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Hike Essentials Seminar

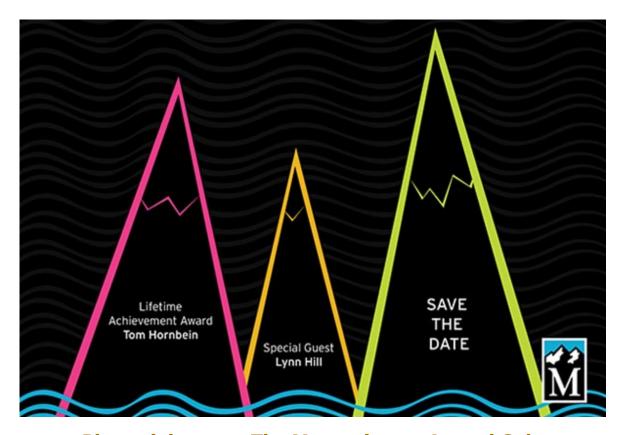
Join Us | Wed, Apr 4

The public and all Mountaineers are invited to attend the next **Everett Branch Open House** at the Snohomish County Public Utility District this Wednesday from 7 to 9pm. There is **no cost** to attend this seminar and Mountaineer **membership is not required.** Invite family, friends, and fellow workers to attend. Experienced hikers will share tips on what to pack and how to dress for comfort and safety. We will discuss clothing, boots, packs, the <u>Ten Essentials</u>, seasonal trail hazards, where to shop for equipment, and how to research your trips. Experienced hikers are welcome to attend and meet our new instructors and leaders and receive an update on Mountaineer Hiking Programs. Members and non-members are asked to please RSVP.

RSVP



Last's years Hike Essentials speakers pose for a photo.



Please join me at The Mountaineers Annual Gala

Adventure with Purpose | Sun, Apr 14

The public, as well as Mountaineer's, are invited to attend the Annual Gala, our biggest fundraising event of the year at Fremont Studios in Seattle. Enjoy dinner, a reception, and silent and live auctions benefiting Mountaineer programs.

The event's special guest is **Lynn Hill.** She's a living legend in the national climbing community, who completed a free ascent of the The Nose in Yosemite - a feat which has only been repeated once in 19 years. Since the early 90s, Lynn has elevated women's rock climbing and helped bring the sport into the national outdoor recreation mainstream. **Tom Hornbein** will receive the Lifetime Achievement Award for his many

climbing achievements including serving on the climbing team that enabled Jim Whittaker to reach the summit of Mount Everest in 1963 and traversing Everest's West Ridge with Willi Unsoeld.

The Gala has adopted the theme "Adventure with Purpose." The mantra comes from Vision 2022, our organization's new five year Strategic Plan. Vision 2022 has special significance for Everett Branch members because **one of its goals is to establish new program centers including one in Everett.** There is no better way to demonstrate our members' dedication to this major capital project than by attending the Gala. Matt Vadnal, the editor of this Enewsletter and the Everett Representative on the Board of Directors, is registered as a team captain. When you register to attend, please indicate that you want to sit at Matt's table. **Let's show The Mountaineers leadership that we are committed to establishing a Mountaineers Program Center in Everett.**

Hope to see you there! Matt Vadnal

Get Tickets

Everett Program Center Committee Created

On March 18, the Everett Branch Executive Committee approved a motion creating a Program Center Committee to evaluate the feasibility of establishing a Mountaineer Program Center in Snohomish County. The impetus for the committee is <u>Vision 2022</u>, the Mountaineers' new five year strategic plan. One of the plan's priorities is enhancing our organization's leadership role in outdoor education by creating program centers in Bellevue, Everett and/or Olympia. The committee will develop the requirements for a center, formulate building proposals, evaluate construction approaches, review and revise timelines, and recommend a final proposal to the Branch Executive Committee and the Board of Directors.

If you are interested in serving on this committee, contact Matt Vadnal, the Branch Representative on the Board of Directors, at matthewvadnal@aol.com.



Courses

Wilderness First Aid | Apr, May, or Jun

The Everett Branch has three upcoming wilderness first aid courses open for registration. Taught by Remote Medical International (RMI), a leader in wilderness medicine training and education, the WFA course is 16 hours and designed to provide elementary skills in remote care - useful knowledge for anyone venturing into the outdoors. In addition, this course is a requirement to graduate from many Mountaineers courses.

Self Rescue I | Sep 20 - Mar 10

This is a seminar-based course, with the goal of facilitating practice and learning of self-rescue skills by providing scenarios for the participants to work through.

Self Rescue II | Nov 8 - Mar 10

This is the second component of our self-rescue curriculum. We'll build on the concepts we introduced in Self Rescue I.

Learn to Instruct and Lead

Attend these events so you can serve as an Assistant Instructor and share your love of a Mountaineers activity with others. With additional experience and mentoring, you can become an activity leader.

Rock Instructor Clinic | Apr 13

Covers topics to effectively and safely teach rock climbing to groups of beginners in a single pitch environment.

Ice Ax Refresher - Grace Lakes | Apr 21

Half-day workshop, primarily for individuals instructing at the Everett Scrambling Snow Field Trip, but there is usually room for some additional scrambling & climbing graduates of all branches.

Trail Maintenance Crew Leader Class | Apr 22 & May 12

Learn the techniques, tools, and safety tips to help steward our trails. This is a great way to get introduced to the rewards of trail maintenance, while also exploring Lord Hill Regional Park, which features 1,453 acres wilderness.

Activities

<u>Sea Kayak - Skykomish River: Sultan to</u> Monroe

Sun, Apr 15 Moderate, Prerequisites

Day Hike - Mount Si Main Trail

Sun, Apr 21 Moderate/Strenuous, Leader Permission Required

<u>Mountain/Northwest Shoulder</u> Fri, May 11, 2018 - Sat, May 12

Fri, May 11, 2018 - Sat, May 12 Moderate/Strenuous, Prerequisites

Sea Kayak - Saddlebag Island

Sat, May 12 Prerequisites

As always, you can check out all Everett Mountaineers activities <u>online</u> and also sign up for activities across <u>all branches</u>.

Future Submissions

Do you have a story to share? Our branch is full of tales of adventure, personal triumph, lessons learned, and unforgettable characters. Sharing these stories helps us celebrate what it means to be a Mountaineer. In particular, we'd love to feature a profile of an inspirational Everett Branch member.

If you have an item for an upcoming enewsletter, email it to

<u>newsletter@everettmountaineers.org</u> by the 25th of the month. Please include the following:

- 1. Title
- 2. Date
- 3. Web link to corresponding mountaineers.org listing
- 4. Short Description
- 5. Photo if you'd like (this is not required)

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