



2024

# Introduction to Backpacking



# Welcome Zoom Meeting



Welcome



Course Leader  
Introductions



Instructor  
Introductions



Course Outline



Course  
Resources



Getting Around  
on the Website



How to  
Graduate



Important  
Dates





# Course Leaders

Lara Linde – Member since 2018,  
first backpack trip in 1999, first  
Mountaineers backpack trip 2018,  
course graduate 2019

1999

2009

Lu Wright – Member since 2018,  
first backpack trip in 2009, first  
Mountaineers backpack trip in  
2019, course graduate 2021



# Backpacking in 1999

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Backpacking in 2019

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# Course Leaders and Instructors

- Combined backpacking experience: **200+ years**
- In addition to summer backpacking our combined leader experience includes winter camping, climbing, scrambling, bikepacking, shoulder season, section hiking, and long trails
- Ask us anything!

## LEADERS



**LARA LINDE**  
Leader



**LUCIANA (LU) WRIGHT**  
Leader

## INSTRUCTORS



**BRIGITTE BRUGGER**  
Instructor



**KATHY WINTRIP**  
Instructor



**JEFFREY EDWARDS**  
Instructor



**REBECCA JACOBSEN**  
Instructor



**DIANN SHELTON**  
Instructor



**DAVE SCHULTZ**  
Instructor



**VANESSA PHILLIPS**  
Instructor



**LISA ELLIOTT**  
Instructor



**CAROLYN CARBAJAL**  
Instructor



**DAVID HYDE**  
Instructor



**LESA CHASE**  
Instructor



**JOANNE NAJDZIN**  
Instructor



**AMANDA SLEPSKI**  
Instructor



**MONTE WINDSOR**  
Instructor



**SUSAN CIBLIN**  
Instructor



**JERRICK LINDE**  
Instructor  
Qualified Youth Leader



**ROYCE POETTER**  
Instructor



**VALERIE LORFELD**  
Instructor



**HALEY THOMPSON**  
Instructor



**DEANNA NUTTBROCK-ALLEN**  
Instructor



**JERYL KOLB**  
Instructor



**EUGENE KELTGEN**  
Instructor



**LISA MCPEAK**  
Instructor  
Qualified Youth Leader



**FRANK MCGRACKEN**  
Instructor  
Qualified Youth Leader



**KURT MALLERY**  
Instructor



**BETH LOWE**  
Instructor



**MARC LOWER**  
Instructor



**STACEY GILLETTE**  
Instructor



**SHARON PAIGE**  
Instructor



**ANDREA WELSH**  
Instructor



**LESLIE EDWARDS**  
Instructor





# Course Structure & Outline



WELCOME  
ZOOM MEETING



LECTURE 1



LECTURE 2



PRACTICE CAMP



FIELD TRIPS



# Lecture 1

- Shelters
- Packs
- Sleep Systems
- Footwear, Care & Trekking Poles
- Comfort Items
- Gear Demos





## Lecture 2

- Leave No Trace Ethics & Low Impact Recreation
- Clothing
- Personal hygiene
- Water treatment
- Food planning, cooking, & food storage
- Backpacking stoves
- Trip planning
- Gear demos





# Practice Camp

- Develop your backpacking skills
- Get your pack fitted properly
- Learn to pack your gear
- Go on a short hike with your pack
- Set up your tent
- Filter water with your water filter
- Cook a meal on your backpacking stove
- Stay overnight (optional)





# Field Trips

- Put your skills into practice
- Build your strength & confidence
- See beautiful backcountry destinations
- Meet other nature loving backpackers





# Course Resources & Options to Support Your Learning



Course Requirements Roster Required Equipment Course Materials

NAME/DESCRIPTION

[2022\\_Intro to BP\\_Welcome Zoom Meeting.pdf](#)

[2022\\_Intro to Backpacking Resources.pdf](#)

[2022 Intro to BP Lecture 1.pdf](#)

[2022 Intro to BP Lecture 2.pdf](#)

[Sample Food List](#)

[Sample Packing List](#)

[Mountaineers Trip Expectations](#)  
Expectations for trip participants

[Graduation Application\\_2022.pdf](#)

[Graduation Application\\_2022.docx](#)

[Introduction to Backpacking Manual 2017](#)  
Manual for backpacking that includes much of the presentation material but not all; plus some additional material not covered in class

To find resources and course materials check the course page and select the blue 'Course Materials' tab to access more information.

