

THE MOUNTAINEERS  
EVERETT BRANCH

No. 33 July 1988

EVERETT MOUNTAINEERS  
P.O. Box 1848  
Everett WA 98206



WILDERNESS MEDICINE LECTURE

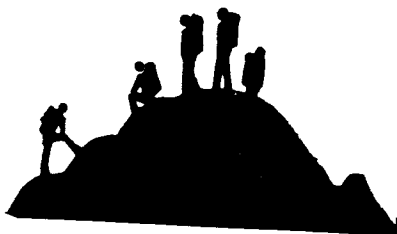
The Everett's Swallow's Nest is sponsoring a talk on wilderness medicine by Dr. William D. Forgey, on Friday, August 12, 7:00 - 8:30 p.m. Dr. Forgey, author of Wilderness Medicine, Hypothermia: Death by Exposure, and Campfire Stories: Things that Go Bump in the Night, will include information on how to treat and give extended care for common wilderness adversities including bites and stings, wounds, infections, CPR and shock, exposure, and fractures. Questions and answers are welcome.

CONSERVATION MEETINGS

Concerned about our mountains, dwindling forests, silted streams and quality of life? Conservation meetings are open to all Mountaineer members. Meetings are the fourth Tuesday of each month at Scott Dorough's. If you would like to attend and need driving instructions, call Scott, 337-2140, or Stan Kostka, 485-3850.

BRANCH OFFICER NOMINATIONS

The Nominating Committee is seeking members who are interested in running for a Branch office. If interested, please contact Chair Dorothy Beeman, 668-68475, or committee members: Marjorie Schaller, 668-3217, Linda Longley, 653-6711, or Larry Longley, 653-6711.



TRAIL MAINTENANCE

Each year Everett Mountaineers take time from their busy outdoor activity schedules to replenish the trails which guide them to beautiful views and lofty summits. This year is no exception as we plan to continue maintenance on the trail section from Saddle Lake to Goat Flats. The trail needs much work and your help will be greatly appreciated. Please contact Gordon Rogers, 353-2085, by Thursday, 27 August, so tools can be ordered. We will car pool from the Everett PUD at 7:00 a.m. Bring a lunch and work gloves.

NEXT MEETING, WED. AUG. 3

The August Branch meeting starts at 7:30 p.m. at the First Congregational Church, at Everett and Rockefeller. The program, The Bears of the Katmai National Forest in Alaska, will be presented by Wayne Cunningham.



NEW EVERETT BRANCH MEMBERS

We welcome the following new members to the Everett Branch:

Nancy Broman  
Barbara Greer  
Erika Roller

Fred Hodge  
Linda Holcomb  
Joseph Sellers

ALPINE SCRAMBLESMT. BAKER LODGE OUTINGJuly 23-24, Weekend -- Mt. Baker Lodge.

Enjoy two planned hikes: Mt. Winchester on Saturday & Kulshan Cabin (Heliotrope Ridge opt.) on Sunday, or a climb, Mt. Larabee, on Saturday. Take one or both hikes, or climb, or just make it a R&R weekend away from the city. Sign up with Barbara Matheisen, 659-6734.

A potluck dinner is planned for Saturday evening; Sunday breakfast will be approx. \$1.50 per person. Bring lunches for both days, sleeping bag, flashlights, plus personal gear. Friday evening people are responsible for their own breakfast on Saturday morning.

The lodge will be open Friday night by 6:00 p.m. for those who want to make it a full weekend. Please state when signing up the number of nights you will be staying. Lodge fees are approx. \$8 per night.

BRANCH OFFICERS

Branch Chair: Don Heck 347-6849  
 Vice Branch Chair: Forrest Clark 778-6894  
 Secretary: Gail McClary 337-7712  
 Treasurer: Stan Kostka 485-3850  
 Trustee: Dana Miller 745-5846

STANDING COMMITTEE CHAIRS

Alpine Scramblers: Dennis Miller 745-5846  
 Climbing: Connie Bennett 252-8085  
 Communications: Dianne Duffy 347-6849  
 Conservation: Scott Dorough 337-2140  
 Explorer Scout Post: Roger Hill 794-4784  
 Folkdance: Linda Longley 653-6711  
 Hiking: Dolores Wagner 568-3828  
 Membership: Debbie King 347-3987  
 Skiing: Ted Case 365-8042  
 Social: Virginia Lachmann 783-4260

July 16-17, Weekend -- Mt. Index & Mt. Persis, 5979' & 5452'. (USGS Mt. Index) 4600' gain. 10 mi. 2 of 6 for Index Group Peak Award. Leader: Neil Johnson, 282-4451.

