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SPRING/
SUMMER
CATALOG



MOUNTAINEERS BOOKS



Sisters Loop from *Backpacking Oregon* by Eli Boschetto



recreation • lifestyle • conservation

Mountaineers Books is an independent nonprofit publisher



MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



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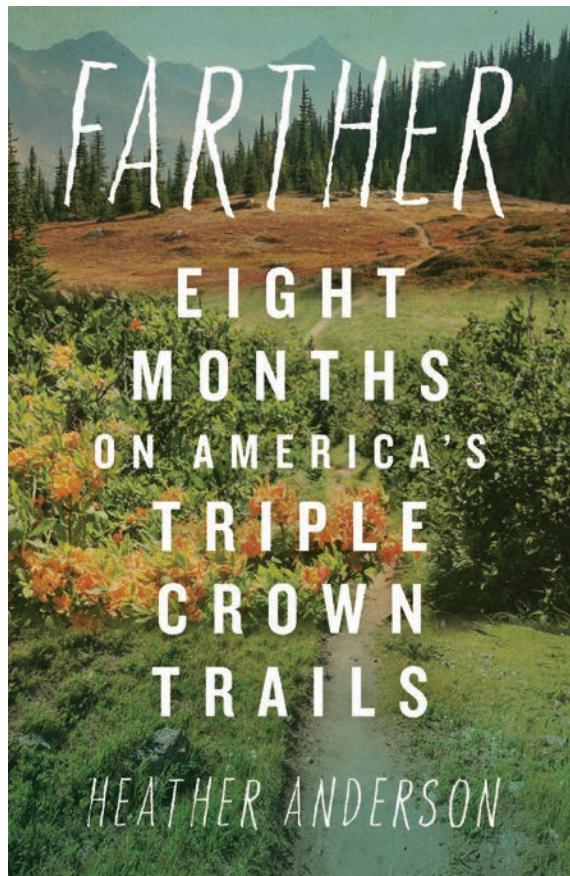
BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

FARTHER

Eight Months on America's Triple Crown Trails

HEATHER ANDERSON



256 pages | 5.5 x 8.5 | \$24.95 | paperback | 4 maps
ISBN 978-1-68051-814-6 | ebook ISBN 978-1-68051-815-3
Memoir/Hiking | Rights: World

ABOUT THE AUTHOR

National Geographic Adventurer of the Year, **HEATHER ANDERSON** is the only woman who has completed the Appalachian, Pacific Crest, and Continental Divide National Scenic Trails each three times. In 2018, she became the first female to hike a Calendar Year Triple Crown, all three long-distance trails in one year. Anderson also holds the female self-supported Fastest Known Time (FKT) on the Pacific Crest Trail (2013) and on the Appalachian Trail (2015). She is an avid mountaineer and peak-bagger working on several ascent lists in the US and abroad and has logged over 50,000 trail miles since 2003.

ONLINE: wordsfromthewild.net @_wordsfromthewild

 @Words from the Wild



The groundbreaking adventure of the first woman to complete hiking's Triple Crown in a single year

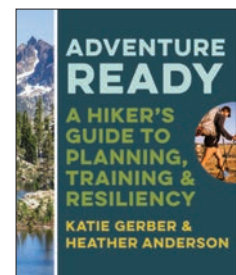
- Follows famed hiker Heather Anderson's journey on the Appalachian, Pacific Crest, and Continental Divide Trails
- Anderson covered nearly 8,000 miles in just eight months
- Explores the drive to achieve a lasting legacy in the world of endurance hiking

From the bestselling author of *Thirst* and *Mud, Rocks, Blazes*, this compelling memoir chronicles Heather Anderson's ambitious journey to thru-hike America's Triple Crown—the Appalachian, Pacific Crest, and Continental Divide Trails—in a single calendar year.

Between 2003 and 2017, Anderson hiked more than 20,000 miles, twice completing each of the nation's three longest trails and setting speed records along the way. But records can be broken—so Anderson set out to accomplish something even more audacious: becoming the first woman to hike what's known as a Calendar Year Triple Crown.

Farther covers Anderson's gritty and challenging effort across nearly 8,000 miles of backcountry, navigating physical hardship and mental resilience. Juggling logistics and weather, as well as emotional upheaval in her personal relationships, Anderson examines themes of grief, identity, and perseverance with clarity and vulnerability. As months of feral solitude and struggle unfold, Anderson seeks meaning through motion—how walking forward can help us find our way back to ourselves.

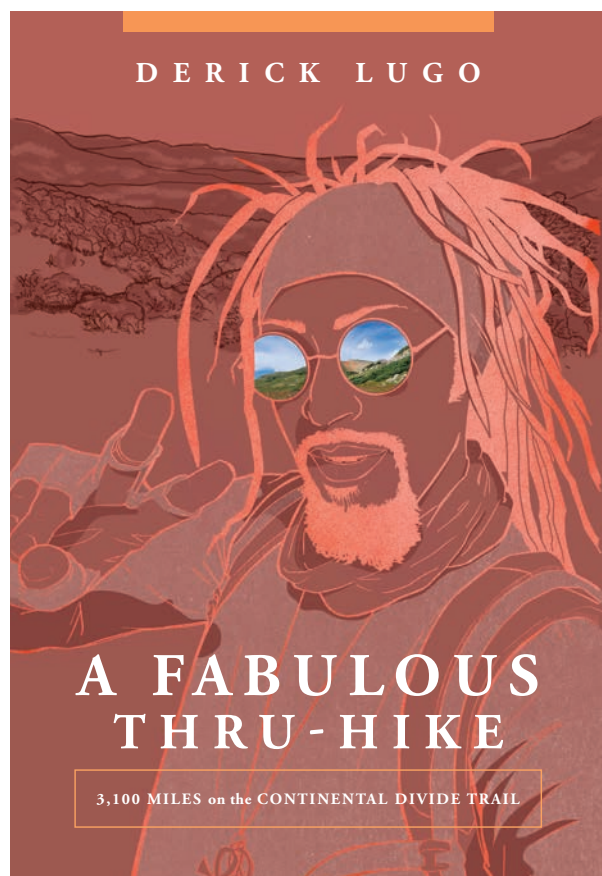
MORE BY THIS AUTHOR



A FABULOUS THRU-HIKE

3,100 Miles on the Continental Divide Trail

DERICK LUGO



240 pages | 5.5 X 8.5 | \$24.95 | paperback

1 decorative trail overview map | ISBN 978-1-68051-829-0

ebook ISBN 978-1-68051-830-6 | Memoir/Hiking

Rights: World

ABOUT THE AUTHOR

DERICK LUGO is a native of New York City and a well-known advocate for the outdoors. An acclaimed storyteller and sought-after speaker, Lugo captivates audiences with his infectious enthusiasm, humor, and unwavering spirit. Lugo is the author of *The Unlikely Thru-Hiker: An Appalachian Trail Journey*, the host of the *Unlikely Stories Podcast*, and a contributor to many outdoor magazines and journals. He lives in Asheville, NC.

ONLINE: dericklugo.com @dericklugo



KENNY GAMBLIN-OBOZ FOOTWEAR

A heartfelt and hilarious journey of self-discovery on the rugged Continental Divide Trail

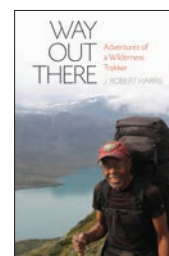
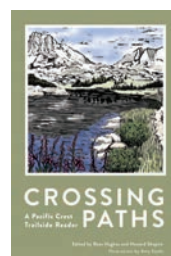
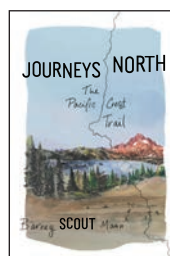
- From the author of the popular memoir, *The Unlikely Thru-Hiker: An Appalachian Trail Journey*
- A firsthand account of thru-hiking the Continental Divide Trail, stretching from Mexico to Canada and passing through three national parks
- Inspires readers to embrace discomfort, push limits, and find joy in unexpected experiences

New York City native Derick Lugo's life changed in 2012 when he spontaneously decided to thru-hike the Appalachian Trail. In the years that followed, he became an advocate for the outdoors and eventually set out on his second thru-hike—this time on the Continental Divide Trail, one of the most challenging long trails in the world.

A Fabulous Thru-Hike: 3,100 Miles on the Continental Divide Trail is the relatable, laugh-out-loud story of Derick Lugo's six-month adventure. From the deserts of New Mexico to the rugged mountains of Montana, Derick confronts heat sickness, vertigo, and self-doubt—all with his trademark optimism. There are plenty of missteps and hard lessons, but also classic moments of trail magic, natural beauty, and deep friendships.

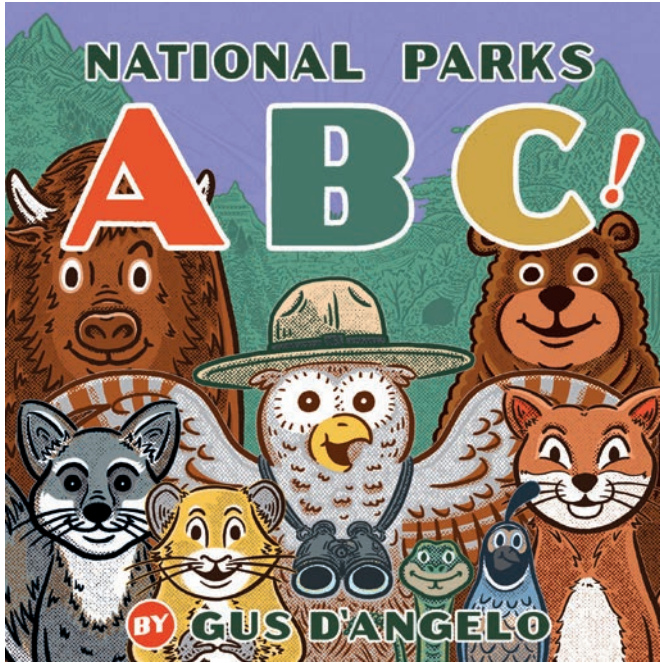
Capturing both the grueling reality and transformative beauty of life on the CDT, Lugo invites readers along for a journey that is both inspiring and entertaining. Whether he's questioning his choices on a sun-scorched ridgeline or finding joy in a package of Oreos, *A Fabulous Thru-Hike* is a celebration of perseverance, self-discovery, and the courage to keep moving forward.

ALSO OF INTEREST



NATIONAL PARKS ABC!

GUS D'ANGELO



32 pages | 6.5 x 6.5 | \$9.95 | board book | 30 illustrations
ISBN 978-1-68051-835-1 | National Parks/Children (preschool-kindergarten, baby-2years) | Rights: World English Language

ABOUT THE AUTHOR

GUS D'ANGELO first fell in love with the outdoors as a child, hiking, fishing, and snowshoeing with his three brothers on his family's farm in Michigan's Upper Peninsula. These early adventures led to his passion for public lands and his hope that all young people will get to experience the thrill, mystery, and solitude of the outdoors. Author of *National Parks A to Z*, Gus is an illustrator and animator who now lives in San Francisco with his partner, filmmaker Jennifer Kroot.

ONLINE: nationalparksatoz.com  [@nationalparksatoz](https://www.instagram.com/nationalparksatoz)



JOHN JUSTINA

Baby's first trip through our national parks, from Acadia to Zion!

- Features 26 national parks
- Includes fun facts for each park
- Complements D'Angelo's *National Parks A to Z* for older children

National Parks ABC! is a lively and engaging board book that introduces babies and toddlers to the wonders of America's national parks through fun, action-packed adventures. From Acadia to Zion, young readers will explore 26 parks across the country with the help of cheerful animal characters and Owl the park ranger, who guides the way with curiosity and excitement.

Created by bestselling author-illustrator Gus D'Angelo, this storytime favorite uses playful, alliterative lines and vibrant illustrations to encourage movement and outdoor play. With simple action statements like "Jackrabbit jumps at Joshua Tree!" and "Mole marches into Mammoth Cave!," kids are invited to imagine, move, and explore alongside the characters.

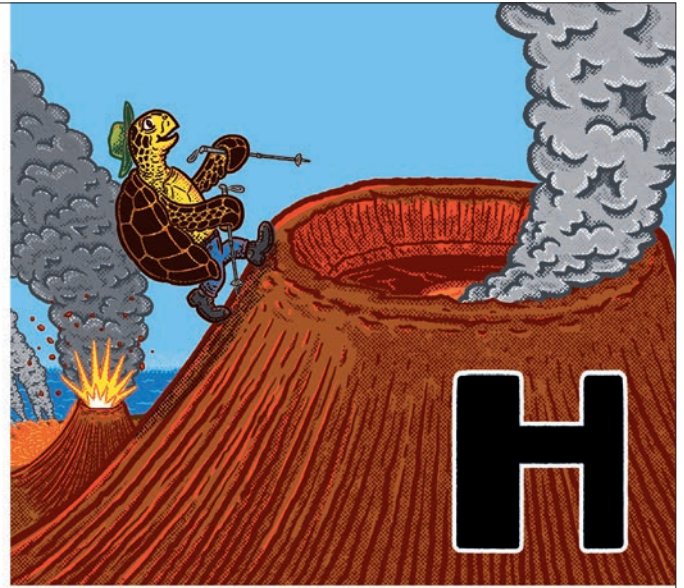
The book also gently introduces important themes of teamwork, science, friendship, and park preservation, making it both educational and entertaining. Perfect for families who love nature and adventure, *National Parks ABC!* is a joyful gateway to the outdoors and a celebration of the beauty and wonder of our public lands.

ALSO OF INTEREST





Grizzly gasps at Glacier.



Honu hikes at Hawaii Volcanoes.



Weasel wiggles into Wind Cave.

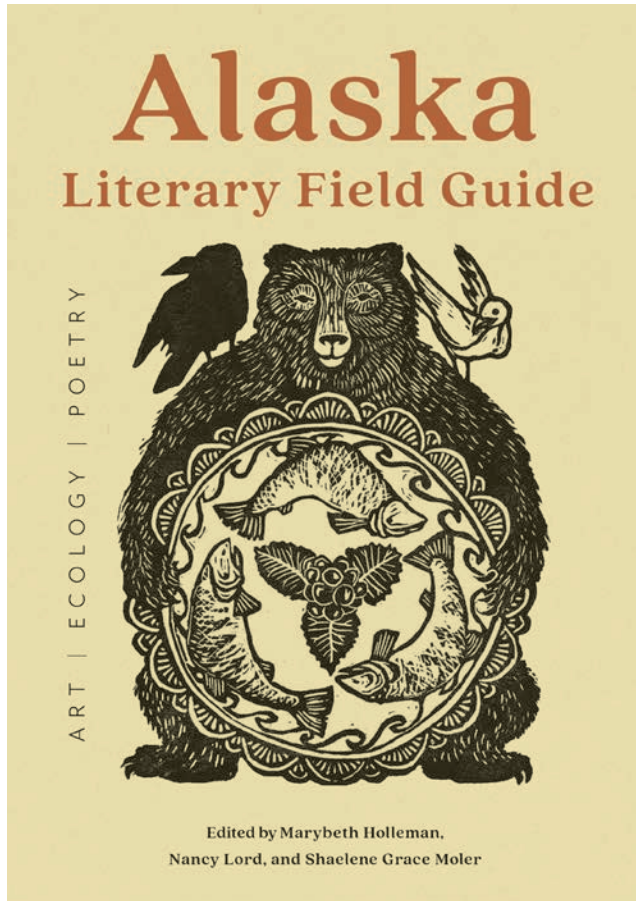


Fox explores Big Bend
between Texas and Mexico.

ALASKA LITERARY FIELD GUIDE

Art, Ecology, Poetry

EDITED BY MARYBETH HOLLEMAN, NANCY LORD, AND SHAELENE GRACE MOLER



336 pages | 6 x 8.5 | \$29.95 | paperback with flaps
 103 color illustrations | 2 maps | ISBN 978-1-68051-762-0
 Nature/Field Guide/Poetry/Art | Rights: World English Language

ABOUT THE EDITORS

MARYBETH HOLLEMAN is the author of a novel, a memoir, and a poetry collection. She co-authored *Among Wolves* with Gordon Haber about his work and co-edited *Crosscurrents North*, an anthology of Alaska prose and poetry. Her award-winning work has been published in over 50 venues including *Orion*, *Christian Science Monitor*, *Sierra*, and *The Guardian*. She lives in Anchorage, AK.

ONLINE: marybethholleman.com



JAMES HOLLEMAN

Science and art combine in a “poetic ecology”—a field guide and anthology that celebrates the natural and cultural beauty of Alaska

- Highlights more than 90 species of flora and fauna from a variety of ecosystems
- Includes writings and original artwork in a wide range of styles from diverse Alaskan voices and artists
- Every entry features an informative, science-based natural history, including traditional knowledge

Alaska Literary Field Guide is a vibrant and immersive celebration of Alaska’s wild beauty, blending science, storytelling, and stunning artwork. This unique anthology brings together a diverse range of the state’s most respected contemporary poets and writers—including Kim Heacox, Seth Kantner, dg nanouk okpik, Heather Lende, and Frank Soos—alongside original, full-color artwork from 19 Alaskan visual artists such as Alvin Amason, Ray Troll, Sara Tabbert, and rising talents like Valisa Higman and Crystal Jackson.

More than 90 species and natural elements—from grizzly bears and glaciers to lichens, loons, and the aurora borealis—are brought to life through poetic reflections, vivid prose, and detailed scientific natural histories. Each “Being” is paired with a piece of writing and illustration that captures its essence, while also offering cultural knowledge, ecological context, and insight into population health and environmental threats.

Organized by ecosystem, *Alaska Literary Field Guide* is both an artistic tribute and an educational invitation to connect with the land, water, wildlife, and spirit of the Last Frontier. It’s a field guide like no other—both a reference and a work of art.

NANCY LORD, a former Alaska State Writer Laureate (2008–2010), is the author of three short story collections, a novel, and five books of literary non-fiction. Her environmental writing has appeared widely in journals and anthologies. She has taught creative writing at the University of Alaska and currently teaches science writing for Johns Hopkins University. She lives in Homer, AK. ONLINE: writernancylord.com



STACY STUDEBAKER

Brown Bear

Ursus arctos

Perhaps no being is more iconic for Alaska than the Brown Bear, who is second only to the Alaska moose in size, and who can measure up to 10 feet high when upright. This imposing mammal stands tall in the Indigenous cultures of Alaska, as well as on Alaska's license plates, Alaska's commemorative quarters, and in innumerable photographs, works of art, and pieces of visitor memorabilia.

Brown and Grizzly Bears are classified as the same species, although some scientists break *Ursus arctos* into three subspecies—Coastal Brown Bear, Grizzly Bear, and Kodiak Brown Bear. In Alaska, the name "Brown" is applied to those who live along the coasts, where they feed on seasonally abundant salmon plus rich vegetation; they grow larger and live in higher densities than the Grizzlies who live in the interior and northern parts of the state. Both bears feature a lot of color variations, from pale blond (most common among Grizzlies) to dark brown, so color alone cannot distinguish them from black bears.

Although only about fifteen hundred Brown Bears survive today in the lower forty-eight states, the approximately thirty thousand in Alaska frequent most regions except far islands in the south and far west. The population on Admiralty Island, in Southeast Alaska, at an estimated sixteen hundred, outnumbers the island's human population by more than two to one.

In Alaska, Indigenous stories, beliefs, and practices show a close relationship and respect for this physically and spiritually powerful being. The Tlingit story "The Woman Who Married a Bear" indicates the familial relationship between Brown Bears and humans. The Koyukon Athabascans traditionally showed respect by referring to these bears only by circumlocution as "the big one" or "Gonulachuk."

Most Brown Bears spend winters in dens, where they do not eat or drink, urinate or defecate. Instead, they recycle metabolic waste and rely on stored fat for energy. This is not true hibernation, only a way to save energy by reducing their body temperature and heart rate.

Between one and three cubs are born in a den during January or February and emerge in June with their mothers, at which time they weigh only a few pounds. The cubs require two or three years with their mothers before they have the size and ability to survive on their own.

When the bears emerge in late spring, they will have lost up to a third of their body weight. So it's not surprising that they're ready to eat just about anything,



including new plant shoots, sedges, roots, clams, salmon, berries, small mammals, and sometimes the young of large animals like moose, caribou, deer, and musk ox. By fall, Brown Bears can double their weight if food availability allows. At peak condition in the fall, a Coastal Brown Bear can weigh 1,500 or more pounds.

