

24

SPRING/
SUMMER
CATALOG



MOUNTAINEERS BOOKS



recreation • lifestyle • conservation



SKIPSTONE BRAIDED RIVER

Mountaineers Books is an independent nonprofit publisher



MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



Photo from *Big River* by David Moskowitz and Eileen Delehanty Pearkes

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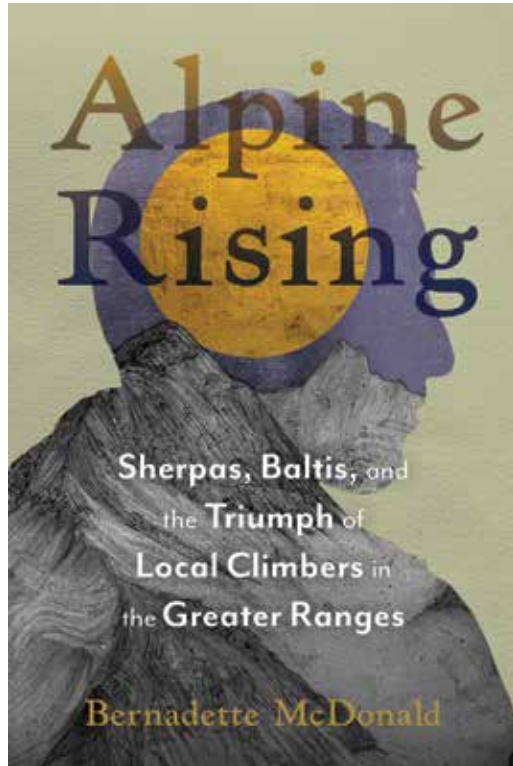
BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

ALPINE RISING

Sherpas, Baltis, and the Triumph of Local Climbers in the Greater Ranges

BERNADETTE MCDONALD



A long overdue accounting of the extraordinary contributions and leadership of Sherpa, Balti, and other local climbers in the Himalayas and Karakorams

- Untold stories of local alpinists who made western mountaineers' successes possible
- Written with unprecedented access to the stories of climbers and their families, assisted by on-the-ground researchers in Pakistan and Nepal
- Sales will benefit the Khumbu Climbing Center (Nepal) and the ASCEND climbing program for girls (Pakistan)

The name of Maurice Herzog, the first man to reach the summit of Annapurna, is widely recognized, but how many know Fou Tharkay, the Sherpa who carried the seriously frostbitten Herzog on his back for miles? Although rarely mentioned in published accounts of early expeditions, local climbers have long been significant members of first ascents on the world's tallest and most challenging peaks. In *Alpine Rising*, award-winning writer Bernadette McDonald sets the record straight by shining a light on these too often forgotten heroes.

Now, in the 21st century, it is often local climbers who are setting records. A Nepali team was the first to climb K2 in winter; they reached the summit while singing their national anthem. Pakistani climbers like Little Kim and Ali Sadpara devoted their lives to helping others survive and succeed on and off the mountains and their stories deserve to be more widely known. Not only a timely reminder of the need to recognize the contributions of local climbers and the importance of correcting the historical record, *Alpine Rising* is a celebration of a region's local heroes.

272 pages | 6 x 9 | \$29.95 | hardcover
8-page color insert | ISBN 978-1-68051-578-7
ebook 978-1-68051-579-4 | Mountaineering Literature
Rights: World English Language

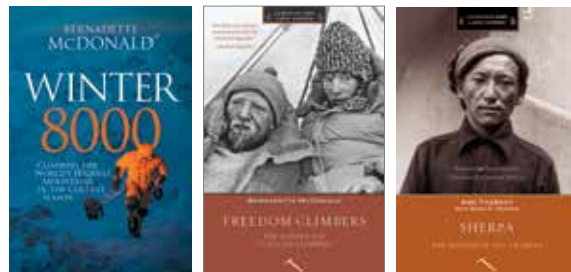
ABOUT THE AUTHOR

BERNADETTE MCDONALD was the founding vice president of mountain culture at The Banff Centre and director of the Banff Mountain Festivals for 20 years. Few people have the relationships that McDonald does with the world's most accomplished alpinists. The author of more than a dozen books about mountaineering and mountain culture, she regularly lectures on a variety of topics for universities, festivals, and alpine clubs. McDonald lives in Banff, Alberta, Canada.



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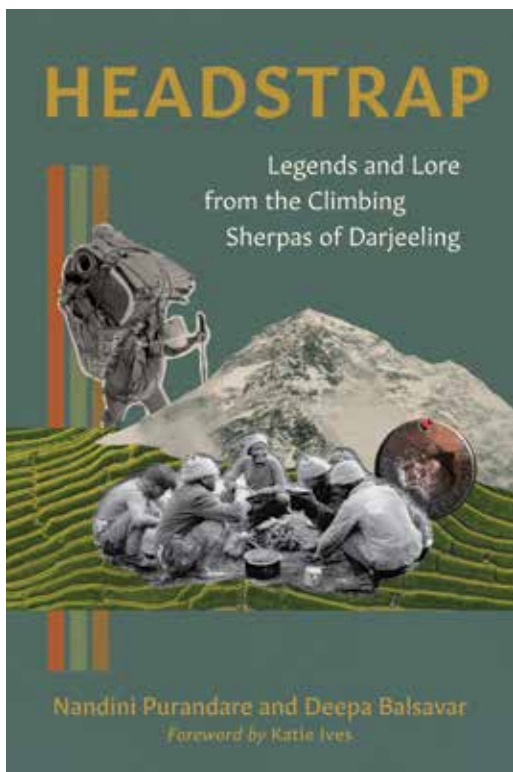
ALSO OF INTEREST



HEADSTRAP

Legends and Lore from the Climbing Sherpas of Darjeeling

NANDINI PURANDARE AND DEEPA BALSAVAR | FOREWORD BY KATIE IVES



320 pages | 6 X 9 | \$29.95 | paperback
 20 b&w photos | 3 maps | ISBN 978-1-68051-640-1
 ebook 978-1-68051-641-8 | Mountaineering History/Culture
 Rights: World

ABOUT THE AUTHORS

NANDINI PURANDARE is editor of *The Himalayan Journal*, a recognized global authority on the Himalaya. With a background in economics, Purandare has consulted for various organizations and is an enthusiastic trekker and reader of mountain literature.

A well-known illustrator and storyteller, DEEPA BALSAVAR has created more than 30 award-winning children's books. Balsavar is an adjunct professor at IDC, the Design School, IIT Bombay.

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AZRA BHAGAT

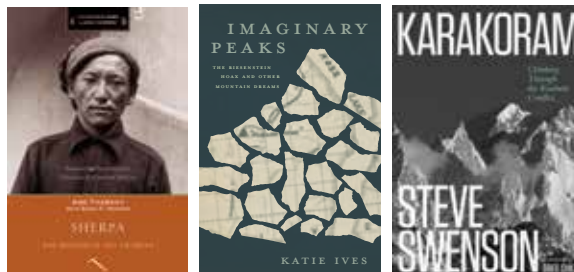
A culturally rich and evocative narrative about the historic emergence of Darjeeling's Sherpa climbing community

- Based on extensive oral histories gathered over the last decade by the Sherpa Project
- Historical record that has renewed relevance today
- Publication coincides with Everest climbing season

This captivating chronicle delves into the untold story of a tribe of people who have played a significant role in mountain exploration and climbing in the Himalayas. Situated in northern India, Darjeeling was developed as a colonial retreat by the British in the early 1830s and soon became famous for its tea gardens, attracting locals from around the region, Nepal, and Tibet in search of work. When Darjeeling became the jumping-off point for early Himalayan expeditions, workers from the Sherpa and Bhutia communities soon established themselves as the preferred high-altitude porters, bringing fame, entwined with tales of valor, courage, and sacrifice, to the city. These are some of their stories.

Over the course of a decade, authors Nandini Purandare and Deepa Balsavar conducted a series of interviews with Sherpas from Darjeeling, as well as their family members, descendants, friends, and contemporary climbers. *Headstrap* weaves a vivid tapestry of this particular Sherpa community, giving them the recognition in mountaineering literature that they deserve.

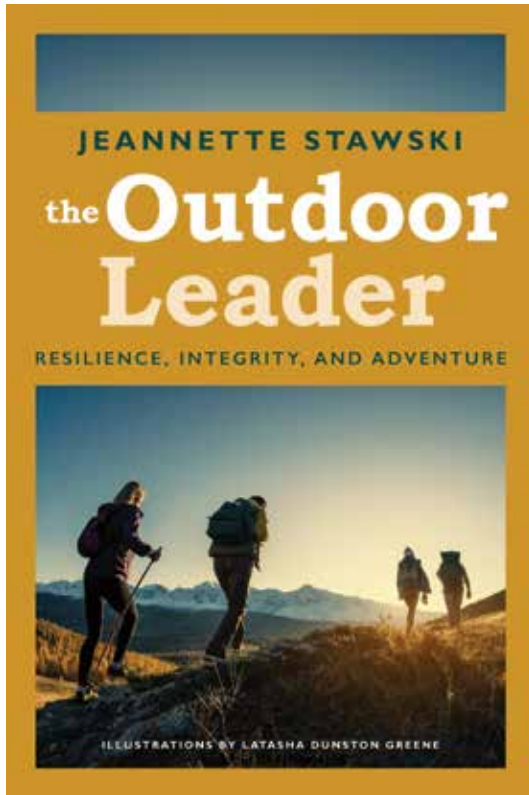
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THE OUTDOOR LEADER

Resilience, Integrity, and Adventure

JEANNETTE STAWSKI, ILLUSTRATIONS BY LATASHA DUNSTON GREENE



208 pages | 6 x 9 | \$21.95 | paperback | 30 b&w photos
26 illustrations | ISBN 978-1-68051-588-6
ebook 978-1-68051-589-3 | Outdoor Recreation/How-to
Rights: World

ABOUT THE AUTHOR

JEANNETTE STAWSKI serves as executive director for the Association of Outdoor Recreation and Education (AORE) and worked as a professional outdoor guide, a wilderness medicine instructor, and NOLS instructor. She is currently the chair of the Coalition for Outdoor Access (COA) and lives in Ann Arbor, Michigan, with her husband and their two children.



MITCH HOFFMAN

LATASHA DUNSTON GREENE (she/her) is a visual artist based in Denver whose work is heavily inspired by nature, where she spends a lot of time creating art. She loves to share that passion with others through murals, product design, and illustration.



BRIDGET BURNETT

“What we gain and learn from outdoor leadership can apply to our lives anywhere, not just in the backcountry or in a wild setting.”

—Jeannette Stawski

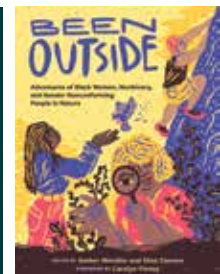
- Includes experiential anecdotes and teachable moments from a varied range of outdoor leaders
- Highlights best practices on how to integrate DE&I into outdoor leadership

In this inspiring new guide, experienced leader Jeannette Stawski focuses on the essential attributes of outdoor leadership: resilience and grit, integrity, tolerance for adversity, and highly developed listening and communication skills. She explores the ways a transformational leader makes good decisions, creates and champions a vision, and leads meaningful change. Personal anecdotes illustrating hard-won lessons are included throughout, while exercises emphasize key points and encourage readers to apply what they’ve learned to their own situations.

Drawing in part on the teachings of Karel Hilversum, co-director of Cornell’s Outdoor Education program, Stawski does a deep dive into how to integrate diversity, equity, and inclusion into outdoor leadership. She also features stories by Kenji Haroutunian, Stacy Bare, Courtney Aber, Lily Durkee, Nikki Smith, Joe Stone, and others to provide additional perspectives and experiences that reinforce the message that there is no one right way to lead.

Whether you’re an outdoor professional or new to spending time in nature, you’ll draw inspiration from the wisdom of *The Outdoor Leader*.

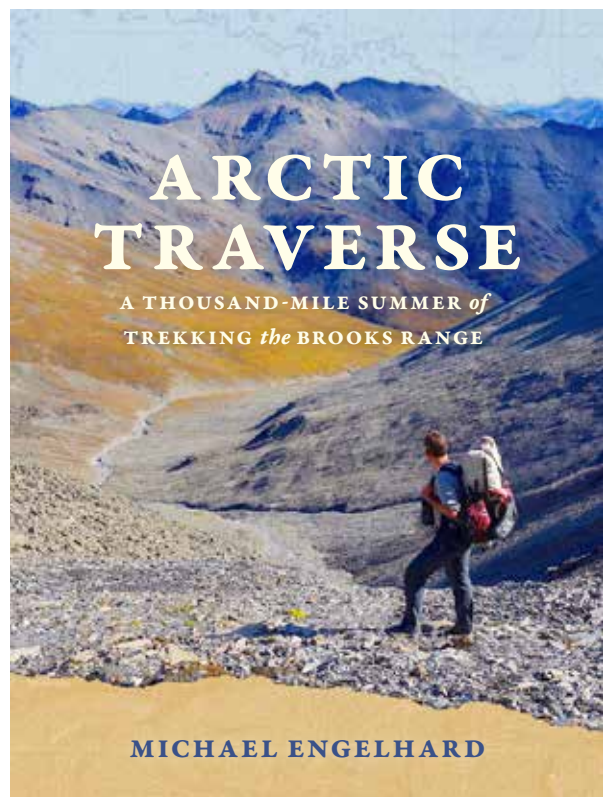
ALSO OF INTEREST



ARCTIC TRAVERSE

A Thousand-Mile Summer of Trekking the Brooks Range

MICHAEL ENGELHARD



304 pages | 6 x 8 | \$21.95 | paperback | 1 map
ISBN 978-1-68051-678-4 | ebook 978-1-68051-679-1
Nature/Alaska/Memoir | Rights: World

ABOUT THE AUTHOR

A cultural anthropologist and outdoor instructor for more than three decades, MICHAEL ENGELHARD specializes in land use, subsistence, and symbolic aspects of landscapes. Engelhard has edited four anthologies and is the recipient of several literary awards, including a Rasmuson Individual Artist Award and three Alaska Press Club Awards. His writing has been featured in *Outside*, *Audubon*, and *National Parks*. Engelhard is the editor and author of several books, including the forthcoming *No Walk in the Park* and *What the River Knows*.

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MELISSA GUY

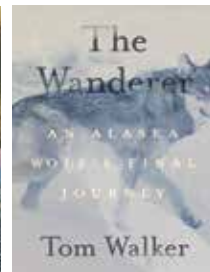
A lyrical memoir of wilderness, cultural connections, and gritty adventure across northern Alaska

- Vivid observations of Alaskan wildlife, flora, and geology
- Award-winning author of *Ice Bear: The Cultural History of an Arctic Icon*

Follow Michael Engelhard's boot prints across the tussock-filled tundra of Alaska for an enthralling story of bear encounters, white-knuckled river moments, and lyrical observations of a vast, wild landscape. A trained anthropologist, Engelhard evokes classic writers like Margaret Murie, Farley Mowat, and Edward Abbey with deep dives into human and natural history. Much more than a harrowing account of a human-powered solo journey, *Arctic Traverse* shares anecdotes from encounters with Indigenous elders, clients, homesteaders, and others as well as from Engelhard's intimate experiences of the land itself.

Through this captivating and deeply personal story, readers will gain a newfound appreciation for wild places.

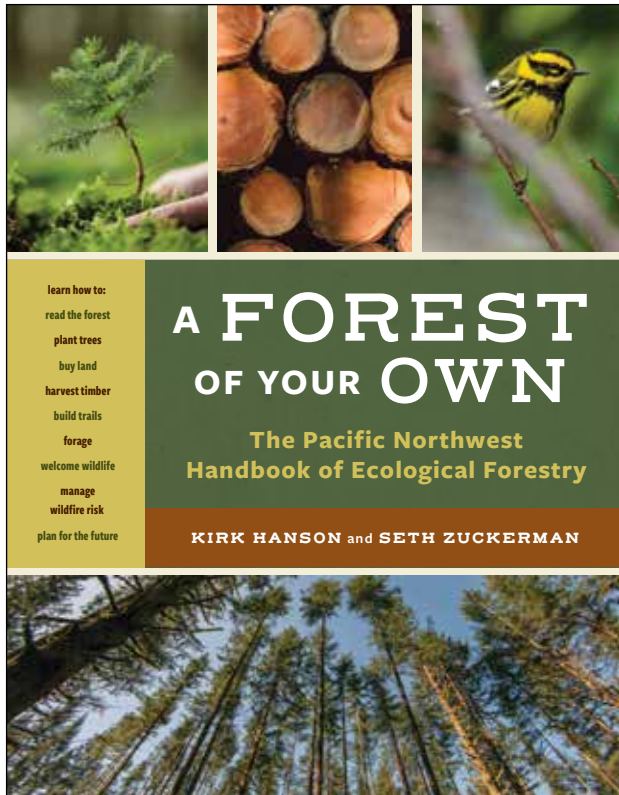
ALSO OF INTEREST



A FOREST OF YOUR OWN

The Pacific Northwest Handbook of Ecological Forestry

KIRK HANSON AND SETH ZUCKERMAN



288 pages | 7 x 9 | \$34.95 | paperback | 90 color photos
 28 illustrations | ISBN 978-1-68051-636-4
 ebook 978-1-68051-637-1 Ecology/How to/Pacific Northwest
 Rights: World

ABOUT THE AUTHORS

KIRK HANSON is an experienced forest educator and practitioner, skilled in guiding forest owners to manage their land sustainably. He has worked with a variety of land owners, and also blogs about his own family's experiences managing 200 acres of forestland.

ONLINE: nrrg.org/hansonfamilyforest



MAYA HANSON

As a journalist, SETH ZUCKERMAN reported extensively on forests, salmon, and the human communities that depend on them. He is the executive director of the Northwest Natural Resource Group and author of several books, including *Saving Our Ancient Forests* and *Salmon Nation*.

