike as well as the overnights (see list on pg. 39)

Tracking the Ten Essentials

The Mountaineers who brought climbing instruction into the daylight nearly 80 years ago were said to have included in their classes a reference to particular gear that everyone should carry when heading into the mountains. These essentials were based on two questions:

- 1) Can you respond sufficiently to an accident or emergency?
- 2) Can you safely spend a night, or more, in the wilderness if necessary?

It was not until 1974, when the third edition of "Mountaineering: Freedom of the Hills" was published, that these essentials were institutionalized in print as the "Ten Essentials." In the seventh edition, 2003, the moniker was changed to "The Ten Essential Systems." By that time technology had cultivated different means of achieving the essentials. For example, batteries were not just alkaline anymore; the nickel cadmium variety had come to be used in such gear as headlamps—noted as "illumination" in the Ten Essential Systems."

As technology changed climbing practices, mobility and the weight of gear, experienced mountaineers augmented or supplanted some of the essentials. As "Freedom 3" editor, Peggy Ferber, noted, the Ten Essentials are "by no means either universal or complete; each person should make (her or his) own list. For more technical climbing (she or he) will choose specialized equipment which best satisfies (his or her) requirements and fancy."

Since their institution, the Ten Essentials have saved lives and been virtually emblazoned upon the cranial memory cards of every person—hiker, climber, scrambler, skier, kayaker, sailor—who ever took a Mountaineers course.

Tom Cushing has researched the path of the Ten Essentials for The Mountaineers History Committee. Randy Nelson has led many a Mountaineers trip and taught Mountaineers courses.



A Bob Cram photo from the early editions of "Freedom."

Continued on page 39

And the winners are . . .

Mountaineers Photo Contest

The votes are in. Mountaineers members selected the winners in each of the three categories of the 2011 Mountaineers Photo Contest. The Mountaineers thanks each and every one of the nearly 300 who cast their votes and the 56 who entered their images.

The winning landscape photo was taken by Jim Nelson, Seattle Branch, who photographed Early Winter Spires.

The winning photo for people in the outdoors was taken by Troy Mason, Tacoma Branch, who entered a shot of Little Tahoma. (Runners up: "Alpine Start" by Ian Lauder of Everett Branch; "Sizing Up Little Tahoma" by Ian Lauder of Everett Branch; "Radka" by Mike Warren of Seattle Branch)

The winning image in the kids' category was taken by Katelyn Cooper, Seattle Branch, whose lens found a wheat field in the evening hours.

Troy Mason and Jim Nelson receive a \$50 voucher towards any Mountaineers course. Katelyn Cooper receives a \$25 gift card for purchases at REI.

Landscapes



Jim Nelson

Seattle Branch

Early Winter Spires

People in the Outdoors



Troy Mason

Tacoma Branch

Little Tahoma

Kids' photos

Katelyn Cooper

Seattle Branch

Evening Wheatfield



Tacoma salutes its longtime members, and then some

Over 40 Mountaineers gathered at the Tacoma Branch Program Center on July 5 to celebrate 25 or more years of membership with the South Sound branch

In keeping with similar Mountaineers events honoring longtime members, almost 60 percent of the guests celebrated at least 40 years of membership. Most notable among these Mountaineers were Kenneth Haagen, Martha Goettling, Ronald Newgard, and Helen Sohlberg, who all celebrated more than 60 years as Tacoma Branch members.

The luncheon provided an opportunity to catch up with friends, recall eventful trips and favorite outings, and hear how the organization has changed, yet remained consistent over nearly a century.

During the program, Mountaineers Executive Director Martinique Grigg presented the state of The Mountaineers address and described progress in building youth and family programs, expanding conservation efforts, and enhancing member services and volunteer support. She recognized members for their loyalty to the organization and acknowledged that achievements could not be possible without many of the contributions made by longtime members.



Renovation of the 1956 structure will bring South Sound a major outdoors hub

Branch Chair Geoff Lawrence presented plans for renovation and expansion (rendering at left) of the current program center—scheduled to begin in the fall and end in the spring of 2012, coinciding with the 100-year anniversary of the Tacoma Branch. (See Backtracks on page 29 for more on the original structure.)

The program ended with reflections on The Mountaineers history, traditions and achievements, and the organization's impact on outdoor recreation in the Pacific Northwest as well as on the lives of its members.

Below is a portion of an e-mail from Dr. Kirk Storer, a 40-year member unable to attend the luncheon. Kirk's experiences and sentiment show how Mountaineers activities have enriched members' lives and, by extension, those around them:

"I worked as a ranger at Mt. Rainier and as a climbing ranger at Paradise. I was able to summit 18 times. Because of that opportunity, I had the chance to do some unique routes. I have spent the night on the summit twice, viewed the sunrise from the summit numerous times, arrived so early one morning we saw the city lights from Vancouver, B.C., to Portland, had mountain goats pass us on Sunset Cleaver and I was able to complete a climb leaving Paradise, reaching the summit and returning to Paradise—all in the span of slightly less than 10 hours.

All those things were afforded me by the initial training and association with thoughtful and careful instructors with whom I came in contact through the Tacoma Mountaineers. Some of those individuals were Bruce Becker, Stan Engle and Jim Sanford, among many others. I am grateful for the climbing fundamentals that were instilled within me by those instructors. Not only did I learn weather characteristics and route-finding, but the importance of understanding group dynamics was especially useful.

Thank you for your continued work in the Tacoma Branch, and I wish you all well."



Eddie Bauer employee Monique Hoisington gives The Mountaineers climbing wall a try during an introduction to rock climbing seminar (left). A Mountaineers member since childhood, Jan Steves (above), has qualified for the Iditarod in Alaska. She will present a slideshow for the Everett Branch of The Mountaineers on Wednesday, September 7.

playground

Test your knowledge in the class-shroom . . .



Mushrooms have a long, crazy history with mankind. Test your knowledge

about the mysterious mushroom with the fun facts at right. But be careful! Some are true, and some are false.

1. The Egyptians believed that mushrooms were the plant of immortality.
2. The white truffle is the world's most expensive mushroom.
3. A perfect ring of mushrooms, known as a fairy ring, supposedly acts as a gate to the fairy world.
4. The oldest fairy ring is hundreds of years old.
5. Rust is related to mushrooms.
6. Pigs are used to hunt for truffles.

Mushroom jokes and riddles:

What room can't be entered?

What did the girl mushroom say about the guy mushroom after their first date?



(See pg. 39 for all the answers)



Patti Polinsky photo

North American Outing: New England Fall Colors Hike

October 2-9, 2011

Trip preview: <http://gallery.me.com/mrbunz#100214>.

Have you ever seen the spectacular colors the maples paint on the landscape of New England? If not, join us as we hike, walk, paddle and take photos under the fall-color canopy of the ancient Appalachian range, among the oldest mountains on Earth. The Mountaineers Recreational Properties Division offers an eight-day expedition to the northern terminus of Maine's Appalachian Trail.

Cost: \$1,099.

Leader: Patti Polinsky, meanysports@me.com, 206-525-7464.

Nepal: Ultimate Mt. Everest Trek Plus

Oct. 11-Nov. 11, 2011



Craig Miller photo

This outing (*full but with a wait list*) combines the world's highest mountain, Himalayan culture, an optional peak climb, and a remote valley. Our trek begins with a mountain flight to one of the world's most amazing airstrips—Lukla. A layover day at the famous Sherpa capital, Namche Bazaar, will allow us to experience the culture. At Tengboche Monastery, you can hear the Buddhist monks chant prayers and play music. Then we will hike to the Mt. Everest classic view and base camp. For a daily itinerary, visit www.mountaineers.org.

mountaineers.org/activities/nepal_itin.html.

