

The Everett Mountaineers

Newsletter

No. 76 Fall/Winter '93-94 ▲ Everett Climb-Line 348-7829 ▲ The Everett Mountaineers P.O. Box 1848 ▲ Everett, Wa 98206 ▲ 672-TRIP

UPCOMING PROGRAMS

January 5: This month's program will be presented by Libby Mills, a wildlife biologist known for her study on bald eagles in Skagit County. She will do a slide show on the ecology of wintering bald eagles on the Skagit River. Children are invited.

February 2: Robin Day from the Seattle Mountaineers will present a slide show from her dog sled trip in Alaska.

March 2: There will be a slide show on spring skiing in the Wallawas, presented by the "Everett Mountaineer Wallawa Expedition Group".



Seattle Clubhouse Toll-free number
for all Mountaineer business based in Seattle.
1-800-573-8484

MEMBERSHIP MEETING

Wednesday's

Jan. 5, Feb. 2, Mar. 2, 1994

7:30 pm

Everett Congregational Church
in downtown Everett,
2624 Rockefeller

PUBLICATION DEADLINE

Submission deadline for our
Winter/Spring
Newsletter is January 31, 1994
For additional information.
Please contact
Carrie Strandell at 629-9386
Sandy Bingaman at 659-5461
Kathy Rule at 794-3149

MOUNTAINEER AWARDS

MILEAGE AWARDS

100 Miles

Gene Baker
Sandi Barr
Fred Dykins
Rosemary Dykins
Noene Hogue
Craig Miller
Scott Miller
Sharon Orr
Steve Pisek
Lewis Turner
Frank Voris
Greg Warner

200 Miles

Gene Baker
Jena Evans
Fred Dykins
Rosemary Dykins
Sharon Orr
Steve Pisek
Lewis Turner
Frank Voris

400 Miles

Gene Baker
Julie Endres
Sharon Orr
Mike Shikany
Teresa Shikany

600 Miles

Judy Case
Marjorie Schaller
Linda Sebring
Mike Shikany
1500 Miles
Andy Boos
Beverly Robinson

LOOKOUT PEAK AWARD

Frank Voris

Twenty Lookout Peaks Award

Fred Beavon

ALPINE SCRAMBLE GRADUATES

Kim Anderson
Russell Dills
Fred Dykins
Rosemarie Dykins
Gayle Franklin
Dave Grab
Jim Griffing
Lisa C. Hutchinson

John Kane
Dan Laske
Rick Lewellen
Richard Lazarski
Diana Miller
Jamie Myers
Don Myllkangas
Bill O'Neil
Tod Putnam
Ed Reuter
Gary Ryno
John Solheim
Nancy Solheim
Carrie Strandell
Holly Tibbles
Sandy Wick
John Wiley

Monica Vandervieren

BASIC NORDIC SKI COURSE GRADUATES

James Abbie
Teresa Shikany
Mike Shikany
Ginny Campbell
Sandy Bingaman
Denis Ouellette
Nancy Randall
Toivo Perida
Russell Dills

TELEMARK COURSE GRADUATES

Jim Rathbun

BASIC CLIMBING COURSE GRADUATES

James Abbie
Michael Eyster
Shawn Haver
Diane Jochimsen
Ken Kongorski
Kun Lee
Scott Masengill
Denis Ouellette
Chris Pope
John Iaffaldano
Robert Weave
Dick Wright
David Vann
Jason Soess
Bronwen Matthews
Paul Artim
Bruce Goodson
Hans Hurvig
George Joy
Kendall Kreft

Kathleen Lehman
Bob Maxwell
Mireille Raby
Duane Sandrin
Paul Spitalny
Marie Westermeier
Scott Hall
Richard Backert
Michael Mineart
David Brown
Bill Guthrie
Mark Iffrig
Michael Kaplan
John Lee
Christi Masengill
Lewis Merges
Stephen Pisek
Mike Shikany
Scipio Walton
Bruce Wolverton
Helen Kieffer
Tom DeMint
Arthur Pomeroy

INTERMEDIATE COURSE GRADUATES

DeForest Eveland
James Civey
Kevin Broderick
Val Nelson

CLIMBING AWARDS

Five Major Peaks
Bill Hensen

Everett Bronze Award

Gene Baker
Keith Wilson

Everett Silver Award

Gene Baker
Keith Wilson
Sara Matoi
Tom Matoi

Everett Gold Award

Keith Wilson
Andy Boos
Sara Matoi
Tom Matoi

Cascade Classics Award

Maxine Reid

KEN NELSON AWARD

Connie Bennett

Congratulations
Graduates!