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nrrg.org Northwest Natural Resource Group



NICK ZUCKERMAN

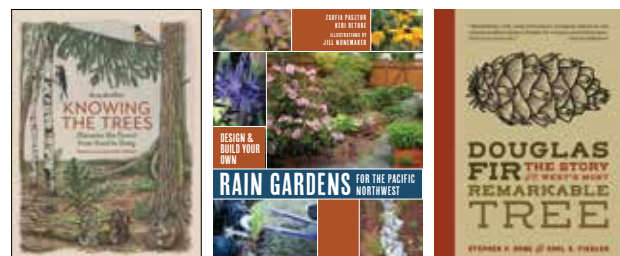
Discover the many rewards of forest stewardship with this comprehensive guide

- From the essentials of how to “read” a forest to the details of sustainable management
- Covers wildfire risk reduction and climate change adaptation
- Offers tips on ways to enhance wildlife habitat and watershed protection

Throughout Oregon and Washington there are several hundred thousand family forest owners, in addition to millions of forest acres under the care of community forests, municipalities, and Indigenous tribes, all of whom manage trees for sustainable wood harvest as well as recreation, inspiration, and a range of cultural connections. Yet there hasn't been a complete resource for Pacific Northwest forest stewards until now.

In this comprehensive how-to, authors Kirk Hanson and Seth Zuckerman explore all aspects of forest management—everything from how to evaluate a piece of land before you buy it through implementing long-term plans that may include establishing new stands of trees, harvesting mushrooms as well as wood, and protecting your forests far into the future through wildfire risk reduction, climate change adaptation, and conservation easements. Loaded with helpful tables and illustrations that address the pros and cons of various species and how to best care for wildlife and the land, *A Forest of Your Own* is a clear guide to the many rewards of ecological forestry.

ALSO OF INTEREST





CHAPTER 1

What Is Ecological Forestry, and Why Does It Matter?

BY SETH ZUCKERMAN

Ecological forestry seems like it ought to be a redundancy, like soil-based farming or love-based marriage. If there's anything we've learned about forests in recent decades, it's that forests are more than just crowds of trees, just as oceans are more than big ponds of salt water dotted with schools of fish. As a result, any reasonable strategy to care for or manage a forest must take its interconnectedness into account. That is the core meaning of *ecological*—considering the trees as part of a holistic system in which the countless component parts affect and even depend on one another. We encounter all kinds of interactions in a forest, starting with the most basic: species nibbling on one another or eating each other whole. They sometimes compete for light, water, and nutrients, while in other cases, they cooperate and share

resources. They parasitize one another, and nest or take shelter in nooks and crannies of habitat that other species have created. Ultimately, a crew of decomposers swoops in to consume them in death. In this way, the distinct species add up to a greater whole, like the instruments in a symphony. If you think of forest managers as the conductors of that symphony, ecological forestry means paying attention to the strings, woodwinds, brass, and percussion all with equal concern. Imagine if you were the conductor, and you focused only on the strings section: the composition would sound pretty dissonant, and the concert hall would empty out in short order. But enlist all the instruments, and you can create a thing of beauty. That's the framework we adopt in this book: to care for the forest as an organic whole, taking our cues from nat-

STAND ESTABLISHMENT: PLANTING, SEEDLING PROTECTION, AND SEEDLING RELEASE

Table 12-3: 2019 Planting Budget for Hanson 18-acre Reforestation

ITEM	DESCRIPTION	UNITS	COST PER UNIT	TOTAL COST	EQIP REIMBURSEMENT
Site preparation	Flail mower cutting of heavy brush	18	\$1,160	\$20,880	\$16,000
Tree protectors	4" x 24"	2,600	\$0.35	\$910	\$12,300
Tree seedlings	Douglas-fir, western redcedar, western hemlock	5,200	\$0.56	\$2,912	
Bamboo stakes	3' 3/8" (8-10 mm) bamboo stakes	7,500	\$0.10	\$750	
Orange ribbon	50 rolls	50	\$1.25	\$63	
Cedar planting	With cages and 2 stakes	2,400	\$0.97	\$2,328	
Douglas-fir and western hemlock planting	No cages, one stake	2,800	\$0.50	\$1,400	
Planting bonus				\$272	
Seedling release 1	Seedling release	18	\$150	\$2,700	\$1,150
Seedling release 2	Seedling release	18	\$150	\$2,700	\$1,150
Seedling release 3	Seedling release	18	\$150	\$2,700	\$1,150
				\$37,615	\$31,750

installing tree cages on the cedar, in two days.

All private forest landowners, including family forests, conservation groups, tribes,

and small companies, qualify for cost-sharing financial assistance through the Environmental Quality Incentives Program (EQIP) managed by the USDA's Natural

THE STAGES OF A PLANTING PROJECT

Resources Conservation Service. Cost-share funding pays a portion of the expenses of a conservation practice by reimbursing the landowner for an agreed amount. There are other funding programs available to forest owners and managers through state natural resources agencies, local conservation districts, and other sources (see Resources).

Ordering Seedlings

When it comes to ordering seedlings, two main considerations are stock types and seed zones. A seedling's stock type refers to its size, age, and suitability for planting into specific sites. The two most common conifer seedling stock types in the Pacific Northwest are 1+1, P+0, and P+1, or plugs. Hardwood seedlings are sold as "bare root" and come in different stem thicknesses and seedling heights.

1+1 seedstock designates a seedling grown for one year in a seedbed, harvested, root pruned to five inches, and transplanted back into a nursery bed for an additional year. The transplanting process results in a thicker stem and a more fibrous root system, which allows the seedling to survive on an infertile site, compete with other vegetation, and give it a better chance of surviving browse damage.

P+0 (a.k.a. plugs) seedstock is a seedling grown in a greenhouse in containers that are narrow and deep. For some species, this stock type reduces the time between request and outplanting. For some species, growing plug stock type is necessary due to low germination and early growth.

P+1 (a.k.a. plugs) seedstock is grown in a greenhouse for a year, then the seedling is extracted from the container, root pruned



Young seedling in winter

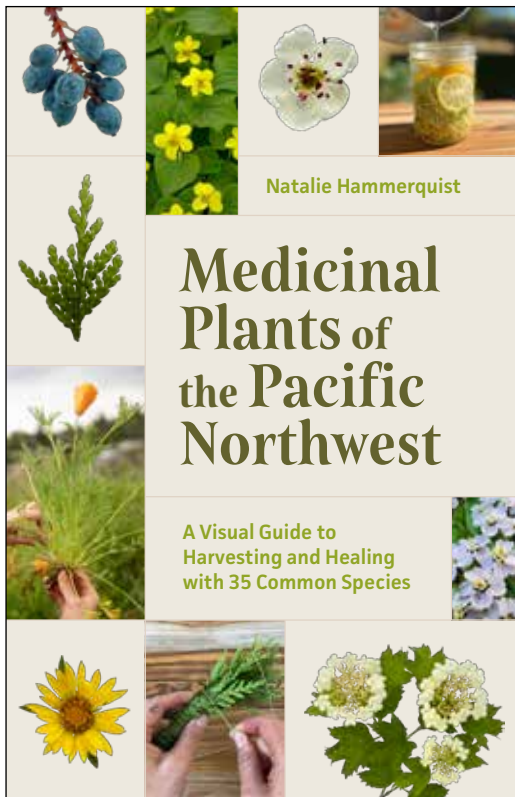
at five inches, and transplanted in a nursery bed for an additional year. As with the 1+1, the root pruning and transplanting generates a thicker stem and more mass in the root system. Cedar, hemlock, larch, and some species of pine and true firs are propagated as Plug+1.

Seed zone refers to where the seeds originated. Forest owners typically source seedlings from the same seed zone (region and elevation) as their forest. Increasingly, however, forest managers and owners are sourcing seedlings from areas where the current

MEDICINAL PLANTS OF THE PACIFIC NORTHWEST

A Visual Guide to Harvesting and Healing with 35 Common Species

NATALIE HAMMERQUIST



288 pages | 5½ x 8½ | \$24.95 | paperback | 500 color photos
ISBN 978-1-68051-697-5 | ebook 978-1-68051-698-2
Guidebook/Northwest/Health/Foraging | Rights: World

ABOUT THE AUTHOR

NATALIE HAMMERQUIST is an expert in herbalism and foraging wild local plants, teaching hundreds of students through her Seattle-based Adiantum School of Plant Medicine. With a degree from The Evergreen State College in Washington, Natalie has studied with renowned herbalists, was the lead herbalist and buyer at Rainbow Natural Remedies, and contributed to *Vascular Plants of the South Sound Prairies*. Before her career as an herbalist, Natalie was an ESL teacher with a CELTA certification.

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@Adiantum School of Plant Medicine



LUCAS SPECKHARDT

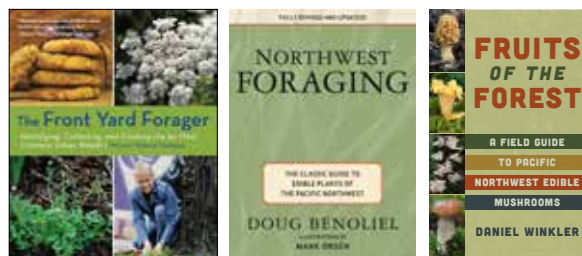
A comprehensive guide for beginners to the most abundant and useful wild plants in the Pacific Northwest!

- Comprehensive plant listings with harvesting instructions and medicinal history
- Recipes for tinctures, teas, salves, and more
- Detailed full-color photos of plants and their parts

Medicinal Plants of the Pacific Northwest is ideal for both beginner and more experienced foragers who are looking to identify, harvest, and prepare natural medicines with wild plants. Expert forager and herbalist Natalie Hammerquist developed this guide based on her many years of teaching classes and workshops, incorporating detailed visuals to assist in plant identification and the preparation of herbal remedies. Her holistic approach combines Eastern and Western traditions and folk knowledge, with an emphasis on conservation and sustainable harvesting.

The guide offers detailed identification for 35 of the most common medicinal plants, explains how and when to harvest, how to process and preserve plant material, and which toxic and poisonous plants to watch out for. Step-by-step recipes guide readers in making such remedies as Cottonwood Bud Throat Spray, Nettle Seed Salt, and Spruce Tip Oxyemel while also offering insights on effective dosing and how to select the right herbal remedy. Materials lists and a comprehensive seasonal harvest chart round out this essential guide.

ALSO OF INTEREST



harvests are earlier in the season. Like calendula, when you harvest the flowers, the plant generates more in its place.

Seeds can be collected from late August to November. I have had a lot of luck harvesting wild seeds, germinating them, and turning them into beautiful garden plants that are very drought tolerant. I strongly recommend cultivating gumweed so that we don't pressure the wild stock, given that gumweed's preferred habitat has been heavily impacted by coastline development. That said, the harvest of gumweed is relatively low impact as long as you leave some flowers on the plant for pollinators to visit.

Medicinal Uses of Gumweed

Gumweed presents an excellent example of the "doctrine of signatures," a concept dating back to the ancient Greeks that says plants have visible characteristics that resemble the illnesses they cure. In the case of gumweed, the sticky resin that covers the buds resembles phlegm, and gumweed is primarily used as an expectorant for dislodging stubborn phlegm.

Harvesting gumweed buds along a beach on the Puget Sound



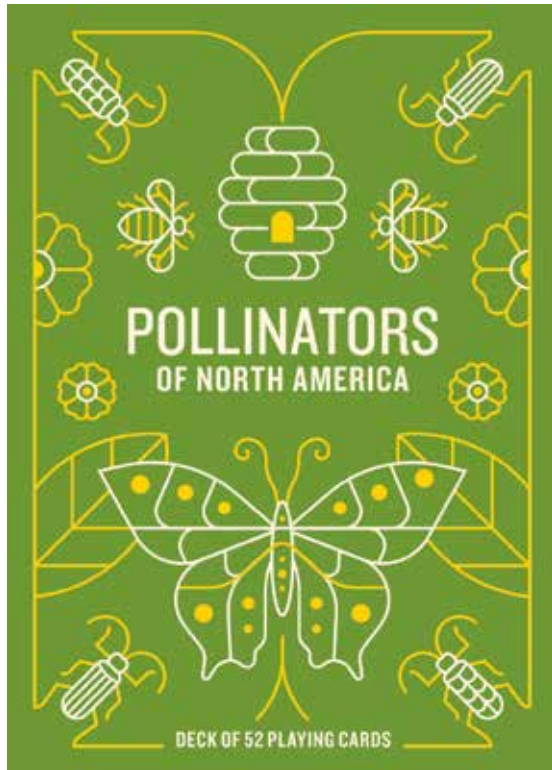
Harvesting a mix of buds and flowers

Includes:

- Black Cottonwood
- Blackberry
- Bleeding Heart
- California Poppy
- Cedar
- Chickweed
- Cleavers
- Cramp Bark
- Dandelion
- Douglas Fir
- Elder
- Fennel
- Fir
- Goldenrod
- Gumweed
- Hawthorn
- Horsetail
- Mugwort
- Mullein
- Nettle
- Oregon Grape
- Pine
- Plantain
- Red Clover
- Red Root
- Rose
- Spruce
- St. John's Wort
- Usnea
- Uva Ursi
- Violet
- Wild Carrot
- Willow
- Yarrow
- Yellow Dock

POLLINATORS OF NORTH AMERICA DECK

52 Playing Cards



54 cards | 2½ x 3½ | \$7.95 | boxed card deck | 54 color photos
16-page booklet of pollinator facts | ISBN 978-1-68051-705-7
Playing cards/Gardening/Conservation | Rights: World



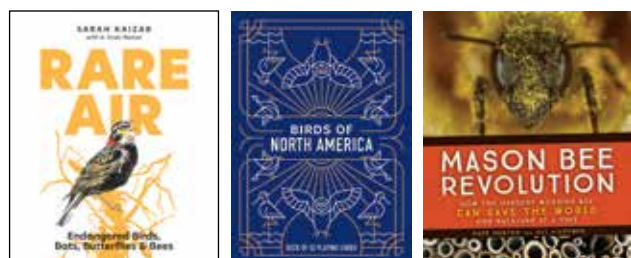
Explore the amazing world of some of our most common native pollinators with this deck of 52 playing cards!

- Learn about pollinators that are essential to our gardens, food, and landscapes
- Each card features a full-color photograph with the species' common and scientific name
- Includes lists of the top plants gardeners can provide for pollinators in each region

From bees and flies to butterflies and moths, beetles and wasps to even birds and bats, our gardens, natural landscapes, and food supplies depend on native pollinators. This deck of 52 playing cards—featuring brilliant colorful photography from across North America—encourages all ages to start learning about pollination and how we can help protect these critical species and encourage healthy populations to thrive throughout our natural world.

An informative booklet accompanies the deck with lists of the top plants for pollinators in seven regions of the US plus fun facts about all of the species pictured in the deck. It also includes a helpful list of resources to find out more about how everyone can support pollinators.

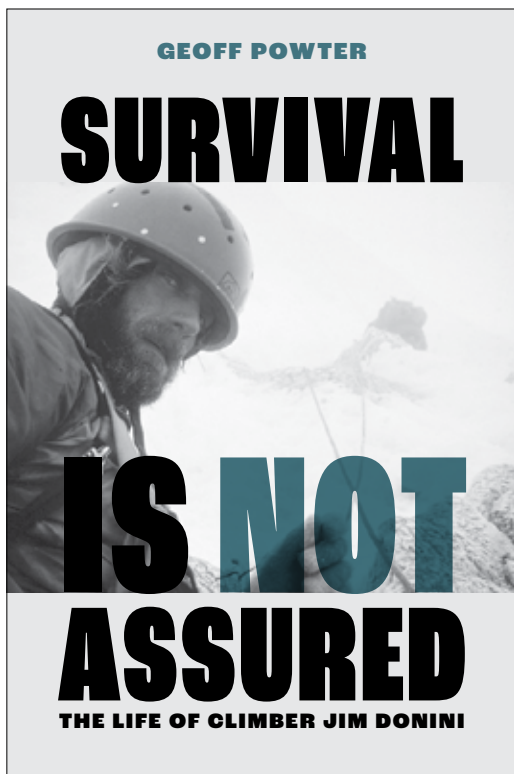
ALSO OF INTEREST



SURVIVAL IS NOT ASSURED

The Life of Climber Jim Donini

GEOFF POWTER



272 pages | 6 x 9 | \$22.95 | paperback | ISBN 978-1-68051-537-4
ebook 978-1-68051-538-1 | Climbing/Biography | Rights: World

ABOUT THE AUTHOR

GEOFF POWTER is an experienced climber, writer, and adventurer from the Canadian Rockies. He served as editor of the Canadian Alpine Journal for 13 years and has won 13 National Magazine Awards. Powter has authored several books, including *Strange and Dangerous Dreams*, which won the Jury Prize at the 2006 Banff Mountain Book Festival and was adapted into a radio series. His most recent book, *Inner Ranges*, won the Climbing Literature Prize at Banff in 2019 and the National Outdoor Book Award in the US. He has also hosted the Voices of Adventure interview event at the Banff Mountain Festivals for 25 years.

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JENNIFER FRIESEN

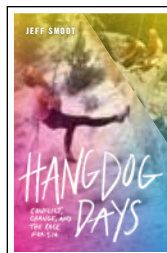
Jim Donini's groundbreaking journey to the top: tragedy, redemption, and a Patagonian peak at age 74

- Follows Donini's remarkable and inspiring life of rock climbing and alpinism
- Examines his journey from being a Green Beret to adventuring on the walls of Yosemite, Alaska, Patagonia, and beyond
- Uncovers deeply personal stories never before shared publicly

Jim Donini has been an icon of American climbing for the past 50 years, pushing the boundaries of alpine ascents around the world and inspiring generations with his achievements. In *Survival Is Not Assured*, award-winning author Geoff Powter dives into Donini's remarkable life story, exploring his groundbreaking climbs and his tumultuous experiences both on and off the rock. From the tragic death of his best friend in a car accident to his integral role in the Yosemite "Valley Uprising," Donini's life has been a roller coaster of highs and lows, but his spirit of resilience and determination has been unyielding.

