

The Everett Mountaineers

Newsletter

No. 73 Winter/Spring 1993 ▲ Everett Climb-Line, 348-7829 ▲ The Everett Mountaineers P.O. Box 1848 ▲ Everett, Wa 98206

Upcoming Programs

MARCH 3rd: Annual potluck and used equipment sale. Potluck starts at 6 PM.

APRIL 7th: Ken Wilcox will share his experience of a research expedition in the Southern Andes. Slides and music of Chile will illustrate the virgin temperate rain forest.

EARTH DAY ON THE CENTENNIAL TRAIL

Where were you on the first Earth Day, April 22, 1970? Many people can name an event, such as Earth Day, that has made an indelible imprint on their memories, can you?

That first Earth Day, staged by angry young men and women with the hopes of changing the earth back to a peaceful, just, and ecologically sustainable environment, saw the beginnings of a renewal in conservation ideals that have spread into mainstream American thinking. Although there still are marches and rallies reminiscent of those days today, many prefer to spend their energies working in other ways.

One of those ways has been the Centennial Trail on which the Everett Mountaineers have worked since its beginning. Every year we meet with other members of the trail coalition to work on trail clean-up. Some years it has been the removal of trees so that the trail can be seen. In other years it has been brushing the sides to make the trail wider.

This year, **Saturday, April 17** has been chosen for the Earth Day clean-up. You'd like to have an Earth Day memory and help to make the earth a cleaner place, join us. Call **Delores Wagner, 568-3828**, for the meeting place and time.



This alert is from the Snohomish-Arlington Trail Coalition Newsletter. An action to establish ownership (quiet title action) has been filed against the County on a portion of the Centennial Trail immediately north of Hwy. 92 near Lake Stevens and Hartford. Ownership of this portion has always been questionable as this section was not available for purchase in the initial Quit Claim Deed from Burlington-Northern in 1990. To prevail, it must be shown that the area in question has been consistently used by the public since Burlington-Northern abandoned the railroad line in 1972. We need letters to the county from all persons who have used this section to establish that fact. If you have been a user of this section of the trail

WE NEED YOUR HELP NOW!!

Call **Bobbie Cross, 653-5782** or **Mike Parman, 388-6621** if you need more information. Include in your letter:

1. How long you have used this portion of the trail.
2. How you have used the trail, horseback riding, jogging, walking, bicycling, berry picking, trail clean-up, etc.
3. Any other information - slides, photos, other trail users or references

Send your letters by the middle of February to:
Mike Parman
Snohomish Co. Parks Dept.
3000 Rockefeller Ave.
Everett, WA 98201

MOUNTAIN RESCUE

EMR (Everett Mountain Rescue Unit Inc.) is a volunteer organization and works in conjunction with SCVSR (Snohomish County Volunteer Search & Rescue). EMR responds to all calls for SCVSR, but is specifically oriented towards rescues involving mountainous terrain; rocks and glaciers. These rescue conditions may involve climbers, hikers, airplane crashes and forest fires. Over the years myths have evolved and grown concerning those people in EMR and the function of EMR. We invite you to attend any of our regular monthly meetings to get the facts or even just to check-out monthly meetings to get the facts or even just to check-out whom would be there to rescue you. We promise you a "no frills, no pretense, just-the-way-we-are" meeting.

What we would really like is for you to consider joining EMR. If you do join, you will get a nifty decal to put on your car window, several phone calls in the middle of the night, good company and lots of bad jokes. Now about those myths:

- EMR is not a group of hot-shot rock climbers.
- No one is expected or required to respond to every call out.
- Being a member of the helicopter response team is a matter of choice-not a requirement.

The number of training sessions you attend is directly dependent upon the level of involvement you wish to make in EMR. The completion of the Mountaineers Basic Climbing Course or equivalent experience and MOFA is a requirement. The next meeting will be held on **March 1, from 7:30 to 9:00 PM**, at the Everett Yacht Club at 13th Street and Marine View Drive.

For more information, contact **Jon or Joyce Wilson** at 568-8807 (evenings).

CLIMBING NEWS

MOFA REQUIREMENT CHANGED FOR CLIMB LEADERS

In the past all Everett climb leaders had to update their MOFA card every three years to remain on the leader list. After much thought and discussion, the Climbing Committee has decided to drop this requirement. We do, however, strongly advise all climb leaders to remain current with their first aid skills, either through self-study or by participating in a MOFA class.

