**Snowshoe Lecture Zoom Chat**

19:01:16 From Gabrielle Orsi (Snowshoe trip leader with Foothills branch) To Everyone:

I am co-teaching the winter camping class if anyone has questions

19:01:24 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

❄️

19:01:46 From Travis Prescott (Snowshoe Leader) To Everyone:

And I run the scramble course is anyone might be interested in that (we have openings!)

19:07:25 From Travis Prescott (Snowshoe Leader) To Everyone:

You can check the conditions on the pass here:

https://wsdot.com/travel/real-time/mountainpasses/Snoqualmie

19:10:32 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

☺️

19:14:54 From Travis Prescott (Snowshoe Leader) To Everyone:

One thing to keep in mind is that the field trip pace might mean you need more layers than you are used to!

19:16:52 From Haley Henderson To Everyone:

omg I love Flemish giant rabbits

19:25:07 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

+1 for wool base layers

19:25:51 From Michelle Peterson To Everyone:

I opt for bamboo underwear, silk longjohns, merino wool blend with polyester 1/2 zip shirt, wool socks

19:28:35 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

If you have ski pants that aren’t insulated- just hard shell- sure!

19:28:51 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Insulated ski pants are usually too heavy and warm for actively snowshoeing

19:29:00 From Jana Nishi Yuen To Everyone:

So do you do all 3 layers on the legs?

19:29:03 From Travis Prescott (Snowshoe Leader) To Everyone:

For the field trip, expect to need more/warmer layers than you would on a regular trip. So for the field trip, your ski pants might be great :)

19:29:17 From Michelle Peterson To Everyone:

Remember to keep puffy jacket in a waterproof bag when not wearing it. I also keep extra socks, hat, buff and gloves in waterproof bags

19:29:20 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I usually only do 2 layers on my legs

19:29:29 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Gaiters keep calves warm

19:29:34 From Haley Henderson To Everyone:

I have those silly man pants ski pants with the vented legs

19:29:37 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Like a third layer there

19:30:13 From Greer Grenley To Everyone:

If the down puffy coat is only for when hanging out, what do you use on top of the mid layer while snow shoeing? My rain coat is super thin, doesn’t hold warmth, it’s just a wind breaker

19:30:37 From Travis Prescott (Snowshoe Leader) To Everyone:

I usually avoid the long johns... they always make me too hot. For me it's regular pants and rain pants if necessary.

19:30:49 From Michelle Peterson To Everyone:

I wear a wool sweater for my mid layer- breathable but insulating

19:31:13 From Travis Prescott (Snowshoe Leader) To Everyone:

I have a fleece vest as a midlayer and my rainshell, while not insulating per se, heats me up very quickly.

19:31:47 From Greer Grenley To Everyone:

It just doesn’t seem like enough layers (I get cold easily.) I would have a synthetic shirt, then just a warm fleece and that’s it for warmth? The wind breaker isn’t warm

19:32:07 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I’m also a fan of these waterprooff gloves https://www.go2marine.com/showa-282-temres-gloves

19:32:12 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

They’re for fishing

19:32:25 From Travis Prescott (Snowshoe Leader) To Everyone:

I have a thin puffy that I can wear even when moving if it's really cold or we're moving really slow.

19:32:29 From Michelle Peterson To Everyone:

Greer, the windbreaker keeps the warmth in, when one has the mid layer on underneath

19:33:05 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

So, you would wear a base layer then a mid layer then the shell - your movement will generally generate lots of heat . If you’re colder you would put on your puffy insulation layer (parka)

19:33:38 From Michelle Peterson To Everyone:

Yes, I am in accordance with Gabrielle

19:33:40 From Glauco To Everyone:

Keep in mind that usually you burn a lot of calories so layers allow you to manage your temperature. In the field trip we do frequent stops so I prefer to dress warmer than on a normal snowshoeing trip

19:33:42 From Haley Henderson To Everyone:

I run cold too. I do fleece/synthetic long johns (I love good ole chili peppers), a wool Patagonia jacket, and puffy vest and a shell with minimal insulation

19:34:17 From Shobana V To Everyone:

Can you share some good winter boots

19:34:19 From Travis Prescott (Snowshoe Leader) To Everyone:

Highly HIGHLY do not recommend wearing hiking boots on the field trip! I made this mistake as a Basic Snowshoe student :D

19:35:17 From Adam Barr To Everyone:

How much \*support\* do the boots need to have?

