SPRING/ SUMMER CATALOG
Mountaineers Books is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.
AVAILABLE IN
BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

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Photo from Big River by David Moskowitz and Eileen Delehanty Pearkes
ALPINE RISING
Sherpas, Baltis, and the Triumph of Local Climbers in the Greater Ranges

BERNADETTE MCDONALD

A long overdue accounting of the extraordinary contributions and leadership of Sherpa, Balti, and other local climbers in the Himalayas and Karakorams

• Untold stories of local alpinists who made western mountaineers’ successes possible
• Written with unprecedented access to the stories of climbers and their families, assisted by on-the-ground researchers in Pakistan and Nepal
• Sales will benefit the Khumbu Climbing Center (Nepal) and the ASCEND climbing program for girls (Pakistan)

The name of Maurice Herzog, the first man to reach the summit of Annapurna, is widely recognized, but how many know Fou Tharkay, the Sherpa who carried the seriously frostbitten Herzog on his back for miles? Although rarely mentioned in published accounts of early expeditions, local climbers have long been significant members of first ascents on the world’s tallest and most challenging peaks. In Alpine Rising, award-winning writer Bernadette McDonald sets the record straight by shining a light on these too often forgotten heroes.

Now, in the 21st century, it is often local climbers who are setting records. A Nepali team was the first to climb K2 in winter; they reached the summit while singing their national anthem. Pakistani climbers like Little Kim and Ali Sadpara devoted their lives to helping others survive and succeed on and off the mountains and their stories deserve to be more widely known. Not only a timely reminder of the need to recognize the contributions of local climbers and the importance of correcting the historical record, Alpine Rising is a celebration of a region’s local heroes.

ABOUT THE AUTHOR

BERNADETTE MCDONALD was the founding vice president of mountain culture at The Banff Centre and director of the Banff Mountain Festivals for 20 years. Few people have the relationships that McDonald does with the world’s most accomplished alpinists. The author of more than a dozen books about mountaineering and mountain culture, she regularly lectures on a variety of topics for universities, festivals, and alpine clubs. McDonald lives in Banff, Alberta, Canada.

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ALSO OF INTEREST
HEADSTRAP
Legends and Lore from the Climbing Sherpas of Darjeeling

NANDINI PURANDARE AND DEEPA BALSAVAR | FOREWORD BY KATIE IVES

A culturally rich and evocative narrative about the historic emergence of Darjeeling’s Sherpa climbing community

- Based on extensive oral histories gathered over the last decade by the Sherpa Project
- Historical record that has renewed relevance today
- Publication coincides with Everest climbing season

This captivating chronicle delves into the untold story of a tribe of people who have played a significant role in mountain exploration and climbing in the Himalayas. Situated in northern India, Darjeeling was developed as a colonial retreat by the British in the early 1830s and soon became famous for its tea gardens, attracting locals from around the region, Nepal, and Tibet in search of work. When Darjeeling became the jumping-off point for early Himalayan expeditions, workers from the Sherpa and Bhutia communities soon established themselves as the preferred high-altitude porters, bringing fame, entwined with tales of valor, courage, and sacrifice, to the city. These are some of their stories.

Over the course of a decade, authors Nandini Purandare and Deepa Balsavar conducted a series of interviews with Sherpas from Darjeeling, as well as their family members, descendants, friends, and contemporary climbers. Headstrap weaves a vivid tapestry of this particular Sherpa community, giving them the recognition in mountaineering literature that they deserve.

ABOUT THE AUTHORS

NANDINI PURANDARE is editor of The Himalayan Journal, a recognized global authority on the Himalaya. With a background in economics, Purandare has consulted for various organizations and is an enthusiastic trekker and reader of mountain literature.

A well-known illustrator and storyteller, DEEPA BALSAVAR has created more than 30 award-winning children’s books. Balsavar is an adjunct professor at IDC, the Design School, IIT Bombay.

