|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| not a member? [join now!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D96ade3c1773b65025bb66f469c4d0c71ac2ec2ba3eac584f8adeab40d43e23c86e2862759183f3ebd0a2da4f8fefd61bc563147d667b2dc9&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220072736%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=xd7qVBz0cnAVBeskIrD%2FWTw9qtYqDDowWTGSI2HX%2Fzk%3D&reserved=0)               [view as a web page](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fview.s7.exacttarget.com%2F%3Fqs%3Dba0fa6591163b25069fc6512c96cb7685ddbc8b51791cc14dea4c9b67392de566045436ae01e5e0a72a26d912d1b741ff4576e8be5a57b4a359656ca41e36e51a0db1e2d0a305cc742ecb508c458938b&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220077716%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=CD0SxeAl7NWLjCmJ73IRN1fgvgWuT6rDaxTvrx3pcYk%3D&reserved=0) Graphical user interface, text  Description automatically generated |

|  |  |  |  |
| --- | --- | --- | --- |
|

|  |  |  |
| --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| **Happy November Foothills Mountaineers!**I hope everyone is enjoying this beautiful Pacific Northwest fall season. If you need some inspiration to get outdoors, you can find lots of exciting [activities](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D96ade3c1773b6502c9af9ec8b83e59a807ce975b246135aac03cf95236c8b2db6b097e7eda4de39601dc021ff1519df880138cd606bd8a37&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220082693%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=FpDA5yfArJIOJnHnA2%2FUtSNtMCO0S3JNvAg%2FYqISuvA%3D&reserved=0) sponsored by the Foothills Mountaineers.   |

 |

 |

 |

|  |
| --- |
|  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| A picture containing mountain, outdoor, nature, water  Description automatically generated |

 |

|  |
| --- |
| Images from Cheryl Talbert's Walking the Wild presentation on Norway. Courtesy of Cheryl Talbert. |

|  |
| --- |
| **Upcoming Events, Courses, Clinics & Seminars**All listings are subject to change and may be cancelled or rescheduled at any time. Please stay up-to-date by visiting our website or reaching out to the appropriate leader.[**State Parks Free Days**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D2ebd6588ea216d5781c1aafb2d2983e4f28208225094abdd0adad2ee1c8d5418489c52d07ed3f3748fbaaa32a8b6168139c56abe5bec2748&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220087671%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=G3033phXuxvx1qiGt8ydcR3PL71zxBQNAbUmPJkBh%2B8%3D&reserved=0) **| Nov 11, 26**Did you know that Washington State Parks offers several “free days” a year, when visitors can come without a Discover Pass? Upcoming free days are November 11 and November 26. [**Leave No Trace for Winter Recreation**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D2ebd6588ea216d5785875895ea8ec4ab467898ebae01bd5ee00e297c3aa5c5c9e961fd25bc3061747119f2193fa2aba074e8080e2e96c60b&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220092647%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2BCOVWguBSP7x7mBxfTLjkooZfLaeZx7RePLWX1YcnGs%3D&reserved=0) **| Nov 29**Join this online seminar to explore the seven principles of Leave No Trace from the [Leave No Trace Center for Outdoor Ethics](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D2ebd6588ea216d57e44c0a94241185fb71adceb109e2979141558d918a8ea3b22711d9d71fd7ec06bf6bb1e8768522a4f13fd945a6b82bab&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220097626%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=OOR2BZxu7lhSnCvlBWJnf41dGL1%2FQJK4BoYGo61Q6Mc%3D&reserved=0), and learn how to apply them to winter recreation. [**Basic Snowshoeing**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db819db9d837cc7e375a0d817c7b61c404653f4e34a1344376b539bf7c8455d278e5ba73a22b6f8453e4d30cbd88baa149a63a85f546eebb0&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220102603%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=aXLaatwJ7KfOtk05z%2FZbZMYYGSGEwzSFMTjrk%2BeWuhI%3D&reserved=0) **| Begins Dec 2** This introduction to snowshoeing course will help you learn how to get out in the winter wonderland confidently and safely on snowshoes. Act fast, registration closes on November 21.[**Walking the Wild: Exploring Norway**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db819db9d837cc7e31555b3a66b5a1d6fc2352f5a1f882e5d6291e56acaf7404acc1ca46e8500df39f374d148fec5c0c15a736404dc9bee6e&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220107583%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=T5%2B7jv9LqgB2wOn0wPITN6TA%2FzN6rfu11ciGZOb9608%3D&reserved=0) **| Dec 2**Join Cheryl Talbert in this online event to hear how she and her Mountaineers Global Adventures group spent nine days above the Arctic Circle backpacking in Norway’s Lofoten Islands, followed by eight days trekking hut to hut on the Jotunheimen Circuit.[**Nordic Ski Waxing Clinic**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db819db9d837cc7e3fdb210b376ec8e5b6b55da0c4d580305c66aea09489732c643c2a28a6ddf9a55e702cd747bca0684950ef49aa389b7f0&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220112562%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=sdOnQbuJ9cyZ93tH%2FSJwMgcuI8HT3FLMKn02FQfMoBw%3D&reserved=0) **| Dec 5**Join this online seminar to enhance your cross-country skiing experience this winter by learning the ins and outs of hot waxing your skis. Improve your ski bases, glide, and speed with these techniques.[**Foothills Branch Annual Celebration**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db819db9d837cc7e3a52f8efc457a375390556eff86325fb90249916e00a31c6d93bf2d6c39b5e6472dd3afe77b5a92b608e2cf78b21e60d6&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220117542%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=ShVyppWrYGt59v%2BPcs%2F6z9gmpHK7CpFC2upq69hpYYs%3D&reserved=0) **| December 10**Save the date for our annual Foothills Branch Celebration on December 10. During this virtual celebration of our 2021 accomplishments, we’ll welcome new faces and say thank you to those who are passing on their leadership batons.  |