Through personal interviews and never-before-shared stories, this authorized biography examines the life and legacy of this iconic climber, providing an inspiring and thought-provoking look at an American legend.

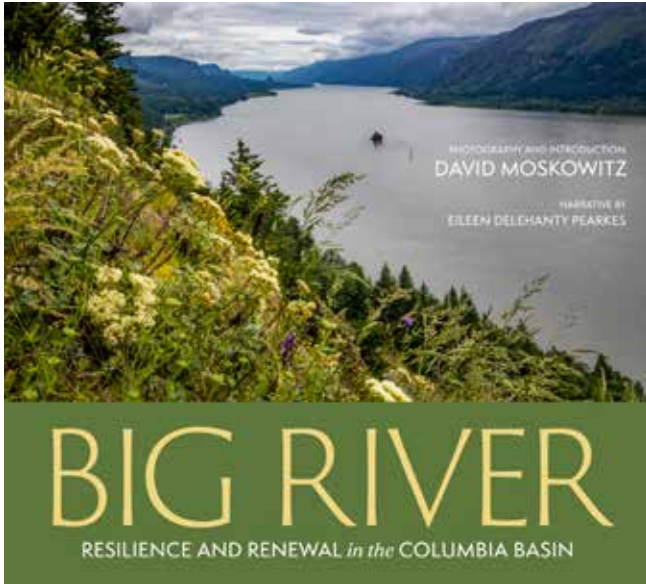
ALSO OF INTEREST



BIG RIVER

Resilience and Renewal in the Columbia Basin

PHOTOGRAPHY AND INTRO BY DAVID MOSKOWITZ, NARRATIVE BY EILEEN DELEHANTY PEARKE



224 pages | 10 x 9 | \$39.95 | hardcover | 125 color photos
2 maps | 2 illustrations | ISBN 978-1-68051-660-9 | Photography/
Pacific Northwest/Conservation | Rights: World

ABOUT THE AUTHORS

Photographer, author, wildlife biologist, and tracker **DAVID MOSKOWITZ** is the author of *Caribou Rainforest*, *Wildlife of the Pacific Northwest*, and *Wolves in the Land of Salmon*, and coauthor of *Peterson's Field Guide to North American Bird Nests*. His work has been featured in the *New York Times*, *Sierra*, *High Country News*, and *Audubon Magazine*, as well as by organizations such as the National Wildlife Federation, Endangered Species Coalition, and Nature Conservancy of Canada.

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LUCAS SPECKHARDT

EILEEN DELEHANTY PEARKE

explores landscape, history, and the human imagination through writing, maps, and visual notebooks, focusing on Indigenous culture and the power of water. She has researched the international Columbia River basin for more than two decades. Pearkes is the author of *The Geography of Memory*, *A River Captured: The Columbia River and Catastrophic Change*, and *The Heart of a River*.

ONLINE: edpearkes.com



AMY ALLCOCK

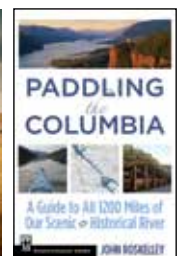
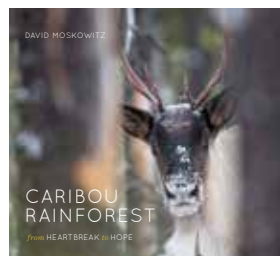
Discover the diversity of the Columbia River watershed and the importance of the river's treaty renegotiation—a once-in-a-lifetime chance to reshape our region's future

- Explores the massive Columbia River watershed as an interconnected entity from sea to source
- Features rich, comprehensive images of the land, river, and people
- Highlights the importance of the treaty process for sustaining human communities and a thriving ecosystem

In *Big River*, award-winning photographer David Moskowitz and writer Eileen Delehanty Pearkes illuminate the hydrogeology, beauty, and activity of the Columbia River, while also highlighting current challenges facing the region and the people working on sustainable solutions. The watershed encompasses immense ecological, cultural, and economic value, the benefits of which have been wrangled over for centuries. As the region comes to terms with the unsustainable nature of our relationship with the watershed, and local Indigenous nations renew their efforts to steward their territories, we are reaching a new inflection point. This book explores possible new management strategies, including the removal of key dams that have decimated the salmon runs that are vital to tribal cultures and a healthy ecosystem.

The culmination of Moskowitz's many years of photographing the river and exploring its watershed, *Big River* seeks a path forward for the Columbia watershed, balancing the demands around water, salmon, agriculture, energy, and climate with the need for a sustainable living river.

ALSO OF INTEREST





Snow-covered peaks of the Selkirk mountains rise above Upper Arrow Lake on the Big River.

98 / BIG RIVER



DOTT CRABBE

"I lived my whole life in the Arrow Lakes territory. My mother and I were stricken from the Tribal rolls in 1952. My mom spoke the language but would never speak it with me because the Catholic church told her not to.

Living here suits me well because I like walking the beaches and picking mushrooms and fishing. I like seeing the lake every morning when I wake up.

I started collecting artifacts after I was disenrolled. I was walking the beaches and would find where there had been campfires. When I found a pestle, it felt like it was a woman's tool. It helped me feel connected to my lineage."

Dott Crabbe, now in her 90s, reflects on a lifetime of memories and experiences along the Columbia River, a place that has sustained her ancestors for generations. Photographed in her house above the Big River in Edgewood, British Columbia.



TOP Mouth of the Duncan River where it flows into Kootenay Lake, a natural lake the Kootenay River flows through.

BOTTOM A grizzly bear feeds on kokanee, a nonendemic type of sockeye salmon.

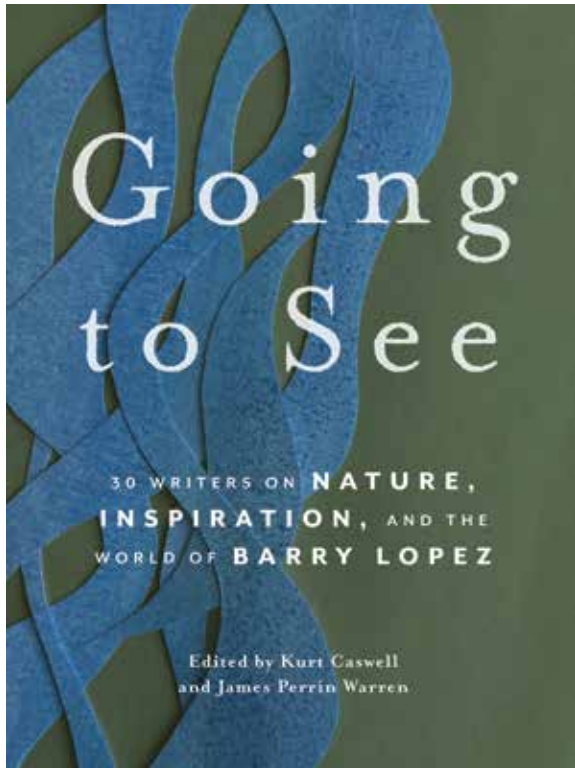
OPPOSITE Kokanee, such as these in a tributary to Kootenay Lake, are sockeye salmon that never go out to the ocean, instead spending their adult life in lakes and then running upstream into tributary streams to spawn.

BENEATH THE SURFACE / 141

GOING TO SEE

30 Writers on Nature, Inspiration, and the World of Barry Lopez

EDITED BY KURT CASWELL AND JAMES PERRIN WARREN



256 pages | 6 x 8 | \$24.95 | paperback
ISBN 978-1-68051-661-6 ebook 978-1-68051-662-3
Nature/Memoir/Writing | Rights: World English Language

ABOUT THE EDITORS

KURT CASWELL is a writer and professor at Texas Tech University, teaching writing and leadership in Spain and the West. He is the author of *Iceland Summer*, *Laika's Window*, and *An Inside Passage*.

ONLINE: kurtcaswell.com

JAMES PERRIN WARREN, author of *Other Country*, is an emeritus professor at Washington and Lee University and the literary executor of Barry Lopez's estate. He is also a naturalist and guides for Alaska Wildland Adventures.



RACHEL VEALE



Celebrates the legacy of influential writer Barry Lopez through stories and reflections from 30 distinguished American nature writers

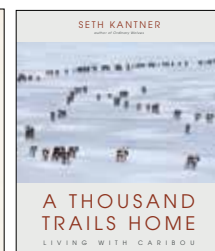
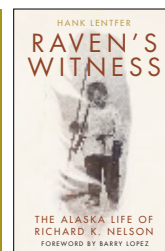
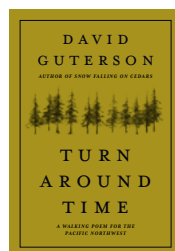
- Contributors include Rick Bass, David James Duncan, Gretel Ehrlich, Kate Harris, and Deborah A. Miranda
- Explores Lopez's writing about the natural world in the context of current concerns about the planet's future
- Shares stories of Lopez's travels, inspirations, and friendships

Barry Lopez was not only a writer, but also a traveler, visionary, and someone with a deep love for humanity and the natural world. *Going to See* illuminates how the stories he shared with us were like stones in a pond, sending ripples throughout not just a world of readers, but also a network of writers. Here, 30 of those writers reflect on Lopez's tremendous influence on their work and their lives.

From stories of intimate conversations with Lopez, to insightful examinations of his writing and outdoor experiences, to deeply heartfelt tributes about his generosity of spirit, what emerges is a "many-sided" portrait of Lopez, as co-editor James Perrin Warren writes. It's also a celebration of the fellowship of writers that Lopez helped create, writers who are committed to serving the natural world, human and nonhuman communities, and the planet we all share.

All royalties plus 1% of sales are being donated to the McKenzie River Trust.

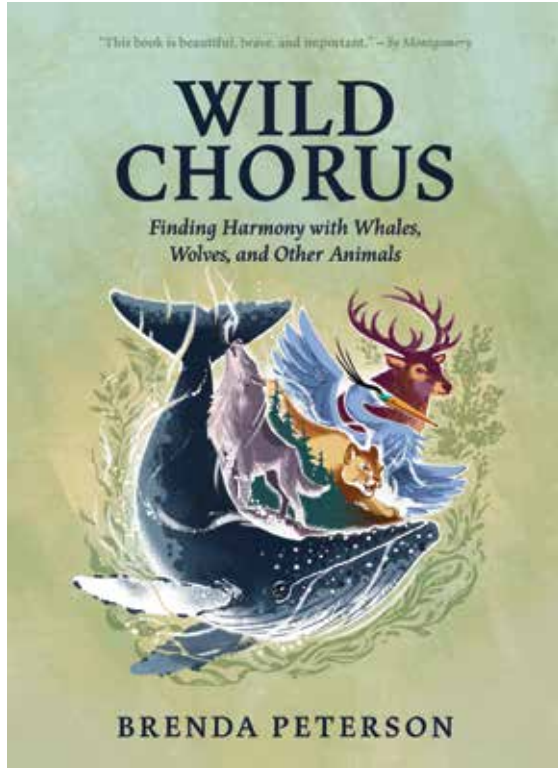
ALSO OF INTEREST



WILD CHORUS

Finding Harmony with Whales, Wolves, and Other Animals

BRENDA PETERSON



240 pages | 5 x 7 | \$24.95 | hardcover
ISBN 978-1-68051-664-7 | ebook 978-1-68051-665-4
Natural History/Wildlife/Memoir
Rights: World English Language

ABOUT THE AUTHOR

BRENDA PETERSON is the author of nearly two dozen books for adults and children, including *I Want to Be Left Behind*, named a “Top Ten Best Non-Fiction” book by *Christian Science Monitor* and an Indie Next “Great Read,” and *Wolf Nation: The Life, Death, and Return of Wild American Wolves*, selected by *Forbes* as a “Top Ten Best Conservation Book of the Year.” Peterson has been featured on NPR and in *The New York Times*, *Oprah* magazine, and other publications. She resides on a beach along the Salish Sea.



YURI MAKINO

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Lessons of connection, alliance, and adaptation from the animal world

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- Explores how being with and observing animals is a respite from modern life
- Prolific and celebrated author

In *Wild Chorus*, award-winning author Brenda Peterson draws on her lifelong relationship with animals to explore the wisdom we humans can glean from them. Looking beyond the companionship we enjoy with domesticated animals, Peterson explores how wild animals can become our guides and fellow travelers, helping us navigate the stresses of daily life and a rapidly changing planet.

From beluga whales to wolves, raccoons to bears, elk to herons, the stories in this collection offer insights into the intricacies of animals’ intuitive communication, compassionate attention, and peaceful adaptation. Featuring vivid, visionary stories, *Wild Chorus* reveals a world filled with inspiring lessons of kinship, connection, and living in the present. Join Peterson on an incredible journey as she speaks for animals as both an artist and an activist to discover the power of learning from the natural world.

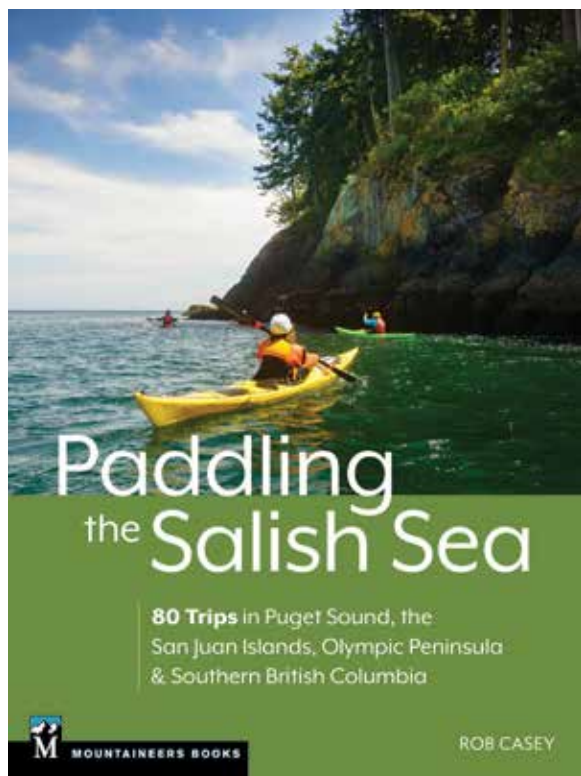
ALSO OF INTEREST



PADDLING THE SALISH SEA

80 Trips in Puget Sound, the San Juan Islands, Olympic Peninsula & Southern British Columbia

ROB CASEY



336 pages | 6¾ x 9 | \$34.95 | paperback | 120 color photos
83 maps | ISBN 978-1-68051-682-1 | ebook 978-1-68051-683-8
Guidebook/Washington/Paddling | Rights: World

ABOUT THE AUTHOR

ROB CASEY is a paddling coach with over 20 years of experience. He's an expert in paddling kayaks, surf skis, and stand-up paddleboards (SUPs) in challenging conditions, including swift tidal currents, downwinding, and surf. In 2010, Rob founded Salmon Bay Paddle, a successful instruction business for sea kayaking, surf skis, and SUPs, and is considered a pioneer in the sport of SUP.



He's also a professional photographer whose work has been featured in numerous publications, including *Men's Journal*, *National Geographic Adventure*, and *The Guardian*.

ONLINE:

robcasey.net salmonbaypaddle.com  @RobCaseyPhotographer

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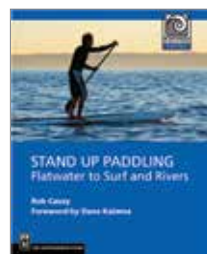
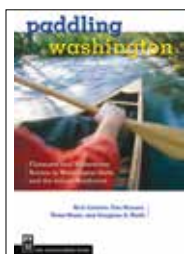
Explore the Salish Sea with this expanded and fully updated edition of *Kayaking Puget Sound and the San Juan Islands*—now in full color!

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In *Paddling the Salish Sea*, professional kayaker and paddling coach Rob Casey guides paddlers to the most rewarding destinations across the region. This comprehensive guide covers everything from the quiet inlets of the South Sound to an entirely new section featuring the fjords, waterfalls, and local waterways around Vancouver, B.C. In between, paddlers will find urban explorations near Seattle and Everett; routes on the lakes, rivers, and shorelines of the Olympic Peninsula, Hood Canal, and the islands of the North Sound; and even more new choices in Canada's Gulf Islands and around Victoria, B.C. Beginner, intermediate, and advanced paddlers all can find beautiful, rewarding routes for their skill levels.

Casey's expert advice on navigating the marine environment, paddling safety, gear, trip planning, and more provides all the practical information paddlers need to prepare for a successful, safe outing. For sea or flatwater kayakers, canoeists, rowers, or stand-up paddleboarders, *Paddling the Salish Sea* is the must-have guide for discovering the wonders of the Puget Sound.

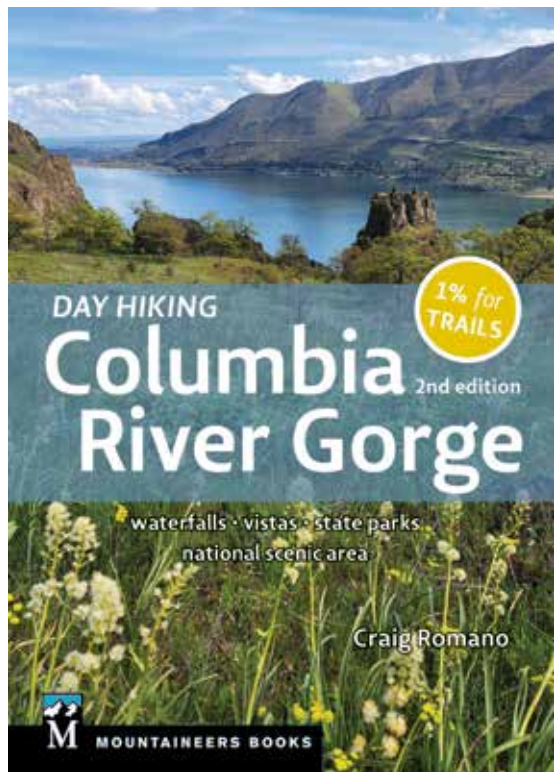
ALSO OF INTEREST



DAY HIKING COLUMBIA RIVER GORGE, 2ND EDITION

Waterfalls * Vistas * State Parks * National Scenic Area

CRAIG ROMANO



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ABOUT THE AUTHOR

CRAIG ROMANO is an accomplished writer, conservationist, and hiking expert based in Mount Vernon. He has authored multiple books and written for over 20 publications, including *Seattle Met* and *Backpacker*. Craig is also a researcher for Green Trails Maps and regularly contributes to Hikeoftheweek.com. When he's not writing, he enjoys hiking, running, paddling, and biking with his family.



