



# THE EVERETT MOUNTAINEERS NEWSLETTER

No. 57, December, 1990

Everett Mountaineers, P.O. Box 1848, Everett, WA 98206

## CALENDAR OF EVENTS

### DECEMBER

- 5th First Aid Meeting
- 14th Folkdance
- 19th Lookout & Trail Maintenance Meeting
- 20th Deadline for February Bulletin

### JANUARY

- 2nd Business Meeting "Cross Country Skiing"  
Article Deadline for February Newsletter
- 3rd Basic Nordic Class
- 7th Registration open for MOFA
- 8th Snowshoe Class Begins
- 10th Basic Nordic Class
- 11th Folkdance
- 12th Nordic Ski Field Trip
- 15th Snowshoe Class
- 16th Intermediate Climbing Course Begins

- 17th Basic Nordic Class
- 19th Intermediated Field Trip  
Nordic Ski Field Trip
- 20th Deadline for March Bulletin  
Snowshoe Field Trip

- 22nd Snowshoe Class
- 30th Hiking Committee Meeting-

### FEBRUARY

- 6th Business Meeting, "Alaska" by Fred Harnish, Darrington Ranger  
Article Deadline for March Newsletter
- 8th Folkdance
- 3th Intermediate Climbing Class
- 19th Basic Climbing Class Begins
- 20th Deadline for April Bulletin
- 23rd-24th Intermediate Field Trip
- 26th MOFA Course Begins

## PRESIDENT'S MESSAGE

Congratulations to longtime Everett Mountaineer, John Wynne in his recent election to the Washington State House of Representatives, District 39A. We all know John will be a great State Representative.

Wayne Cunningham has been appointed the new chairman of the Communications Committee. Wayne has been involved in publishing the newsletter for the last six months. One of Wayne's major goals will be to get information on the Everett Mountaineers activities and accomplishments into the local press and into other organizations of similar interests as the Mountaineers. We would also like to thank Beth Seacord-Case for all the fine service she has given us in her years of doing the Newsletter and chairing the Communications Committee.

Neil Johnson has been appointed chair of the Alpine Scramblers Committee taking over for Dennis Miller who is stepping down after three years of rebuilding the Scramblers Program. It is thanks to dedicated members like Dennis, that we are such a great Branch. Neil Johnson has been a member of the Scrambling Committee for seven years and knows very well what it takes to have a progressive growing scrambling group.



## WELCOME

### TO OUR NEW MEMBERS!

Please help us to welcome our new members!



## GET WELL WISHES

Long time Everett Mountaineer member, Gordon Uran Sr. recently suffered a stroke. Gordon is back home with wife, Johanna, after a two week stay in the hospital. Those who know Gordon may wish to send a get well note (7608 E. Lowell Larimer Road, Snohomish, WA 98290). Gordon has been a active member since 1931, longer than any other member in the branch. We wish you a speedy recovery.

## 1991 BASIC CLIMBING COURSE

The 1991 Basic Climbing Course is scheduled to begin February. This course is co-sponsored by the Everett Mountaineers and the Everett Parks department, and is open to non-Mountaineer members. The course fee is \$85 for members and \$110 for non-members. The following is the entire course schedule. For more information, please contact Dick Schneider (Course Coordinator) at 252-9278.

DATE	LECTURE
2-19	Orientation, Registration, Equipment
2-26	MOFA
3-5	Climbing Code, Map and Compass, Knots
3-12	Map and Compass, Knots
3-19	Belay, Anchors, Leader Tie Off
3-26	Knots, Fashion, Alpine Cuisine
4-9	Rock Climbing, Rappelling
4/23	Snow Climbing, Snow Shelters
4-30	Avalanche, Wilderness Ethics
5-7	Mountain Rescue, Practical Skills Test, Take Home Test
5-14	Glacier Travel, Crampons
5-21	Final Exam
5-28	Pot Luck

DATE	FIELD TRIP
3-9/10	MOFA (Forest Park)
3-23	Fundamental (Forest Park)
4-13	Rock I (Camp Long)
4-20/21	Rock II (Leavenworth)
5-4/5	Snow I (Mt. Baker)
5-18/19	Snow II (Mt. Baker)

\*\*\* All lectures will be held at Legion Hall (Legion Park) in North Everett, at 7:00 P.M., except MOFA which will be held at Lions Hall in Forest Park.

