Mountaineers Books is an independent nonprofit publisher.
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**BRAIDED RIVER** features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

**SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.
New volume of intimate, compelling, and diverse tales about our national parks, from the creators of the bestselling book *Campfire Stories*

- Features stories from Grand Canyon, Everglades, Olympic, Glacier, and Joshua Tree National Parks and the Appalachian and Pacific Crest National Scenic Trails
- Includes a diverse range of writers

Inspired by America’s beloved national parks, *Campfire Stories Volume II* is a collection of modern prose, poetry, folklore, and more, featuring commissioned, new, and existing works from a diverse group of writers who share a deep appreciation of the natural world. While the original *Campfire Stories* captured many historic tales reflecting the first 100 years of the National Park Service, this completely new collection, focused on five different parks (plus two long-distance trails), depicts the parks as we know and experience them today.

Contributors represent a range of rich and diverse voices, including from the BIPOC and LGBTQ+ communities. Award winners such as Lauret Savoy, Rae DelBianco, and Terry Tempest Williams; newer voices including Derick Lugo, Rosette Royale, and Ed Bok Lee; and even a poet laureate, Rena Priest—all share their unique perspectives on our national parks and trails. These new campfire stories revel in each park’s distinct landscape and imaginatively transport the reader to the warm edge of a campfire ring.

**ABOUT THE AUTHORS**

**ILYSSA KYU** is a design researcher focused on inclusion at frog design, a global creative consultancy, and the founder of Amble, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. **DAVE KYU** is a socially engaged artist, writer, and arts administrator. Born in Seoul, South Korea, and raised in the United States, he explores the creative tensions of identity, community, and public space in his work. They live with their two daughters outside of Philadelphia and are always seeking adventure and connection in the outdoors.

**ALSO OF INTEREST**
THE WANDERER
An Alaska Wolf’s Final Journey
TOM WALKER

The incredible journey of a lone wolf 2,600 miles across Alaska and Canada

• Conveys natural history and our complex relationship with wolves through powerful storytelling
• First book ever to chart a wolf’s movement, almost to the day, for an extended period of time

Informed by unique access to research and field notes, award-winning author, photographer, and naturalist Tom Walker shares the story of Wolf 258, nicknamed “the Wanderer,” part of a research project that studied wolves in Alaska’s Yukon–Charley Rivers National Preserve for more than two decades. A GPS collar recorded the animal’s coordinates once a day as it moved through the wilderness. To the amazement of all, the Wanderer traveled more than 2,600 miles in about six months. To tell this story, Walker had unparalleled access to research and field notes, including the cooperation of the biologist who first collared the Wanderer and the wolf researcher now assigned to Yukon–Charley.

The Wanderer recounts the compelling life of one particular wolf, while examining the broader complexity of the species as a whole and its struggle for survival. Walker explores not only the natural history of wolves, but the relationship of people—Indigenous, pioneers and settlers, biologists, politicians—to this predator, shedding light on the long northern traditions of trapping and hunting, the tangled politics of wolf management, and the futility of borders to contain large mammals.

ALSO OF INTEREST

ABOUT THE AUTHOR

TOM WALKER has been a rodeo cowboy, horse packer in the Sierra Nevada, wildlife conservation officer, wilderness guide and technician, log-home builder, documentary film advisor, and journalism professor at University of Alaska–Anchorage. A photographer and writer, he is the author of more than a dozen books centered on Alaska, including Wild Shots, Alaska Wildlife, and The Seventymile Kid. His work has been featured in Alaska Magazine, Field and Stream, Readers’ Digest, Newsweek, Audubon, Sierra, and more. Living in Alaska for more than five decades, Walker resides in a log house on the edge of Denali National Park.

ONLINE:
tomwalkerphotography.com
DIRTY GOURMET PLANT POWER
Food for Your Outdoor Adventures

AIMEE TRUDEAU, EMILY NIELSON, AND MAI-YAN KWAN

Beautiful and practical guide for outdoor cooking with modern, healthy, plant-based recipes to boost any outdoor adventure!

