



The Everett Mountaineers

Newsletter

No. 82 Spring/Summer 1995 • Everett Climb-line 348-7829 • The Everett Mountaineers P.O. Box 1848 • Everett, WA 98206 • 672-TRIP

UPCOMING PROGRAMS

June 7th—Our longtime members Steve and Dorothy Phillipp will present a program on the Cedar Culture of the Northwest Coastal Indians, including their canoes and tools. They will bring Steve's model canoes, full-sized paddles and spears, tulle mats, and nettle-fiber line.

July 5th—Sam Fry, past Mountaineer president, will present a slide show on "The Iron Goat Trail: Then & Now." He will discuss the history of the railroad and construction of the current trail over the last five years.

August 2nd—Next year's budget will be presented.

September 6th—Advance notice for the Annual Member's Slide Show. Remember to take and gather your slides for this festive event. Document your trip photographically and then astound and impress your fellow Everett Branch members.

Membership Meetings

June 7, July 5, August 2, September 6
7:00 P.M. Everett Congregational Church
2624 Rockefeller, in Downtown Everett.

Publication Deadline

Deadlines for our Summer/Fall issue are August 2nd for submissions on 3 1/2" disk and July 28th for submissions on other media. Contact Russell Dills at 337-2609.

National Trails Day

The Lookout & Trail Maintenance Committee of the Everett Mountaineers is again coordinating a gala National Trails Day event. Designed to encourage responsible trail use with tours and hands-on experience, it should be an enriching experience for both accomplished and novice trail devotees. Back by popular demand are the spiffy Everett Branch T-shirt and Vibram® sole key chain for each participant. The gathering place will be the Verlot Ranger Station on the Mountain Loop Highway at 8 A.M.

Meet for carpooling from Snohomish and areas east at 7 A.M. at Harvey Field. If you are coming from the south or west meet at the Everett PUD parking lot at 7 A.M. To carpool from the north meet at the Granite Falls High School parking lot at 7:30 A.M.

Bring the 10 essentials, lunch, and adequate water for the day. Wear a long-sleeved shirt, long pants, heavy boots, and gloves. You may bring your favorite hand tool (loppers, pruner, leaf rake, shovel, bow saw—no power tools, please). Come prepared to clear some brush from the sides of the trail and to work on the trail surface (scraping, shoveling and cleaning).

We will have a potluck meal. The committee will provide a main dish and Kool-aid; please bring a salad or dessert to complete the meal. You will need to bring your own utensils and plates.

To sign up or to get further information contact Louis Coglas at 672-4521 or Lisa Hutchinson at (360) 794-7092.

Committee Chair Changes

The following members deserve a big thank you for years of dedicated service as chairpersons for Everett Branch committees:

Alpine Scrambles: Teresa Shikany
First Aid: Cher Rudd
Hiking: Linda Sebring
Lookout & Trails: Larry Longley

Each of their committees has shown impressive growth in program activities during their tenure. They leave a fine legacy for their successors who continue the cycle of serving other members. Their successors are:

Alpine Scrambles: Matt Schultz
First Aid: Joellyn Jackson
Hiking: Greg Warner

Lookout & Trails and Social Committee chair positions are still vacant. Recruiting is in progress; please contact Roy Metzgar if you are interested.

Nominees Needed

Nominees for Branch Officers are needed by the August meeting. If you wish to be nominated or know of a good candidate, please contact one of nominating committee: Dana Miller 335-5336, Judy Case 364-3319, or George Swan 743-0309.

Roy's column

Have You Heard about the *Branch Operations Manual*?

Over several years, the Branch Executive Committee has developed a *Branch Operations Manual* at the urging of the Branch Chairs, Miller and Metzgar. I know that you're thrilled to learn this, but just calm down and finish this short article, please.

This manual contains policies (yawn), procedures (sigh), and other information (snore) related to operations of the Everett Mountaineers. The *Branch Operations Manual* has seven sections:

- General
- Committees
- Job Descriptions
- Policies and Procedures
- Awards
- Miscellaneous
- Decisions

Club and Branch documents (there are but a few) and decisions are preserved in this reference to provide and sustain continuity between subsequent Branch administrations and committees. You would be surprised at our short collective memories. The *Manual* is to assist Branch officers, committees, and other volunteers serving in leadership roles.

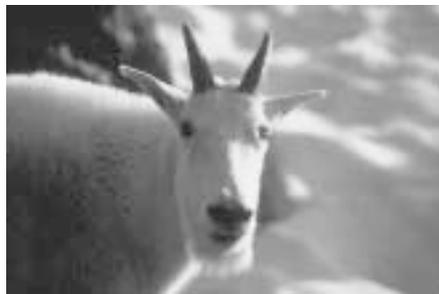
So what's all the fuss about? Why should you care whether or not we have this manual? Simply this: branch operations are necessary to successfully provide you with the variety and frequency of outdoor recreational opportunities that you crave. Those who volunteer to serve you need guidance on how to do this efficiently, economically, procedurally, and safely. Those who come after us won't have to rediscover lessons learned through our experiences. Hopefully, in the near future your leadership will formally introduce the manual to you for acceptance and approval. Please pay attention when we do. Don't let my attempt at humorous writing mislead you about the importance of the *Branch Operations Manual*.