**PLEASE REFER TO THE MOUNTAINEER FOR MORE INFORMATION REGARDING FOLKDANCING, COURSES AND OUTDOOR ACTIVITIES.**

## 1991 MOFA COURSE (MOUNTAINEERING ORIENTED FIRST AID)

The first MOFA Course to be offered by the Everett Mountaineers in 1991 will be held in February. The lecture will be on Tuesday, February 26th, starting at 7 PM at Lions Hall in Forest Park, Everett. The weekend field review will be held on Saturday and Sunday, March 9th and 10th at Forest Park. Registration is through the Everett Parks Department. You may register for MOFA after January 7, 1991. Please call 259-0300 for further information. The course fee will be \$20 plus books.

There will be a second MOFA course offered for Everett Branch members in early June. If you are planning on enrolling in the Climbing, Alpine Scramblers or Telemark Skiing courses, please be advised that MOFA is a requirement for graduation from those courses. You may take any MOFA Course offered by any branch of the Mountaineers to fulfill this requirement. There will be a class size limit of 100 registrants for the February course, so plan accordingly. Watch for upcoming issues of the Mountaineer and the Everett Newsletter for further MOFA classes and information.

## LOOKOUT AND TRAIL MAINTENANCE UPDATE

- Shutters have been closed on Mt. Pilchuck for the winter.
- Carol Jacobsen is to be Project Director for Three Fingers Lookout.
- Henry Kral took pictures of the lookout in its present condition.
- Jerry Thompson to direct committee to increase Mountaineer involvement with trail maintenance projects.
- New subcommittee to be formed to define, develop, and organize the Everett Mountaineer involvement with the Evergreen Mountain Lookout.

Lookout and Trail Maintenance next meeting will be 12/19/90 at Monaco's restaurant on Evergreen Way in South Everett at 7:00 pm.

## 1991 INTERMEDIATE CLIMBING COURSE

The 1991 Intermediate Climbing Course will begin in January. Please refer to the November issue of the Mountaineer for complete course registration and eligibility requirements. The course fee is \$75. The following is the entire course schedule. For further information, please contact Gail McClary at 337-7712.

DATE	LECTURE
1-16	Orientation
2-13	Winter Bivouac/Survival/ Avalanche Awareness/ Rescue Beacons
3/13	Rock Climbing, Rock Rescue
6-12	Expedition Climbing
6-19	Ice Climbing
DATE	FIELD TRIP
1-19	Fundamentals Review (Spire Rock, Tacoma)
2-23/24	Winter Bivouac (Stevens Pass)
3-16	Rock Rescue (Mt. Erie)
4-6/7	Rock I (Leavenworth)
4-27/28	Rock II (Leavenworth)
7-13/14	Ice I (Mt. Baker)
8-3/4	Ice II (Mt. Baker)

\*\*\* All lectures will be held at the Swallows' Nest in Everett at 7 PM.

## SNOWSHOEING COURSE

The Everett Branch will offer a snowshoeing class. Classes will be held on January 8, 15, and 22nd. The date of the field trip is January 20th. Call Mike Beeman (688-8475 evenings) if you are interested, or attend the first meeting at The Swallows Nest in Everett on January 8, from 7 to 9 p.m.. Cost will be \$10.00 for members, \$15.00 for non-members.

## SKI INSTRUCTORS AND LEADERS NEEDED!

If you are interested in leading tours or helping to instruct at field trips, please contact Beth at 365-8042 for basic Nordic or Scott at 337-2140 for Telemarking.