19:35:17 From Haley Henderson To Everyone:

wait so if u have fully waterproof gortex leather hiking boots might be ok

19:35:31 From Greer Grenley To Everyone:

Is there a difference in warmth between fleece and wool?

19:35:50 From Travis Prescott (Snowshoe Leader) To Everyone:

Adam, by support do you mean like ankle support? Or stiffness?

19:36:17 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

REI has many winter boot choices https://www.rei.com/search?q=winter+boots&ir=q%3Awinter+boots&r=features%3AInsulated%3Bfeatures%3AWaterproof

19:36:18 From Shobana V To Everyone:

I have a keen waterproof hiking ots,would that work

19:36:19 From Adam Barr To Everyone:

I have these tall Sorel boots. Very warm and waterproof but no particular support, although the top of the foot is reinforced.

19:36:44 From Travis Prescott (Snowshoe Leader) To Everyone:

My winter boots are similar to these:

https://www.rei.com/product/169090/salomon-toundra-pro-cswp-winter-hiking-boots-mens

19:37:38 From Michelle Peterson To Everyone:

Greer, my personal experience is that the warmth between synthetic and wool is the same, but wool is breathable. I have found when I sweat in synthetic it doesn't evaporate as well. but, that's not a scientific analysis.

19:37:59 From Adam Barr To Everyone:

These, basically: https://herolister.com/get-photo.php?id\_order=17808&id\_photo=4060068

19:38:08 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I have Vasque womens POW POW boots which l like a lot

19:38:23 From Felix Klebe To Everyone:

I find a softer insulated boot works well with snowshoes. You don't need as much cushion underfoot since you are on snow instead or a hard surface.

19:39:07 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

@shobana if there isn’t any insulation in the boots your feet will be very cold and unhappy most likely!!

19:39:26 From Travis Prescott (Snowshoe Leader) To Everyone:

Adam those might work. I don't know how well the gaiters will work with those since the laces are way up high.

19:39:57 From Travis Prescott (Snowshoe Leader) To Everyone:

True winter boots will often have a D-ring that the gaiter hooks onto. For summer boots, you are often just hooking the laces.

19:40:01 From Adam Barr To Everyone:

FWIW I did the basic snowshoe to Meany with those boots and it was fine.

19:40:43 From Travis Prescott (Snowshoe Leader) To Everyone:

If you've used them before and they work for you, that's the ultimate test :)

19:40:45 From Felix Klebe To Everyone:

As an alternate to gaiters if you have a ski touring or skiing pant with elastic at the bottom that fits snug over your booth that also works well.

19:41:31 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Circumference of your leg/calf/pants/boots may be bigger than you expect!

19:41:51 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

So I would not assume that you are a size small in gaiters for instance 😊

19:42:50 From Shobana V To Everyone:

Does MSR evo work?

19:42:54 From Travis Prescott (Snowshoe Leader) To Everyone:

Yes

19:43:14 From Adam Barr To Everyone:

The standard ones that REI rents are good?

19:43:23 From Travis Prescott (Snowshoe Leader) To Everyone:

Yes, I think those are Evos

19:43:30 From Delsin Thomas To Everyone:

Is it obvious if they have traction rails or is it a guess? Does the Costco pack work?

19:43:53 From Travis Prescott (Snowshoe Leader) To Everyone:

Steve is showing the pictures. It should be pretty obvious.

19:44:02 From Adam Barr To Everyone:

I think REI rents those top middle ones.

19:44:05 From Travis Prescott (Snowshoe Leader) To Everyone:

I suspect the Costco ones would not be sufficient.