 |

 |

 |

|  |
| --- |
|  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |
| --- | --- | --- | --- |
|

|  |  |  |
| --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| A group of people posing for a photo  Description automatically generated with medium confidence |

 |

 |

 |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| **News & Notes**[**2021 Board of Directors and Branch Elections Results**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Db819db9d837cc7e319e5d61667bdb7710d81a41757fa9e0c7cc3b959048c626e9a633d43acdeeaf5fe80083a70f296a9b16a71ca8c185bb3&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220122521%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=wSfMlVkGpGmVV5P4JoLyhtKbJdBLIk0omyslv0yut2E%3D&reserved=0)Learn the results of our 2021 Board of Directors and Branch elections. Thank you to everyone who participated by voting and accepting a nomination as a candidate for the Board of Directors.[**Impact Giving | How To Support Your Branch or Lodge Through Charitable Donations**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Dd6c0b9dfa5c0cf1660f3207f008e64d483768d343f8b6d73cad9a34fafcd0fcb3deafefbc48230115b3c7db828231388bd3a5bcf7ce30b2f&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220132467%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=3c14k%2FPFJYwy%2Bha2Z%2BH2diVkpRU71NfXE7SP2d6oBwU%3D&reserved=0)It’s a new fiscal year at The Mountaineers! In this month's edition of Impact Giving, we share highlights on restricted giving and preview how Mountaineers members can support their local communities through charitable giving.[**Backpacking**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Dd6c0b9dfa5c0cf1667cd8a92673d13da76e9c56cdb62e5f38d9b8a59f956f89f0d5fa887201c2c5ca614571d75d2ab86efb867608f2f77a0&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220137450%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=93lXeVAlPSAHMdN32Tio6cpLUZQbgJ67L%2F4XQPKQXbM%3D&reserved=0)The Foothills Backpacking Committee is delighted to announce that the 2021 Backpacking Building Blocks (B3) course has already successfully graduated nearly 50% of our students this season, more than any class since 2013! Much of the success of the 2021 B3 course is due to the amazing mentors who supported groups of 8-9 students, most of them beginners, through the two zoom lectures, an in-person gear demo day, one or more practice camps, and then led them on three or more backpacking trips. Students also had to complete at least one stewardship activity and the Low Impact Recreation badge to graduate, no small feat in a single year! Students not only received great help in getting geared up, fit, and confident, they also built a lasting community of backpacking companions and connections for a lifetime! Interested in jump-starting your own backpacking dreams, with comprehensive information, practice, helpful mentors, a season of trips tailored to your needs, and a chance to build a community of future backpacking friends? Watch for the 2022 B3 course, which will open for registration in mid-January!Our Backpacking with Kids course will return in 2022 with a new team of energetic organizers taking the reins: Birgit Grimlund, Thomas Robey, and Erica An Rickard. They succeed the amazing Lorelei Felchlin, who we thank with all our hearts for three years of dedicated effort in running the course. Backpacking with Kids provides families a program of instruction, practice, and tailored family trips through 2022, which will not only get families started on a lifetime of outdoor adventure together but will also connect them with other families eager to get their kids out safely and comfortably. If you’re interested in helping with the course, please contact Foothills Backpacking co-chair Cheryl Talbert at cascadehiker12@gmail.com or watch for the course posting to come up in January![**Hiking**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Dd6c0b9dfa5c0cf163bb3391a3a8bc9011c41d262c63750fd1584b53be322813ad418a3b8b6de8ddaa0083cf73dd9d52ba3d880d41c8e8739&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220142426%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=b0xItpW9FwuckiyA23zYHRyYzKd6nrN%2FdCTIt9wA28M%3D&reserved=0)The Foothills Hiking Committee is excited about the success of their new beginner hiking course, GoHike. The course provided an opportunity for new hikers, or any hikers looking for guidance and support, to build the confidence and skills needed to enjoy the great outdoors at their own pace. A total of 64 hikers participated in the course, and 24 of these hikers graduated to earn a GoHike Badge. The 13 Hike Leaders in the course led a total of 92 hikes. Some of the more popular hiking destinations included Cougar Mountain, the Tiger Mountain lowlands, and Poo Poo Point. While students were happy to discover so many beautiful hiking trails so close to home, many ventured to hike locations far beyond the Issaquah Alps region such as Bridal Veil Falls in the Central Cascades, and Clover Lake in the Mount Rainier area**.** [Read more](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Dd6c0b9dfa5c0cf16dce7fe0adba387a35f24b6438daddf7e8d9e25606d9a43008fe4c93c30474d02316b4a0c179b41b80a2ed14aee4e3979&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220147403%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=8sKybxye%2Ba898IbHVA3XA6QfhqWnkd0ehd%2FEXj%2BdHtg%3D&reserved=0) to see how this course helped hesitant hikers find a trail to success![**Trail Running**](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3Dd6c0b9dfa5c0cf16fa76c8efa93de0f3daece08da6f3148a5bd7924856792b8062b0f58f200cf8b76db2ba58349e0f6c2d696204b5e37921&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220152386%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=DHSG74q8nFriPjypwoH6SKRLuQbfwobe51F9uUF4764%3D&reserved=0)Shoulder season trail runs are in full swing and the Foothills Trail Running Committee is offering a wide variety of running opportunities, including ski season conditioning runs, backcountry runs, evening runs, early-morning runs, dog-friendly runs, and end-at-a-brewery runs. Check out all the [trail runs](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D8c334bdf99a04dec40837df9bd580249f66bf6e0850cb6f60867e4e4774c157ed6079e65f60b4553236ba90b2d02ded56fb82baf89aff1e3&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220157359%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=WCmzRcKDazYBPYxgUxWmdeNU3YPWX3OdirRvqm3o81w%3D&reserved=0) we have to offer, then grab your headlamp, prepare to get a little muddy, and come join us on the trails!   |