July 20, Wednesday -- Pinnacle Peak 6562'. (USGS Mt. Rainier Park East) 2100' gain. 6 mi. Leader: Ruthanna Metzgar, 483-3590.

July 23, Saturday -- Guye Peak, 5168'. (USGS Snoq. Pass) 2300' gain. 5 mi. 1 of 10 for Snoq. First Ten Peak Award. Leader: Dennis Miller, 745-5846.

July 27, Wednesday -- Hidden Lake Peak, 7088'. (USGS Eldorado Peak and Sonny Boy Lakes) 3400' gain. 8 mi. Leader: Ruthanna Metzgar, 483-3590.

July 30, Saturday -- Mt. Forgotten, 6005'. (USGS Sloan Peak) 3900' gain. 10 mi. Leader: Roger Mills, 483-6072.

Aug. 6-7, Weekend -- Del Campo Peak, 6610'. (USGS Monte Cristo) 4500' gain. 10 mi. 1 of 6 Monte Cristo Peak Award. Leader: Bob Laird, 428-0209.

Aug. 13, Saturday -- Mt. Townsend, 5936'. (USGS Mt. Baring) 3800' gain, 10 mi., Limit 6. Leader: Corlan Carlson, 525-4559.

Aug. 14, Sunday -- Mt. Pilchuck, 5324'. (USGS Granite Falls) 20 Lakes Basin route. 2500' gain. 8 mi. Leader: Neil Johnson, 282-4451.

Aug. 20-21, Weekend -- Big Chiwaukum, 8081'. (USGS Chiwaukum Mts.) 5725' gain. 20 mi. Leader: Chris Johnson, 820-9344.

Aug. 27, Saturday -- Mt. Stickney, 5367'. (USGS Mt. Index) 3300' gain. 8 mi. 1 of 6 for Index Group Award. Leader: Dennis Miller, 745-5846.

Sept. 3, Saturday -- Sperry Peak, 6000'. (USGS Bedal and Silverton) 3800' gain. 8 mi. Leader: Bob Laird, 428-0209.

Sept. 10-11, Weekend -- Three Fingers, 6854'. 4200' gain. 14 mi. Leave Friday eve. Leader: Forrest Clark, 778-6894.

Sept. 17-18, Weekend -- Mt. Lincoln, 5868'. (USGS Mt. Steel) 5000' gain. 14 mi. Leader: Ron Smith, 347-0763.

**BACKPACKING**

July 16-17, Weekend -- Grand Valley-Olympics. 300' gain in, 1000' gain out, 8 mi. Alpine get-away lake, broad views, waterfalls. Leader: Linda Moore, 347-7650. SCO-204.

July 16-18, Extended Weekend -- Diamond Head, Elfin Lake (Gargoyles) and Opal Column. (British Columbia) 23 mi. Leader: Forrest Clark, 778-6894.

July 21-23, Thursday-Saturday -- Three Fingers Lookout. 4154' gain, Leader: Forrest Clark, 778-6894. 101 NC-122.

July 23-31, Week Trip -- Harts Pass to Ross Lake via Three Fools Trail. (USGS Slate Peak, Pasayten Pk, Skull Mt, Castle Pk, Skagit Pk, Hozomeen Mt.) A classic highland wander. Limit 10. Leader: John Witters, 353-4672. NC p. 218.

July 30-31, Weekend -- Mowich River Camp to Puyallup River Camp. 2037' gain, 9.5 mi. Highlight of trip will be Golden Lakes. Leader: Forrest Clark, 778-6894. 50 Hikes - 38.

Aug. 6-7, Weekend -- Seven Lakes Basin. 4000' gain, 20 mi. Forests, tarns, meadows of Olympics. Leader: Forrest Clark, 778-6894. SCO-212.

Aug. 13-14, Weekend -- Twin Lakes - Monte Cristo. (USGS Monte Cristo) 3500' gain in, 1000' gain in, 17 mi. Fishing is great! Leader: Forrest Clark, 778-6894. NC-130.

Aug. 20-21, Weekend -- Mt. David. (USGS Wenatchee Lake) (Everett Lookout Peak) 5200' gain, 16 mi. Leaders: Lori and Scott Dorough, 337-2140.