19:44:10 From Haley Henderson To Everyone:

i was told to return my Costco ones

19:44:20 From Delsin Thomas To Everyone:

The Costco ones look like the one on the left

19:44:26 From Haley Henderson To Everyone:

my friend wouldn't even go out with me in the Costco snow shoes lollollol

19:44:40 From Delsin Thomas To Everyone:

haha, sad

19:44:44 From Travis Prescott (Snowshoe Leader) To Everyone:

Yeah, the ones on the left are the Costco ones, they definitely are not sufficient.

19:45:07 From Travis Prescott (Snowshoe Leader) To Everyone:

Some people will tell you to "just buy MSR" but I personally got these last year and love them:

https://www.rei.com/product/211832/tubbs-flex-vrt-snowshoes

19:45:16 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

If your snowshoes are just tubular- nope!

19:45:17 From Felix Klebe To Everyone:

Atlas now also sell snowshoes with side rails and are somewhat less expensive than MSR. The binding systems are also good to compare for ease of use and good fit.

19:45:22 From Emily French To Everyone:

What brand is the pretty great picture?

19:45:31 From Travis Prescott (Snowshoe Leader) To Everyone:

Those are MSR lightning ascents

19:45:43 From Travis Prescott (Snowshoe Leader) To Everyone:

Pretty much the most expensive snowshoe their is, but you don't need those.

19:45:44 From Emily French To Everyone:

Thank you!

19:46:25 From Emily French To Everyone:

And the pretty good picture?

19:46:47 From Travis Prescott (Snowshoe Leader) To Everyone:

The red ones are MSR evos, and not sure about the bottom ones, but they are probably also MSR :D

19:47:54 From Emily French To Everyone:

Thank you!

19:47:58 From Travis Prescott (Snowshoe Leader) To Everyone:

These bindings happen to all be MSR bindings. Steve is showing the Tubbs bindings (which I love)

19:48:16 From Travis Prescott (Snowshoe Leader) To Everyone:

I forget the name of the binding but they are so convenient!

19:48:49 From Michelle Peterson To Everyone:

https://www.tsloutdoor.com/raquettes/symbioz-hyperflex-adjust?v=54 My snowshoes have BOA bindings, and crampon bottoms. Harder to find, but I have loved them for 3 years now.

19:49:07 From Travis Prescott (Snowshoe Leader) To Everyone:

Yes, BAO binding--that's the name! :D

19:49:16 From Travis Prescott (Snowshoe Leader) To Everyone:

Er, Boa

19:49:25 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Some snowshoes also have a heel elevator - a bar that goes under your heel so that as you climb uphill you save some effort (calf doesn’t have to go through full range of motion). Not truly necessary for basic snowshoe trips I would say

19:49:39 From Adam Barr To Everyone:

When I rented snowshoes at REI (MSR Evos I believe) they gave me these extra pieces I could bolt on to the back to make them longer--do you need those typically? I weight 225 FYI.

19:49:55 From Travis Prescott (Snowshoe Leader) To Everyone:

Those are tails and generally you do not need those.

19:50:19 From Michelle Peterson To Everyone:

NO tails necessary, my husband is 6 ft, 200 never needs them

19:50:20 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

No- generally not. Our snow is typically heavy and wet and solid. If we were in Utah in bottomless fluffy powder those tails would be useful

19:50:20 From Travis Prescott (Snowshoe Leader) To Everyone:

They effectively make your snowshoe bigger. I think Gabrielle has some and can speak to their usefulness (or lack thereof)

19:50:20 From Adam Barr To Everyone:

Thanks.

19:51:11 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Yeah… Making your snowshoes longer = less agility

19:53:56 From Greer Grenley To Everyone:

Can I email a few pics of the shoes I have to see if any will work? Shoes for snowshoes I mean. I have rubber boots that are short and tie that I’ve worn snowshoeing before but I’m not sure if they are good for back country

19:54:25 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Chart https://www.evo.com/msr-snowshoes-size-chart?gclid=EAIaIQobChMIv\_b6-M3m-wIVOQStBh0vogRXEAAYASAAEgIu8fD\_BwE

19:54:28 From Travis Prescott (Snowshoe Leader) To Everyone:

Greer definitely feel free to email your shoes to Steve.

