

Mountaineers Lodge Camp Packing List

Packing Reminders:

- A duffel bag or similar is recommended for this trip.
- All items marked with an asterisk (*) are available to borrow free of charge through our Gear Library.

Packing List:

- Clothes for 5 days / 4 nights (try to avoid cotton clothing for hiking clothes)
 - 1 pair underwear per day (+1 extra)
 - 1 pair socks* per day (+1 extra)
 - 1 pair shorts
 - 1 pair long pants
 - 3 short sleeve shirts or tank tops
 - 1 long sleeve shirt
 - sleepwear/clothes to relax in the lodge
 - Warm layers* (we recommend a fleece layer and a down/synthetic layer)
 - Rain jacket* (you never know!)
- Hiking shoes*
- Camp shoes - slides, Crocs, etc.
- Hat
- Sunglasses
- Sunscreen
- Swimsuit and travel towel*
- Toiletries: toothbrush, sunscreen, toothpaste, deodorant, etc.
- Any medications - (must be clearly labeled with camper's name, medication, and dosage)
- Water bottle(s)* or water bladder - **minimum 2 liter of water capacity required**
- Day pack (backpack for day hikes)*
- Sleeping bag*
- Pillow
- Swim suit
- Headlamp* or flashlight
- Hand Sanitizer
- Optional
 - Trekking poles*
 - Book
 - Journal
 - Camera
 - Frisbee or other small ball/camp games