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ALSO OF INTEREST



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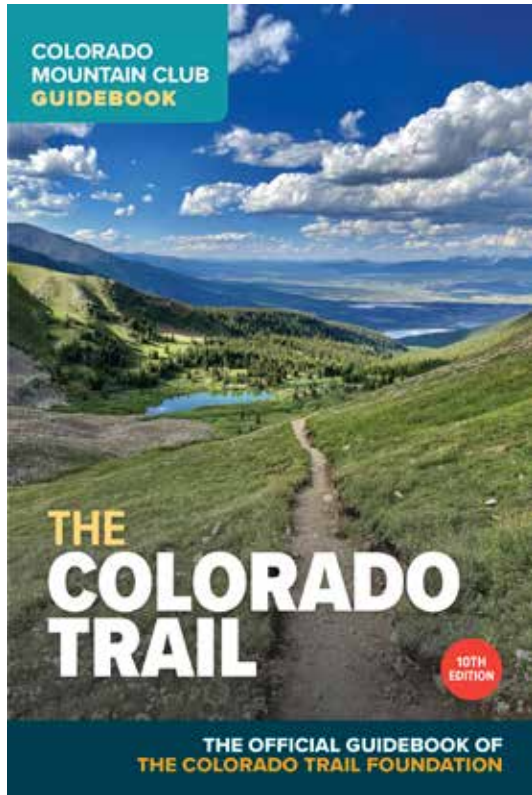
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ABOUT THE AUTHOR

THE COLORADO TRAIL FOUNDATION is the nonprofit organization that keeps the Colorado Trail in good condition, maintaining and improving it with the help of hundreds of volunteers every year.

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ALSO OF INTEREST

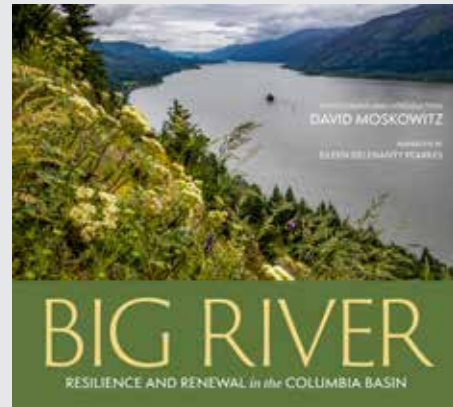


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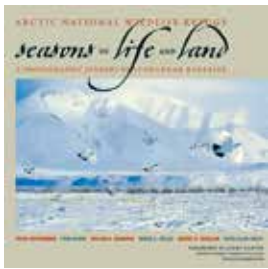
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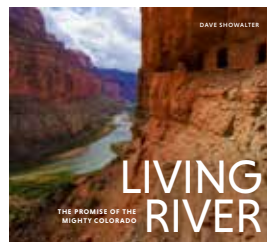
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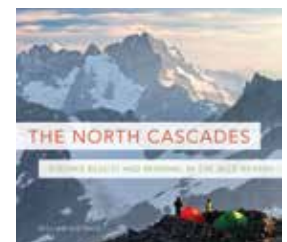
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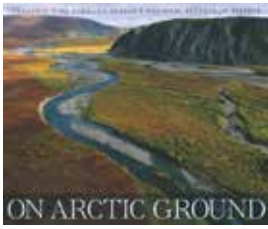


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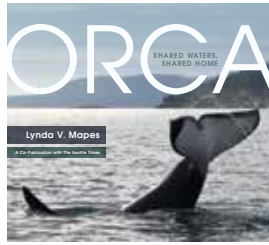


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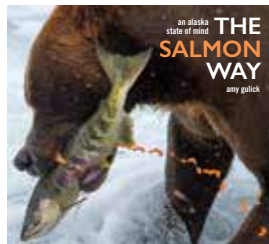
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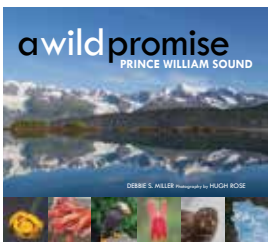
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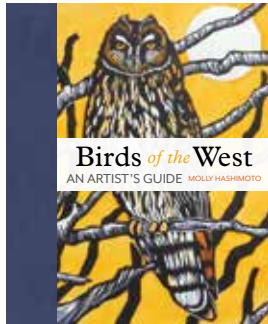
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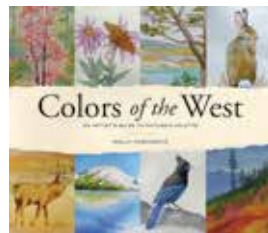
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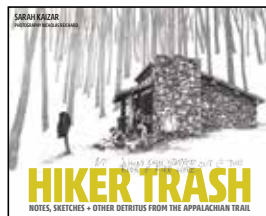
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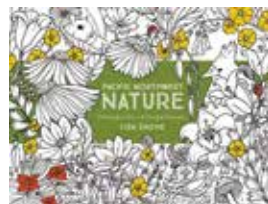
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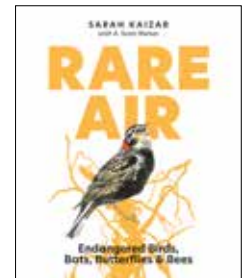
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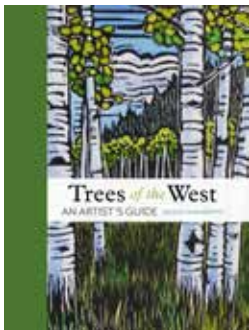
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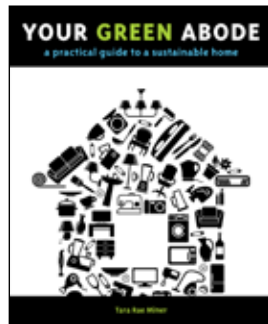
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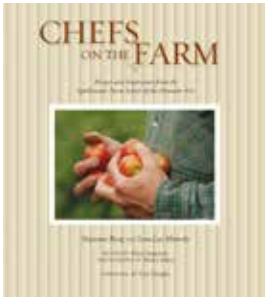


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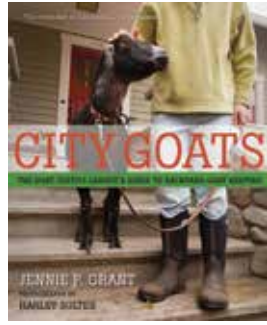


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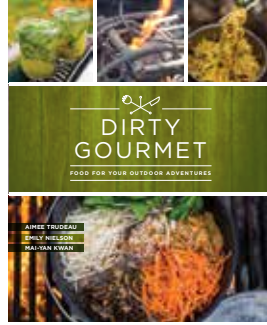
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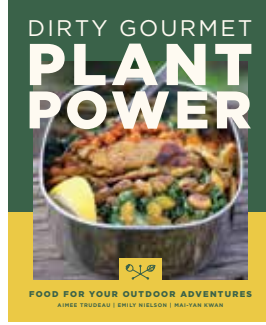
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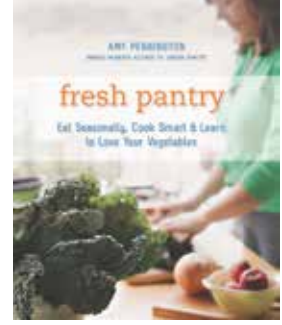
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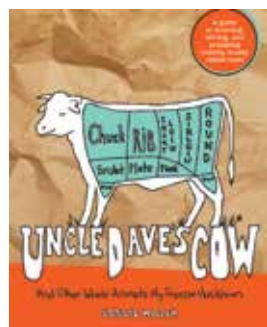


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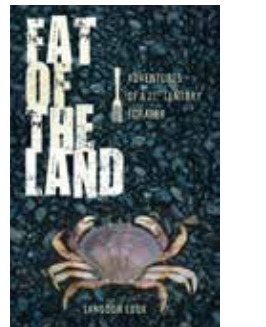
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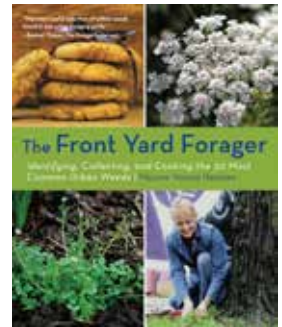
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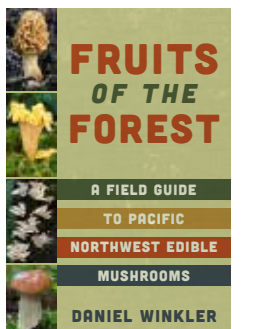
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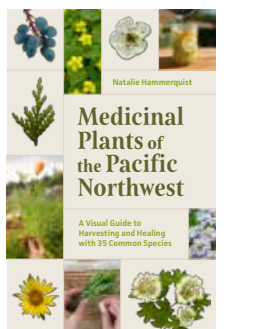
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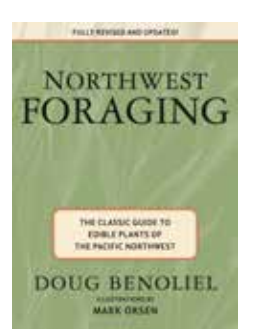
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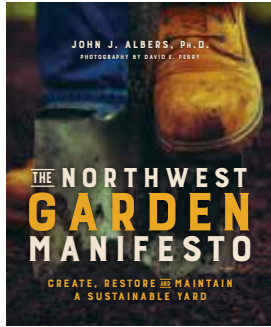


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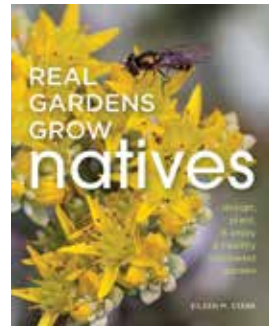
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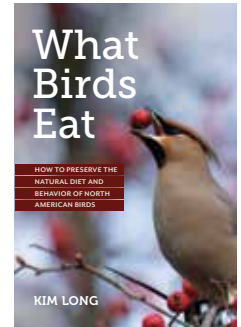
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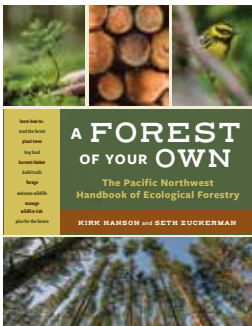


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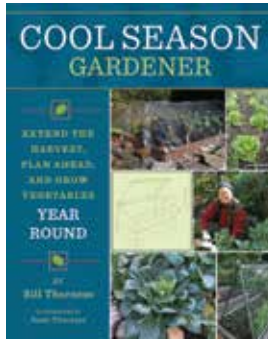
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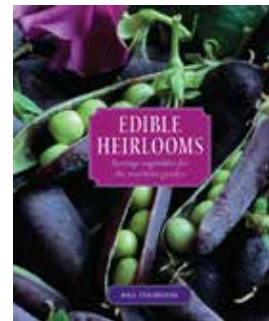
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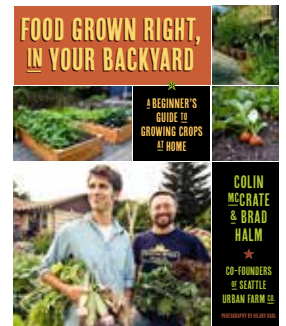
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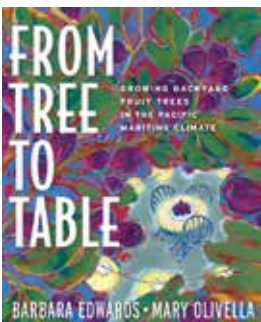
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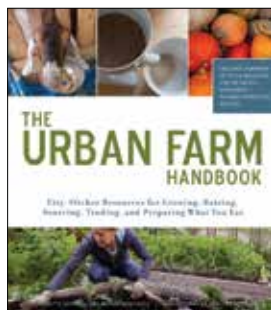
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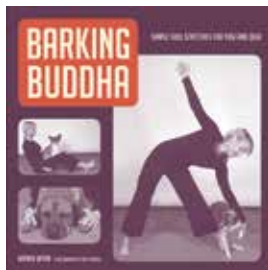


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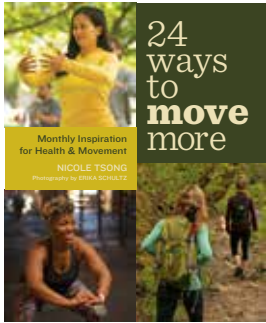
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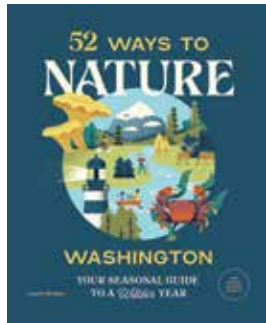
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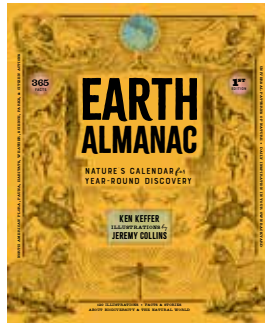
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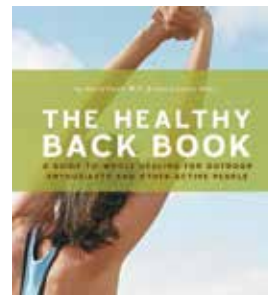
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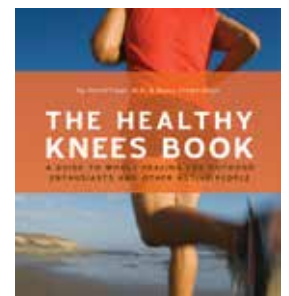
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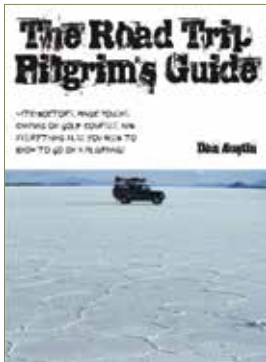
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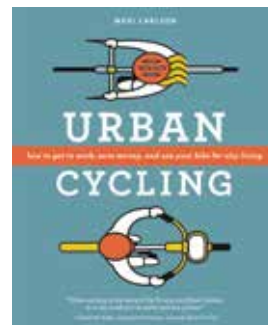
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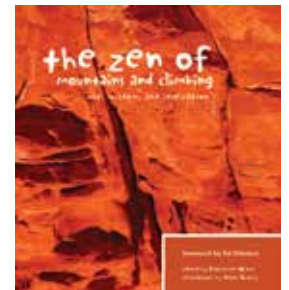
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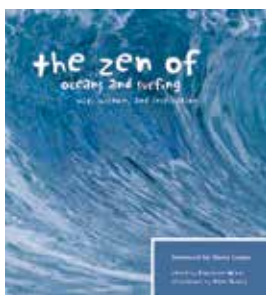
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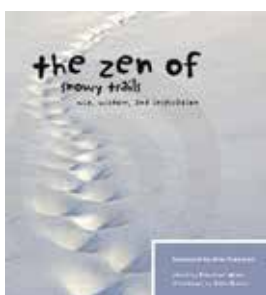
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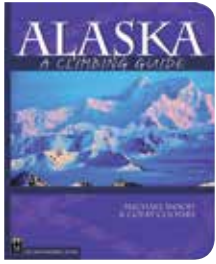


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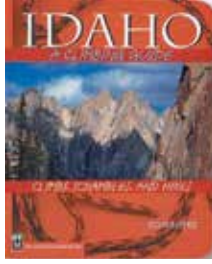


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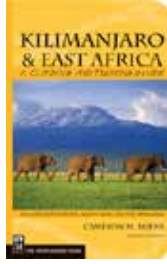
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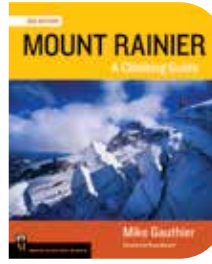
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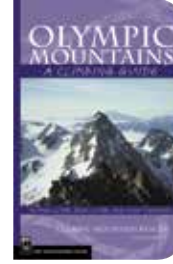
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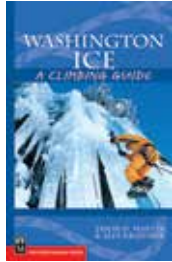
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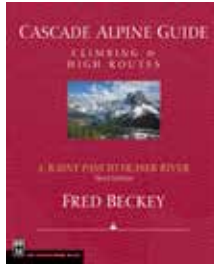
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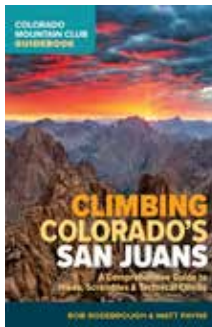
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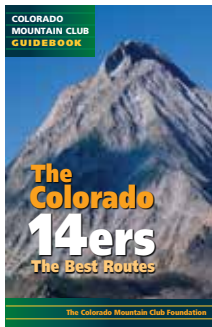
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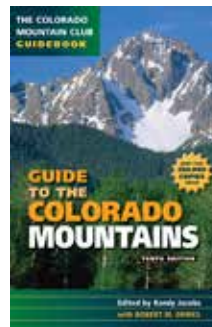
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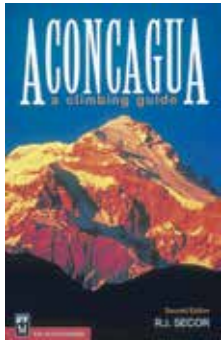