Cost: Including airfare, etc., \$5,500 (11-12 people)

Leader: Craig Miller, craigfmiller@comcast.net, 206-285-2399.

Patagonia's Awesome Glaciers, Lakes, Parks

Feb. 18-March 8, 2012



Glen Strachan photo

Explore the spectacular scenery of national parks in Patagonia's northern and southern regions, including the volcanic terrain of Nahuel Huapi NP, the world-renowned Perito Moreno Glacier, Los Glaciers NP (Unesco World Heritage Area) in Argentina and Torres del Paine NP (International Biosphere Reserve) in Chile. We'll hike near our base in San Carlos de Bariloche in the Lake District, known as the South American Switzerland, and then head for Southern Patagonia parks for a mix of trekking and day hikes.

At Los Glaciers, we'll trek to close-up views of Cerro Torre and the north and east faces of Monte Fitz Roy. In Torres del Paine NP, we'll follow the "W" trek and the "Transverse of the Horns." We finish in the historic seaport town of Punta Arenas, Chile.

Cost: \$3,950 (8-12 people). \$2,000 deposit due at registration.

Leader: Glen Strachan, 425-869-8094, glenstg@msn.com.

Ski the Alps in Austria

March 1-18, 2012



Patti Polinsky photo

Preview: http://web.me.com/mrbunz/Site_4/Ski_Austria_2012.html

Join a grand adventure in Zurich, Appenzell, Innsbruck, Munich and two weeks in Austria for winter walking, snowboarding and skiing: downhill, on or off piste, or cross-country. Spend Week 1 in Schruns, Austria, with expansive terrain on groomed, powder slopes. Return to refreshments, the spa, a six-course dinner and live music.

In Week 2 we go to Lech, the highest valley of the largest ski area in Austria, St. Anton, with over 50 interconnected lifts for all levels of skiing on and off piste. Our small family-run hotel offers a wonderful breakfast buffet and elegant multi-course dinners after a relaxing spa. As we start home we stop in Innsbruck for lunch before arriving in Munich.

Cost: \$3,495 (12-16 people)

\$1,000 deposit with registration.

Leader: Patti Polinsky, MeanySports@me.com, 206-525-7464.

North American Outing: Ski BC's Cariboo Range

February 18-26, 2012

(Presidents Day Week)



(For intermediate-advanced skiers.)

British Columbia's Cariboo Range, in the Columbia Mountains, has some of the deepest, most consistent powder snow on the planet. North Blue Chalet and Yurt are located near Blue River and Wells Gray Provincial Park.

Exclusive, cozy facilities feature a covered deck, drying room, view windows, wood stove and propane stove for heat, propane

lights, well-stocked kitchen, propane cook stove with oven, wood-fired sauna, sleeping rooms with beds and foam mattress pads for 12, toilet inside, and hot shower. We will self-guide and self-cater. Alpine bowls, peak ascents, and great tree skiing.

Feb. 18, drive to Blue River; Feb. 19, Snow Cat in to North Blue Chalet; Feb. 19-24, ski sub-alpine tree glades and alpine powder bowls; Feb. 25, Snow Cat out; Feb. 26, drive home.

Cost: \$1,000 (includes Snow Cat in, North Blue Chalet and Yurt, custodian, and Snow Cat out.) To register, call 206-521-6001 by Dec. 1; provide credit card info. Limit 10.

Leader: Craig Miller, craigfmiller@comcast.net, 206-285-2399.

Nepal: Trek and Climb Mera Peak

Oct. 12-Nov. 6, 2012

This outing combines remote Himalayan culture, a glacier mountain climb and the highest peaks on Earth. Our journey begins with a flight to one of the world's most amazing airstrips, Lukla.

We trek on part of the historic trail that early Mt. Everest expeditions hiked. We acclimate slowly to Mera Peak base camp and high camp. Our standard route involves low-angle glacier climbing, guided by local experienced Sherpas.

The view from the summit is one of the finest in the Himalaya with five 8,000-meter peaks visible: Everest, Lhotse, Makalu, Kanchenjunga, and Cho Oyu.

For basic climbers, Mera Peak is a technically straightforward ascent, higher than Denali, but much easier. This is a strenuous climb because of the altitude, but porters will haul your overnight gear, so you carry only a daypack. For a daily itinerary, visit mountaineers.org/activities/nepal_itin.html.

Cost: (Includes everything.) \$5,500 (10-12 people), \$6,000 (7-9 people), \$6,500 (4-6 people). \$2,000 deposit by March 1 with leader's approval.

Leader: Craig Miller, craigfmiller@comcast.net, 206-285-2399.

Go to www.mountaineers.org for all details on Mountaineers outings

Tacoma Clubhouse: in the beginning

On the dawn of a new facility for its learning center and meeting place (see pg. 26), the Tacoma Branch of The Mountaineers has come a long way since volunteers rolled their sleeves up 54 years ago to build the original Tacoma Clubhouse on the site located at the corner of N. 30th & Carr Street in Old Town. Joining the work party back then were family members of current clubhouse secretary Helen Engle: her late husband, Stan, and four of their oldest children.



"We should have a clubhouse" was a wish voiced and thought many times during the 45 years that the Tacoma Branch rented a variety of quarters for meetings and classes in downtown Tacoma. In the early 1950s, with the burgeoning membership overflowing the rented rooms, barely providing enough space for growing climbing classes, building a clubhouse soon was imperative. In March of 1955 Tacoma Branch membership had reached 261—not large by today's figures, but enough to overburden rented quarters. The wish grew to a clamor. "Let's start building a clubhouse now!"

Excerpted from the article, "Tacoma Built a Clubhouse," by branch historian Edith Goodman.

The first work party was actually an impromptu affair, following the annual salmon bake October 2, 1955, when some of the members cleared brush from the site on their way home. Form letters were then sent to various members to assign them their work dates and telephone calls were made for specific jobs at crucial times. Grading and pouring of the concrete floor, and framing of the kitchen and restroom walls had commenced by the fall of '56. Though there was no official date of opening recorded, the first official event held there was a membership meeting on March 15, 1957. The clubhouse would not have been built on that corner without the gracious donation of the lot by its owner, Leo Gallagher, who served as president of the branch two times (1926 and 1937).



Photos from Tacoma Branch archives

Paul Wiseman, 1912-2011: a true Mountaineers role model

Editor's note: It can be said that Paul Wiseman's life not only mirrored the purposes and objectives of The Mountaineers, but quite nearly paralleled the history of our organization.

Born only six years after The Mountaineers was founded, Paul started hiking in the Northwest as a teen with the Boy Scouts and like many others at that age—then and now—saw The Mountaineers as a way to advance his mountaineering skills. But his pursuits with The Mountaineers did not end with hiking or climbing. After joining in 1948, he soon became a trip leader—continuing in this capacity well into his 80s—and an ardent conservationist who helped The Mountaineers further its preservation agenda. In the meanwhile, he co-founded the Olympia Branch in 1963, only a few years after serving as The Mountaineers' president. He was awarded the Olympia Branch Service Award in 1961 and the organization-wide Service Award in 1964.

As an advocate for preservation, he became one of the seven incorporators of The Mountaineers Foundation in 1968.

Paul died at the age of 99 on June 23, 2011, but his spirit for volunteerism, stewardship and leadership resonates today and sets a model for every Mountaineer into the future, as evidenced by the following recounts from fellow Mountaineers.