Please note, this change does not apply to new climb leaders. Anyone desiring to become a basic or intermediate climb leader must have a current MOFA card at the time they petition the committee.

NEW 2-PULLEY METHOD BEING ADOPTED

This year's Basic Course will be taught a z-pulley method that is more closely in line with what is found in Freedom 5. This method utilizes a self-tending Bachmann knot. We will instruct the instructors at this year's Instructor Review. Details on the new system will be mailed out to all our instructors and leaders.

There are several benefits to adopting this new method. First, it provides a better, safer anchor system. Secondly, everyone is anchored throughout the whole process. Finally, this method encourages safe glacier travel techniques. So, read Freedom 5 to see the basic Z, watch your mailbox and carefully study the handout, and plan on coming to the Instructor review on March 20th at Stevens Pass.

CLIMBLINE

The Climbing Committee is sponsoring a climbline—an "announce only" voice mailbox which lists current climbing activities. This is intended to supplement the usual printed means of informing Everett climbers of current climbs. Now we have the ability to schedule climbs and get the word out after the deadline for the magazine. If you don't know already, here is how the system works:

Climbers: to find out about climbs call 348-7829. The recording will list the trip and the leader and his or her phone number. To sign up or get more info you will have to call the leader.

Leaders: to get a climb listed on the climbline call **Bill Iffrig**, 334-2126. He will record it.

submitted by David White

LOOKOUT AND TRAIL MAINTENANCE

One of the mainstays of what Mountaineering is all about is protecting what we have and maintaining access to remote areas that will conserve our valuable natural resources. Well defined and maintained trails encourage users to stay in specific access areas and thereby preserve what we love best about the out-of-doors. We all have a stake in backcountry preservation.

Trail maintenance is one way to give a bit back as is lookout restoration and meadow restoration. The following schedule is a representative of the Everett Mountaineer sponsored activities.

- April 17** Centennial Trail
Contact Delores Wagner
at 568-3828
- May 7** Mt. Pilchuck trail survey
Contact Larry Longley
at 252-1669
- Contact committee chairperson Jerry Thompson at 653-7390 for the following:
- May 8** Canyon Creek Forks
Work Party
- June 12** Saddle Lake/Tupso Pass
Trail Maintenance
- July 24-25** Three Finger Lookout
Work on Shutters
- Aug. 14-15** Three Fingers Lookout
Work Party
- Sept. 18** Tupso Pass
Trail Maintenance

Two tentative dates for Meadow Restoration are:

- Aug. 21-22** Lake Byrne, above
Kennedy Hot Springs
- Sept. 11-12** Lake Byrne again
(This is a 7.5 mile hike in to Lake Byrne.)

CLIMBING FIELD TRIP INSTRUCTOR REVIEW

The annual Instructor Review Field Trip will be held on Saturday, March 20, 1993, 9:00 AM - 4:00 PM at Stevens Pass. In contrast to previous Instructor Review Field Trips, this year we will focus on snow climbing skills, including crevasse rescue, snow caves, and ice axe arrest. Attendance at this field trip is *required* for new field trip instructors and climb leaders. Current field trip instructors and climb leaders must attend an Instructor Review Field Trip at least every three years. Arrive early to allow time to find the group amid the skiers. We will meet in the upper parking lot, near the Mountaineers' lodge. Bring your skis to enjoy some night skiing after the field trip!

(Bring normal snowclimbing equipment.)

THE IRON GOAT TRAIL

There are over 500 "Rails to Trails" conversions in the United States. We have 29 in the State of Washington alone. Our own Centennial Trail is one of those as is the Iron Goat trail near Stevens Pass. The "Iron Goat" name stems from Rocky the mountain goat on the Great Northern Railway's logo.

When the new Cascade Tunnel opened in 1929 the switchbacks, snowsheds, and tunnels constructed over the pass in the 1890's were abandoned by Burlington Northern. Pioneer access to the first phase of the trail (the Upper and Lower grades of the Martin Creek switchbacks) began in 1990 then proceeded to a staked-out survey by the end of 1991 and was followed by the necessary environmental analysis.

The actual construction began in the early Spring of 1992, with completion expected by October 2, 1993, 100 years from the completion of the original railroad. 281 volunteers from over two dozen organizations coordinated most prominently by VOW (Volunteers for Outdoor Washington) in partnership with the US Forest Service worked 3901 hours during 580 volunteer days in 1992.

