

## Kayak Clothing/Gear

Standard	Warmer Water	Colder Water	Optional
PFD (personal flotation device) <ul style="list-style-type: none"> <li>• Comfort important</li> <li>• pockets</li> </ul>	Non-cotton under clothing	Non-cotton under clothing	Sunglasses <ul style="list-style-type: none"> <li>• use strap that floats (use also for prescription glasses)</li> </ul>
Spray skirt <ul style="list-style-type: none"> <li>• Fits kayak cockpit and waist size</li> <li>• Different materials and waist options</li> </ul>	Quick dry shirt <ul style="list-style-type: none"> <li>• Long sleeve or short sleeve?</li> </ul>	Warm non-cotton pants/long underwear <ul style="list-style-type: none"> <li>• Layer for colder water</li> </ul>	Hat/Hood <ul style="list-style-type: none"> <li>• Sun or rain hat</li> <li>• Neoprene hood for cold</li> </ul>
Water shoes <ul style="list-style-type: none"> <li>• Neoprene boots</li> <li>• River shoes with mesh for more support</li> <li>• No sandals with straps</li> </ul>	Wet suit (Farmer John or Jane) <ul style="list-style-type: none"> <li>• Neoprene</li> <li>• Different zipper options</li> </ul>	Warm non-cotton shirt/pullover <ul style="list-style-type: none"> <li>• Layer for colder water</li> </ul>	Helmet <ul style="list-style-type: none"> <li>• Necessary in rough water or near rocks</li> </ul>
	Paddle jacket (optional) <ul style="list-style-type: none"> <li>• Tight wrist to prevent water up arm</li> </ul>	Warm socks	
		Gloves	
		Dry suit <ul style="list-style-type: none"> <li>• Gore-tex breathes</li> </ul>	

- ❖ Use non-cotton clothing you already have for other outdoor activities
- ❖ Shop sales and try to get discounts on big ticket items
- ❖ Buy critical items first (ones you can't rent with boat or ones for safety or comfort)