

# The Everett Mountaineers

## Newsletter

No. 78 Spring/Summer '94 • Everett Climb-Line 348-7829 • The Everett Mountaineers P.O. Box 1848 • Everett, Wa 98206 • 672-TRIP

### UPCOMING PROGRAMS

**JUNE**—The program this month is a repeat performance by Kay Baxter from The Wildlife Center. She will be bringing live birds that have been rescued. This has traditionally been one of the more popular programs offered by the Everett Branch. Children are invited.

**JULY**—Our own photographer, Linda Moore, will present a narrated and dual projector slide show on the John Day and Owyhee Wild and Scenic Rivers. There are highlights from four Mountaineer river trips in Eastern Oregon.

**AUGUST**—This month's program will be a slide show presented by Mitch Friedman of the reater Ecosystem Alliance out of Bellingham. He will discuss the protection of watersheds and ecosystems: The Cascades International Park concept.

**SEPTEMBER**—September's program is the annual membership slide show. All Everett Branch Mountaineers are invited to share 5-10 minutes of slides of their summer activities.

### MEMBERSHIP MEETING

**1st WEDNESDAY**

June 1st • July 6th • Aug. 3rd • Sept. 7th

7:30 pm

*Everett Congregational Church*

2624 • Rockefeller

(Downtown Everett)

### PUBLICATION DEADLINE

Submission deadline for our

**Summer/Fall**

Newsletter is July 30th, 1994.

*For additional information*

*Please contact*

Carrie Strandell ..... 629-9386

Sandy Bingaman ..... 659-5461

Kathy Rule ..... 794-3149

## NATIONAL TRAILS DAY

**JUNE 4, 1994**

The Everett Mountaineers are coordinating work on two trails for National Trails Day this year. The Forest Service has requested we concentrate our efforts on the Heather Lake Trail and the Mount Pilchuck Trail. We will work on the trails 7AM to 4PM and then have a semi-potluck at 5PM at the Wiley Creek Campground. All participants will earn a spiffy T-shirt and a nifty Vibram sole key chain.

#### The details:

Meet for carpooling from Snohomish and areas East at 6AM at Harvey Field. If you are coming from the South, or West meet at the Everett PUD parking lot at 6AM. For pooling from the North meet at the Granite Falls High School parking lot at 6:30AM. If you are driving, meet at either trailhead (Heather Lake or Pilchuck) at 7AM.

Bring the 10 essentials, lunch and adequate water for a day's work on the trail. Wear a long-sleeved shirt, long pants, heavy boots and gloves. You may bring your favorite tool (hand pruner, loppers, rake, shovel, bow saw - no power tools please). Come prepared to do clearing of brush from the sides of the trail (brushing) and tread maintenance (scraping, shoveling, cleaning of the trail surface).

At 5PM there will be a potluck at the Wiley Creek campground. You will need to bring your own utensils and plates. The committee will provide fruit, cheese, bread, pasta salad and kool-aid. If you wish to bring something to barbecue, (meat, etc.) a fire will be provided as well as a cooler in which to store your meat (or whatever) at the trailhead. You may also bring a salad or chips to share.

If you would like more information, please call **Larry Longley** at 658-0809 or if you are not planning on participating in the trail work but would like to help with the potluck, please call **Lisa Hutchinson** at 794-7092.



## LEADERSHIP STUDY GROUP MEETINGS ARE OFF AND RUNNING

Very few members have noticed, but the branch has begun an interesting series of monthly get-togethers which we like to call Leadership Study Group (L.S.G.) Meetings. Despite the official-sounding name, these L.S.G. Meetings are designed to be an informal forum for any of you to come and talk about any issues that are important to you (provided they pertain to Everett Mountaineer activities). The goal of these meetings is to share ideas, learn from each other, and hopefully make the branch work better for all of us.