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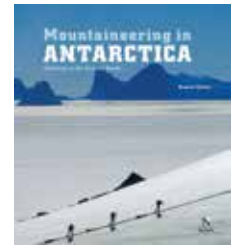
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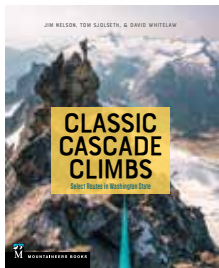


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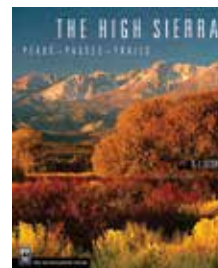
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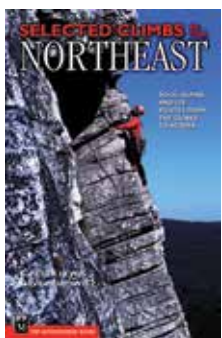


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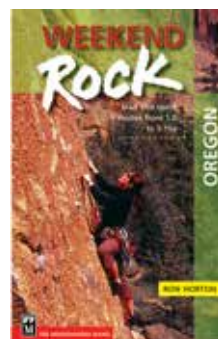


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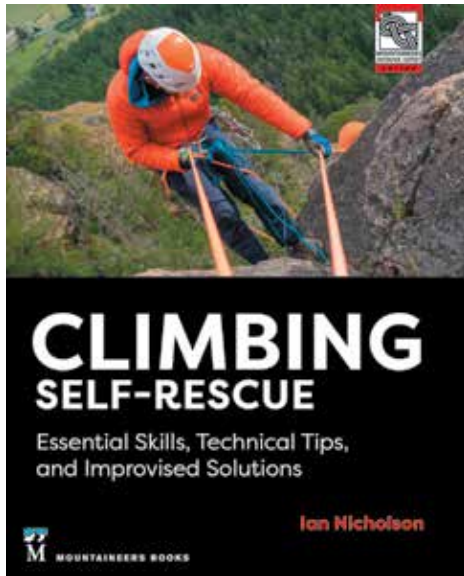


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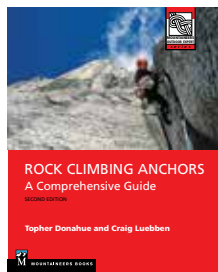
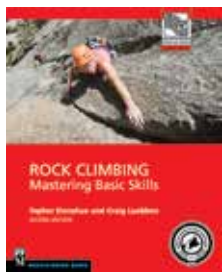
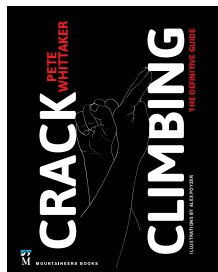
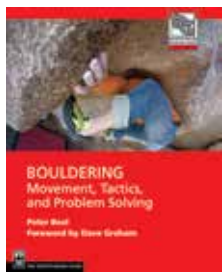
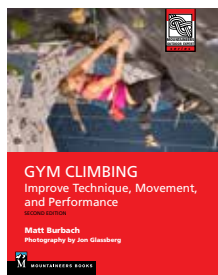
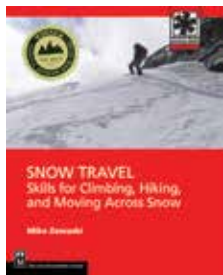
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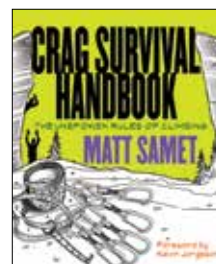
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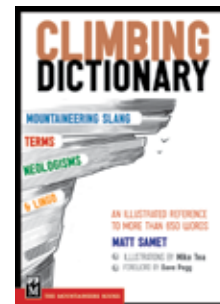
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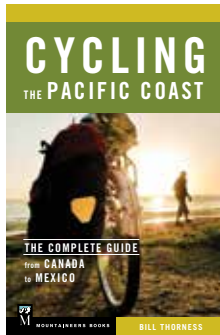
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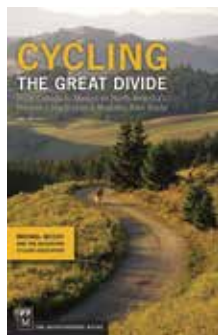
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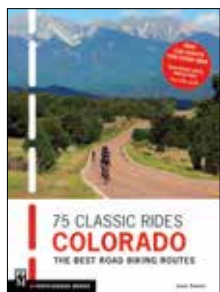


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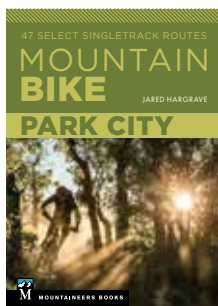


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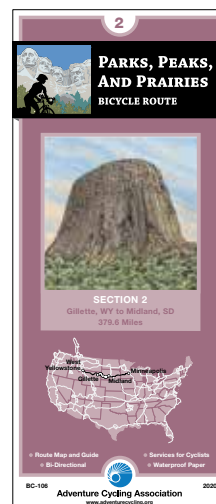
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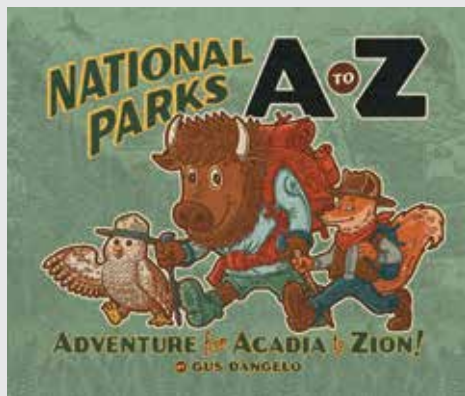


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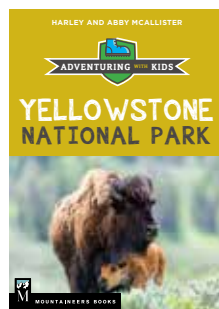
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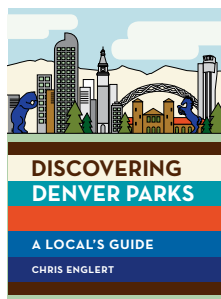
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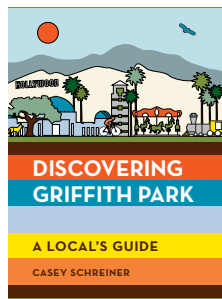
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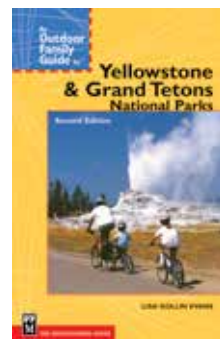


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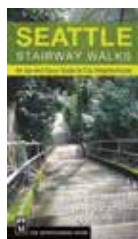
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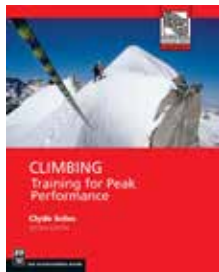
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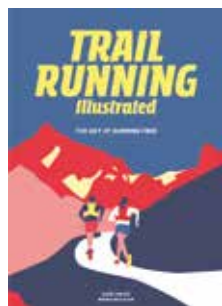
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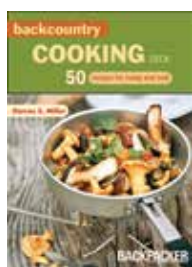


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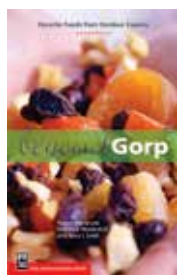


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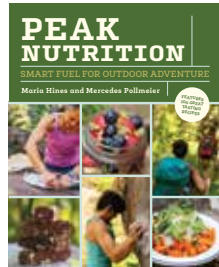
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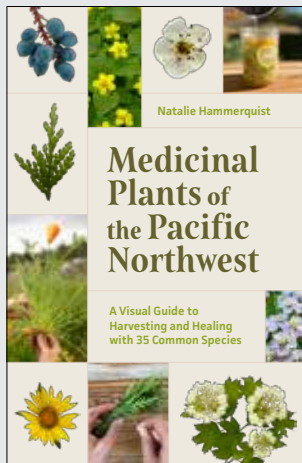
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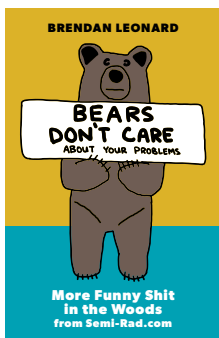
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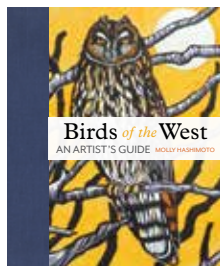
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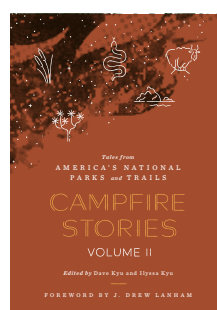
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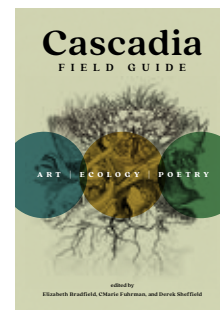
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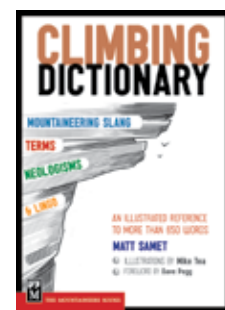
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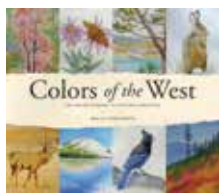
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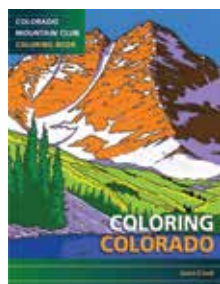
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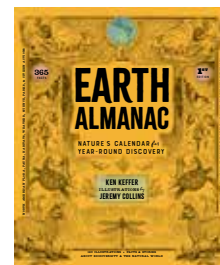
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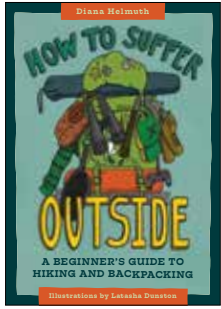
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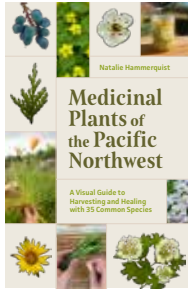
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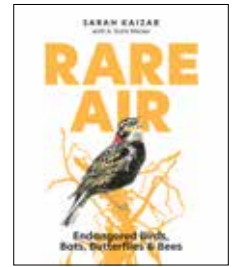
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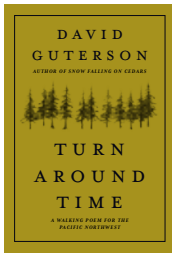
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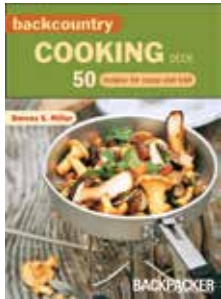


LANGE'S METALMARK BUTTERFLY
Apodemis mormo langei

FEDERAL STATUS
Endangered

IUCN STATUS
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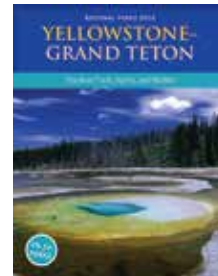
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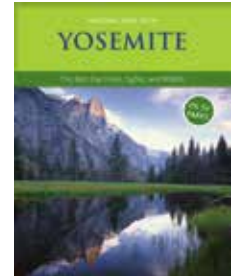
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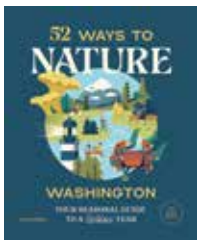


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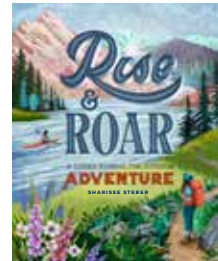
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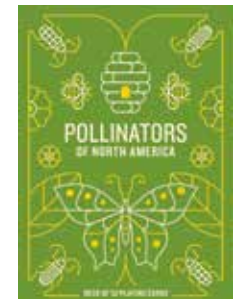
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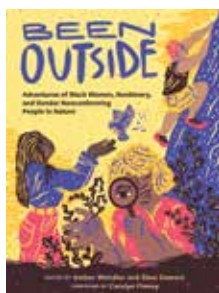
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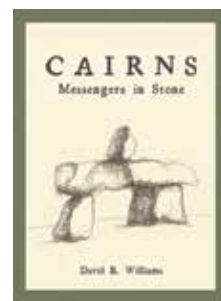
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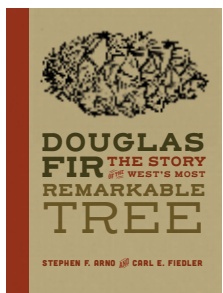
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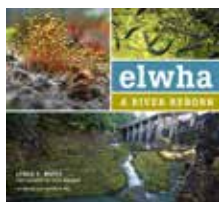
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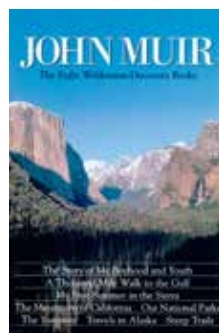
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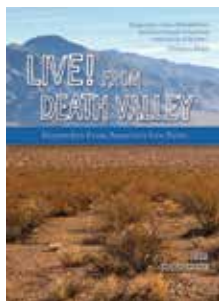
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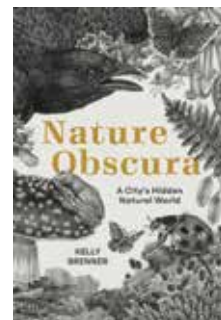
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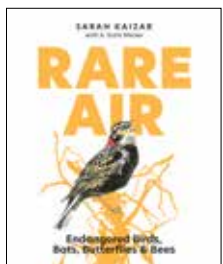
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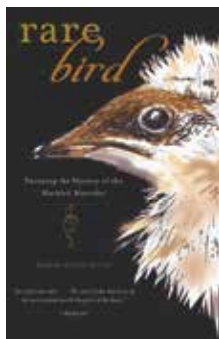
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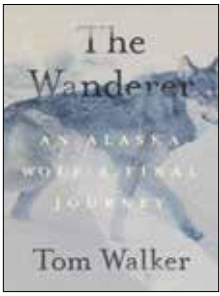
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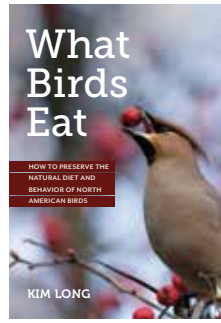
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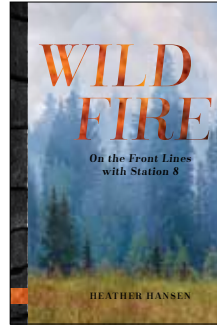
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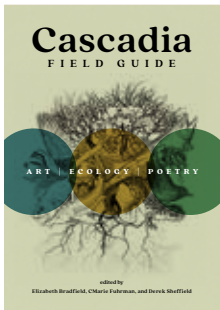


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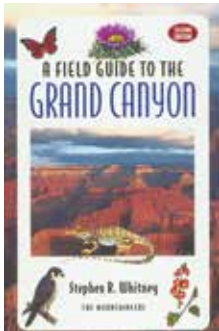


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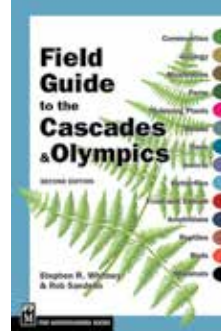
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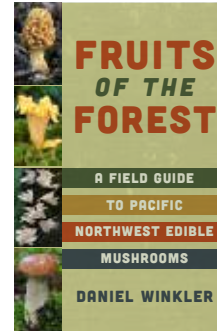
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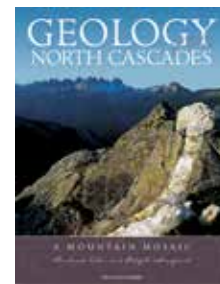
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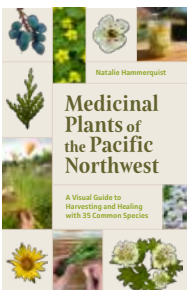
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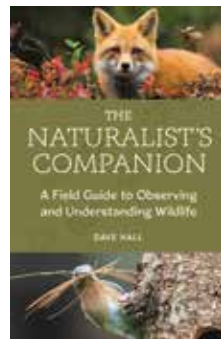
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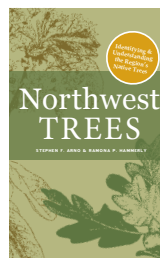
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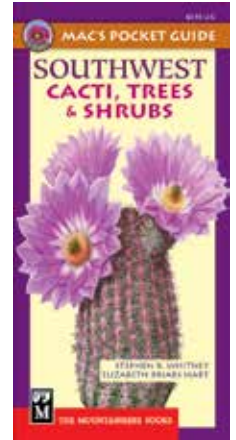
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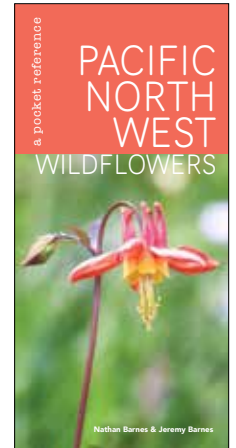
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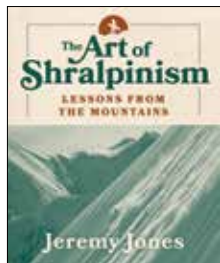