 |

 |

 |

|  |
| --- |
|  |

 |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |
| --- |
| **Branch Elections**We’re pleased to announce the results of the 2021 Foothills Branch election and would like to thank everyone who voted in the election. We have a new Branch Chair, Ben Morse, and a new Branch Chair-elect, Brad Peacock. Congratulations to Ben and Brad! We’d also like to thank Alan Davey for the great leadership he provided during his tenure as Branch Chair.**Ben Morse, Branch Chair**Ben strongly identifies with The Mountaineers mission and core values. He has had many wonderful experiences with The Mountaineers and is excited about this opportunity to take on more leadership in the Foothills Branch. With Ben’s background in project management and volunteer leadership, he is well positioned to make many significant contributions. Ben joined The Mountaineers in 2019 and quickly began to assume leadership positions in the Foothills Branch. In addition to being the former Branch Chair-Elect, Ben is also involved with the Foothills Climbing Committee and the Foothill Safety Committee.**Brad Peacock, Branch Chair-Elect**Brad Peacock grew up in New England and moved to Washington in 2004. He enjoyed hiking, camping, and cross-country skiing in his youth. He joined The Mountaineers in 2018 to meet other hikers and explore new trails. Since then, he’s participated in many Mountaineers activities and has completed several classes. He is a leader in both the Trail Running and Hiking Committees, and a Qualified Youth Leader. In 2021, Brad received the Key Leader Badge and Super Volunteer badges in recognition of his service to The Mountaineers.  |

|  |
| --- |
|  |

|  |  |
| --- | --- |
|

|  |
| --- |
| A picture containing outdoor, mountain, person, sky  Description automatically generated |

