

# FREEDOM

CATALOG FALL/WINTER 2017



MOUNTAINEERS BOOKS



**MOUNTAINEERS BOOKS** creates outdoor recreation titles for activities ranging from nature walks to bicycle tours to climbing adventures and much more. Our owner, The Mountaineers, is a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures designed to inspire and also to preserve the history of achievements by those who pushed the boundaries of our sports before us.



**SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint. Skipstone books are for people who want to live life deliberately, finding joy in the nature just outside their back door.



Our conservation titles are published by **BRAIDED RIVER**, which uses the emotive power of books as key tools in advocacy campaigns. These are lush, photo-driven books, with insightful essays presenting the environmental, social, and scientific issues related to a critical ecosystem. Each book is accompanied by educational outreach and is usually paired with a traveling museum exhibit. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.





François Guillot, pioneering French rock climber, from  
*The Climbers*, by Jim Herrington (see page 6)



recreation • lifestyle • conservation

It's all about the outdoors.

Mountaineers Books is an  
independent, nonprofit publisher



# NEW

## MOUNTAINEERING: THE FREEDOM OF THE HILLS 9TH EDITION

THE MOUNTAINEERS

AVAILABLE IN NOVEMBER

*"The definitive guide to mountains and climbing . . ."*  
—Conrad Anker

For nearly 60 years it's been revered as the "bible" of mountaineering—and now it's better than ever.

- The best-selling instructional text for new and intermediate climbers for more than half a century
- New edition—fully updated techniques and all-new illustrations
- Researched and written by a team of expert climbers

*Mountaineering: The Freedom of the Hills* is the text beloved by generations of new climbers—the standard for climbing education around the world where it has been translated into 12 languages. For the all-new 9th Edition, committees composed of active climbers and climbing educators reviewed every chapter of instruction and discussed updates with staff from the American Alpine Club (AAC), the American Institute for Avalanche Research and Education (AIARE), and the Access Fund. They also worked with professional members of the American Mountain Guides Association (AMGA), to review their work and ensure that the updated textbook includes the most current best practices for both alpine and rock climbing instruction.

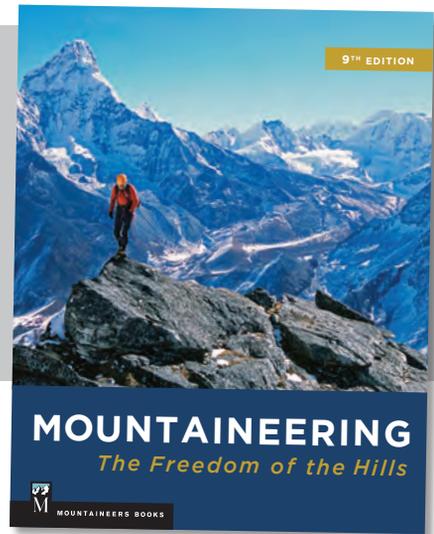
From gear selection to belay and rappel techniques, from glacier travel to rope work, to safety, safety, and more safety—there is no more comprehensive and thoroughly vetted training manual for climbing than *Mountaineering: The Freedom of the Hills*, 9th Edition.

Significant updates to this edition include:

- Expanded and more detailed avalanche safety info, including how to better understand avalanches, evaluate hazards, travel safely in avy terrain, and locate and rescue a fellow climber in an avalanche
- Newly revamped chapters on clothing and camping
- All-new illustrations reflecting the latest gear and techniques—created by artist John McMullen, former art director of *Climbing* magazine
- Review of and contributions to multiple sections by AMGA-certified guides
- Fresh approach to the Ten Essentials—now making the iconic list easier to remember
- New alignment with AAC's nationwide universal belay standard

624 pages, 7¼ x 9, 500 illustrations, 10 B&W photos, SPORTS/MOUNTAINEERING. Rights: World.

Hardback: \$49.95, ISBN 978-1-68051-003-4 • Paperback: \$34.95, ISBN 978-1-68051-004-1 • ebook: \$27.95, ISBN 978-1-68051-005-8



## CHAPTER 10 BELAYING

A fundamental technique for climbing safely, belaying is a system of using a rope to stop a fall if one should occur. This system can safely control the enormous energy that a falling climber generates, but belaying well takes practice and requires an understanding of its underlying principles.

In its simplest form, a belay consists of nothing more than a rope that runs from a climber to another person—the belayer—who is ready to stop a fall. Three things are necessary to make the system work: a method of applying and amplifying a stopping force to the rope, an anchor strong enough to resist the pull of the fall, and a skilled belayer. There are different ways to apply this stopping force and many methods of setting up and tying into a *belay anchor*—a secure point to which the rest of the system is attached. This chapter introduces the principal techniques and major options of belaying so that climbers can choose the methods that work best in their own climbing.

### HOW BELAYS ARE USED IN CLIMBING

On a climb, belay setups are usually established on the ground or on a ledge that provides reasonable comfort and the possibility of solid anchors. A long climb is divided into sections, with one climber taking the lead and, belayed from below, moving up the route to the next desirable stopping spot and setting up a new belay. The distance between belays is known as a *pitch* or a *lead*. Rope length and the location of a convenient spot to establish the next belay usually determine the length of each pitch. A short

climb can be climbed in a single pitch; longer climbs are called multipitch.

### THREE BELAY SCENARIOS

This section discusses how the three types of belay scenarios—*slingshot top-rope belay*, *in situ* on the top of the route and bottom of the route. The rope runs from the bottom of the route back to the ground (fig. 10-1). The only applies to single-pitch routes gym or a cragging area.

In the slingshot top-rope belay down toward the belayer, who is heads up. The direction of rope long as the belayer keeps the slack of a fall is similar to the weight of the belayer is not always correct instead often using his or her weight for the climber. However, certain anchors—for example, if the weight climber and the belayer is significant (the pitch) from an *in situ* lead belay. In a lead belay, it

### CLIMBING FUNDAMENTALS

#### APPLYING BRAKING FORCE TO THE ROPE

Climbing belays must be able to resist the large forces generated in a fall. With the dynamic climbing rope acting as the shock absorber in the system, the belayer's job is to quickly stop the rope from running. Any additional rope that runs through the belay system as the fall is caught has an added effect: reducing the impact force and lengthening the distance fallen. Occasionally the belayer may want to deliberately provide a more dramatic belay—in instances, if protection is suspended to be weak. But there is always the trade-off of a longer fall, with increased possibility of the lead climber hitting a ledge or other hazard. Because everything starts with the braking force applied by the belayer's grip, it is important to consider the factors that affect the generation of this force. Grip strength varies considerably from one person to another, with the average being somewhere around 20 pounds, about 0.2 kilonewtons. This likely becomes reduced when the belayer is substantially fatigued or ambidextrously positioned. Ropes that are thinner, as is the current trend, are more difficult to grip, and reduced rope friction, as occurs with wet, icy, or possibly dry-mounted ropes, will lower braking force to some degree. Conversely, as ropes age they develop a rougher sheath with higher friction and therefore can be easier to grip.

However, in all cases, grip strength alone is not sufficient to stop a fall. Instead, climbers rely on a mechanical means of amplifying the force of their grip strength. This amplifying force is generally enhanced by the use of some friction-producing element, commonly a belay device, to stop the falling climber.