In fact, prior to winter denning Brown Bears enter a period of insatiable eating and drinking—called hyperphagia—to put on fat for winter. Hyperphagia is triggered by the suppression of leptin, the hormone that signals satiation, allowing them to continue gorging themselves until hibernation. During this period, Coastal Brown Bears can consume up to thirty salmon and put on 4 pounds each day. In late fall, leptin suppression ends, signaling that it's time to stop eating and sleep. This remarkable adaptation allows Brown Bears to take full advantage of Alaska's summer abundance and then muddle through the long, dark winter.

34 | CASCADIA FIELD GUIDE

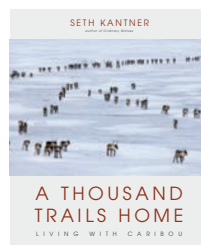
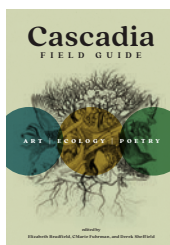
TEMPERATE RAINFOREST & COASTAL MOUNTAINS | 35

SHAELINE GRACE MOLER has been published in *First Alaskans Magazine*, *Forum Magazine*, *Juneau Empire*, *Tidal Echoes*, and *Alaska Women Speak*. She is a storytelling specialist for the Sustainable Southeast Partnership and loves writing poetry and creative nonfiction, particularly about life in Alaska and Tlingit culture and history as a member of the Tsaagweidi clan from Kake, AK. She now lives in Sitka, AK. ONLINE: shaelenegrace.com



KAYLAH DUNCAN

ALSO OF INTEREST



GUARDIANS OF LIFE

Indigenous Knowledge, Indigenous Science, and Restoring the Planet

KILIII YÜYAN WITH CHARLES C. MANN, FOREWORD BY QUANNAH CHASINGHORSE



224 pages | 11.75 X 8.75 | \$49.95 | hardcover | 175 photos
2 maps | ISBN 978-1-68051-838-2 | Photography/Conservation
Rights: World

ABOUT THE AUTHOR

Informed by ancestry that is both Nanai (Siberian Indigenous) and Hèzhé (Chinese-American,) photographer KILIII YÜYAN explores the human relationship to the natural world from different cultural perspectives. Kiliii has produced seven stories for *National Geographic* and has contributed to *Vogue*, *Bloomberg Businessweek*, *The Guardian*, and *The Nature Conservancy*. He is one of PDN's 30 Photographers (2019), a *National Geographic Explorer*, and a member of *Indigenous Photograph* and *Diversify Photo*. In 2024 he was a presenter for the *National Geographic LIVE* series, reaching tens of thousands of people across North America with his story of circumpolar culture, life, and lands. Kiliii is based out of traditional Duwamish lands (Seattle).



Charles C. Mann is a journalist and author, most recently of *The Wizard and the Prophet*. His book 1491: *New Revelations of the Americas Before Columbus* won the National Academies of Science's award for best book of the year; its sequel, 1493: *Uncovering the New World Columbus Created*, was a *New York Times* bestseller.

ONLINE: kiliii.com @kiliiyuyan

A powerful exploration of the relationships Indigenous groups have with the environment, and how they can guide sustainable living for generations to come

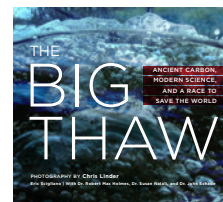
- Stunning visual storytelling from an award-winning *National Geographic* photographer
- Seminal work celebrating Native leadership in the fight against human-caused climate change
- Includes dozens of interviews with Native leaders and essays from renowned historians Charles C. Mann, Gleb Raygorodetsky, and Erjen Khamaganova

Guardians of Life brings readers into the lives of Indigenous communities around the world, showcasing their unique and enduring relationships with their ancestral lands and waters. Award-winning *National Geographic* photographer Kiliii Yüyan takes readers to the Arctic circle, the jungles of Ecuador, the rivers of California, and the steppes of Mongolia to highlight the vital role Indigenous communities play in sustaining the Earth.

Through vivid portraits and immersive narratives, *Guardians of Life* introduces elders, youth, hunters, farmers, spiritual leaders, and artisans whose knowledge and practices reflect generations of environmental stewardship and reverence for life.

Grounded in the personal experiences and sovereign rights of Indigenous people, Yüyan offers a holistic vision for climate resilience, cultural survival, and planetary healing. It is both a celebration and a call to action—an invitation to learn from Indigenous wisdom and to support a global movement rooted in reciprocity, care, and the protection of all life on Earth.

ALSO OF INTEREST



<p>GUARDIANS OF LIFE</p>		<p><i>Quannah Chasinghorse</i></p>	FOREWORD
		<p>I GREW UP IN RURAL ALASKA. WE LIVED IN A SMALL LOG CABIN,</p> <p>near a bluff overlooking mountains and a glacial river below. We had fourteen sled dogs in our yard, part of our family and significant to our Han Gwich'in culture. Often, when it was minus 50 degrees, our vehicle wouldn't start, so my mom would say, "Okay kids—let's look up the dogs to get you to school."</p> <p>When we first got the Alaskan huskies, my brothers and I thought they were pets, so we put them on leashes to take them for a walk. The dogs pulled and dragged us across the yard and into the woods as my mom yelled for us to "Let go!" We quickly learned that these were working dogs, and they knew their job was to run and pull. We never tried to walk a sled dog on a leash again.</p> <p>Even in our small community, not many people had sled dogs, but it was always our way of life. My mom grew up traveling by dog team, and she taught us how to hook up the dogs to the line and ready the sled. When Mom would take us to school, our classmates would ask a lot of questions. I like to think they were fascinated, but this was normal to me.</p>	GUARDIANS OF LIFE
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<p>GUARDIANS OF LIFE</p>	<p>PALAU</p> 	 <p>"What I love about the job is that I'm helping my community. Even when there's another job opportunity for me, I'll stick with my island."</p> <p>PETRA TIKEI</p> <p>In 2020, these three rangers, along with one other, confronted a large Chinese fishing vessel attempting to illegally fish lobster. One of the world's most sought-after seafoods, they rejected an enormous bribe from the vessel and managed to keep it from fishing until backup arrived two days later, resulting in the impoundment of the vessel and a US \$2 million fine. Left to rights Hercules Entiki, Petra Tikei and Tony Chayem.</p>	PALAU
			TAKING CARE OF THE SEA
			69

<p>GUARDIANS OF LIFE</p>	 		<p>RECIPE</p>	<p>UPHOLDING THE RAIN FOREST</p>
			<p>RECIPE</p>	

THE BIRD WITH FLAMING RED FEET

Seasons with an Uncommonly Common Seabird

MARIA MUDD RUTH



208 pages | 6 x 8 | \$24.95 | paperback | 30 photos/illustrations
1 map | 16-page photo and art insert | ISBN 978-1-68051-725-5
ebook 978-1-68051-726-2 | Natural History/Birding | Rights: World

ABOUT THE AUTHOR

MARIA MUDD RUTH is the author of more than a dozen books on natural history topics for general audiences, young readers, and accidental naturalists, including the critically acclaimed *Rare Bird: Pursuing the Mystery of the Marbled Murrelet* and *A Sideways Look at Clouds*, a 2017 Nautilus Silver Book Award winner. She lives in Olympia, WA.

ONLINE: mariaruthbooks.net



LAURIE GNEIDING

A vivid, entertaining, and quirky exploration of how getting to deeply know one bird leads us to appreciating all of nature

- Blends science, fieldwork, and engaging storytelling
- Explores the Pigeon Guillemot's role as an "indicator species" for Pacific coastal waters
- Inspires stewardship, curiosity, and connection to the natural world

The Bird with Flaming Red Feet is a lively and heartfelt natural history of the Pigeon Guillemot, a charismatic seabird with a surprising story to tell. Found along the coast from Southeast Alaska to Southern California, this talkative and often-overlooked bird plays an outsized role in the health of marine ecosystems—earning its status as an "indicator species," especially for Washington's Puget Sound.

Author and longtime volunteer surveyor Maria Mudd Ruth weaves together science, field observation, and community storytelling in this engaging exploration of one bird's life. Drawing from over a decade of beachside study, she dives deep into the guillemot's behaviors, quirky traits, and ecological relationships. Along the way, readers meet the passionate citizen scientists who have built a unique community around caring for and studying this vibrant bird.

Bridging the gap between field guide and memoir, *The Bird with Flaming Red Feet* invites readers to slow down, look closely, and reconnect with the wild places—and creatures—just outside their door. It's a joyful call to observation, stewardship, and a deeper understanding of our coastal world.

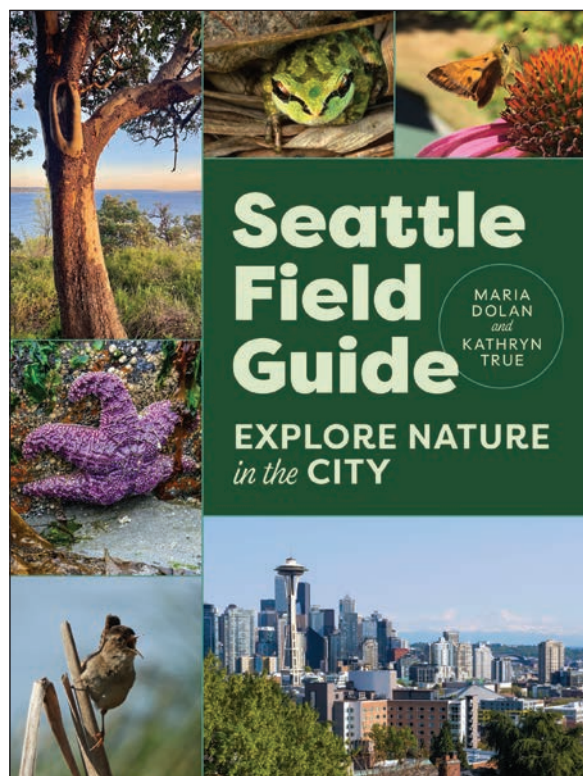
ALSO OF INTEREST



SEATTLE FIELD GUIDE

Explore Nature in the City

MARIA DOLAN AND KATHRYN TRUE



288 pages | 5.5 x 7.5 | \$24.95 | paperback | 100 color photos
22 maps | ISBN 978-1-68051-763-7 | ebook 978-1-68051-764-4
Guidebook/Outdoors/Nature | Rights: World

ABOUT THE AUTHORS

MARIA DOLAN has written about bats, orcas, ocean acidification, living shorelines, Vaux's Swifts, and the smell of a moose for publications including *Slate*, *Smithsonian*, *CityLab*, the *Seattle Times*, *Sierra*, *Seattle Magazine*, *Ensisia*, and *Salon*. She lives in Seattle.

ONLINE: mariadolan.org @bookish_md



PAUL EDMONDSON

KATHRYN TRUE embraces her naturalist tendencies through hiking, birding, community science, and swimming in cold mountain lakes. She blogs about the natural world for Vashon Nature Center and authored a *Seattle Times* series called "Natural Wanders." Her work has also appeared in *Sunset* and *Alaska Airlines Magazine*. She lives on Vashon Island, WA.

ONLINE: kathryntrue.com @trueislander63



ALEX KORIATH

From birds to otters, fish to flowers—discover the wild side of Seattle!

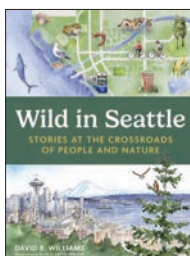
- Seasonal guide to 38 urban outings rooted in discovering nature
- Each activity indicates the terrain, level of effort, distance, transit and parking information, and amenities available at the destination
- Useful at-a-glance planning chart helps readers pick a location and timeframe

Seattle Field Guide is a fun, accessible, and inspiring guide to 38 nature-filled outings across the greater Seattle area—perfect for all ages and experience levels. Whether you have a free afternoon or a full day to explore, nature writers Maria Dolan and Kathryn True offer seasonal adventures that reveal the wild wonders hidden in the city's parks, shorelines, greenways, and neighborhoods.

From Broadview to Rainier Beach and Discovery Park to Seward Park, readers will find easy-to-follow, seasonally appropriate ideas for kayaking with herons, mushroom hunting in city parks, biking through salmon restoration sites, identifying lichens in historic cemeteries, and listening for frog songs in quiet urban wetlands. Each outing includes guidance on terrain, effort level, travel distance, transit options, and available amenities—plus tips on what to bring and when to go.

With colorful photos, maps, natural history sidebars, and cultural insights—like how native plants were used by Chinese herbalists—this guide connects readers to the natural and human stories woven into Seattle's landscape. *Seattle Field Guide* is your go-to companion for discovering nearby nature and making every season an opportunity to explore.

ALSO OF INTEREST



MASON BEE REVOLUTION, 2ND ED

How the Hardest Working Bee Can Save the World One Backyard at a Time

DAVE HUNTER AND JILL LIGHTNER



176 pages | 7 x 8.5 | \$24.95 | paperback | 120 color photos
 ISBN 978-1-68051-710-1 | ebook ISBN 978-1-68051-711-8 |
 Gardening/Nature/Conservation | Rights: World

ABOUT THE AUTHORS

DAVE HUNTER is the founder of the Orchard Bee Association and Crown Bees, which helps people support pollinators with the right supplies, expert guidance, and easy-to-follow programs. His work has been featured in *Urban Farm*, the *Seattle Times*, NPR, and more. He lives in Woodinville, Washington

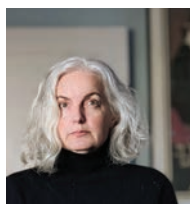
ONLINE: crownbees.com | @crown_bees | @Crown Bees

JILL LIGHTNER has been writing about food, farms, and sustainability for more than two decades. She has written several cookbooks, including *Scraps, Peels and Stems: Recipes and Tips for Rethinking Food Waste at Home*. She lives in Seattle.

ONLINE: jilllightner.com | @onemorebitner



SALLY HELGESON



TOM MARSHALL

Easily attract wild solitary bees to your yard—and help save the planet!

- Fully revised new edition of bestselling instructional guide
- New chapter on leaf bees plus expanded coverage of other native bees, key pests, and native plants
- New sidebars about current research, pollination topics, and more

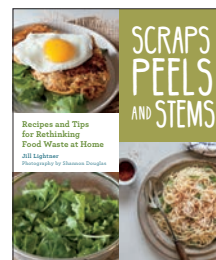
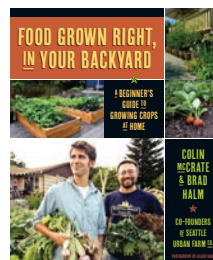
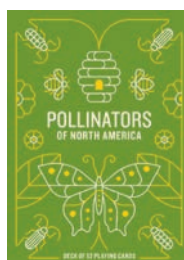
Mason Bee Revolution is more than a guide to pollination—it's a call to action for protecting our food systems, ecosystems, and future. A comprehensive update of the bestselling original, this new edition features expanded instruction, fresh insights, and vibrant full-color photography throughout.

With over 35 years of experience through his company, Crown Bees, author Dave Hunter introduces readers to the remarkable world of mason and leaf bees—native pollinators capable of visiting up to 2,000 flowers a day, compared to just 15 by honey bees. Their gentle nature makes them easy to raise in gardens, parks, and urban spaces, and their impact on food crops and native flora is unmatched.

This edition includes new or expanded chapters on leaf bees, identifying and managing pests, cultivating bee-friendly habitats, and supporting other wild bees across North America. Readers will also find updated research, expert insights, and practical tips on using native plants to attract and sustain pollinators.

Perfect for gardeners, educators, and conservationists alike, *Mason Bee Revolution, 2nd Edition*, empowers everyone to play a part in rebuilding healthy pollinator networks—and securing a thriving, sustainable planet.

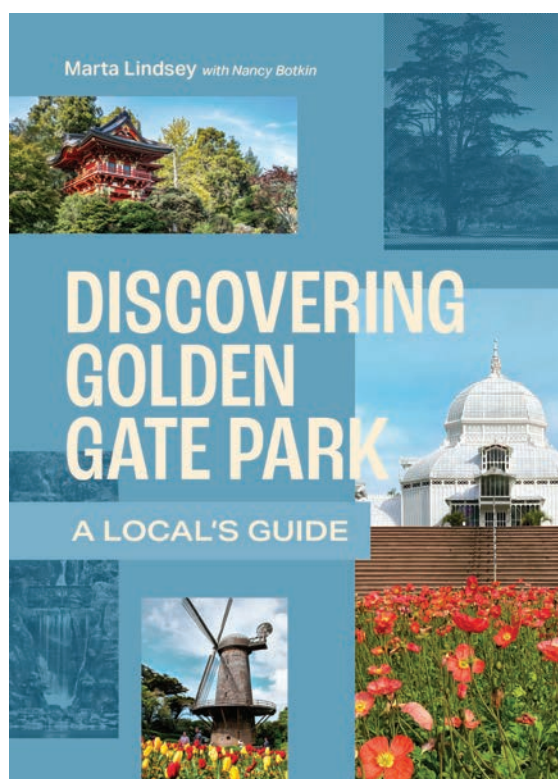
ALSO OF INTEREST



DISCOVERING GOLDEN GATE PARK

A Local's Guide

MARTA LINDSEY WITH NANCY BOTKIN



240 pages | 5 x 7 | \$21.95 | paperback | 100 color photos
17 maps | ISBN 978-1-68051-734-7 | ebook 978-1-68051-735-4
Guidebook/San Francisco | Rights: World

ABOUT THE AUTHORS

MARTA LINDSEY is a writer, a mom, and a nonprofit communications professional. She is currently communications director for Walk San Francisco and has also worked in the Bay Area with the San Francisco Bicycle Coalition and TransForm, which is focused on climate change, social justice, and transportation issues. She is the author of the bestselling children's book *Golden Gate Park: An A to Z Adventure*, illustrated by Michael Wertz. Marta lives one block from Golden Gate Park in San Francisco, CA.

ONLINE: martalindsey.com @goldengateparkatoz

NANCY BOTKIN has been designing and leading walking and biking tours in San Francisco for more than two decades.



EMILY ROSENBERG

The essential guide to exploring every corner of San Francisco's iconic Golden Gate Park

- Full of fascinating park history, fun facts, and colorful anecdotes—plus 11 brand-new hiking routes designed for this book
- Includes detailed info on transportation, parking, accessibility, restrooms, food options, events, hours, and regulations
- Only comprehensive guide available to the park

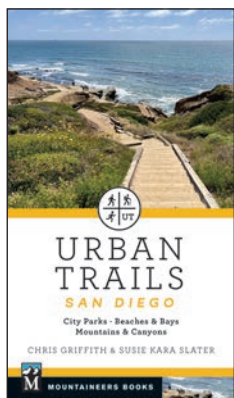
Discovering Golden Gate Park is the ultimate guide to one of the world's most beloved urban green spaces—spanning over 1,000 acres in the heart of San Francisco with 25 million visitors each year. With tips for tourists and fresh discoveries for locals, this comprehensive book reveals the park's must-see attractions, hidden gems, and fascinating history.

From world-class museums and botanical gardens to playgrounds, music venues, and festivals, there's something for every age and interest. Whether you're planning a picnic by Spreckels Lake, a day at the California Academy of Sciences, or an evening concert at the Bandshell, or if you're looking to join a pick-up basketball game or immerse yourself in a remnant of coastal live oak woodlands, local author and park expert Marta Lindsey provides all the guidance you need.

Packed with practical tips and local insights, *Discovering Golden Gate Park* is your essential companion for exploring, enjoying, and falling in love with this iconic city park.

ALSO OF INTEREST





AVAILABLE IN MARCH

URBAN TRAILS: SAN DIEGO

*City Parks * Beaches & Bays *
Mountains & Canyons*

CHRIS GRIFFITH
AND SUSIE KARA SLATER

272 pages | 4 x 7 | \$18.95 | paperback | 65 photos | 53 maps
ISBN 978-1-68051-796-5 | ebook ISBN 978-1-68051-797-2
Guidebook/Hiking/Southern California | Rights: World

Explore San Diego's best trails—from coastline to canyons

- Features 52 trails within 30 miles of the urban core
- Includes guide to common native wildflowers, trees, and shrubs
- Portable size makes it easy to tuck into a pack

Urban Trails: San Diego is your guide to the most scenic and accessible hikes in one of America's most beautiful cities. Showcasing San Diego's stunning variety of landscapes, this essential resource features routes across six distinct regions: Beaches & Bays, North, Central, Mission Trails, East, and South Bay. From La Jolla's coastline and downtown waterfront paths to inland peaks in Mission Trails Regional Park and quiet canyon trails near Chula Vista, every hike offers a new way to explore the region's natural beauty.