19:54:56 From Greer Grenley To Everyone:

Thanks. I have lots of options of clothes and shoes, but just worry about being cold

19:55:12 From Travis Prescott (Snowshoe Leader) To Everyone:

It's a reasonable worry to have :P

19:55:14 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Snowshoes provide floatation and traction - here in Pacific Northwest we tend to need to prioritize traction

19:55:40 From Amanda Tarbill To Everyone:

People have been telling me to rent first to see what I like. Are they talking about length? What other features would I be looking for?

19:55:44 From iPhone To Everyone:

Boots question- if you already own mountaineering boots would it make sense to just use those as a beginner snowshoer (even though they’d be overkill) or would you still consider purchasing winter boots?

19:55:46 From Michelle Peterson To Everyone:

The flip side of long snowshoes and powder is when you sink in, you have to lift up more snow on longer snowshoes- our powder is heavy!

19:56:22 From Travis Prescott (Snowshoe Leader) To Everyone:

Amanda, Steve will talk about some of the extra features like the heel lifts.

19:56:23 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I would rent snowshoes to try out the traction, the system for connecting it to your boots and how you like the overall shape/length

19:56:39 From Amanda Tarbill To Everyone:

Thank you!

19:57:04 From Travis Prescott (Snowshoe Leader) To Everyone:

Brigid, if you have mountaineering boots, you can try those first.

19:57:08 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I would try out the mountaineering boots for the basic level field trip but long term it’s more comfortable to get winter boots

19:57:39 From iPhone To Everyone:

Thanks, very helpful advice! :)

19:57:45 From Travis Prescott (Snowshoe Leader) To Everyone:

But I actually find my mountaineering boots aren't especially warm so I prefer my winter boots anyways :P

19:58:36 From Travis Prescott (Snowshoe Leader) To Everyone:

I wouldn't consider a snowshoe without heel lifts, but that's because I like to go up big snowy mountains :P For basic snowshoes, they are a nice-to-have but not must have.

19:58:57 From Shobana V To Everyone:

Does MSR evo have heel lift

19:59:11 From Travis Prescott (Snowshoe Leader) To Everyone:

I believe they do have a version with the lift.

19:59:24 From Adam Barr To Everyone:

Do most summer hiking poles let you swap out the baskets?

19:59:32 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Summer trekking poles - like sticking a toothpick into the snow. Baskets are a must- but some brands sell snow baskets that you can add to your poles. Adjustable length poles also nice

19:59:54 From Travis Prescott (Snowshoe Leader) To Everyone:

https://www.rei.com/product/888797/msr-evo-ascent-snowshoes-mens

Evo ascent's have the heel lift. I think the "ascent" term for MSR means "has heel lifts"

20:00:16 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I would it varies - Black Diamond’s usually do but I am not sure if most brands allow you to add snow baskets

20:00:29 From Michelle Peterson To Everyone:

@adam barr, yes most poles have interchangeable baskets.

20:00:49 From Travis Prescott (Snowshoe Leader) To Everyone:

Often people lose snow baskets because they don't take the summer "baskets" off :P I'm lazy and just always keep my snow baskets on :D

20:00:56 From Felix Klebe To Everyone:

Often you need to shorten your pole length considerably vs. Summer since the trail is 1'+ below the height of the snow where you plant your poles. Good to adjust your poles a bit shorter before heading out

20:01:05 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Only backcountry touring ski poles would work well- they’re adjustable and have snow baskets

20:02:28 From Haley Henderson To Everyone:

are there bags better for winter to like … keep a water bladder warm

20:03:08 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Some backpacks do have a sleeve for your bladder hose or you can get a sleeve for it but I have never found that to work very well once it gets cold enough

20:03:22 From Haley Henderson To Everyone:

how yall drink water

20:03:30 From Travis Prescott (Snowshoe Leader) To Everyone:

There are more winter-centric packs but I think it's more geared toward keeping things inside and not have dangly bits. The ultimate "winter pack" would be an avalanche airbag pack (which absolutely none of you need to buy!)