From one of our most revered climbers, Dee Molenaar:

"I met Paul in Olympia in the late 1950s, and worked with him instructing local climbing courses for The Mountaineers. We formed the Olympia Branch of the club, with Paul serving as its first chairman. Paul was with me atop Glacier Peak in 1961, where he happily announced I had just climbed the last of my Six Majors.

Paul was a friendly, all-around good guy, and reliable in all his community, social and mountaineering activities. A lifelong bachelor who retired about 30 years ago as chief of research and statistics of the Washington Employment Security Department, he was an ardent Democrat and conservationist, and was among those hiking with Supreme Court Justice William O. Douglas on the famous beach hike promoting (national park status for) the Olympic coast (a 22-mile hike to protest a proposed extension of U.S. Highway 101 that would have destroyed that portion of the wild coastline).

He was also a member of The American Alpine Club with a record of climbs throughout the Northwest and Canada, including the Six Majors. Paul's climbing record includes many Cascades volcanoes and minor peaks, many in the Olympic Mountains, three Tetons of Wyoming, several in Glacier National Park in Montana, and Mts. Victoria, Resplendent, Rearguard and Odayay in Canadian Rockies.

From Jim French, conservation chair of the Olympia Branch:

"Paul Wiseman's death deprives the Olympia mountaineering community of one of its original branch founders and enduring role models. He helped organize the first Olympia mountaineering course in the early 1960s and was in charge of its lectures.

Paul was engaged in a such a remarkable number of Mountaineers activities that in his later years (80-98) he was frequently extended



Photo from Ira Spring Collection

Skiing at Black Buttes, circa 1956

personal invitations to nearly all Mountaineers events at the headquarters and the current program center, not to mention many birthday celebrations of senior Mountaineers members throughout all branches.

In recent years the physical demand of climbing was beyond Paul's abilities. Realizing this, Paul still spent a great deal of his time engaged in those activities at

which he could still perform well, such as instructing courses, representing our conservation and public access interests by testifying at state agency hearings, writing letters to his congressional delegation and contributing to policy discussions for the organization and Olympia Branch. Paul was a frequent participant on trail maintenance crews, habitat restoration projects and conservation study trips over the last decade of his life . . . his dedication to helping preserve and protect our natural world was an inspiration to new and old members alike. Paul's five-plus decades of service to the natural world served as the inspiration for creating the branch's Stewardship Award for which he was the first recipient."

From others:

Helen Engle, noted Mountaineers conservationist and Tacoma Branch secretary, noted, "Paul came to our solstice-time picnic every year except the last two. We enjoyed having him as a dinner guest many, many times. He could visit with anybody about a thousand things."

Dan Lauren, Tacoma Branch climb leader and officer, missed Paul's memorial because of a Mountaineers climb already scheduled for that day. However, the climbing route included a first-ascent by Paul. Lauren recounted what he put in the register atop Lacrosse:

"I took out the page of the 'Olympic Climbing Guide' that showed Paul was in the party that made the first recorded ascent, and wrote some words on the back, including the fact that his memorial was that day.

"The summit block is a loose, exposed scramble, pretty amazing for a 15-year-old to be the first to make the trip, and without all the trails we enjoy now."

Lauren added, "What an amazing pioneer he was."

Bruce Towhey, branch leader

Bruce Towhey, a Mountaineer since 2002, died in his home on June 14, 2011, after an extended bout with cancer. He was 56. Relentlessly energetic and skilled in the outdoors, Bruce unselfishly devoted himself to the Olympia Branch by serving as chair, vice chair, and as climb leader.

He also was a forester, firefighter, a black belt in karate, Scout leader, golfer and pilot among other activities and pastimes. Bruce and his wife, Gay Lynn, had been married for nearly 32 years.

Bruce owned a successful business which he passed on to his son and wife. In attaining his black belt he also accepted a leadership position as sensei at the Shelton Butokukan Karate School. He helped with the local Boy Scout Troup 110, where he became the scout master and graduated five eagle scouts, including his son, Talon Towhey, and one of his nephews, Jonathan Peterson.

He was a member of Toastmasters, numerous golf leagues, IEC and other community organizations. His adventures took him to Canada and Colorado for ice climbing and as far as Nepal for hiking.

Rob Plankers, climb leader

Robert W. 'Rob' Plankers, a Mountaineers member since 1996, died from a fall on June 27 while climbing the Liberty Ridge route on Mount Rainier. He was 50 years old.

A dedicated Olympia Branch climber, leader and instructor, Rob took the branch's climbing course his first year with The Mountaineers where he met his wife, Jackie. He went on to graduate from intermediate climbing in 2006 and became a highly respected climb leader and instructor.

Fellow Olympia Branch climber and leader Curt Rosler stated, "Rob was retired Army Special Forces and we were both airborne troopers. We always shared a war story or two. He was a gentle giant and was always helpful to the members as well as the customers at The Alpine Experience (an Olympia outdoor retail store where Rob had worked)."

"He will be deeply missed by his many climbing partners and friends who climbed, biked, hiked, and skied with him all over the world," added Rosler.

Elections: three nominated (continued from page 20)

Rich Draves (continued)

Other activities: backcountry, alpine and cross-country skiing, hiking, backpacking, windsurfing, ping-pong.

Why does the committee feel that Rich is a good, needed and necessary candidate?

Rich is on our board now, and has offered to serve for another term. With his leadership, we've been able to launch our Peak Society and migrate the organization to a 501(c)(3). His passion for families and youth is a critical skill for our organization, and he'll continue to be a welcome leader on our board.

Keep an eye on our website for more info about the October 19 board of directors election

Lorna Corrigan (continued)

has served as Everett Branch chair, and has volunteered in many capacities in support of branch courses and events. She is a graduate of the Alpine Scrambling and Backcountry Ski courses. She is currently secretary to The Mountaineers Board of Directors. She will be stepping down from her role as secretary and is interested in serving as an at-large director.

Why does the committee feel that Lorna is a good, needed and necessary candidate?

Lorna is presently serving The Mountaineers as a board officer (secretary). She is an attorney in Everett who brings that acumen and perspective to our board. She is representative of nearly half our population (being female), as well as from one of our strongest branches (Everett). Her term as an officer ends March 1, 2012, and her election as a director would ensure that she can continue to serve our board with her valuable perspective.

Gene Yore (continued)

Instructional Requirements Group. He served as renovation project manager for The Mountaineers Program Center and led the Friends of Magnuson Climbing fundraising for the boulder. He is also a member of Peak Society.

Why does the committee feel that Gene is a good, needed and necessary candidate?

Under his watch as climbing chair of the Seattle Branch, he's been able to steer the culture of one of our most entrenched groups in a very positive way. His skill in helping turn a vision into reality can be demonstrated through his term as project manager of the Magnuson Program Center, as well as his recent fundraising work to ensure the newest instructional facility at the center—the basalt columns. He is also leading the Tech 2.0 Committee, looking at new ways for the organization to leverage information technologies. Gene is passionate about The Mountaineers and eager to contribute to the board.

To stay current with all Mountaineers events, remember to keep your member profile updated via www.mountaineers.org

Welcome to our seven branches of The Mountaineers

Fueled by dedicated and skilled volunteers, all branches offer a number of courses and seminars. Many courses, such as climbing, scrambling, kayaking, backcountry skiing and others that require a set of learned skills to safely enjoy, follow a common curriculum from branch to branch. Some, however, may have slight differences in the names of the courses they hold in common, such as Snowshoe Level 1 and Snowshoe Lite; Snowshoe or Backcountry Ski Course and Winter Travel; or Sailing Course and Crewing Course. Just look for the descriptions when visiting course information online or in this *Mountaineer*. See course events in the "Go Guide" section of this magazine. Although our program curricula are coordinated to meet Mountaineers-wide standards and policies, each branch offers a slightly different flavor or character to its offerings. Though you may want to join the branch nearest to your home, you may join any branch of your choosing. Note that once you are a member you may participate in trips or courses in any branch. One way to gain a taste test of a particular branch is to attend a new/prospective members' meeting. General dates of these meetings are noted under each branch heading. For all current activities and links to branch websites, visit www.mountaineers.org.