ONLINE: himalayanclub.org @thehimalayanclubofficial

ALSO OF INTEREST

KARAKORAM
IMAGINARY PEAKS
THE NORTHERN PEAKS: HERA
“What we gain and learn from outdoor leadership can apply to our lives anywhere, not just in the backcountry or in a wild setting.”
—Jeannette Stawski

- Includes experiential anecdotes and teachable moments from a varied range of outdoor leaders
- Highlights best practices on how to integrate DE&I into outdoor leadership

In this inspiring new guide, experienced leader Jeannette Stawski focuses on the essential attributes of outdoor leadership: resilience and grit, integrity, tolerance for adversity, and highly developed listening and communication skills. She explores the ways a transformational leader makes good decisions, creates and champions a vision, and leads meaningful change. Personal anecdotes illustrating hard-won lessons are included throughout, while exercises emphasize key points and encourage readers to apply what they’ve learned to their own situations.

Drawing in part on the teachings of Karel Hilversum, co-director of Cornell’s Outdoor Education program, Stawski does a deep dive into how to integrate diversity, equity, and inclusion into outdoor leadership. She also features stories by Kenji Haroutunian, Stacy Bare, Courtney Aber, Lily Durkee, Nikki Smith, Joe Stone, and others to provide additional perspectives and experiences that reinforce the message that there is no one right way to lead.

Whether you’re an outdoor professional or new to spending time in nature, you’ll draw inspiration from the wisdom of The Outdoor Leader.

ABOUT THE AUTHOR

JEANNETTE STAWSKI serves as executive director for the Association of Outdoor Recreation and Education (AORE) and worked as a professional outdoor guide, a wilderness medicine instructor, and NOLS instructor. She is currently the chair of the Coalition for Outdoor Access (COA) and lives in Ann Arbor, Michigan, with her husband and their two children.

LATASHA DUNSTON GREENE (she/her) is a visual artist based in Denver whose work is heavily inspired by nature, where she spends a lot of time creating art. She loves to share that passion with others through murals, product design, and illustration.
ARCTIC TRAVERSE
A Thousand-Mile Summer of Trekking the Brooks Range

MICHAEL ENGELHARD

A lyrical memoir of wilderness, cultural connections, and gritty adventure across northern Alaska

- Vivid observations of Alaskan wildlife, flora, and geology
- Award-winning author of Ice Bear: The Cultural History of an Arctic Icon

Follow Michael Engelhard’s boot prints across the tussock-filled tundra of Alaska for an enthralling story of bear encounters, white-knuckled river moments, and lyrical observations of a vast, wild landscape. A trained anthropologist, Engelhard evokes classic writers like Margaret Murie, Farley Mowat, and Edward Abbey with deep dives into human and natural history. Much more than a harrowing account of a human-powered solo journey, Arctic Traverse shares anecdotes from encounters with Indigenous elders, clients, homesteaders, and others as well as from Engelhard’s intimate experiences of the land itself.

Through this captivating and deeply personal story, readers will gain a newfound appreciation for wild places.

ABOUT THE AUTHOR

A cultural anthropologist and outdoor instructor for more than three decades, MICHAEL ENGELHARD specializes in land use, subsistence, and symbolic aspects of landscapes. Engelhard has edited four anthologies and is the recipient of several literary awards, including a Rasmuson Individual Artist Award and three Alaska Press Club Awards. His writing has been featured in Outside, Audubon, and National Parks. Engelhard is the editor and author of several books, including the forthcoming No Walk in the Park and What the River Knows.

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michaelengelhard.com

ALSO OF INTEREST
KIRK HANSON is an experienced forest educator and practitioner, skilled in guiding forest owners to manage their land sustainably. He has worked with a variety of landowners, and also blogs about his own family’s experiences managing 200 acres of forestland.

ONLINE: nnr.org/hansonfamilyforest

As a journalist, SETH ZUCKERMAN reported extensively on forests, salmon, and the human communities that depend on them. He is the executive director of the Northwest Natural Resource Group and author of several books, including Saving Our Ancient Forests and Salmon Nation.