Whether you're looking for a quick urban stroll or a full-day adventure, this guide delivers local insight, practical directions, and trail details to suit all fitness levels. Perfect for walkers, hikers, and nature lovers alike.

ABOUT THE AUTHORS

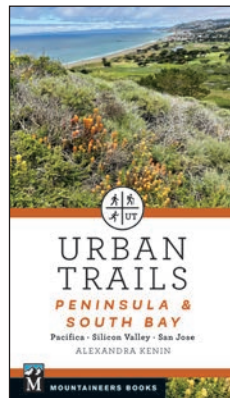
CHRIS GRIFFITH is a California native and UC Santa Barbara graduate, and user experience designer who hikes avidly in San Diego County.

ONLINE: sdpeakbagger.com @sdpeakbagger



SUSIE KARA SLATER is a pediatric occupational therapist and yoga instructor. An avid world traveler and hiker, she was born and raised in San Diego.

ONLINE: @susiehikes @urbantrails_sandiego



AVAILABLE IN FEBRUARY

URBAN TRAILS: PENINSULA & SOUTH BAY

*Pacifica * Silicon Valley * San Jose*

ALEXANDRA KENIN

272 pages | 4 x 7 | \$18.95 | paperback | 60 photos
51 maps | ISBN 978-1-68051-730-9 | ebook 978-1-68051-731-6
Guidebook/Hiking/Northern California | Rights: World

Discover the best trails from Pacifica to San Jose to Henry W. Coe State Park

- Compact, portable size makes it easy to tuck into a pack
- Includes trailhead locations, maps, elevation gain, amenities, and public transit options
- Sidebars provide area history, nature, tips, and sights

Urban Trails: Peninsula & South Bay is your essential guide to 50 of the best local hikes, walks, and bike routes across Santa Clara and San Mateo counties. Designed for outdoor enthusiasts of all levels, this user-friendly book features trailhead directions, elevation gain, maps, transit options, and nearby amenities.

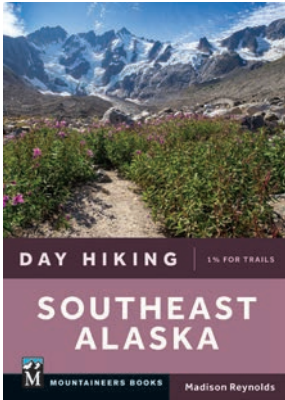
From coastal rambles in Pacifica to urban paths in San Jose neighborhoods to stunning hikes in parks and preserves, author and longtime local Alexandra Kenin highlights the full range of experiences available just outside your door. Engaging sidebars share fascinating local history, natural highlights, and tips to make the most of each outing. Whether you're a walker, runner, or cyclist, this guide will help you find your next favorite trail.

ABOUT THE AUTHOR



ALEXANDRA KENIN is the founder of Urban Hiker SF and has led hikes for companies and organizations including Airbnb, TED Women, LinkedIn, and Google. She is also the author of *Urban Trails: San Francisco* and *Urban Trails: East Bay*. She lives in San Francisco, CA.

ONLINE: urbanhikersf.com @urbanhikersf



AVAILABLE IN APRIL
**DAY HIKING
SOUTHEAST ALASKA**

MADISON REYNOLDS

352 pages | 5 x 7 | \$24.95 | paperback | 130 color photos
110 maps | ISBN 978-1-68051-740-8 | ebook 978-1-68051-741-5
Guidebook/Hiking/Alaska | Rights: World

**The only comprehensive guidebook to hiking in
Southeast Alaska**

- Features more than 110 essential hikes in the areas of Skagway, Haines, Gustavus, Juneau, Sitka, Petersburg, Wrangell, Prince of Wales Island, and Ketchikan
- Includes detailed maps, mile-by-mile trail descriptions, elevation info, and means of trailhead access
- Highlights features like glaciers, wildlife, and cultural landmarks

Day Hiking Southeast Alaska is the only comprehensive guide to southeast Alaska's unforgettable hikes. Covering dense rainforests, icy fjords, historic trails, and alpine lakes—including hidden gems accessible only by boat or plane—this guidebook is your key to exploring the heart of Alaska's Inside Passage and Alexander Archipelago.

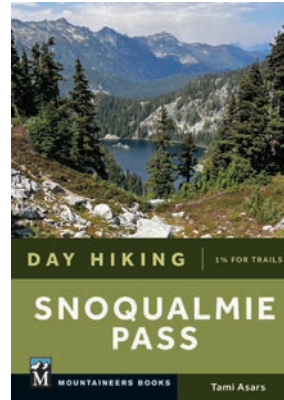
Authoritative yet accessible, this book includes area history, travel tips, and dozens of bonus hike suggestions for more ambitious adventurers. *Day Hiking Southeast Alaska* connects you to the spirit of this breathtaking region and the deep sense of wonder only found in the Last Frontier.

ABOUT THE AUTHOR

DAVID REYNOLDS



MADISON REYNOLDS is a mother, biologist, former backpacking guide, and trail junkie. After graduating from the University of Alaska Fairbanks, she began photographing and recording her hikes throughout Southeast Alaska while conducting ecological research and volunteering for local search and rescue operations. Reynolds' previous publications include research articles in scientific journals such as the *Journal of Raptor Research* and the *Canadian Field-Naturalist*. She lives in Ketchikan, AK.



AVAILABLE IN APRIL
**DAY HIKING
SNOQUALMIE PASS**

TAMI ASARS

384 pages | 5 x 7 | \$24.95 | paperback | 140 color photos
127 maps | ISBN 978-1-68051-703-3 | ebook 978-1-68051-704-0
Guidebook/Hiking/Washington | Rights: World

**The definitive and all-new guide to hiking Washington's
Snoqualmie Pass**

- Covers the 126 best trails in the Snoqualmie Pass region
- Features full-color photos, detailed maps and trail descriptions, and more
- 1% of proceeds benefit the Washington Trails Association

Within easy day-hiking distance for Seattle and Ellensburg area hikers, the Snoqualmie Pass region boasts an abundance of incredible variety: forested valleys, alpine meadows, craggy peaks, and even high desert terrain. *Day Hiking Snoqualmie Pass* features boots-on-the-ground research by seasoned Washington hiking expert Tami Asars. With 126 handpicked trails, this is the most accurate and comprehensive guide to one of the state's most beloved outdoor playgrounds.

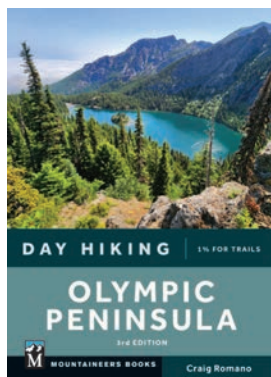
Whether you're chasing waterfalls, wildflowers, or wide-open views, this guide ensures you'll get the most out of every mile.

ABOUT THE AUTHOR



TAMI ASARS is a Triple Crown hiker, outdoor writer, nature photographer, and author of five hiking guides, including *Hiking the Wonderland Trail* and *Hiking the Pacific Crest Trail: Washington*, and is the official partner with FarOut Guides for the Wonderland Trail app. An experienced outdoor instructor and backpacking guide, her work also appears in outdoor-related print and online publications.

ONLINE: tamiasars.com @tamiasars



AVAILABLE IN MAY
**DAY HIKING OLYMPIC
 PENINSULA, 3RD ED**

CRAIG ROMANO

368 pages | 5 x 7 | \$24.95 | paperback | 150 color photos
 136 maps | ISBN 978-1-68051-808-5 | ebook 978-1-68051-809-2
 Guidebook/Hiking/Washington | Rights: World

The most trusted guide to hiking the Olympic Peninsula—now fully updated

- All new maps, color photos, and updated Trails At a Glance chart
- Includes sidebars on local flora and fauna and historical highlights
- 1% of proceeds benefit the Washington Trails Association

With hikes to rugged alpine peaks, lush river valleys, and the wild Pacific coast, *Day Hiking Olympic Peninsula, 3rd Edition*, is the essential guide for exploring one of Washington's most iconic regions. Featuring 136 hikes—including 10 all-new routes—this completely revised edition is packed with accurate, boots-on-the-ground research.

Hikes range from backcountry treks to family-friendly nature trails under three miles—so there are adventures for hikers of all levels. Each entry includes key details on distance, difficulty, and trail highlights.

ABOUT THE AUTHOR



CRAIG ROMANO is a prolific outdoor writer and an award-winning author of more than 25 books. An ardent conservationist, Northwest trails expert, and passionate hiker and ultra-runner, he has logged more than 35,000 miles in Washington State alone. He contributes regular content to several publications including *Northwest Travel and Life*, *Washington Trails*, and more. He is also co-host of the Washington State Hiking podcast. He lives in Mount Vernon, WA.

ONLINE: craigromano.com @craig.romano



AVAILABLE IN APRIL
**DAY HIKING OREGON
 COAST, 3RD ED**

BONNIE HENDERSON

272 pages | 5 x 7 | \$24.95 | paperback | 125 color photos
 73 maps | ISBN 978-1-68051-674-6 | ebook 978-1-68051-675-3
 Guidebook/Hiking/Oregon | Rights: World

From view-filled hikes to rambling beach walks, this guide has it all

- Features 74 hikes, 41 beach walks, and all-new color photos
- Includes detailed beach descriptions with access points, facilities, and emergency info
- 1% of proceeds benefit Trailkeepers of Oregon

Day Hiking: Oregon Coast, 3rd Edition, is the definitive guide to exploring all 363 miles of Oregon's Pacific coastline. With 74 hikes and 41 beach walks, this fully revised and updated edition offers something for everyone—from easy family outings to sections of the epic Oregon Coast Trail.

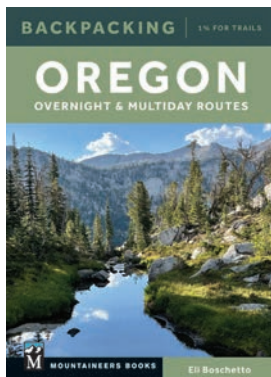
Reorganized into 18 easy-to-use regional sections, and including updated nature and history sidebars, this book is both a trusted trail companion and an inspiring travel planner. All-new section introductions highlight towns, parks, and forests in each micro-region. New loop options, camping details, and outdoor activity suggestions enhance the experience.

ABOUT THE AUTHOR



Journalist **BONNIE HENDERSON** is author of the critically acclaimed *The Next Tsunami: Living on a Restless Coast* and *Strand: An Odyssey of Pacific Ocean Debris*. She is also the author of two other guidebooks, *Hiking the Oregon Coast Trail*, and (with co-author Zach Urness) *Best Hikes with Kids: Oregon*. She lives in Eugene, Oregon.

ONLINE: bonniehendersonwrites.com



AVAILABLE IN MAY
BACKPACKING OREGON
Overnight & Multiday Routes

ELI BOSCHETTO

320 pages | 5 x 7 | \$24.95 | paperback | 75 color photos
 71 maps | ISBN 978-1-68051-626-5 | ebook 978-1-68051-627-2
 Guidebook/Hiking/Oregon | Rights: World

The ultimate guide to Oregon's best backpacking adventures!

- Features 70 overnight, weekend, or multiday trips
- Includes mileage logs for campsites, water, and other highlights, as well as icons for family- and dog-friendly routes
- 1% of proceeds support Trailkeepers of Oregon

Backpacking Oregon is the ultimate guide for exploring the state's wild beauty on foot, featuring 70 overnight and multiday routes that span coastal headlands, Cascade peaks, high desert plains, and beyond. Veteran guidebook author Eli Boschetto focuses on weekend-friendly treks, while offering tips for extending or customizing each trip.

Detailed trail descriptions include maps, mileage logs, campsites, water sources, and scenic highlights, along with icons for family- and dog-friendly routes. Discover Oregon's most iconic adventures with expanded summaries for the Timberline Trail, Three Sisters Loop, and Wallowas Loop, plus a section focused on the Pacific Crest Trail. With inspirational photos, planning advice, and Leave No Trace guidance, this book is an essential companion.

ABOUT THE AUTHOR



ELI BOSCHETTO is a lifelong hiker and has been working in the outdoor industry since 2006. Eli has been a correspondent for *Backpacker*, the editor and art director for *Washington Trails* magazine, and produced five Oregon hiking guidebooks. He has also served on the advisory council of the Oregon Trails Coalition, and was the trail consultant for Adidas' United by Summits Oregon PCT Adventure. He lives in Portland, Oregon.

ONLINE: pctoregon.com [@pctoregon](https://www.instagram.com/pctoregon)



AVAILABLE IN APRIL
**HIKING OREGON'S
 FIRE LOOKOUTS**

CHERYL HILL

256 pages | 6.75 x 9 | \$26.95 | paperback | 135 color photos
 46 maps | ISBN 978-1-68051-708-8 | ebook 978-1-68051-709-5
 Guidebook/Hiking/Oregon | Rights: World

Discover Oregon's historic fire lookouts on foot

- Describes hikes to 45 fire lookouts across Oregon
- Includes detailed maps, hike descriptions, and beautiful photographs
- Appendix on how to rent or stay in a fire lookout

Hiking Oregon's Fire Lookouts is your comprehensive guide to 40 still-standing lookouts and 5 scenic former lookout sites. Author and fire lookout enthusiast Cheryl Hill combines detailed trail write-ups, maps, and stunning photography with her deep knowledge of Oregon's fire lookout history.

Each entry includes everything hikers need to plan a successful outing: driving directions, trail maps, GPS coordinates, elevation details, permit info, and notes on wildflowers, wildlife, and wildfire history. Whether you're trekking to a panoramic perch in the Cascades or uncovering a hidden site in the Coast Range, this guide reveals the beauty, stories, and sweeping views found at these unique destinations.

ABOUT THE AUTHOR



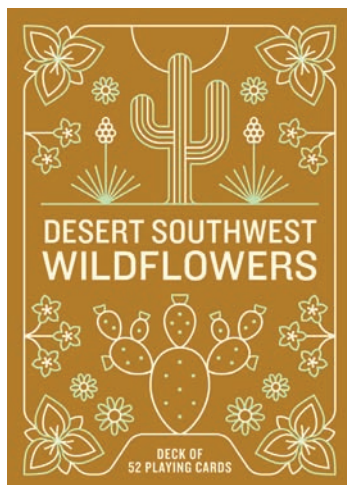
CHERYL HILL has worked as a librarian in the Portland area for nearly two decades. A writer, photographer, and avid hiker, Hill volunteers as an ambassador for Trailkeepers of Oregon, educating hikers about hiking etiquette and Leave No Trace principles. She lives in Milwaukie, OR.

ONLINE: cherylhill.net [@justpeachy](https://www.instagram.com/justpeachy)

[@cherylhillphotographer](https://www.facebook.com/cherylhillphotographer)

PACIFIC NORTHWEST & DESERT SOUTHWEST WILDFLOWERS DECKS

52 Playing Cards



54 cards + 4-panel booklet | 2.5 x 3.5 | \$8.95 | boxed card deck

54 color photos | Playing Cards/Wildflowers/Conservation

Rights: World

Pacific Northwest Wildflowers: ISBN 978-1-68051-831-3

Desert Southwest Wildflowers: ISBN 978-1-68051-832-0

Bring a bouquet of wildflowers to every game!

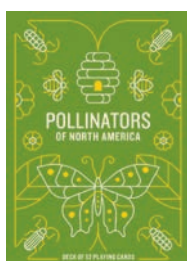
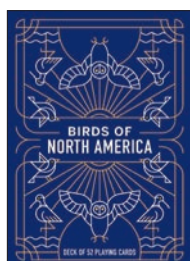
- Suits are color-coded by flower hues—Clubs (blue and purple), Diamonds (yellow and orange), Hearts (red and pink), and Spades (white and green)
- Includes insert booklet with information about flower habitats, stewardship, and conservation
- Promotes the importance of healthy ecosystems

Bring a bouquet of wildflowers to every card game with these beautifully illustrated decks of 52 standard playing cards, celebrating native blooms! Featuring inspiring species each card promotes awareness of wildflowers' vital roles in healthy ecosystems.

Perfect for all ages, these decks inspire players to appreciate and protect wildflower habitats from meadows to forests, deserts to shorelines. Great for playing cards or as a nature education tool.

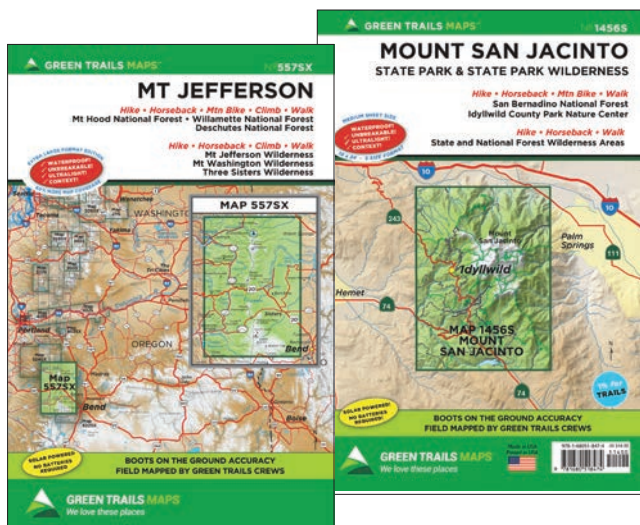


ALSO OF INTEREST



GREEN TRAILS MAPS

NEW IN 2026



Map formats include:

CLASSIC MAPS: 12 x 18 (shipped flat to the trade) | 15-minute coverage | paper | \$8 each

S MAPS: 18 x 24 (shipped folded, 6 x 9) | waterproof unbreakable | ultralight | \$14 each

SX MAPS: 22½ x 30 (shipped folded, 6 x 9) | waterproof unbreakable | ultralight | \$18 each

SXL MAPS: 22½ x 36 (shipped folded, 6 x 9) | waterproof unbreakable | ultralight | \$20 each

Mt. San Jacinto, CA, No. 1456S
978-1-68051-847-4

Mt. Jefferson, OR, No. 5575X
978-1-68051-519-0

Cape Flattery, WA, No. 98S (new polyart version)
978-1-68051-655-5

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Recently Released:

Redwood State Park, CA, No. 1116SX
978-1-68051-772-9

Joshua Tree, CA No. 1437XL
978-1-68051-774-3

KNOW BEFORE YOU GO!

Clear, current, compact, and convenient, Green Trails Maps set the standard for backcountry travel

- More than 150 backcountry maps for Western states
- Trails on each map individually hiked and recorded with GPS for accuracy
- Relied upon for more than 50 years by hikers, climbers, backpackers, backcountry skiers, snowshoers, and more

As every experienced backcountry adventurer knows, possessing solid tools for navigation is one of the Ten Essentials for a safe adventure. There are, of course, many technological options out there, but to truly be prepared there's really nothing better than a printed map—and there's absolutely no better map than a color topographic Green Trails Map. Fully vetted and high quality, Green Trails Maps are not only useful for trip planning but will keep backcountry travelers on track, long after the batteries have died on other navigational devices.

Each map includes:

- Trails coded for hikers only, as well as mountain bikers, horses, skiers, and snowmobilers
- Icons for parking and picnic areas, tent camping and RV spaces, bathrooms and backcountry toilets, points of interest, waterfalls, springs, and gates
- Dot-to-dot trail distances and elevation change, contour intervals, adjacent map numbers, and permits required
- Land designations: national and state parks, national forest, wilderness, DNR land, private land, tribal land, and others

Green Trails Maps available in digital format
from Avenza Maps at [avenzamaps.com](https://www.avenzamaps.com)

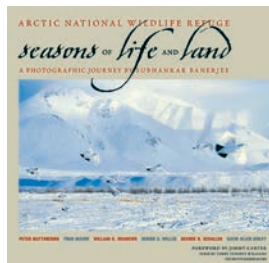


SEE ALL GREEN TRAILS
MAPS ON PAGES 70-73.

BRAIDED RIVER

BRAIDED RIVER is the conservation imprint of Mountaineers Books, with a mission to defend wild places by bringing evocative and inspirational images and stories to an ever-growing and diverse audience of environmental protectors.