- Includes 126 vegan recipes with full-color photos
- Tips on how to adapt or "campify" favorite home recipes
- Recipes can be easily adapted to include meat and dairy

From the bestselling authors of Dirty Gourmet: Food for Your Outdoor Adventures, comes a brand new cookbook! The recipes in Dirty Gourmet Plant Power focus on vegan recipes with a global twist. In the spirit of inclusivity and accessibility, the authors have included snacks and meals that work great for play dates at the local park or picnics on the beach, as well as food-fuel for urban and day hikes and on longer wilderness outings. With details on how to do your own dehydrating—though with no shaming for buying pre-dehydrated goods—and helpful tips about equipment and basics to keep on hand, Dirty Gourmet Plant Power will have you enjoying scrumptious recipes like White Bean and Artichoke Pressed Sandwiches, Tahini Soba Noodles, and Pumpkin Pecan Pie Iron Waffles wherever you head outside!

Founded by the authors nearly 15 years ago, Dirty Gourmet sees food as fundamental to outdoor education. Their outdoor cooking blog, based on their own adventures and recipes, informs their experiential catered campouts, outdoor food-product testing, and outdoor cooking workshops. Aimee, Emily, and Mai-Yan aim to encourage both new and experienced outdoor enthusiasts to make food an inspirational part of any outing—nourishing, comforting, and delicious, no matter your nutritional needs, skill level, or destination.

ABOUT THE AUTHORS

AIMEE TRUDEAU grew up cooking and camping and studied Food Science in college. She and her kids have been vegan for over seven years. They live in Solvang, California.

EMILY NIELSON has been immersed in the outdoor industry for her entire working life. She spends her free time rock climbing and hiking with her husband and three children. They live in Upland, California.

MAI-YAN KWAN, the product of Chinese and French-Canadian parents, grew up in Quebec, Canada. A backpacker, cyclist, and knitter, she lives in Los Angeles, California.

ONLINE:
@dirtygourmet @dirtygourmet

ALSO OF INTEREST
Top Left: Garlic Pull-Apart Bread
Top Right: Charred Tofu Breakfast Sandwich
Left: Sunflower Ramen
LIVING RIVER
The Promise of the Mighty Colorado

DAVE SHOWALTER

A visually arresting and galvanizing portrayal of the living Colorado River watershed and the challenges it faces

- Engages and inspires readers on an epic watershed journey that celebrates life, beauty, and resilience
- The famed Colorado River is the lifeblood of the American West
- Addresses the antiquated water allocation guidelines that are set to be revised in 2026

With powerful visual storytelling, Living River illustrates how we can create a resilient watershed if we change our relationship with water. Exploring the endangered Colorado River from source to sea, award-winning photographer Dave Showalter provides a deeper understanding of how countless numbers of creatures and 40 million humans depend upon its water and how the futures of all are inextricably linked to the health of the river.

Starting at the headwaters in the Continental Divide, Showalter covers the wide range of issues facing the river and highlights places that demonstrate the land’s resilience, offering hope for the future. Throughout, he weaves in the stories of riverkeepers like Cynthia Wilson, who works to ensure universal access to clean water for her Diné community; Holly Richter, a conservation leader on the San Pedro River; and Tom Koerner, manager of the Seedskadee National Wildlife Refuge.

Living River forms the foundation for a robust impact campaign that will inform and influence stakeholders in the development of a new river compact, one that embraces new technology, conserves and restores our western rivers for wildlife and recreation, and recalibrates water consumption within the Colorado River system.

ABOUT THE AUTHOR

Colorado-based conservation photographer and author DAVE SHOWALTER is the author of Sage Spirit: The American West at A Crossroads and the award-winning Prairie Thunder. Dave’s photographs and articles have appeared in Audubon, Conservation Biology, Outside, Outdoor Photographer, National Parks Magazine, High Country News, Wilderness, and Colorado Life, among others. In partnership with Braided River, Dave’s exhibit “Colorado: Sage Spirit and Roaring Rivers” was displayed at Denver International Airport in 2018–2019 and was viewed by over two million people.

ONLINE:
@dshowalter_photo @dave.showalter.3 @dave_showalter

ALSO OF INTEREST
Beginning an outer office, the Green River has traveled 780 miles when its flow joins the Colorado River in the Colorado Plateau.

