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EVERETT NEWS

monthly e-news for Everett Mountaineers

Hi Everett Mountaineers,

Enjoy the spring and summer seasons by enrolling in one of the Everett Branch's outstanding outdoor activities. Numerous climbs, hikes, paddles, and scrambles have been scheduled throughout the coming months, all the way into September. Our veteran leaders make these outings fun and memorable experiences for everyone.

As always, this e-newsletter highlights some of our branch's activities, courses, events, and amazing volunteers. Remember, you can check out all our offerings at mountaineers.org/Everett.

Matt Vadnal,
Acting Editor



Hike Essentials Class Well Attended

Eleven non-Mountaineers attended the Everett Branch's Hike Essentials Class at our monthly open house on Wednesday, April 5. These novices were anxious to learn about The Mountaineers' oldest

activity. The very first activity for the newly formed Mountaineers was a hike through Fort Lawton (today's Discovery Park) in February, 1907. The Mountaineers' "100 Year Hike" commemorated that event on February 18, 2007, when members followed the same route garbed in early-1900s hiking attire, including long skirts for women and suits for men.

The following instructors from the Everett Branch Hiking Committee presented to the attendees: Ed Andrews - 10 Essentials, Louie Coglas - Navigation, and Sherri Engvall - Leave No Trace. Nic Tormohien, the Hiking Committee's New Chair, covered clothing, footwear, and how to sign up for hikes on [The Mountaineer website](#). After the presentations, the instructors fielded the attendees questions about hiking and the branch's hiking program.



Learn to Instruct and Lead

Attend these events so you can serve as an Assistant Instructor and share your love for a Mountaineer activity with others. With additional experience and mentoring, you can become an activity leader.

[Ice Ax Refresher - Stevens Pass Ski Area](#) | Apr 15

A half-day workshop, primarily for individuals instructing at the Everett Scrambling Snow Field Trip. Climbing and scrambling graduates from all branches are also invited to attend. This is a great way to sharpen and maintain your skills, help others, and give back to The Mountaineers.

[Scrambling Trip Leader Orientation - Snohomish County PUD](#) | Apr 18

Have you developed your mountaineering skills and experience to the point where you'd like to plan and lead alpine scrambling trips? If you have, this two hour orientation is for you. Step up and accept a challenging and rewarding new role in The Mountaineers. Topics include good leadership characteristics, trip leader skills, leadership styles, time management, teamwork, risk assessment and problem-solving discussions. The orientation is open to Scrambling and Basic Climbing graduates as well as current leaders.

Upcoming Events

[Everett Open House - An Incredible Journey on the Pacific Crest Trail](#) | May 3

Pat Cook, a long-time Everett Branch Mountaineer, will provide a presentation on the Pacific Crest Trail, which he completed in 2014. At the age of 50, Pat quit his job and went for a long walk. As an inexperienced but determined backpacker, his amazing PCT journey took almost six months and covered more than 2,650 miles. Pat saw stunning scenery, visited two hospital emergency rooms, made life-long friends, and fulfilled a goal he had since age 10 by walking through deserts, forests and mountains - all the way from Mexico to Canada. Join us to hear a few stories and lessons learned along the way. This is a great opportunity to get inspired to check out the Pacific Crest Trail, an incredible treasure located right in our backyard.

Future Submissions

This newsletter is key to spreading the word about events, activities, courses, and blogs. Submissions are welcome! In particular we'd love to profile one of our outstanding volunteers, so please consider nominating someone. If you have an item for an upcoming newsletter, email newsletter@everettmountaineers.org by the 25th of the month.

Please include the following:

1. Title
2. Date
3. Web link to corresponding mountaineers.org listing
4. Short Description
5. Photo if you'd like (this is not required)

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