Meetings are held in the small group meeting rooms on the ground level of the "new" P.U.D. building at 2320 California St. in Everett, at 7 P.M. They are small (10-15 people max.) so that they stay informal and everyone gets a chance to talk. We have one primary topic for each meeting (see the schedule below), but we also allow time for an open agenda, where people can raise any other topics that they want.

Any branch member is welcome to attend.

If you're a new member, this is a great opportunity to meet other members, see a little bit about what the organization is all about, and provide your own unique perspective on some of the issues that our branch faces.

If you're wanting to become more involved with the branch, here's a chance to discover what the possibilities are, and tell us how we can help you fit into the club better.

If you're an active leader with the branch, we really need your feedback on how things are working for you, and how you think things could work better.

## PHOTOS PLEASE

This newsletter needs a variety of photos, slides, and/or wilderness art such as small drawings and paintings, etc.

The newsletter usually goes together quite well, but often I reach a point where it would be really nice to have a few photos and captions of great trips that have been recently taken.

If you have photos that would add interest to our newsletter and illustrate the diversity of the Mountaineer's, please call Kathy Rule at home, 794-3149 or work, 252-5898 or send them to:

644 Park Lane, Monroe, WA 98272  
before our deadline date.

(Thank you Henry)

## UPCOMING L.S.G. MEETINGS

June 7th \_\_\_\_\_

**WOMEN IN MOUNTAINEERS LEADERSHIP-** Females comprise nearly 50% of our course students, but only 10-15% of our leaders. Why is this? Can the branch take steps to improve this?

July 7th \_\_\_\_\_

**"BUT I DON'T HAVE WHAT IT TAKES TO BE A LEADER"**-So many talented people out there, but so few seem willing to step forward. Come tell us why you think leadership is or is not for you.

August 10th \_\_\_\_\_

**POLICIES, POLICIES, POLICIES-**Had it with all the red tape in the Mountaineers to get on or stay on a leader list? Come bring your suggestions, questions, gripes about committee policies.



## NOMINATING COMMITTEE APPOINTMENTS PENDING

It is hard to believe that a year has gone by so fast! Again it is time for the Branch Chair to appoint a nominating committee for Branch office elections in September. This committee's nominees are to be recommended to the members at our August business meeting. So if anyone would like to serve on this short-term committee, please call **Roy Metzger** at home, **258-6985**. Committee appointees will be announced during the June business meeting.

By the way, if you have any interest in serving as a Branch officer, please let a Nominating Committee member know about it. Don't assume that all incumbents are committed to continue serving, or that an incumbent officer has a "lock" on his/her position. My instruction to the committee will be that they use a criteria of "best interests of the Branch first and foremost" in candidate review for potential nomination.

## THE HISTORY OF WOMEN BRANCH CHAIRS

Thanks to the efforts of Noelle Corbett and Mildred Arnot on gathering and writing on Everett Branch history information, here's a short helping on women as Branch Chairs.

For example, which Mountaineer Branch had the first woman chair? Everett, of course. According to my sources (one of whom is a former Branch Chair), Mabel McBain served as the fifth Everett Branch Chair in 1923-25. Following her, our other six women Branch Chairs have been:

Beulah Braitzka	1941-42
Adelsa Doph	1948-49
Vivian Widmer	1950-51
Lolita Jones	1952-53
Mildred Arnot	1959-60
Dorothy Phillip	1975-76

In the 82 years of the Everett Branch there have been 55 people who have served in the Chair position. Perhaps this tidbit will encourage someone else to look further into our history and find out more about these women and their contributions. Also, who will be the next woman to serve as Branch Chair?

## EVERETT BRANCH HISTORY QUIZ

- 1) Who is the founder of the Everett Branch?
- 2) When was the Everett Branch organized?

### ANSWERS:

- 1) Dr. H. B. Hinman who served as the first Branch Chair from 1910-1918.
- 2) In 1910, Everett became a branch when a new constitution and by-laws were passed in June 1911. So Everett is the first branch of the Mountaineers.

