

The Everett Mountaineers

Newsletter

No. 92 Winter 1998 • Everett Climb-line 348-7829 • The Everett Mountaineers P.O. Box 1848 • Everett, WA 98206 • 672-TRIP

Upcoming Programs

January 7—Maxine Reid presents a slide show on kayaking Ellesmere Island in the Arctic.

February 4—Andy Boos returns with his Northwest Mountain Trivia Contest. Prizes are for winners and not for whiners.

March 4—The Pot Luck and Gear grab.

NW Mountaineering Trivia Contest

On February 4, host Andy Boos will ask questions on a variety of topics—wildflower identification, climbing history, wilderness ethics, Cascade geography, trail trivia... Prizes go to the contest winners. Here are some samples to get you fired up for the Contest.

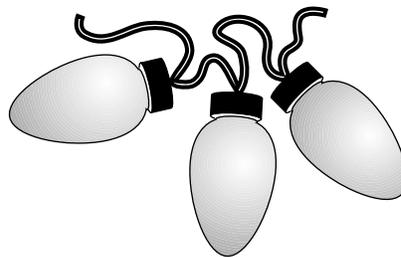
- * What plant, according to Kathlamet Indian legend, as a reward for feeding their people in scarce times, was given an elk-skin blanket and a war club?
- * Fine examples of Krummholz can be found in Leavenworth, above the Mt. Baker Lodge or on the Index Town Wall?
- * Would you predict avalanches to be more frequent on a mountainside covered with Alaska cedar, oregon box, or vine maple?

Content Wanted

Kris Stebbins is looking into creating a web site for the Everett Mountaineers. If you know of an inexpensive web site host (internet service provider), or would like to contribute to the content of an Everett branch web site, contact Kris at kstebbins@seanet.com or (360)668-3136.

Pot Luck and Gear Grab

Explanation of this annual event is in order for those new to the club and for those whose brains have been addled by climbing. The pot luck is an opportunity to socialize and dine with fellow mountaineers in a warm, dry location using utensils. The gear grab is the time to buy, sell or trade used outdoor recreation gear. In the past, there has been such frenzied excitement that deals have been made "under the dining table." To avoid encroachment on the social hour and sucking chest wounds, deals can only be made during the designated time on the trading floor. Larry has promised to keep the drone of the business meeting to a minimum so as to maximize our social time. Families are welcome. Bring food to share, eating utensils, and plates. The Branch will provide the beverages.



Christmas Caroling

Join the Everett Mountaineers for holiday caroling on December 22, Monday night at 7 P.M. in Everett. Once again we will be directed by our own Ruthanna Metzgar as we stroll through an Everett neighborhood that evening. After caroling we will gather at the Metzgar home for hot cider and Christmas cookies. Please bring warm clothes, flashlight, cookies or other snacks to share and a fun attitude. All voices are welcome—Ruthanna gets us all sounding pretty good! For more information and directions call Julie Endres, (360)668-2481.

Leadership Skills Workshop

For the fifth consecutive year, our Branch is proud to be offering a Leadership Skills Workshop. Its purpose is to teach skills needed by instructors and leaders in Mountaineers' programs. Over 180 branch members have attended this workshop, and most have reported that it is very valuable and thought-provoking.

This year's workshop will be on Saturday, February 28, 8:30 A.M. – 4:00 P.M. at First Congregational Church, 2624 Rockefeller in downtown Everett. The workshop is free and includes lunch.

We send invitations to many of our up-and-coming leaders in the branch, but any branch member is welcome to attend. Among the topics covered are: attitudes toward leadership, decision making, dealing with difficult people, and women in leadership. It's a great forum for discussion and sharing of ideas, and the insights gained can benefit not only your outdoor activities, but your everyday life as well.

If you're interested in attending the Leadership Skills Workshop or have questions about it, contact the Branch Leadership Coordinator, Andy Boos, (425)258-6199, before February 15.