The open waters on the Green through Seedskadee don’t freeze here, due to swift flow from the Fontenelle Dam upstream. On the coldest mornings, ice floes scrape along shore ice and bond together in flowing slush as ice fog grips the channel. There is no “w” on these mornings—locals prefer not to say “wind” for fear of inviting Wyoming’s renowned gusts—just pure cool for an hour or so in early morning, a bit longer in the shade of tall cottonwood forest across the river and cruising outside river bends. It’s common to see swans in flight from a bend in the river where a spotted towhee pecked and scratched for grubs a few feet away.

As the snow bird (whites holly, no bigger than a medium-size crows, yellow-billed cuckoos had just arrived from Central and South America and would set up nests and raise young within two weeks, bunch, and some fledglings in just fourteen days, in time for monsoon rains. The air felt cool for an hour or so in early morning, a bit longer in the shade of tall cottonwoods. The smell of late winter wafted from a carpet of featherless muskrats, a spoor of towhee peeked and scratched for grubs when it wasn’t snowing.

THE OILPA HEADWATERS:
Pulse of a Wild River

FIVE-NOON, FIVE-NOON, FIVE-NOON!
A few bed with white belly, no bigger than a medium-size crows, yellow-billed cuckoo just overhead. I couldn’t see him, but his hard knocking was heard around Seedskadee in my breast. Colombia rain drops, yellow-billed cuckoos had just arrived from Central and South America and would set up nests and raise young within two weeks, bunch, and some fledglings in just fourteen days, in time for monsoon rains. The air felt cool for an hour or so in early morning, a bit longer in the shade of tall cottonwoods. The smell of late winter wafted from a carpet of featherless muskrats, a spoor of towhee peeked and scratched for grubs when it wasn’t snowing.

The Green River

RIVER PHOTOGRAPHY: OPENS ABOUT PICKING A SPOT AND WAITING: DOWNSTREAM SIDEWALKS, PAINTED, PRINTED, AND READY. On my first trip to Seedskadee, I invited friend and colleague Mike Forsberg, frustrated by the animal numbers of wildlife opportunities and my inability to multi-descent images as I found from one spot to another. Mike’s response: “No to the river and just breathe.” Refuge Manager Tom Koerner coached me similarly, so after a few expeditions I’d grown accustomed to trudging into a bank covered in snow and matching the river flow—going to the river to just breathe.

The open waters on the Green through Seedskadee don’t freeze here, due to swift flow from the Fontenelle Dam upstream. Over the cottonwood forest across the river and cruise outside river bends. It’s common to see swans in flight from a bend in the river where a spotted towhee pecked and scratched for grubs a few feet away. Cool for an hour or so in early morning, a bit longer in the shade of tall cottonwood forest across the river and cruising outside river bends. It’s common to see swans in flight from a bend in the river where a spotted towhee pecked and scratched for grubs a few feet away.
Science and art combine to create a poetic ecology—a field guide and literary anthology that celebrates the natural beauty of the Cascadia bioregion

- Features 128 plants and animals from the Cascadia region
- Includes writings and original artwork in a wide range of styles from diverse regional voices
- Many of the poems were commissioned specifically for Cascadia Field Guide

Cascadia stretches from Southeast Alaska to Northern California and from the Pacific Ocean to the Continental Divide. Cascadia Field Guide: Art, Ecology, Poetry blends art and science to celebrate this diverse yet interconnected region through natural and cultural histories, poetry, and illustrations. Divided into 13 bioregions, the guide includes entries for everything from cryptobiotic soil and the western thatching ant to the giant Pacific octopus and Sitka spruce, as well as the likes of common raven, hoary marmot, Idaho giant salamander, snowberry, and 120 more!

Both well-established and new writers are included, representing a diverse spectrum of voices, with poems that range from comic to serious, colloquial to scientific, urban to off-the-grid, narrative to postmodern. Likewise, the artists span styles and mediums, using classic natural history drawing, form line design, graffiti, sketch, and more. All of the writers and artists have deep ties to the region.

ABOUT THE AUTHORS

ELIZABETH BRADFIELD is the author of five books, and her poems have appeared in The New Yorker, Poetry, The Atlantic Monthly, Orion, and elsewhere. A Stegner Fellow and Audre Lorde Prize winner, she is the founder of Broadsided Press, teaches at Brandeis University, and has worked as a naturalist in Cascadia and beyond for the past twenty-some years. Bradfield grew up in Tacoma and attended the University of Washington; she lives on Cape Cod.