- Slides shown during lectures and this meeting
- Resources slides with links to more detailed information on backpacking gear and topics with some videos on leader gear choices
- Packing checklist
- Course manual
- Expectations and policies for trips
- Graduation application





# Mentors

- Everyone will have a mentor
- Mentors enrich your learning experience. The experience you have with your mentor will depend upon how much you engage with them.
- Ask your mentor questions
  - ✓ How to get around on the website
  - ✓ Tips and tricks
  - ✓ Selecting a trip that is a good fit for you
  - ✓ Conditioning advice
  - ✓ Gear options or suggestions
  - ✓ How to stay comfortable with different weather conditions
- Don't be afraid to reach out. Your mentor is there to help you learn and is another free resource!
- Mentors will be assigned at Lecture 1

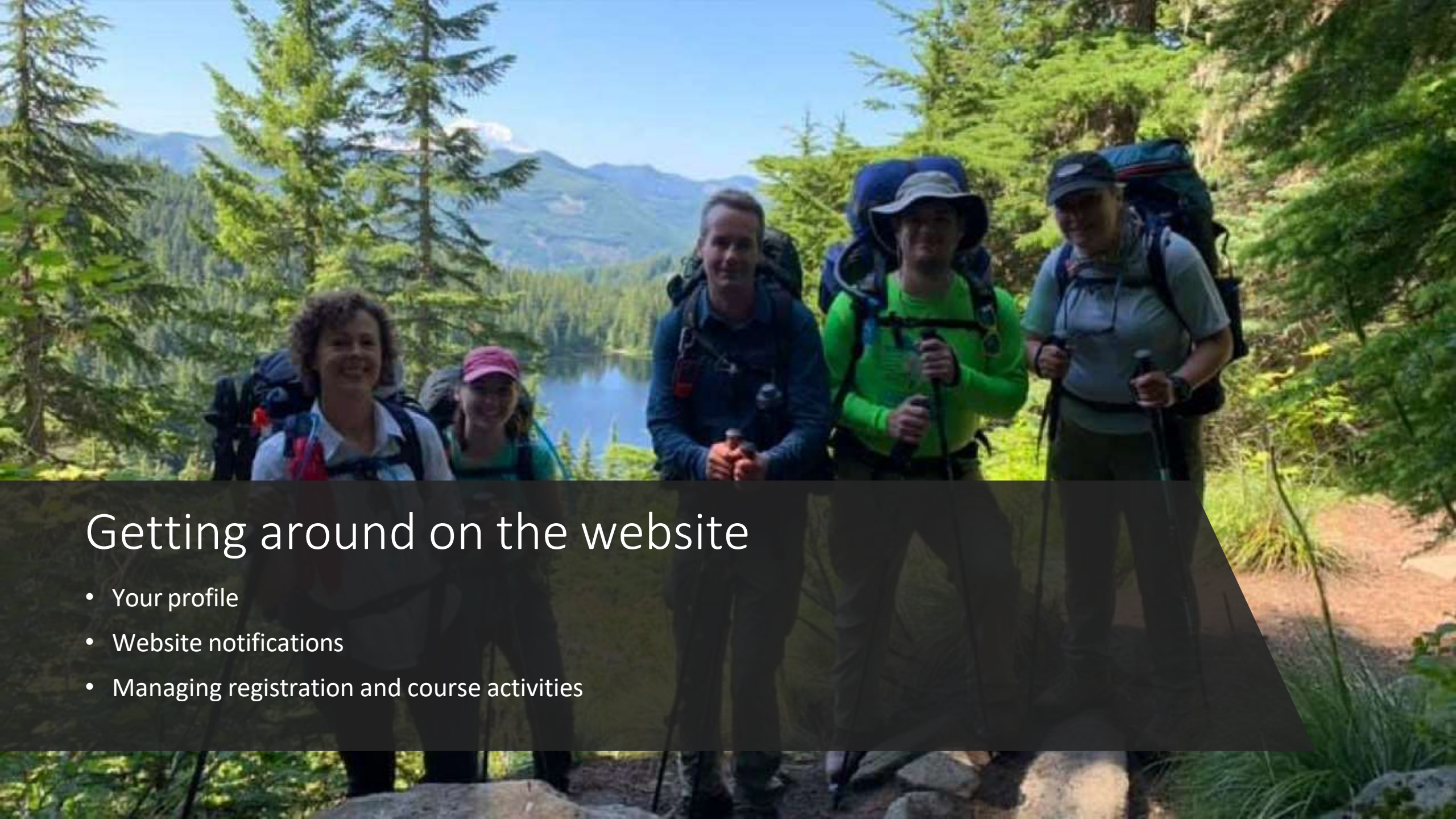




# Practice Hikes & Other Learning Opportunities

- Wednesday evenings in April and May  
“Weighted Wednesdays” practice hikes
- Less frequent weekend options for weighted practice hikes
- Preference given to backpackers, but you may need to request the leaders permission before registering
- Some mentors may be agreeable to offering practice hikes or even pack ‘shakedown’ if you ask

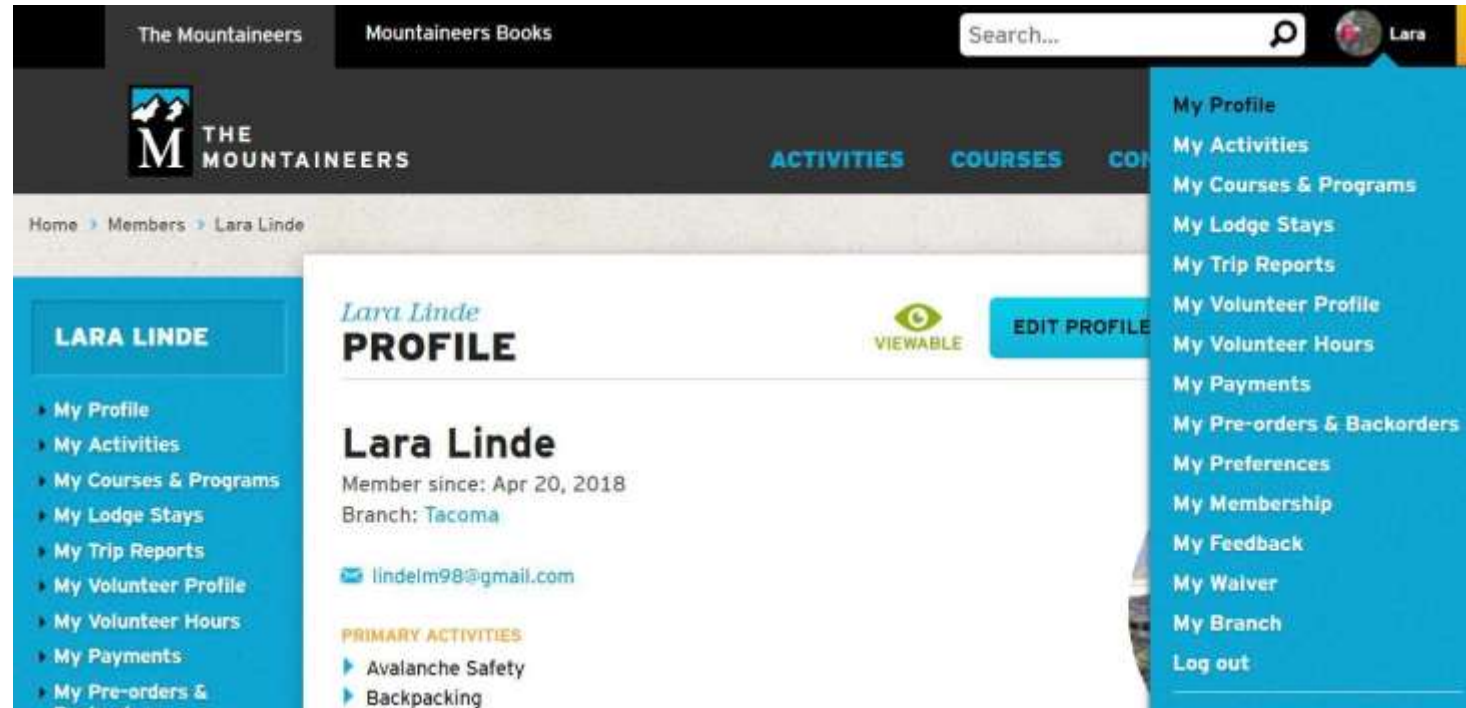




# Getting around on the website

- Your profile
- Website notifications
- Managing registration and course activities