Folkdancing

Folkdancing is on Fridays, December 12th and 26th. The dance on the 26th, the day following so much eating, is titled "Shake Down that Holiday Dinner." On Friday 9th we feature live music by Folk Voice. On Friday February 13th Chris Forester & Friends are featured musicians. Unannounced musicians played November 14th, the M&M's. Folkdance class resumes Monday, January, 26th. Information Pat, 206-367-5386. Register with Everett Parks for classes, 425-357-8300.

Connie Bennett

Each year the Everett Branch presents the Distinguished Service award to a branch member who exemplifies the ideals of volunteerism in the Mountaineers. The recipients are active not only in specific committees, but are also noticeably involved throughout the Branch. Recent winners of this award are: Bill Iffrig, Dorothy Philipp, Henry Kral, Steve Philipp, Dolores Wagner, Don Heck, Ted Case, Dianne Duffy, Jerry Thompson, Larry Longley, Gail McClary, Dennis Miller and Forrest Clark.

The selection process is not easy as there are many members who are dedicated and give greatly of themselves to the betterment of the Everett Mountaineers and our programs. This year three outstanding candidates were nominated.

The first was Neil Johnson who has been a member since 1978. Neil has been Scramble Committee chair and served on the committee for many years. He organized a concentrated effort to evaluate the Branch's ice ax arrest instruction techniques and guided the development of recommendations for improving them. He shared in expanding the avalanche training into a full course of instruction. He served on the Ski Committee for many years. He has led many, many trips in several activities. However, Neil has given us much more: the story of the ski pole

placed solidly against the trunk of the snow-laden tree with the expected result; the tent and Thermarest filled with ice crystals that spent days alone waiting for Neil to come back and retrieve them from under feet of snow; the balancing demonstrations that have not always balanced; and the realization that wearing sunglasses at night causes headlamps to dim. Neil is a pleasure to be around.

Our second nominee was Andy Boos who has been a member since 1988. Andy has served as a branch officer. He is currently the branch Leadership Coordinator. He is on both the Scramble and Climbing Committees. He spearheaded our club-wide Leadership Training Program. One important product of his efforts has been the annual Leadership Skills Workshop. He has masterfully orchestrated the design and execution of the course; the result has been of a very smooth product that has received much praise from the attendees. Andy has done an excellent job in taking over as primary instructor from John Graham. Andy enhances the learning experience by superbly weaving humor into the day-long session. Andy is also the safety consultant on several committees. He initiated a feedback system from students and trip participants to help improve the service we provide to our members. He is a Trail Maintenance

Crew Chief, and, of course, he leads numerous trips from intermediate climbs to hikes. Many thanks to Andy.

This year's recipient of the Distinguished Service Award is Connie Bennett, a member since 1975. She has been chairperson of both the Climbing and Skiing Committees and has instructed Basic Climbing, Intermediate Climbing, Nordic Skiing and Telemark Skiing. Connie has been the course coordinator for basic climbing and is a basic climb leader. For several years Connie coordinated the annual banquet. Connie has been active in the Branch's trail maintenance program. In the Branch's strategic planning initiative in 1995, Connie was a key contributor to the process of forming ideas for future Branch and Club direction. These are only a few of the many contributions Connie has made that are significant in making the Branch what it is today. Her organizational ability and warm and friendly spirit are very effective in making the committees, courses and activities of the branch safe, challenging, and *fun*. For the many years of dedication and contribution to the Everett Mountaineers, Connie Bennett is this year's Distinguished Service Award recipient. Thank you so very much, Connie.

—Larry Ingalls

THE KEN NELSON CLIMBING AWARD

The Ken Nelson Memorial Climbing Award is presented to honor a member the Everett Mountaineers for distinguished service to the climbing program. It symbolizes the heritage of volunteerism and leadership which is so vital to the Mountaineers.

The award was established in 1986 in memory of Ken Nelson, a very active Everett Climbing Committee member, who died in a tragic mountaineering accident on Mt. Robson.