CMARIE FUHRMAN is the author of Camped Beneath the Dam and her writing has appeared in many journals and anthologies. Fuhrman is the Director of Poetry for Western Colorado University’s MFA in Creative Writing Program where she also teaches nature writing. She lives in West Central Idaho with her partner, Caleb, and their dogs, Carhartt and Cisco.
Mardon Skipper

(Protes mardon)

Fuzzy, rusty, small, this flutterer loves to move through fields of Prairie Lupine and Blue Violet (their favorites), sipping nectar. Once, the prairies of South Puget Sound offered Mardon Skipper an excellent home, but those grasslands are largely gone now.

Not sure the butterfly you’re looking at is a Skipper? Watch closely: Skipper has a quick, bounding flight (hence the name). Mardon Skipper has antennae that look a bit like a cotton swab: there’s a little bent bulge at the end. Their body is furred with subtle gold, and their wings are orange with light rectangular spots.

Mardon Skipper is closely associated with bunchgrass—they love to lay their eggs on types of fescue, upon which the young larvae munch. Researchers don’t know historic populations of Mardon Skipper, because systematic studies were not conducted until the 1980s. Today, there are only thirty-seven known places in southern Washington along the southern Salish Sea, the Oregon Cascades, and north coastal California where you might find Mardon Skipper, and in those places, you won’t find many, perhaps fifty or so. If you happen to see Skipper resting in their characteristic pose—forewings at a forty-five-degree angle, back wings splayed wide—sit quietly for a moment and appreciate the subtle beauty of this small, rare being.

Cascadia Field Guide 88 | PEPPER TRAIL

Mardon Skipper

We have come here for you,
Small orange blur among the wildflowers
So easily confused with those other butterflies
The Woodland Skipper, the Sandhill, the Sonoran
We come lumbering out of the trees
Too coarse to do anything that you do:

Fly
Alight upon a blade of grass
Sip the nectar from a violet
Know our place in the world

But with our long-handled nets
Our guides and keys, our close-focus binoculars
We are confident that we will find you
That our witness will make you real
And so then you will be, somehow, safe

Cascade Oregon-Grape

(Mahonia nervosa)

Close your eyes and reach down through the understory at shin level. You’ll know Oregon-grape by feel alone: the leaf edges are prickly, unlike any other Cascadian plant. Even in winter you can enjoy this evergreen’s shiny, holly-like leaves, some of which turn a deep, rich red. Mahonia’s clusters of yellow flowers, energetic as starbursts, are a welcome brightness in spring, as are the rich, dusky, tart, seedy, purple berries that follow in late summer. Rub your fingers after you pick a berry and you’ll find a bit of wax has been given to you by the fruit—a technique to discourage pests and to keep the fruit from drying.

DEREK SHEFFIELD grew up in the Willamette Valley and on the shores of the Salish Sea. He is the author of four books, including Not for Luck, winner of the Wheelbarrow Books Poetry Prize, and his poems have appeared in High Country News, Poetry, and Orion. For the past 20 years, he has taught nature writing at Wenatchee Valley College. The poetry editor of Terrain.org, he lives with his family near Leavenworth, Washington.

ALSO OF INTEREST
THE NATURALIST AT HOME

Projects for Discovering the Hidden World Around Us

KELLY BRENNER

Beautifully illustrated collection of accessible outdoor activities for the aspiring naturalist

- Features 20 projects with clear descriptions of materials and tools, plus a few bonus activities
- Includes step-by-step instructions with charming, informative illustrations
- Tips for troubleshooting and taking the project to the next level

The Naturalist at Home emphasizes hands-on exploration with easy outdoor projects designed to help naturalists observe and study everything from invertebrates to mushrooms to mammals. Critically-acclaimed writer and naturalist Kelly Brenner developed these projects based on real techniques used by naturalists and scientists in the field. Easy to adapt, they are suitable for naturalists at all levels of experience and expertise.

These projects bridge the gap between sophisticated science experiments and easy nature activities and between reading about nature and experiencing it in a real and tangible way. They are simple to carry out, and naturalists can repurpose items they have at home, find them at a thrift store, or purchase inexpensive tools and materials. Detailed descriptions of organisms, along with the author’s hand-drawn illustrations, help naturalists visualize what they may discover.