20:03:31 From Haley Henderson To Everyone:

wish i could grow a camel hump for a day

20:03:37 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

https://www.amazon.com/Black-Hydration-Neoprene-Insulated-Inches/dp/B00U4DZFJ4

20:03:41 From Ellsa To Everyone:

i have good pants with hooks at bottom for boots but cheaper gaiters and Tubbs Expedition mtn 25. which might be overkill but have had awhile and used.

20:04:04 From Travis Prescott (Snowshoe Leader) To Everyone:

I do the water bladder thing and just blow the water back in. The bite valve still has a tendency to freeze.

20:04:06 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I put warm or hot water in a Nalgene bottle with an insulated sleeve

20:04:09 From Ellsa To Everyone:

are sorrel insulated boots fashion or they work? I've used before snow shoeing.

20:04:43 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

https://40below.com/product-category/mountaineering-bottle-covers-by-forty-below/

20:04:45 From Michelle Peterson To Everyone:

For me sunscreen is mandatory, even on cloudy days- I am super fair and have a family history of cancer. I also put it on my chest, front and back of my neck, ears

20:04:52 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

That’s the water bottle insulation I use

20:05:02 From Haley Henderson To Everyone:

omg those r cute

20:05:05 From Haley Henderson To Everyone:

and functional

20:05:15 From Greer Grenley To Everyone:

Do we really need to bring a tent as emergency shelter for this trip?

20:05:19 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Sorel boots hmm depends I would say they are more fashionable

20:05:28 From Travis Prescott (Snowshoe Leader) To Everyone:

Ellsa if you've used them before they probably will work, but you can email Steve pics if you are unsure.

20:05:46 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I would not bring a tent on field trip day.

20:06:25 From Will Wick To Everyone:

Would glacier glasses work?

20:06:25 From Travis Prescott (Snowshoe Leader) To Everyone:

Definitely +1 the thermos! :D

20:06:32 From Travis Prescott (Snowshoe Leader) To Everyone:

Glacier glasses would work, yes

20:06:35 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

There are emergency bivy sacks you can bring https://www.amazon.com/S-L-Reflective-Lightweight-Emergency/dp/B000WXX0JS/ref=mp\_s\_a\_1\_7?adgrpid=59693594287&gclid=EAIaIQobChMIvpnU0tDm-wIVsyqtBh3RjA2sEAAYASAAEgKB5vD\_BwE&hvadid=410025493099&hvdev=m&hvlocphy=9032904&hvnetw=g&hvqmt=e&hvrand=9981812890361658655&hvtargid=kwd-300704235510&hydadcr=9874\_11542669&keywords=sol+survival+bivvy&qid=1670385971&sr=8-7

20:06:41 From Michelle Peterson To Everyone:

https://www.backcountry.com/outdoor-research-alpine-ascentshell-bivy?CMP\_SKU=ODRZ8NB&MER=0406&skid=ODRZ8NB-NIM-ONESIZ&mr:trackingCode=5A519EE2-B494-EC11-8122-005056944E17&mr:referralID=NA&mr:device=c&mr:adType=plaonline&CMP\_ID=PLA\_GOc001&utm\_source=Google&utm\_medium=PLA&k\_clickid=\_k\_Cj0KCQiA7bucBhCeARIsAIOwr-\_imgm77c\_IicsvnfF4RcmvcQYEEVZsXJGse7UlBFTF7PGIcfmu0QkaAgGqEALw\_wcB\_k\_&utm\_id=go\_cmp-213414877\_adg-45770983886\_ad-224538011675\_pla-1652765320212\_dev-c\_ext-\_prd-ODRZ8NB-NIM-ONESIZ\_mca-7811\_sig-Cj0KCQiA7bucBhCeARIsAIOwr-\_imgm77c\_IicsvnfF4RcmvcQYEEVZsXJGse7UlBFTF7PGIcfmu0QkaAgGqEALw\_wcB&gclid=Cj0KCQiA7bucBhCeARIsAIOwr-\_imgm77c\_IicsvnfF4RcmvcQYEEVZsXJGse7UlBFTF7PGIcfmu0QkaAgGqEALw\_wcB