The belayer's hand that holds the rope coming from the climber is known as the *braking hand* and is used to pay the rope in and out. The other hand, known as the *braking hand*, must never let go of its grip on the rope, remaining ready to catch a fall at any time. In any belay method, the rope from the climber goes around or through the friction-producing element—a belay device, the connecting action of an assisted-braking belay device, a master hitch to a carabiner, or the belayer's hands—then to the belayer's braking hand. The braking hand generates the rope pressure on the initial face. The braking method of belay device is the essential means by which the limited force of the belayer's grip strength can control the large impact forces generated in a fall.

Stopping will be accomplished when a belayer assumes the braking position, gripping the rope tightly with the braking hand, then pulls back on the free end of the rope

### CLIMBING FUNDAMENTALS

#### APPLYING BRAKING FORCE TO THE ROPE

From figure 10-12 as an example. This action must be practiced and learned well so that it becomes automatic, immediately going into braking position as soon as a fall is sensed to be the best way to stop a fall. Wearing gloves while belaying is an option some belayers consider for safety and comfort. Gloves protect the belayer's hands from friction burns in the case of rope slippage. The material of the gloves should be rough enough to add some friction to the system, essentially increasing the belayer's grip strength. Gloves should fit well enough that there are no wrinkles or folds of fabric. Some climbers think that the fact that gloves are treated with dexterity and tend to leave their hands damp and soft, which is undesirable for climbing risk, come wear dexterity gloves to mitigate the reduction of dexterity while still protecting their hands.

#### USING BELAY DEVICES

When properly used, belay devices multiply the rope friction on the grip strength of the belayer's braking hand by passing the rope through an aperture, wrapping it around



Fig. 10-3. Angle of separation between the two rope strands. With the angle of separation approaching 0 degrees, little friction is produced, and the belayer can easily pay rope in or out. As the angle of separation increases to greater than 90 degrees, more friction is generated.

### CLIMBING FUNDAMENTALS

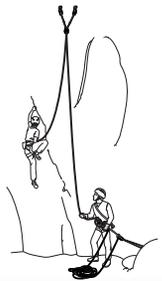


Fig. 10-1. Belay setup: the belayer is tied to a secure anchor while the leader places points of protection below them.

In a belay, the force of a fall depends on how far the climber is above the last point of protection—and the fall force could potentially be much greater than the climber's body weight. Thus, in belaying a leader, especially when a long fall could happen, the belayer is typically tied to a ground anchor or second belayer instead of the ground in the case of a fall. This is extremely important if the belayer is on an exposed ledge or under a roof. An exception can be made if there is no risk of falling off the edge of the ledge, or the belayer is positioned to the side—out of the fall, and applying to the short—distance. In a climbing gym, *Belaying a follower*. After a lead climber has descended a pitch, he or she can belay the other climber (who has belayed) belaying the leader from the top of the pitch (fig. 10-5). Belaying the follower from the top is done for numerous reasons: it could be a multipitch route on which they both will continue climbing, the route could be leading the slingshot top-rope setup, rope friction that impedes the rope's travel or it may even make this system safer than slingshot top-rope. In any case, the climber being belayed from above is known as a *follower* or a *second* because the term are used interchangeably throughout this chapter.

In this scenario, the rope always moves up and toward the anchor. As in a slingshot top-rope belay, the force of a fall in this scenario should be similar to the belayer's body weight as long as the belayer always keeps the slack on the rope at a minimum. The belayer is usually anchored to the belay anchor or a personal anchor (either the belayer being belayed or the belayer anchor) and the belay is located on a suitable ledge where falls are not

### CHOOSING A BELAY SPOT

Belaying is a horizontal and vertical task that is often anchored, of long duration, and being—yet it also requires

a grip in the device, and passing the rope back out through the aperture. This configuration provides a stop, or brake, in the rope to assist on producing a stopping force. The point is usually a locking condition as part of the belay device itself. The belayer's braking hand is the initial, and critical, source of friction, without the braking hand on the rope, there is no belay.

The total braking force exerted on the rope during the arrest of a fall depends on three things: (1) the total degree of friction that the belay device produces on the rope, as well as the rope's inherent resistance to bending and deformation; (2) the friction generated at the rope runs over the surface of the belay device; and (3) the force exerted by the belayer's grip. Fortunately, despite the variations in the strength of belayer's grip, modern belay devices work well enough that when they are properly used, adequate stopping forces can be generated with even modest grip strength.

To stop a fall, the belayer pulls back on the free end of the rope with the braking hand to create a difference in angle of at least 90 degrees between the rope from the climber entering the belay device and the rope leaving the device to the braking hand. This angle of separation between the two strands of the rope (fig. 10-4) is critical to the strength of the belay. Figure 10-4 shows how the braking force is increased as the braking hand pulls the rope further back to increase the angle of separation from 90 degrees toward 180 degrees. Nothing must be in the way

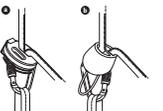


Fig. 10-4. Assisted-braking device: a, 90° or flat plate; b, 180° plate; c, figure eight in aperture comparative; d, assisted-braking belaying device to lowering mode.

of the possibility of occlude or veer, and pick a stance that will provide some shock if they reach a steady hand. If a belay device is required to prevent damage from occlude or veer, safety may require moving the belay to a location with the desirable results. Additionally, to be useful, though not always possible, to find a position where climbing partners can see and/or communicate with each other.

**Reasonable comfort.** A leader may desire a pitch because a considerable stretch of a partial rope length is of greater advantage than pushing the lead as far as possible. Perhaps a difficult section may be ahead, and the lead climber, feeling too tired or unsure of personal leading ability, may want to end a pitch early or have the other climber can take over the lead.

Many factors ultimately determine the best choice for a belay spot. Larger leads are more effective, so if several good belay spots are available, climbers generally pick the highest one. However, the leader may decide to stop and set up the next belay early to mitigate the problems of rope drag. Options of belay spots can be limited by the choice of protection to build an anchor on the leader's rock.

### RELAYING • Applying Braking Force to the Rope

of the braking hand or show such as a rock well behind the belayer's zone where the belayer gives into the braking position, also, this critical task must not require an unusual body twist or motion.

One of the simplest and most convenient belay methods is to clip a belay device into a locking carabiner on the harness, typically in a webbing loop, as shown in figure 10-20. It is important to follow the manufacturer's instructions for clipping properly, as to do otherwise leads the harness to wear or not designed for and may lead to failure. Many harness have a warning label showing the proper way to wear the harness and clip in to it.

#### Types of Belay Devices

Before mechanical belay devices were invented, climbers used rope around their legs and relied on the friction of the rope around their body to arrest a fall. Nowadays, with the advanced devices, rope around their legs and around their body is not used. There are many popular belay devices, this section describes some popular types. When using any belay device, always read and follow the manufacturer's instructions carefully to be certain that you fully understand those instructions and that the device is properly rigged each time you use it. Note that each belay device works with only a certain range of rope diameters.

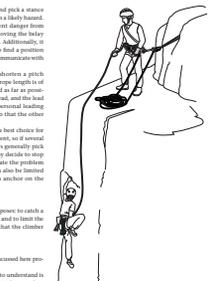


Fig. 10-2. A control carabiner on the harness helps keep the rope free from snagging.

the two events is of the same magnitude but in opposite directions.