In 1993 there are 50 work party dates planned starting with the crew leaders training session April 24 and closing the end of September. Work parties are scheduled on Wednesdays, Saturdays, and Sundays. There are generally 10 to 15 to a crew with a leader for each 5 or so members. The Mountaineer President's work party is scheduled for September 18 this year.

This is actual trail construction with tasks such as constructing wooden trestles, puncheon bridges, timber water bars, wood and rock retaining walls, spur trails and view points as well as grubbing.

It is an interesting and challenging project with immeasurable rewards. Work party assignments are arranged through monthly coordinators, contact the appropriate coordinator for the month in which you wish to volunteer.

May	Herb Schneider	322-1191
June	Sam Fry	232-3829
July	Ruth Itner	282-8737
Aug.	Dennis Evans	243-5314
Sept.	Sam Fry	232-3829

If you would just like to chat about the experience or ask questions you may call Sandy Bingham at 659-5461.



M.O.F.A.

Mountaineering Oriented First Aid MOFA is a first aid course specifically designed for those who may be in areas where 911 assistance is not readily available. A program that combines good basic first aid skills with experiential learning, MOFA is required for completion of many Mountaineer courses. The Everett Mountaineer MOFA committee works with the Everett Parks Department and the Everett Chapter of the American Red Cross to provide a comprehensive and useful course. Additionally, adult CPR certification is required to complete MOFA and that training is conveniently scheduled to coincide with the MOFA Course. There will be two sessions offered this Spring:

M.O.F.A.

Feb. 25 7:00-10:00 PM
March 6 8:00 AM-8:00 PM
March 7 8:00 AM-5:00 PM
Cost-\$20.00

ADULT C.P.R.

March 4 6:00-10:00 PM
Cost \$21:00

M.O.F.A.

May 26 7:00-10:00 PM
June 5 8:00 AM-8:00 PM
June 6 8:00 AM-5:00 PM
Cost-\$20.00

ADULT C.P.R.

June 2 6:00-10:00 PM
Cost \$21:00

Register for all classes through Everett Parks & Recreation, 259-0300.

If you have any questions, you may call Mike Jones at 568-0106.



FOLK DANCE

March 12, 1993 — No Dance.

Floral Hall is unavailable.

March 26 (4th Friday) Brian Goldade will teach and review 3 or 4 contra dances which he has taught previously. He will include the dances in the program along with regular popular folk dances.

April 9 (2nd Friday) Rhonda Paulson, our popular teacher from last year will teach and supervise the program.

April 23 (4th Friday) LIVE MUSIC by the very popular folk band Allspice, plus teaching by the highly renowned folk dance leader Art Hare.

May 14 (2nd Friday) LIVE MUSIC by the versatile and well-liked Folk Voice Band. Teacher to be announced.

May 28 (4th Friday) No dance because this is the first night of the Folk Life Festival at the Seattle Center, and all the dancers are encouraged to attend the folk dance at the Center House.

SPRING LESSONS A series of ten lessons is being contemplated for late April through June. Please refer to The Mountaineer magazine in April for details. Meanwhile please let us know if you are interested in lessons for the beginner or intermediate level.

ALL DANCES are at Floral Hall in Forest Park, Everett. Dances start at 8:00 PM with teaching for all comers. A program of varied folk dances runs from 9:00 to 11:30 and the leader (master of ceremonies) reviews the dances for the benefit of those unfamiliar with them. All are welcome. Wear comfortable clothes and flat leather-soled shoes. Refreshments are furnished. Donations are requested, \$4 ordinarily, or \$5 for live music. Bring your friends. Dance experience is not required.

INFORMATION:

Laurie Akers (Chairperson) 659-6559.
Gordon Rogers 353-2085,
Everett Parks & Recreation 259-0300.

CONSERVATION CORNER

by Lou Coglas

In January, I was invited to attend a meeting with the forest service biologists and other concerned conservation groups interested in the Mt. Baker-Snoqualmie Nation Forest. This was the result of the forest service's new approach of discussing issues with the public and interested groups. Most of the meeting revolved around the new access management plan that the forest service is trying to create. This would involve making a committee of interested parties such as snowmobilers, ORVers, hunters, hikers, bikers, conservationists, etc. This committee would be called "The Community of Interests". This group would then come together to discuss appropriate access management of roads and trails on a watershed basis. The forest service will then take the decision or options the group hashed out and consider them when deciding what to do with a road or trail as long as the decision is within the environmental laws and the N.E.P.A. (National Environmental Protection Act). The Forest Services hopes that this process will smooth out the many differences of opinion on how to manage roads and trails. This way of going about making decisions on the national forests may be a year or two down the road and many questions have to be answered, such as:

1. Will there be a yearly review of the group and the process.
2. Who will be on the committee and how will they be picked.
3. How can it be on a watershed basis when animals and plants cross water shed lines.
4. Will the committee be supplied with the proper biology information they need to make an informed decision.

