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| not a member? [join now!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba3269333a6105bb4d53d48e7ad256ad601e687df021e5567983b6e2ce99ad2cea47b43172ac3ff03a548177eb50d41f78&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133447762%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=D4tYPv3sCy%2B1SkLhXhLZhLdLHsd9jclHyCne5BhkMYc%3D&reserved=0)               [view as a web page](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fview.s7.exacttarget.com%2F%3Fqs%3D19072f5ee7d16a169fce1338b2d0b157a4813d042dab6ed60c3ce9c704f084e6716b96827fef2b0f1757ac5da22c1d4d6899a2ad156b26c9b5c1c7870775b4eb32cfd896b71988614f134bd8c7927371&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133452716%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=erUJ2e%2B6Hy4Mo3ialFmoFwnSvZ5yxiS%2FnVikozl3Vjk%3D&reserved=0) Graphical user interface, text  Description automatically generated |

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| **Happy autumn Foothills Mountaineers!**I hope you enjoyed our beautiful Pacific Northwest summer and found plenty of opportunities to get outside and have some fun! As we head into autumn, the Foothills Branch offers plenty of [opportunities](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba2590d79df8044350b9a297438a214efa60ba83dfd0851608e97061084ab449e065ac5fad3a179be744edd900c2c94a29&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133457696%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=qAWIAsIOxQ%2FjvXTM19M3PNT3zC7%2FHYpVnr1gb5BCXpc%3D&reserved=0) to help you get outdoors and enjoy our beautiful weather. Spaces fill up quickly, so don’t wait to check out these exciting activities!   |

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| **Upcoming Events, Courses, Clinics & Seminars**All listings are subject to change and can be cancelled or rescheduled at any time. Please stay up to date by visiting our website or reaching out to the appropriate leader.[**Board Elections & Virtual Annual Meeting 2021**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba5c4bb037b0eb8c2b5efeae32de4cb9349e41c87d5a3e0857995fcd6b9bade7f9bb9490ed93a1a04e217ec2fc9a7e48c6&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133462672%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=cE58ehx%2B3VOm06vozisckfvZgm1tEmYYnKYjCE5Q5Ug%3D&reserved=0) **| Sep 14**It’s election season at The Mountaineers! Learn about the 2021 Board endorsed candidates for At-Large positions on the Board of Directors, proposed bylaws updates, and how to vote. Plus, save the date for the Virtual Annual Meeting on September 14, 2021, where Mountaineers members have the opportunity to make At-Large Director nominations for the 2021 election season.**Leadership Conferences Registration | Opens Sep 29**This year we are planning to host two smaller in-person Leadership Conferences: [Saturday, November 20, at the Tacoma Program Center](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba27a64e9fded51b22a2da755bcd49349c12fc0621e37fb4281a8b3c0b3f57f801e34b9ed3614d743bc62535c8cc109125&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133467652%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=jjrXwGe270SzkibUmOmzJGSZnYcVT0Am5xE3fBQwZ6U%3D&reserved=0) and [Saturday, December 4, at the Seattle Program Center.](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba8baf502590b999856c840379e3e41956efd369ef1716d5c21e1db5f5c7d95432585deaa92aabec1c856316ec3c633240&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133472630%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=fh4Ipkw92OtRzzWRrDkpSPm5AEjJ%2FEPIwK8MUkJa89U%3D&reserved=0)  You are invited to join us for a fun day of professional development dedicated to thanking, inspiring, and empowering The Mountaineers current and aspiring volunteer leaders. Participants must be fully vaccinated against COVID-19 to attend this in-person event. Additional information about COVID-19 considerations available on the program registration pages.[**Foothills Climbapalooza**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba5e0234f3207bd37b025fb0261e639741563a404cc3b38874396f4073dec9310e58227787d65d48641f55a19d0afd4b6e&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133477597%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=JWuXqMynk1OSbu%2FUHYDWcUKGorDI6%2FDIlIS87WZgsqA%3D&reserved=0) **| Oct 1-Oct 3**Come join us for a weekend of climbing, hiking, and scrambling. We'll have various official and unofficial activities planned the weekend. [**Walking the Wild**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4bade4d6678aedb06ebc42a00c5c2503e895f102fc0e96e599f7384b9f523fbee9f5e15291fba2bb39b28d30f9b38695152&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133477597%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7QD%2BjQHOih36cqnbQW7sTobsiUktcKHoYVu5ariq7lY%3D&reserved=0) **| Oct 5**Join Mountaineers Andy Zavada and Sheila Reynolds as they share a stunning photo journey and trip planning tips from their 165-mile, two-week loop hike in California’s Sequoia and King’s Canyon National Parks in what is called The Big Seki. The presentation will occur via Zoom. Tickets must be purchased in advance to join the event. Free tickets are available, but we hope you will choose to contribute as it will directly support volunteer-led hiking programs for The Mountaineers.[**Wilderness Risk Management Conference**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba81882088bd05074187ae69424b610ab9a09db4457255ec880d1fed23b03cfa7b9e812f74d4e974ce75ad81dc602539aa&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133482593%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7rdRFTZ0X9gjsBp3gIL13SkvR0RKICCQdxiMYWji1fU%3D&reserved=0) **| Oct 18-22**The Wilderness Risk Management Conference (WRMC) is an annual gathering of outdoor professionals that creates an unparalleled opportunity for experts to convene in one place and share knowledge. Each year, The Mountaineers sends several of our volunteers to the WRMC, covering registration fees so that you might bring your newfound knowledge back to our community. This year we've reserved five slots, and we invite you to apply for one of these spots and attend on our behalf! This year's conference takes place online October 18-22. Learn more and apply today. [**Global Adventures Information Session**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba7cbf39e21b90741b26e1eb3919dd519a76790ad18701c7e953d19f2b4146393da7044ab56c6c7ca7924456c904effe7c&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133487564%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=9OK97ID6seUVfcNkBQcWDrJj4qUvPk6FgmYecSwHYAw%3D&reserved=0) **| Nov 1**Have you ever wanted to explore the world with a group of active, capable outdoorspeople? Or are you a trip-planning master hoping to share your skills and knowledge with a group of excited participants? Join us for our upcoming Global Adventures Info Session on November 1 to learn all about our program!  |