*submitted by Roy Metzger*



# EVERETT MOUNTAINEER SCRAMBLES

OVERNIGHT

DATE	DAY	DESTINATION	USGS MAP	LEADER	PHONE #
5/18/94	<b>WED</b>	DICKERMAN S1	SLOAN PK	TOIVO PERALA	546-1830
5/21/94	SAT	MERCHANT S3	MONTE CRISTO	KENDALL KREFT	334-8401
5/21/94	SAT	GOAT MTN S2	MT SHUKSAN	MIKE BEEMAN	668-8475
5/22/94	SUN	LICHTENBERG S2	BENCHMARK MTN	MIKE SHIKANY	347-3631
5/22/94	SUN	DICKERMAN S1	SLOAN PEAK	REID ADRIANCE	653-8084
5/22/94	SUN	CAMP MUIR S3	MT RAINIER	KRIS MAXWELL	527-8421
5/25/94	<b>WED</b>	BRYANT PEAK S1	SNOQUALAMIE	ANDY BOOS	258-6199
5/28/94	SAT	KENDALL PK SR2	SNOQUALAMIE	C. SALISBURY	730-2322
5/29/94	SUN	MT PILCHUCK S1	GRANITE FALLS	RUSSELL DILLS	337-2609
6/4/94	SAT	TRAIL MAINT.			
6/5/94	SUN	PERSIS S1	INDEX	JIM RATHBUN	355-4946
6/5/94	SUN	PERSIS S1	INDEX	REID ADRIANCE	653-8084
6/8/94	<b>WED</b>	CHURCH MTN S2	MT BAKER	ANDY BOOS	258-6199
6/11/94	SAT	FORGOTTEN R2	SLOAN PK	KENDALL KREFT	334-8401
6/11/94	SAT	HIGGINS E PK R2	OSO	GENE BAKER	658-8725
6/12/94	SUN	HELEN BUTTES	LAKE SHANNON	L. HUTCHINSON	794-7092
6/16/94	<b>THUR</b>	PERSIS S1	INDEX	DUANE SANDRIN	486-7644
6/18/94	SAT	KENDALL	SNOQUALAMIE	GAYLE FRANKLIN	485-6526
6/19/94	SUN	DEL CAMPO SR3	MONTE CRISTO	MIKE SHIKANY	347-3631
6/25/94	SAT	BARING SR3	MONTE CRISTO	C. SALISBURY	730-2322
6/26/94	SUN	INDEPENDENCE R1	SILVERTON	GENE BAKER	658-8725
6/29/94	<b>WED</b>	STILLAGUAMISH S2	SLOAN PK	TOIVO PERALA	546-1830
7/2/94	SAT	CUTIS GILBERT	GOAT ROCKS	NIEL JOHNSON	258-3679
7/3/94	SUN	JOHNSON PEAK	WILDERNESS	NIEL JOHNSON	258-3679
7/4/94	MON	4TH OF JULY	THREE DAY TRIP		
7/9/94	SAT	DEL CAMPO SR3	MONTE CRISTO	C. SALISBURY	730-2322
7/10/94	SUN	PUGH R2	SLOAN PK	REID ADRIANCE	653-8084
7/16/94	SAT	LABRYNTH R1	BENCHMARK MTN	DAVE PHELPS	525-3772
7/16/94	SAT	ADAMS S3	MT. ADAMS WEST	KENDALL KREFT	334-8401
7/17/94	SUN	ADAMS S3	MT. ADAMS WEST	OVERNIGHT	
7/19/94	<b>TUE</b>	FORGOTTEN R2	SLOAN PK	DUANE SANDRIN	486-7644
7/23/94	SAT	INDEX R3	INDEX	MIKE SHIKANY	347-3631
7/23/94	SAT	3 FINGERRS SR3	SILVERTON	FORRESTCLARK	487-3461
7/24/94	SUN	3 FINGERRS SR3	OVERNIGHT	KIM DICKEY	337-2867
7/30/94	SAT	FORGOTTEN R2	SLOAN PK	JIM RATHBUN	355-4946
7/30/94	SAT	MT ST HELENS S2	MT ST HELENS	SHAWN HAVER	487-3982
7/31/94	SUN	MTST HELENS	OVERNIGHT		
8/6/94	SAT	BEAN & EARL R1	MT STUART	LEWIS TURNER	684-8006
8/6/94	SAT	WHITECHUCK R3	SLOAN PK	FORREST CLARK	487-3461



