

The Everett Mountaineers

Newsletter

No. 81 Winter/Spring '95 ▲ Everett Climb-Line 348-7829 ▲ The Everett Mountaineers P.O. Box 1848 ▲ Everett, Wa 98206 ▲ 672-TRIP

UPCOMING PROGRAMS

MARCH — Annual Potluck meeting.

APRIL — A Slide show will be given by Connie & Jack Bennett of their trip to Alaska with kayaking on Icy Bay and Climbing on St. Elias.

MAY — This program will be persented by trip leader Doug Spray of the Oregon Mazamas. He will show slides of an 11-day backpack at an average of 12,000 feet on the Southern Colorado Continental Divide Trail.

WANTED!!

Our Mountaineer Newsletter is in need of some page layout help. If you have easy access to a computer and can run either PakeMaker or Quark Express and would like to be involved in the graphics side of things please contact Kathy at 252-5898 or 794-3149.

JUST A REMINDER!
THE MEMBERSHIP MEETING
NOW BEGINS AT 7:00 PM

MEMBERSHIP MEETING

MAR. 1ST, APR. 5TH, MAY 3RD
7:00 pm • First Wednesday
Everett Congregational Church
2624 • Rockefeller
(In Downtown Everett)

PUBLICATION DEADLINE

Spring/Summer
ewsletter articles will be due May 31st.
For additional information
Please contact

Sandy Bingaman 659-5461
Kathy Rule 794-3149

DON'T MISS OUR ANNUAL POTLUCK MEETING

MARCH 1ST *Everett Congregational Church*

GUESTS WILL BE:

VIRGINIA FELTON, MOUNTAINEERS CLUB EXECUTIVE DIRECTOR

&

CRAIG ROWLEY, CLUB PRESIDENT.

DINNER BEGINS AT 6PM. PLEASE
BRING YOUR OWN UTENSIL'S AND
DISHES. THE CLUB WILL FURNISH
BEVERAGES.

PLEASE BRING:

A-H DESSERTS
I-Q MAIN DISH
R-Z SALADS

OR BRING YOUR FAVORITE DISH.



AFTER THE POTLUCK WILL BE THE MOUNTAINEER'S
ANNUAL USED BOOK SALE
— 20% OFF ALL BOOKS —



VOW WORKSHOPS

More and more the need for willing volunteer trail workers becomes evident as public dollars for support of trails continues to decrease. Help is needed to maintain existing trails and to construct critically needed new ones to reduce the burden on overused trails.

Volunteers for Outdoor Washington (VOW) is offering their 10th annual Volunteer Trail Maintenance Training workshop series.

VOW's priorities are:

Safety: First, we need to maintain the trails to a standard that is safe for every one to use.

Resources: Second, we need to look toward preserving these resources for future generations.

Appearance: Third, we need to construct and maintain them in a way that enhances the natural appearance and experience for trail users.

For information about registration call VOW's information line at (206)545-4868. You may also find brochures at the monthly membership meetings of the Everett Mountaineers.

1995 Workshop Schedule

Feb 25.....Tool Maintenance
Mar 11-12..... Barrier Free
Trail Construction
Mar 25-26.....Basic Trail
Maintenance
April 1.....Trail Crew Leader
April 8-9.....Trail Structures:
Stairs, Footbridges
April 11.....Chief Crewleader
April 29-30.....Trail Structures:
Puncheon, Turnpike
May 6-7.....Basic Trail
Maintenance
May 16 & 19.....Trail Project
Coordinator
Jul 15-16.....Trail Structures:
Rock Construction

For the Iron Goat Trail crew leader refresher and new leader training, sign up with Sam Fry at (206)232-3829.

ATTENTION BASIC CLIMBING GRADUATES

New & Old

The Climbing Committee has created a new position to assist those of you who are (or are interested in becoming) instructors and trip leaders for the Everett climbing program. This position will be known as the LEADER DEVELOPMENT COORDINATOR, and will help in the following areas:

- 1) Coordinates the annual Climbing Leadership Seminar, to orient new climb leaders to the responsibilities and challenges of leading climbs.
- 2) Coordinates the annual Instructor Review Field Trip, to prepare instructors to assist with the Basic Course field trips.
- 3) Coordinates the climbing seminars, to improve the climbing skills of our members.
- 4) Coordinates the Leader-in-training program.
- 5) Organizes social events to recognize instructors and leaders for their contributions.
- 6) Assist with the organization of the branch-wide Leadership Skills Workshop, to develop the non-technical leadership skills of our climb leaders.

The Leadership Development Coordinator for 1995 will be Andy Boos. If you have ANY questions or concerns related to the areas listed above, contact Andy by calling 258-6199, or writing to Andy at 1710 1/2 Colby Ave. Everett, Wa 98201.