ONLINE: nnr.org

Discover the many rewards of forest stewardship with this comprehensive guide

- From the essentials of how to “read” a forest to the details of sustainable management
- Covers wildfire risk reduction and climate change adaptation
- Offers tips on ways to enhance wildlife habitat and watershed protection

Throughout Oregon and Washington there are several hundred thousand family forest owners, in addition to millions of forest acres under the care of community forests, municipalities, and Indigenous tribes, all of whom manage trees for sustainable wood harvest as well as recreation, inspiration, and a range of cultural connections. Yet there hasn’t been a complete resource for Pacific Northwest forest stewards until now.

In this comprehensive how-to, authors Kirk Hanson and Seth Zuckerman explore all aspects of forest management—everything from how to evaluate a piece of land before you buy it through implementing long-term plans that may include establishing new stands of trees, harvesting mushrooms as well as wood, and protecting your forests far into the future through wildfire risk reduction, climate change adaptation, and conservation easements. Loaded with helpful tables and illustrations that address the pros and cons of various species and how to best care for wildlife and the land, A Forest of Your Own is a clear guide to the many rewards of ecological forestry.

ABOUT THE AUTHORS

KIRK HANSON is an experienced forest educator and practitioner, skilled in guiding forest owners to manage their land sustainably. He has worked with a variety of landowners, and also blogs about his own family’s experiences managing 200 acres of forestland.

ONLINE: nnr.org/hansonfamilyforest

As a journalist, SETH ZUCKERMAN reported extensively on forests, salmon, and the human communities that depend on them. He is the executive director of the Northwest Natural Resource Group and author of several books, including Saving Our Ancient Forests and Salmon Nation.

ONLINE: nnr.org

BIBLIOGRAPHY

A FOREST OF YOUR OWN
The Pacific Northwest Handbook of Ecological Forestry
KIRK HANSON and SETH ZUCKERMAN

288 pages | 7 x 9 | $34.95 | paperback | 90 color photos

ebook 978-1-68051-637-1 Ecology/How to/Pacific Northwest

Rights: World

ALSO OF INTEREST

ABOUT THE AUTHORS

KIRK HANSON is an experienced forest educator and practitioner, skilled in guiding forest owners to manage their land sustainably. He has worked with a variety of landowners, and also blogs about his own family’s experiences managing 200 acres of forestland.

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ONLINE: nnr.org
ECOLOGICAL FORESTY SEEMS LIKE IT OUGHT TO BE AREDUNDANCY, LIKE SOIL-BASED FARMING OR LOVE-BASED MARRIAGES. IF THERE’S ANYTHING WE’VE LEARNED ABOUT FORESTS, IN RECENT DECADES, IT’S THAT FORESTS ARE MORE THAN JUST CROOKED TREES; JUST AS TRUNKS ARE MORE THAN BIG WOODS OF WAK WAK WAK WAK, WAK WAK WAK WAK WITH SCHOOLS OF FISH. AS A RESULT, ANY REASONABLE STRATEGY TO CARE FOR OR MANAGE A FOREST MUST TAKE ITS INTERCONNECTEDNESS INTO ACCOUNT. THAT IS THE TRUE MEANING OF ECURITY—CONSIDERING THE TREES AS PART OF A HUMAN-BASED SYSTEM IN WHICH THE COUNTLESS COMPONENTS INTERACT AND EVEN DEPEND ON ONE ANOTHER. WE ENCOUNTER ALL KINDS OF INTERACTIONS IN A FOREST, STARTING WITH THE MOST BASIC: SPECIES NIBBLING ON ONE ANOTHER OR EATING EACH OTHER. THEY SOMETIMES COMPETE FOR LIGHT, WATER, AND NUTRIENTS, WHILE IN OTHER CASES, THEY COPE WITH AND SHARE RESOURCES. THEY PARASITIZE ONE another, AND NEST OR TAKE SHIELD IN Nooks AND CRANNIES OF HABITATS THAT OTHER SPECIES HAVE CREATED. ULTIMATELY, A TREE OF DECOMPOSERS SWOOPS TO CONSUME THEM IN DEATH.