This year the Ken Nelson Memorial Climbing Award was given to Tom Borst. Tom has been active with the climbing program since the award's inception. He has been very generous in donating his time and knowledge over the years. Tom has instructed at each of the basic and intermediate course field trips. Tom is routinely asked to lead field trips for the intermediate class; rock, ice, and winter bivouac. His field trips are always fun and encouraging for both students and other instructors.

In addition to his role as an instructor Tom is an active club leader at both the basic and intermediate levels. Tom is also asked to mentor new climb leaders.

There is also a humanitarian criteria for the Ken Nelson Memorial Climbing Award. Tom has demonstrated this with his involvement with Search and Rescue. Tom was active for many years in the Everett Mountain Rescue Council and subsequently with the Bellingham Area Mountain Rescue Council.

—Mats Robertson

EVERETT BRANCH AWARDS AND CERTIFICATES

1997 Hiking Awards

600 Miles

Phyllis Nelson
Shelby Weible

800 Miles

Noreen Hogle
Ron Weiss

1000 Miles

Michèle Royer
John Tolan

1500 Miles

Sharon Orr
Julie Endres
Adrian "Buzz" Pintler
Lewis Turner
Susan Williams

3000 Miles

Andy Boos

4000 Miles

John Witters

Lookout Peaks

Steven Glenn
Dorrie Jordan
Phyllis Nelson
John Tolan

Twenty Peaks

Lookout Award
Susan Cole

Michael Arriaga

Molly Beeman

Jeff Bergstrom

Jodie Braun

Cara Bubenik

Lisa Chambers *

Allen Chilina

Peter Crozier

David Green

Jeremy Gup

Paul Gurian

Ruth Gustafson

Chris Hazelbrook

Russ Howard

Doug Hutton *

Lori Jones

Leni Karr

William Kestas *

Jack LaMont *

Rocky Lam

Adam Lauring

Richard Martin

Brenda Mackinnon

Jason Niebler

Paul Nicholson *

Susanne Ohrvik

Wendy Park *

Brian Pedde *

Kenneth Philp *

David Prins

Phil Prins *

Ron Roth

Greg Routt

Suzanne Rowen *

Doug Shaffer

Mark Stadum

Nigel Stevenson

Mike Strauss

Jana Thomas

Paul Tibert *

Stewart Vannice

Keith Ward

Shelby Weible *

Ron Weiss *

Patrick Wisdom

**Participated in optional day of trail maintenance.*

1997 Alpine Scramble Graduates

James Bittis

Neil Bresheare

Nicky Chapman

Arnold Cohen

Eric Cook

Jennifer Elrod

David Fish

Marcella Gulick

George Hamasaki

Brian Hench

Chris Huckins

Jean Huckins

Kedra Larsen

Roger Leed

John Lindsay

David Maxwell

Sheila Mitchell

Gary Newell

Jeff Noyle

Jessica Pfundt

Joel Pfundt

Scott Pigeon

Elizabeth Rich

Rebecca Ryan

Terry Ryan

Kumiko Sakai

Bernie Sigler

David Tallent

Stewart Vannice

1997 Intermediate Climbing Course Graduates

Paul Spitalny

Sam Huston

Climbing Awards

Five Majors

Michèle Royer

Lewis Turner

Snoqualmie Lodge First 10

Roy Metzgar

Classic Eight

Dale Flynn

L. Keith Wilson

1997 Ken Nelson Award

Tom Borst

1997 Nordic Skiing Graduates

Theo Cleveland

Patricia Davis

Ron Gross

JoAnn Johnson

Michael Johnson

Richard Lawrence

Deanne Little

Rossano Passarella

Stephen Pisek

Bernie Sigler

Kathe Stanness

Patricia Staufer

Diana Swanson

Cathy Tibert

Tracy Tobin

Eric Zuelow

Attention Climb Leaders

When I took the Everett Mountaineers' Basic Climbing Course in 1986, the Everett Branch boasted the strongest climbing program, relative to the size of the branch, in The Mountaineers. Few would dispute my assertion that this is no longer the case. While we still have much to be proud of, the number of climbs offered to members is definitely an area for improvement.