Through stunning photography, powerful storytelling and strategic impact campaigns, Braided River's books lead to films, multimedia presentations, exhibitions, and digital campaigns. Our books help protect millions of acres of land in western North America through public policy and awareness building to inspire readers to take action to fight for environmental and climate justice. For more information visit braidedriver.org



BANFF WINNER
ARCTIC NATIONAL WILDLIFE REFUGE
Seasons of Life and Land
Banerjee. pb, \$29.95, ISBN 978-0-89886-438-0.



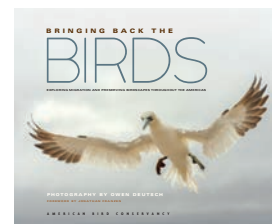
ARCTIC WINGS
Birds of the Arctic National Wildlife Refuge
S. Brown, editor. pb, \$27.95, ISBN 978-0-89886-976-7.
 Includes CD of Arctic bird songs



IPPY WINNER
BIG RIVER
Resilience and Renewal in the Columbia Basin
Moskowitz, Pearkes. hb, \$39.95, ISBN 978-1-68051-660-9.



IPPY & GRAND PRIZE NAUTILUS WINNER
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Ancient Carbon, Modern Science, and a Race to Save the World
Scigliano, Holmes, Natali, Schade; Linder; photographer hb, \$35, ISBN 978-1-68051-247-2.



IPPY & NAUTILUS WINNER
BRINGING BACK THE BIRDS
Exploring Migration and Preserving Birdscapes Throughout the Americas
American Bird Conservancy; Deutsch, photographer. hc, \$35, ISBN 978-1-68051-634-0.



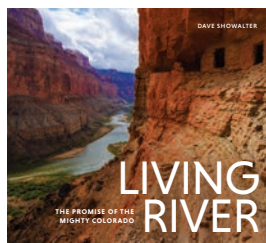
NAUTILUS WINNER
CARIBOU RAINFOREST
From Heartbreak to Hope
Moskowitz. hb, \$29.95, ISBN 978-1-68051-128-4.



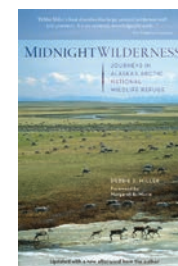
COMING SOON
GUARDIANS OF LIFE
Indigenous Knowledge, Indigenous Science, and Restoring the Planet
Yüyan. hb, \$49.95, ISBN 978-1-68051-838-2.



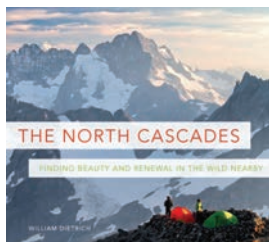
JOURNEY TO THE ARCTIC
Schulz. hb (paper over boards), \$18.95, ISBN 978-1-59485-488-0.



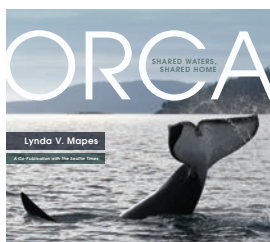
NOBA WINNER
LIVING RIVER
The Promise of the Mighty Colorado
Showalter. hb, \$39.95, ISBN 978-1-68051-632-6.



MIDNIGHT WILDERNESS
Journeys in Alaska's Arctic National Wildlife Refuge
D. Miller. pb, \$18.95, ISBN 978-1-59485-633-4.



THE NORTH CASCADES
Finding Beauty and Renewal in the Wild Nearby
Dietrich, C. Romano, and C. Martin. pb with flaps, \$34.95, ISBN 978-1-59485-771-3.



NOBA WINNER
ORCA
Shared Waters, Shared Home
Mapes. hb, \$34.95, ISBN 978-1-68051-326-4.



IPPY & PUBWEST WINNER
OWL
A Year in the Lives of North American Owls
Bannick. hb, \$34.95, ISBN 978-1-59485-800-0.



PLANET ICE
A Climate for Change
J. Martin. hb, \$39.95, ISBN 978-0-89886-085-1.



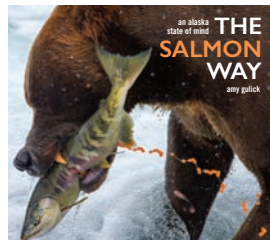
SAGE SPIRIT
The American West at a Crossroads
Showalter. pb with flaps, \$24.95, ISBN 978-1-59485-916-8.



SALMON, CEDAR, ROCK & RAIN
Washington's Olympic Peninsula
McNulty. hb, \$32.95, ISBN 978-1-68051-529-9.



SALMON IN THE TREES
Life in Alaska's Tongass Rain Forest
Gulick. hb, \$29.95, ISBN 978-1-59485-091-2.



IPPY & NAUTILUS WINNER
THE SALMON WAY
An Alaska State of Mind
Gulick. hb, \$29.95, ISBN 978-1-68051-238-0.



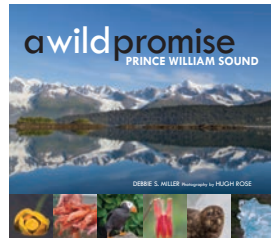
TO THE ARCTIC
Schulz. hb, \$45, ISBN 978-1-59485-487-3. WXDE.



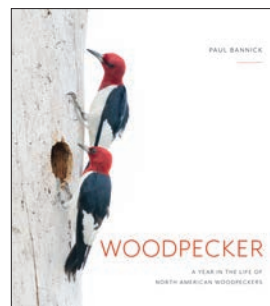
IPPY & NAUTILUS WINNER
WE ARE PUGET SOUND
Workman, Roberts, Forsman; Walsh, photographer. pb with flaps, \$29.95, ISBN 978-1-68051-258-8.



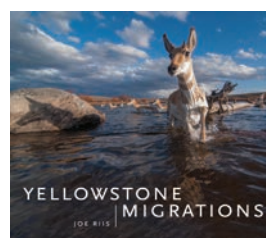
NAUTILUS WINNER
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Life and Livelihood in Alaska's Bristol Bay
Johnson. pb with flaps, \$24.95, ISBN 978-1-59485-773-7.



IPPY & NAUTILUS WINNER
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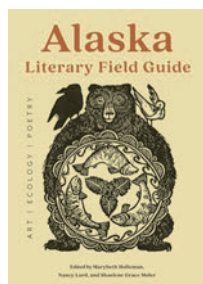


IPPY WINNER
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Freedom to Roam
Schulz. pb, \$29.95, ISBN 978-1-59485-104-9.

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SKIPSTONE is the lifestyle imprint of Mountaineers Books. These titles promote a deeper connection to our natural world through sustainable practices and backyard activism. Skipstone books inspire us to effect change without losing our sense of humor, celebrate the freedom and generosity of a life outdoors, and pitch in where we can on the maintenance of our planet and our own neighborhoods.

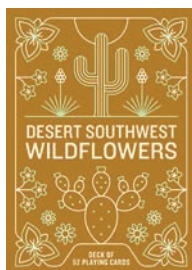
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Holleman, Lord, Moler, editors. pb, \$29.95, ISBN 978-1-68051-762-0.



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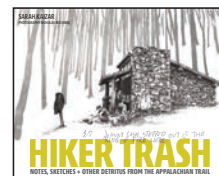
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DESERT SOUTHWEST WILDFLOWERS DECK
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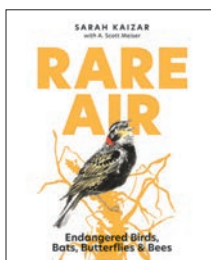
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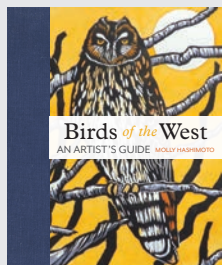


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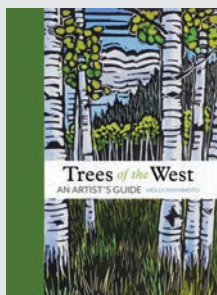
BIRDS OF THE WEST
 An Artist's Guide
Hashimoto. hb (paper over boards), \$29.95, ISBN 978-1-68051-150-5.



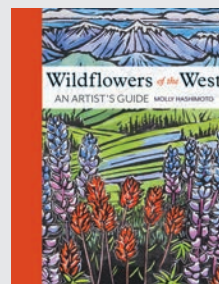
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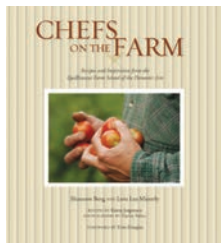


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Hashimoto. hb, \$24.95, ISBN 978-1-68051-338-7.

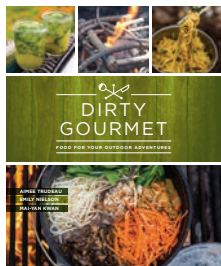


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Hashimoto. hb (paper over boards), \$26.95, ISBN 978-1-68051-693-7.

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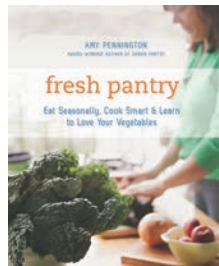
CHEFS ON THE FARM
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Borg, Mysterly, Jurgensen. pb, \$24.95, ISBN 978-1-59485-080-6.



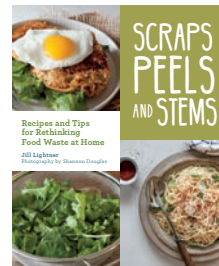
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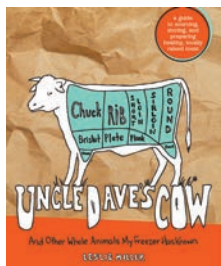
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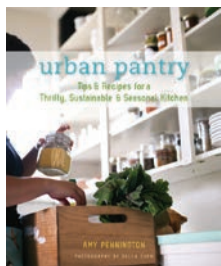
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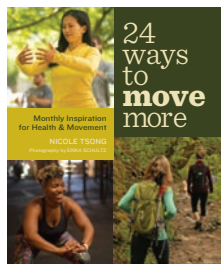


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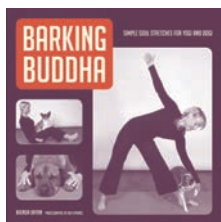


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URBAN PANTRY
Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen
Pennington; Chen, photographer. pb, \$19.95, ISBN 978-1-59485-346-3.

FITNESS



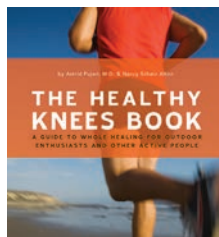
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Tsong; Schultz, photographer. pb, \$21.95, ISBN 978-1-68051-274-8.



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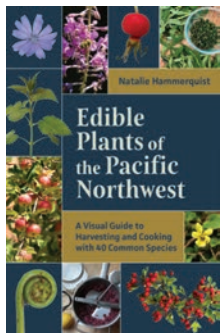


THE HEALTHY BACK BOOK
Pujari, Alton. pb, \$14.95, ISBN 978-1-59485-012-7.

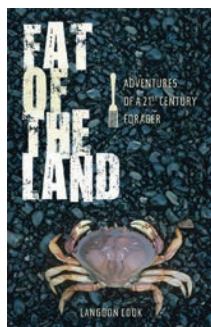


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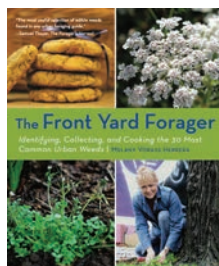
FORAGING



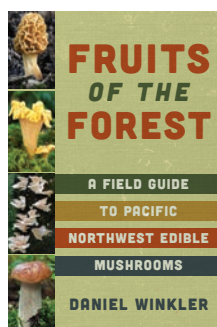
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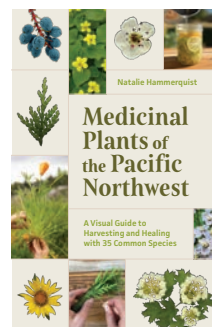
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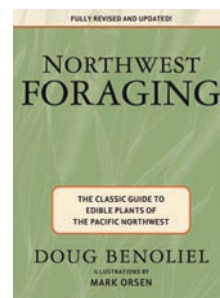
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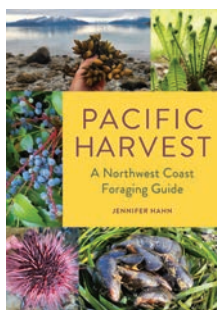
MEDICINAL PLANTS OF THE PACIFIC NORTHWEST
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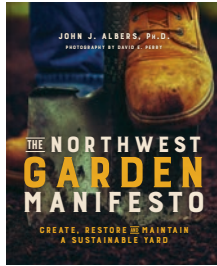


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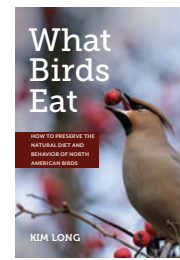
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 Nunemaker, illustrator.
 pb, \$24.95, ISBN 978-1-
 68051-041-6.

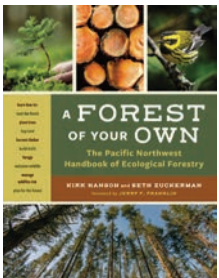


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 300-4.

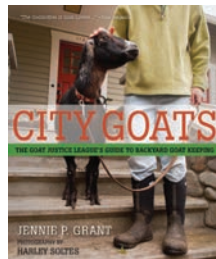
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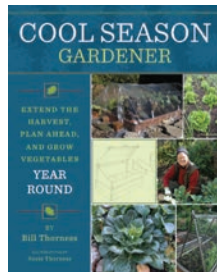
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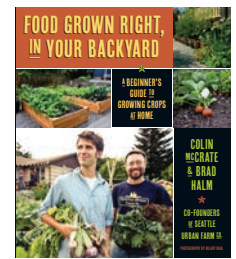
CITY GOATS
 The Goat Justice
 League's Guide To
 Backyard Goat Keeping
 Grant; Soltes,
 photographer. pb,
 \$17.95, ISBN 978-1-
 59485-699-0.



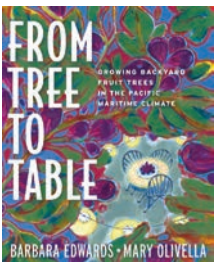
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 Thorness, Illustrator.
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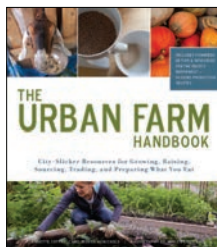
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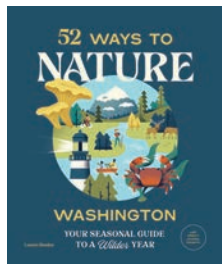


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 Edwards, Olivella. pb,
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 59485-518-4.

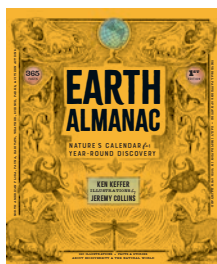


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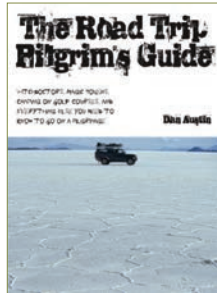
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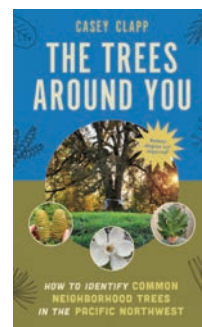
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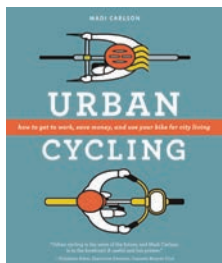
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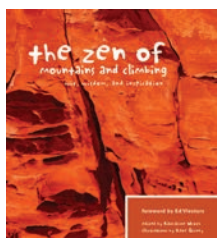
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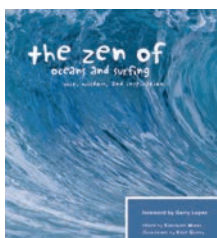
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Clapp. pb, \$24.95, ISBN 978-1-68051-744-6.



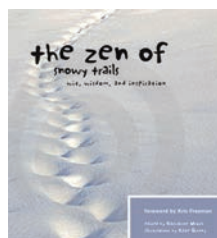
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How to Get to Work, Save Money, and Use Your Bike for City Living
Carlson. pb, \$18.95, ISBN 978-1-59485-943-4.



THE ZEN OF MOUNTAINS & CLIMBING
Wroth, *editor*. pb, \$12.95, ISBN 978-1-59485-109-4.

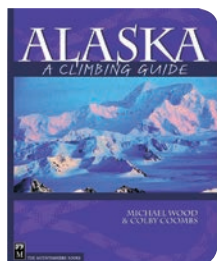


THE ZEN OF OCEANS & SURFING
Wroth, *editor*. pb, \$12.95, ISBN 978-1-59485-108-7.

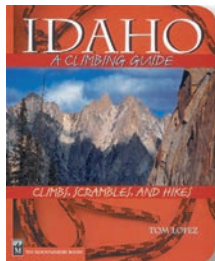


THE ZEN OF SNOWY TRAILS
Wroth, *editor*. pb, \$12.95, ISBN 978-1-59485-273-2.

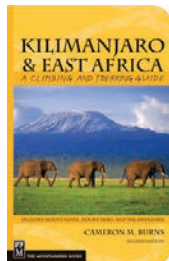
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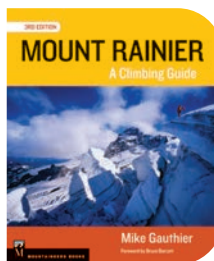
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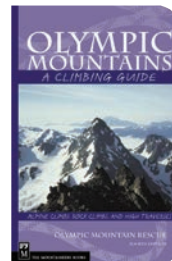
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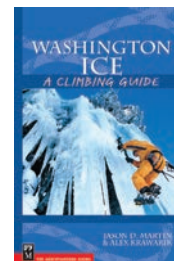
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842-0.