IN THIS WAY, THE DISTINCT SPECIES ADD UP TO A greater whole, LIKE THE INSTRUMENTS IN A SYMPHONY. IF YOU THINK OF FOREST MANAGERS AS THE CONDUCTORS OF THAT SYMPHONY, ECOLOGICAL FORESTY MEANS PAYING ATTENTION TO THE STRINGS, WOODWINDS, BRASS, AND PERCUSSION ALL WITH EQUAL CONCERN. IMAGINE IF YOU WERE THE CONDUCTOR, AND YOU FOCUSED ONLY ON THE STRINGS SECTION: THE COMPOSITION WOULD SOUND PRETTY DISSONANT, AND THE CONCERT HALL WOULD EMPTY OUT IN SHORT ORDER. BUT, WITH ALL THE INSTRUMENTS, YOU CAN CREATE A THING OF BEAUTY. THAT’S THE FRAMEWORK WE’LL ADOPT IN THIS BOOK TO CARE FOR THE FOREST AS AN ORGANIC WHOLE, TAKING OUR CUES FROM NATURE.

TABLE 12.3: 2019 PLANTING BUDGET FOR HANSON 18-ACRE REFORESTATION

<table>
<thead>
<tr>
<th>ITEM</th>
<th>DESCRIPTION</th>
<th>UNITS</th>
<th>COST PER UNIT</th>
<th>TOTAL COST</th>
<th>EQIP REIMBURSEMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Site preparation</td>
<td>Foul mower cutting of heavy brush</td>
<td>18</td>
<td>$160</td>
<td>$2,880</td>
<td>$16,000</td>
</tr>
<tr>
<td>Tree protection</td>
<td>4’ x 24’</td>
<td>2,600</td>
<td>$0.35</td>
<td>$950</td>
<td>$5,700</td>
</tr>
<tr>
<td>Tree seedlings</td>
<td>Douglas fir, western red cedar, western hemlock</td>
<td>5,200</td>
<td>$0.56</td>
<td>$2,922</td>
<td></td>
</tr>
<tr>
<td>Bamboo stakes</td>
<td>3.5/8” (18-10 mm) bamboo stakes</td>
<td>7,500</td>
<td>$0.10</td>
<td>$750</td>
<td></td>
</tr>
<tr>
<td>Orange ribbon</td>
<td>50 packs</td>
<td>50</td>
<td>$1.25</td>
<td>$63</td>
<td></td>
</tr>
<tr>
<td>Cedar planting</td>
<td>With cages and 2 stakes</td>
<td>2,400</td>
<td>$0.97</td>
<td>$2,288</td>
<td></td>
</tr>
<tr>
<td>Douglas fir and western hemlock planting</td>
<td>No cages, one stake</td>
<td>2,800</td>
<td>$0.50</td>
<td>$1,400</td>
<td></td>
</tr>
<tr>
<td>Planting bonus</td>
<td></td>
<td></td>
<td></td>
<td>$272</td>
<td></td>
</tr>
<tr>
<td>Seeding release 1</td>
<td>Seeding release</td>
<td>18</td>
<td>$150</td>
<td>$2,700</td>
<td>$1,500</td>
</tr>
<tr>
<td>Seeding release 2</td>
<td>Seeding release</td>
<td>18</td>
<td>$150</td>
<td>$2,700</td>
<td>$1,500</td>
</tr>
<tr>
<td>Seeding release 3</td>
<td>Seeding release</td>
<td>18</td>
<td>$150</td>
<td>$2,700</td>
<td>$1,500</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td></td>
<td></td>
<td>$37,615</td>
<td>$31,750</td>
</tr>
</tbody>
</table>

The stages of a planting project:

1. Site preparation:
   - Installing tree cages on the cedar, in two layers.
   - All private forest landowners, including family forests, conservation groups, tribes, and small companies, qualify for cost-sharing financial assistance through the Environmental Quality Incentives Program (EQIP) managed by the USDA’s Natural Resources Conservation Service. Cost-share funding pays a portion of the expenses of a conservation practice by reimbursing the landowner for an agreed amount. There are other funding programs available to forest owners and managers through state natural resource agencies, local conservation districts, and other sources (see Resources).