In Memorial: John Hughes

On January 7 1995, the Everett Branch lost John E. Hughes as a result of a mountain climbing accident. The fatal accident occurred during the descent on a winter climb of Guye Peak at Snoqualmie Pass. He slipped and failed to self-arrest on moderately angled terrain before reaching cliff areas. John was participating in the climb as part of the Branch Intermediate Climbing Course.

John left his family of six children, many relatives, friends, business associates and a successful dental practice in Everett. He also left member Lori Winnemuller to grieve this tragedy. From the words spoken and the stories told at his memorial service, we suffered a great loss. A memorial was sent by the Everett branch to King County Search and Rescue who assisted the climbing party after the accident.

John's accidental death should forcefully remind us of the potential price that may be paid when we choose to pursue the freedom of the hills; we should make our decisions accordingly. Also, let this be a reminder for climbers and instructors to practice, teach, and emphasize sound techniques and safety. —Roy Metzgar



Noelle Corbin Honored

At our February meeting, Noelle Corbin was honored for her long time membership in the Everett Mountaineers—longer than most of us have even heard of the Mountaineers. Noelle joined the club in 1944 after enjoying a branch hike with a friend. We are lucky that she did. Noelle has probably attended more membership meetings than any of us and can usually be found there talking with her many friends. She's a busy lady, but not too busy to reminisce about the old days and bygone trips with the Mountaineers.

Noelle Corbin

Even though the destinations are the same as today's, Noelle's trips with the Mountaineers in the 1940s were of a different style. The branch had only 45 members and many of the trips involved the whole branch as separate climbing, scrambling, and hiking groups did not exist. During World War II gas was rationed, and by necessity, many of the trips were short and close to home. A trip that she particularly remembers was a rainy, wet hike at Pigeon Creek, led by former branch chair Herman Felder. However, her trips weren't always easy outings, but included climbs of Mt. Pilchuck, Sauk Mountain, Vesper Peak, and Mt. Si. On her Mt. Si trip the weather became so bad with high winds and snow that the party was forced to rappel off the summit, she for the first time.

Noelle and Mildred Arnot, another veteran branch member, have recently compiled the interesting history of the Everett Branch and have made it available for anyone interested. Please contact Bill Iffrig (334-2126) for more information.

MOFA: What a scene!

By Joellyn Jackson

Some cried out in pain. Some lay ominously still. Others talked incoherently or stared blankly with the dazed eyes of shock. Meanwhile, the wind blew, snakes “rattled,” snow fell, the tide rushed in, and daylight faded into night.

Students encountered a broad range of injuries, circumstances, and settings during the Mountaineering Oriented First Aid (MOFA) and MOFA Refresher (MOFAR) courses recently offered by the Everett Branch First Aid Committee. A record number (164) completed the two classes. Twenty-two also completed an adult CPR course.

MOFAR students received a quick update on first aid changes and then demonstrated skills by spending five hours in a typical Washington drizzle assessing and treating victims and formulating rescue plans. As a victim in one of the scenarios, I can attest to the high quality first aid and tender loving care I received.

The two-part MOFA course began in the elegant surroundings of the newly refurbished Monte Cristo Hotel ballroom. Alpine Scrambling and Basic Climbing students were in the majority, with the balance being Boy Scouts and their adult leaders. The refined ambiance deteriorated rapidly when 147 students began rolling around on the floor while practicing airway management skills. Millan Krc, rumored to be a drill sergeant in a previous life, controlled the chaos with his trusty whistle and loud voice.

The field scenario part of the class began with a early morning rain at Forest Park. Instructors expanded on techniques and problems inherent in wilderness settings. Students practiced skills while peacocks screamed back at the victims. The Oscar-quality acting displayed by both the students and victims definitely added to the realism of the scenarios. A little girl visiting the park was certain a bear had rampaged through the area and attacked one of our victims; maybe the moulage [wound makeup] was a little too good.



As an instructor, I found it very satisfying to see students move from total confusion to competent management of a multiple casualty incident.

As with all Mountaineer classes, we depend on volunteers. Personnel from several groups participated: Alderwood Search and Rescue, Everett Mountain Rescue, Boealps, Gold Bar and Monroe Fire Departments. Cher Rudd, the outgoing chair, and I want to thank all the people who made the classes happen.

Instructors: Linette Andres, Vera Bonner, Jim Drechsler, Dianne Duffy, Rick Furman, Rick Hawkinson, Michael Hill, Debbie Hughes, Millan Krc, Tim Myers, Mats Robertson, Duane Sandrin, Robin Schneider, Karen Sizemore.