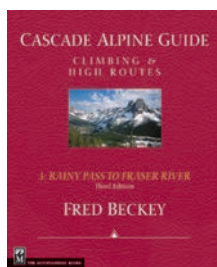
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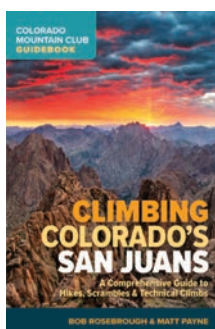
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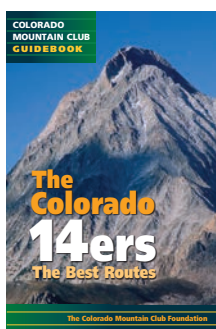
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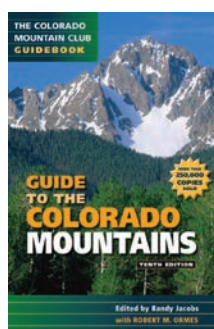
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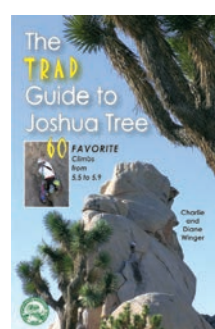
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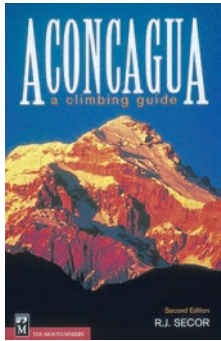


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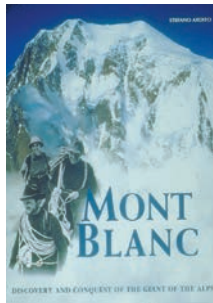
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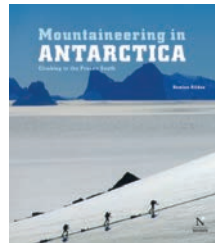
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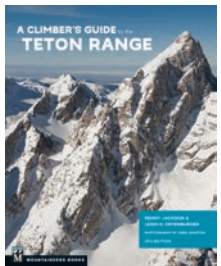


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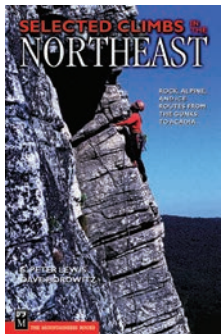


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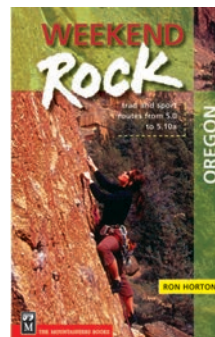


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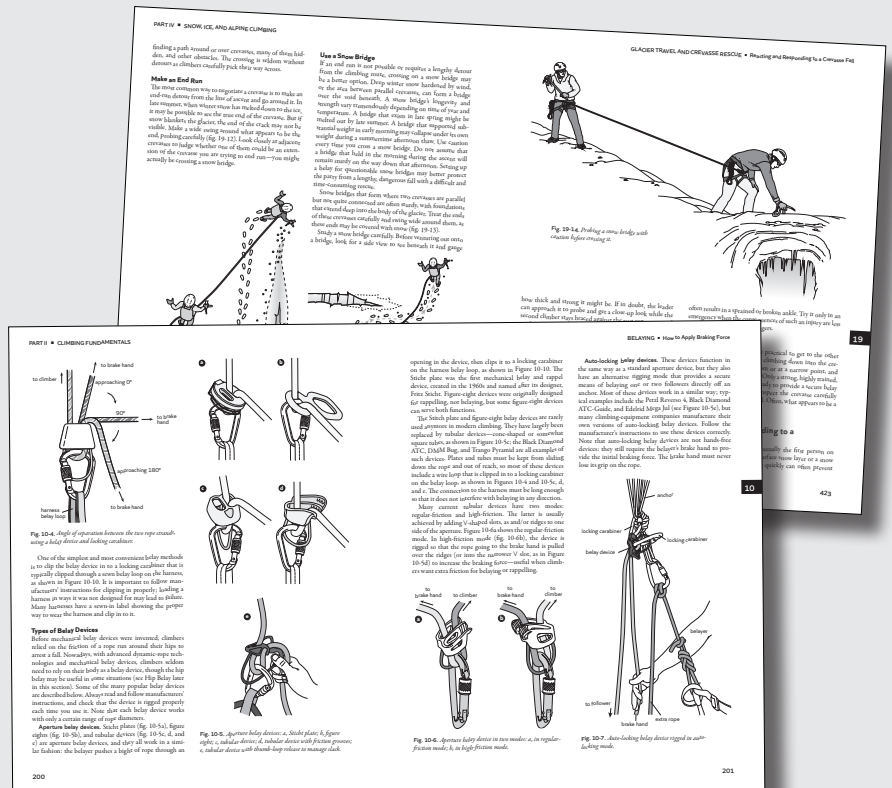
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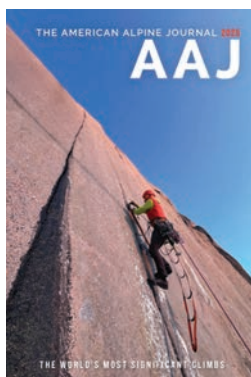
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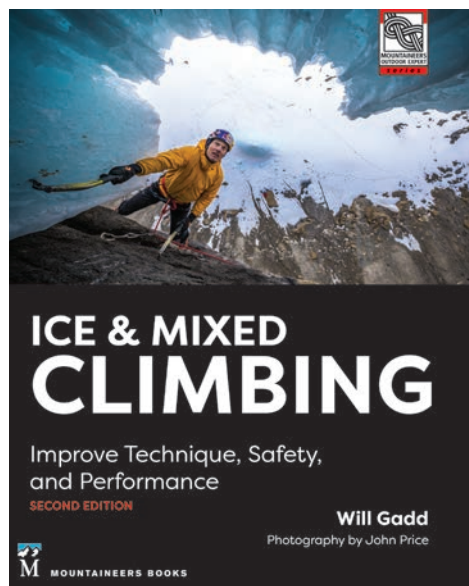


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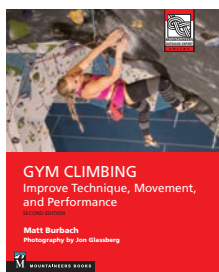
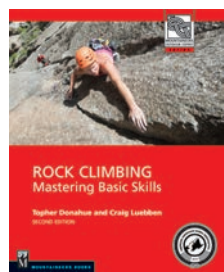
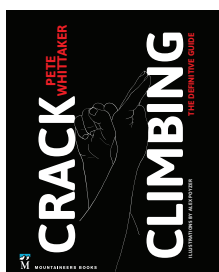
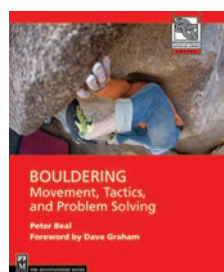
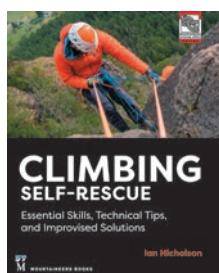
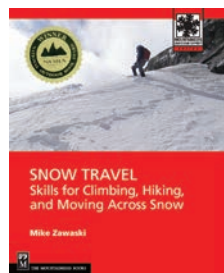
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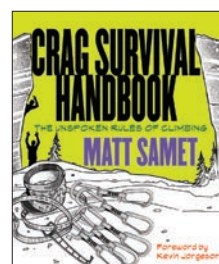
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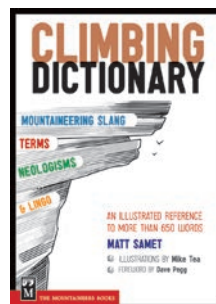
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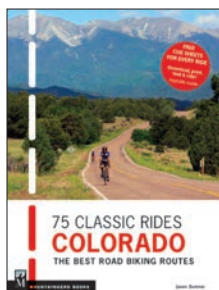
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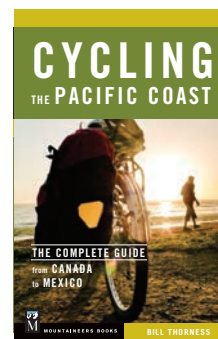
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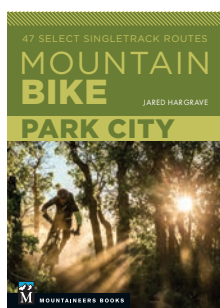
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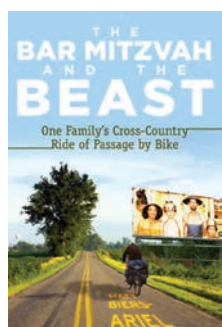


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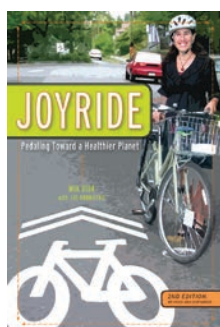


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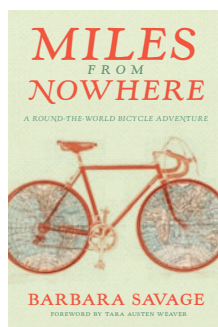
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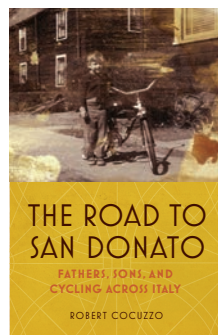
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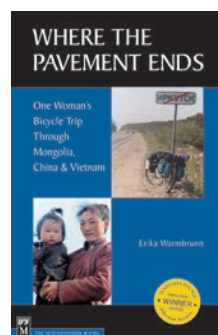
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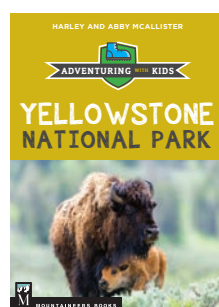
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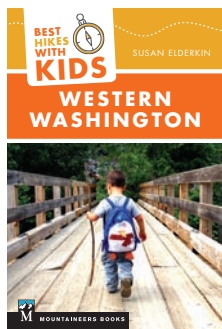


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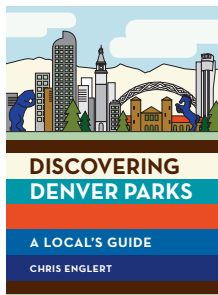
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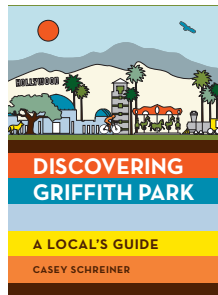


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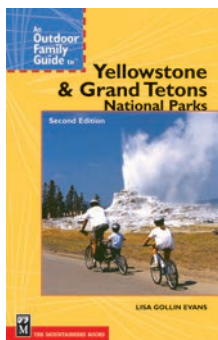


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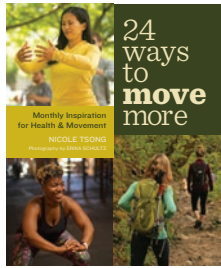
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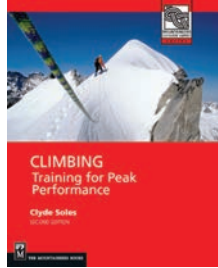
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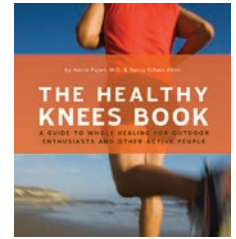
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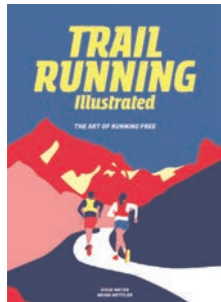
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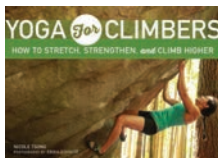
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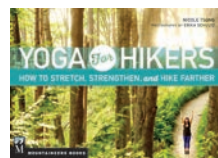
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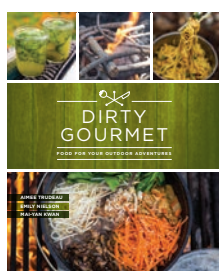


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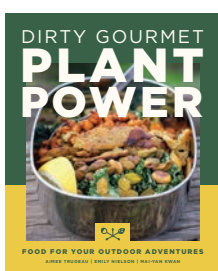
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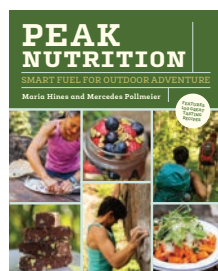
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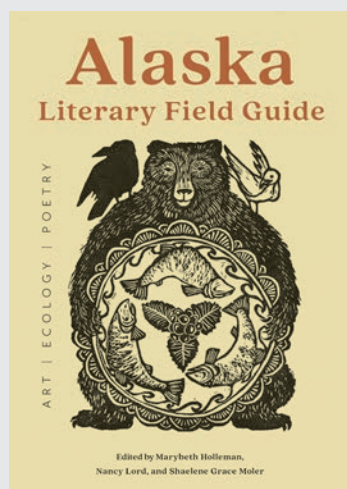
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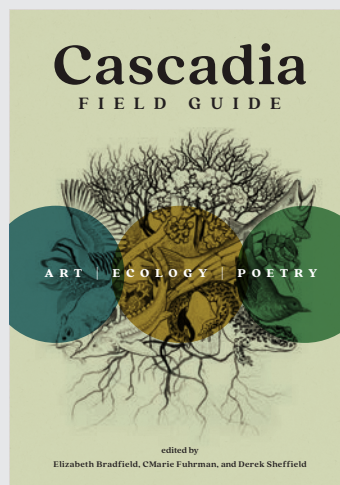


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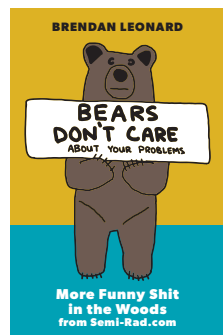


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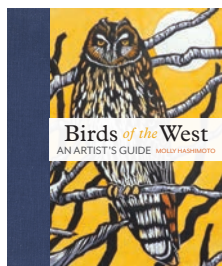
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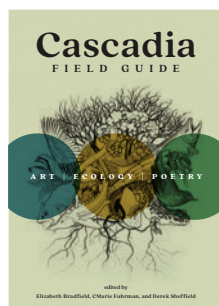
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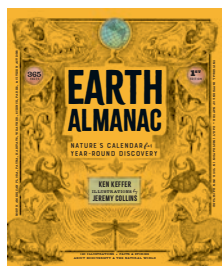
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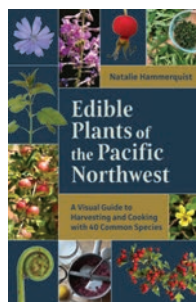
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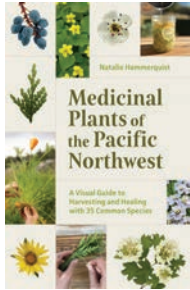
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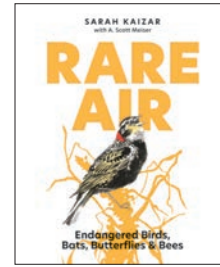
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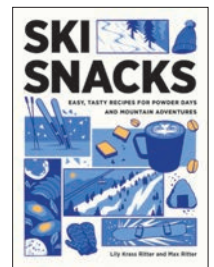
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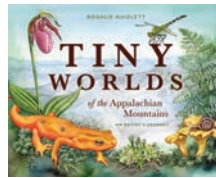
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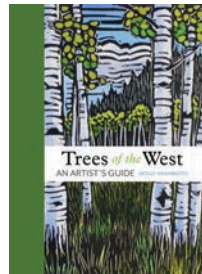
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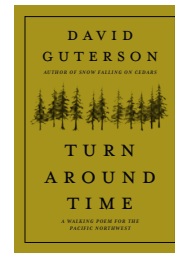
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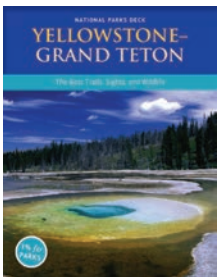


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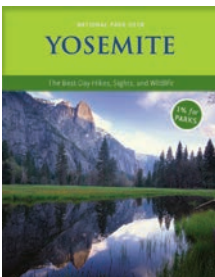


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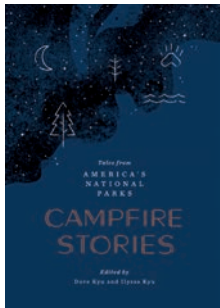
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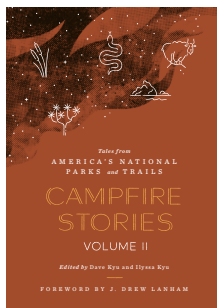
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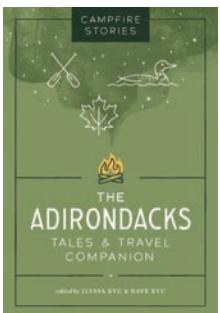
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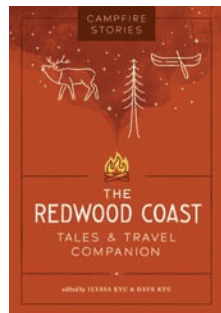
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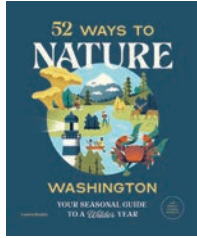


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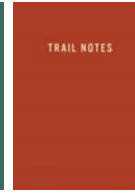
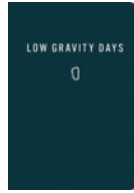
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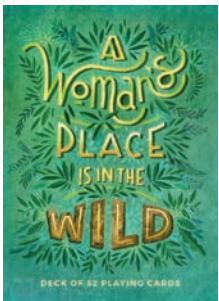


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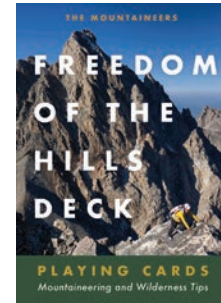
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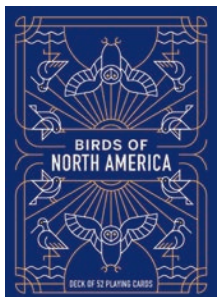
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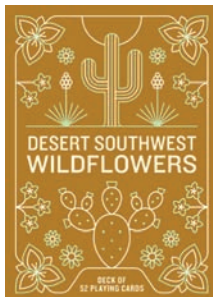
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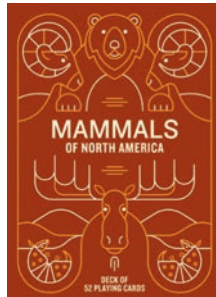
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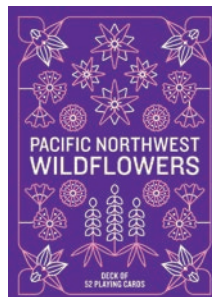
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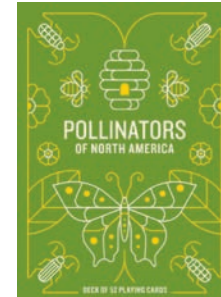
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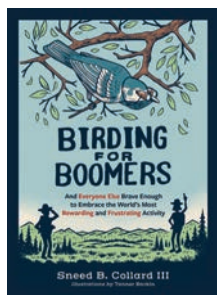
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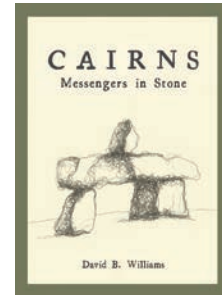
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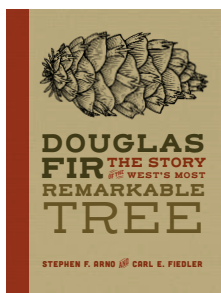
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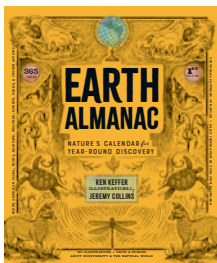
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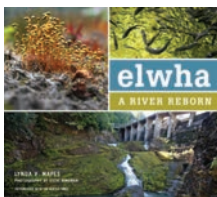
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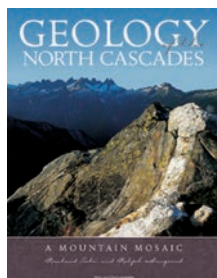
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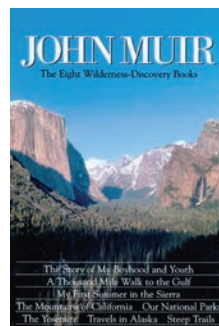
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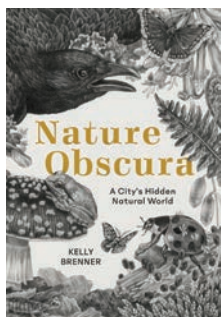
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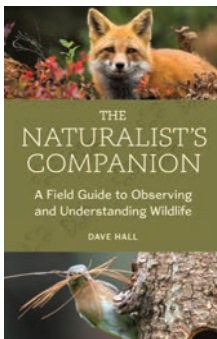
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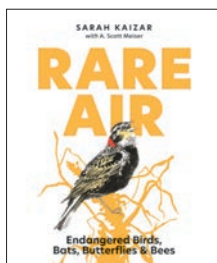
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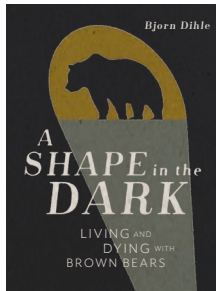
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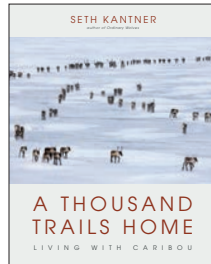
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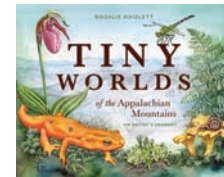
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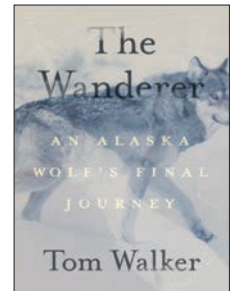
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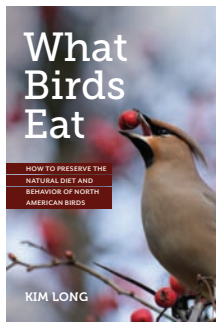
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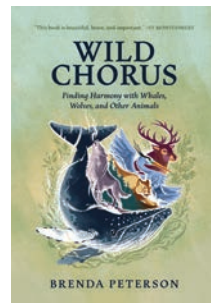
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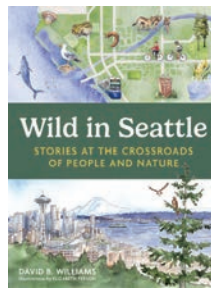
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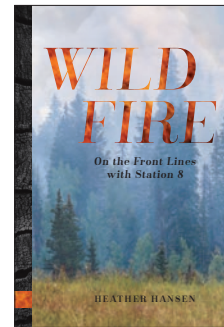
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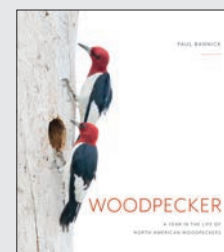
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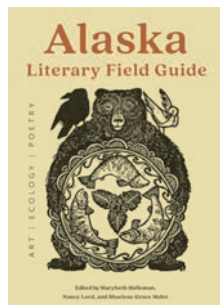