BELLINGHAM

Vice Chair: Steve Glenn

Website: bellinghammountaineers.org.

The Bellingham Branch, tucked alongside the craggy expanse of the North Cascades, features a vital, close-knit climbing program, as well as courses in first aid and alpine scrambling. It is also home to one of the most popular Mountaineers getaway destinations, Mt. Baker Lodge. The lodge facilitates many of the courses and seminars offered by the branch. From the lodge, Mountaineers and guests can also recreate to their heart's content year-round. In addition to the courses noted above, Bellingham also offers hiking trips, snowshoe tours and backcountry ski trips.

Learn more

In most months other than summer, the branch hosts a meeting and slideshow for prospective members and new members to better orient them to branch offerings. Please check the branch home page (noted above) for updates on when and where the meeting is to be held.

CLIMBERS' RENDEZVOUS: Instead of a regular October members' meeting, the branch celebrates with its **Annual Climbers' Rendezvous Dinner**. Keep an eye on the branch website as October draws nearer.

EVERETT

Chair: Carrie Strandell, wolfwoman0819@hotmail.com

Website: everettmountaineers.org.

The Everett Branch of The Mountaineers was founded in 1910 by H.B. Linman, an Everett dentist. The new organization successfully sponsored over a dozen hikes that year and its first outing, a hike to Lake Isabelle. Several hundred members of the public attended "stereopticon" presentations at the Everett High School auditorium. Dr. Linman, his wife, and seven other branch members reached the

summit of Glacier Peak in August 1910 during The Mountaineers' annual outing. The branch was not "officially" founded until 1911 when The Mountaineers charter was amended to provide for branches. This anomaly allows the branch — now with over 850 members — to continue its centennial celebration in 2011!

Everett members share a wide variety of activities. Please explore the branch website or attend one of the branch monthly meetings to discover more about the branch.

Learn more

To learn more about branch activities and meet some nice people who happen to be Mountaineers, attend the monthly meetings on the first Wednesday of each month (except for July, August, and December). They start at 7 p.m. in the Drewell Conference Room of the Snohomish County East Administration Building, 3000 Rockefeller Ave., in downtown Everett.

HELP RESTORE TRAILS & LOOKOUTS:

The Everett Branch Lookout and Trail Maintenance Committee, well known throughout the Mt. Baker and Snoqualmie Ranger Districts as leaders in volunteer work, is always looking for volunteers to help out on fire lookouts.

The passage of time and harsh environments, plus the many visitors, put much wear and tear on the lookouts so there is always work to be done. Check the "Go Guide" section or www.mountaineers.org for upcoming work parties in September and October. For more details about volunteering, contact Forrest Clark, LOTM@everettmountaineers.org

FOOTHILLS

Chair: Fran Troje, foothills.branch@gmail.com.

Website: foothillsmountaineers.org.

The newest neighbor in The Mountaineers hood, Foothills Branch is continuing to add new programs and adventures to its offerings, year by year.

Covering communities on the Eastside, from Bellevue all the way to Ellensburg, the branch offers opportunities for safe and enjoyable outdoor recreation year-round.

The branch offers conservation and recreational access advocacy, hiking, photography and skiing. As its membership grows, the branch is looking for **volunteers** to steer current and new programs, and provide new ideas for additional programs. You might even want to become one of our leaders or instructors! We can put you on that trail. Just notify Foothills Chair Fran Troje, foothills.branch@gmail.com, 425-746-6726.

Learn more

The Foothills Branch new and prospective members' meeting is held most months through the year. They usually start with a socializing session at 6:30 p.m., followed by a brief update on branch goings-on and a feature presentation at about 7:20 p.m. Meetings are held in Issaquah at the King County Library System Service Center. Watch the Foothills website (listed above) for the announcement of coming meetings.

KITSAP

Chair: Mike Raymond, branch@kitsapcabin.org.

Website: kitsapmountaineers.org.

The Kitsap Branch is home to a preserve, a program center — the Kitsap Cabin — and an outdoor stage. All of these make up a potpourri of activity and delight for Mountaineers and guests.

Kitsap offers courses and programs in climbing, alpine scrambling, hiking, snowshoe tours, photography and sea kayaking. Its Salmon Safari for youths—giving them streamside observations of spawning salmon in the Rhododendron Preserve—is only a short hike from Kitsap Cabin amidst some of the longest standing old-growth forest in Western Washington's lowlands.

Also a short hike away is the magical Kitsap Forest Theater, home to two **Mountaineers Players** stage productions each year.

Learn more

The Kitsap Branch holds quarterly membership meetings at 7 p.m. at the Norm Dicks

Government Center in downtown Bremerton (345 6th St.). Anyone interested in programs offered by The Mountaineers is encouraged to attend. We'll share slides of our activities followed by a feature presentation. Refreshments will be served. Keep an eye on the Kitsap Branch website for coming dates and times.

MT. BAKER RETREAT: Join us on **October 7-8**, Friday-Saturday, at Mt. Baker Lodge for our Annual Kitsap Branch Retreat. This will not be a time for course work or training, but instead a time to enjoy each other and celebrate what we have done during the past season. Food is provided as well as sleeping accommodations. Bring your own sleeping bag and personal gear; the lodge provides the rest. Baker Lodge is a warm, cozy place with tremendous views of Mt. Shuksan and access to trails. Let Mike Raymond know if you'd like to reserve space for yourself and companions: mikeraymond55@gmail.com, 360-204-2111.

UPCOMING COURSES: Mountaineering-Oriented First Aid (MOFA) in October (check www.mountaineers.org); Intermediate Climbing starts October 1; Navigation in November (see website).

VOLUNTEER ALERT! We are always looking for volunteers to make our Kitsap Cabin more accommodating. If you're in the mood for cutting up some wood for our beautiful fireplace or wish to share your carpentry skills, let us know. Also, if you have some dry, burnable wood to spare at home, we could use it! If you can help in any of these ways, contact Mike Raymond, branch@kitsapmountaineers.org.

CONSERVATION/EDUCATION PROGRAMS: To find out the latest about Kitsap conservation projects, contact Katha Miller-Winder, conservation and education chair, info@salmonsafari.org.

OLYMPIA

Chair: Michael Silverstein, silvermas@comcast.net.

Website: www.olympiamountaineers.org.

The fastest growing of the branches, Olympia has been offering Mountaineers programs and training to the South Sound for more than 45 years, including hiking, skiing, sea kayaking, snowshoeing, backpacking, climbing, outdoor leadership, and naturalist activities.

UPDATE YOUR PROFILE: The Olympia Branch urges all members to update their profiles on the club website at www.mountaineers.org. Make sure your e-mail address is filled in and your phone numbers are up to date. As our club communications continue to move online, your e-mail address becomes a critical tool for staying in touch.

Learn more

The Olympia Branch holds a potluck and special adventure presentation for prospective, new, and current members on the first Wednesday of each month from September through May (excluding November). It is held at the Olympia Center, 222 Columbia St. NW, in rooms 101-102. The next meetings will be **Sept. 7** and **Oct. 5**. Socializing and the potluck meal begin at 6 p.m. The adventure presentation begins at 7 p.m. This is a great opportunity to meet fellow Mountaineers, share ideas, learn about others' escapades, and connect with a greater community of outdoor enthusiasts. Contact Carolyn Bureson, cbbureson@q.com, if you have questions.