Assistants: Drew Cassidy, Forrest Clark, Isaac Howard, John Hughes, Gail McClary, Roy Metzgar, Buzz Pintler, Michele Royer, Rebecca Tagas-Geil, Sue Thompson, Bob Turcott, Lewis Turner, Jerry Wade, Wyatt Weeks, Steve Wenzel, Bruce Wolverton.

Guest Lecturer: Dr. Chris Herter

Dedicated victims: Jayson Christopherson, Chris Endres, Jeremy Gebhart, Carl Hubert, Kris Hughes, Mary Hughes, Michael Hughes, Gary Krause & family, Matt Moots, Kristen Myers, David Phillips, Shirlee Read, Jill & Matt Robinson, Daniel & Eric Sandrin, Jennifer Stollwerck, Jeff Stonebreaker, Becky Tunnell, Zach Vanderwall, Clinton Vining, Jo Walentiny, Rick Welsh, Kerri Wentz, Kathy Wilhelm.

We also thank our cosponsors, the American Red Cross and the Everett Parks and Recreation Department. It's always MOFA season in the wilderness. So be safe, have fun, and enjoy!

Everett Mountaineers Mileage Award

With the hiking season just around the corner it's time to think about keeping a log, recording mileage, and applying for the Everett Mountaineers Mileage Award. Personal logs must be submitted to the Mileage Award Coordinator by October 1st to enable presentation of the awards at the annual Awards Dinner in November.

A patch will be awarded for a minimum of 100 miles traveled—on or off the trail. Additional mileage patches will be awarded for 200, 400, 600, 800 and 1,000 miles. Thereafter, a patch will be awarded in 500 mile increments. In addition, pins will be awarded at every 1,000 miles.

Trips must meet the following conditions:

1. Trips (hiking, scrambling, backpacking, backcountry skiing, and snowshoeing) must be completed after September 1, 1985.
2. Three or more persons must travel together and each must carry adequate equipment and the ten essentials.
3. For private trips, at least one other Mountaineer must be in the party.
4. The date, area, destination, trail or road name or number, type of trip, miles traveled, name of leader, and names of two companions must be entered on the Awards Application Log.

Mountaineer students can include mileage from Mountaineer course trips. Children under 14 years of age whose parents are Mountaineer members qualify for the award, if all other conditions are met.

When submitting your log, place your name and the award you are requesting at the top of the first page. Thanks! See you on the trail! —Dolores Wagner

Newsletter Staff Transition

Hello. Russell Dills and I are taking over production of the newsletter for the Everett branch. If you dig reading a local newsletter that's just about us, and not about those guys down south, you owe many thanks to Sandy Bingaman and Kathy Rule. These women have been serving you for the last long while, and will hopefully remain marginally involved until we get the hang of it.

Side by side on our kitchen table sit our mighty Macs, the old reliable Quadra 800 that I bought off my desk when I left Aldus, and the new Power Macintosh 7100/66, purchased with Russell's UW staff discount. An HP LaserJet 4MP spits out the pages at 600 dpi. Seeing our surfaces covered with hardware, people sometimes wonder where we eat. I'll never tell.

For layout we are using PageMaker 5.0, and we have recent, if not frightfully recent, versions of the Aldus/Adobe graphics product line. We've been hesitant to acquire Microsoft Word, since we only need it to convert other people's files, and it has become a monstrously large program. We are receiving a lot of files in Word 6.0 for Windows, which I currently must convert at my office. Please save your files as text only or in RTF formats, so that we will not have to purchase Word 6.0 to convert your files.

We do edit everything you send, for sense, grammar, and copyfitting. Hopefully you will be pleased with the results, or at least not overly offended by them. If you can, write your news articles so that we can cut from the bottom and print as much as we have room for. Feature stories of 600 to 1200 words will fit our format best.

We encourage submissions of pictures with or without stories. Not all photographs will reproduce well, but hey, it's worth a try. Letters from the membership on topics pertinent to the Everett Branch are also accepted.

We could use donations of the following: a photograph or slide of the Cascades taken from, say, the top of the County Building in the late afternoon on a clear day, and clip art of ornaments and outdoor activities.—Loretta Matson

Mountaineer Magazine Articles

Submit to Sandy Simila at 481-8952 by the 20th of the preceding month.

Officers

Chair Roy Metzgar 258-6985
Vice Chair Dolores Wagner 568-3828
Secretary Sandi Barr 788-2872
Treasurer Don Heck 337-5742
Trustee Bill Iffrig 334-2126



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Conservation Louis Coglas 672-4521
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Kayaking Tom Barnhart 485-2732
Explorer Scout Post .. Doug Donaldson 546-3501
First Aid Joellyn Jackson 258-1388
Folkdancing Jerry Wade 670-2302

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Programs Cathy Lewis 335-1471
Promotions Forrest Clark 487-3461
Singles Elaine Short 488-1290
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Social Not Filled

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