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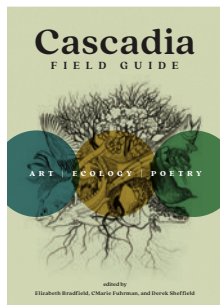
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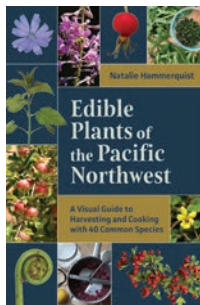
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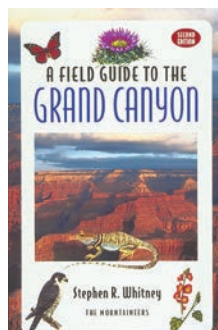
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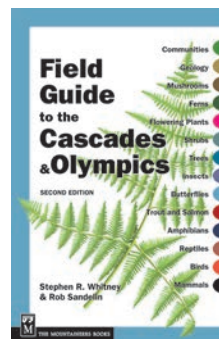


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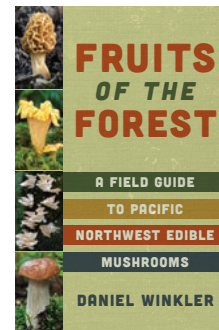
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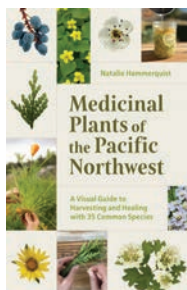
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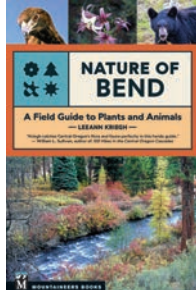
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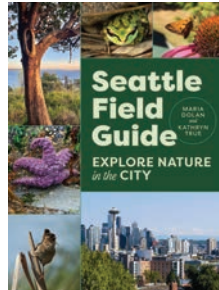
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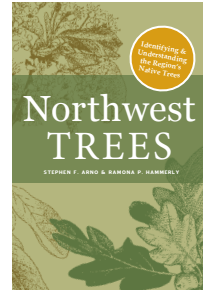
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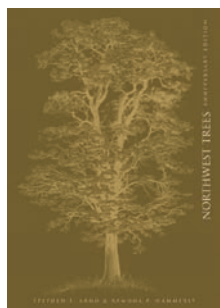
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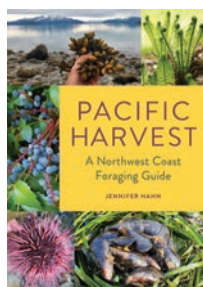
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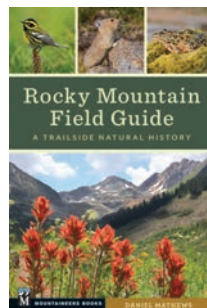
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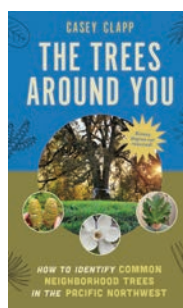
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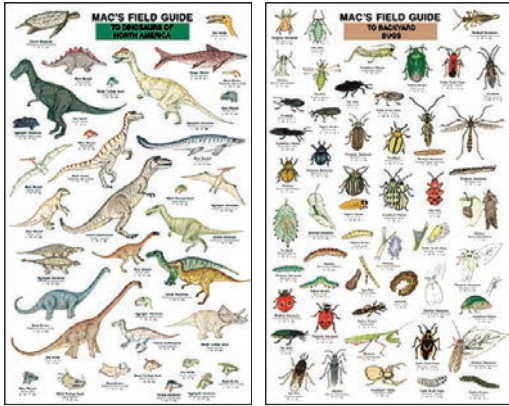


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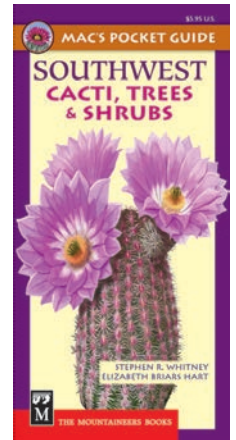
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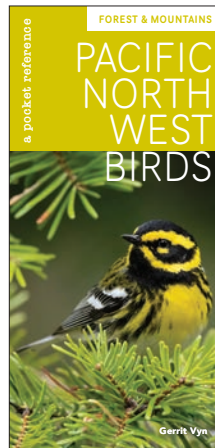
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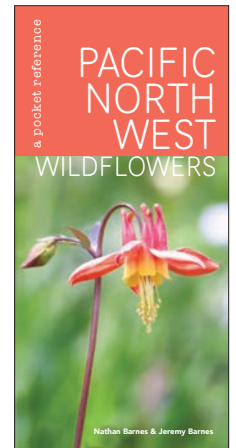
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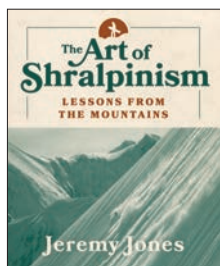


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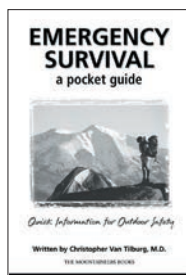


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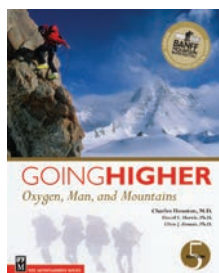
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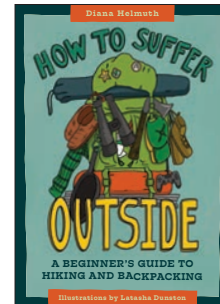
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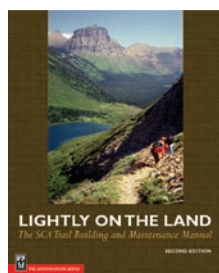
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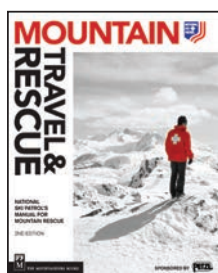
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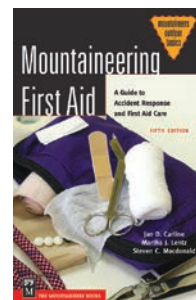
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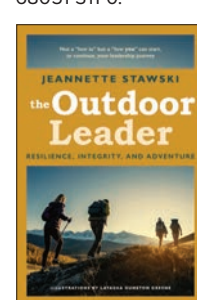
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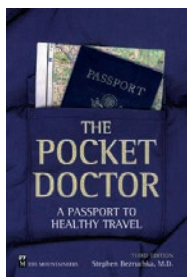


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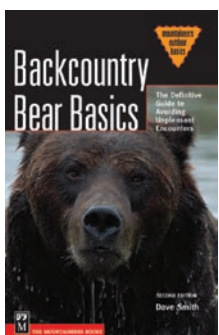


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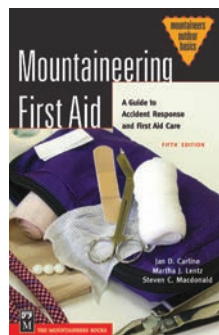
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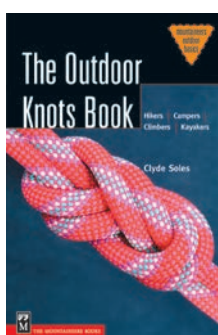
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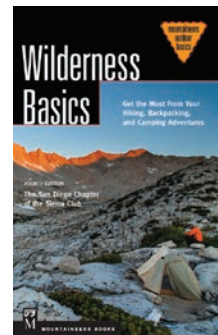
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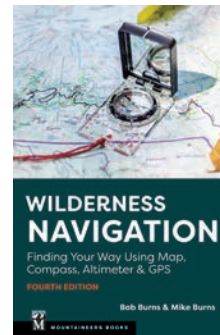
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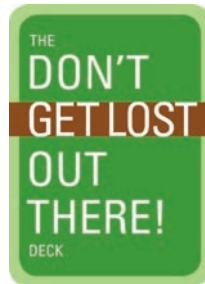
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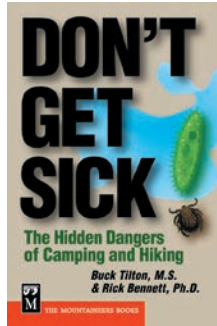
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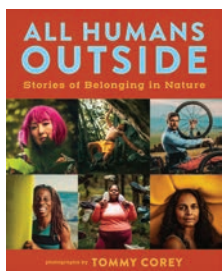


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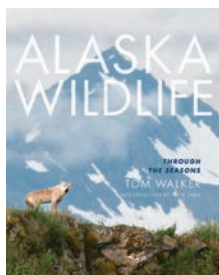
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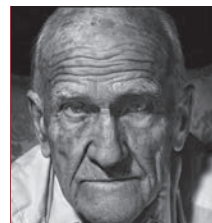
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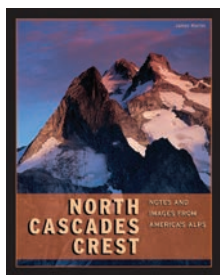
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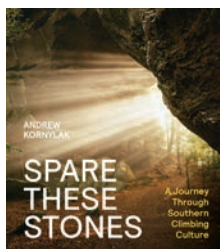
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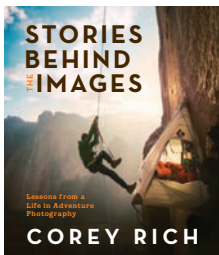
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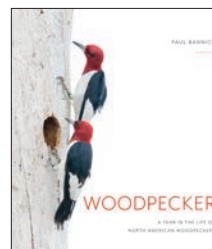
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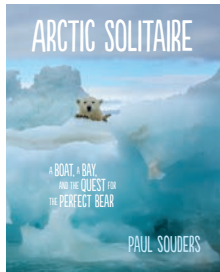


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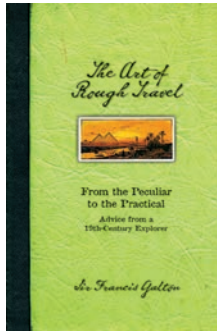


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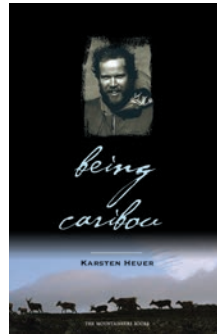
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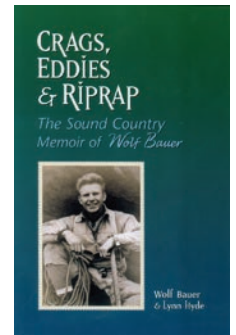
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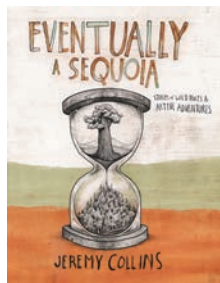
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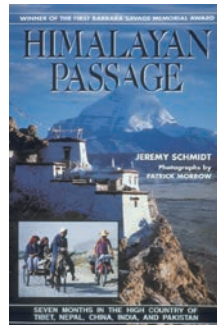
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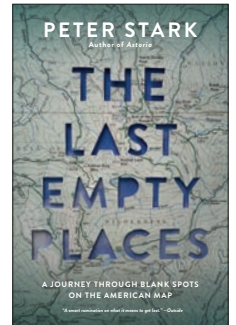
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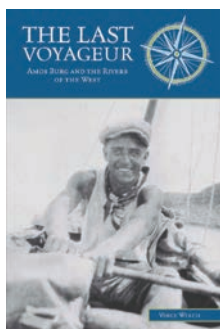
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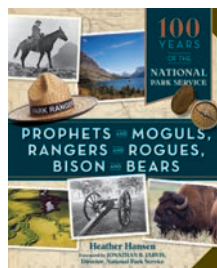
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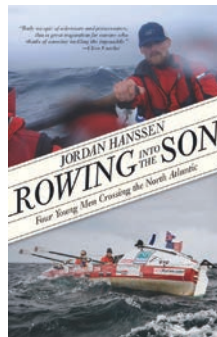
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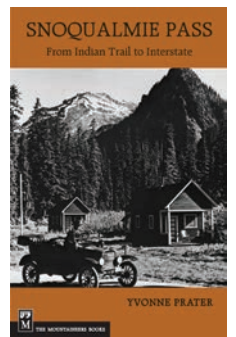
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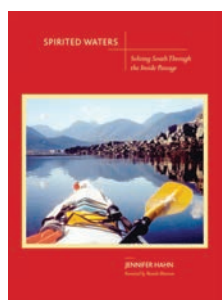
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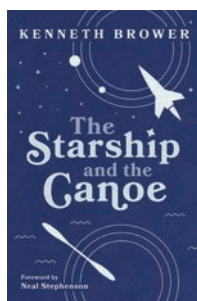
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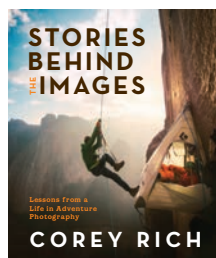
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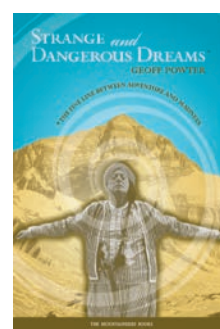
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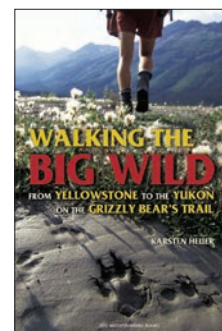
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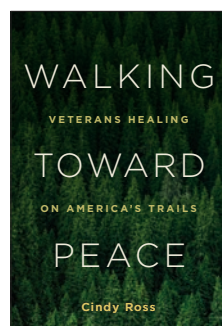
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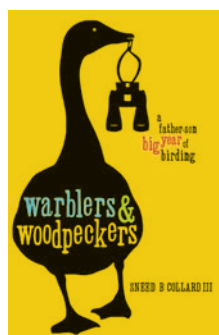
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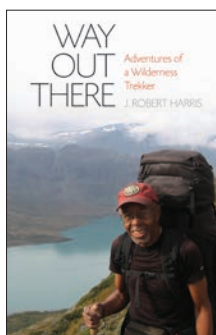
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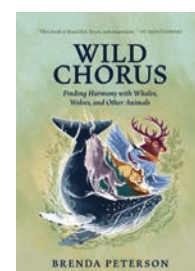
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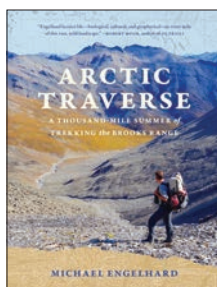


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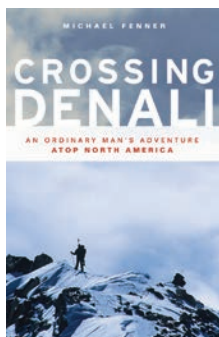
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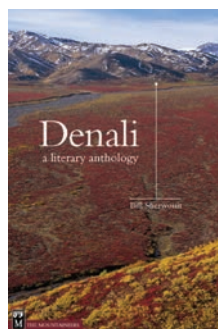
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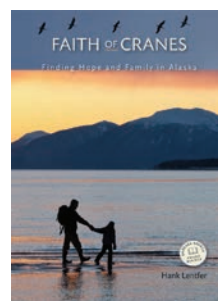
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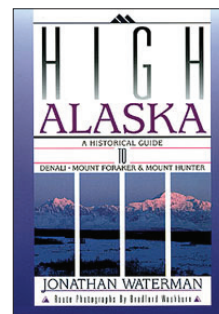
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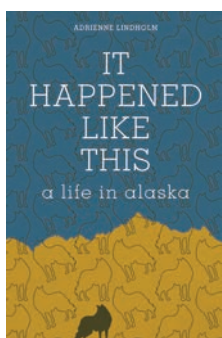
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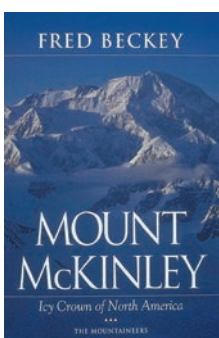
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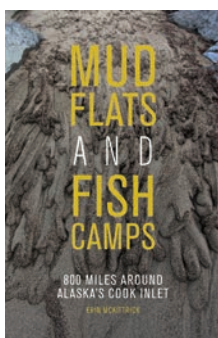
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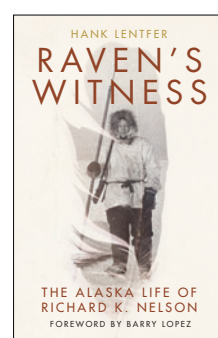
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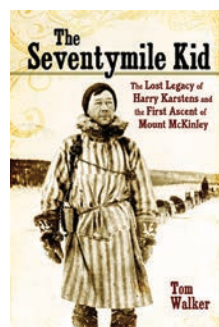
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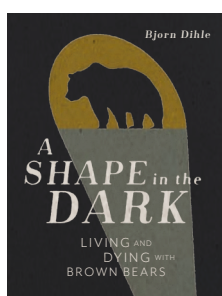
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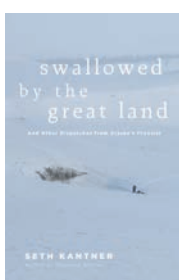
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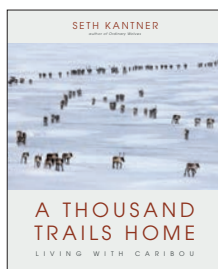
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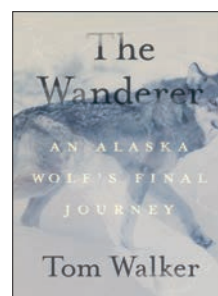
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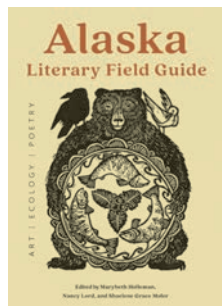


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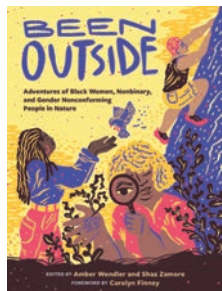


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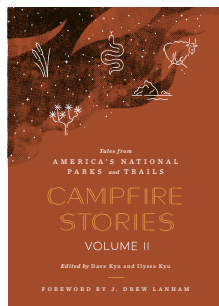
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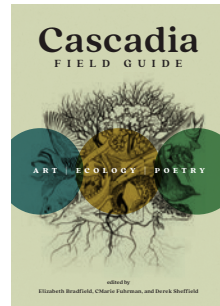
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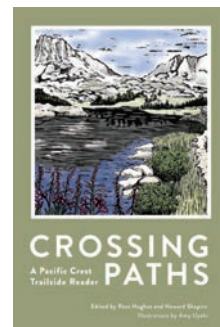
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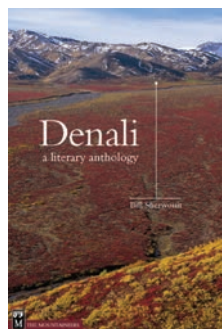
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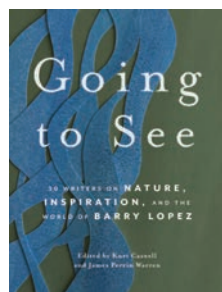
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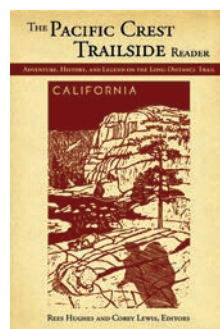
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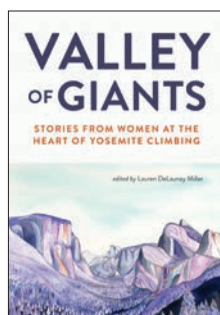
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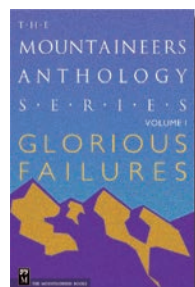