Over the past several years, the number of climbs sponsored by our branch has gradually declined. The shortage of climbs advertised in the bulletin is not offset by climbs scheduled after the bulletin deadlines. Late-season appeals to lead climbs to help Basic students graduate have become routine. We must reverse this trend.

As the new Climbs Coordinator for 1998, I have established this goal for the Everett climbing program: *To offer more climbs than any other branch of The Mountaineers, relative to size of the branch.* Achieving this goal will be a challenge. The Tacoma branch, in particular, is highly organized, publishing a long list of climbs early each year. The Everett branch is $\frac{2}{3}$ the size of Tacoma's, but we offer nowhere near $\frac{2}{3}$ as many climbs as Tacoma.

If you've read this far, you know what's coming. But I will not just issue the usual plea for volunteer climb leaders. In February or March, I will personally call each person on our climb leader list to ask, beg, cajole, persuade, exhort, bribe, threaten—whatever it takes—you to lead at least one climb in 1998. I expect everybody on our leader list to lead a climb. If you will not lead a climb, I suggest that you remove yourself from the leader list. If you would like to lead climbs, but are not currently an authorized climb leader, call me at (425)820-9344.

Let's reclaim our leadership. All of us, not just students, will benefit from a climb schedule full of choices. Imagine 100 climbs to choose from. I urge you to rise to this challenge. Together, we can make ours the best climbing program, not just in The Mountaineers, but in the Pacific Northwest.—Chris Johnson

Old News from the Really Boring Business Meetings

This news is from the recently found June and August notes, September, October and November notes; the rest was confabulation, especially the numbers. The **club budget** and specifically the proposed dues increase has been an ongoing topic. Branch chair Larry Ingalls and way-cool trustee Roy Metzger invited Club treasurer Craig Rowley and the new Executive Director, Sue Weckerly, to speak on this topic. After pointed questioning by our forthright membership, the following emerged: the dues increase seems to be occurring because 1) it's the traditional way to increase revenue in our dues-oriented club; 75% of revenue comes from dues, 2) a vague fear of overdependency prevents us from using our surpluses from books, 3) few people make an appearance at Club meetings to make opposing views heard, 4) strategic goals for the club are either in flux or are not defined (one large question: everything for everyone vs. precision delivery of specific services), 5) Conservation runs a deficit; Activities are budget neutral, 6) we do not have an excessive compensation package for our few employees, 7) accept all as it has been and will ever be—no one mentioned cutting any costs or programs. Budget + 5.8%, expenses +9.6%; The budget slides were way busy. (My unsolicited advice on slides is don't apologise for overly busy slides, fix them). Our growth is stagnant. Our traditional budgeting requires growth in membership—the initiation fee generates revenue above that of the yearly dues. No plans have been put out for increased member benefit, and we heard grumbling about inadequate support of membership as it is. \$20K has been allocated for a marketing study to figure out how to increase membership and hence dues-generated revenue. The initiation fee churning appears to be part of the plan to increase revenue. An interesting point made by Roy, given a \$3 increase in dues will bring in \$45K which is less than the Club projected deficit of \$96K. With books included in the accounting, we have a \$1.4M surplus. Revenues from lodges are down, reflect-

ing decreased patronage after the fatal rope tow accident, expenditures are up because of increased insurance cost and risk management activities. The club house is not meeting projected revenues. Committees are being charged to use the club house which in turn is leading to diminished use. The question posed at the August meeting was not answered during the visitation: "Will Seattle have access to Everett's money?"