CLIMBING COMMITTEE

UPCOMING EVENTS 1995 Instructor Review Field Trip

Where & When:

Stevens Pass, Saturday, February 25, from 9:00 to 4:00. We'll meet in the upper lot near the Mountaineers' Lodge.

What we'll do:

Review the responsibilities and expectations of Basic Field Trip instructors, and review snow climbing skills, including crevasse rescue, snow cave construction, ice axe arrest, and snow belays.

Who should attend:

Any recent basic grad who wishes to instruct at any of the 1995 Basic Field Trips. All currently active instructors are encouraged to attend, although you are not REQUIRED to if you have been to an Instructor Review Field Trip since 1991.

Note - If you need to attend this field trip but CANT, we'd still like to make it possible for you to get credit and be eligible to instruct. Call Andy Boos, 258-6199, to make arrangements.

REVISED CLIMBING COMMITTEE POLICIES

All of you who are, or are interested in becoming Basic instructors and trip leaders should be aware of the current policies, which were revised in August of 1994. There are no MAJOR changes in these policies, however, some revisions may apply to your situation, so please become familiar with the following:

Basic Climbing Course Field Trip Instructor
Anyone who meets the following criteria will be authorized to instruct at the Everett Mountaineers Basic Climbing Course field trips. The Climbing Committee may waive any of the requirements except Mountaineers membership.

Initial Requirements

- 1) Current Mountaineers member.
- 2) Graduate of a Mountaineers Basic Climbing Course or have Basic Climbing Course equivalency.
- 3) Attend the Everett Mountaineers Instructor Review field trip.
- 4) Approval of the Climbing Committee.

Continuing Participation

- 1) Current Mountaineers member.
- 2) Attend the Everett Mountaineers Instructor Review field trip at least once every five years.
- 3) Instruct at two climbing course (Basic or Intermediate) field trips within the last three years.
- 4) Approval of the Climbing Committee.

Basic Climb Leader

Anyone meeting the following criteria will be authorized to lead Basic and Club climbs for the Everett Mountaineers. The Climbing Committee may waive any of the requirements except Mountaineers membership.

Initial Requirements

- 1) Current Mountaineers member.
- 2) Graduate of a Mountaineers Basic Climbing Course or have Basic Climbing Course equivalency.
- 3) Participate on two Basic climbs, one rock and one glacier, as a "leader-in-training" under the supervision of an approver climb leader.
(The three Basic climbs done in fulfillment of the requirements for the Basic Climbing Course graduation may not be used to meet the above requirement.)
- 4) Current Mountaineer-Oriented First Aid (MOFA) certification.
- 5) Attend the Everett Mountaineers Instructor Review field trip.
- 6) Attend the Everett Mountaineers Leadership seminar.
- 7) Approval of the Climbing Committee.

Continuing Participation

- 1) Current Mountaineers member.
- 2) Lead two climbs (Basic, Club or Intermediate) within the last three years.
A serious attempt that does not summit is

sufficient to meet this requirement.

- 3) Attend the Everett Mountaineers Instructor Review field trip at least once every five years.
- 4) Approval of the climbing committee.

A Thank You Message

The Climbing Committee wishes to thank CHRIS JOHNSON for his efforts in developing the seminars which service our climbing program. Chris has contributed greatly to the Leadership Seminar, the Instructor Review Field Trips, the Avalanche Course, Rock Climbing Seminars, and a host of other projects.

FOLKDANCE

More and more people have been enjoying folkdancing at Floral Hall during the winter months, which proves the viability of the Everett Branch dance activity. The able and creative leadership of Jerry Wade has contributed greatly to this success, as he has been introducing dances that are enjoyable, and easy enough, yet challenging enough to keep newcomers coming and desiring to learn more of the skills of this clean and stimulating exercise. Our 4th Friday dance on February 24th will feature a group dance from Scotland known as "Sandy Butterfly" [not "Sandy Butterfly"] March starts with the Seattle Folkdance Festival on the 4th-5th weekend, at Ingraham High School Gymnasium at 135th & Meridian in north Seattle. Dances from several countries will be taught in all-day workshops, with a large dance on Saturday night March 4th with several bands playing live music. Our regular 2nd & 4th Friday dances at Floral Hall will feature Jerry's teaching of some of the dances from the festival.

COME TO A NEW DANCE ACTIVITY for the Everett Branch on the third Friday, March 17th: namely a CONTRA DANCE. No partner is needed and its geared for beginners. Lesson at 7:30; DANCE BEGINS AT 8:00. All dances will be taught and called by Contra expert Laura Mc Smith, and a LIVE BAND will play. For more information call Clarence Elstad, at 252-3831.

In April, Jerry plans to teach Russian dances; in May, Israeli dances; in June; Serbian dances. International folkdances are to continue through the summer on the 2nd & 4th Fridays.