SEPTEMBER 7 POTLUCK AND ADVENTURE PRESENTATION: Fellow Mountaineer Ron Jones will share pictures and stories from his most recent trips, kayaking in wild places in British Columbia: the infamous Brooks Peninsula on Vancouver Island and the secluded Banks Island in northern B.C. Ron will share anecdotes about paddling partners, the coastal geologic processes that shaped northern B.C., and the wolf population of Banks Island.

OCTOBER 5 POTLUCK AND ADVENTURE PRESENTATION: Maxine Dunkelman and Ray Philen will show you how and where to bike in Tuscany and the Italian Alps. Yes, Tuscany is just like the Tuscany you dream about and the biking in the Italian Alps is fantastic. They'll also talk about how far ahead of us Italy is in incorporating bike transportation into everyday life—there are bikes of every sort everywhere!

THE OLYMPIA BRANCH BANQUET and awards ceremony is to be held on Saturday, **Oct. 22** at St. Martin's Worthington Center. Author, photographer, and adventurer **Helen Thayer** is scheduled to speak. See the branch website for details.

IF YOU WANT TO LEARN MORE about joining The Mountaineers or wish to send a membership brochure to a friend, or if you have moved and don't want to miss an issue of the bimonthly *Mountaineer* magazine, send an e-mail to olymountaineers@gmail.com. Please include your mailing address so that we can send you a membership packet.

OLYMPIA BRANCH ELECTIONS for vice chair, treasurer, and member-at-large were held in August. See the branch website for details.

THE OLYMPIA BRANCH BOARD meets on the second Wednesday of each month. The next meetings are **Sept. 14** at the Olympia Center and **Oct. 12** at Alpine Experience in the Hyak Room. Members are encouraged to attend, especially the September meeting, which is the quarterly members' meeting.

OLYMPIA BRANCH LIBRARY: Located at Maxine Dunkelman's house, 5418 Lemon

Rd. N.E. Contact Maxine, 360-352-5027, maxdunk@comcast.net, if you'd like to come by to browse, check out or return materials. Returns can also be made at Alpine Experience (in the box behind the front counter). Books, DVDs, and maps owned by the branch are listed and searchable on the branch website. Maxine also attends our first-Wednesday potluck presentations with a selection of books to check out.

SEATTLE

Chair: Timmy Williams, mntntimmy@clearwire.net.

Website: seattlemountaineers.org.

The largest of our branches, Seattle gives lovers of the outdoors an opportunity to try out hiking, backpacking, scrambling, climbing, skiing, snowshoeing, wilderness navigation, first aid, family activities, folk dances, leadership training, naturalist study, photography, singles events, Retired Rovers activities, Under the Hill Rovers activities and sailing.

Learn more

Watch the website for an announcement of the next **MEET THE MOUNTAINEERS** event. They are usually held midweek from 6:30 to 9 p.m. at The Mountaineers Program Center. Dozens of volunteers from the branch committees will be eager to introduce you to all things Mountaineers. Members of The Mountaineers Board of Directors are on hand to find out what you'd like to see in the organization. Snacks and beverages will be available.

FREE HIKING SEMINARS: Do you have the hiking or backpacking bug but you just need to know a little more about how to get started in the Pacific Northwest? The Seattle Branch offers a free Beginning Hiking Seminar most months. The next ones are set for 6:30 p.m. on **Sept. 15** and **Oct. 20** at The Mountaineers Program Center. Though they are free, it is requested that participants register online for these seminar to make sure there is enough seating available.

NATURALISTS' EVENTS/LECTURES: The Naturalists Committee will hold its reunion potluck dinner event on Sept. 27 at The Mountaineers Program Center from 6:30-8:30 p.m. It has also announced its first two lectures:

Nov 10, Thu. - Clay Antieau, "How Weeds Work and Why that Matters"

Jan 12, Thu. - Paul Bannick, "Owls and Woodpeckers"

DO YOU WANNA DANCE? The Seattle singles group and the Folk Dancing Committee hold dances and lessons. Contact Karen Ludwig, karenludwig2000@yahoo.com, for upcoming singles dances and visit www.mountaineers/seattle/folkdance.

See Tacoma on page 34

TACOMA



Chair: Geoff Lawrence, geoff.lawrence@tacomamountaineers.org.

Website: www.tacomamountaineers.org.

The second largest of all seven branches, Tacoma hosts its own program center and hub (soon to be renovated and expanded) in the quaint Tacoma neighborhood of Old Town near Puget Sound. Close to Mt. Rainier and to yet another Mountaineers property, Irish Cabin on the Carbon River, Tacoma Branch offers an extensive list of activities and courses in backpacking, hiking, conservation, scrambling, climbing, first aid, snowshoeing, skiing, sea kayaking, sailing, bicycling, singles events, wilderness navigation, avalanche awareness, folk dancing, photography and family activities.

Visit our website and browse through our activities, our events calendar, the "Who We Are," and learn about us.

Learn more

Orientation meetings for new, current and prospective members are held the third Friday of most months at the Tacoma Program Center. They start at 7 p.m. and include social-

izing, a presentation about our branch and a featured speaker.

Want a personal guide to what the Tacoma Branch offers? Contact one of our **new-member mentors** (see our branch website).

TACOMA ANNUAL BANQUET: The Tacoma Branch invites all to its yearly shebang on Saturday, **Oct. 15**, celebrating the past year, featuring a guest speaker and presenting awards. See the branch website for more.

CENTENNIAL CELEBRATION NEARS!

The Tacoma Branch will celebrate its 100th birthday on March 19 of next year. Stay tuned to the magazine and website for more details as they develop.

SPORT CLIMBING FROM SQUARE ONE:

If you have a hankering to climb rock but have no experience, the Tacoma Branch Sport Climbing Course is for you. First lecture will be Sept. 15, so enroll as soon as you can. Check www.tacomamountaineers.org for registration information via course leader.

CONSERVATION COMMITTEE: Mon., Sept. 12, 7-9 pm. Details: Diane Butorac, diane.butorac@tacomamountaineers.org

TACOMA BRANCH BOARD meets on the last Monday of most months at 7 p.m. at the Tacoma Program Center. Meetings are open to all members.

MOUNTAINEERS-WIDE: PLAYERS

Escape to the Kitsap Forest Theater! Stroll down the forested trail to our unique and breathtaking stage. Create a treasured family tradition!

"Into the Woods" Has ended a successful run at the Kitsap Forest Theater. Keep an eye on our website, www.foresttheater

Help wanted: If you are interested in helping with our show, please contact co-producers Gala Lindvall, 206-542-4195, gala-baskets@comcast.net, and/or Nancy Estill, 206-595-8610, nestill@u.washington.edu. Visit www.ForestTheater.com.

To stay current with all Mountaineers events, remember to keep your member profile updated via www.mountaineers.org

Mushroom foraging (continued from pg. 22)

The rules about picking mushrooms on public land vary by locale. State Parks have one set of rules which can be changed by the local ranger. Each national forest has its own rules and each ranger district within that national forest has its own. Each national park has its own rules (no picking in the North Cascades and a limit of one quart in Rainier and Olympic—miniscule!) As you can see, the rules can be very confusing.

Basically If you aren't picking for commercial reasons and in large quantities, you'll be left alone. In 15 years, I've never even been approached by any government worker and been asked about my mushrooms, let alone checked for quantity. Mushroom hunting is very under-the-radar and most rangers don't really know what the regulations are. However, if you are going to pick commercially on national forest land you need a permit, and no commercial picking is allowed in state parks.