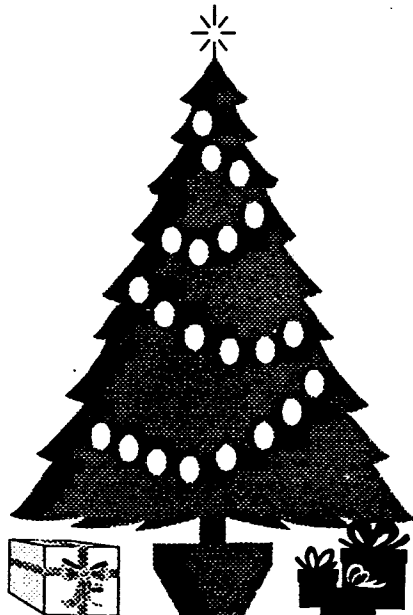
## FIRST AID INSTRUCTORS COURSE

The Everett Branch will be offering a Red Cross Standard First Aid Instructor Course in January, 1991. There will be a general information meeting about the course at 7 PM on December 5th at Gail McClary's House. Please notify Gail by Thanksgiving if you plan to attend (337-7712). Further details regarding the course will be shared at that time. Course instructor will be Rick Fuhrman.

## EVERETT BRANCH FIRST AID COMMITTEE

Are you looking for a way to get involved with the Everett Branch? Do you have an interest in first aid? Please consider joining the new First Aid Committee if you answered yes to these two questions. Our branch has grown significantly over the past few years and we recognize the need for our own First Aid Committee to address Everett's first aid needs. Gail McClary will be the temporary Committee Chair. If you have an interest or any questions, please contact her at 337-7712.

## MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL



## CLIMBS OF THE FUTURE

Many climbers know of unique and fascinating mountain that they would like to climb someday. This particular peak may have been on their mind for years and they are just waiting for the right moment or opportunity to "go for it". Here is a list of some special peaks from Everett Mountaineers and the reasons they want to climb.

Mike Bacon - Alpamayo (Peru)  
"Because it is a gorgeous mountain with a perfect pyramid of 50 to 60 degrees ice for about 2,000 feet."

Tom Borst - Thompson and Kendall  
"Because they are the last peaks I need to qualify for the Snoqualmie "First Ten Peak Pin."

DeForest Eveland - Amphitheater and Cathedral - "Because these two peaks together are remote, relatively unknown, and rarely climbed."

Craig Fryhle - Torment  
"Because it is a North Cascade peak and I like the area and I like the name."

John Graham - Pickett Range - "Because I can really get excited about anything in the Pickett Range and since I haven't been there, there is that lure of the unknown."

Bill Iffrig - Hozomeen - "Because I've read Fred Beckey's description of this climb and it sounds great!"

Chris Johnson - Shuksan -  
"Because it is a beautiful mountain and I've scheduled it three times and Haven't made it yet!"

Larry Longley - Redoubt - "It intrigues me since I've heard so much about it and it is supposedly the most difficult of the "Classic Eight"."

Ruth Martin - Eldorado -  
"Because I saw it from a distance one time and it really looks neat!"

Gail McClary - McKinley -  
"Because I want to give one more serious try for the summit!"

Sam McClary - Stuart, North Ridge  
"Because it has a nice line, good rock, and it is in a good location

. "Karen Sizemore - Glacier Peak "Because I look at it outside my window and I've wanted to climb it for years!"

Arthur Wright - Rainier -  
"Because it is the tallest in the state and very popular and because I've never been there!"

Submitted by DeForest Eveland

## HIKING COMMITTEE MEETING

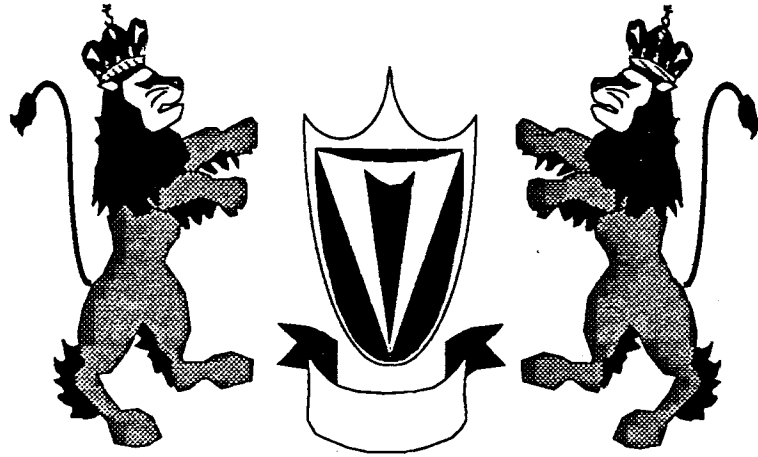
The next Hiking Committee meeting will be Wednesday, January 30th. It will be held at 7:00 P.M. at Joan Comb's, 3711 164th Street S.W. #K-240, Lynnwood. We will be planning activities for April, May and June, 1991. New leaders are welcome! Call John Witters for details: 353-4672 (H), 356-5274 (W).