## THOUGHTS FROM THE BRANCH CHAIR ON CLIMBERS/NATURALISTS

by Roy Metzger

A naturalists' organizational meeting was held on April 18th for potentially interested Branch members. Ideas presented and other results are reported elsewhere in this newsletter. The thoughts that I want to share with readers focus on the close relationship of this activity with the historical founding purpose and mission of our club. That is: "to explore, study, preserve and enjoy the natural beauty of Northwest America." During the earlier years of the club, naturalist outings (expeditions?) were undertaken with gusto by large numbers of people.

Let's define terms here. A naturalist is a "person who is versed in or devoted to natural history". "Natural history is the science or study dealing with all objects in nature". (New American College Dictionary).

So what does that have to do with mountaineering? If that thought has occurred to you already, then that's exactly part of the purpose of this note. A mountain summit is a worthy objective. However, a journey is usually involved in the climb. How much time is spent on a summit relative to the total amount of time expended in the approach and return?

Are we climbers enjoying the trip with abundant natural history opportunities enroute to and back from a summit as much as the peak bagging? Do we notice,

do we know about, do we care, do we appreciate the magnificent natural surroundings? Should we?

I believe that many of our newest members join and continue to participate because of our outstanding outdoor activity courses. However, in the monthly membership status reports which I receive, I note the substantial numbers of drop outs, usually after only one or two years of affiliation. Why? Burnout, lack of social opportunities and a more leisurely pace?

In these thoughts I'm not implying that there's a relationship between membership drops, club purpose, lack of recognition about natural history in our programs, etc. However, I wonder about the public perception of us as a heavy environmental user or consumer while claiming to be a saver or preserver, or saving the environment for our own exclusive use or purposes? I see the naturalist activity affording members an outdoor outing opportunity which focuses on the surroundings as the objective, while enroute to a destination or objective such as a summit. Also, the pace may be a bit more leisurely which will encourage more socializing along the way. Furthermore, as a result of these naturalist outings we could be gathering information pertinent to present and future management of the areas visited, such as the effect of visitors on the area.

I see the naturalists' activity broadening and enhancing member opportunities as well as affording the club an opportunity to contribute meaningfully in another way to environmental protection and management issues of great importance and interest to our members.

I hope that our naturalists will enhance member appreciation and education of our regional natural history. With that will hopefully come an awakening and urgent sense of stewardship of our surrounding environment.

With a greater sense of and interest in stewardship, members will initiate more activities fulfilling the "preserve" in our purpose through personal investment of their time, talent and energy.

In closing, I hope that there has been no misunderstanding about my attitude toward climbing (I still love summiting!). I'm saying that there is more (much more) to a climb than summiting; the natural history of an area and the mountain(s) are inherently part of a climb, but maybe ignored or overlooked in the desire to climb a mountain. I hope that more of us will improve our naturalist perspective and incorporate it more often in our mountaineering experiences.

*Think about it.*

## NATURALIST'S VIEWPOINT

Have you ever wondered about the trees, flowers, and rocks as you've hiked, climbed, scrambled, pedaled or paddled? How many constellations could you find? Are you intrigued with birds? What are those "things" in the tide pools or under the rocks at the beach? What is so special about an ancient forest?