Aug. 20-21, Weekend -- Necklace Valley to La Bohn Gap. 3000' gain, 16 mi. Mixture of forest, heather, ice-polished rocks and those jewels of lakes: Jade, Emerald and Opal. Leader: Forrest Clark, 778-6894. AL-34.



(Co-sponsored by Everett Parks & Recreation)

Aug. 5, First Friday Dance. Our Folkdancing night for August will be the FIRST FRIDAY instead of the regular Second Friday due to a conflict in scheduling through the Parks Department. We hope you will be able to join us August 5th for a lively evening of International Folkdancing with Pat McMonagle. Pat will teach us Alunelul and Ali Pasa from 8:00 to 9:00 p.m. Pat will continue the evening from 9 to midnight with line dances, circle dances, couple dances and mixers from many different countries.

Dancers of all abilities, first timers as well as those who have danced all their lives, are welcome. The variety makes for a lot of fun!

The dance will be held in Floral Hall in Forest Park. Refreshments are provided. Singles are welcome. A \$3 donation would be appreciated to help cover costs. See you there! For more information call 653-6711 or 668-6773.

Directions to Forest Park: From Northbound I-5, take the left lane Broadway Exit #192. Stay in the far right lane and follow the signs to 41st Street. Go West on 41st approx. .8 mile to a steep left turn entrance to Forest Park. Floral Hall is next to the pyramid shape swimming pool building.

From Southbound I-5, take the 41st Street Exit. Follow 41st Street west. Continue as per northbound directions.

**CAR CAMPING**

Aug. 17-18, Wed.-Thur. -- Windy Pass & Hart's Pass area. 500' gain in, 1000' gain out, 7 mi. Scenic segment of Pacific Crest Trail. Opt. hikes depending on time. Camp in Mazama area. Leader: Dolores Wagner, 568-3828. NC-216.

## HIKING

Call leader for meeting place and time.

### July 20, Wednesday -- Lake Blanca.

(USGS Blanca Lake) 2700' gain in, 600' gain out, 8 mi. This will be a slow paced trip. Grand views of Kyes, Monte Cristo and Columbia Peaks plus Columbia Glacier.

Leader: Marge and Leonard Schaller, 668-3217. NC-138.

### July 23, Saturday -- Winchester Mt.

(Everett Lookout Peak) 2400' gain, 8 mi. Meet at highway maintenance sheds on Hwy #542 (Mt. Baker Hwy) 13.5 mi. from Glacier at 9:30 a.m. Part of Mt. Baker Lodge Outing. NC-36.

July 24, Sunday -- Kulshan Cabin with optional trip to Heliotrope Ridge. 1000' gain & 4 mi. r.t. to cabin, 2300' gain & 6.5 mi. r.t. to ridge. Meet at trailhead at 9:30 a.m. or lodge at 9:00 a.m. Part of Mt. Baker Lodge Outing. NC-26.

July 27, Wednesday -- Goat Lake. 1280' gain, 10 mi. Subalpine lake beneath cliffs of Foggy Peak. Good mid-week hike for those who like solitude at a popular area. Leader: Lori Dorough, 337-2140. NC-126.

Aug. 1, Monday -- Alpine Lookout. (Lookout Peak) 10 1/2 miles, 1700' gain. Hike the highlands near Lake Wenatchee. Leader: Larry Longley, 653-6711. NC-152.

Aug. 2, Tuesday -- Hidden Lake Peaks. 2700' gain, 6 mi. Heather meadows, ice carved rocks, views of North Cascades. Leader: Larry Longley, 653-6711. NC-78.

Aug. 7, Sunday -- Lake Josephine. 8 mi. r.t. Visit alpine lakes, meadow lakelets along the Crest Trail. Leader: Debbie King, 347-3987. AL-47.

Aug. 10, Wednesday -- Cascade Pass. 1800' gain, 6 mi. Easy hike with great views, meadows, late summer flowers. Leader: Dolores Wagner, 568-3828. NC-86.

Aug. 13, Saturday -- Surprise Lake. 2300' gain, 8.5 mi. r.t. View waterfalls, hike forest trail to alpine lake nestled in hanging valley. Leader: Joanne Carpenter, 353-1246. AL-42.

Aug. 14, Sunday -- Kendall Katwalk. 2700' gain, 10.5 mi. Hike part of Pacific Crest Trail to views above Snoqualmie Pass area. Leader: Bev Robison, 435-9839. AL-193.