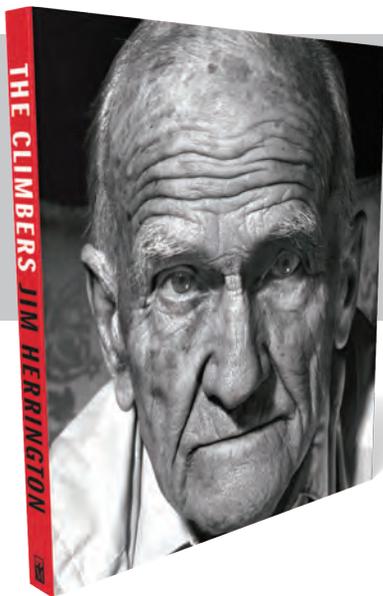
Now, with an understanding of these three concepts, it is possible to explain how Newton's laws of motion are applied in climbing.

Newton's first law of motion states that an object at rest stays at rest, or an object in motion travels at the same velocity unless acted upon by a force or by forces that don't completely cancel each other (an unbalanced force). In

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**The Mountaineers** was established in 1906 in Washington, a state with inspiring and abundant mountain peaks. In addition to fostering a community of outdoor enthusiasts, the organization has a mission to teach outdoor skills. Over the years, hundreds of thousands have learned outdoor safety and skills from The Mountaineers, ranging from climbing to skiing to kayaking, and much more. Some of the world's most elite climbers have been and continue to be members of The Mountaineers.

**Mountaineers Books**, The Mountaineers' publishing division, was created in 1960, launching *Mountaineering: The Freedom of the Hills* as its first instructional book. The publisher now offers more than 700 books related to muscle-powered outdoor sports, and is also a leading publisher of conservation advocacy books through its Braided River imprint, which partners with organizations such as The Alaska Wilderness League, the Natural Resources Defense Council, the World Wildlife Fund, and many others on issues surrounding the protection of the planet.



## THE CLIMBERS

JIM HERRINGTON

ESSAY BY GREG CHILD, FOREWORD BY ALEX HONNOLD

AVAILABLE IN OCTOBER

Twenty years in the making, *The Climbers* shares stunning images of some of mountaineering's greatest icons.

- Portraits that reveal the core of their remarkable subjects
- A visual history of special significance to climbers of all ages
- Beautifully packaged in a cloth slipcase to enhance its collectability

For nearly two decades, professional photographer Jim Herrington has been working on a portrait series of influential rock and mountain climbers. *The Climbers* documents these rugged individualists who, between the 1930s and 1970s, used primitive gear along with their considerable wits, talent, and fortitude to tackle unscaled peaks around the world. Today, these men and women are renowned for their past accomplishments and, in many cases, are the last of the remaining practitioners from a “Golden Age” of 20th-century climbing.

Herrington’s images—the result of his own passion for climbing—allow us to study climbers who were driven to do the impossible for no other reason than the challenge. In these portraits we find people who ascended bold, visionary lines, often in remote regions, away from the media spotlight and without any hope for reward. Yet in many ways the severe routes these men and women established outshine today’s ascents. Often our pioneering predecessors were climbing into a malevolent unknown—if compromised or injured, the only people in the world likely capable of initiating their rescue were the climbers themselves. Innovation emerged frequently and in unlikely ways. In these images, Herrington has captured the utter humanity of obsession, determination, intellect, and frailty.

**Jim Herrington** began climbing in the Sierra Nevada in the 1970s. His photography has appeared in major publications across the United States and Europe, on album covers, and in national advertising. He has photographed Benny Goodman, Willie Nelson, and Bette Davis, among many other musicians and celebrities. Herrington’s images have appeared in *Vanity Fair*, *Rolling Stone*, *Esquire*, *GQ*, *Garden & Gun*, *Outside*, *Entertainment Weekly*, *US*, *People*, *SKI*, *National Geographic Adventure*, *Spin*, *New York Times*, *Time*, *Newsweek*, *Men’s Journal*, *Smithsonian*, *Forbes*, and other publications. For *The Climbers*, he shot exclusively in 35-mm black-and-white film, a rarity these days, achieving an extraordinary depth and richness to each image. Herrington divides his time between Brooklyn, New York; the Raleigh, North Carolina area; and Central California. Learn more at [www.jimherrington.com](http://www.jimherrington.com).

**Greg Child** is a prolific rock climber, mountaineer, and author. His stories about the climbing life have appeared regularly in *Outside* magazine, and in his books, which include *Thin Air: Encounters in the Himalayas*, *Mixed Emotions: Mountaineering Writings of Greg Child*, *Postcards from the Ledge*, *Climbing Free* (co-authored with Lynn Hill), and *Over the Edge*. In 1996 Child was honored with the American Alpine Club’s Robert and Miriam Underhill Award for outstanding mountaineering achievement. He lives in Castle Valley, Utah.

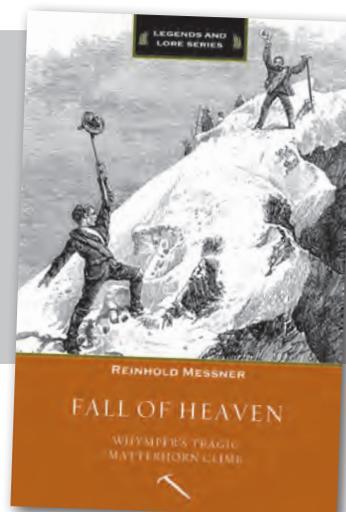
192 pages, 11 x 12, 60 large-format B&W photos, hardcover with slipcase, \$60.00, ISBN 978-1-68051-083-6. MOUNTAINEERING/PHOTOGRAPHY/FINE ART. Rights: World English.

# FALL OF HEAVEN

## WHYMPER'S TRAGIC MATTERHORN CLIMB

REINHOLD MESSNER

TRANSLATION BY BILLI BIERLING



AVAILABLE IN SEPTEMBER

A classic event in mountaineering history, dramatically retold by a classic mountaineer

- The *cause celebre* of 19th-century climbing
- A great historical story of tension and drama
- Author is uniquely qualified to delve into Whympers' complicated personality

As *Fall of Heaven* begins, we join professional mountain guide Jean-Antoine Carrel as he tries and fails, again and again, to summit the Matterhorn—one of the most famous and iconic peaks in the Alps. Is it the “Devil’s mountain,” as the locals call it? Should he heed the village priest who warned that its summit was not meant to be climbed? Carrel is undeterred—he just needs capable climbers to join him. Enter Edward Whympers, who in 1861 at the age of 21 decided—unbeknownst to Carrel—that he would be the first to climb the Matterhorn.

So the storyline is set. Where Carrel is captivating, Whympers is utterly unsympathetic as an adventurer. He is mean and disdainful of guides, describing them as little more than porters who eat and drink too much. Despite this attitude, Whympers' quest leads him inexorably into partnership with Carrel. The story follows their attempts to find a route to the top of the Matterhorn, but then fate pulls them apart just as Whympers finds the line. His successful summit on July 14, 1865, in which Carrel did not take part, shocked the Victorian world with both awe and revulsion as four members of Whympers' party died when a critical rope snapped.

Famed climber and author Reinhold Messner acknowledges that Whympers was the first man to summit the Matterhorn, the last of the great Alpine peaks to be climbed. But rather than leaving a hero's legacy, Whympers is revealed as a team leader who accepted no responsibility for the deaths of his teammates. *Fall of Heaven* is an exciting tale as well as an examination of the different types of men who were caught up in the adventuring spirit of the Victorian age, and the ironic fates that can follow success or failure.

**Reinhold Messner** is indisputably the greatest climber of the 20th century: first to ascend Everest without using supplemental oxygen (with partner Peter Habeler), first to climb Everest solo, and the first person to climb all fourteen of the 8000-meter peaks. This multidimensional adventurer has been a member of the European Parliament, established a half-dozen mountain museums scattered throughout the Alps, and is the author of more than 30 books, many published by Mountaineers Books. Messner lives in South Tyrol, Italy, and maintains a website at [www.reinhold-messner.de](http://www.reinhold-messner.de).