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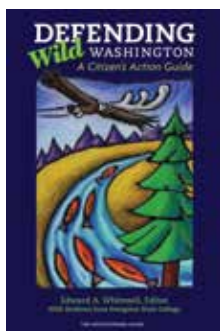


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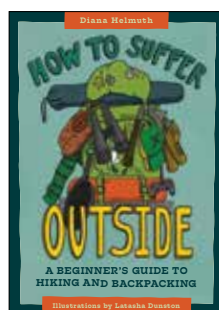
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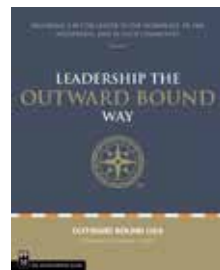
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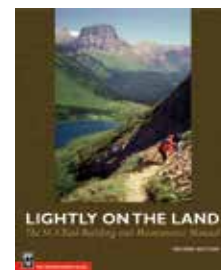
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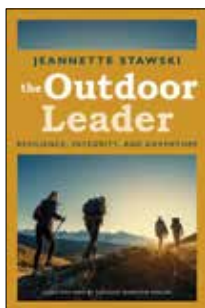
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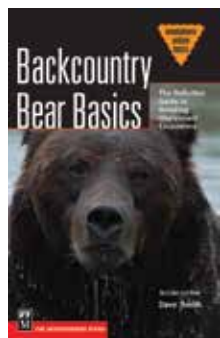
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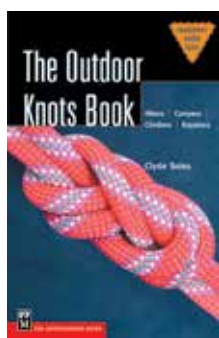
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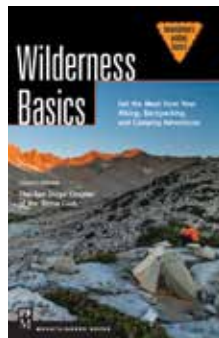
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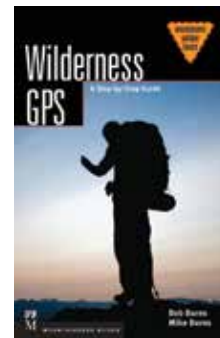
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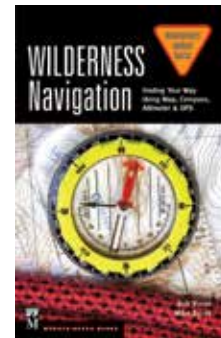
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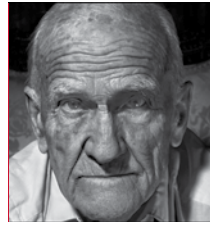
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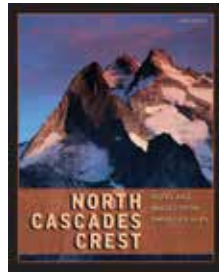
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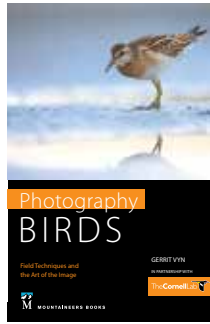
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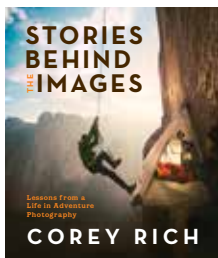
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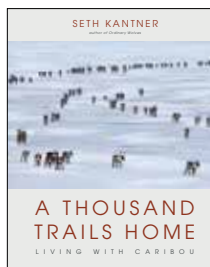
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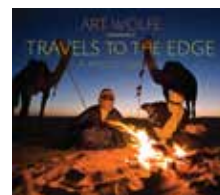
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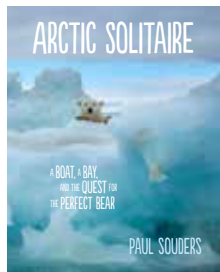


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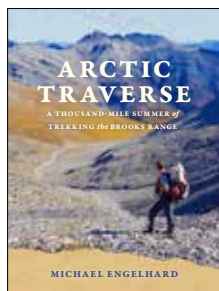
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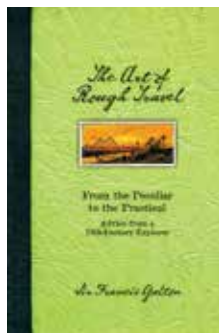
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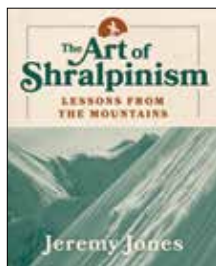


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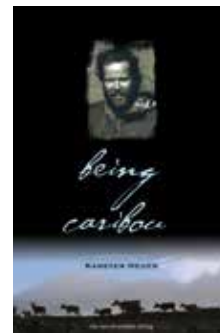
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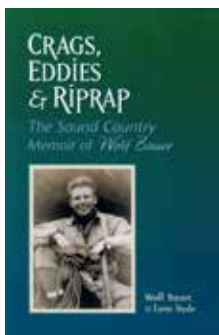


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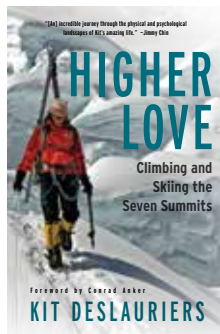


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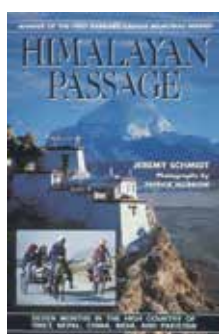


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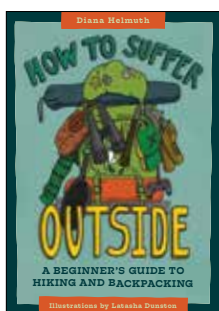


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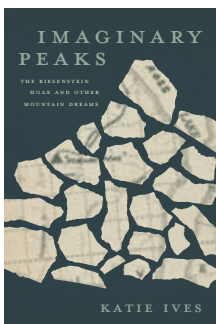
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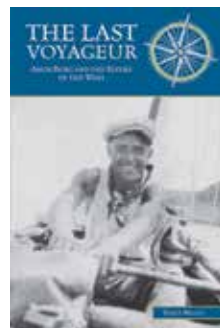
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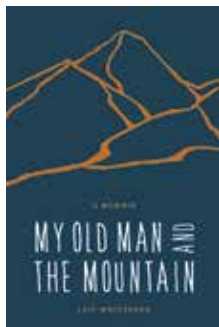
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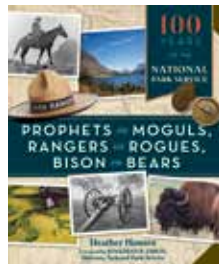
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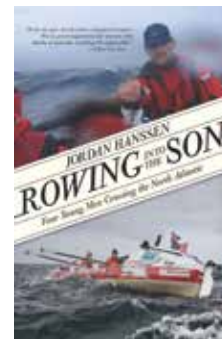
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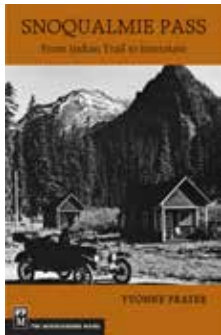
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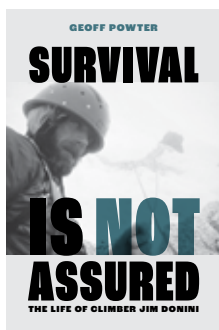
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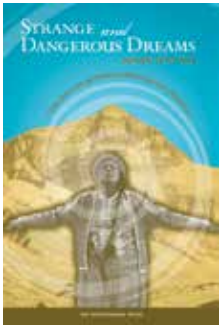
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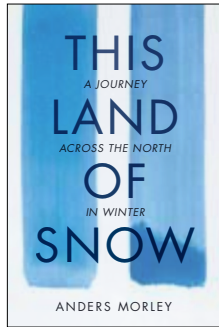
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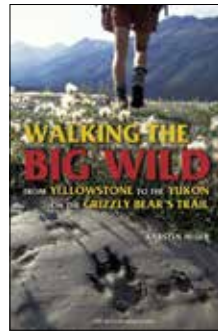
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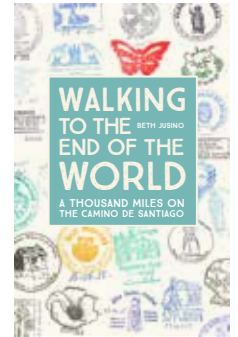
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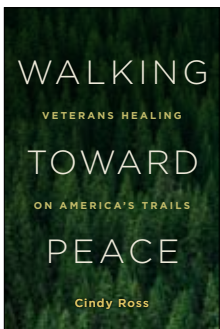
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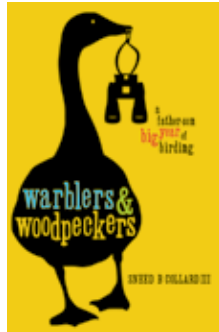
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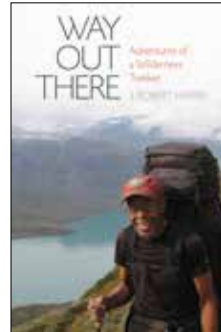
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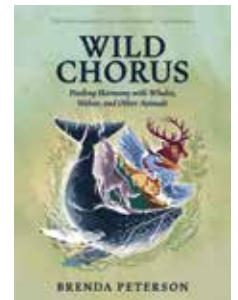
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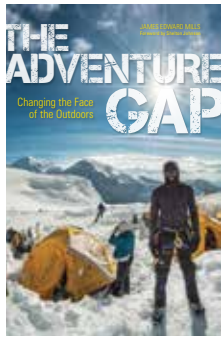


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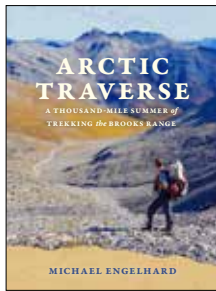


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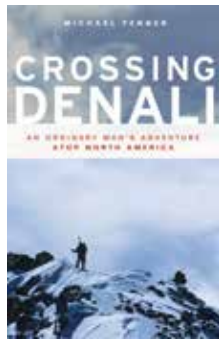
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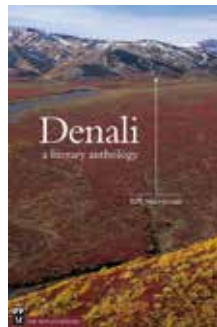
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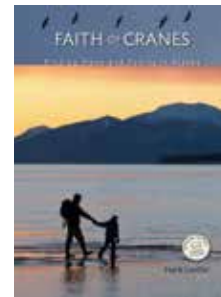
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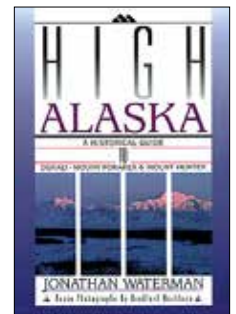
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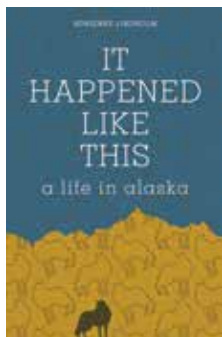
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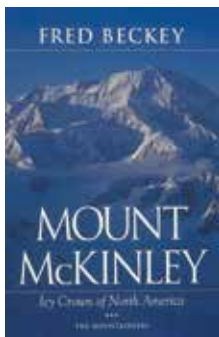
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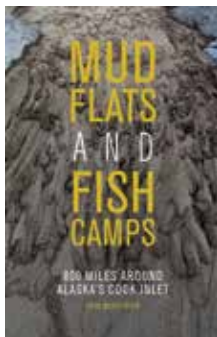
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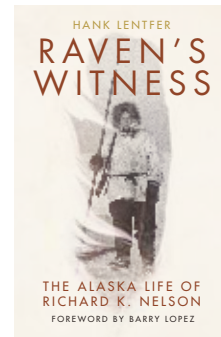
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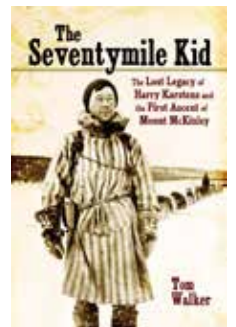
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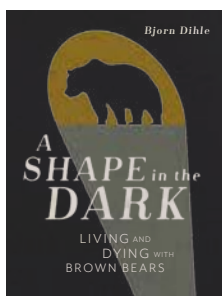
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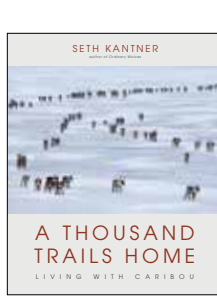
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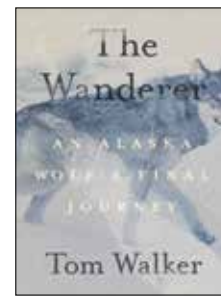
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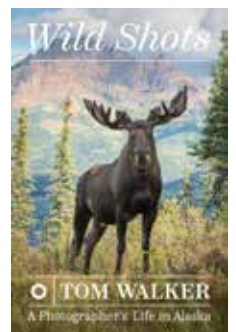
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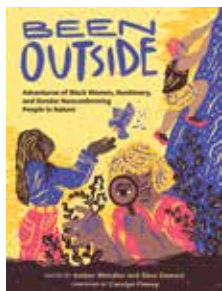


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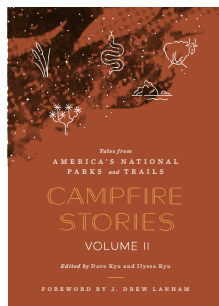
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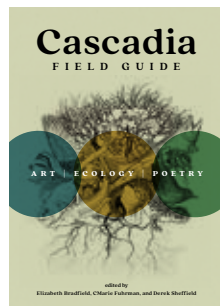
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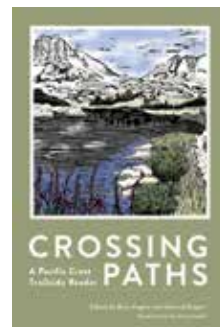
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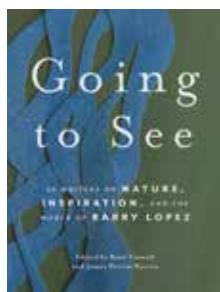
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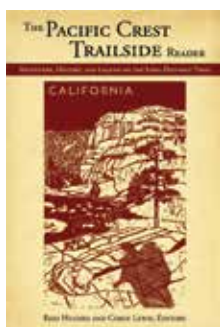
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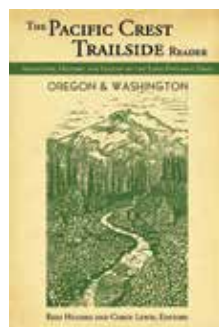
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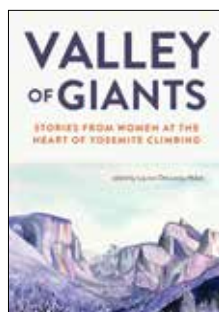
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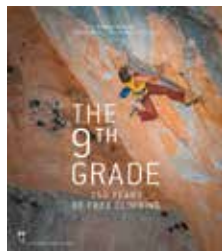


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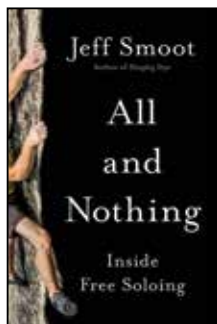
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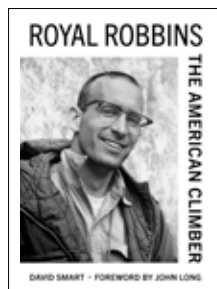
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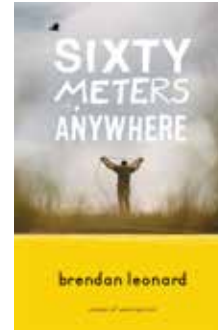
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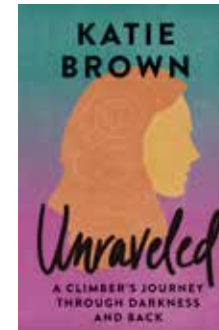
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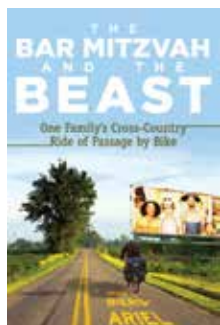