SPRING CLASSES begin April 3rd, and run every Mondays evening through June 12. Price is \$27 for 10 lessons (\$20 for youths under 20), payable to Everett Parks & Recreation Department at Forest 1 phone 259-0300, Instructor, Jerry Wade. For more information about Everett Branch Folkdance you may call Jerry Wade, at 670-2302; Gordon Rogers, at 353-2085; Laurie Akers, at 659-6559.

CONSERVATION CORNER

We were delighted to have Loren Foss & Louis Coglas present their characters Willie and Archie at our February membership meeting.

The purpose of the Mountaineers' Conservation for Kids Project is to persuade students to change their behavior in ways that benefit the environment. This is done by increasing the students' understanding of the environment and their impact upon it; then empowering them to make changes that reduce resource use and increase actions that improve the environment. This is just one of the ways our conservation committee helps us to keep in touch with our mission to "explore, study, preserve, and enjoy the natural beauty of the Northwest"

Excerpt from the February issue of the *CONSERVATION NEWS*:

ANY LAND IS FAIR GAME

According to the Snohomish County Department of Community Development, any piece of land with marketable minerals underneath, regardless of how the land is zoned, is fair game for open pit quarry development. The Associated Sand & Gravel Company is proposing to establish Washington's largest sand, gravel, and bedrock quarry adjacent to the Mountain Loop Hiway outside Granite Falls. The site also borders the Stillaguamish River, a salmon spawning river. An appeal has been filed by the Stillaguamish Citizen's Alliance, a watershed protection group. Over a 70 year period, Associated plans to level 100 million tons of material with a daily average of 600 trucks rumbling along the Mountain Loop National Scenic Byway. For more information contact: **Bruce Barnbaum at 691-4105.**
Source: Stillaguamish Citizen's Alliance.

MOUNT DICKERMAN

by Toivo Perala

Dateline, February 4, 1994. Mount Dickerman. I had never taken this trip in February before, it was an unusual winter with an open Mountain Loop Hiway. Normally, skis are used from Deer Creek on.

The frost along the river was highlighted in the sun. A beautiful drive. I was on the trail by 9 AM, there were no other cars at the trailhead and the trail was in good condition.

The icy packed snow started at 4000' and I strapped on my instep crampons. Crossing the steep gullies and the terrain that followed would have been very uncomfortable without the ice axe and crampons. I followed my usual early spring snow route making a right turn up the steep gully at 4400'.

There were no steps kicked in, most of the recent traffic had gone up a longer and

more gradual route. My full crampons would have made the gully easier, kicking steps was impossible, even driving the ice axe was difficult.

The sun softened the surface slightly as I climbed above the trees but not enough to kick steps. I used the previous tracks when practical. I reached the summit at 12:15, it was bright sun with a slight breeze. Visibility was about 75 miles. The peaks stood all around. The temperature was about 32 degrees. It does not get much better!

I headed down about 1 PM. I admired the telemark turns in the snow off the summit. That was a dedicated skier who had hauled their skis all that way for a few minutes of turns. I saw fresh boot prints at about 5000', no ice axe or crampons evident. Probably a prudent retreat. I reached the car at 3:15 after a 4 star day!

EVERETT SNOWSHOE COURSE 1994/95

by Dennis Ouelette

Successful completion of the "Introduction to Basic Snowshoeing" took place with a field trip at Steven's Pass on January 7, 1995. Conditions on Skyline Ridge were perfect for students to practice their snowshoe techniques. Soft fluffy snow, sunny, moderate temperatures and no wind. Gene Baker arranged for The Herald photographer to be there and Josie provided hot apple cider and cookies at the Mountaineers Lodge, where the snowshoers mingled with the skiers.

Thirty students attended the course which consisted of two evenings of lectures, a planned field trip on snowshoe travel and scheduled Mountaineer snowshoe trips for students.

Lecture topics were:

Snowshoe techniques
Clothing/conditioning
10 essentials
Winter Travel Hazards
Winter Ethics

Guest lecturers were:

Roy Whitcutt spoke on "White Travel"
Chris Johnson spoke on "Avalanche Awareness"

Sale of Mountaineer books pertinent to winter travel were made available to students as well as abundant information on snowshoes and snowshoeing.

A special thanks to the leaders who were extremely supportive, cooperative, and generous with their time. They were: Gene Baker, Mike Beeman, Bob Maxwell, Andy Boos, Lewis Turner, Toivo Perala and Neil Johnson.

A special thanks as well to assistant leaders Fran Philbin and Michelle. Also thanks to the staff of the First Congregational Church who supplied the equipment and space.