 |

|  |
| --- |
| **Volunteer Spotlight**This month the Foothills Branch would like to recognize the contributions of Birgit Grimlund and Larry Holsted. Find out more about them and what inspires them to volunteer for The Mountaineers.  |

|  |  |  |
| --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| [Learn More](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D8c334bdf99a04dec5f0bb4c5602dbfd6af9cde0b5399b3e5b163831d63cb2ac49c8b8bef5ca3aed738897635073b3d234d235ad5588e2d7e&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220162347%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=CUBZK87%2B74T1fTVQOfYIDuNY0d%2Fmsf74esg0CxOgAqc%3D&reserved=0) |

 |

 |

|  |
| --- |
|  |

|  |
| --- |
| **Volunteer with Us**The Foothills Branch is looking for a few good leaders! We have an opening for Branch Treasurer-Elect and are looking for volunteers to help with the Staying Found Course.**Branch Treasurer-Elect:** Shyam Vijayaraghavan, the current Foothills Branch Treasurer, will complete his term at the end of September 2022. The branch is looking for someone who would like to work closely with Shyam until then, and assume the treasurer position when his term is complete. The treasurer serves a two-year term and supports the branch chair and activity committees by overseeing the annual budget process, supporting the development of annual course pricing and investment proposals, and processing check requests and reimbursement requests for Foothills Branch volunteers. If you or someone you know may be interested in this position, please contact Ben Morse at foothills.branch1@gmail.com. **Staying Found Course**: Love to communicate with leaders? Love to communicate with students? Just love spreadsheets? We've got a job for you! Andrea Shadrach and Susan Conbere are the small but mighty team organizing the Staying Found (On-Trail Navigation) Course for the Foothills Branch. They are seeking a few more people to help with the administrative duties that make this course possible. The organizing team will generally meet weekly on Zoom. This is a great way to learn about conducting a Mountaineers course and you might learn some navigation, too! If you or someone you know may be interested in this position, please contact Susan Conbere at sconbere@gmail.com. **Washington Trails Association:** We also invite you to volunteer with the Washington Trails Association (WTA) for a fun and rewarding way to give back to the places you love to hike. Trails across Washington need our help more than ever. [Join a work party today!](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D8c334bdf99a04dec90753b25e72aa471756d754f658104fb4ebb689cc907557af57a2780fbe20e302d1db25aba22521024f59d4548ababdf&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220167315%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=K%2FOLqCO%2BXI82rTgoY1Rv5G7Lpad%2FAb3Ov80S7077BbY%3D&reserved=0)  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|

|  |  |  |
| --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| [www.mountaineers.org](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D9451a18dff84ec51d2e415a42b3bfc8c069ab73395ba3028b941f1ea799b9fda3268d3613bce830009844011275d48aa7333091ee0e7e76e&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220192207%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=KUExFhNsSEQehSxtuRCpntRH19YI4SqcALxP5LTEsJQ%3D&reserved=0) The Mountaineers enriches lives and communities by helping people explore, conserve, learn about and enjoy the lands and waters of the Pacific Northwest and beyond.[Unsubscribe](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072cc26221c32a45f3e2a3845f326fd353fa4a3c03bfb904a5ede109414998de584856d3c660df53f02&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220197193%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=KxKMhYgPyMjC5TgCX%2Bru97TKXtEmkQZy3XOLAKMxopM%3D&reserved=0) | [Update Preferences](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2Fprofile_center.aspx%3Fqs%3D38d6e54d348d940cc6739160734451fee4f37fcaa1dbd072cc26221c32a45f3e2a3845f326fd353fa4a3c03bfb904a5ede109414998de584856d3c660df53f02&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220202169%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=1oJEwmbe1v8NG8ZQE8h8GwIY6r%2B%2By%2BLAREoagTdPoLI%3D&reserved=0)  |

 |

 |

|  |  |
| --- | --- |
|

|  |
| --- |
| This email was sent to lorieheath@live.comThe Mountaineers, 7700 Sand Point Way, Seattle, WA 98115-3996, US[Read our Privacy Policy](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcl.s7.exct.net%2F%3Fqs%3D9451a18dff84ec5154d738ac3be02a82e6e4311e8410aeb39a0568a14db64624689aa188e4f7747e39d4ba8ad12ca3523323bd44548d0f29&data=04%7C01%7C%7Ce8e71d06d29c45b761ad08d9a2c107e8%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637719772220207139%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=sWYrRJPoq6N1LDQKQdlp3fe1P5uhZIvnAItX14%2BjMl4%3D&reserved=0)  |

 |

 |

 |

 |

 |

 |