224 pages, 6 x 9, 36 illustrations, paperback, \$19.95, ISBN 978-1-68051-085-0 (ebook 978-1-68051-086-7). SPORTS/MOUNTAINEERING HISTORY. Rights: North American.

## A SIDeways LOOK AT CLOUDS

MARIA MUDD RUTH

AVAILABLE IN SEPTEMBER

An intriguing natural history about our ubiquitous and fascinating clouds

- Written by a critically acclaimed natural-history author
- Shares author's humorous journey to understanding clouds
- Written for the curious—but not necessarily scientific—mind

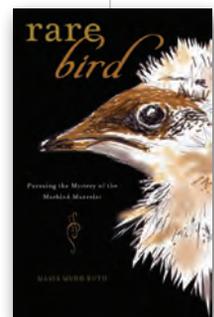
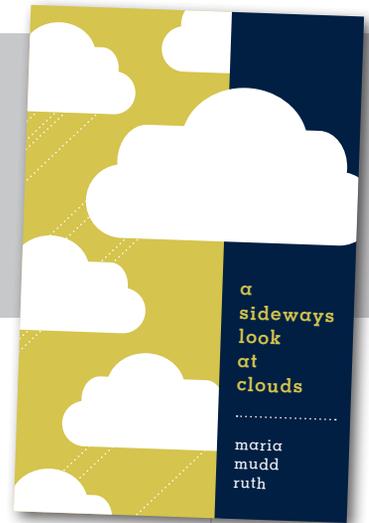
Author Maria Mudd Ruth fell in love with clouds the same way she stumbles into most passions: madly and unexpectedly. *A Sideways Look at Clouds* is the story of her quite accidental infatuation with and education about the clouds above.

When she moved to the soggy Northwest a decade ago, Maria assumed that locals would know everything there was to know about clouds, in the same way they know about salmon, tides, and the Seahawks. Yet in her first two years of living in Olympia, Washington, she never heard anyone talk about clouds—only the rain. Puzzled by this lack of cloud savvy, she decided to create a 10-question online survey and sent it to everyone she knew. Her sample size of 67 people included men and women, new friends in Olympia, family on the East Coast, outdoorsy and indoorsy types, professional scientists, and liberal arts majors like herself. The results showed that while people knew a little bit about clouds—most were like her: they had a hard time identifying clouds or remembering their names. As adults, they had lost their curiosity and sense of wonder about clouds. They were, essentially, not in the habit of looking up.

*A Sideways Look at Clouds* acknowledges the challenges of understanding clouds and uses a very steep and bumpy learning curve—the author's—as its plot line. A captivating storyteller, Maria blends science, wonder, and humor to take the scenic route through the clouds and encourages readers to chart their own rambling, idiosyncratic course.

**Maria Mudd Ruth** has been researching, watching, photographing, and blogging about clouds for many years. She is the author of more than a dozen books on natural history topics for young readers, general audiences, and accidental naturalists like herself. In 2005, she published *Rare Bird: Pursuing the Mystery of the Marbled Murrelet*, a critically acclaimed natural history that was reissued in 2013 (Mountaineers Books). Maria lives in Olympia with her husband and two sons. You can learn more about her fascinations at [www.mariaruthbooks.net](http://www.mariaruthbooks.net).

224 pages, 6 x 9, 10 B&W photos, 10 color illustrations, hardcover (paper-over-boards), \$19.95, ISBN 978-1-68051-118-5 (ebook 978-1-68051-119-2). NATURAL/HISTORY/MEMOIR. Rights: World.



### PRAISE FOR RARE BIRD

"Fine nature writing, good science, and compelling historical anecdotes spanning the time of Captain Cook to contemporary naturalists, loggers, and fishermen combine in an engaging narrative. Strongly recommended."  
—Library Journal

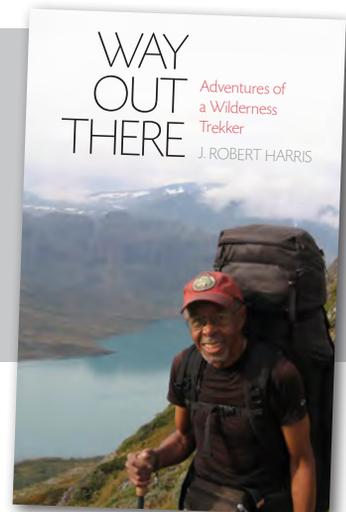
"Provides rare insight into the trials and joys of scientific discovery."  
—Publishers Weekly

# WAY OUT THERE

## ADVENTURES OF A WILDERNESS TREKKER

J. ROBERT HARRIS

FOREWORD BY DR. ROSCOE C. BROWN, JR.



AVAILABLE IN SEPTEMBER

A gifted storyteller shares seven decades of surprising adventures

- An unexpected adventurer, disarmingly positive, and companionable
- Lively stories of remote treks around the world
- Author is a member of the distinguished Explorer's Club

*Way Out There* is an account of J. Robert Harris's extraordinary exploits while backpacking in some of the world's most tantalizing places—largely alone and unsupported. And after almost fifty years of wilderness travel, "J.R.," as he's known, has plenty of tales to tell! His stories are by turns funny, tragic, and uplifting, and are all told in his down-to-earth, friendly storytelling style.

J.R. revels in exploring not just the world, but also the periphery of his comfort zone as he challenges himself with remote wilderness treks. It all begins in 1966 when, as a young New Yorker, J.R. impulsively drives his VW Beetle across the country and to the very end of the northernmost road in Alaska, searching for an answer to a simple question: What is it like to be way out there? How this happened, who he met, and what he encountered along the way became the foundation for a lifelong attraction to trekking and adventure travel. Subsequent chapters explore some of his many journeys, revealing an enduring wanderlust honed by his emerging maturity and outdoor skills. Stories of J.R.'s solo treks point to stark contrasts between his urban upbringing and his wilderness wanderings, while tales of adventure with small but diverse groups of friends are enriched by their collective experiences and varying viewpoints about exploration.

*Way Out There* is a lively yet introspective book by a restless soul that will attract countless readers who love to travel, as well as armchair adventurers and communities looking for outdoor role models. The foreword is by the late Dr. Roscoe C. Brown, Jr., one of the famed Tuskegee Airmen fighter pilots during World War II.



**J. Robert Harris**

**J. Robert Harris** is the founder and president of a marketing research and consulting company and has taught seminars on marketing research at New York University. The lessons he has learned in the wilderness environment—careful preparation, decision making, teamwork, facing the unknown—apply to the corporate environment as well. Because of this unique, dual expertise in business and outdoor skills, he continues to be a sought-after speaker and writer on both topics. He lives in Brooklyn, NY, and keeps a website at [www.jrinthewilderness.com](http://www.jrinthewilderness.com).

304 pages, 5½ x 8½, 42 color and B&W photos, 9 maps, paperback, \$18.95, ISBN 978-1-68051-120-8 (ebook 978-1-68051-121-5). MEMOIR/ADVENTURE/NARRATIVE. Rights: World.