# Your Profile

- Log in then hover over your photo or go to the left margin and click on 'My Profile' to bring up your profile page.
- On this page you can edit your profile to include a photo and information about the activities you're interested in.
- Note about viewable versus private profiles



Lara Linde  
**PROFILE**



EDIT PROFILE

ADD FAMILY MEMBERS

**Lara Linde**

Member since: Apr 20, 2018

Branch: Tacoma

lindeim98@gmail.com

**PRIMARY ACTIVITIES**

- ▶ Avalanche Safety
- ▶ Backpacking
- ▶ Day Hiking
- ▶ Environmental Awareness
- ▶ Exploring Nature
- ▶ Snowshoeing
- ▶ Urban Adventure

**COMMITTEES**

- ▶ Tacoma Backpacking Subgroup
- ▶ Tacoma Hiking & Backpacking Committee
- ▶ Tacoma Singles Activities Subcommittee



Your profile is currently set to viewable. [Learn more about who can see my profile.](#)

**Alerts & Notifications Preferences**

Update Frequency

Send me an email with new items...

- ☒ As soon as they are added
- ☐ In a daily digest
- ☐ In a weekly digest

**Activities**

Of these types... (choose at least one to get notifications)

☒ Backpacking ☒ Day Hiking ☒ Exploring Nature ☒ Global Adventures ☒ Snowshoeing ☒ Stewardship

**Branches**

With these branches... (leave blank to choose all branches)

☒ Bellingham ☒ Everett ☒ Foothills ☒ Kitsap ☒ Olympia ☒ Seattle ☒ Tacoma

**Courses, Clinics & Seminars**

Of these types... (choose at least one to get notifications)

☒ Backpacking ☒ Outdoor Leadership ☒ Snowshoeing

**Branches**

With these branches... (leave blank to choose all branches)

# Website Notifications

- Select 'Edit Profile' to update your preferences and scroll to the bottom of the page. Select the frequency and type of notifications you would like to receive, then save.



The Mountaineers Mountaineers Books Search... Lara DONATE

**THE MOUNTAINEERS** ACTIVITIES COURSES CONSERVATION VOLUNTEER MORE

Home > Members > Lara Linde

**LARA LINDE**

- My Profile
- My Activities
- My Courses & Programs
- My Lodge Stays
- My Trip Reports
- My Volunteer Profile
- My Volunteer Hours
- My Payments
- My Pre-orders
- My Backorders
- My Preferences
- My Membership
- My Feedback
- My Waiver
- My Branch

*Lara Linde*  
**COURSES & PROGRAMS** FIND COURSES + VIEW PAYMENTS & RECEIPTS

**Filters**

Category: All courses Courses I'm taking Courses I'm leading

☐ Show canceled  
☒ Show waitlisted

Date Range: Start - End

COURSE	ENROLLED/GOOD THROUGH	ROLE	STATUS	RESULT	ACTIVITIES
Basic Backpacking Skills Equivalency - Tacoma - 2023	Mon, Dec 26, 2022 - Sun, Dec 31, 2023	Leader	Registered		<a href="#">View</a>
Intermediate Backpacking - Seattle - 2023	Thu, Jan 26, 2023 - Wed, Dec 31, 2025	Student	Waitlisted (5)		<a href="#">View</a>
Introduction to Backpacking - Tacoma - 2023	Sun, Nov 20, 2022 - Tue, Oct 3, 2023	Leader	Registered		<a href="#">View</a>
Conditioning Hiking Series - Tacoma - 2023	Tue, Jan 10, 2023 - Sun, Oct 1, 2023	Instructor	Registered		<a href="#">View</a>
Basic Snowshoeing - Tacoma 2021/2022	Fri, Nov 5, 2021 - Mon, May 1, 2023	Instructor	Registered		<a href="#">View</a>

# Managing Registration & Your Activities

- To find the course after logging in, select 'My Courses & Programs.'
- Then select the course page 'Introduction to Backpacking - Tacoma 2024.'



## BACKPACKING COURSE

# Introduction to Backpacking

Gain the knowledge and tools you need to backpack comfortably and grow your backcountry confidence in 2023!