We tell people to carry a compass and a whistle, common to most hikers and backpackers.

Also be aware that when mushrooming, you're looking at the ground and turning in circles all the time, so it's easy to get disoriented from the trail you've been on.

Gear-wise, a collecting basket, canvas or paper bag (not plastic, which turns mushrooms mushy) and any type of knife will do. It's a very low-tech activity.

Clothing-wise, waterproof apparel from toe to head—standardly carried by hikers—is much advised. For techies, a GPS unit can help you mark spots for your future outings, because some mushrooms come up in the same places repeatedly (depending on climactic conditions, temperature and rain). These are mycorrhizal fungi, growing in association with the nearby trees and exchanging water and nutrients with the foliage. Chanterelles and king boletes fall into this category. Morels are not mycorrhizal.

Mushroom cooking on the trail is a simple matter of frying the mushrooms with butter, salt and onions. Or they can simply be added to ramen noodle soup or miso. To make

them a side dish, you could add flavorings like garlic and dried green spices (oregano, dill, rosemary). Lemon juice brings out the flavor of many mushrooms as well.

The most common edible mushroom in Washington is the yellow chanterelle, found in the fall amidst mixed conifer forests throughout the state. There is also a white variety, but it is less common. In spring, the most common edible one is the morel (typically found on the east slope) but they are not nearly as easy to find. Many people call them the "elusive morel."

The other edible mushroom that people especially go after in spring and fall is the king bolete. Known as porcini in Italian dishes, they are found throughout the forests of Washington.

Other popular Pacific Northwest edibles are puffballs, shaggy manes, matsutake, shaggy parasols, oyster mushrooms, chicken of the woods, hedgehogs, and lobster mushrooms—all great candidates for pan frying with the

Continued on page 36

Mountaineers lodges are open year-round for members and guests. Reservations are made through a prepay system which accepts payment by either credit card or a check. If paying by credit card, simply call 206-521-6001 by 5 p.m. (for all lodges except Meany which is via www.brownpapertickets.com; 800-838-3006) on the Thursday prior to the weekend. If paying by check, the payment must be received by 5 p.m. Thursday prior to the weekend you wish to reserve. All we ask of you thereafter is to call the program center, 206-521-6001, by 5 p.m. on Thursday to confirm that your payment has been received and that a reservation has been secured. **Cancellations:** All cancellations, except for Meany, must be made at club headquarters by 5 p.m. on the Thursday before the lodge visit. The cooks need to know you're coming! This is also the refund deadline.

Baker Lodge

The Mountaineers Mt. Baker Lodge is nestled in the spectacular beauty of the North Cascades and just a short walk from the upper lifts of the Mt. Baker Recreation Co. Watch the website via www.mountaineers.org for updates and details on open weekends this spring.

Reservations: At times during the season Mountaineers activity groups have signed up for specific weekends. Even though groups may be scheduled for a weekend, unless otherwise indicated, the lodge is open to the public on all dates, with reservations on a first-call basis through online registration or by calling 206-521-6001. Payments are made at time of reservation with credit card.

Questions can be answered by contacting Bill Woodcock, 206-696-6127, Judy Sterry, 206-366-2750, jsterry60@comcast.net, or by visiting the Baker Lodge website at www.mountaineers.org/lodge/baker.

To ensure that there is room for your group and to avoid scheduling conflicts, please contact Judy Sterry (contact info above) for November-May reservations and Jim Gipson (425-985-0616, gipwood@msn.com) for June reservations before publicizing the date of your event. Non-scheduled openings may be arranged if hosts can be found, but because most of our volunteer hosts are working full-time, midweek reservations may be hard to staff. The sooner you ask, the more likely it is that someone can be found.

Schedule/rates: Please click on "Calendar and Reservations" on our website's home page: www.mountaineers.org/lodge/baker.

Amenities: The lodge is normally open by 7 or 8 p.m. on Fridays. If you need a more specific opening time, call the host listed online.

Trail lights from the parking lot to the lodge are on until 10:30 p.m. and the trail is marked by flagged poles. If you arrive after 10:30 p.m. be prepared with a flashlight or headlamp. Each person should bring a sleeping bag, personal gear and a flashlight. Cars should have a shovel and chains. Saturday/Sunday breakfasts and Saturday dinner are served on weekends.

Baker Lodge welcomes the public, all ages and abilities. Families with children of age 5 or under should call the host prior to registering.

Fifth graders can obtain a **free** lift ticket if they are accompanied by a paying adult, complete an application and have proof that they are in the fifth grade. Visit the ski area website at www.mtbaker.us for a copy of the

application and additional information.

Get involved: Do you enjoy hosting people at parties, special events or in your home? Do you enjoy being a part of a team that puts meals together for others? If so, Baker Lodge may be your next opportunity.

The Baker Lodge Committee is looking for energetic individuals/couples/families to assist with general operations throughout the year. You can become hosts for Baker Lodge with just two weekends of training. Specific duties range from opening and closing the lodge, assisting with and/or supervising meal preparations, and coordinating lodge activities. (The possibilities are limited only by your imagination.)

Members of the Baker Lodge Committee are interested in exploring new ideas for maximizing this "beautiful little gem of a lodge" that sits in the shadows of Mt. Baker. Couples could team up with other couples to serve as hosts. Families could come together and welcome other families in for a family weekend. **HOSTS STAY FOR FREE.**

Those who lead Mountaineers trips and activities are always welcome to bring your group of Mountaineers members and guests to the lodge for any overnight or weekend.

Driving directions: N. on I-5 to Bellingham, take Exit 255, the Mt. Baker Highway, and go E. on SR-542 about 54 mi. to the ski area. At the Firs Lodge, turn right onto the one-way loop road that leads 0.3 mi. to our lodge on the right side of the road. We are about 1-1/2 hours from Bellingham and 3 hours from Seattle.

Kitsap Cabin

Built mostly by Mountaineers women in 1918, the Kitsap Cabin is home to The Mountaineers Kitsap Branch and The Mountaineers Players during spring and summer as they rehearse and perform at the Kitsap Forest Theater. The Players also hold their Youth Theater Camp at the Forest Theater.

Kitsap Cabin is surrounded by the Rhododendron Preserve, a 460-acre private reserve operated by The Mountaineers Foundation. It is one of the largest remaining parcels of Puget Sound lowland, old-growth forest in the Puget Sound Basin and serves as a buffer from encroaching development for not only the theater but also the creeks that are vital for spawning salmon each fall.

The cabin and theater are available for private rentals. For rental information, please call 206-542-7815.

For more about the Kitsap Branch, visit www.kitsapmountaineers.org.

For information about the 2011 Players' season, visit www.ForestTheater.com.

For information about The Mountaineers Foundation and the Rhododendron Preserve, visit www.mountaineersfoundation.org.

Meany Lodge

Meany Facebook page: Check it out! We continually add info and pictures about Meany events. Don't worry if you don't have a Facebook page; all info is posted on the Meany website and sent out monthly via e-mail.

Meany rentals: Meany is now open and available for private rentals and Mountaineers events for the fall season. If you want a nice, secluded cabin for a retreat or seminar, then visit our website at www.meanylodge.org. Go to "Contacts" and send the chair an email telling him that you are interested.