Purchase of tools using money from the Becky program was approved. 115 people were at the **National Trails Day** event. After nine years of duty, Dana Miller convinced Phyllis Hawkins to be Membership chair. **Dana received a cake** for this accomplishment. She is now doing promotions. The cabin on top of Heybrook lookout has been **turned down**. Green Mtn. lookout still is condemned. The road is closed and rumors of the road opening are still rumors. Forrest encourages us to adopt a lookout but did not clarify whether there is a lookout-care credit under the revised tax code. And what would happen if we adopted a condemned lookout? If anyone has visions of the original color of the inside of the Three Fingers lookout, tell Forrest. Larry announced that at least four people have been Everett branch members for **fifty years**. We found 4: Noelle Corbin, Louise Ingalls, Leona Hirman, and Johanna Uran. Phyllis Nelson is our new secretary. We thank her greatly for stepping in. Who won the election? What a topsy-turvy election. I definitely know Clarence Elstad got **the most votes** for the position of Secretary; at least until the stealth candidate names were released. Sorry Clarence, we tried. A shocking story: at the Mountaineers Annual Meeting, 17 non-officers were present and 6 of those were **lost Retired-Rovers**. It was also noted that not all officers were in attendance. Construction of **cabin panels** for the Heybrook lookout will take place on weekends this winter. The forest service has provided some space for this at the Skykomish Ranger Station. Mr. X reports that the desired Iron **goat trail** section was completed.

1 and 2 and 3 and...

That's CPR, not Lawrence Welk. Adult CPR is a new prerequisite for MOFA and MOFA Refresher (MOFAR). Everyone who registers for either class must bring a current adult CPR card to the first day of class. Current means less than one year old. Where can you get an adult CPR card? Lots and lots of places. Here are some possible sources for adult CPR cards in the community. Costs vary widely. Some are free.

Organization	City	Contact	Number
American Red Cross	Everett	Health & Safety	(425)252-4103
Cascade Valley Hospital	Arlington	Joan Miles	(360)435-2133
Everett Parks & Recreation	Everett	Course registration	(425)257-8300
Fire stations			See phone book
Providence/Colby Campus	Everett	Class registration	(425)261-4565
Skagit Valley Hospital	Mt. Vernon		(360)428-2424
Stevens Hospital	Lynnwood		(425)640-4066-2
Valley General Hospital	Monroe		(360)794-1411

The Everett Branch First Aid Committee will also offer three American Red Cross Adult CPR classes in January–February 1998. These classes are open only to current year Scrambling and Basic Climbing students who enrolled in MOFA and to MOFAR students. For more information and to register, refer to the November and December issues of *The Mountaineer*, Everett section.

Lookout Peaks Awards

The Lookout Peak Award, a patch, is presented to Mountaineers who climb any 12 of the following 20 peaks while a member of the Everett Branch. These peaks have or had lookouts and can be reached by a trail. The award was established in 1947. An incentive for trip leaders was introduced in 1993; the 20 Peak Award is earned by completing all 20 peaks, of which 8 have to be done as a leader of the hike listed in the Everett section of *The Mountaineer*.

Peak	Height	Miles	Gain	USGS Map
Alpine Lookout	6,227'	10.5	1,700'	Wenatchee Lake
Anderson Butte	5,420'	8	1,800'	Lake Shannon
Church Mt.	6,315'	8.5	5,400'	Mt. Baker
Mt. David	7,431'	16	5,200'	Wenatchee Lake
Mt. Dickerman	5,732'	8.5	3,800'	Bedal
Dock Butte	5,210'	4	1,700'	Hamilton
Green Mt.	6,500'	8	3,000'	Downey Mt.
Hidden Lake Peak	6,890'	8	3,500'	Eldorado Pk., Sonny Boy Lakes
Mt. Higgins	5,142'	10.5	3,200'	Oso
Huckleberry Mt.	5,355'	7	4,800'	Huckleberry
Lookout Mt.	5,719'	8.5	4,500'	Marblemount
Park Butte	5,450'	7	2,250'	Mt. Baker, Hamilton
Mt. Pilchuck	5,324'	4	2,100'	Granite Falls
Rock Mt.	6,852'	8	3,400'	Wenatchee Lake
Sauk Mt.	5,537'	4	1,138'	Lake Shannon, Rockport
Mt. Si	4,167'	8	3,200'	Mt. Si, North Bend, Bandera
Sourdough Mt.	5,985'	7	3,900'	Diablo Lake, Ross Dam
Surprise Mt.	6,330'	15	4,100'	Scenic
Mt. Townsend	6,280'	11	3,500'	Tyler Peak
Winchester Mt.	6,521'	9	3,000'	Mt. Shuksan

We aren't going to do a Dana

Even Dana wanted to do something else after awhile. If you've been feeling motivated to make some changes to our Branch publication, this is a good time to say so. Russell and Loretta need to give it up in order to expand our participation in other Branch activities.