## MT. BAKER- SNOQUALIMIE NATIONAL FOREST

The headquarters office of the Mt. Baker-Snoqualmie National Forest has recently moved from downtown Seattle to Mountlake Terrace in South Snohomish County. The new office is at 21905 64th Ave. West, Mountlake Terrace, just west of I-5 exit 179.

## FOLKDANCING

Second Friday Dance, December 14. Join us for a fun evening of dance with Lee Werre, an experienced Ballroom teacher. Instruction will be from 8 to 9 p.m. with emphasis on Fox-trot and Swing. Waltz's and Schottisch dances will follow, or others as people wish, from 9 to 11:30 p.m. Dance programs are at Floral Hall, Forest Park in Everett. Donations of \$3.00 per person is appreciated. For info call Gordon (353-2085 or Lori (659-6559).



## Mountaineer Awards

The Everett Mountaineers held their annual awards banquet on November 17, 1990. Awards were presented for the following categories: Lookout Peaks, Mileage, various Course Graduates, Climbing Awards, the Ken Nelson Memorial Award and the Distinguished Service Award. Congratulations to all.

### KEN NELSON MEMORIAL CLIMBING AWARD

Dick Schneider was awarded the annual Ken Nelson Memorial Climbing Award for 1990 at this years annual awards banquet. This award was established in memory of Ken Nelson, who contributed much to the Everett Climbing program before his untimely death while climbing Mt. Robson. This award is meant to recognize distinguished service to the climbing courses in the Everett Branch. Dick Schneider has been a valuable part of our climbing courses ever since he took the Basic Climbing Course in 1980. Dick has been a member of the climbing committee for several years and has most recently been the coordinator of the

Basic course. Dick is lovingly referred to as "Mr. Wonderful" by the Everett climbers, partly due to the tremendous concern and commitment he gives to "his students". We are proud to recognize Dick with this award for all of the contributions he has made to the Everett climbing programs.

Past recipients of the Ken Nelson Memorial Climbing Award are:

1986	Steve Kieffer
1987	Jack Bennett
1988	Bill Iffrig
1989	Jerry Thompson

### DISTINGUISHED SERVICE AWARD

The 1990 Everett Mountaineers Distinguished Service Award was presented to Ted Case. Ted has been a member since 1975 when he took the Basic Climbing Course. He was instrumental in establishing the first aid course in Everett in 1975 and has been involved in teaching the MOFA course every since its beginning. In addition to all of Teds work with first aid, he

helped organize and teach the first avalanche course offered in Everett. Avalanche training has been an integral part of all of Everetts climbing, scrambling, and ski courses ever since. Ted has been involved on the Climbing committee for many years and has been a very active instructor and field trip coordinator. As the coordinator of the Basic Climbing Course for a number of years, Ted has had a real influence in helping to develop the course to where it is today. Ted also helped to develop the Telemark course and has been the chairman of the ski committee for the past three years. Ted remains a very active Mountaineer and has contributed in so many ways to help make the Everett Branch what it is today. It is with great pride that we recognize Ted Case as the recipient of the Everett Mountaineers Distinguished Service Award for 1990. Past recipients are:

1984	Bill Iffrig
1985	Dorothy Phillip
1986	Henry Kral
1987	Steve Phillip
1988	Dolores Wagner
1989	Don Heck

## Basic Climbing Course Graduates

### Lookout Peak Award

Dolores Wagner

### Mileage Awards

#### 100 Miles

Joan Combs Susan Gardsbane  
Vera Shimer

#### 200 Miles

Lynette Andres Linda Nyman  
Marge Schaller Vera Shimer

#### 600 Miles

Heidi Ondrasik

#### 800 Miles

Dolores Wagner

#### 1000 Miles

Dorothy Beeman  
Forest Clark  
Beverly Robison

#### 1500 Miles

John Witters

### Alpine Scramble Graduates

Linda Balsiger	Andrew Brown
Sandra Brown	Jay Carey
Wendy Carlson	Al Clarke
Coleen Easley	Judith Faulhaber
Shawn Haver	Diane Jochimsen
Lucy Johns	Catherine Lewis
Jeff Littlejohn	Dawn Mead
Robert Pederson	Rebecca Pierce
Maxine Rais	Jennifer Robinson
Duane Sandrin	Nancy Solheim
John Solheim	Jerry Wade
Dick Wright	Rich Stewart
Corey Venema-Weiss	

### Telemark Ski Graduates

Chris Johnson Ron Smith

### Basic Nordic Skiing Graduates

Linda Burke	Corlan Carlson
Wendy Carlson	Colleen Easley
Rachel Knight	Linda Lofton
Paul Trummel	Mary Ann Maxson

Gene Baker	Mike Bueler
Dennis Bruce	Andy Brown
Louis Coglas	Lewis Cousineau
Larry Darley	Debbie Epperson
Walt Estep	Randy Fritch
Gabriel Garcia	Suzanne Grischott
Rob Hopkins	Jeff Leason
Robert Mathews	Frank Merritt
Timothy Myers	Val Nelson
Linda Palmer	Mike Parnell
Aaron Racicot	Mark Racicot
Dave Schwab	Tom Seguiné
Rich Stewart	Steve Thorton
Thom Truskis	Rick Zalhalka

## CLIMBING AWARDS

### Five Majors Peaks

Heidi Ondrasik - For climbing:

Mt Rainier	(14,410)
Mount Adams	(12,307)
Mount Baker	(10,778)
Glacier Peak	(10,528)
Mount Olympus	(7,954)

**Everett Peaks** - Climbing any six peaks within a group constitutes Everett Bronze Award. Climbing twelve peaks (any two groups with at least six peaks per group) constitutes the Everett Silver Peak Award. Climb at least six peaks out of each group qualifies for the Everett Gold Peak Award.

### Darrington Group

Mt Chaval	(7,127)
Jumbo Mountain	(5,840)
Liberty Mountain	(5,688)
Pugh Mountain	(7,201)
Three Fingers Lookout	(6,870)
White Chuck Mountain	(6,989)
Whitehorse Mountain	(6,852)

### Monte Cristo Group

Big Four Mountain	(6,135)
Cadet Peak	(7,186)
Columbia Peak	(7,172)
Del Campo Peak	(6,610)
Silvertip Peak	(6,140)
Sloan Peak	(7,835)
Vesper Peak	(6,214)

### Index Group

Baring Mountain	(6, 125)
Gunn Peak	(6,245)
Mt. Index	(5,979)
Merchant Peak	(6,113)
Mount Persis	(5,452)
Spire Peak	(6,213)
Mount Stickney	(5,367)

### Everett Bronze Peak Award

Edythe Hulet  
Robert Hulet  
Thomas Kovich  
Larry Longley  
Jim Pommert

### Everett Silver Peak Award

Jerry Thompson

### Everett Gold Peak Award

Warren Guntheroth

### Classic Eight Peaks

Mount Redoubt	(8,956)
Eldorado Peak	(8,868)
Mount Goode	(9,200)
Mount Logan	(9,087)
Bonanza Peak	(9,511)
Forbidden Peak	(8,815)
Mount Challenger	(8,236)
Dome Peak	(8,920)

The "Classic Eight" some of the most remote, difficult and time consuming peaks in the North Cascades. We are honored this year to present this award to:

Connie Bennet  
Jack Bennet  
Craig Fryhle  
Art Hedstrom  
Gail McClary  
Dick Schneider

## SOCKEYE SALMON

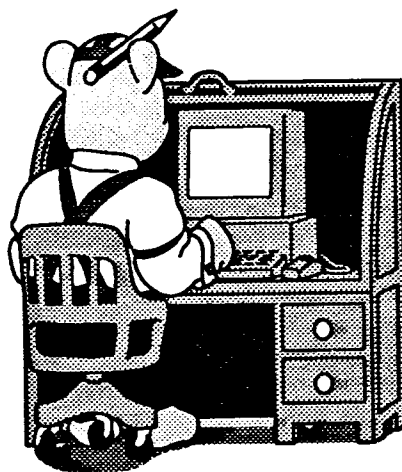
A few weeks ago, I had the opportunity (along with several other Mountaineers) to visit Roderick Haig-Brown Provincial Park and see the largest salmon run in North America.