ABOUT THE AUTHOR

A naturalist, writer, and artist based in Seattle, KELLY BRENNER is the author of Nature Obscura: A City’s Hidden Natural World, a finalist for the PNBA and Washington State book awards. Her writing has appeared in Popular Science, Crosscut, National Wildlife Magazine, and The Open Notebook among others. Brenner earned a bachelor’s degree in landscape architecture from the University of Oregon and a certificate in nonfiction writing from the University of Washington. She shares her observations of the natural world, as well as folklore, books, and poetry, on metrofieldguide.com.

ONLINE:
metrofieldguide.com

ALSO OF INTEREST

Nature Obscura
Earth Almanac
Naturalists’ Companion
Humans are also dependent on wetlands. In the face of climate change, they are a source of carbon. Yet we cut them for their timber. Without them migratory and wintering birds would lose nesting sites, food sources, and shelter. Many wetlands are sacred, spiritual, and culturally significant. A sense of aesthetics and reverence is an important part of their value. In some cases, wetlands are entirely untouched by humans. For many species, the wetland provides temporary stops during migrations, a source of food in winter, or a nursery to raise young. For many species, the wetland is a permanent home.

The wetland can be seen as a large range of invertebrates. They provide temporary stops during migrations, a source of water for wildlife throughout the year. But all wetlands are a wealth of biodiversity, providing habitats to mammals, birds, reptiles, and amphibians, as well as a large range of invertebrates. They may dry up completely in the peak of summer. Others may provide a welcome source of water for wildlife throughout the year. But all wetlands are a wealth of biodiversity, providing habitats to mammals, birds, reptiles, and amphibians, as well as a large range of invertebrates. They may dry up completely in the peak of summer. Others may provide a welcome source of water for wildlife throughout the year. But all wetlands are a wealth of biodiversity, providing habitats to mammals, birds, reptiles, and amphibians, as well as a large range of invertebrates. They may dry up completely in the peak of summer. Others may provide a welcome source of water for wildlife throughout the year. But all wetlands are a wealth of biodiversity, providing habitats to mammals, birds, reptiles, and amphibians, as well as a large range of invertebrates. They may dry up completely in the peak of summer. Others may provide a welcome source of water for wildlife throughout the year.

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THE LAST EMPTY PLACES
A Journey Through Blank Spots on the American Map

PETER STARK

“A smart rumination on what it means to get lost.” —Outside

• First time in paperback, ebook, and audio editions
• Part travel adventure, part history, part exploration
• Features four specific “blank spots” from across the country and delves into our human relationships with place

In The Last Empty Places, bestselling author Peter Stark takes the reader to four of the most remote, wild, and unpopulated areas of the United States outside of Alaska and mainly not part of protected wilderness: the rivers and forests of Northern Maine; the rugged, unpopulated region of Western Pennsylvania that lies only a short distance from the East’s big cities; the haunting canyons of Central New Mexico; and the vast, arid basins of Southeast Oregon.

Stark discovers that the places he visits are only “blank” in terms of a lack of recorded history. In fact, each place holds layers of history, meaning, and intrinsic value and is far from being blank. He also finds that each region has played an important role in shaping our American idea of wilderness through the influential “natural philosophers” who visited these places and wrote about their experiences—Henry David Thoreau, William Bartram, John Muir, and Aldo Leopold. It’s a fascinating look at the value of nature, the ways humans use and approach it, and what it means to seek out empty places in today’s world.

ABOUT THE AUTHOR

PETER STARK is an adventure writer and historian. He studied English and anthropology at Dartmouth College and holds a master’s in journalism from the University of Wisconsin. He is the author of six books, including Astoria (Ecco, 2014), a New York Times bestseller and PEN USA literary award nominee, and Young Washington (Ecco, 2018), an acclaimed biography that was a finalist for the George Washington Book Prize and also informed a History Channel mini-series. Stark’s articles and essays have appeared in Outside, Smithsonian, The New Yorker, The New York Times Magazine, Men’s Journal, and many other publications. He lives in Missoula, Montana.