20:06:42 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Small and lighter

20:08:49 From Greer Grenley To Everyone:

Do we need to bring a navigation tool since we will all be together? I don’t know how to read a compass haha

20:09:58 From Travis Prescott (Snowshoe Leader) To Everyone:

I mean, ideally yes, but don't go out and buy a compass just for the field trip :P But if you have a basic smartphone app like AllTrails, bring that

20:10:29 From Travis Prescott (Snowshoe Leader) To Everyone:

Because it's definitely true that even for Basic Snowshoes, you may find there is no trail and that navigation really is on your group

20:10:31 From Greer Grenley To Everyone:

Smartphone I have!

20:11:15 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Keep electronics on your body so they stay warm, they’ll stop working if they get too cold

20:11:29 From Michelle Peterson To Everyone:

be sure to bring food that you can open with gloves or very cold hands. be sure the food you bring has carbs, fat and protein, that is doesn't freeze

20:11:46 From Travis Prescott (Snowshoe Leader) To Everyone:

You can put a hand warmer in the pocket where you store your phone if it is sensitive to cold.

20:12:19 From Michelle Peterson To Everyone:

I also bring electrolytes always, because I sweat a lot and am suspectable to cramping

20:12:46 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Snow shovels required for winter camping!!

20:13:04 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

Snow shovels great for digging out a lunch spot :)

20:13:28 From Michelle Peterson To Everyone:

Chewable electrolytes- https://www.rei.com/b/saltstick/c/supplements

20:14:08 From Gabrielle Orsi (Snowshoe trip keader with Foothills branch) To Everyone:

I have to jump off but have a great time on the field trip! ❄️

20:14:47 From Travis Prescott (Snowshoe Leader) To Foothills Mountaineers(Privately):

Might be good to plug the Mountaineers gear library in this section. It may not be on the slide.

20:21:36 From Andrea Sanders To Everyone:

How far in advance do you have to schedule a rental?

20:21:56 From Travis Prescott (Snowshoe Leader) To Everyone:

Depends on their inventory.

20:22:05 From Greer Grenley To Everyone:

Can we rent from any of the Mountaineers branches?

20:22:16 From Travis Prescott (Snowshoe Leader) To Everyone:

The Mountaineers gear library might be an EXCELLENT resource if you're close to the program center:

https://www.mountaineers.org/membership/gear-library

20:22:30 From Travis Prescott (Snowshoe Leader) To Everyone:

Foothills also has some rental snowshoes.

20:23:44 From Greer Grenley To Everyone:

I’n in Seattle - can we rent gear from the main Mountaineers branch?

20:23:59 From Travis Prescott (Snowshoe Leader) To Everyone:

Through the gear library. Check out that link

20:25:01 From Felix Klebe To Everyone:

The evo website says that they rent snowshoes at their Snoqualmie pass store - suggest calling them to confirm , $25/day

20:26:21 From Adam Barr To Everyone:

REI Bellevue is still renting snowshoes as of today.

20:35:02 From Travis Prescott (Snowshoe Leader) To Everyone:

https://www.mountaineers.org/about/vision-leadership/board-of-directors/committees/branch-leadership-committee/outdoor-leadership-committee/course-templates/avalanche-awareness-the-mountaineers/avalanche-awareness-the-mountaineers-2022

20:35:48 From Travis Prescott (Snowshoe Leader) To Everyone:

https://www.mountaineers.org/courses/courses-clinics-seminars#c9=&b\_start=0&c4=Avalanche+Safety

20:43:28 From Haley Henderson To Everyone:

is that person ok?