## 1001 CLIMBING TIPS

ANDY KIRKPATRICK

WINNER, BEST  
GUIDEBOOK,  
2016 BANFF  
MOUNTAIN  
BOOK  
FESTIVAL



AVAILABLE IN SEPTEMBER

*“Irreverent, it has a laugh on virtually every page, but also some extremely useful advice.”* —Paul Pritchard, 2016 Banff Mountain Book Competition Jury

- Bold, funny, and useful manual of climbing tips
- 1001 tips across a wide range of topics, organized by eight primary categories
- Illustrated in full color

This is no regular instruction manual—it’s much more useful than that. This is a massive collection of all those little tips that make a real difference when at the crag, in the mountains, or when you’re planning your next big trip. Tips are organized by eight primary categories:

**BASICS** (tips 1-240)—From how best to rope up and the importance of climbing partnerships, to racking your gear correctly and how to sleep in a harness.

**SAFETY** (tips 241-327)—This section covers loose rock, rescue, dealing with heat, and what to do if you get caught out.

**BIG WALL** (tips 328-434)—Knowledge on tackling large multipitch climbs, with advanced topics such as pegging, jumaring, hauling, and speed climbing.

**ICE** (tips 435-481)—Tips on all aspects of ice climbing, including movement, protection, looking after your gear, mental strength and—of course—not falling off.

**MIXED** (tips 482-503)—With a focus on alpine winter skills, these essential tips focus on how to use your tools on snowed-up rock, leading, gear, and footwork on mixed ground.

**MOUNTAIN** (tips 504-802)—This section has almost 300 tips on living and staying alive in the mountains.

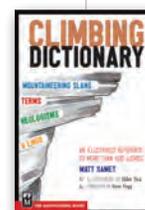
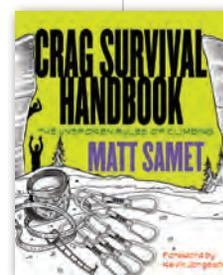
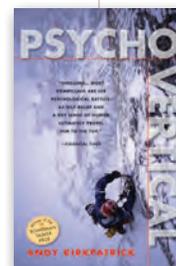
**TRAINING** (tips 803-876)—A range of tips on how to overcome fear and improve strength and endurance, as well as diet and nutrition advice.

**STUFF** (tips 877-1001)—A mix of esoterica, such as how to rap off a fifi hook, what books to read, how to get sponsored, and how to go to the toilet in tricky spots, and so much more.

**Andy Kirkpatrick** is the author of two other popular titles published by Mountaineers Books—*Psychovertical* and *Cold Wars*. *Climbing* magazine called Andy a climber with a “strange penchant for . . . seeking out routes where the danger is real, and the return is questionable.” Andy’s specialty is big wall climbing, winter expeditions, and racking up accomplishments such as a one-day solo ascent of Yosemite’s El Capitan. Learn more at [www.andy-kirkpatrick.com](http://www.andy-kirkpatrick.com).

192 pages, 7½ x 9¾, 60 color photos, 35 illustrations, paperback, \$30, ISBN 978-1-68051-131-4. SPORTS/CLIMBING. Rights: North America.

You may also like



## A NEW FAMILY SERIES: ADVENTURING WITH KIDS

### YELLOWSTONE NATIONAL PARK

### UTAH'S BIG FIVE NATIONAL PARKS ARCHES, CANYONLANDS, CAPITOL REEF, BRYCE CANYON, ZION

HARLEY AND ABBY MCALLISTER



#### AVAILABLE IN NOVEMBER

Add to your family's national park vacation with these fun and detailed guides that the kids will love too!

- All activities certified “kid tested” by the authors’ four rambunctious sons
- Each includes best hikes, mountain bike routes, features to climb on, places to see wildlife, and more
- Natural history learning opportunities also included

The parents of four boys, Harley and Abby McAllister have spent the last few years figuring out the best way to explore our national parks with restless kids in tow. These first two books in a new series help families plan their vacations in Yellowstone National Park and in Utah’s “Big Five” national parks (Arches, Canyonlands, Capitol Reef, Bryce Canyon, and Zion)—so that everyone has a fun and memorable trip.

With an easy-to-follow organization based on park geography, an emphasis on outdoor fun and education, and an approach that zeroes in on the very best options for families, each guide fully explores the national park it covers. Family-friendly hiking trails for a range of age and skill levels; major natural sights, from geothermal pools and geysers in Yellowstone to slot canyons, arches, and hoodoos in Utah; the best wildlife viewing spots, including wildlife checklists for kids to mark off; fishing, biking, climbing, and rafting opportunities—and much more are all detailed. The guides also promote the popular Junior Ranger program found throughout the National Parks system, as well as other park programs that appeal to kids. And they provide basics on access, trip planning, and overnight options from campgrounds to lodges to cabins.

Wanting to keep their travel options open, **Harley and Abby McAllister** homeschool their children; Abby is a trained educator and strategic planner and discovers teaching and learning opportunities wherever they adventure. An avid outdoorsman, Harley works as a project manager and has lived in seven different states and on three different coasts, including four years with his family in the Dominican Republic where he taught at a nonprofit school. Their goal is to inspire other families to get outside more often, and have fun doing it. When not enjoying national parks, the McAllisters make their home in Spokane, Washington. You can try to keep up with them by visiting their websites at [www.our4outdoors.com](http://www.our4outdoors.com) and [www.nationalparkswithkids.com](http://www.nationalparkswithkids.com).

EACH: 192 pages, 5 x 7, 75 color photos, 7 color maps, paperback, \$16.95. FAMILY ACTIVITIES/OUTDOORS. Rights: World.

Yellowstone National Park: ISBN 978-1-68051-112-3 (ebook 978-1-68051-113-0)

Utah's Big Five National Parks: ISBN 978-1-68051-114-7 (ebook 978-1-68051-115-4)



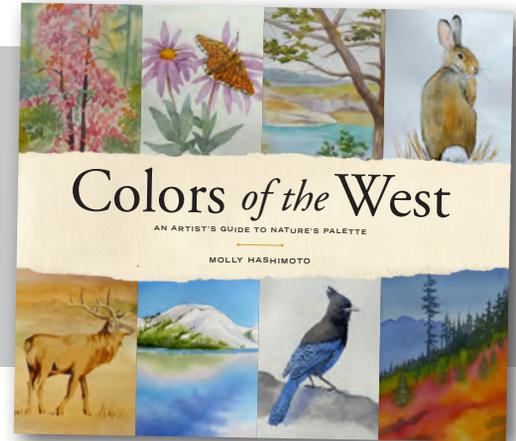
SKIPSTONE

SKIPSTONE

# COLORS OF THE WEST

## AN ARTIST'S GUIDE TO NATURE'S PALETTE

MOLLY HASHIMOTO



AVAILABLE IN SEPTEMBER

Learn to observe, sketch, and paint nature from an award-winning outdoor artist and art teacher

- Explains how to “see” color depending on time of day, season, atmosphere, and more
- More than 170 illustrations, featuring iconic national parks
- Improve your nature painting skills or learn a fun new hobby you can do outdoors

*Colors of the West* explores wild places through the lens of watercolor “en plein air” painting, a French term meaning “in the open air.” Steeped in the natural world, award-winning artist Molly Hashimoto has sketched in the outdoors and worked as a plein air artist and teacher for more than 20 years. In that time she has filled more than 40 sketchbooks with landscapes, vignettes, studies of flora and fauna, and natural history notes—created while visiting some of the West’s most stunning landscapes.

This new book is organized by color, a unique approach to teaching both intermediate and budding artists how to really see color in the outdoor spaces around them, and then apply it to journals, other art projects, or simply beautiful memories. The average person can see 17,000 colors (!), so Molly explains the concept of palette, the range of colors that unites elements of geography, geology, and the different kinds of light created by atmosphere, season, and latitude. Molly’s own sketches and paintings of familiar Western landscapes help convey these colors, along with sidebars and insets on individual species (trees, birds, mammals, and other flora and fauna) and historical notes related to the park or site she has sketched. Tips and techniques for outdoor journaling and painting are included throughout.