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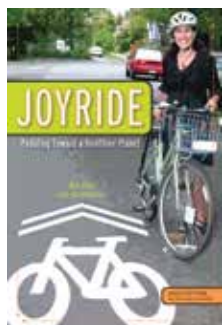
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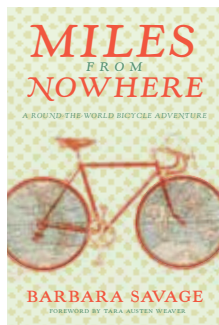
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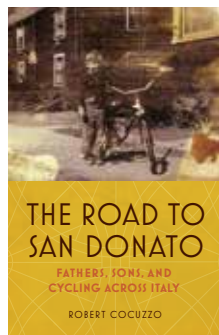
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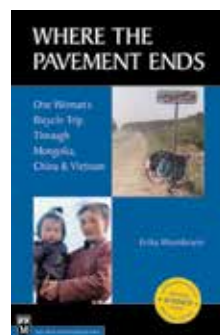
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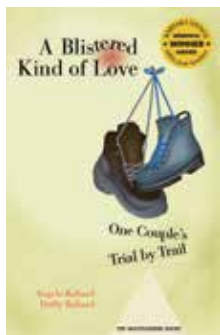
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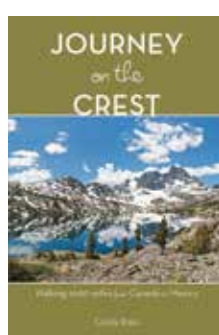
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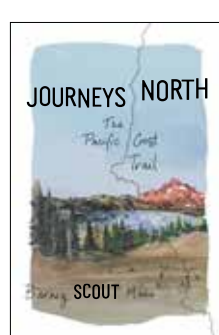
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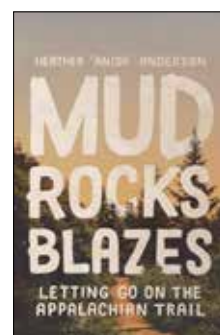
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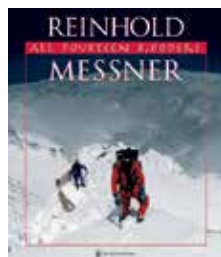
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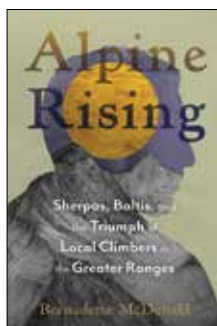
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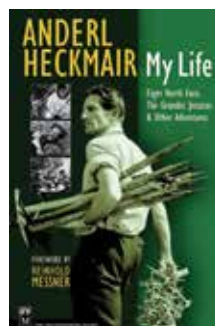
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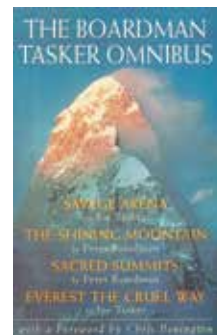
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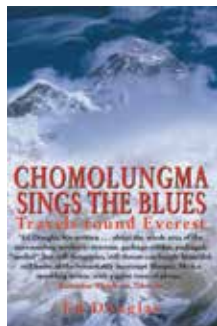
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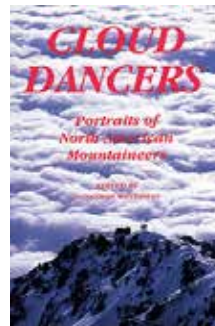
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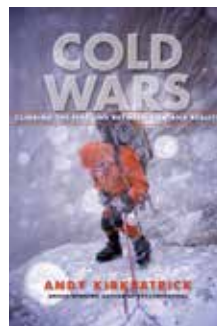
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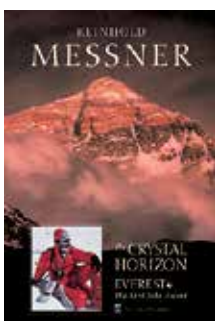
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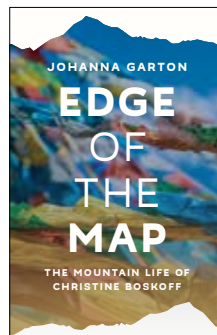
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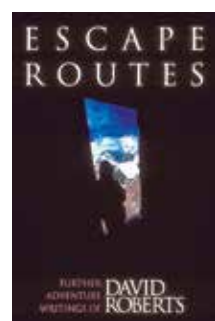
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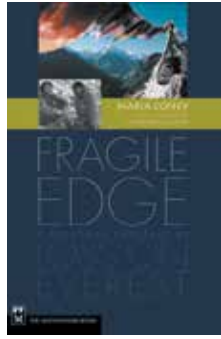
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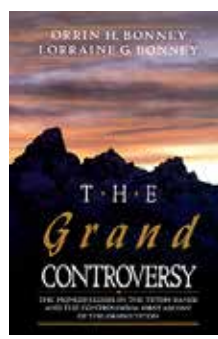
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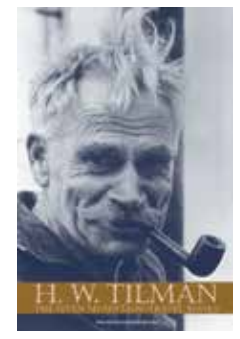
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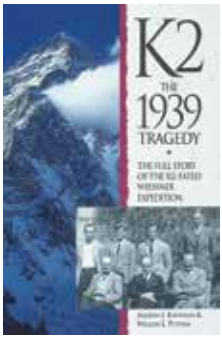
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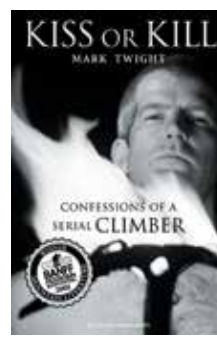
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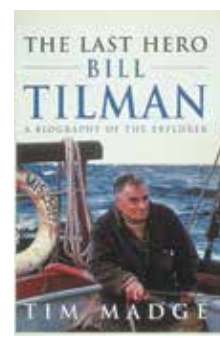
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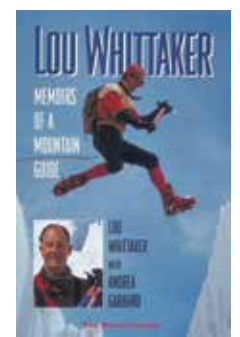
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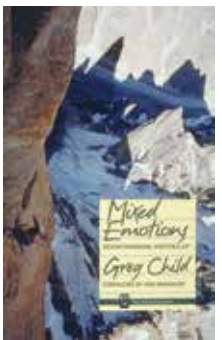
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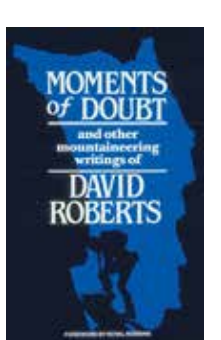
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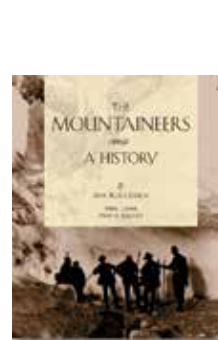
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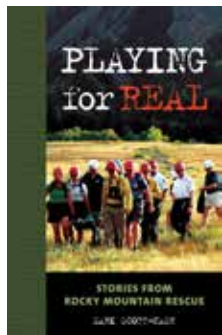
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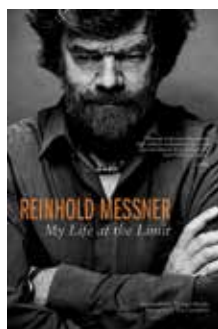
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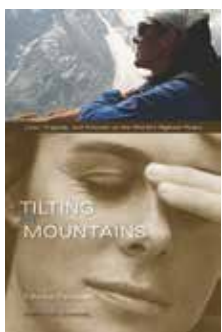
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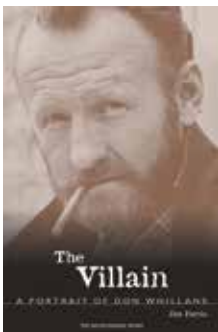
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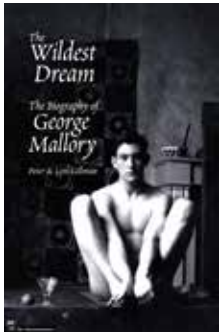
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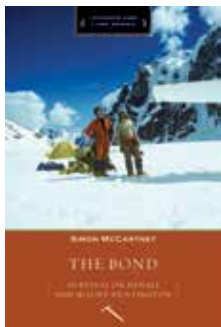
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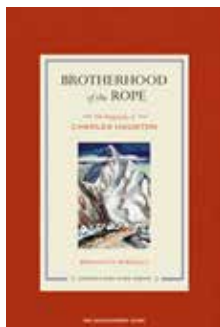
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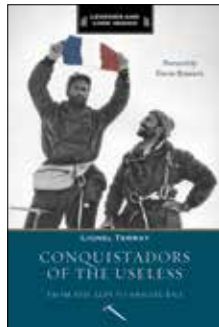


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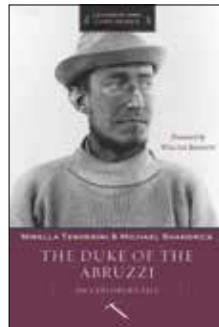


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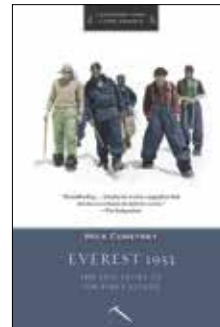


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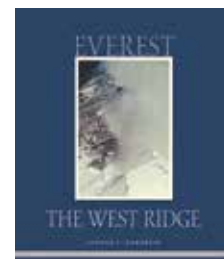
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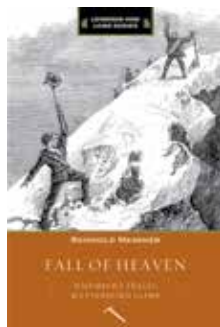


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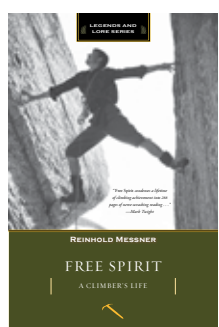
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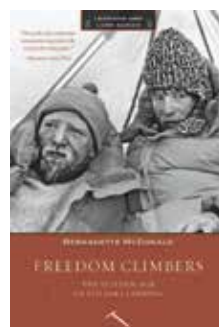
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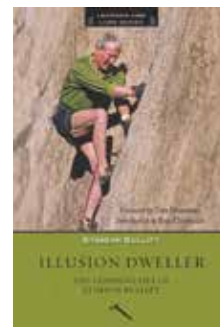


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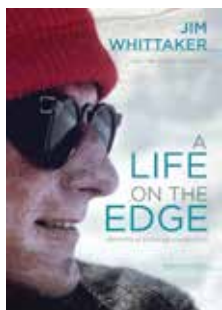
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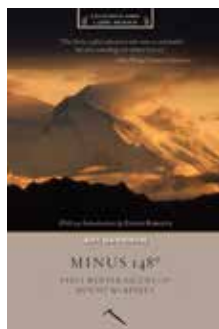
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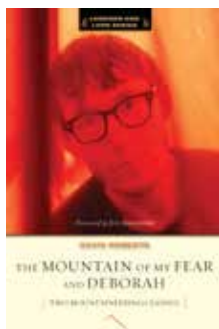
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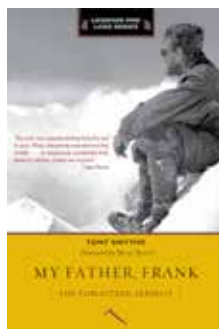
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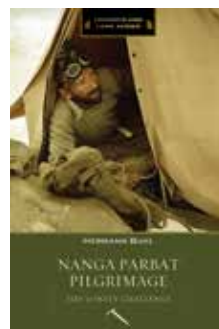
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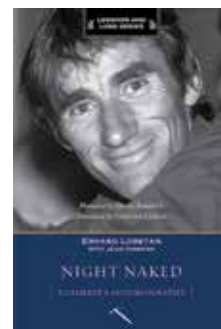
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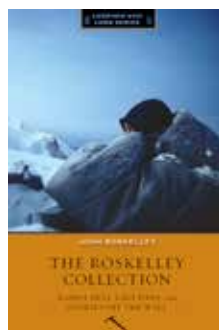
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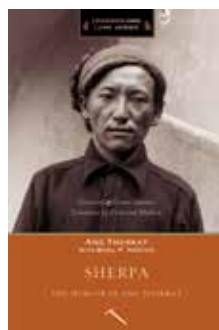
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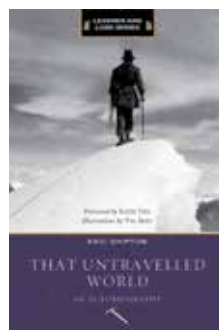
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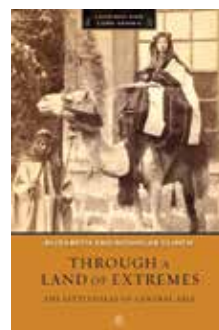
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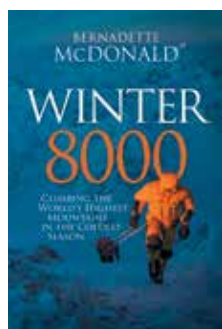
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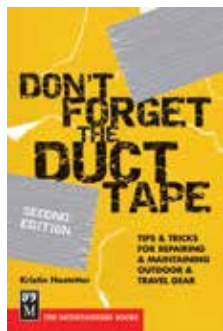
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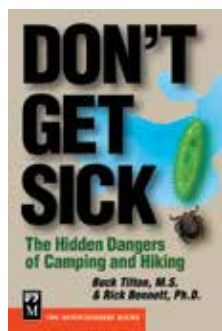
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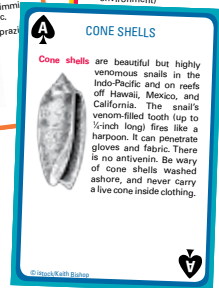
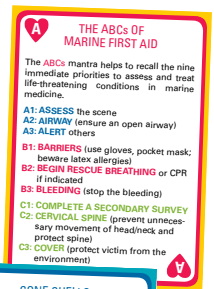


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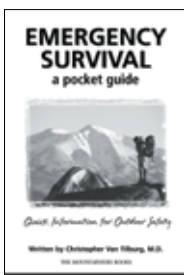


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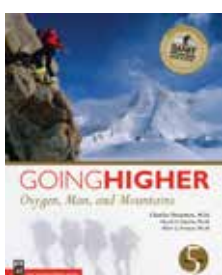
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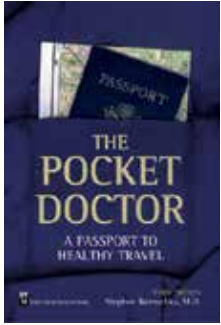


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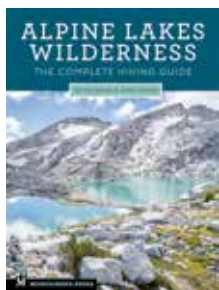
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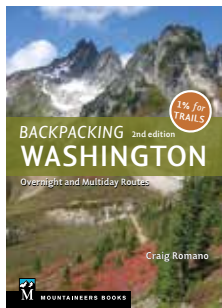
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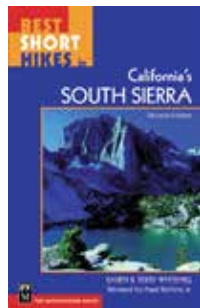
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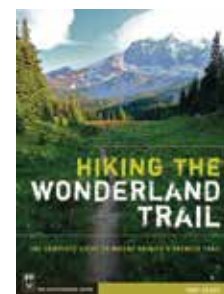
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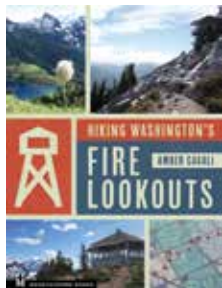
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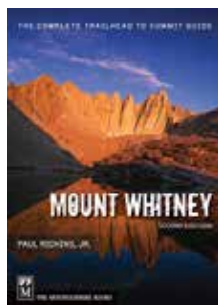
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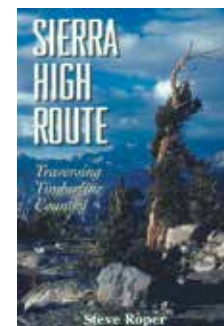
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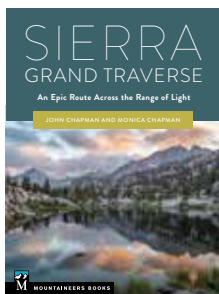
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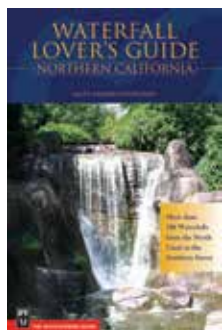
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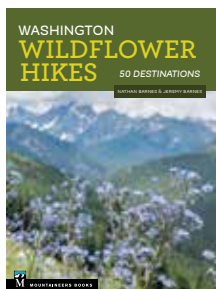
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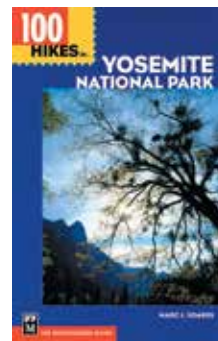
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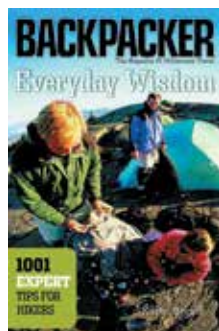
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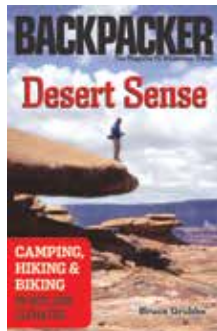
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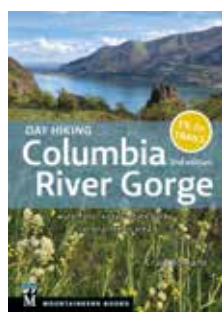
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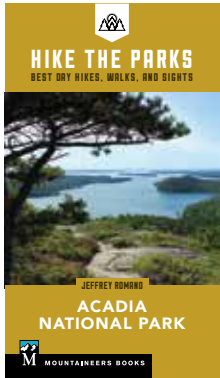
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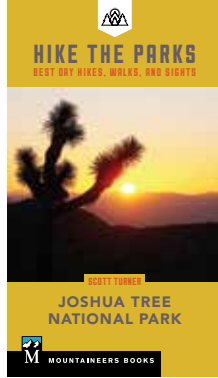
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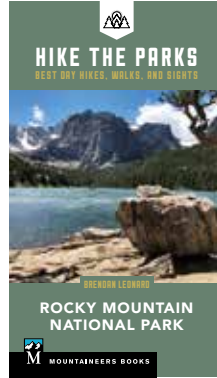
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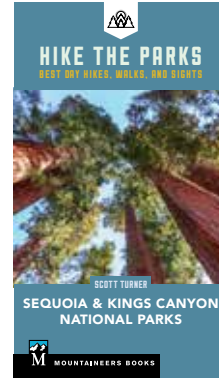
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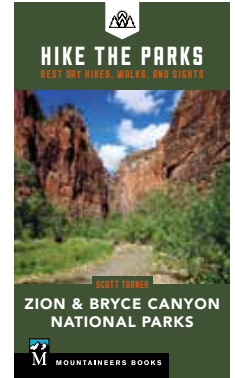
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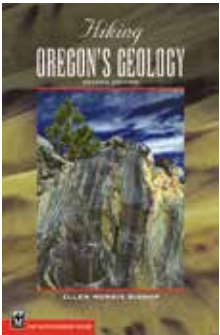