Ordering Seedlings:

When it comes to ordering seedlings, two main considerations are stock types and seed zones. A seedling’s stock type refers to its size, age, and suitability for planting into specific sites. The two most common conifer seedling stock types in the Pacific Northwest are 1+1, P+0, and P+1, or plugs. Hardwood seedlings are sold as “bare root” and come in different stem thicknesses and seedling heights.

1+1 seedstock designates a seedling grown for one year in a seedbed, harvested, root pruned to five inches, and transplanted back into a nursery bed for an additional year. The transplanting process results in a thicker stem and a more fibrous root system, which allows the seedling to survive on an infertile site, compete with other vegetation, and give it a better chance of surviving browse damage.

P+0 (a.k.a. plug) seedstock is a seedling grown in a greenhouse in containers that are narrow and deep. For some species, this stock type reduces the time between receipt and outplanting. For some species, growing plug stock type is necessary due to low germination and early growth.

P+1 (a.k.a. plug) seedstock is grown in a greenhouse for a year, then the seedling is extracted from the container, root pruned at five inches, and transplanted in a nursery bed for an additional year. As with the 1+1, the root pruning and transplanting generates a thicker stem and more mass in the root system. Cedar, hemlock, larch, and some species of pine and true fir are propagated as Plug P+1.
A comprehensive guide for beginners to the most abundant and useful wild plants in the Pacific Northwest!

- Comprehensive plant listings with harvesting instructions and medicinal history
- Recipes for tinctures, teas, salves, and more
- Detailed full-color photos of plants and their parts

Medicinal Plants of the Pacific Northwest is ideal for both beginner and more experienced foragers who are looking to identify, harvest, and prepare natural medicines with wild plants. Expert forager and herbalist Natalie Hammerquist developed this guide based on her many years of teaching classes and workshops, incorporating detailed visuals to assist in plant identification and the preparation of herbal remedies. Her holistic approach combines Eastern and Western traditions and folk knowledge, with an emphasis on conservation and sustainable harvesting.

The guide offers detailed identification for 35 of the most common medicinal plants, explains how and when to harvest, how to process and preserve plant material, and which toxic and poisonous plants to watch out for. Step-by-step recipes guide readers in making such remedies as Cottonwood Bud Throat Spray, Nettle Seed Salt, and Spruce Tip Oxymel while also offering insights on effective dosing and how to select the right herbal remedy. Materials lists and a comprehensive seasonal harvest chart round out this essential guide.

ABOUT THE AUTHOR

NATALIE HAMMERQUIST is an expert in herbalism and foraging wild local plants, teaching hundreds of students through her Seattle-based Adiantum School of Plant Medicine. With a degree from The Evergreen State College in Washington, Natalie has studied with renowned herbalists, was the lead herbalist and buyer at Rainbow Natural Remedies, and contributed to Vascular Plants of the South Sound Prairies. Before her career as an herbalist, Natalie was an ESL teacher with a CELTA certification.

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ALSO OF INTEREST

DANIEL WINKLER
A FIELD GUIDE TO PACIFIC NORTHWEST EDIBLE MUSHROOMS
FRUITS OF THE FOREST
Discover How to Find, Identify, and Prepare Mushrooms from Northern California to ALASKA
Essential for novice and experienced mushroom foragers alike, Fruits of the Forest contains all you need to know to harvest more than 170 edible wild mushrooms that flourish across the Pacific Northwest and beyond. This comprehensive yet accessible field guide details key characteristics to help you accurately ID your finds, including cap size and shape, cap and stem color, texture, stem shape and height, odor, and growth patterns. Lifelong mushroom educator and acclaimed expert Daniel Winkler also shares specifics about habitat and seasonality, descriptions of look-alike species, taxonomy history, tips for storing different varieties, and much more.