From the green hues found on Cascade Head on the Oregon coast and in Yellowstone’s quaking aspens, to the reds that highlight the rocks in Arches National Park and the redwoods of California, readers and artists of all levels will learn a new appreciation for the colors of the West—and how the details of natural beauty can be revealed when we stop, observe, and pay attention to the outdoor world.

**Molly Hashimoto’s** paintings have been exhibited at a variety of galleries throughout the Northwest and at the Whatcom Museum of Art in Bellingham, Washington. Her work has a long association with outdoor and conservation organizations, and teaching has become an important part of her artistic journey. She has taught at the Sitka Center for Art and Ecology on the Oregon coast, the North Cascades Institute in North Cascades National Park, and the Yellowstone Institute in Yellowstone National Park, among others. Molly lives in Seattle and can be found at [www.mollyhashimoto.com](http://www.mollyhashimoto.com).

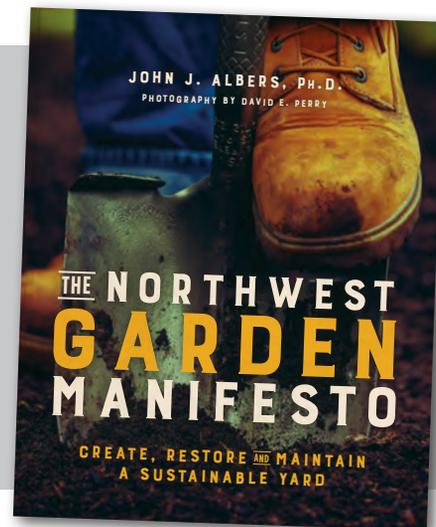
192 pages, 10 x 8½, 170 illustrations, hardcover (paper-over-boards), \$24.95, ISBN 978-1-68051-097-3. ART/NATURE. Rights: World English.

*“Putting a brush in the hands of new artists, young and old, heightens their awareness of the power and beauty of nature.” —Molly Hashimoto*

# THE NORTHWEST GARDEN MANIFESTO

## CREATE, RESTORE, AND MAINTAIN A SUSTAINABLE YARD

JOHN J. ALBERS, PhD  
PHOTOGRAPHY BY DAVID E. PERRY



AVAILABLE IN JANUARY

Your garden can be more than beautiful—it can become a place that nourishes both the soul and the planet.

- A primer for growing a beautiful, healthy, wildlife-friendly, and sustainable garden
- Science-based advice from the author's three decades of experience with his four-acre garden
- Lays out Earth-healthy principles and explains how to work toward them

Gardens are extensions of our homes, places where we go to get outside, relax, entertain, and get some physical exercise. But our gardens are also extensions of the natural world. Through our gardens, as well as other neighborhood greenspaces, we can help counter some of the woes faced by larger environments: rampant development, loss of plant and animal habitat, the spread of invasive species, the exploitation of natural resources, air and water pollution, and the impacts of climate change. Yes, even small urban backyard landscapes can help to alleviate such man-made strains on our local environment—and it's easy to do!

In his new book, *The Northwest Garden Manifesto*, scientist and gardener John J. Albers provides a comprehensive guide to encourage and enable all of us to consider the local ecosystem in our own gardens, by following these key principles:

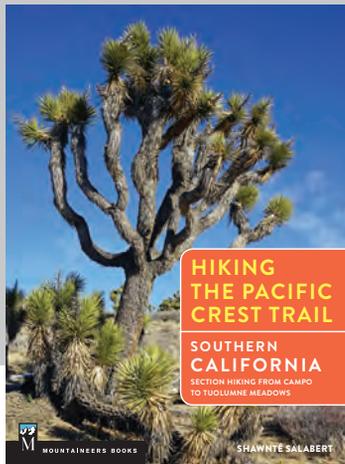
1. Protect, conserve, and create healthy soil
2. Maintain healthy plants and create a sustainable landscape
3. Conserve water and other natural resources
4. Protect water and air quality
5. Protect and enhance wildlife habitat
6. Conserve energy
7. Use sustainable methods and materials

Through clear explanations, practical examples, and full-color photos, Albers shows how to evaluate any yard in terms of these principles and then challenges the reader to improve each element, one step at a time.

**Dr. John J. Albers** is a renowned research professor of medicine at the University of Washington. But horticulture, landscaping, and environmental stewardship have been his passions for more than three decades, as he has worked and experimented in his Albers Vista Gardens, a four-acre garden with approximately 1200 different plant species and cultivars. He lives in Bremerton, Washington, with his wife Santica. Learn more about his garden at [www.albersvistagardens.org](http://www.albersvistagardens.org).

Seattle-based photographer, **David E. Perry's** gardening images have appeared in a variety of gardening and lifestyle books and magazines, including *Sunset*, *Garden Design*, *LEAF*, *Pacific Horticulture*, and *Fine Gardening*. See his work at [www.davidperryphoto.com](http://www.davidperryphoto.com).

224 pages, 7 x 8½, 135 color photos, 1 zone map, paperback, \$24.95, ISBN 978-1-68051-109-3 (ebook: 978-1-68051-110-9). GARDENING/SUSTAINABILITY/CONSERVATION. Rights: World.



## HIKING THE PACIFIC CREST TRAIL: SOUTHERN CALIFORNIA

SECTION HIKING FROM CAMPO TO TUOLUMNE MEADOWS  
SHAWNTÉ SALABERT

ISBN 978-1-59485-880-2 (ebook 978-1-59485-881-9). GUIDEBOOK/HIKING/SOUTHERN CALIFORNIA

AVAILABLE IN NOVEMBER

The most up-to-date, comprehensive guidebooks to one of the world's premier long-distance trails—designed for section hikers but invaluable for thru hikers, as well

- The final two (of four) volumes for the entire 2,650-mile Pacific Crest Trail (PCT)
- All-color photos, maps, elevation profiles, charts, and more
- Dream books—and precious gifts—for trail lovers everywhere

From the preeminent outdoor publisher in the West come the latest volumes in this new, unparalleled series of guidebooks to the region's most famous trail.

The Pacific Crest National Scenic Trail meanders north from California's border with Mexico to the entrance of Manning Provincial Park in British Columbia, on the Washington State–Canada border. It's a rigorous trail that has evolved since its earliest envisioning in 1926 to encompass approximately 2,650 miles of rich and varied terrain, traveling through some of the West Coast's most beautiful country. It inspires hikers of all ages and abilities to imagine the ultimate wilderness journey.

The Southern California and Northern California guides of *Hiking the Pacific Crest Trail* complete the four-volume set written for hikers planning to tackle trail sections in their nearby region, those who will chip away at pieces of the whole trail over a lifetime, or trekkers who set out in the SoCal desert and charge all the way to Canada.

