

# Example Winter Camping Pack List

## Sun Protection

- ☐ Sunglasses/Snow Goggles
- ☐ Lightweight hoodie for sun protection
- ☐ Sunscreen
- ☐ Buff/Bandana
- ☐ Lip Balm
- ☐ Hat

## Hydration

- ☐ Water (2L minimum)
- ☐ Personal Water Filter
- ☐ Pot for melting snow for water

## Nutrition

- ☐ Food for the trip
- ☐ Extra food in case the weather forces an extended stay
- ☐ 2 person Cook Set (optional if eating from a freeze-dried food bag)
- ☐ Fork/Spoon

## Illumination

- ☐ Headlamp
- ☐ Spare Batteries (enough to completely replace the ones in your headlamp)

## Insulation/Extra Clothing (NO COTTON!!!)

- ☐ Gloves (+ extra pairs)
- ☐ Wool/ synthetic base layer
- ☐ Down "Puffy" Jacket
- ☐ Rain Pants
- ☐ Rain Jacket
- ☐ Down "Puffy" Pants (nice to have)
- ☐ Softshell jacket
- ☐ Gaiters
- ☐ Extra Socks
- ☐ Waterproof, insulated, breathable boots

## LNT (Leave No Trace)

- ☐ Blue Bags & Trowel/Baby Wipes
- ☐ Camera
- ☐ Trash bag(s)
- ☐ Critter/Bear Canister or bucket as required/recommended

## Shelter

- ☐ 2 Person 4-season Tent with Fly and Footprint
- ☐ Shovel
- ☐ Snow Saw
- ☐ Lightweight tarp
- ☐ Sleeping Bag rate to coldest expected temperature
- ☐ Sleep Pad (Use 2 for winter)
- ☐ Pee Bottle

## Navigation

- ☐ Paper Map of travel area & Compass
- ☐ Map downloaded to phone

## Fire

- ☐ Liquid Gas Stove\*\* (check that it functions, and you know how to operate it before leaving for the trip)
- ☐ Liquid fuel (8 oz per person per day)
- ☐ Extra Fuel (100g boils approx. 10L of water)
- ☐ Lighter(s) - bring extras for those who borrow

## Repair Kit

- ☐ Pocket Knife
- ☐ Duct Tape
- ☐ Maint/Repair kits for gear (as applicable)

## First Aid

- ☐ Required medications (if any) - let leader know
- ☐ Med Kit/First Aid Kit
- ☐ Hand/Foot warmers
- ☐ Toothbrush/paste
- ☐ Emergency Contact Info

## Pack

Large enough to include all the above. (50 - 70 liters)

\*\* Liquid outperforms canister stove in very low temperatures when melting snow for water