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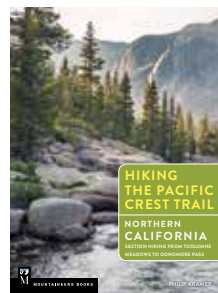
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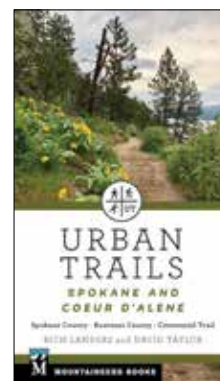
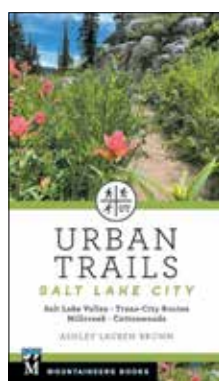


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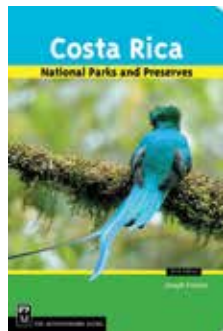
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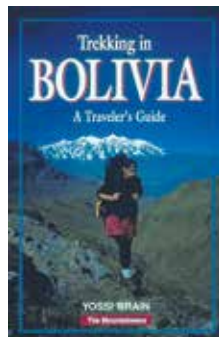
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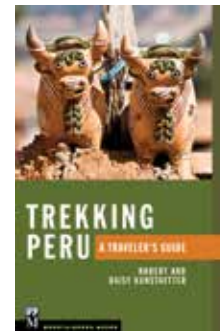
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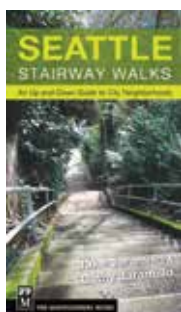
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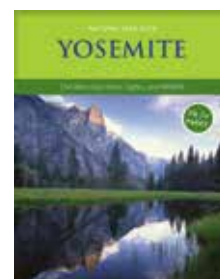
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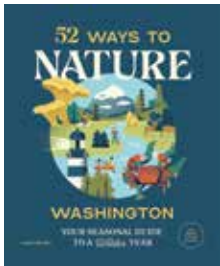


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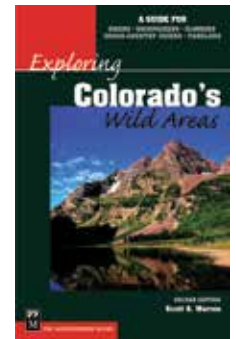
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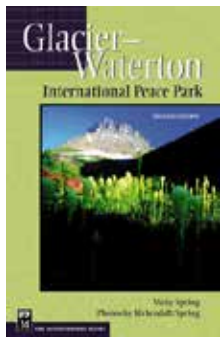
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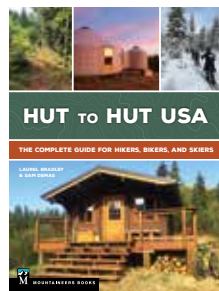
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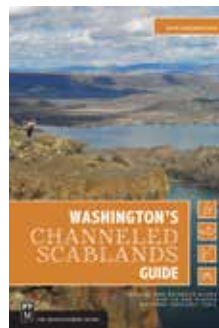
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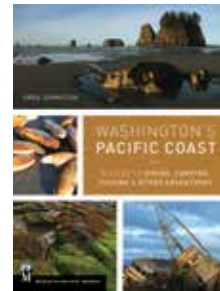
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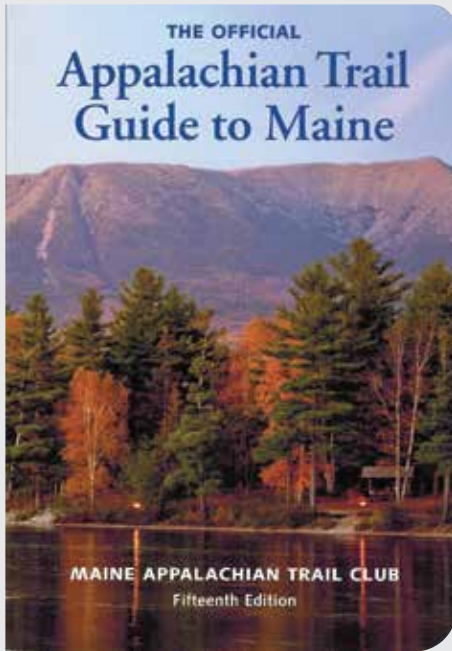


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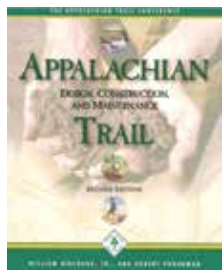
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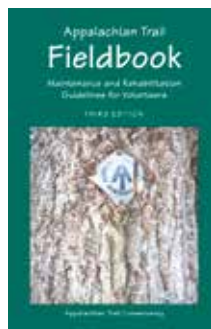
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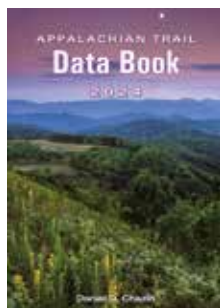
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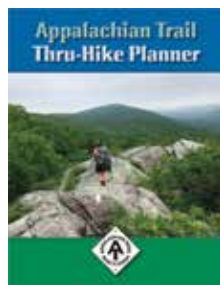
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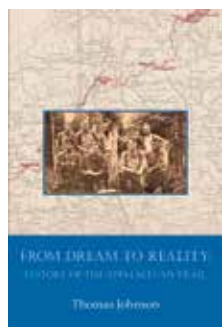
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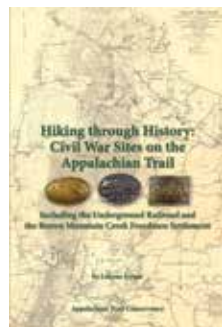
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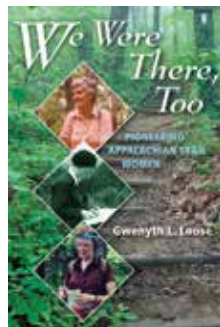
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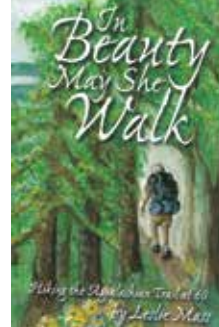
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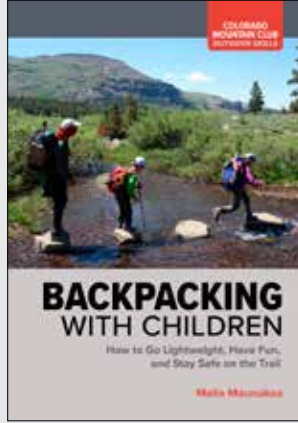
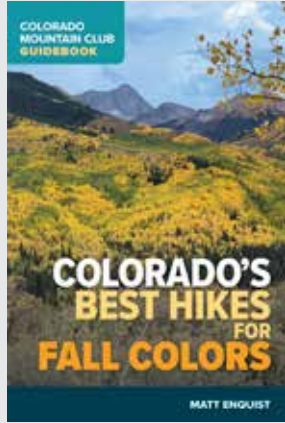
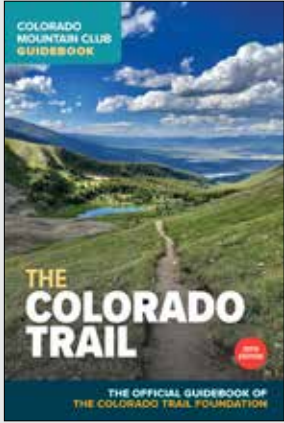
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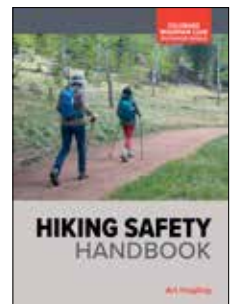
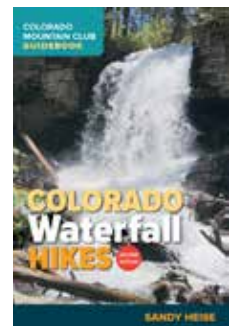
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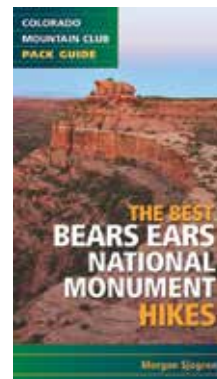
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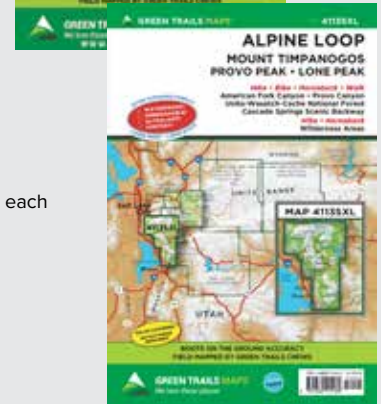
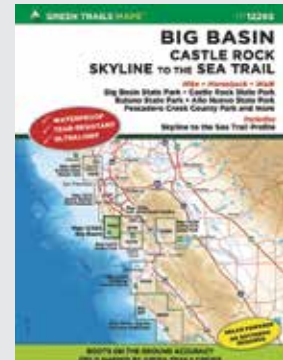
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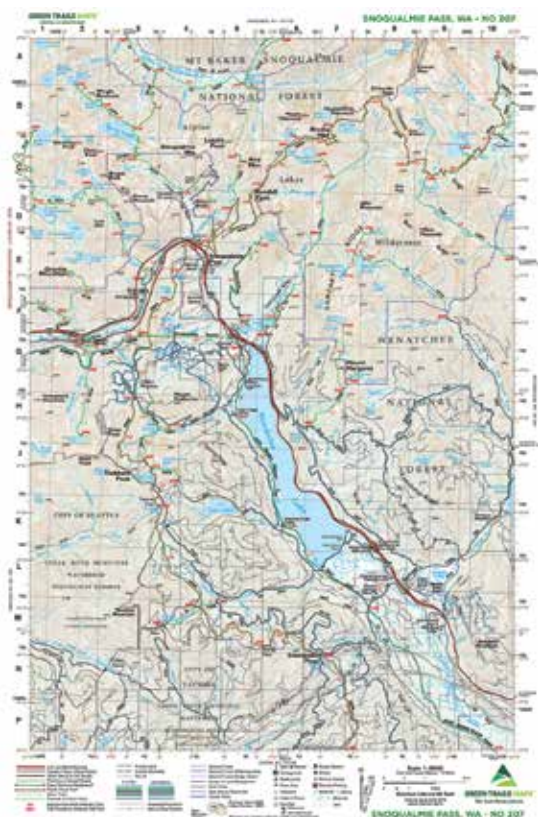
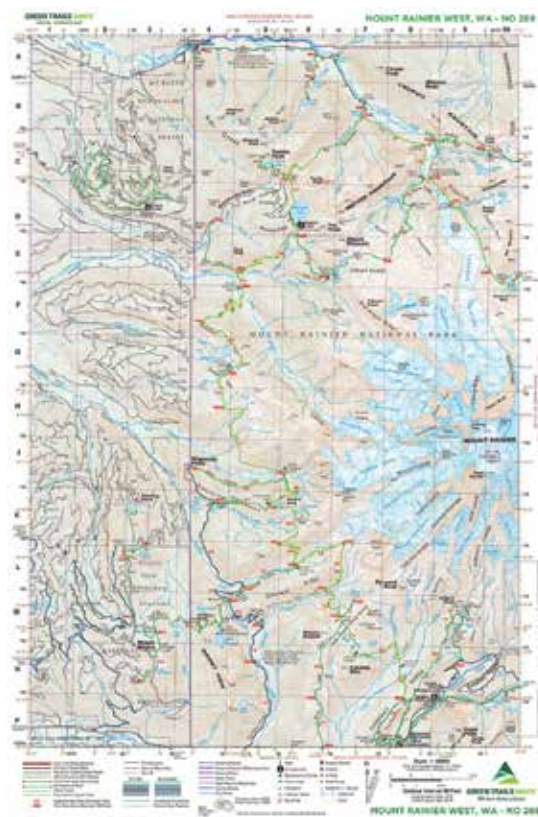
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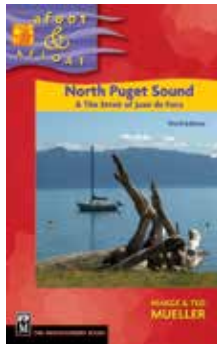
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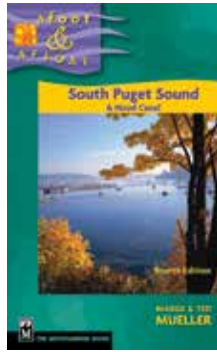
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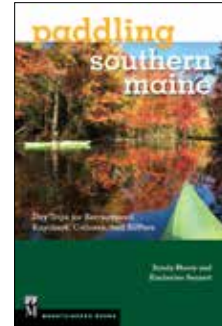
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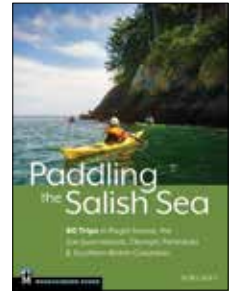
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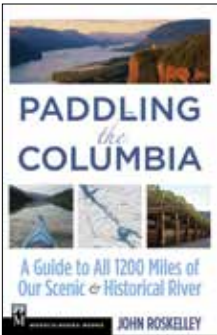
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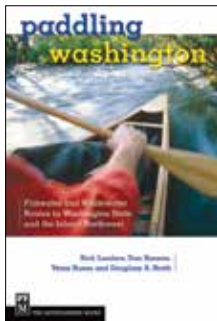
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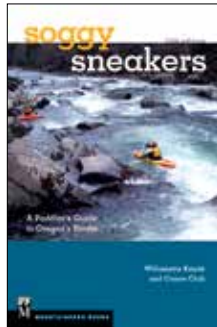
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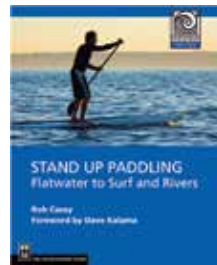
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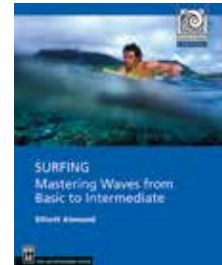
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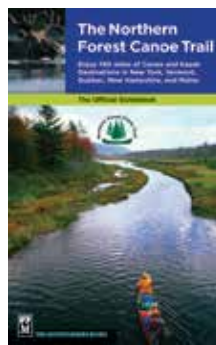
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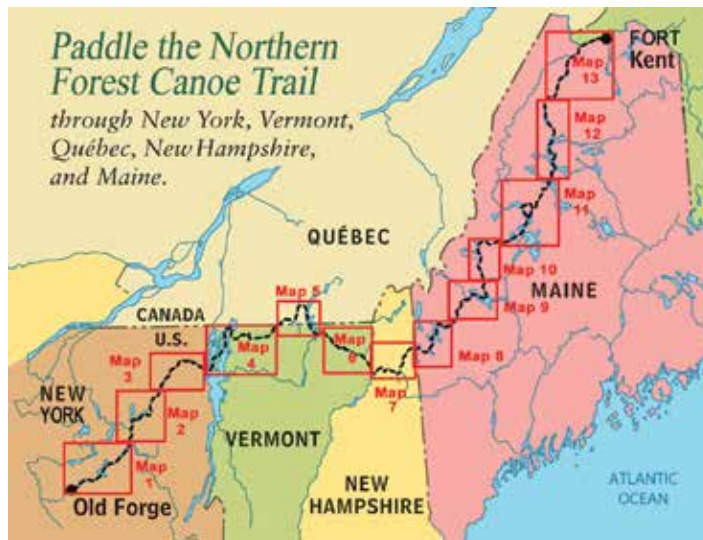
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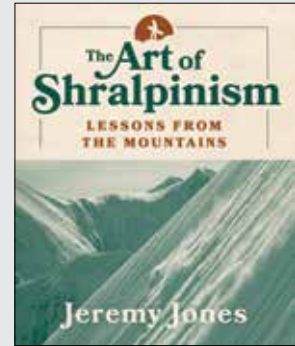
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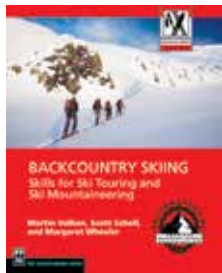


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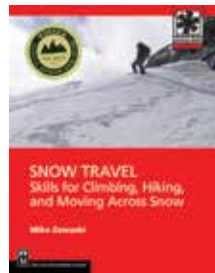
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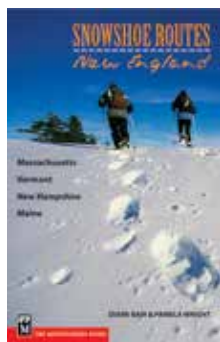


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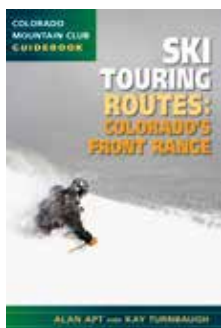


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Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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