- ▶ Tue, Mar 14, 2023 - Tue, Oct 3, 2023
- ▶ Committee: Tacoma Hiking & Backpacking Committee
- ▶ Members: \$140.00 Guests: \$165.00
- ▶ Apply for a scholarship
- ▶ Availability: 9 (30 capacity)
- ▶ Cancellation & Refund Policy

Click the yellow "MORE +" button to read this entire course description before signing up.

## HELLO BACKPACKERS!

If you are new to backpacking or perhaps a returning backpacker who has been out for some time, this course will prepare you to safely and confidently enjoy overnight

MORE +

BADGES  
you will  
earn:



Basic  
Backpacking  
Skills



Backpacking  
Course



## REGISTRATION STATUS

LARA LINDE  
Role: Leader

Status: Registered

Manage registration

To register or cancel lectures and field trips, or to cancel entirely from the course, click the "Manage registration" button above.

### Intro to Backpacking Field Trip (optional)

Ozette Triangle	Fri, May 19, 2023 - Sun, May 21, 2023 Registration opens Mar 28: Instructor registration open now	6 participants 0 instructors	Lara Linde
Ipsut Creek Camp	Fri, May 19, 2023 - Sat, May 20, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	James Burke
Ancient Lake	Fri, May 26, 2023 - Sun, May 28, 2023 Registration opens Mar 28: Instructor registration open now	8 participants 0 instructors	Luciana (Lu) Wright
Packwood Lake	Sat, Jun 3, 2023 - Sun, Jun 4, 2023 Registration opens Mar 28: Instructor registration open now	6 participants 0 instructors	Stacey Gillette
Packwood Lake	Thu, Jun 15, 2023 - Fri, Jun 16, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	Lisa McPeak
Marmot Pass	Sat, Jun 24, 2023 - Sun, Jun 25, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	Lara Linde
Sheep Lake (Chinook Pass)	Fri, Jul 7, 2023 - Sun, Jul 9, 2023 Registration opens Mar 28: Instructor registration open now	6 participants 0 instructors	Frank McCracken
Spade & Venus Lakes	Sun, Jul 9, 2023 - Tue, Jul 11, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	4 participants 0 instructors	Shannon Roibiecki
Spectacle Lake	Fri, Jul 14, 2023 - Sun, Jul 16, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	3 participants 0 instructors	Jeryl Kolb

Enchanted Valley	Fri, Jul 28, 2023 - Sun, Jul 30, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	4 participants 0 instructors	Amanda Slepiski
Huckleberry Creek-Sunrise Area-Lake Eleanor Loop	Fri, Jul 28, 2023 - Sun, Jul 30, 2023 Registration opens Mar 28: Instructor registration open now	3 participants 1 instructor	Eugene Keltgen
Seven Lakes Basin & High Divide	Thu, Aug 24, 2023 - Sun, Aug 27, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	3 participants 0 instructors	Susan Conbere
Snowgrass Flat & Goat Lake Basin	Fri, Aug 25, 2023 - Sun, Aug 27, 2023 Registration opens Mar 28: Instructor registration open now	3 participants 0 instructors	Vanessa Phillips
Indian Heaven via Thomas Lake	Fri, Aug 25, 2023 - Sun, Aug 27, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	6 participants 1 instructor	Lisa McPeak
Lower Lena Lake	Sat, Sep 9, 2023 - Sun, Sep 10, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	Carolyn Carbajal
American Lake via Naches Peak Loop	Sun, Sep 17, 2023 - Mon, Sep 18, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	Carlanna Livingstone
Lower Lena Lake	Sat, Sep 23, 2023 - Sun, Sep 24, 2023 Registration opens Mar 28: Instructor registration open now	4 participants 0 instructors	Ashley McNeil
Golden Lakes Loop	Fri, Sep 29, 2023 - Mon, Oct 2, 2023 Registration opens Mar 28: Instructor registration open now Request Leader's Permission	4 participants 0 instructors	Lara Linde

- On the course page, scroll down to see the field trip options.
- There are lot field trips this year! Many are to areas with lakes, rivers, ocean, or desert with a variety of landscape scenery for your enjoyment.
- The next slide shows you how to learn more about the field trips.