It was estimated that 4,000,000+ sockeye salmon returned 350 miles up the Fraser River from the ocean to spawn on the Adams River in British Columbia. These salmon travelled at an average rate of 18 miles per day for 21 days, with no food, to reach their spawning grounds. Along the way their bodies changed color from silver to crimson red with green heads. The males developed humped backs and hooked snouts, the females swelled with about 4,000 eggs.

In good natural spawning grounds such as the Adams River, two adult salmon will produce approximately 4,000 eggs. About 20% or 800 of the eggs will survive the winter to become fry. About 75% (or 600) of the fry are eaten by predators before they reach smolt size (about 4" in length). Usually only 5% (10 each) of the smolts survive the ocean migration of several thousand miles; lasting three to six years to return to the river of their birth. Each pair of spawners produce an average of 10 fish that mature. Of these, normally eight salmon are caught in the sport and commercial fishery and only two return to the spawning grounds to start the next generation.

Because it is living it is more vulnerable than any other resource to the carelessness of man. The Pacific salmon requires from us only clean, cool water and undisturbed stretches of gravel in streambeds. It needs no fertilizing, feeding, spraying, pruning, or coralling; its food is in the rivers and the sea. It is a self-renewing resource, requiring no vast areas of land or huge investments of capital to perpetuate itself. Treated with respect by its neighbors on the land lining its rivers and harvested with restraint, the salmon will last forever.

Roderick Haig-Brown, the man who did so much to preserve the salmon runs and for whom the park is named, added that sockeye "are a test of a healthy environment, a lesson in environmental needs. Their abundant presence on spawning beds is a lesson of hope, a reassurance that all is still well with the water and land, a lesson of deep importance for the future of man.... If there is ever a time when the salmon no longer return, man will know he has failed again and moved one stage nearer to his own final disappearance."



## HIKING

January 1st, Tuesday, Boulder River. Easy, 8 miles, 1,000' elevation gain. Leader: Forrest Clark 487-3461. Joan Combs 743-7561. Footsore 3, pg. 57.

January 6th, Sunday, Wild River. (USGS Mt Si). Explanatory, 2 miles, 200 ft elevation gain. Leader: George Swan, 743-0309. Footsore 2, pg. 37.

January 12th, Saturday, White Chuck Bebach Trail, Easy. Leader: Forrest Clark 487-3461.

January 13th, Sunday, Chuckanut Mountain, Easy, 6.5 miles, 1100 ft elevation gain. Leader: Vera Shimer, 334-8038. Footsore 3, pg. 102.

January 20th, Sunday, Cherry Creek Jungle. Explanatory, 2.5 miles, 200 ft elevation gain. Leader: George Swan, 743-0309. Footsore 2, pg. 139.

January 23rd, Wednesday, Skagit Flats Wildlife Area. Easy, 6-10 miles, 0 ft elevation gain. Leader: Dolores Wagner, 568-3828.

January 26th, Saturday, Mt Walker. Moderate, 11 miles, 2600 ft. elevation gain. Leader: Forrest Clark 487-3461. Footsore 3, pg. 105.

February 2nd, Saturday, Fragence Lake. Easy, 4 miles, 1000 ft. elevation gain. Leaders: Forrest Clark 487-3461, Joan Combs 743-7561. Footsore 3, pg. 105.

February 3rd, Sunday, English Boom. Easy, 6 miles, 0 ft. elevation gain. Leader: George Swan, 743-0309. Footsore 3, pg. 136.

February 16th, Saturday, Beaver Lake. Easy, 7 miles, 1000 ft. elevation gain. Leaders: Joan Combs 743-7561, Forrest Clark 487-3461. Footsore 3, pg. 39.