BASIC CLIMBING COURSE

The Everett Mountaineers, in conjunction with Everett Parks and Recreation, invite you to enroll in our 1994 Basic Climbing Course. We believe this course offers an attractive approach to basic climbing instruction. Beyond a reasonably priced and comprehensive climbing course, participants have the opportunity to join a close fellowship of climbers within the "climbing" branch of the Mountaineers. Graduates are equipped with the skills and experience necessary to climb safely in the Northwest and beyond.

We will be accepting applications for 65 students in our 1994 Basic Climbing Course.

If you are in good physical condition, 18 years of age or older, and want a comprehensive program of classroom and field instruction, then we encourage you to apply.

As a student in this course, you will participate in a three month program of instruction including alpine travel, survival, navigation, and roped climbing on rock, snow and glaciers. Upon completion of the Basic Climbing Course, Mountaineer members are eligible to participate on club sponsored climbs. Graduates who want "MORE!" may enroll in our Intermediate Climbing Course.

Registration for this course will be held at Legion Hall in North Everett at 7:00 P.M. on Tuesday, 15 February 1994. Everett Branch members may register "early" by using the Registration Questionnaire printed in this newsletter and mailing it in. Instructions are on the bottom of the sheet. The course fee for Mountaineer members is \$110.00 and \$125.00 for non-members. For additional information, please contact **Larry Longley**, Everett Mountaineers Basic Climbing Course Coordinator, at **658-0809**.

Mountaineering Oriented First Aid (M.O.F.A.) is required for graduation from the basic course and is offered by Everett Parks and Recreation. This is separate from the Basic Course and registration can be made through the **Parks department** at **259-0300**, the fee is \$20.00.



1994 BASIC CLIMBING COURSE DATES

Feb. 15	Registration, Orientation, Equipment
Mar. 1	Map & Compass I, Climbing Code, Knots I
Mar. 8	Map & Compass II, Knots II
Mar. 15	Knots III, Belay Lecture & Practice
Mar. 19	Fundamentals Field Trip - Forest Park
Mar. 22	Leader Tie-off, Anchors, Alpine Cuisine
Mar. 29	Rock Climbing, Rappelling
Apr. 5	Clothing, Wilderness Ethics
Apr. 9	Rock I Field Trip -Camp Long
Apr. 19	Mountain Rescue, Snow Camping, Practical Skills Test
Apr. 23 & 24	Rock II Field Trip -Leavenworth
Apr. 26	Snow Climbing, Avalanche
Apr. 30 & May 1	Snow I Field Trip
May 10	Glacier Travel, Crampons
May 14 & 15	Snow II Field Trip
May 17	Final Exam
May 24	Potluck/Party

MOFA CLASS DATES

Mar. 3	Lecture
Mar. 12 & 13	Weekend Field Trip -Forest Park.

CLIMBING NEWS

In 1992, the Climbing Committee instituted the Leader-in-Training requirement for prospective Basic Climb leaders. Having had two climbing seasons with this policy in effect, we have found that many prospective leaders are confused on some of the details. In light of this, we have rewritten the policy in what we hope is a more easily understood format. Here, in its entirety, is the text of the policy:

LEADER IN TRAINING

The Leader-in-Training requirement is stated in the Climbing Committee Policies as follows: "Participate on two Basic climbs, one rock and one glacier, as a "leader-in-training" under the supervision

of an approved climb leader. (The three Basic climbs done in fulfillment of the requirements for Basic Climbing Course graduation may not be used to meet the above requirement.)" In other words, a prospective Basic Climb Leader needs to have his or her leadership ability evaluated by a veteran leader. There is a twofold responsibility with this requirement. The leader-in-training leads the climb, the veteran leader oversees everything and steps in only if necessary. The following elaborates on some of the details of this shared responsibility.

The prospective leader:

- 1) Contacts a veteran leader to be the mentor.
- 2) Plans and organizes the climb.
- 3) Chooses the peak and route.
- 4) Coordinates party gear.
- 5) Determines party size.
- 6) Makes all the decisions regarding the climb.

THE VETERAN LEADER (mentor)

- 1) Oversees the climb.
- 2) Has final responsibility and authority for the climb.
- 3) Acts as a consultant, advisor, and back-up.
- 4) Evaluates the leader-in-training on the climb report.