NATURALISTS

by Pam Kefjord

Everett Mountaineers may not see many lizards in their travels in Western Washington. If we do, it will probably be the Northern Alligator Lizard, *Gerrhonotus Coeruleus Principis*. These lizards are large, about 25 centimeters, of which about half is tail. They are gray, brown or olive in color with occasional darker scales. They live in exposed areas, in stumps, under logs or rocks and prefer a menu of insects varies with snails or eggs. Their actions are sinuous since they slither on their bellies rather than tax undersized legs with their bulk. They are safe to hold if you can catch them, but they are wary. Grab one by the tail and you may find yourself in possession of that member while it's previous owner makes it's escape. Young are born in the fall, alive and fully formed.



The photographer, Henry Kral, relates his encounter with this particular lizard:

"I came across this individual along with several of the same species in a natural clearing of approximately 35 year-old second-growth conifers in what is now McCollum Park. We had observed the lizards quite often over a period of years as they sunned themselves; this being one of the means cold-blooded animals use to control their body temperature. There were a lot of half-rotten old-growth stumps and short logs in the area which, no doubt, not only provided cover for the lizards, but also plenty of grubs for food. I soon learned that they have, shall we say, a 'primary distance' or 'safety zone' outside of which you can observe them and move around without scaring them so long as you don't make any sudden or threatening moves. They, like most animals, can 'read' you and to some extent judge whether or not you are a threat to them by your actions. I took advantage of this and was able to set up a camera with a fairly short lens on a tripod for this shot. I'm sad to say, a year or so later the neighbors bulldozed the area and the lizards were never seen again, leaving us all the poorer for their loss."



FROM THE TIPS OF TOIVO'S SKIS

by Toivo Perala

Dateline February 24, 1994. Kelcema Lake. I had called the Darrington Ranger Station the day before, and they reported good snow for the Deer Creek Road. The Mountain Loop Hiway was sanded to Silverton. The

snow-loaded trees were gorgeous and, of course, my camera was still at home. There were no other cars at Deer Creek.

The weather was high overcast and calm as I headed up. Previous ski tracks were well covered with fresh snow. There was no glide at all.

The sun came out after a mile which reflected great views back to the Monte Cristo Peaks. The branches hanging over the road were loaded and dumping the sun-warmed snow. I did not mind the wet snow clumping on the ski bases, it made for more positive traction with a little more work. I noted no avalanche action on Mount Long.

I had to switch to my sunglasses at the halfway point and reached the road end three hours out. I applied sunscreen and had lunch while deciding to try the route to Kelcema Lake.

I was glad to find the snow-loaded trees

very stable and not a hint of a breeze. It was delightful dodging trees on deep snow and the scene made the trip well worth the effort.

The trip back was quite easy. I measured 4 feet of snow at the major switchback and an application of Maxi-Glide on the ski bases provided the glide when I needed it. I met a total of 5 adults and 3 kids coming up in my tracks. I was back in my car by 2:45 and had a cup of hot spiced cider before the drive home. This was another 4 star trip!

FOR EARLY BIRD HIKES AND
CROSS COUNTRY SKI OUTINGS CALL
TOIVO AT 546-1830.

*Seattle Clubhouse Toll-free number
for all Mountaineer business
based in Seattle. 1-800-573-8484*

EARTH DAY 1995

The Everett Mountaineers are again invited to set aside some time on Earth Day 1995 to work on the Centennial brushing and cleaning. Earth Day is April 22, 1995. The meeting place and time will be announced at the monthly meetings in March and April. Mark your calendar and call **Dolores Wagner at 568-3828** for sign-up or more information.

**National Trails Day will be
On June 3, set this date
aside if you would like
to do a
"Mark your calendar"
thing.**

MOUNTAINEER MAGAZINE ARTICLES

Submit to **Sandy Simila at 481-8952**
by the 20th of the preceding month.

OFFICERS

Chair:..... Roy Metzgar 258-6985
Vice Chair:..... Dorores Wagner 568-3828
Secretary:..... Sandy Barr 788-2872
Treasurer:..... Don Heck 337-5742
Trustee:..... Bill Iffrig 334-2126

KEY PERSONNEL

Hiking:..... Linda Sebring 742-4351
Alpine Scramblers:..... Teresa Shikany 347-3631

Climbing:..... Don Heck 337-5742
Skiing:..... Connie Bennett 568-7773
Kayaking:..... Tom Barnhart 485-2732
Conservation:..... Louis Coglas 672-4521
Explorer
Scout Post:..... Doug Donaldson 546-3501
First Aid:..... Cher Rudd 337-1822
Folkdance:..... Jerry Wade 670-2302
Lookout/Trail
Maintenance:..... Larry Longley 658-0809

Membership:..... Dana Miller 335-5336
Programs:..... Cathy Lewis 335-1471
Promotions:..... Forrest Clark 487-3461
Singles:..... Elaine Short 488-1290
Singles Mentor:..... Andy Boos 258-6199

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**The Everett Mountaineers
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