ONLINE:
peterstarkauthor.com @peterstark

ALSO OF INTEREST
SIERRA GRAND TRAVERSE
An Epic Route Across the Range of Light
JOHN CHAPMAN AND MONICA CHAPMAN

Comprehensive full-color guidebook to the ultimate high-elevation trail!

- Detailed topographic maps and elevation profiles depict the entire route
- Sections about planning, preparation, transportation, acclimatization, resupplying food, permits, maps, suggested itineraries, and safety
- Includes photographs, alternative routes, and side trips, plus history, geology, flora, and fauna

Sierra Grand Traverse offers experienced hikers an epic route across one of the world’s greatest mountain ranges. Designed by experienced hikers and writers John and Monica Chapman, this 200-mile-long traverse begins in Tuolumne Meadows in Yosemite National Park and heads through the High Sierra south to Mount Whitney and then on to Horseshoe Meadows. The challenging, but approachable adventure winds through five wilderness areas spread across three national parks and two national forests.

While some of the traverse follows well-defined trails, it starts at 8,580 feet and hikers spend most of their time between 9,000 and 12,000 feet—reveling in the open ridges and stunning vistas above treeline. With 56,000 feet of elevation change and crossing 41 mountain passes, this route requires solid navigation skills and careful planning and preparation—more than half of it is off-trail. But for determined hikers, the adventure of a lifetime awaits.

ABOUT THE AUTHORS

JOHN CHAPMAN and MONICA CHAPMAN have written and published dozens of walking and hiking guides, along with hundreds of articles for magazines and newspapers. The Chapmans are well-known in the outdoor community in Australia and beyond. An accomplished photographer, John has received a Grand Master of the Photographic Society of America along with many other internationally recognized awards for photography.

ONLINE:
john.chapman.name @johnchapman

ALSO OF INTEREST
100 CLASSIC HIKES NEW ENGLAND, 2ND EDITION

Maine, New Hampshire, Vermont, Massachusetts, Connecticut, Rhode Island

JEFFREY ROMANO

Fully revised and updated edition of this must-have New England resource!

- More than 35 new destinations
- All new maps and full-color photos
- Offers both family-friendly adventures and more challenging all-day treks

The wilderness of New England is a year-round hikers paradise, offering an abundance of rolling hills, granite-topped mountains, jagged coastlines, lush hardwood forests, and sparkling lakes. Historic trails are well-worn into the New England landscape, inviting outdoor enthusiasts to undertake epic backpacking adventures or short, satisfying day hikes. Author Jeffrey Romano, a New England native, covers the best trails across six states, including hikes on Vermont’s famous Long Trail, the challenging rocky peaks of New Hampshire’s White Mountains, in the forests of Connecticut and the many conservation areas of Massachusetts, and along the picturesque coasts of Maine and Rhode Island.

Romano provides options for both shortening or extending many hikes so everyone can find the route that matches their skill and energy level—and, of course, includes distances and times for each route, as well as difficulty rating, elevation gain, permitting information, and more. Whether they are looking for an easy jaunt, a longer day hike, or a multi-day backpacking experience, hikers will find it all in 100 Classic Hikes New England, 2nd Edition.

ABOUT THE AUTHOR

A lifelong resident of New England, JEFFREY ROMANO has lived in Connecticut, New Hampshire, Vermont, and Maine. In addition to scaling New England’s 100 highest peaks and completing an end-to-end of the Long Trail, he has hiked extensively throughout all 6 states over the last 40 years. Jeff is the author of Day Hiking: New England and Hike the Parks: Acadia National Park and holds a BA in politics from Saint Anselm College and a JD from Vermont Law School. He currently manages public policy activities for Maine Coast Heritage Trust, a statewide land trust that focuses on the conservation of Maine’s unique coastline. He lives in Hallowell, Maine.