On the climb report, the mentor gives or her opinion on the leader-in-training judgement and leadership, listing strengths and weaknesses and any recommendations.

Some other details of the leader-in-training program are:

- 1) The party must summit.
- 2) The climb does not count as a basic lead for Intermediate Course requirements for the leader-in-training.
- 3) The Climb can count as a basic lead for Intermediate Course requirements for the mentor if needed.

Once the leader-in-training has completed both climbs, he or she must petition the Climbing Committee per the Climbing Committee Policies.

OTHER CLIMBING NEWS

Congratulations to all of our course graduates. At last count the totals were 41 Basic grads and 4 Intermediate grads. The Climbing Committee would like to encourage all new graduates to come back and help instruct. Details on the Instructor Review field trip will be mailed to you and also appear in the Mountaineer magazine. The Climb-Line is now being updated by Ginger Deck. If any of you leaders have a climb you would like to have listed on the Climb-Line, please call **Ginger** at **691-5644** and she will record it for you.

GOLDEN TIMES OVER MONTE CRISTO

by Marc Trayle

CHAPTER THREE

The Return To Silver Lake

One Saturday, October 17th, Steve Pisek and Jerry Thompson drove to Granite Falls for breakfast at Ike's Restaurant. They were joined by Carrie Strandell and Mats Robertson. Linda Sebring and George Swan arrived later but didn't have breakfast. Everyone drove to Barlow Pass, where several Forest Service people were sorting through things that needed to be taken to Silver Lake for the weekend's activities. Kris Maxwell and Andy Boos arrived a bit before five Seattle Mountaineers. Everyone set about paring down cardboard boxes and packing them with Partridgefoot plants in four-inch plastic pots. Eighteen to twenty plants were put in each box. The boxes were cut just high enough to clear the plant foliage. When separated with several pieces of lathe laid horizontally over their tops, the boxes could be stacked, secured with duct tape and strapped to frame packs for the two mile journey back up the trail from Monte Cristo to Silver Lake. (It should be noted that these plants were being returned to Silver Lake where they had been collected as cuttings by Everett Mountaineers over a year ago.

The Forest Service people properly registered the work party participants and gave a generic lesson in safety. They, quite apparently, had no idea of the kind of help they would be getting, or of the condition and expertise of the participants.

Those that were planning on staying overnight drove to the Forest Service campground at Monte Cristo. Tools were distributed and packs were arranged for the hike to Silver Lake. Using packframes and stacking the boxes of plants allowed much larger loads than had been anticipated. All seven hundred and fifty plants and the tools needed for the day's work were carried up by the group in one trip.

At the lake, Jeff Lacy, who was managing this project for the Forest Service, outlined the specific things that needed to be done. A group of men were put to work filling the edge of the outlet stream with large stones to provide a foundation for the trail so it wouldn't be forced against the steep hillside. Another group started filling and planting one of the deeply eroded "social" trails. Still another group began work on a badly eroded gully. A series of carefully constructed check dams were placed horizontally in the gully.

Heavy, coarse fill would then be put behind the check dams. Eventually lighter, finer fill would be mounded over all the new material in the gully and plants would be planted or "layered" in from the sides of the former gully. Finally, there was a group of haulers. These folks carried fill from a "borrow" site about a half mile away on the other side of Poodle Dog Pass. The fill was carried in five gallon plastic pails. After a couple of hauls it became clear that the easiest way to carry the fill was with the bucket strapped to a packframe. All of the plants had been carried to the lake by noon and all but one hundred had been planted by 5:00 pm, when the group stopped work for the day.

Saturday evening, folks spending the night and returning to Silver Lake in the morning, set about preparing dinner and setting up camp. Several Everett Mountaineers left. Two of the Seattle Mountaineers were enticed into staying. Things started out quietly but after dinner people began moving over to the Forest Service people's fire. Interesting and exciting conversation was served up with exotic and delicious things to eat and several "hot snotties". The party that developed was the wildest and most festive affair to be held in Monte Cristo in eighty-two years.

Sunday morning, the group moved a bit slowly at first. It was raining off and on and there was a fresh dusting of snow at Poodle Dog Pass. Six Sierra Club people joined the crew for most of the day. Bob McCoy, Kathy Lewis and Ron Smith replaced Everett Mountaineers that had to leave the night before. Mats Robertson returned to help out a second day. The projects started on Saturday were finished by five o'clock, Sunday afternoon. In addition to transporting and planting seven hundred and fifty partridgefoot plants, one hundred five gallon buckets of fill had been hauled over a half mile, and two erosional gullies and a social trail had been erased.