Meany Mushroom Weekend: Oct. 28-30 If you have a desire to see what kind of fungi you can harvest and eat from the national forests, this weekend is for you! Every year, Meany teams up with the Puget Sound Mycological Society for this popular event. During this weekend not only will you learn what types of fungi grow in the Pacific Northwest, which are safe to eat, and ways to cook these delectable gourmet treats, but you will also go out and forage for your own selections and then present them for viewing to the other foragers. Tickets are selling fast. For more information and registration go to www.meanylodge.org and click on appropriate links on the left side of the main page.

Meany Summer and Fall Work Parties: Ever wonder how things "get fixed" at Meany? Check out what already has been done at Meany (www.meanylodge.org/fall/workparties.html). We have both midweek and weekend work parties throughout the fall season. If you are unsure about the time commitment for winter, come up during a fall work party to get a feel and talk to the committee. The crowds are definitely smaller and you get to sample potential winter menu items. Moreover, it doesn't cost you anything (except a little sweat equity). As an added bonus, one fall weekend we will make fresh apple cider and the last weekend we feast on steak!

Bring your kids (helpful ones are most welcomed), even if it's only for a couple of hours. The work parties are listed on the Meany calendar (www.meanylodge.org/calendar).

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dar.html), but the next ones will be Sept. 10-11, 24-25, 27-29; Oct. 8-9, 11-13, 22-23.

For more on midweek work parties contact Ray Nelson, nelson.rp@frontier.com. For weekends contact Chuck Welter, chair@meanylodge.org. To register for a work party, go to www.brownpapertickets.com/event/116061.

Meany Winter Sports season: Meany is the only Mountaineers lodge with its own winter sports facilities and school. We offer a wide variety of winter sports. Check out the program (www.meanylodge.org/winter/ski_program.html) and see what is available. If you don't need lessons, come and try our hill—if you can ski Meany, you can ski anywhere, it is said. And you will never want to ski anywhere else.

For the price of a full day at the Summit at Snoqualmie, you get a weekend at Meany with meals, a place to sleep and as much winter activity as you desire.

Meany instructor-led trips: Did you know our own Patti Polinsky, when she's not skiing at Meany, leads a fall hiking trip to Maine and a spring ski trip to Europe. Interested? Read on:

New England Fall Colors: Join the group that Patti is leading for a week of day-hiking and paddling while enjoying the New England fall colors of Maine. You will be staying at the Appalachian Mountain Club Camps and will hike the Appalachian Trail one full day. To preview the trip, go to <http://gallery.me.com/mrbunz#100214>. For more info contact Patti at MeanySports@me.com.

Ski the Alps in Austria: Last spring it was skiing Italy and France. This year it is Austria with great skiing on- and off-piste, and staying in hotels serving grand, multi-course dinners with spas for your after-ski relaxation. To preview the trip go to http://web.me.com/mrbunz/Site_4/Ski_Austria_2012.html. For more information contact Patti at MeanySports@me.com.

Snoqualmie Campus

Snoqualmie campus is closed to the public but available for group rentals. Please contact The Mountaineers Program Center at 206-521-6001 if you are interested in a group rental.

Stevens Lodge

Visit www.stevenslodge.org to view current activities at the lodge. For more information, contact Angela or Greg, 425-258-4847, greg@stevenslodge.org.

Bring a warm sleeping bag, toilet articles and a towel for the shower, suitable clothing, your gear and a flashlight. Some pillows are available, but feel free to bring your own if you desire. Bring a padlock if you wish to secure your equipment. Stow your gear in a pack or sled suitable for walking the 600-foot distance to the lodge.

Driving directions: Take US-2 to the Stevens Pass Ski area. Turn into the parking entrance just below Tye Creek Lodge (the old West Lodge) on the W. side of the summit. Stay left at the entrance and go around the hairpin turn at the far end of the lot, then continue to the upper level parking area, Lot #4. Park here. Look for a steep Cat track/service trail leading up the bank at the far end of the lot. Stay on it and turn right at the top. Go past the lodge on the left (Penguins' Ski Club) for 500' until you come to a sharp 90-degree bend in the trail. The reddish-brown, four-story building is the lodge.

Mushroom foraging

(continued from pg. 34)

aforementioned ingredients.


If you don't want to bother with cooking these delectables on the trail, they lend themselves well to dehydration and can be kept this way for years. Just reconstitute them with your favorite liquid, be it warm water, milk, cognac or other.

About the show: According to Kim Traverse, a member of the PSMS Board of Trustees, The Mountaineers Program Center is a newer and bigger location for the annual show. "Now we have one big room whereas before we were broken up into different rooms." For more about the PSMS show, visit www.psms.org

About the author

Recently retired, John Goldman has worked in the background music and paging industry, commercial real estate brokering, computer networking hardware and software. Upon joining the Puget Sound Mycological Society (PSMS) and attending its fall shows, such as the one to be held at The Mountaineers Program Center on October 15, his science and academic proclivities were reawakened. He and his wife started venturing out on 1-3 night mushroom hunting excursions to such areas as Leavenworth, Lake Wenatchee, Hood Canal, Olympic Peninsula, the coast near Ocean Shores, Mt. Rainier, Chehalis and Mt. Baker. He has served as a PSMS trustee since 2000 and its treasurer since 2002. He also co-chairs the society's sales of books and merchandise.

Climb Mt. KILIMANJARO



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Make the most of your Mountaineers membership

Members and volunteers are the backbone and heart of The Mountaineers. Recognizing this, the Membership Program focuses on these goals:

- 1) To better understand who our members are and what you value about the organization
- 2) To attract new and retain current members to broaden our community of outdoor enthusiasts, and
- 3) To deepen member involvement and enjoyment so that you can make the most of your Mountaineers experience

To gauge where we are and how we're doing with these goals, we conducted a survey in June of randomly selected members and guests. We'll share more of what we learned in the next magazine once all the results are tabulated. In the meantime, did you know that more than 62 percent of those surveyed said they first heard about The Mountaineers through word of mouth from a colleague, family member or friend? This response tells us that the best qualified ambassadors

and most important voices for telling The Mountaineers story are YOU, our members.

What is your Mountaineers story? For more than 100 years The Mountaineers has been all about getting people outside, safely and responsibly, and literally writing the books we depend on in pursuit of this mission: "... enriching the community by helping others explore, conserve, learn about and enjoy the land and waters of the Pacific Northwest."

You can help write the next chapter in our history by sharing your Mountaineers story with us and with others. We need your help in spreading the word - invite your friends to join, teach someone to belay, volunteer to lead a trip or help with a lodge activity. In the coming months we're excited about bringing you more benefits as well as opportunities to get involved, volunteer and make the most of your membership in The Mountaineers. By your participation (see contact info below left) you will help shape the next 100 years in myriad ways!

Take advantage of your benefits!

As a 501(c)(3) non-profit all but \$10 of your dues are tax-deductible. In return for your investment in The Mountaineers, you also receive:

- **DISCOUNTS ON ALL THINGS MOUNTAINEERS** - courses, lodges, lectures, trips, travel and special events like Radical Reels (at right).
- **COMMUNITY PARTNER DISCOUNTS** - such as these:
 - Eddie Bauer/First Ascent - 40% off gear
 - Magnuson Athletic Club - 50% off join fee / \$10 off membership
 - Mountain Hardwear - 15% off gear
 - Seattle Outdoor - 15% off gear
 - Vertical World - 10% off membership
- **ALSO OFFERING SELECTED DISCOUNTS** - Backcountry.com, Marmot, Second Ascent, Feathered Friends, REI & ExOfficio
- **ACCESS TO OTHER OUTDOOR ORGANIZATIONS** - shared member rates with our sister groups: Mazamas, Appalachian Mountain Club, Adirondack Mountain Club & Colorado Mountain Club
- **BOOKS, RESOURCES, AND PUBLICATIONS** - 20% off Mountaineers titles, discounts on other books & maps, access to our library archives, *Mountaineer* magazine, the *Routefinder* & *Conservation Currents* e-newsletters
- **STEWARDSHIP OPPORTUNITIES** - Volunteer at one of our backcountry lodges, Leave No Trace clinics, family environmental education programs, conservation seminars, outings, trail or fire lookout maintenance

For a complete list of benefits and how to access them, see our website or call 206-521-6001. For more about volunteering: Becca Polglase, beccap@mountaineers.org, 206-521-6011 (outreach); Sarah Krueger, sarahk@mountaineers.org, 206-521-6012 (conservation); Valerie Normand, valerien@mountaineers.org, 206-521-6023 (membership programs).