Everett is forming a naturalist group as part of the Hiking Committee. Maybe you have wished for activities with people who will take the time to share their knowledge and appreciation of the diversity of the out-of-doors. Maybe you are someone who has learned professionally, or as an avocation, about a topic of interest. Are you willing to show, to share, or to instruct fellow Mountaineers? The Naturalists group wants you...as a leader, as a resource, as a learner, as a hiker.

Watch the bulletin for Everett Naturalist activities each month. Watch this newsletter for "Natural Focus" featuring NW species of interest each issue. Contemplate the stated purpose of the Mountaineers:

To explore and study the mountains, forests and watercourses of the Northwest;

To gather into permanent form the history and traditions of this region;

To preserve by the encouragement of protective legislation or otherwise the natural beauty of Northwest America;

To make expeditions into these regions in fulfillment of the above purposes;

To encourage a spirit of good fellowship among all lovers of outdoor life.



*Photo and information, courtesy of Henry Kral*

The Brain Mushroom cap is usually 2" to 4" inches wide, brownish in color. Round in shape, hollow, wrinkled as its common name suggest, with a hollowed base and gives a yellowed spore print. The stem is usually whitish to tan in color.

It is often found alone or in small groups at the edge of the woods or compost piles in the spring or early summer. It causes severe poisoning in some people so is not to be experimented with.

The Brain Mushroom is a gift of nature to the planet earth and if you are lucky enough to come across it on a hike, enjoy its beauty as you would the beauty of a spring flower. It is just one more detail in the intricate web of life which we struggle to understand.

Remember like some mushrooms many domestic flowers are also poisonous.

## CLIMBING NEWS

In an effort to encourage climbing course field trip instructors and climb leaders to remain active in our climbing program, the Climbing Committee has simplified the requirements for continuing participation.

Attendance at the Instructor Review field trip is now required only once every five years (changed from once every three years) for Basic instructors and Basic Climb leaders, and is no longer required for Intermediate instructors and Intermediate Climb leaders. The Climbing Leadership Seminar is no longer required for existing climb leaders and field trip instructors, although it is still required for new leaders. Intermediate Climbing Course Field Trip instructors must attend only one Intermediate field trip every three years (changed from two every three years). Finally, Basic and intermediate Climb Leaders may now lead two climbs at any level (Basic, Club, or Intermediate) every three years to remain on the leader list.

We hope that these changes will make it easier for our volunteers. If you would like to receive a complete list of requirements for field trip instructors and climb leaders, contact **Chris Johnson** at 820-9344.

## MOFA NEWS

**MOFA** - Probably the last chance this year to take the MOFA course through the Everett Branch!

### **Dates/Times:**

Thursday, June 9th 6-10PM

Saturday, June 18th 8AM-8PM

Sunday, June 19th 8AM-5PM

You must attend the entire 24 hours.

**Cost:** \$22.00

**Location:** The Thursday evening session will be held at the First Congregational Church in Downtown Everett, 2624 Rockefeller (where the monthly membership meetings are held). The Saturday and Sunday sessions will be announced.

**CPR** - Though not required to obtain a MOFA card, a CPR card will upgrade your certification to Standard First Aid/MOFA. You qualify for the upgrade if you have a current CPR card (American Red Cross or first year of American Heart Association). Please bring your card to class. There will be a CPR class offered as well.

**Date/Time:** Thursday, June 16 6-10PM.

**Cost:** \$15.00 (We will use the MOFA book to cut costs)

**Location:** Evergreen Unitarian Church, 1607 4th St., Marysville (Corner of 4th & Columbia). We will meet in the Parker room.

To register for either/both of these courses, please send a check or money order payable to: Everett Mountaineers First Aid Committee.

In addition to your fee(s), please submit on a piece of paper the following info:

1. Which course(s) you are registering for
2. Name
3. Address
4. Phone Number
5. Name of course (Basic, etc.) if you are taking MOFA/CPR as a graduation requirement.