Benefits: You get to interact regularly with the most interesting people in the Branch. You can enhance your writing, editing and graphic design skills and develop samples for your portfolio.

Responsibilities: Collecting submissions, communicating guidelines for submissions, preparing text and graphics, page layout, and delivering camera-ready artwork or files to a commercial printer. Then attaching labels, sorting and bulk mailing procedures.

Training and equipment: We can design a newsletter template that works with your software, explain every step in the publication process, and modify both to fit your abilities.

Call Russell or Loretta, (425)316-7973, for more information.

The Classic Eight

This award was established by the Everett Branch in 1977 and first presented 6 years later. The Classic Eight Award celebrates the noteworthy achievement of climbing some of the most demanding mountains in the North Cascades. The peaks were chosen because of their remoteness and difficulty. The award is a plaque with the names of the eight peaks inscribed upon it. The National Park Service required that only 3 peaks would be climbed in any year and the maximum party size would be 6.

Bonanza Peak	9,511'
Mt. Challenger	8,236'
Dome Peak	8,920'
Eldorado Peak	8,868'
Forbidden Peak	8,815'
Mt. Goode	9,200'
Mt. Logan	9,087'
Mt. Redoubt	8,956'

We Couldn't Do It Without You

As chairperson of the Everett Branch First Aid Committee, I want to say "thank you" to everyone who's helped organize and present the MOFA and MOFA Refresher classes. Everyone who's served on a committee knows that it takes more than just the committee members to pull off a successful course. For the first aid courses, both Mountaineers and Search and Rescue members volunteered to teach and to lay on the cold, damp ground while acting as victims. The teaching assistants provided extra attention and feedback to the students. The dedicated victims added the realism. Both groups gained a better understanding of first aid skills and the art of caring.

We couldn't produce either course without instructors trained and certified by the American Red Cross (ARC). Literally half of our instructors are members of Snohomish County Search and Rescue or Everett Mountain Rescue. Of course, some of those are Mountaineer members, too. Plus, we have one BOEALPs, one

scout leader, and two ARC staff instructors who help us teach. So, here's an especially big thank you to the instructors—some of whom have been teaching for a long time.

One year: Theresa and Ron Borst, Rita Gaddis, John Hughes. Two years: Jim Drechsler, Dianne Duffy, Rick Hawkinson, Debbie Hughes, Wyatt Weeks. Three years: Linda Sebring. Five years: Joellyn Jackson, Duane Sandrin. Six years: Linette Andres, Vera Bonner, Michael Hill, Mats Robertson, Karen Sizemore, Ron Smith. Ten years: Tim Myers. Fourteen years: Dorothy Fuhrman. Twenty years: Rick Fuhrman. Thanks.
—Joellyn Jackson

Thank Cathy Lewis

We all should thank Cathy for finding speakers for the entertainment portion of the business meeting. This is not an easy task—mountaineers are elusive targets, requiring multiple phone calls and cajoling. In spite of the difficulties, she has found coherent speakers with interesting presentations. She has been the program coordinator since 1993. If you know of anyone who could speak on a subject of interest to the Branch, let her know.

Publication Deadline

The deadline for our next issue is February 4, 1997. Contact Loretta or Russell at (206)316-7973. You can E-mail your submissions to shebear@dogday.net.

Mountaineer Magazine Articles

Submit to Russell at (206)316-7973 by the 20th of the preceding month. You can E-mail your submissions to shebear@dogday.net.

Officers

Chair Larry Ingalls (425)337-0390
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