Thursday, September 15
7pm at The Mountaineers Program Center
\$15 Mountaineers members • \$20 non-members
Get your tickets at the Program Center or by calling 206-521-6001



Loni living her passion (top photo) and with her students (bottom photo)

Volunteer Spotlight

Welcome to the Volunteer Spotlight, a new addition to our Stepping Up column, where we highlight volunteers who have made a significant impact on Mountaineers members. We're proud to have so many volunteers who give their knowledge, passion and positive energy to our students. Do you have a great story to share about a volunteer who has greatly influenced your Mountaineers experience? Go to our website to fill out our "Volunteer Spotlight Nomination" form.

Loni Uchtyl - Seattle Branch

Champion of the underdog, cheerleader of all good things, quintessential Libra (all things in balance!)

You only have to talk to some of Loni's climbing students to get an idea of her influence on Mountaineers. Check out the following accolade from Steve Brain:

"I have to say that Loni has assembled the most engaging, supportive and energetic group that I've seen in the time I've been a Mountaineers member. Doing the crag course has been very refreshing, because of the attitude, the energy level and camaraderie . . . awesome. I certainly attribute a lot to Loni and her team of instructors.

"At Tieton, on our first field trip, I nearly packed in the course, and possibly rock climbing. I couldn't climb the cracks, even on top-rope, and I was frustrated and ready to quit. Loni saw me sitting around and doing nothing, made me put my harness back on, set up a second rope, and had me climb the cracks with her nipping at my heels, giving encouraging feedback and generally not taking 'no' for an answer.

"At the end of the day she let out the secret that the next field trip would be Mountaineer Dome, and graduating the course would be multi-pitch climbs on well known 5.6 routes like R&D, Groundhog Day, etc., which suddenly made it seem actually achievable. Really, without her eagerness to look out for every student I'd be thinking of only skiing next season, with no reason to be a Mountaineers member."

Addendum: After failing Rock #2 on R&D last year, Steve really was thinking of packing in his Mountaineers membership, as not only did he fail the field trip, but he saw no path to make up for it anytime soon. Fellow Mountaineer Anne Meagan then suggested signing up for the Crag Course. Steve notes, "I was delighted to lead on R&D this spring, putting last year's defeat behind me. There is something definitely going on with the Crag Course."

A dental hygienist by day, Loni has committed countless evenings and weekends to The Mountaineers climbing program. She's been a member for "a really long time" and has been actively volunteering for the past four years. Why does she do it? "I love to climb and I am really enthusiastic about my passion for climbing. I love watching people accomplish what they didn't think they could do, or taking them out on something for the first time and seeing them get excited about it. It's as much fun for me to do that as I think it is for them to experience it."

Loni is a mom of two teenage boys, one of whom is headed to college next year to study astrophysics. In addition to climbing, volunteering and raising the boys, Loni enjoys skiing, snowboarding and anything outdoors. She's been teaching athletes since college as a gymnastics coach. She played competitive racquetball in her 20's and then spent five years flying hanggliders before falling in love with rock climbing.

Right now she is looking forward to climbing trips to Yosemite and Red Rocks this fall, a climbing trip to Thailand next February and a climbing-canyoneering trip to the Southwest in fall of next year.



Chad Beeman photo

Extra food, anyone?

- 1) Navigation (map and compass)
- 2) Sun protection (sunglasses and sunscreen)
- 3) Insulation (extra clothing)
- 4) Illumination (headlamp/flashlight)
- 5) First-aid supplies
- 6) Fire (waterproof matches/lighter/candles)
- 7) Repair kit and tools
- 8) Nutrition (extra food)
- 9) Hydration (extra water)
- 10) Emergency shelter

Tracking the Ten (continued from pg. 23)

Jim Nelson, a purveyor of gear who runs an outdoor retail store, has also instructed Mountaineers and led trips. He falls into the camp of innovators to which former "Freedom" editor Ferber alluded. Following are insights from the three current Mountaineers on the history and evolution of the Ten Essential Systems.

Tom Cushing: The Ten Essentials, as a list and labeled as such, makes its first appearance on page 25 of "Freedom of the Hills," third edition. It also appeared as an index entry in that edition.

The first two editions marked all of the standard components as essential with an asterisk,

but they were scattered through extensive checklists under headings such as "Clothing," "In the Pockets," and "In the Pack," along with "Boots, Socks, Pants, Underwear, Mittens" and such, beginning on page 26 of the first edition (1960) and on page 32 of the second (1967). The index entry for both was "Equipment."

The concept made the leap to "Ten Essential Systems" on page 35 of the sixth edition, published in 2003.

Randy Nelson: I learned to climb with the Dartmouth Mountaineering Club (DMC) in 1971. My thesis advisor and often climb partner was a University of Oregon graduate who had the

second ascent of the Klickitat Icefall on Adams. I recall both he and the DMC referring to the Ten Essentials, but I used the second edition of "Freedom" for my belay instruction. The third edition came out while I was still a new climber at Dartmouth. Bottom line is, the Ten Essentials as a concept existed long before it was put into print.

Jim Nelson: I carry most if not all of the essentials on the list. I pay less attention to some items like extra food and clothing for day trips, depending on the destination. I like bringing extra sunglasses in case my first pair gets broken on a trip, especially when there is snow cover.

I take extra socks because I put fresh socks on before the hike back to the trailhead, and change them twice a day on long days. My feet sweat, and fresh air and fresh socks go a long way to keeping me happy. One thing not on the list that I always include if there is snow—crampons. I know the ice ax always gets mentioned for snow travel, but for me the crampons are more important. It's much harder to slip when wearing my crampons, and also much easier to stop a slip. ▲▲

Playground answers (from pg. 27)

1) True! Pharaohs loved the taste of mushrooms so much that they declared it a food fit only for royalty.

2) False. While expensive, the white truffle isn't the most expensive mushroom around. That distinction goes to Japan's matsutake mushroom, which goes for about \$1,000 per pound.

3) True! The oldest known fairy ring was found in France. Scientists believe that it's roughly 700 years old!

4) True! But this one is a bit of a trick question. Rust is a type of fungus that resembles rust, the reddish brown sign of metal decaying. The fungal rust infects plants and usually pops up after rain.

5) False. This is another tricky one. Pigs used to be the favored way of finding truffles. But they loved the truffles so much they often would just eat them themselves! Today specially trained dogs have replaced pigs as the chief truffle hunter.

First riddle: A mushroom. **Second riddle:** Hey, you're a fungi!



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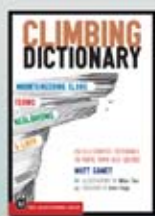
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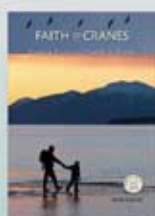
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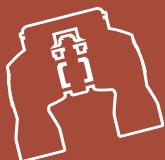
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