February 17th, Sunday, TBA, Leader: Linda Moore, 347-7650

February 20th, Wednesday, Seward Park and Lake Washington BVL. Mileage up to participants. Leader Dolores Wagner, 568-3828

February 23, Saturday, Dungeness Spit. Moderate, up to 11 miles, no elevation gain. Leader: Vera Shimer, 334-8038, Footsore 3, pg. 220.

March 16th, Saturday, Dungeness Spit. Moderate, up to 11 miles, no elevation gain. Leader: Joan Combs 743-7561. Footsore 3, pg. 220.

March 20th, Wednesday, Ebey's Landing. Easy, 3.5 miles, 240 ft. elevation gain. Leader Dolores Wagner, 568-3828. Footsore 3, pg. 169.

(Continued page 7, column 3)

## 1991 BASIC NORDIC SKIING COURSE

There are still slots available in the course.

This course is designed especially for the beginner who wants to ski off track as well as on groomed trails. The emphasis is on skiing fun and safety.

Experienced skiers are welcome! Brush up on your technique, meet new people with whom to ski and lend your enthusiasm to the class. More experienced students will ski greater distances and build on existing skills.

Lectures are Thursday evenings, 6:45-10, January 3, 10, and 17 at Everett "Swallows Nest". Topics include equipment selection, winter hazards and basic ski techniques.

Field trips will be all day, Saturdays January 12, and 19. The student instructor ratio will be no more five students per instructor, usually 3-4...

On the field trips you will practice how to put on equipment, do the diagonal stride, turn on the flat and on gentle slopes, slow down, stop and fall safely. At least one field will be on groomed trails, possibly both, depending on conditions. We will also practice off track skiing with a day pack.

Tours will be listed in the Mountaineer and in the handout in class. Tours will be offered on groomed trails, logging roads and in the back country. The ten essentials and other day gear are required on field trips and tours.

You do not have to be in exceptional shape to take the course, but you should be in reasonable condition to get the most out of it. Stretching exercises combined with fast walking, hiking and bicycling are all enjoyable ways to increase endurance and flexibility.

To graduate, attend the three lectures, complete the two field trips, participate in one Mountaineer-sponsored ski tour and apply in writing to the ski

committee before October 1, 1991. you must be a Mountaineer member prior to this date to receive a certificate.

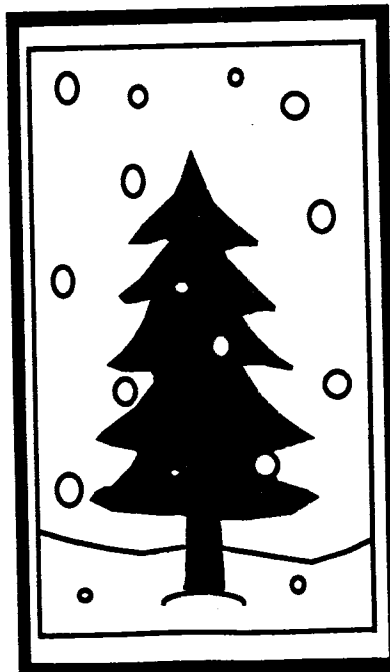
Cost: \$15.00 (\$30.00 for non-members). You are responsible for obtaining your own equipment. If you do not already own equipment, we recommend renting until you determine the type most appropriate for the skiing you will be doing.

To apply: Send your name, address, telephone number, membership status and whether you are a beginner or an experienced skier, along with a check made out to The Everett Mountaineers, to Beth Seacord-Case, 16304 25th Place NE, Seattle, WA 98155.

Applications accepted first come, first served, with members receiving priority. You will be notified that you are in the class and a packet containing additional information.

If you have any questions, please call Beth at 365-8042 (before 9:00 P.M. please).

THINKING SNOW!



## BICYCLE TRIPS

January 6th, Sunday, Snohomish - Lowell Loop. Leader: Forrest Clark 487-3461.

February 23rd, Saturday, Orcas Island. Leader: Forrest Clark 487-3461.

## BACKPACKING

March 30-31 Weekend, High Rock Lookout. Easy. Leader: Forrest Clark 487-3461.