These are lushly attractive guidebooks—good reads and gorgeous to page through—but they also offer invaluable hiking beta. Each volume focuses on section-by-section routes in each state (or region), and provides important details to help hikers plan and organize multiday backpacks. Here's what's included with each expertly written guidebook:

- Trail sections that promote 4- to 10-night trips
- Smaller section legs allowing for easier planning and trail-time management
- Detailed camp-to-camp route descriptions
- Easy-to-understand route maps
- Clear references to the PCT's established system of section letters, designating trail segments from south to north, Mexico to Canada, so hikers can easily cross-reference other trail resources
- Details on specific campsites
- Most reliable water sources
- Access to and from various trail sections
- Info on permits, hazards, restrictions, and more
- Alternate routes and connecting trails
- Key wilderness sights along the way
- Suggested itineraries

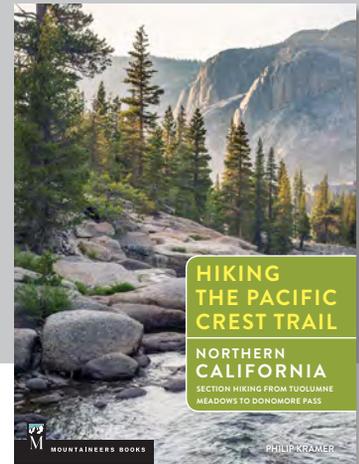
# HIKING THE PACIFIC CREST TRAIL: NORTHERN CALIFORNIA

SECTION HIKING FROM TUOLUMNE MEADOWS TO DONOMORE PASS

PHILIP KRAMER

ISBN 978-1-59485-878-9 (ebook 978-1-59485-879-6). GUIDEBOOK/HIKING/NORTHERN CALIFORNIA

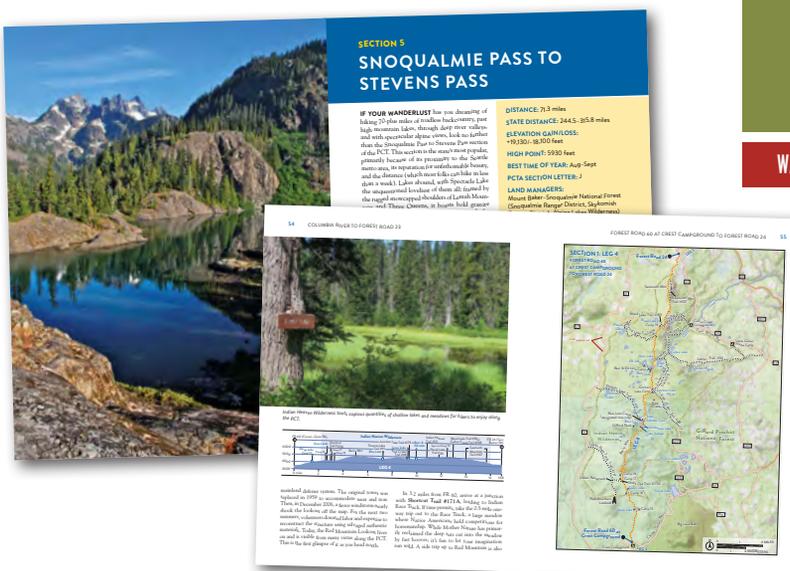
AVAILABLE IN FEBRUARY



Unlike other PCT guidebooks, this series focuses on section hikers who make up the vast majority of adventurers on the trail. Only a handful of folks complete a thru-hike of the trail in one trip, but the trail's popularity continues to grow. In 2015, long-distance hikers and horseback riders from all 50 states and 34 countries were issued permits to vacation on parts of the PCT. It is one of the seminal bucket list items for outdoor lovers, whether that means completing just your own state . . . and then the next . . . and then the next . . . or as far as your dreams will take you.

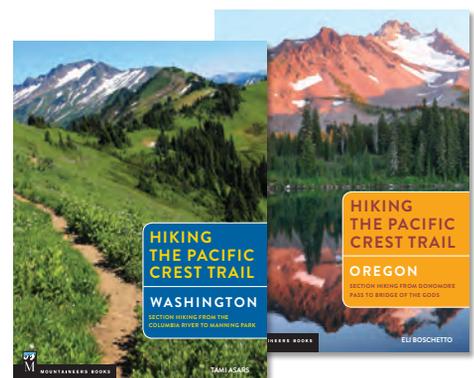
A Los Angeles-based outdoorswoman on a never-ending mission to cram as much Southern California sunshine into her life as possible, **Shawnté Salabert** volunteers as a trip leader and Wilderness Travel Course instructor with the Los Angeles chapter of the Sierra Club, and serves as staff writer for the region's premier outdoor adventure website, Modern Hiker. A freelance writer, she also spent several years as writer and producer for *iTunes Weekly Rewind*, a podcast about the intersection of music and pop culture. Today, her writing focuses on outdoor adventure and lifestyles. Learn more at [www.shawntesalabert.com](http://www.shawntesalabert.com).

**Philip Kramer** is a Seattle-based adventure and travel photographer. Born in Olympia, Washington, he began photographing rural landscapes around his home as a teenager. His first job after receiving an Associates in Fine Arts degree, was as an assistant to acclaimed nature photographer Art Wolfe. Phillip struck out on his own in 2006, picking up photography assignments with National Geographic.com, *Ranger Rick*, *Sunset* magazine, and Lonely Planet. His current work focuses on outdoor sports including backpacking, surfing, trail running, and backcountry ski touring. As a traveler and outdoor enthusiast, Philip has adventured in over 30 countries on six continents. He thru-hiked the entire PCT in 2013. Follow him at [www.philipkramer.com](http://www.philipkramer.com).



Each: 336 pages, 6<sup>3</sup>/<sub>4</sub> x 9, 150 color photos,  
57-80 color maps, elevation profiles, paperback,  
\$24.95. Rights: World.

**WASHINGTON AND OREGON PCT GUIDEBOOKS ARE AVAILABLE NOW!**

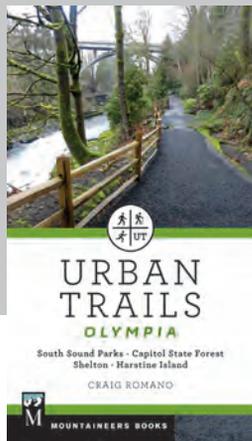


## URBAN TRAILS: OLYMPIA

SOUTH SOUND PARKS  
• CAPITOL STATE FOREST  
• SHELTON • HARSTINE  
ISLAND

CRAIG ROMANO

AVAILABLE IN NOVEMBER



Fresh, engaging, full-color pocket guide to Olympia and the greater South Sound's regional trails

- Shorter, nearby trails you can hike, walk, or run
- Attractively packaged guidebook that makes a great gift

*Urban Trails: Olympia* focuses on the trails and parks in and around the South Sound, including the Olympia, Tumwater, and Lacey areas. It covers hikes in Capitol State Forest, Harstine Island, the area around Shelton, and the Nisqually Delta. This book introduces locals and visitors alike to places in the state's capital to go for a refreshing run, long walk, or peaceful hike right in their own backyards. The guide includes:

- Trailhead directions, including public transit where available
- "Know Before You Go" tips for park hours, events, etc.
- Trail distance and high point
- Estimated average hike time
- Trailhead amenities
- Info for families and dog owners
- Sidebars on area history, nature, or special sights

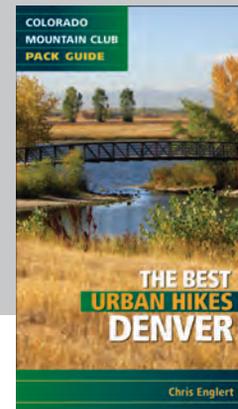
**Craig Romano** is the Pacific Northwest's most prolific outdoor author, writing or co-writing 13 books on the Mountaineers Books list. When not hiking, Craig is running; he has participated in over 25 marathons and ultra runs. Craig writes on outdoor topics for a variety of magazines and websites from his home in Skagit County where he lives with his wife Heather, son Giovanni, and cat, Giuseppe. Get to know Craig at [craigromano.com](http://craigromano.com).