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| **News & Notes****Walking the Wild**The 22nd Walking the Wild presentation occurred on August 24, co-sponsored by the Foothills and Seattle hiking committees. Peter Hendrickson and Nancy Temkin regaled us with exciting stories from their journey across the crest of the island of Mallorca, high above the sparking Mediterranean! Walking the Wild events feature presentations of extraordinary on-foot adventures in the wilds of the world. Join our next presentation in October when Andy Zavada will share photos and trip planning tips from his backpacking trip in California's Sequoia and Kings Canyon high country.**Backpacking and Hiking**The Foothills Backpacking Committee is proud of the great progress the students in our [Backpacking Building Blocks](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db8e13f9c5123e4ba751337fa8eca3f4dd7f3a98f613834aa2aac5b4617952337384bcfd95002b422b53c547a77c12082489e3630f9226f81&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133492542%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=00GU%2BOEupXthrseD%2FQJkB1L%2FBNNYO%2BZ1XGdB0cDRiRs%3D&reserved=0) course have made building their skills, lightening their pack weight, and gaining confidence out on the trail! We’d like to congratulate the students who have already completed their requirements for graduation: Angela Savarese, Becca Watson, Bekah Schuring, Beth Lowe, Beverly Denny, Christy Cherrier, Shen Fisher, Andrea Shadrach, Jason White, Katherine Andrews, Leslie Frank, Melinda Gage, and Shirley Danielson. We’d also like to thank the course mentors, whose tireless efforts and commitment made this course possible: Amae Kurre, Christina Buckman, Colin Chapman, Karen Altergott, Karla Munguia, Linda Shewey, Lindsey Hesseltine, Liz McNett Crowl, Lorelei Felchlin, Luis Zuniga, Royce Poetter, Sarah Hess, and Shuko Hashimoto. Thank you! The 2022 Backpacking Building Blocks course will be posted in late fall with registration opening in January. In the meantime, you can send any questions about participating in the course, as a mentor or a student, to cascadehiker12@gmail.com.**Get your Backpacking Badge**Do you already have the skills and gear needed to be a confident backpacker, and want to our Backpacking Skills Badge on your profile? Check out the [requirements and process](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D06e7737cdb20daf4053f04d92af159ee2cb4daa7feb39e3e7178f3ea8936aa9ced0425cd3aec525d41a5eec7d8a134c02b71eaeb81d935e0&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133497521%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=uTPWHaKUoeg7Ky6UjdvZMhk0n45j4nkCwahJ0VvC3gg%3D&reserved=0) to get your badge.**GoHike**The Foothills Hiking Committee’s [GoHike](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D06e7737cdb20daf40b1ec0f758eae1d513839971404e388d9b3aeddc06c6fe7a3ca8718957cbcad8e4df8e078ada30af9e16c2787da025a0&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133502500%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2B0akFziKCba%2Bfv5swcItXqkHu01mp43%2FChtxjGjTKWE%3D&reserved=0) program meets people where they are by providing a series of 3–8 mile social hikes to help them gain the skills and confidence needed to begin a successful life of hiking. It’s also a great opportunity to make friends and build community! This year, 64 students registered and are participating in two or more hikes each month all over the state. We're hearing great feedback and success stories from our students. We would like to recognize our fabulous GoHike team, led by the amazing duo of Christina Buckman and Liz McNett Crowl and their dedicated team of GoHike leaders: Alexa Dolak, Brad Peacock, Dori Gillam, Jenelle Barkley, John Rongerude, Linda Shewey, Lori Heath, Nancy Temkin, Pam Jorgensen, Steve LeBrun, and Sue Krienen.**Volunteer With Us** Thinking about giving back to your branch, Foothills members? If you or someone you know is interested in finding out more about our volunteer opportunities or other leadership roles with the Foothills Branch, please contact Alan Davey at [foothills.branch1@gmail.com](file:///C%3A%5CUsers%5Cisabels%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5CF7TLPVJP%5Cfoothills.branch1%40gmail.com).   |