Most of the crew met at Rochon's Timberline Restaurant for a late dinner. They again celebrated their outstanding accomplishments. ☺



Winter at Stevens Pass

Welcome to our Newly Elected Chair, Roy Metzgar

Roy is a native of North Dakota and came to the Puget Sound Region via the University of Washington and a stint in the Navy.

The Metzgars resided in Woodinville for many years and moved to Everett in 1990 to be closer to Roy's job with the City of Everett. Roy's wife Ruthanna recently earned her Doctorate in musical art and is on the faculty at Seattle Pacific University.

Roy is a long-time member of the Mountaineers having joined in 1981. He is a graduate of the basic climbing course and has instructed courses in scrambling and basic climbing. Roy and Ruthanna both enjoy cross-country skiing and visiting lookouts.

Some of Roy's goals as the Everett Branch Chair are: to continue and expand the mentor program; to encourage members to participate in more activities; and to develop more leaders.

ISLAND PEAK EXPEDITION

Is your dream to climb in the Himalaya? If so, consider joining us in the fall of 1994. We will be leading a trip into Everest Base Camp with a climb of beautiful Island Peak (20,299 ft) along the way. (There may be the possibility of climbing another peak in the area if time allows). This October trek will take us through many small villages in the Khumbu Region of Nepal, home of the legendary Sherpa people, where we will enjoy their hospitality and culture.

Trip leaders are Sam and Gail McClary. For further information, please call us at 337-7712.



Mt. Shucksan

Photos courtesy of Henry Kral

**Basic Climbing Course
REGISTRATION QUESTIONAIR**

1. PERSONAL INFORMATION (Please Print)

Name _____ Age _____
 Address _____
Street City State Zip Code
 Telephone # (Res.) _____ (Bus.) _____
 Special Medical Condition(s) (drug allergies, diabetes, epilepsy, hemophilia, etc.): _____

2. PREVIOUS HIKING/BACKPACKING EXPERIENCE: _____

3. PREVIOUS CLIMBING EXPERIENCE: _____

4. HOW DID YOU HEAR ABOUT THIS COURSE ? _____

5. FIRST AID STATUS:

- I currently hold a STANDARD first aid card. Exp. Date _____
- I currently hold an ADVANCED first aid card. Exp. Date _____
- I currently hold an INSTRUCTORS first aid card. Exp. Date _____
- I currently hold a M.O.F.A. card. Exp. Date _____
- I currently hold a C.P.R. card. Exp. Date _____
- I am now registered for a M.O.F.A. course.

WHERE _____ WHEN _____

**6. WHO SHOULD WE NOTIFY IN CASE OF AN ACCIDENT/
EMERGENCY?**

Name _____
 Address _____
Street City State Zip Code
 Telephone # _____ Relationship _____

**PRE-REGISTRATION DEADLINE
JANUARY 31, 1994**

MAIL THIS COMPLETED APPLICATION WITH A
CHECK FOR \$110.00 PAYABLE TO:

"EVERETT MOUNTAINEERS"

Care of Larry Longley

Basic Climbing Course Coordinator

P.O. Box 1848, Everett, WA 98206.

Questions: Call Larry Longley at 658-0809.

OFFICERS

Chair:..... Roy Metzgar 258-6985
 Vice Chair:..... Andy Boos 258-6199
 Secretary:..... Ginger Decker 691-5644
 Treasurer:..... Kris Maxwell 522-9360
 Trustee:..... Ron Smith 347-0763

Conservation:..... Louis Coglas 672-4521
 Explorer.....
 Scout Post:..... Doug Donaldson 546-3501
 First Aid:..... Mike Jones 568-0106
 Folkdance:..... Laurie Akers 659-6559
 Hiking:..... Linda Sebring 742-4351
 Lookout/Trail.....
 Maintenance:..... Larry Longley 658-0809

Membership:..... Dana Miller 335-5336
 Programs:..... Cathy Lewis 335-1471
 Skiing:..... Connie Bennett 568-7773
 Social:..... Vera Bonner 334-4749
 Promotions:..... Forrest Clark 487-3461

KEY PERSONNEL

Alpine Scramblers:..... Ron Smith 347-0763
 Climbing:..... David White 368-8178

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**The Everett Mountaineers
PO Box 1848
Everett, WA 98206**

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