20:43:38 From Travis Prescott (Snowshoe Leader) To Everyone:

Yeah, he was okay

20:43:49 From Travis Prescott (Snowshoe Leader) To Everyone:

He's looking down into why his feet are stuck

20:43:55 From Haley Henderson To Everyone:

ok good, thanks

20:43:57 From Haley Henderson To Everyone:

that makes sense

20:44:13 From Jana Nishi Yuen To Everyone:

Can you have him explain how he fell into it? Like I don

20:44:25 From Jana Nishi Yuen To Everyone:

I don’t quite understand what happened?

20:47:26 From Jana Nishi Yuen To Everyone:

Thank you!

20:48:39 From Travis Prescott (Snowshoe Leader) To Everyone:

These are what we encountered this past Sunday :D Lots of tree wells!

20:51:15 From Will Wick To Everyone:

What time do field trips start?

20:51:16 From Greer Grenley To Everyone:

How many hours is the field trip?

20:53:34 From Gerardo To Everyone:

Btw. Be sure of checking your spam folder for the email comms. Some email providers were tagging email from Steve as spam (gmail for me).

20:53:42 From Greer Grenley To Everyone:

How can we get in touch with each other about carpooling?

20:53:51 From Andrea Sanders To Everyone:

Same question about the carpooling

20:54:08 From Greer Grenley To Everyone:

I like to ask lots of questions :-) haha

20:54:13 From Travis Prescott (Snowshoe Leader) To Everyone:

The trip emails will have the group so you can reply-all to those to arrange carpools :)

20:54:31 From Travis Prescott (Snowshoe Leader) To Everyone:

Not the ones Steve will be sending out this week, but the email that comes out the week of the trip.

20:56:12 From Andrea Sanders To Everyone:

And the initial meetup location is the issaquah transit center?

20:56:45 From Travis Prescott (Snowshoe Leader) To Everyone:

You'll meet at Summit West, but if you are carpooling you can decide where you want to meet

20:57:49 From Jana Nishi Yuen To Everyone:

Did he talk about “party separation” in the snow?

20:58:24 From Travis Prescott (Snowshoe Leader) To Everyone:

He didn't--I'll ping him.

21:00:16 From Kimberly Glock To Everyone:

Wonderful presentation! TY!!

21:01:59 From Michelle Peterson To Everyone:

For women, the Kula Cloth https://www.rei.com/product/182956/kula-cloth-reusable-antimicrobial-pee-cloth is fantastic

21:03:15 From Shobana V To Everyone:

Thank you!

21:03:29 From Adam Barr To Everyone:

Thank you!

21:03:35 From Gerardo To Everyone:

Went to spam folder for me

21:03:46 From cristina houston To Everyone:

Thank you! Great presentation

21:03:49 From Jana Nishi Yuen To Everyone:

Thank you! This has been great!

21:04:02 From Michael Beveridge To Everyone:

Thanks!

21:04:18 From iPhone To Everyone:

Thank you!

21:04:26 From Prady Misra To Everyone:

Thanks, very informative.

21:04:44 From Greer Grenley To Everyone:

Thank you! I’m sure I’ll have other questions because I overthink everything :-)

21:04:58 From Diane Longmoor To Everyone:

Thank you! Very informative and really looking forward to it!

21:05:09 From Bibha’s iPad To Everyone:

Thanks a lot. Looking forward.

21:05:28 From Ethan Turner To Everyone:

Just wanted to clarify: If my total weight including a pack is around 180lbs, a 22 inch snowshoe would be suitable?

21:05:28 From Adam Barr To Everyone:

So am I right that on their legs people generally wear some sort of leggings/sweatpants (but not cotton), with some waterproof/windproof shell on the outside?

21:05:29 From Griffin Quan To Everyone:

Thanks so much!

21:05:55 From Emily French To Everyone:

Thank you so much!!