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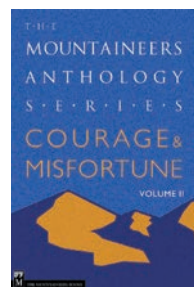
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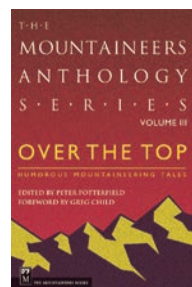
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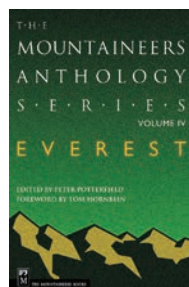
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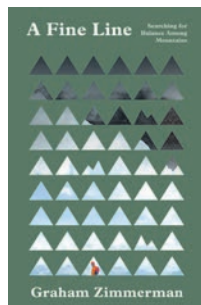


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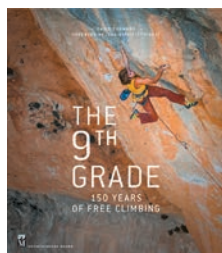


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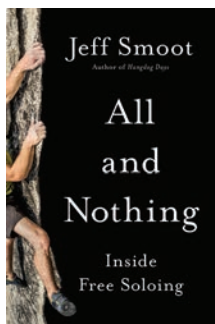
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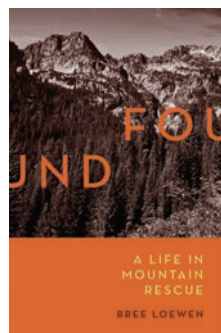
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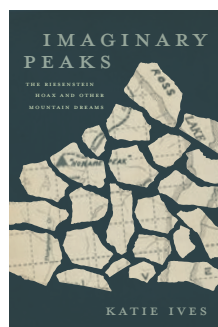
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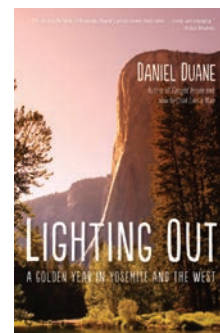
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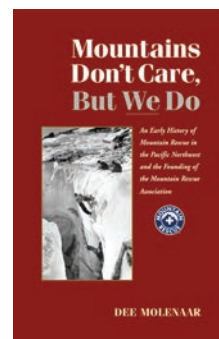
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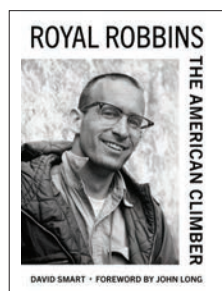
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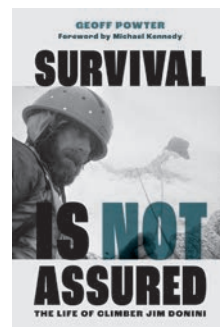
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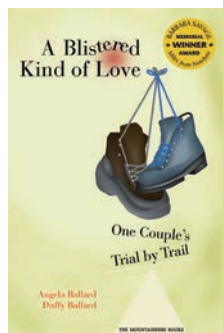


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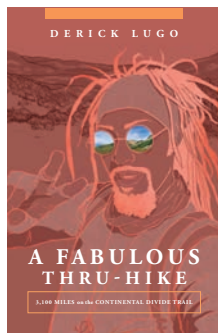
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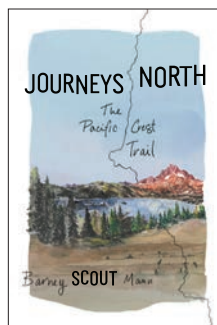


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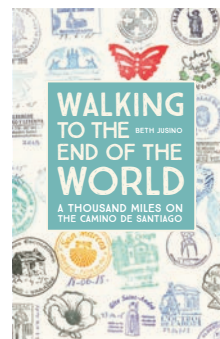
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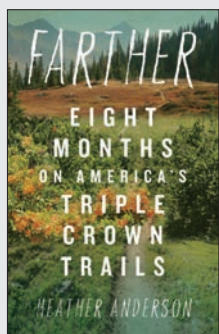


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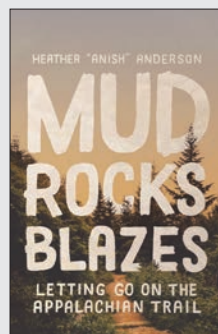
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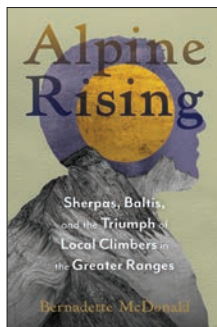
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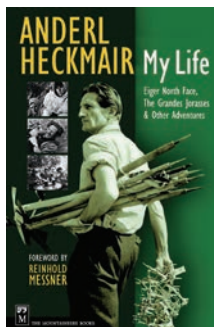
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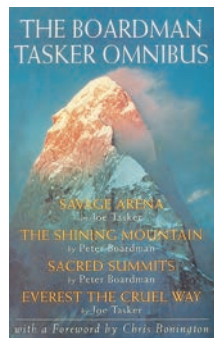
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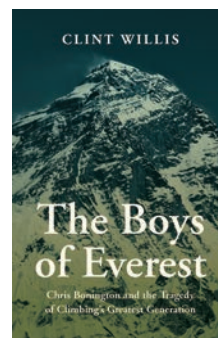
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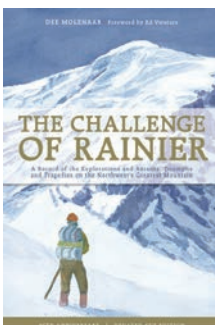
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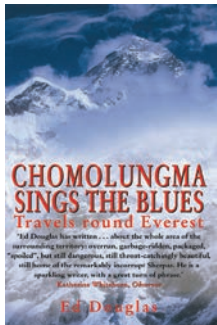
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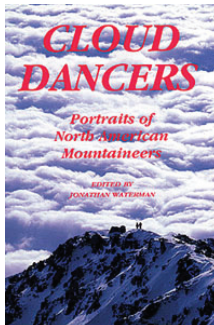
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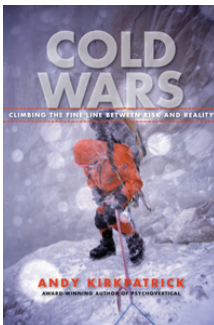
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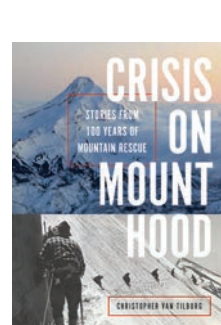
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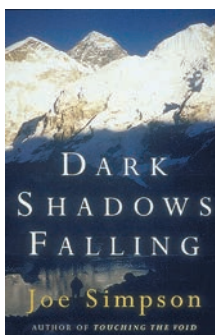
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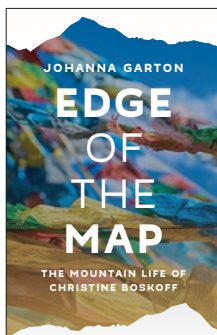
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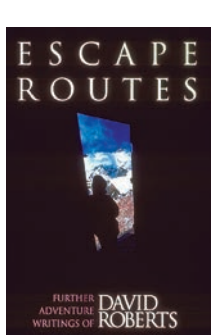
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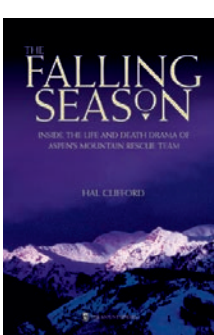
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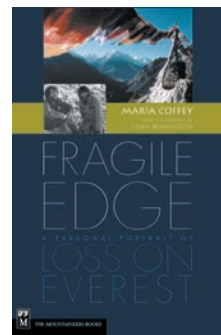
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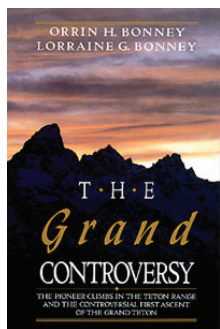
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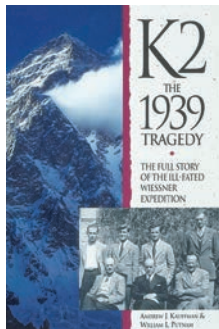
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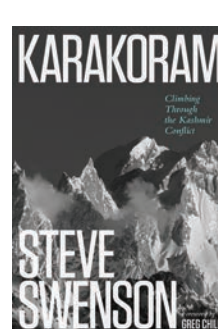
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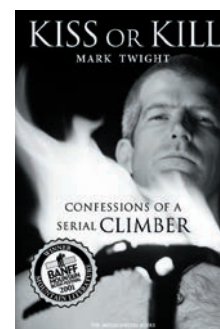
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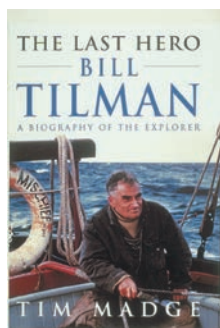
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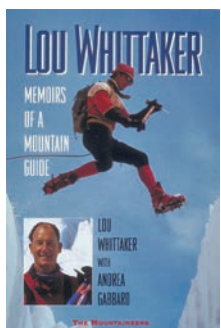
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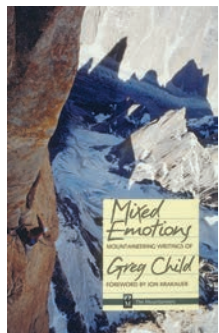
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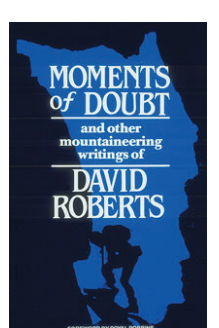
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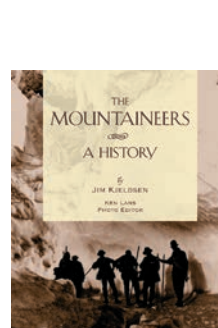
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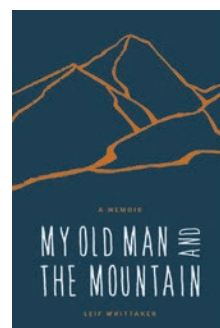
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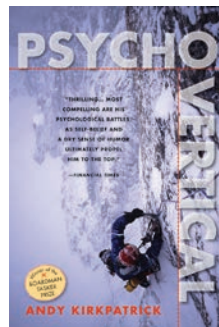
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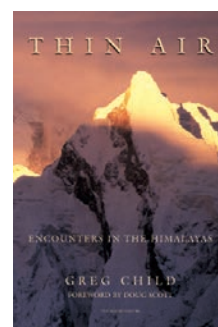
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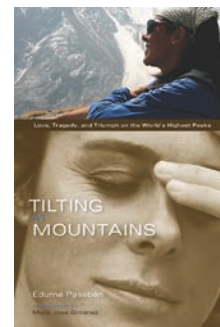
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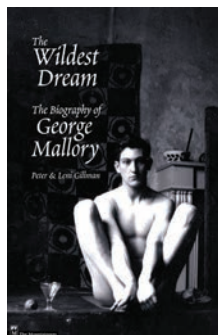


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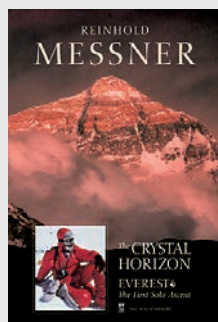
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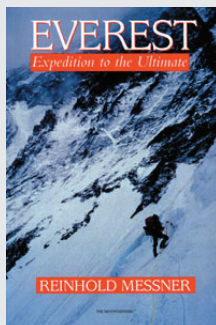
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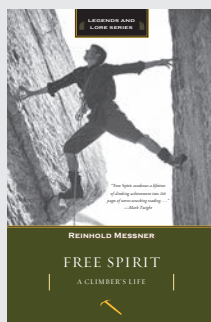
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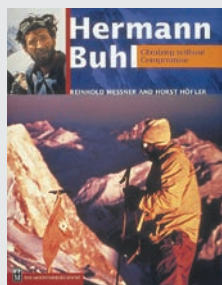
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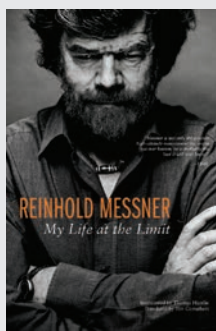
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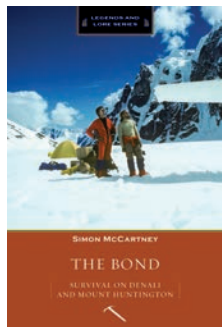
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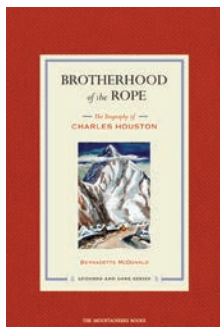
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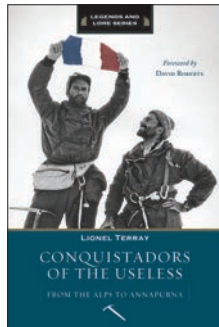
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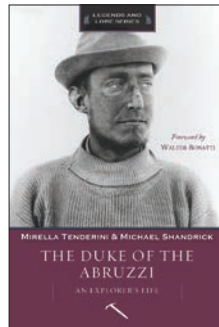
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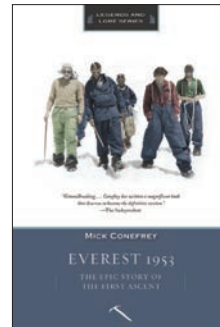
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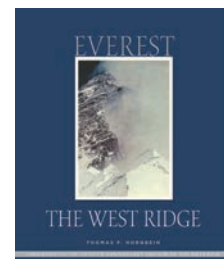
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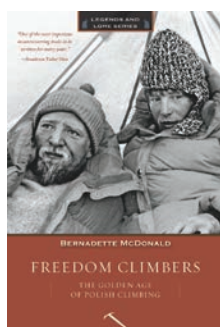
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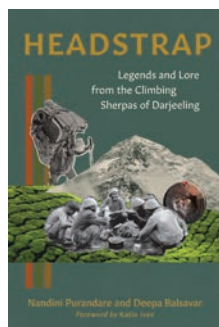
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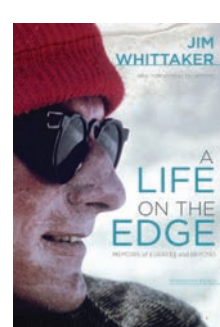
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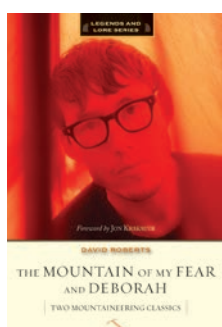
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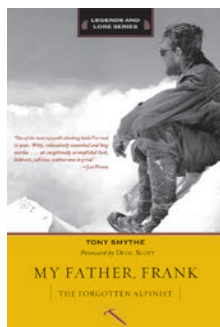
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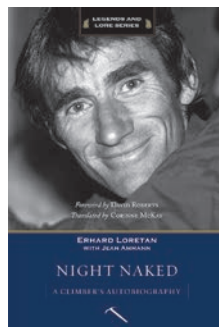
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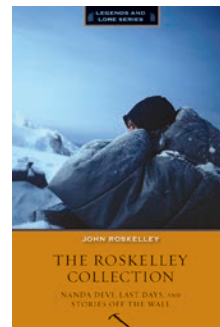
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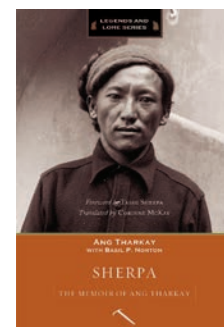
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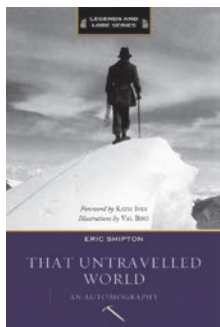


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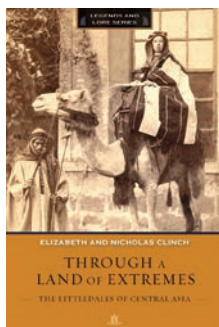


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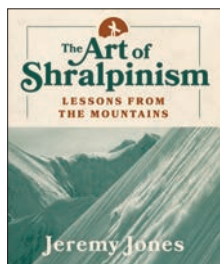


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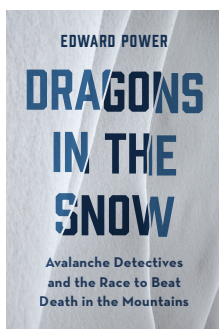


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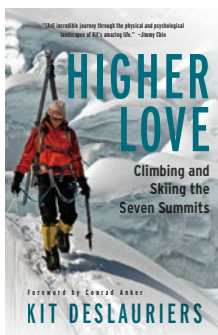
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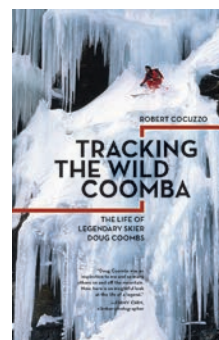
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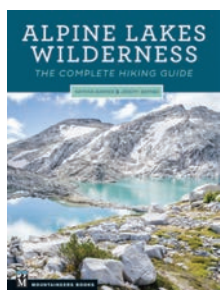
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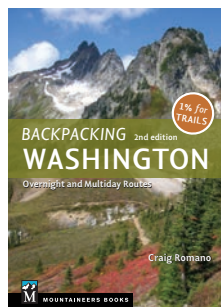
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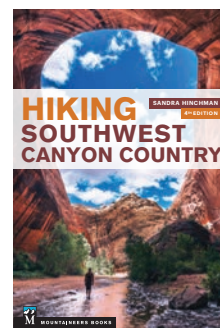
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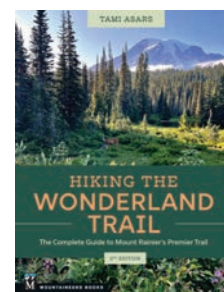
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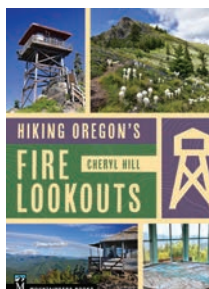
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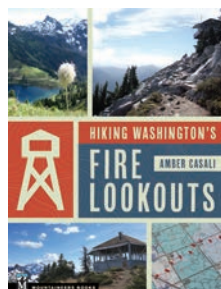
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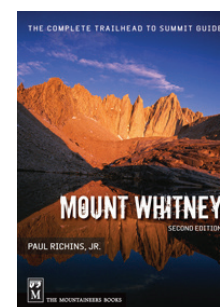
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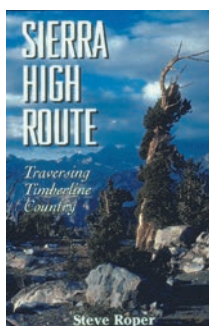
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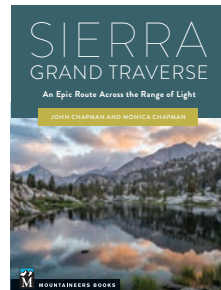
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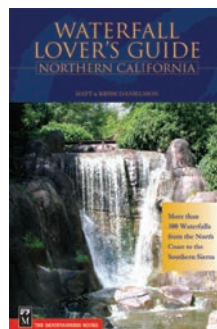
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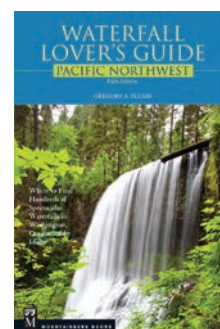
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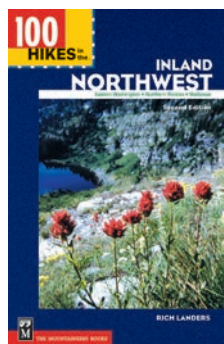
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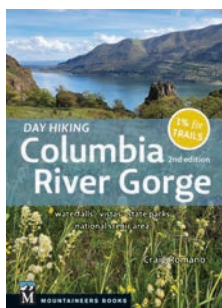
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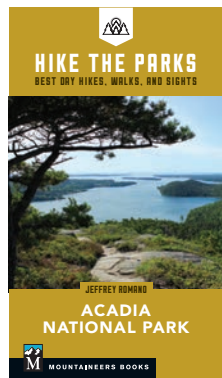
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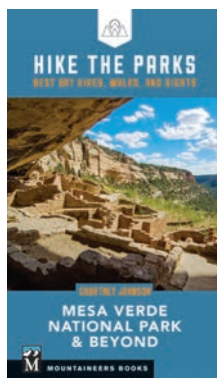
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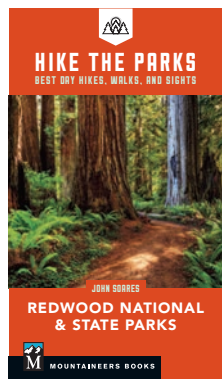
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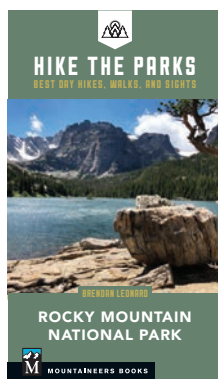
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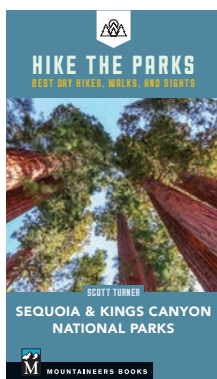
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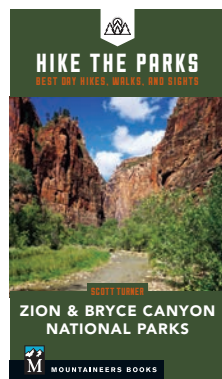
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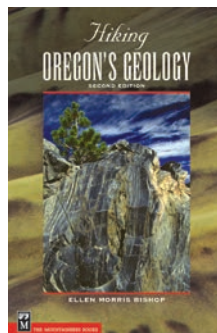