Intro to Backpacking Field Trip (optional)			
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#### FIELD TRIP: INTRODUCTION TO BACKPACKING

### Intro to Backpacking Field Trip - Ancient Lake

*Preference to Tacoma Branch Introduction to Backpacking Students. Trip will open to all Mountaineers based on availability on May 1. A desert area in eastern Washington perfect for early season backpacking. Travel through desert, past basalt walls, and around the lakes, at the end of which is a waterfall, a rare feature in a desert. Enjoy wildflowers and interesting geology just to the east of the Columbia River near Vantage along the way.*

► Fri, May 26, 2023 – Sun, May 28, 2023  
► Committee: Tacoma Hiking & Backpacking Committee  
► Activity Type: Backpacking  
► Audience: Adults

► Difficulty: Moderate  
► Leader Rating: Moderate  
► Mileage: 15.0 mi  
► Elevation Gain: 1,700 ft  
► Pace: 1.5 mph

► Availability: 8 (8 capacity)  
► Instructor Availability: FULL (2 capacity)  
► Cancellation & Refund Policy

Meeting place and time  
Meeting place and time will be sent to registered participants.

Leader's notes



#### REGISTER PARTICIPANT

This activity is part of the Introduction to Backpacking - Tacoma - 2023 course. To register for the course, register or cancel lectures and field trips, or cancel entirely from the course, visit the course page.

#### REGISTER INSTRUCTOR

PREREQUISITES  
One of the following badges:

Hike Leader

## LEARN ABOUT THE FIELD TRIPS

- On the course page, scroll down to the field trips, select one that interests you, and click to open the trip page.
- Review the distance, pace, and other information to ensure the trip is a good fit for you. Some trips may have optional side trips or require an additional expense for backpacking permits, especially in national parks. The leader will specify this information including the additional cost per person in the trip description (leader's notes) if one is applicable. The leader will also specify what parking pass will be needed for drivers.
- Note the trip of interest so you know which one to sign up for on April 4. Sign up for more trips on April 7.
- Leader's permission – contact the leader ahead of time to get their permission to register before the trip opens to registration.



## BACKPACKING COURSE

### Introduction to Backpacking

*Gain the knowledge and tools you need to backpack comfortably and grow your backcountry confidence in 2023!*

- ▶ Tue, Mar 14, 2023 - Tue, Oct 3, 2023
- ▶ Committee: Tacoma Hiking & Backpacking Committee
- ▶ Members: \$140.00 Guests: \$165.00
- ▶ [Apply for a scholarship](#)
- ▶ Availability: 9 (30 capacity)
- ▶ [Cancellation & Refund Policy](#)

Click the yellow "MORE +" button to read this entire course description before signing up.

### HELLO BACKPACKERS!

If you are new to backpacking or perhaps a returning backpacker who has been out for some time, this course will prepare you to safely and confidently enjoy overnight

[MORE +](#)

**BADGES**  
you will  
earn:



Basic  
Backpacking  
Skills



Backpacking  
Course



### REGISTRATION STATUS

LARA LINDE  
Role: Leader

Status: Registered

[Manage registration](#)

To register or cancel lectures and field trips, or to cancel entirely from the course, click the "Manage registration" button above.

### INTRO TO BACKPACKING FIELD TRIP

You may optionally add any of the following activities:

- ☒ Ancient Lake - Sat, May 14, 2022 - Sun, May 15, 2022 - 0 spots
- ☒ North Fork Skokomish River to Big Log Camp - Fri, Jun 3, 2022 - Sun, Jun 5, 2022 - 0 spots

[Request Leader's Permission](#)

- ☒ Navaho Pass - Sat, Jul 9, 2022 - Sun, Jul 10, 2022 - 0 spots
- ☐ Pete Lake - Fri, Jul 15, 2022 - Sat, Jul 16, 2022 - 1 spots
- This activity conflicts with another activity where you registered previously.*
- ☐ Indian Heaven via Thomas Lake - Fri, Aug 26, 2022 - Sun, Aug 28, 2022 - 1 spots

Or join the waitlist for an activity that is currently full:

- ☐ North Fork Skokomish River to Big Log Camp - Sat, Apr 30, 2022 - Sun, May 1, 2022 - 0 on waitlist
- This activity conflicts with another activity where you registered previously.*
- ☐ Hyas Lake - Sat, Jun 25, 2022 - Sun, Jun 26, 2022 - 0 on waitlist
- ☐ Greenwater & Lost Lakes - Fri, Aug 12, 2022 - Sat, Aug 13, 2022 - 0 on waitlist
- ☐ Silver Creek Way Trail - Sat, Sep 10, 2022 - Sun, Sep 11, 2022 - 0 on waitlist

[Request Leader's Permission](#)

Your current course registration status is: **Registered**

[View Cancellation/Refund Policy](#)

If you have any problems with registration, please contact our Member Services Team: [info@mountaineers.org](mailto:info@mountaineers.org) or 206-521-6001. Thanks!