With his vast experience collecting and identifying mushrooms around the world, Winkler has spent a lifetime preparing various species in all manner of dishes. Use your foraged treasures in recipes such as Chanterelles in Cream Sauce, Bold Bolete Quiche, Stuffed Morels, and even Candy Cap Butter Cookies! Winkler shares tips for proper storage, how to stay safe while foraging, suggestions to minimize damage to the mushroom’s mycelium, ideas for preserving your favorites, and the medicinal benefits of select species. With Fruits of the Forest in hand, a delicious world of fungi awaits!
harvests are earlier in the season. Like calendula, when you harvest the flowers, the plant generates more in its place. Seeds can be collected from late August to November. I have had a lot of luck harvesting wild seeds, germinating them, and turning them into beautiful garden plants that are very drought tolerant. I strongly recommend cultivating gumweed so that we don’t press the wild stock, given that gumweed’s preferred habitat has been heavily impacted by coastline development. That said, the harvest of gumweed is relatively low impact as long as you leave some flowers on the plant for pollinators to visit.

Medicinal Uses of Gumweed

Gumweed presents an excellent example of the "doctrine of signatures," a concept dating back to the ancient Greeks that says plants have visible characteristics that resemble the illnesses they cure. In the case of gumweed, the sticky resin that covers the buds resembles phlegm, and gumweed is primarily used as an expectorant for dislodging stubborn phlegm.

Includes:
- Black Cottonwood
- Blackberry
- Bleeding Heart
- California Poppy
- Cedar
- Chickweed
- Cleavers
- Cramp Bark
- Dandelion
- Douglas Fir
- Elder
- Fennel
- Fir
- Goldenrod
- Gumweed
- Hawthorn
- Horsetail
- Mugwort
- Mullein
- Nettle
- Oregon Grape
- Pine
- Plantain
- Red Clover
- Red Root
- Rose
- Spruce
- St. John’s Wort
- Usnea
- Uva Ursi
- Violet
- Wild Carrot
- Willow
- Yarrow
- Yellow Dock
Explore the amazing world of some of our most common native pollinators with this deck of 52 playing cards!

- Learn about pollinators that are essential to our gardens, food, and landscapes
- Each card features a full-color photograph with the species’ common and scientific name
- Includes lists of the top plants gardeners can provide for pollinators in each region

From bees and flies to butterflies and moths, beetles and wasps to even birds and bats, our gardens, natural landscapes, and food supplies depend on native pollinators. This deck of 52 playing cards—featuring brilliant colorful photography from across North America—encourages all ages to start learning about pollination and how we can help protect these critical species and encourage healthy populations to thrive throughout our natural world.

An informative booklet accompanies the deck with lists of the top plants for pollinators in seven regions of the US plus fun facts about all of the species pictured in the deck. It also includes a helpful list of resources to find out more about how everyone can support pollinators.
GEOFF POWTER is an experienced climber, writer, and adventurer from the Canadian Rockies. He served as editor of the Canadian Alpine Journal for 13 years and has won 13 National Magazine Awards. Powter has authored several books, including Strange and Dangerous Dreams, which won the Jury Prize at the 2006 Banff Mountain Book Festival and was adapted into a radio series. His most recent book, Inner Ranges, won the Climbing Literature Prize at Banff in 2019 and the National Outdoor Book Award in the US. He has also hosted the Voices of Adventure interview event at the Banff Mountain Festivals for 25 years.