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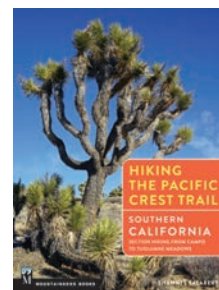
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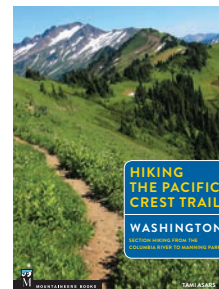
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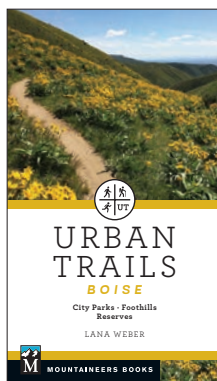
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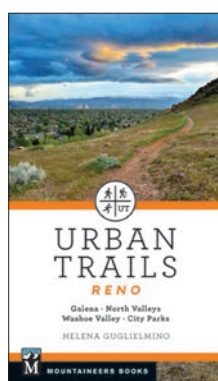
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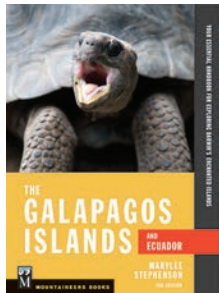
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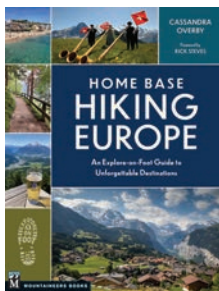
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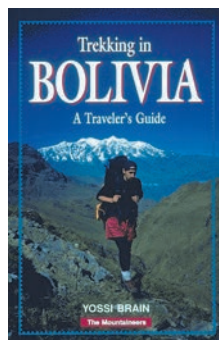
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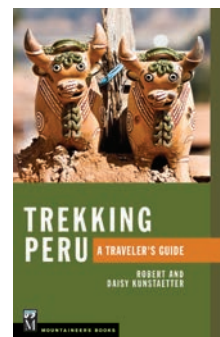
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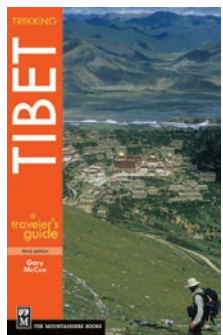
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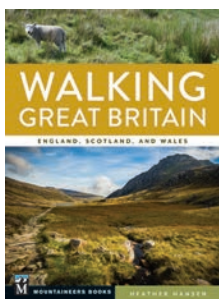
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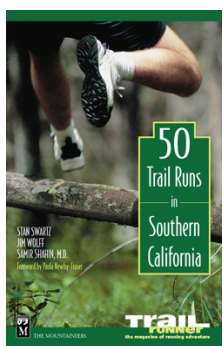


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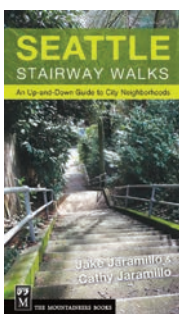
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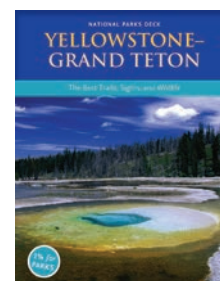
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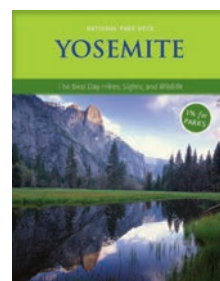
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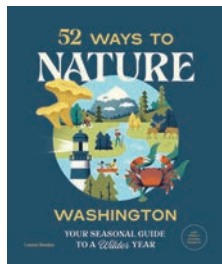


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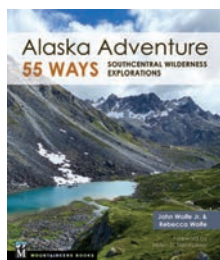


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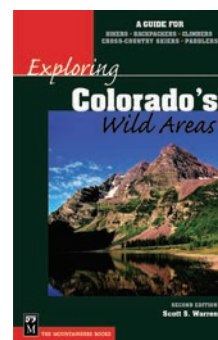
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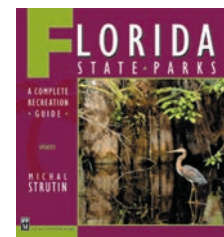
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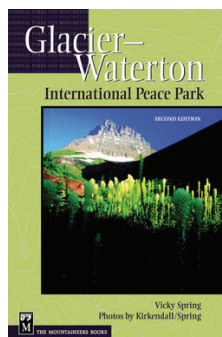
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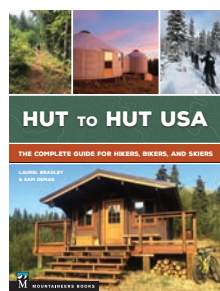
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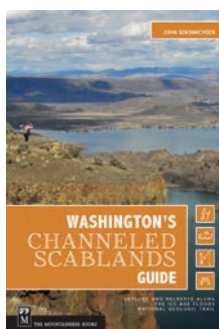
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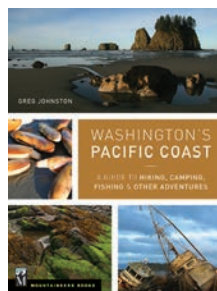
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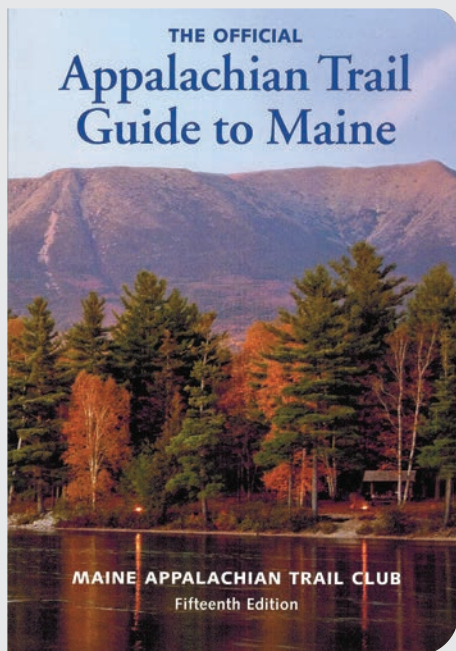


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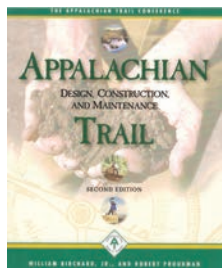
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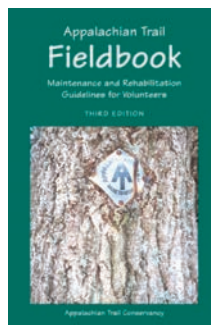
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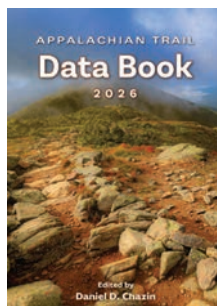


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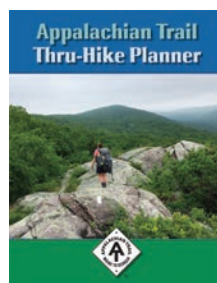


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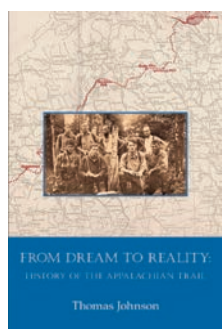


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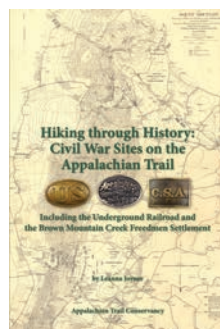


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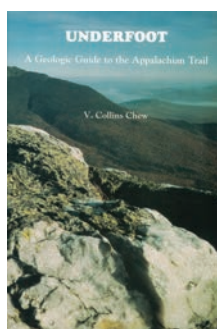
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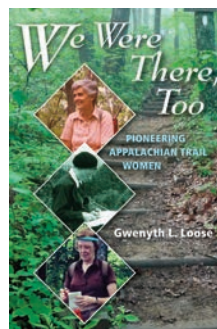
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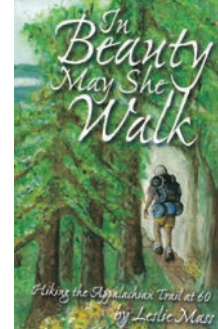
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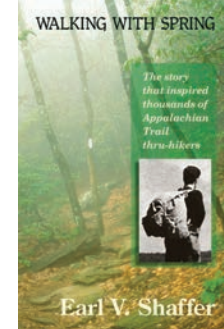
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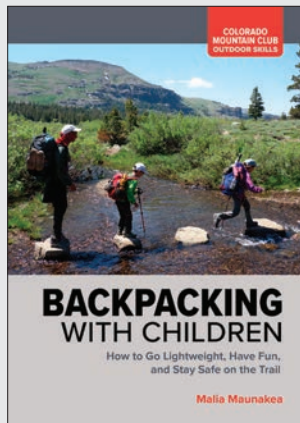
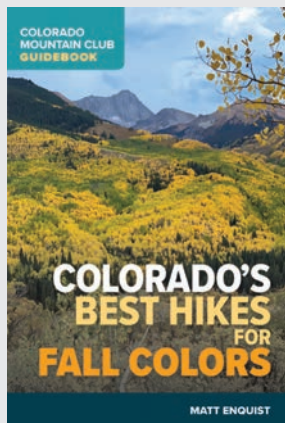
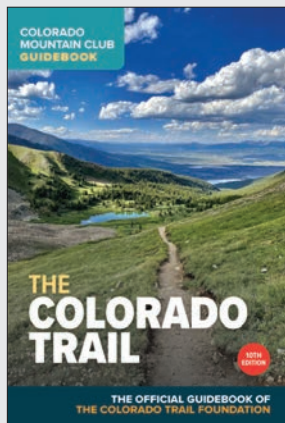


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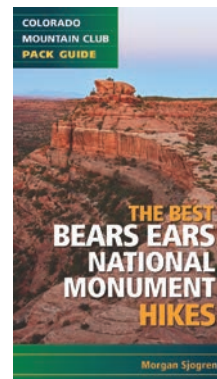
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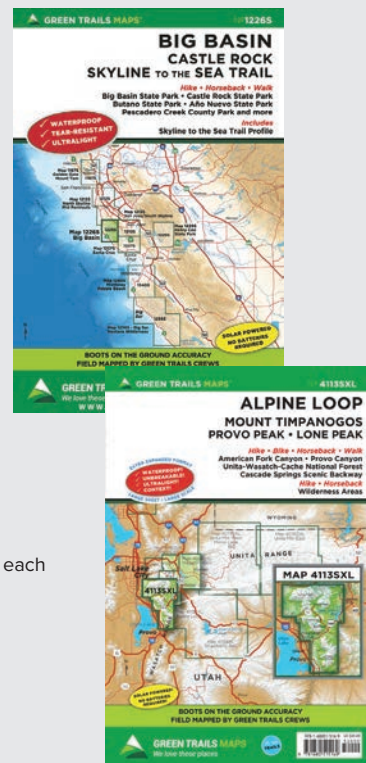
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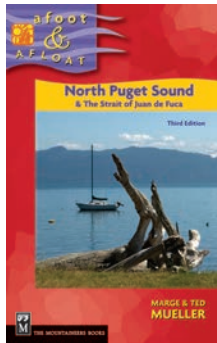
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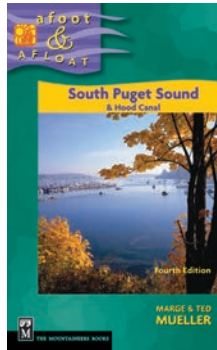
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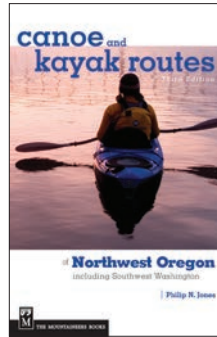
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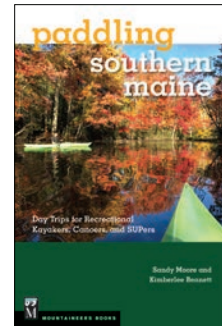
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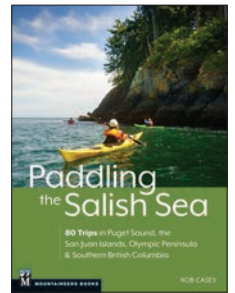
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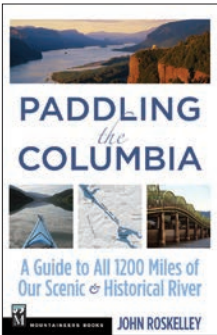
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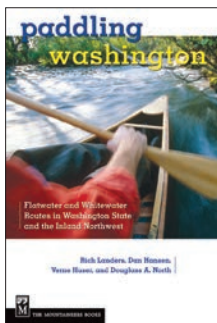
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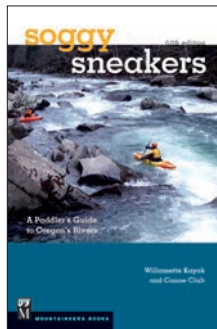
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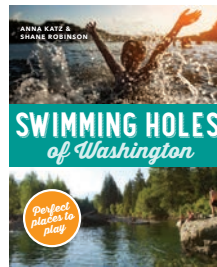
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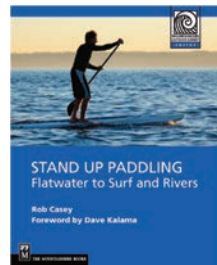
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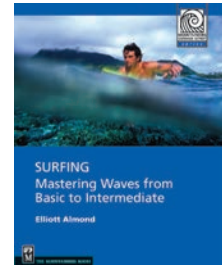
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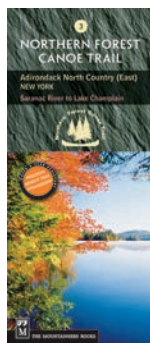


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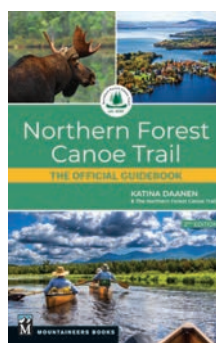
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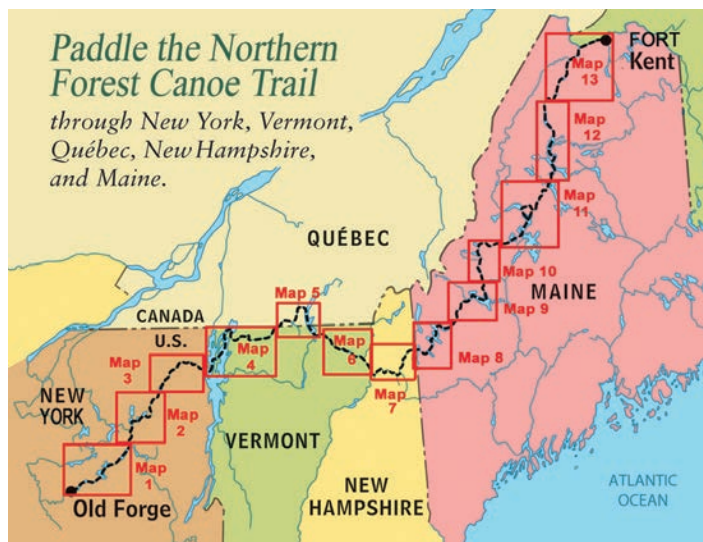
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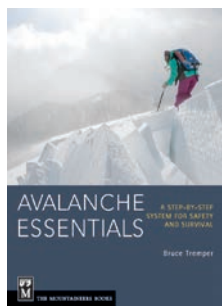
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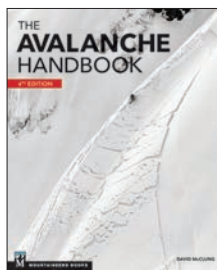
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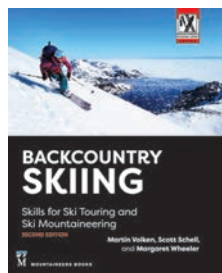


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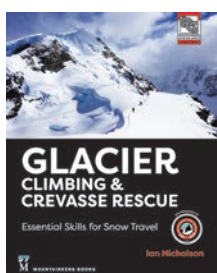


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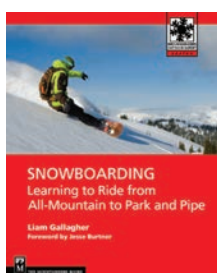
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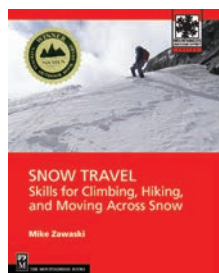
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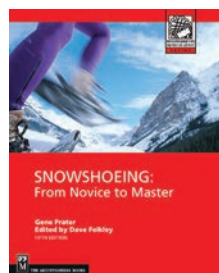
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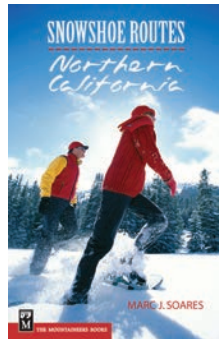
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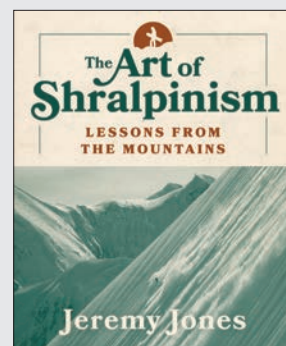
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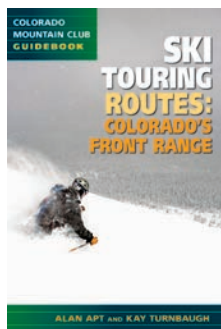
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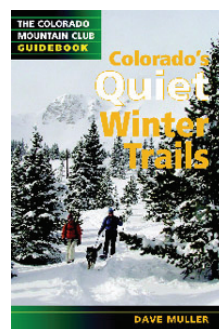
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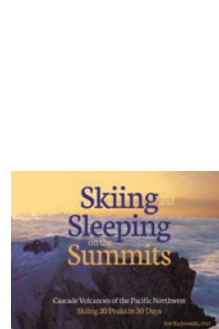
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Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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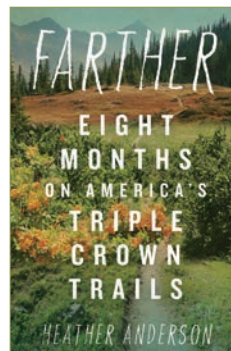
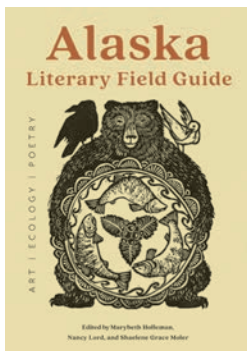
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