Aug. 21, Sunday -- Curry Gap. 3-7 mi. Hike remnant of old miners route. Possible flower meadows and board views if party is agreeable to go higher and farther. Leader: Gordon Rogers, 353-2085. 101 NC-121.

Aug. 29, Monday -- Sauk River Trail. (USGS Silverton) no gain, 6 mi. Easy hike in silverton area. Leader: Bev Robison, 435-9839. TT1-72.

Aug. 30, Tuesday -- Church Mt. (USGS Mt. Baker) 5400' gain, 8.5 mi. Leader: Larry Longley, 653-6711. NC p.32.

Sept. 5, Monday -- Winchester Mtn. 3000' gain, 9 mi. Leader: Larry Longley, 653-6711.

Have a free Monday and want to go hiking? Call Marge Schaller, 668-3217, or Bev Robison, 435-9839, for unscheduled Monday hikes.

## TRAIL MAINTENANCE

Aug. 27, Saturday -- Saddle Lake to Goat Flats. Continue with trail work. Trail needs much work and our help is needed. Sign up with leader by Aug. 25, Thursday, so tools can be ordered. Bring work gloves, lunch. Meet at Everett PUD at 7:00 a.m. Leader: Gordon Rogers, 353-2085.

## CLUB CLIMBS

Open to Basic Course Graduates and Intermediate Course Students and Graduates. Club Climbs do not fulfill course requirements.

July 23, Saturday -- Mt. Larabee, 7800'. S. W. ridge, Limit 6. Part of Mt. Baker Lodge Outing. Leader: Bill Iffrig, 334-2126.

Aug. 27-29, Extended Weekend -- Mt. Rainier, 14410' (G). (USGS Mt. Rainier) Kautz Glacier, Limit 6. Leader: Bob DeGroot, 259-1098.

Nov. 10-11, Thursday-Friday -- Mt. Hood, 11245' (G). Hogs Back Route. Limit 6. Leader: Bob DeGroot, 259-1098.

INTERMEDIATE CLIMBS

Only open to Intermediate Course students and graduates and Intermediate climb leaders.

July 23-24, Weekend -- Forbidden Peak, 8815' (R). (USGS Forbidden) NW Face, Gr. IV, Class 5, Limit 4. Leader: Chris Hawkins, 525-1428 or 524-0943.

July 30-31, Weekend -- Mt. Baker, 10778' (I). (USGS Mt. Baker) North Ridge, Gr. II, Limit 6. Leader: Larry Longley, 659-6711.

Aug. 5-7, Extended Weekend -- Mt. Stuart, 9415' (R). (USGS Mt. Stuart) North Ridge, Gr. III, 5.7, Limit 4. Leader: Joe Hahler, 337-6879.

Aug. 6, Saturday -- Mt. Index, 5979' (R). (USGS Index) North Face of North Peak, Gr. III, 5.6, Limit 4. Leader: Roger Hill, 794-4784.

Aug. 13-14, Weekend -- Vesper Pk, 6214' (R). (USGS Silverton) North Face, Central. Gr. III, 5.8. Limit 4. Leader: Chris Hawkins, 525-1428 or 524-0943.

Aug. 20-21, Weekend -- Mt. Baker, 10778' (I). (USGS Mt. Baker) North Ridge. Gr. II. Limit 6. Leader: Darrell O'Kelly, 338-0438.

Aug. 27-28, Weekend -- Cutthroat Peak, 8050' (R). (USGS Washington Pass) South Buttress. Gr. II. Leader: Don Roberts, 794-6354.

Aug. 31, Wednesday -- Sloan Peak, 7835' (R). (USGS Sloan Peak) West Face. Gr. II-III, 5.4. Leader: Larry Longley, 653-6711.

Sept. 10, Saturday -- Cutthroat Peak, 8050' (R). (USGS Washington Pass) South Buttress, Gr. III, 5.7. Limit 6. Leader: Craig Fryhle, 782-6229.

Sept. 10-11, Weekend -- Sherpa Peak, 8605' (R). (USGS Mt. Stuart) West Ridge, Gr. II, 5.5. Limit 6. Leader: Jack Bennett, 252-8085.

Sept. 24-25, Weekend -- Mt. Triumph, 7270' (R). (USGS Marblemount) Northeast Ridge, Gr. II, 5.5. Limit 6. Leader: Mac Farrell, 334-9019.