Jim Donini’s groundbreaking journey to the top: tragedy, redemption, and a Patagonian peak at age 74

• Follows Donini’s remarkable and inspiring life of rock climbing and alpinism
• Examines his journey from being a Green Beret to adventuring on the walls of Yosemite, Alaska, Patagonia, and beyond
• Uncovers deeply personal stories never before shared publicly

Jim Donini has been an icon of American climbing for the past 50 years, pushing the boundaries of alpine ascents around the world and inspiring generations with his achievements. In Survival Is Not Assured, award-winning author Geoff Powter dives into Donini’s remarkable life story, exploring his groundbreaking climbs and his tumultuous experiences both on and off the rock. From the tragic death of his best friend in a car accident to his integral role in the Yosemite “Valley Uprising,” Donini’s life has been a roller coaster of highs and lows, but his spirit of resilience and determination has been unyielding.

Through personal interviews and never-before-shared stories, this authorized biography examines the life and legacy of this iconic climber, providing an inspiring and thought-provoking look at an American legend.
Discover the diversity of the Columbia River watershed and the importance of the river’s treaty renegotiation—a once-in-a-lifetime chance to reshape our region’s future

- Explores the massive Columbia River watershed as an interconnected entity from sea to source
- Features rich, comprehensive images of the land, river, and people
- Highlights the importance of the treaty process for sustaining human communities and a thriving ecosystem

In Big River, award-winning photographer David Moskowitz and writer Eileen Delehanty Pearkes illuminate the hydrogeology, beauty, and activity of the Columbia River, while also highlighting current challenges facing the region and the people working on sustainable solutions. The watershed encompasses immense ecological, cultural, and economic value, the benefits of which have been wrangled over for centuries. As the region comes to terms with the unsustainable nature of our relationship with the watershed, and local Indigenous nations renew their efforts to steward their territories, we are reaching a new inflection point. This book explores possible new management strategies, including the removal of key dams that have decimated the salmon runs that are vital to tribal cultures and a healthy ecosystem.

The culmination of Moskowitz’s many years of photographing the river and exploring its watershed, Big River seeks a path forward for the Columbia watershed, balancing the demands around water, salmon, agriculture, energy, and climate with the need for a sustainable living river.
Snow-covered peaks of the Selkirk mountains rise above Upper Arrow Lake on the Big River.

DOTT CRABBE

“I lived my whole life in the Arrow Lakes territory. My mother and I were stricken from the Tribal rolls in 1952. My mom spoke the language but would never speak it with me because the Catholic church told her not to. Living here suits me well because I like walking the beaches and picking mushrooms and fishing. I like seeing the lake every morning when I wake up. I started collecting artifacts after I was disenrolled. I was walking the beaches and would find where there had been campsites. When I found a pestle, it felt like it was a woman’s tool. It helped me feel connected to my lineage.”

Dott Crabbe, now in her 90s, reflects on a lifetime of memories and experiences along the Columbia River, a place that has sustained her ancestors for generations. Photographed in her home above the Big River in Edgewood, British Columbia.
GOING TO SEE
30 Writers on Nature, Inspiration, and the World of Barry Lopez

EDITED BY KURT CASWELL AND JAMES PERRIN WARREN

Celebrates the legacy of influential writer Barry Lopez through stories and reflections from 30 distinguished American nature writers

- Contributors include Rick Bass, David James Duncan, Gretel Ehrlich, Kate Harris, and Deborah A. Miranda
- Explores Lopez’s writing about the natural world in the context of current concerns about the planet’s future
- Shares stories of Lopez’s travels, inspirations, and friendships

Barry Lopez was not only a writer, but also a traveler, visionary, and someone with a deep love for humanity and the natural world. Going to See illuminates how the stories he shared with us were like stones in a pond, sending ripples throughout not just a world of readers, but also a network of writers. Here, 30 of those writers reflect on Lopez’s tremendous influence on their work and their lives.

From stories of intimate conversations with Lopez, to insightful examinations of his writing and outdoor experiences, to deeply heartfelt tributes about his generosity of spirit, what emerges is a “many-sided” portrait of Lopez, as co-editor James Perrin Warren writes. It’s also a celebration of the fellowship of writers that Lopez helped create, writers who are committed to serving the natural world, human and nonhuman communities, and the planet we all share.

