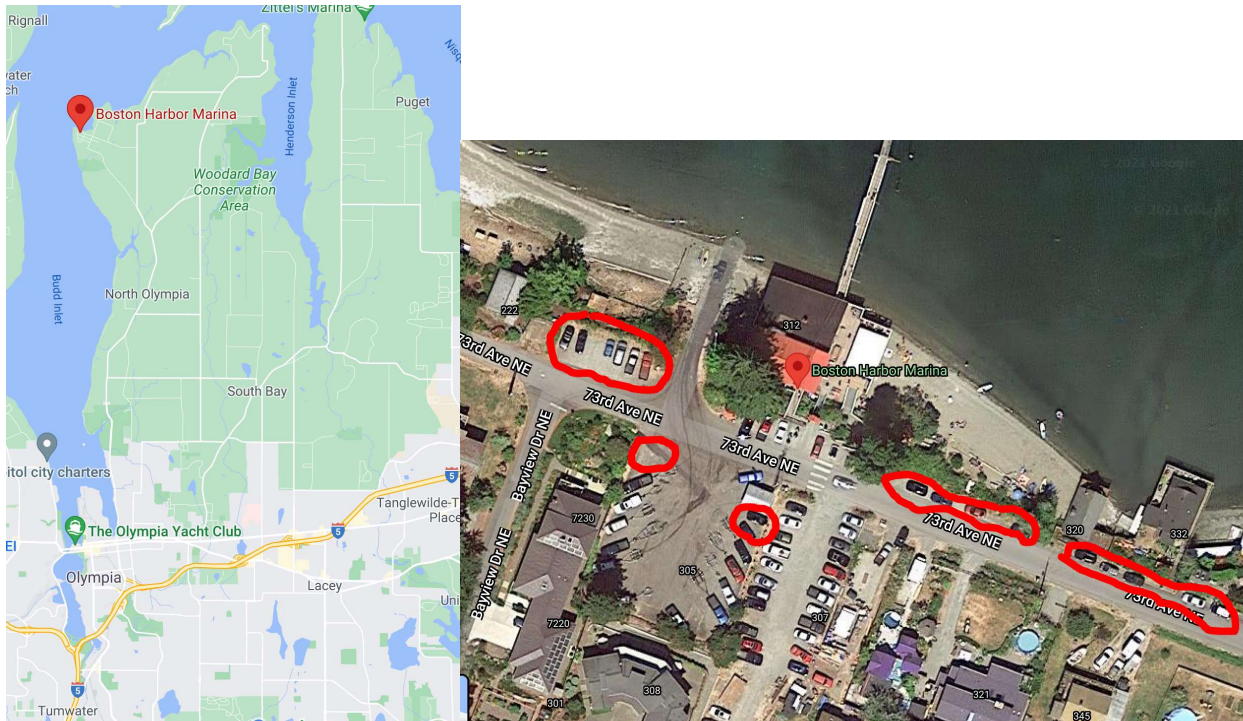


June 13, 2021 8:00am – 5:00pm

### Boston Harbor, Olympia



- Please arrive a little early to help stage boats and gear
- We will be working on the water and on the beach all day long – please have all you need for the day with you. YOU WILL NEED THE 10 ESSENTIALS FOR THIS OUTING.
- On the water we will be reviewing paddle strokes, going for a short trip and practicing rescues.
- We will also be covering common injuries & first aid, hypothermia, group paddling and environmental etiquette. We will also do a trip planning exercise.
- Bring:
  - Discover Pass if you have it.
  - 10 essentials
  - Wet suit
  - Water shoes
  - Clothing to wear over/under wet suit while paddling
  - Extra clothing to put on in case of capsize
  - Lunch and snacks
  - Plenty to drink
  - Dry bag/box for car keys, phone, etc.