[Cancel from the course and ALL lectures and field trips](#)

[SAVE CHANGES](#)

## HOW TO REGISTER FOR A FIELD TRIP

- On April 4 at 8am, navigate to the course page and click on the blue manage registration button.
- Select the ONE backpack trip you would like to go on the most by checking the box next to the trip of your choice on April 4, at 8am, click save changes.
- Students that wish to join additional trips may check multiple boxes on April 7 at 8am or register for the waitlist.
- Course field trips will be moved to general club signups on April 30.
- Don't be afraid to join a waitlist but understand that you have made a commitment to the leader that you intend to go on their trip provided a spot opens.



**TRIP**  
**Day Hike - Little Mashel Falls**

\*\*\*A WELCOME TO HIKING DAY HIKE\*\*\* These are winter hikes sponsored by Tacoma Hiking & Backpacking Committee for those who are new to hiking or want to restart hiking. They will be at a pace appropriate for the group.

**COVID-19:** Learn about our most up-to-date guidance for participants and leaders on our COVID-19 Response page. All participants and leaders must agree to the COVID-19 Code of Conduct before participating in this Mountaineers activity.

Sun, Jan 9, 2022  
Committee: Tacoma Hiking & Backpacking Committee  
Activity Type: Day Hiking  
Audience: Adults

Difficulty: Easy/Moderate  
Leader Rating: Casual  
Mileage: 5.0 mi  
Elevation Gain: 500 ft  
Pace: 1.5 - 2 mph moving pace

Availability: FULL (5 capacity)  
Assistant Leader Availability: FULL (2 capacity)  
Cancellation & Refund Policy

**Meeting place and time**  
We will meet at George Smallwood Park in Eatonville at 8:30am, ready to hike at 9:00am. No parking pass is required. Once registration closes, participants will receive detailed information about meeting up and the plan for the hike. In the interim, feel free to contact the leader if you have any questions.

**REGISTRATION STATUS**  
LARA LINDE  
Role: Co-Leader  
Status: Registered  
[Edit or cancel registration](#)  
Registration will close on Jan 2 at 05:00 PM

**REGISTER PARTICIPANT**

**CHANGE OR CANCEL ACTIVITY**

**DAY HIKE - LITTLE MASHEL FALLS**  
Tacoma Branch

You are registering Lara Linde

**COVID-19 Code of Conduct:** By registering for this activity, I affirm that I have reviewed the Mountaineers COVID-19 Code of Conduct and the guidance for participants and leaders available on the COVID-19 Response page. By clicking the "Continue" button, I agree to follow this guidance during this activity.

Little Mashel Falls Sun, Jan 9, 2022 trip

Your current role for this activity is Co-Leader.

Your current registration status is: **Registered**

**SAVE** [Cancel my registration](#)

# Do's and Don'ts: Canceling from a trip

- If you need to cancel, do so as soon as possible. This allows others to join the trip that may be on the waitlist.
- Don't wait until the night before to cancel unless there is an emergency, or you are sick.
- If you cancel from a course field trip on or after April 30 you may not be able to get on another field trip and may not be able to graduate.



## How to graduate from this course

### Attend

Attend this Welcome Zoom Meeting, Lectures 1 and 2, and the Practice Camp

### Go on

Go on two backpack trips - one required course field trip and another of your choice, hike out 2 miles

### Earn

Earn [the Low Impact Recreation Skills](#) and [Stewardship](#) Badges

### Complete

Complete all of the requirements and submit your graduation application by October 1, 2024



## Stewardship Opportunities 2024

[www.wta.org](http://www.wta.org)

Washington Trails Association



### Maury Island

Friday March 15  
Saturday March 16  
Tuesday April 9  
Wednesday April 10  
Thursday April 11  
Friday April 12  
Saturday April 13