All royalties plus 1% of sales are being donated to the McKenzie River Trust.

ABOUT THE EDITORS

KURT CASWELL is a writer and professor at Texas Tech University, teaching writing and leadership in Spain and the West. He is the author of Iceland Summer, Laika’s Window, and An Inside Passage.

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JAMES PERRIN WARREN, author of Other Country, is an emeritus professor at Washington and Lee University and the literary executor of Barry Lopez’s estate. He is also a naturalist and guides for Alaska Wildland Adventures.

ALSO OF INTEREST

DAVID GUTFERSON
TURN AROUND TIME
Raven's Witness

HANK LENTFER
The Alaska Life of Richard Nelson

RACHEL VEALE
A THOUSAND TRAILS HOME
Lessons of connection, alliance, and adaptation from the animal world

- Features nearly 30 nonfiction stories about a variety of wild animals
- Explores how being with and observing animals is a respite from modern life
- Prolific and celebrated author

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ABOUT THE AUTHOR

BRENDA PETERSON is the author of nearly two dozen books for adults and children, including I Want to Be Left Behind, named a “Top Ten Best Non-Fiction” book by Christian Science Monitor and an Indie Next "Great Read," and Wolf Nation: The Life, Death, and Return of Wild American Wolves, selected by Forbes as a “Top Ten Best Conservation Book of the Year.” Peterson has been featured on NPR and in The New York Times, Oprah magazine, and other publications. She resides on a beach along the Salish Sea.

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ROB CASEY is a paddling coach with over 20 years of experience. He’s an expert in paddling kayaks, surf skis, and stand-up paddleboards (SUPs) in challenging conditions, including swift tidal currents, downwinding, and surf. In 2010, Rob founded Salmon Bay Paddle, a successful instruction business for sea kayaking, surf skis, and SUPs, and is considered a pioneer in the sport of SUP. He’s also a professional photographer whose work has been featured in numerous publications, including Men’s Journal, National Geographic Adventure, and The Guardian.

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ABOUT THE AUTHOR

CRAIG ROMANO is an accomplished writer, conservationist, and hiking expert based in Mount Vernon. He has authored multiple books and written for over 20 publications, including Seattle Met and Backpacker. Craig is also a researcher for Green Trails Maps and regularly contributes to Hikeoftheweek.com. When he’s not writing, he enjoys hiking, running, paddling, and biking with his family.

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ABOUT THE AUTHOR

THE COLORADO TRAIL FOUNDATION is the nonprofit organization that keeps the Colorado Trail in good condition, maintaining and improving it with the help of hundreds of volunteers every year.

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**A1: ASSESS** the scene

**A2: AIRWAY** (ensure an open airway)

**A3: ALERT** others

**B1: BARRIERS** (use gloves, pocket mask; beware latex allergies)

**B2: BEGIN RESCUE BREATHING** or CPR if indicated

**B3: BLEEDING** (stop the bleeding)

**C1: COMPLETE A SECONDARY SURVEY**

**C2: CERVICAL SPINE** (prevent unnecessary movement of head/neck and protect spine)

**C3: COVER** (protect victim from the environment)

---

**Schistosomiasis:**
Caused by a parasite excreted by freshwater snails that penetrates skin when swimming in rivers and lakes.

**Symptoms:**
- Incubation takes 2–3 weeks;
- Fever, loss of appetite, abdominal pain, weakness, headaches, joint/muscle pain, diarrhea, nausea, cough, also itchy rash;
- Possible seizures and vision loss.

**Prevention:**
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**Treatment:**
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Following is an index of titles sorted by region. We’ve included guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it’s always fun to read stories that took place near where you live or in a faraway place you’re interested in. A little more than half our catalog can be organized regionally. But don’t forget about all those sports instructional, general lifestyle topics, and wild, sweet, and romantic tales that aren’t in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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