



Alpine Scrambling Course Everett Mountaineers

Imagine climbing an isolated mountain with breathtaking views, or a jewel-like alpine lake to swim in. When winter blankets the mountains in snow, you still can enjoy nature's beauty. The Everett Mountaineers Alpine Scrambling Course teaches you the way to **safely** enjoy and explore all the wonder of the mountains - in a supportive atmosphere that builds confidence.

Most mountain summits are accessible by scramble routes. Scrambling is non-technical, off-trail travel over rock, snow, or brush. The Everett Mountaineers Scramble course is a 3 month program that covers proper equipment and how to use it, navigation, wilderness ethics, weather awareness, and safe snow travel. The course goal is to teach the skills necessary to scramble enjoyably and safely, without the use of ropes and technical gear.

Alpine Scrambling Course Prerequisites
Scrambling requires good physical condition, and a positive mental attitude. Scrambles are often challenging.

This 3 month course involves 6 lectures and 3 weekend field trips, so it also requires a significant commitment of time.

Enroll by visiting
www.everettmountaineers.org
Or call (800) 573-8484

For those who want to learn about technical or roped climbing techniques, glacier travel, or the use of crampons, please enroll for the Basic Climbing Course at www.mountaineers.org.

Equipment and Clothing

It is not necessary to buy anything yet. There will be a lecture dedicated to proper equipment and clothing early in the course. **However, proper clothing and equipment will be required to complete the course.** This can be a substantial expense, depending on whether it is used or new, bought or rented, etc.

Freedom of the Hills

Course reading assignments are from **Mountaineering: The Freedom of the Hills**, published by The Mountaineers. The latest edition of this textbook is a comprehensive resource and is available at libraries, bookstores, gear stores, and at www.mountaineersbooks.org



Benefits of Graduating

Graduates of the Everett Alpine Scrambling Course have the confidence to navigate properly in the wilderness, to administer wilderness first aid, and are properly prepared for safe outdoor adventures in the mountains in any season.

Graduates are also introduced into a community of hikers, scramblers, and climbers with a mutual love of nature, and who practice stewardship for the outdoors. Mountaineer members can sign up for many scrambles listed on our website. There's also informative talks and presentations, volunteering opportunities, and other events as well - there's always something fun going on! Check out: www.everettmountaineers.org

Graduating the Alpine Scrambling Course

Course graduation requires:

- Attendance of all scheduled lectures and field trips.
- Completion of Navigation Course.
- Completion of Wilderness First Aid Course.
- Participation in trail or lookout maintenance.
- Completion of 3 scrambles.

Wilderness First Aid and Navigation Courses are required for graduation, but have separate enrollments and tuition. Alpine Scramble Course tuition excludes Mountaineers membership.

Students have 2 years to complete requirements. Make-up field trips at other branches is possible, however, not guaranteed.

Classes start in February and run through May. Class meetings are held weekly in the Everett area.

Refunds for dropping will be granted up to the evening of the second lecture.

Check our website for details:
www.everettmountaineers.org

For further information contact us at:
scrambling@everettmountaineers.org
or call (800)573-8484



The Mountaineers
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