### **Please mail to:**

Everett Mountaineers First Aid  
Committee  
P.O. Box 1848  
Everett, WA 98206

If you have any questions, contact **Cher Rudd** at 337-1822.



## LOOKOUT AND TRAIL MAINTENANCE

The opportunities to participate in lookout and trail maintenance activities in the next few months are varied and enticing. From the heavy-duty to a gala party on National Trails Day, there is something for everyone. Here is your chance to give back something to the outdoors we all appreciate so much while enjoying the company of your fellow Mountaineers.

## TRAIL CONSTRUCTION OPPORTUNITIES

There will be two volunteer horse ford construction work parties in the Glacier Peak Wilderness this summer, one in July, one in August. Transportation from Chelan and food will be provided on these pack animal-supported projects. One is at Sitting Bull Basin the other at Devore Creek. For more information contact **Steve Babbitt** at 206-859-2443.

## VOW WORKSHOP

Volunteers for Outdoor Washington, in association with the Forest Service will hold a Trail Crew Leader training workshop June 4/5. Call 545-4868 for info.

## IRON GOAT TRAIL

Maintenance and work parties are scheduled on Wednesdays, Saturdays and Sundays May 4 through October 16. To sign up contact the monthly coordinator:

May ..... Sam Fry, ..... 232-3829  
June ..... Mike Sharpe, ..... 523-9520  
July ..... Bud Liebes, ..... 232-4402  
August .... Dennis Evans, .. 243-5314  
Sept. .... Herb Schneider, 322-1191  
October .. Sam Fry, ..... 232-3829

## TRAIL MAINTENANCE

Coming in August and later in the Fall, maintenance on the following trails:

- *Three Fingers*
- *Neiderprum*
- *Headley Pass*
- *Huckleberry Mountain*

plus some meadow restoration

Jerry Thompson will keep us informed.

## MT. BAKER WEEKEND

Save Sept. 9, 10, 11 for our annual fall color, hiking & scrambling weekend. Families welcome!  
Details to follow.

## LOOKOUT MAINTENANCE

The Everett Mountaineers have for many years provided the upkeep for the Three Fingers Lookout and the Mount Pilchuck Lookout as well.

The Three Fingers work party will July 23/24 and will include window work, washing & painting and roof oiling. The Pilchuck work party will be July 25/26 and will include painting and replacement of some kicked-out boards.

There is continuing work being done on the Evergreen Lookout as well.

The possibility of restoring the Haybrook Lookout (tower), has also been discussed.

For more information call:

**Forrest Clark** ..... 487-3461

**Kim Dickey** ..... 337-2867

or **Larry Longley**.

## MOUNTAINEER MAGAZINE ARTICLES

Submit to **Sandy Simila** at 481-8952 by the 20th of the preceding month.

*Seattle Clubhouse Toll-free number for all Mountaineer business based in Seattle. 1-800-573-8484*

## OFFICERS

Chair:..... Roy Metzgar 258-6985  
Vice Chair:..... Andy Boos 258-6199  
Secretary:..... Ginger Decker 691-5644  
Treasurer:..... Kris Maxwell 527-8421  
Trustee:..... Ron Smith 347-0763

## KEY PERSONNEL

Alpine Scramblers:..... Teresa Shikany 347-3631  
Climbing:..... David White 368-8178

Conservation:..... Louis Coglas 672-4521  
Explorer  
Scout Post:..... Doug Donaldson 546-3501  
First Aid:..... Cher Rudd 337-1822  
Folkdance:..... Laurie Akers 659-6559  
Hiking:..... Linda Sebring 742-4351  
Lookout/Trail  
Maintenance:..... Larry Longley 658-0809

Membership:..... Dana Miller 335-5336  
Programs:..... Cathy Lewis 335-1471  
Skiing:..... Connie Bennett 568-7773  
Social:..... Vera Bonner 335-3472  
Promotions:..... Forrest Clark 487-3461



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