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| [www.mountaineers.org](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D06e7737cdb20daf436159394b42524e606ad693e2bfd7f451b6b26cbb5e96bed3167231050236d125176ab4535b761f397b9e89df01fa998&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133522411%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RZz2dxDXVDKgjF08p1jGuxn5GNIzLP9JZRL0fdTajr4%3D&reserved=0) The Mountaineers enriches lives and communities by helping people explore, conserve, learn about and enjoy the lands and waters of the Pacific Northwest and beyond.[Unsubscribe](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072c550ea61fa77436a2641a345e6bfa39288a017f6ef07dd089c470189bcb8b7f03755a2aa78f4d31b&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133527391%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=ojsFNhGntK8OEA5BhJxaAiLE4hyvP%2BMvQ8boQqg7R50%3D&reserved=0) | [Update Preferences](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072c550ea61fa77436a2641a345e6bfa39288a017f6ef07dd089c470189bcb8b7f03755a2aa78f4d31b&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133532369%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=Kde%2FY6ClcxtT11kzreq2Hn9IQVpM6gZNFjL2BvSA5xQ%3D&reserved=0)  |

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| This email was sent to lorieheath@live.comThe Mountaineers, 7700 Sand Point Way, Seattle, WA 98115-3996, US[Read our Privacy Policy](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D06e7737cdb20daf49061419935d34ab21bb8d825728353cd748ecf3af4769ff10fb9cf6af7274703ecd4c9359d352fab00682b01771f1ae8&data=04%7C01%7C%7C89975886defc4445ab0108d972cb9e4d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637667041133537352%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=eN5nnS7YYBPpI8VmYchv1p5X6UFk5oRtYp%2BC%2FXRuKis%3D&reserved=0)  |

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