ONLINE:
jeffreyromano.com  @newenglandhiker

ALSO OF INTEREST
AVAILABLE IN APRIL

DAY HIKING CENTRAL CASCADES, 2ND EDITION

Stevens Pass * Glacier Peak Wilderness * Lakes Wenatchee & Chelan

CRAIG ROMANO

Fully revised and updated edition of a classic hiking guide by a beloved Washington author

- Now in full color!
- Features 136 hikes, with a deep dive into the Lake Chelan and Stehekin areas
- 1% of sales donated to the Washington Trails Association for trail maintenance

With some of the largest tracts of wilderness to be found in the Pacific Northwest, the Central Cascades are packed with wildlife, geological diversity, and opportunity for adventure. Using US Highway 2 as its primary organizing principle, this second edition of Day Hiking Central Cascades focuses on the best day hikes to be found between the Sultan Basin and Wenatchee, and around Blewett Pass, Chelan, and the Stehekin and Entiat River Valleys.

In this fully updated guide, best-selling author Craig Romano covers everything from leisurely strolls close to town to all-day treks (with overnight backpacking options) deep into the Alpine Lakes, Glacier Peak, Henry M. Jackson, and Wild Sky Wilderness Areas. Scenery, destinations, and highlights vary too—included are hikes along rivers; to lakes, mountain tops, and fire lookouts; and through old-growth forests or alpine meadows. There are hikes that are well known and popular, hikes that are a bit more obscure and remote, and hikes that are perfect to explore with kids or dogs. Romano has selected his favorite trails for escaping crowds, spotting wildlife, and getting the best bang for your boot.

ABOUT THE AUTHOR

CRAIG ROMANO is a prolific (more than 25 books and counting!) and award-winning author, an ardent conservationist, and a Northwest trails and hiking expert. He hikes, runs, paddles, and bikes and yet still has time to write for several publications, websites, and tourism agencies. He provides weekly content for Hikeoftheweek.com and is key researcher for Green Trails Maps. His home and cat are in the Skagit Valley, but he is most frequently out hiking or trail-running somewhere, often accompanied by his wife, Heather, and son, Giovanni.

ONLINE:
craigromano.com  @craigromanoguidebookauthor

ALSO OF INTEREST
NEW IN SPRING 2023

Clear, current, compact, and convenient, Green Trails Maps set the standard for backcountry travel

- More than 150 backcountry maps for Western states
- Trails on each map individually hiked and recorded with GPS for accuracy
- Relied upon for more than 50 years by hikers, climbers, backpackers, backcountry skiers, snowshoers, and more

As every experienced backcountry adventurer knows, possessing solid tools for navigation is one of the Ten Essentials for a safe adventure. There are, of course, many technological options out there, but to truly be prepared there’s really nothing better than a printed map—and there’s absolutely no better map than a color topographic Green Trails Map. Fully vetted and high quality, Green Trails Maps are not only useful for trip planning but will keep backcountry travelers on track, long after the batteries have died on other navigational devices.

Each map includes:
- Trails coded for hikers only, as well as mountain bikers, horses, skiers, and snowmobilers
- Icons for parking and picnic areas, tent camping and RV spaces, bathrooms and backcountry toilets, points of interest, waterfalls, springs, and gates
- Dot-to-dot trail distances and elevation change, contour intervals, adjacent map numbers, and permits required
- Land designations: national and state parks, national forest, wilderness, DNR land, private land, tribal land, and others

Map formats include:

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ART HOGLING

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ABOUT THE AUTHOR

In his decades of wilderness adventure around the world, ART HOGLING has been attacked by predators, lost, and caught in lightning storms, blizzards, fires, avalanches, and floods. Dr. Hogling has learned from it all, combining his experience with data and research to produce popular hiking safety seminars and curriculums. He lives in the mountains of Colorado and has taught wilderness safety for more than 25 years.

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MALIA MAUNAKEA is a Kānaka Maoli (Native Hawaiian) writer who grew up exploring the trails of Hawai’i before relocating to the continent for college. She writes both middle grade fiction and nonfiction and is the author of *Lei and the Fire Goddess*, forthcoming from Penguin Workshop in summer 2023. When not at her computer, she can often be found roaming the Rocky Mountains with her husband, their two children, and a rescue mutt named Peggy.

SANDY HEISE began wandering the trails and mountains of Colorado after taking a Basic Mountaineering School course offered by the Colorado Mountain Club. She later became a senior instructor for the same course, a trip leader, and an assistant instructor for the Advanced Mountaineering School. Sandy enjoys exploring and photographing trails around the globe. She lives in Colorado and is the author of *Hiking Colorado* and co-author of *Best Hikes Near Denver and Boulder*.
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