### Little Lake Forest

Tuesday March 26  
Wednesday March 27  
Thursday March 28  
Friday March 29  
Tuesday April 2  
Wednesday April 3  
Thursday April 4  
Friday April 5

### Dosewallips State Park

Thursday March 21  
Thursday March 28

### Backcountry Response

### Echo Lake Mt. Rainier

June 12-16  
July 10-14



### UPCOMING VOLUNTEER OPPORTUNITIES

#### April 20

[Earth Day Volunteer Work Parties!](#) Volunteer with us by spending 3 hours at one of our habitat stewardship sites in Fircrest or Puyallup. Activities include caring for existing plants and removing invasive species such as Himalayan blackberry and English ivy. This work supports water quality, our local wildlife, and pollinators. Select the park most convenient for you!

[Read More](#)

#### May 3

[Deadman's Pond Work Party](#) Volunteer with us by spending 3 hours at Deadman's Pond in Puyallup. Activities include caring for existing plants and removing invasive species such as Himalayan blackberry, English ivy and thistle. This work supports water quality, our local wildlife, and pollinators. Exact meeting location will be provided after signing up. [Read More](#)



# Local opportunities to get your stewardship done early!

Email [info@mountaineers.org](mailto:info@mountaineers.org) for non-club stewardship credit

#### BADGE

## LOW IMPACT RECREATION

*The holder of this badge has completed  
The Mountaineers Low Impact Recreation  
training and has the following skills:*



#### DESCRIPTION OF SKILLS

The holder of this badge understands the following low impact recreation skills

- ▶ Camping on durable surfaces
- ▶ Management of human waste in different outdoor environments
- ▶ On and off trail etiquette
- ▶ Food management including but not limited to food storage techniques, avoiding microtrash, and not feeding wildlife (intentionally and accidentally).

#### HOW DO I GET THIS BADGE?

Complete the [Test your Low Impact Recreation Skills eLearning Course](#) and successfully pass the associated review to earn your badge.

Enroll in the [eLearning course](#) and earn your badge early!





# 2023 Field Trips

- Ozette Triangle
- Dosewallips River
- Packwood Lake X2
- Enchanted Valley
- Marmot Pass
- Sheep Lake
- Spectacle Lake
- Goat Rocks Loop
- Gobbler's Knob
- Indian Heaven Wilderness
- Lena Lake
- Butte Camp





# Ozette Triangle

## May 2023







# Dosewallips River

## May 2023







# Packwood Lake

## June 2023







# Packwood Lake

## June 2023







# Enchanted Valley July 2023







# Marmot Pass July 2023







# Sheep Lake July 2023







# Spectacle Lake July 2023







# Goat Rocks Loop

## August 2023







# Gobbler's Knob August 2023







# Indian Heaven Wilderness August 2023







Lena Lake  
September 2023





Butte Camp – Loowit Trail  
September 2023





Love hiking and backpacking like we do?  
You can earn awards!

[These awards](#) and many more are available to Mountaineers members regardless of their branch affiliation. Many of our Backpack leaders are working on one or in some cases multiple awards at the same time. Ask your backpack leaders which list they are working on to learn more about the areas they are interested in hiking and backpacking.







# Supplemental Tacoma Activities

- April & May – [Weighted Wednesday Practice Trips \(free\)](#)
- April 4 & 8 – [Dehydrating Backcountry Food and Snacks \(paid\)](#)
- April 15 – [Backpacking Food Potluck \(free\)](#)
- April 18 – [Trail Emergency Preparedness \(paid\)](#)
- April 23 – [Backcountry Cooking Workshop \(free\)](#)
- April 24 – [Pack Shakedown \(free\)](#)
- May 8 – [Fitness for Hiking & Backpacking \(free\)](#)
- May 16 – [Backpack Route Planning \(free\)](#)
- May 29 – [Ultralight Backpacking and Thru-Hiking \(paid\)](#)



# Important Dates

- March 13 – Welcome Zoom Call
- March 27 – Lecture 1 at Tacoma Clubhouse
- April 3 – Lecture 2 at Tacoma Clubhouse
- April 4 – First Field Trip Sign up
- April 7 – Remaining Field Trip Signups
- April 27 & 28 – Practice Camp at Irish Cabin
- April 30 – Field Trips Move to Club Registration
- May to September – Field Trips





Questions?

- Next meeting will be in person at the Tacoma Clubhouse.