21:05:56 From Ellsa To Everyone:

thank you to all the volunteers /leaders on here

21:05:59 From Travis Prescott (Snowshoe Leader) To Everyone:

Ethan I'd recommend a 22inch snowshoe yes.

21:06:04 From Michelle Peterson To Everyone:

@ Adam Barr, yes, that is what many of us do

21:06:17 From Ethan Turner To Everyone:

Great, thank you.

21:06:19 From Travis Prescott (Snowshoe Leader) To Everyone:

Adam, I don't wear leggings personally but a lot of folks do.

21:06:35 From Travis Prescott (Snowshoe Leader) To Everyone:

I usually wear regular pants and then put rain pants on if I need extra warmth.

21:06:38 From Travis Prescott (Snowshoe Leader) To Everyone:

And/or gaiters

21:06:44 From Greer Grenley To Everyone:

I bought waterproof pants that have a fleece layer underneath. Eddie Bauer :-)

21:06:50 From Adam Barr To Everyone:

"Regular" meaning just jeans? Or chinos etc?

21:06:54 From Sheela Misra To Everyone:

Thank you, very informative.

Attending your class from Bangalore India and fighting jet lag😂

21:07:01 From Travis Prescott (Snowshoe Leader) To Everyone:

Definitely no jeans

21:07:16 From Travis Prescott (Snowshoe Leader) To Everyone:

My regular hiking pants--synthetic

21:07:26 From Adam Barr To Everyone:

Oh right I have some of those.

21:07:39 From Travis Prescott (Snowshoe Leader) To Everyone:

This past Sunday I just work my ski pants and those worked great.

21:07:52 From Adam Barr To Everyone:

Thank you, looking forward to the field trip!

21:07:54 From Michelle Peterson To Everyone:

Mine and my husband's fav https://www.outdoorresearch.com/us/mens-cirque-ii-pants-271417 but we are into it!

21:07:58 From Greer Grenley To Everyone:

Will full size gaiters fit any shoe or just certain kinds?

21:08:17 From Travis Prescott (Snowshoe Leader) To Everyone:

You'd want to try the gaiter on your boots in store if possible.

21:08:20 From Prady Misra To Everyone:

I'm hoping to use my ski pants. wondering if they'd interfere wiothgaiter

21:08:24 From Travis Prescott (Snowshoe Leader) To Everyone:

They are not one-size-fits-all

21:08:26 From Michelle Peterson To Everyone:

@Greer, take your boots when you buy the gators

21:08:59 From Ethan Turner To Everyone:

Regarding layers: How do down layers hold up to constant snow fall? Will it eventually get damp? or no concern there?

21:09:10 From Travis Prescott (Snowshoe Leader) To Everyone:

Prady I wore my ski pants without gaiters, but I don't think they'll interfere too much.

21:09:49 From Prady Misra To Everyone:

Would Salewa alpine hiking boots be good for snowshoeing?

21:10:13 From Michelle Peterson To Everyone:

Ethan, yes, unless the down has extremely good waterproofing, it will wet out

21:10:57 From Will Wick To Foothills Mountaineers(Privately):

Don't won't to hold too many people up with this, since my issue might be very specific. I don't have a car and am coming from downtown seattle. The earliest bus that gets to the Issaquah transit center is at 7:10, and it takes 38 min to get there from issaquah

21:10:57 From Ethan Turner To Everyone:

Thank you all for your time. Learned a lot. Looking forward to the trip! Take care

21:11:03 From Greer Grenley To Everyone:

Okay I’m signing out but will email with questions. I was going to take a pic of the shoes I was planning on using and the poles I currently have to see if either/both will work

21:11:05 From Michelle Peterson To Everyone:

Prady, those are basicly what I wear.

21:11:16 From Prady Misra To Everyone:

Thanks Steve and Travis. See you soon.

21:11:21 From Will Wick To Foothills Mountaineers(Privately):

Wondering about the likelihood of classes starting at 7:30 vs 8

21:11:22 From Michelle Peterson To Everyone:

Good Night!

21:11:24 From Amanda Tarbill To Everyone:

Thank you!