BASIC CLIMBS

Open to Basic Course Students and Graduates and Intermediate Course Students and Graduates. Basic Climbs are intended to fulfill Basic Course requirements.

July 23, Saturday -- Del Campo, 6610' (R). (USGS Bedal & Monte Cristo) South Face, Limit 6. Leader: Jim Mathieson, 659-6734.

July 23, Saturday -- Sahale, 8680 (A). (USGS Cascade Pass) South Slope, Limit 6. Leader: Chris Johnson, 820-9344.

July 23-24, Weekend -- Huckleberry, 6320' (R). East Face. Mt. Thompson, 6554' (R). West Ridge. (USGS Snoq. Pass) Limit 4, Leader: George Macomber, 524-1208.

July 23-24, Weekend -- Mt. Shuksan, 9127' (G). (USGS Mt. Shuksan) Fisher Chimneys, Limit 6. Leader: Gordon Thomson, 526-7289.

July 30, Saturday -- Morning Star, 6020' (R). (USGS Bedal) North Face, Limit 6. Leader: Art Hedstrom, 391-8162 H, 745-8400 W.

July 30-31 Weekend -- Three Fingers, 6870' (R). (USGS Silverton) North Peak, West Route, Limit 4. Leader: Ruth Martin, 348-3819.

Aug. 6, Saturday -- North Twin Sister, 6570' (A). (USGS Hamilton) West Ridge, Limit 6. Leader: John Graham, 221-7817.

Aug. 6-7, Weekend -- Mt. Shuksan, 9127' (G). (USGS Mt. Shuksan) Fisher Chimneys, Limit 6. Leader: Chris Johnson, 820-9344.

Aug. 13, Saturday -- South Early Winter Spire, 7807' (R). (USGS Washington Pass) South Face, Limit 6. Leader: Bill Iffrig, 334-2126.

Aug. 13, Saturday -- Guye Peak, 5168' (R). (USGS Snoq. Pass) West face, North Section. Limit 6. Leader: John Graham, 221-7817.

Aug. 20, Saturday -- Devils Thumb, 5170' (R). (USGS Silverton) Southeast route. Limit 4. Leader: Tom Borst, 481-6894.

Aug. 20-21, Weekend -- Mt. Daniel, 7960' (G). (USGS Mt. Daniels) Lynch Glacier. Limit 6. Leader: Gail McClary, 337-7712.

**EVERETT BRANCH HISTORICAL TRIVIA**

October 5, 1966:

Trustee, Fran Lingenfelter reported that the printing of 5,000 copies of 100 hikes in Western Washington, by Louise Marshall was sold out in four weeks and that money had been allocated for publication of Medicine For Mountaineering. He discussed the possibility of the Mountaineers purchasing 320 acres of Trinity Mine property in Chelan County, part of which is located in the Glacier Peak Wilderness area. Asking price was \$165,000. The property's chief value was for conservation.

Conservation Chairman, Henry Kral, announced that Wallace Falls State Park exists only on paper because of a delay in acquiring the land.

Salmon Bake Chairman, Dorothy Philipp, announced a record breaking number of 214 reservations for the Salmon bake which was held on October 2. The annual banquet was set for December 5, at the Elks Club. Prime Rib was the entree' at a cost of \$3.50 per person. Jim Whittaker had informally agreed to present the program.

**ADVANCED****MOUNTAINEERING ORIENTED FIRST AID (MOFA)**

An advanced MOFA class is scheduled for this fall at Everett's Forest Park. This is a progression class requiring a current standard or advanced first aid card and a current CPR card. Fee is \$10. Books and pool fees are additional. The class schedule is as follows:

Sept. 8, 15, 22, 29 (Thursdays, 7-10 pm)  
 Sept. 30 (Friday 7-10 pm)  
 Oct. 1 (Saturday 8am-10pm)  
 Oct. 2 (Sunday 8am-1pm)  
 Oct. 6 (Thursday 7-10 pm)

Advanced registration may be made through Everett Parks and Recreation or the evening of the first class. Need more information? Call Ted Case, 365-8042 (5-9pm).

**September Bulletin and August Newsletter  
Deadlines**

20 July 1988 is the deadline for getting items into the September 1988 issue of The Mountaineer. 03 August 1988 is the deadline for getting items into the next newsletter. Send all items (and indicate where to be published) to: Everett Mountaineers, P. O. Box 1848, Everett, WA 98206. Thanks!

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