## SNOWSHOE TRIPS

March 2nd, Saturday, Lanham Lake. Easy. Leader: Forrest Clark 487-3461.

### PUBLICATION DEADLINES

Submission deadline for the February Bulletin is December 20. Please send these to the P.O. Box, Attn. Virginia Lachmann, Bulletin Coordinator. Submissions for the February Newsletter are due January 2, 1991. Send these to the P.O. Box or give them to Wayne at the business meeting.

### BUSINESS MEETING, JANUARY 2, 1991

The next business meeting will be Wednesday, January 2, 1991, at the Everett Congregational Church in downtown Everett, 2624 Rockefeller at 7:30 P.M.. All members and guests are encouraged to attend. A slide program on "Cross Country Skiing" presented by the Skiing Committee will follow the business meeting.

There will be NO Business Meeting in December due to the holidays.

### LOOKOUT PHOTOGRAPH AVAILABLE

A nighttime photo of the Mt. Pilchuck Lookout with star trails in the sky, taken by Lynn Schnid and Stan Kostka, is now available. The 11x14 unframed photo is \$20.00. It will be available at the monthly meetings through the T-Shirt Committee. Proceeds go to the maintenance of the Lookout. Call Forrest Clark, 487-3461.

**1985, THE YEAR OF  
LIVING DANGEROUSLY,  
THE FINAL CHAPTER.**

In our last episode, our hero was left lying in the road after a car-bicycle accident. After making that one driving mistake, the woman driving the car did all the right things. She called for Medic 1, and covered me with something to keep warm. As the paramedics took me to the hospital, they told me they were very happy that I was wearing a helmet. When x-rays came back the doctor announced; "You have a fractured patella". "Say what?" I asked. "A broken kneecap" the doctor said. I'll spare you the details of the surgery and the physical therapy that followed. After the surgery they gave me a foam rubber and velcro brace that reached from my hop to my ankle. I'd made plans to take a vacation in Hawaii in December, so I asked the surgeon if it would still be O.K. to go. "Sure" he said, "Just keep the brace on, and don't do any hiking." A few months later when I got to take the brace off, the doctor said that bicycling would be good therapy. Unfortunately, my bike was no longer in any shape to be ridden.

For the benefit of those joining this mini-series late, here is a summary of the interesting things that happened to me in 1985. In July my car had a flat tire and overheated engine while returning from a backpacking trip. We

got snowed on during a backpacking trip in August and I rolled my car on a logging road. In September our transportation home was stolen from a trailhead, another backpack trip got cut short by snow, and my car blew a head gasket on the way to a backpacking trip in the Olympics. In October a dayhike turned into an overnight trip because of a rising river, and I broke my kneecap in a car-bicycle accident.

Well, I did enjoy my trip to Hawaii, even with a cast on my leg. I even went back a year later and did a little hiking there. I still own the same car I did in 1985, and it's been fairly reliable since then. The knee is uncomfortable to kneel on, but doesn't bother me otherwise. Finally, I haven't had anything nearly as interesting as 1985 happen to me since then, for which I'm grateful.  
-John Witters



**BRANCH OFFICERS**

<b>Branch Chair</b>	
Larry Longley	252-1669
<b>Vice Chair</b>	
Dorothy Beeman	668-8475
<b>Secretary</b>	
Linda Nyman	789-0987
<b>Treasurer</b>	
Diane Duffy	259-1667
<b>Trustee</b>	
Don Heck	347-6849

**STANDING COMMITTEE  
CHAIRS**

<b>Alpine Scramblers</b>	
Neil Johnson	659-9034
<b>Climbing</b>	
Gail McClary	337-7712
<b>Communications</b>	
Wayne Cunningham	258-8946
<b>Conservation</b>	
Corlan Carlson	525-4559
<b>Explorer Scout Post</b>	
Doug Donaldson	347-4182
<b>Folkdance</b>	
Laurie Akers	659-6559
<b>Hiking</b>	
John Witters	353-4672
<b>Lookout / Trail Maintenance</b>	
Jerry Thompson	653-7390
<b>Membership</b>	
Dana Miller	745-5846
<b>Skiing</b>	
Ted Case	365-8042
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Vera Shimer	334-8038

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