These and many more questions will have to be answered but in the meantime keeping in contact and voicing our opinions are as important as ever. I plan to keep the Everett Mountaineers involved with this process so please help out and contact me with your opinions and questions on this or any subject.

Lou Coglas 672-4521



COORDINATOR NEEDED

After several years of successfully acting as the liaison between the Everett Mountaineers and The Mountaineer, our monthly clubwide magazine, Jeanne Nindel-Edwards is looking forward to doing something else on the 20th and 25th of each month. Please consider volunteering to succeed Jeanne in this essential role. More information about the requirements can be obtained from **Jeanne** at 355-9120

INTRODUCING CATHY

The Everett Mountaineers are fortunate to have Cathy Lewis volunteer to be our current Program Committee Chairperson. In addition to being active with the Everett Mountaineers, Cathy also belongs to the Skagit Alpine Club (she works in Skagit County). She brings a broad base of backpacking, hiking, scrambling and skiing experience to her new position. If you have any ideas or suggestions for future programs please call **Cathy** at 355-1471.

SKI TOURS 1993

Nordic Tours

Feb. 20, Saturday - Deer Creek Rd. (AB) (GT Silverton) 9 Miles; 1500' gain. Leader: Ginger Decker 691-5644 CCST1

Mar. 6, Saturday - Kendall Peak Lakes (B) (GT Snoqualmie Pass) 1700' gain; 8 Miles. Leader: Lee Conrad 821-6679 CCST2

Mar. 12-15, Friday - Monday - Crater Lake Circumnavigation, OR (A) (USGS Crater Lake National Park) 1000' gain; 33 Miles. Party members must be experienced in snow camping, have the ability to ski with a full backpack, and be in good physical condition. Leader: Ron Smith 347-0763

Mar 20, Saturday - Twin Lakes Leader: Bill Iffrig 334-2126 CCST

Telemark Tours

Mar 6, Saturday - Norse Peak (T1) (GT Bumping Lake) 2700' gain; 9 Miles. Leader: Fred Arima 488-2681 BS

April 10-12, Saturday - Monday - Goat Rocks (T1/T2) Leader: Fred Arima 488-6281

May 15, Saturday - Camp Muir (T1) (GT Mt. Rainier E) Leader: Chris Johnson 820-9344 BS

Ski Mountaineering

Feb. 20-21, Saturday - Sunday - Mt. Shuksan, Sulphide Glacier (M3) Basic Climbing Course graduation or equivalent required. ARB's required. Trip will be rescheduled for successive weekends if weather or snow conditions are not acceptable. Limit 4. Leader: Chris Johnson 820-9344 BS



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OFFICERS:

Chair:	Dennis Miller	335-5336
Vice Chair:	Andy Boos	258-619
Secretary:	Ginger Decker	691-5644
Treasurer:	Bob Crunkilton	334-9443
Trustee:	Gail McClary	337-7712

KEY PERSONNEL

Alpine Scramblers:	Ron Smith	347-0763
Climbing:	David White	368-8178
Communications:	Sandy Bingaman	659-5461
Conservation:	Louis Coglas	672-4521
Explorer		
Scout Post:	Doug Donaldson	546-3501
First Aid:	Mike Jones	568-0106
Folkdance:	Laurie Akers	659-6559
Hiking:	Linda Sebring	742-4351
Lookout/Trail		
Maintenance:	Jerry Thompson	653-7390
Membership:	Dana Miller	335-5336
Programs:	Cathy Lewis	335-1471
Skiing:	Connie Bennett	568-7773
Social:	Vera Bonner	334-4749
Promotions:	Forrest Clark	487-3461

*Seattle Clubhouse Toll-free number
for all Mountaineer business based in Seattle
1-800-573-8484*

MEMBERSHIP MEETING

Wednesday

March 3rd 1993

6:30 p.m. annual potluck
Everett Congregational Church
in downtown Everett,
2624 Rockefeller

PUBLICATION DEADLINE

Submission deadline for our
Spring /Summer
Newsletter is April 30st 1993.
Please contact
Sandy Bingaman at 659-5461
for additional information.

The Everett Mountaineers
PO Box 1848
Everett, WA 98206

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