



SEATTLE HIKING COMMITTEE – HIKE-LEADER CANDIDATE CHECKLIST FOR MENTORED HIKE

Name of Mentee: \_\_\_\_\_

Mentor: \_\_\_\_\_

Hike: \_\_\_\_\_

Date: \_\_\_\_\_

Please rank each item on the following scale:

1- Needs improvement; 2 – Satisfactory; 3 – Excellent

Please send completed form to: [SeattleHikeLeader@gmail.com](mailto:SeattleHikeLeader@gmail.com)

Item	Performance of task:			No oppty to assess	Comments
	1	2	3		
<b>Before the Hike</b>					
<b>Hike posting on website:</b> Provided enough information about the hike to enable participant “self-screening” (description of the hike and how it will be led, pace, breaks, etc); meeting time and place, other relevant information					
<b>Pre-trip research and planning:</b> demonstrated knowledge of trailhead location, trail or road closures or re-routes, trail hazards, permits, facilities, weather, gear requirements, water locations, backup plans					
<b>Participant pre-screening:</b> Identified registrants that might not be a good match for the hike; communicated with them appropriately; asked the right questions, persisted to get the answers, made objective decisions, communicated with sensitivity					
<b>Pre-trip Communication:</b> Hello Hikers email was comprehensive and included information about the meeting place and time, suggestions for arranging carpools, description of the hike, weather, any special gear requirements, hazards on the hike, etc.					
<b>At the P&amp;R, Trailhead</b>					

<b>At the Park and Ride:</b> Had a hard copy of roster; facilitated formation of carpools. Ensured everybody had directions to trailhead.					
<b>Trailhead Briefing:</b> Facilitated introductions. Provided instructions on how the hike will be led, including stopping at all intersections and major stream crossings, party separations, route, hazards. Assigned a First aid lead and sweep. Roles and expectations clearly defined					
<b>During the hike</b>					
<b>Communication during the hike:</b> clear, timely, friendly communication.					
<b>Management of hike logistics:</b> Effective handling of party separations, breaks, pacing, water crossings, lunch, turnaround times, etc.					
<b>Attentiveness:</b> aware of the group and individuals' possible needs (tired, thirsty, struggling, anxious); sensitive to individual concerns and needs; dealt with issues effectively before they become problems					
<b>Decision-making:</b> Effective, timely decisions where needed, with an emphasis on safety					
<b>Leader skills and knowledge:</b> Skills-knowledge relevant to the trip: first aid, navigation, Leave No Trace, gear, trail etiquette					
<b>After the Hike</b>					
<b>Return to trailhead:</b> ensured all hikers have returned, all cars start before departing					
<b>Closing the activity:</b> properly closed the activity in a timely manner					

**Overall assessment (please tick one):** If you do not recommend leader status please explain why in the Comments section.

Recommend leader status

Recommend a 2<sup>nd</sup> mentored hike

Do not recommend leader status

**Comments:**

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