224 pages, 4 x 7, 65 color photos, 37 maps, paperback, \$16.95, 978-1-68051-026-3 (ebook 978-1-68051-027-0). GUIDEBOOK/HIKING/PUGET SOUND. Rights: World.

## THE BEST URBAN HIKES: DENVER

CHRIS ENGLERT

AVAILABLE IN SEPTEMBER



30 great hikes within Denver's C-470 loop

- Easy-to-follow routes along trails and through Denver's neighborhoods
- Urban hikes for all abilities, with routes ranging from 2 to 8 miles
- Special coverage of the 9 Creeks Loop, a 41-mile urban hike on Denver's best trails

When all you want to do is lace up your shoes and get on a trail, turn to these urban walks, which take you through 30 local nature areas, with many choices within just a few minutes' drive from home.

Want a longer hike without having to jump on I-70? You'll find special coverage of Denver's 9 Creeks Loop, a 41-mile trail system that circles Denver's core via the Sand Creek Greenway, High Line Canal, Cherry Creek Trail, and Platte River Trail. You'll even discover little-known trails and parks most books don't cover. The author has hiked each trail, narrowing down the hundreds of miles of choices in Denver's Regional Trail system to these 30 best options.

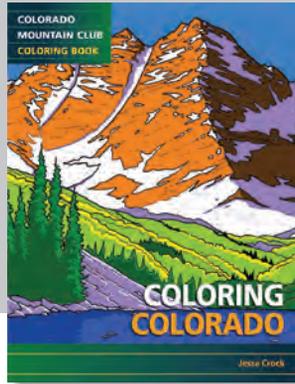
**Chris Englert** volunteered into wanderlusting at age 5. She's since traveled to 51 countries and all 50 US states. She loves Denver, has hiked all of its major trails, and has led urban hikes in all 78 Denver neighborhoods. Chris advocates for safer walking environments and better trails in and around Denver as an America Walks Walking Fellow, and as a Walking Movement Leader for Walk2Connect. A natural storyteller, she invites you along as she explores the world, one walk at a time.

200 pages, 4 x 7, 45 color photos, 31 maps, rounded corners, paperback, \$16.95, ISBN 978-1-937052-52-2. GUIDEBOOK/COLORADO/HIKING.



COLORING  
COLORADO

JESSE CROCK



AVAILABLE IN JANUARY

Explore the Centennial state, relax, and have fun while coloring 49 beautifully drawn images

- 34 iconic scenes from around the state
- 15 outdoor adventures
- Inspirational and fun—perfect gift for all ages!

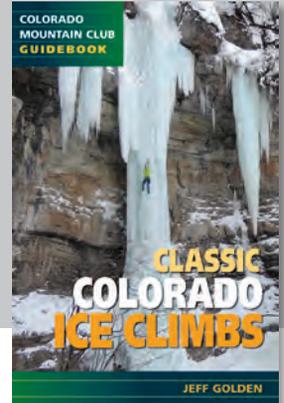
*Coloring Colorado* features drawings of some of the state's iconic peaks, such as Crestone Needle, Lone Eagle Peak, Mount of the Holy Cross, and the Maroon Bells. There are pastoral scenes with wildflowers and aspen trees as well as historical scenes. And there are fun drawings like the much-loved Blue Bear at the Denver Convention Center. For outdoor adventure lovers, there is mountain biking, trail running, rock climbing, ice climbing, mountaineering and more! This coloring book is fun for anyone from age 3 to 93. While many people will want *Coloring Colorado* for themselves, it also makes a wonderful gift.

**Jesse Crock** is an artist with a love of climbing, cycling, and the outdoors. The rich color and sharp contrast of his acrylic paintings attempt to capture the vibrant Colorado landscape and adventures. As an outdoor enthusiast, he brings the viewer to places seldom painted. An elementary art teacher, Jesse often connects his work with the playfulness of his students and is inspired by the energy they bring to the classroom. Clients include USA Pro Challenge, American Alpine Club, Ouray Ice Climbing Festival, and FIBArk Kayaking Festival. Jesse's impressionist style and bright colors have led to several murals in the town of Golden, where he lives with his wife and a Great Dane.

108 pages, 8½ x 11, 49 illustrations, perforated pages, paperback, \$14.95, ISBN 978-1-937052-50-8. ADULT COLORING BOOK/COLORADO.

CLASSIC  
COLORADO  
ICE CLIMBS

JEFF GOLDEN



AVAILABLE IN SEPTEMBER

Highlights routes from across the state to ensure that you can find a nearby flow no matter which part of Colorado you're exploring

- Contains routes from all across Colorado
- Highlights beginner areas as well as multipitch classics
- Each area has details on avalanche danger, suggested gear, and top access.

Harness the adventure of ice climbing with *Classic Colorado Ice Climbs*, a new guidebook from CMC Press. Covered within are popular areas like Lincoln Falls and the Ouray Ice Park, as well as more obscure routes from Steamboat Springs all the way down to Durango. Author Jeff Golden describes in detail nearly 50 climbs across Colorado, ensuring that you can find ice no matter which corner of the state you're exploring.

Organized by region, each entry and includes details such as avalanche danger, top-rope access, driving directions, suggested gear, and other important considerations. *Classic Colorado Ice Climbs* contains routes for everyone, whether you're brand new to the sport or a seasoned ice leader.

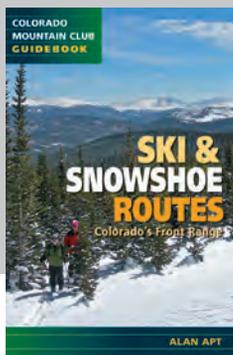
**Jeff Golden** turned to ice climbing after hiking all of Colorado's 14,000-foot peaks and climbing several bigger mountains around the world. Seeing it initially as a means to an end to tackle more technical mountaineering routes, he soon became obsessed with the fringe sport of ice climbing in its own right. A transplant from Charlotte, North Carolina, Jeff now resides in Denver with his girlfriend, Liz, and border collie, Zia.

224 pages, 6 x 9, 80 color photos, 50 maps, rounded corners, paperback, \$24.95, ISBN 978-1-937052-40-9 (ebook: 978-1-937052-41-6). GUIDEBOOK/COLORADO/CLIMBING.



## SKI & SNOWSHOE ROUTES, COLORADO'S FRONT RANGE

ALAN APT



AVAILABLE IN SEPTEMBER

The most exciting and scenic places to explore on skis and snowshoes within easy driving distance of Denver and other Front Range cities

- Family-oriented, easy outings for beginners or youngsters
- Challenging mountain summits for experienced mountaineers
- 80 routes with complete descriptions and maps

*Ski & Snowshoe Routes, Colorado's Front Range* is about where to go and what to use on both easy and challenging trails. It's also about enjoyment and achievement. However you choose to enjoy Colorado winters, this book will provide you with indispensable information about the best trails, the most appropriate equipment to use, safety in avalanche terrain, excellent maps and photos, and who to contact for additional information. It includes an overview of the equipment you'll want and essential information for enjoyable and safe outings in the Rockies.

**Alan Apt** has been skiing and snowshoeing the mountains and foothills of Colorado for over 45 years. He is a Sierra Club wilderness volunteer and a member of the Colorado Mountain Club. Alan is also a member of the Professional Ski Instructors Association, and the National Ski Patrol. He has contributed articles to the *Denver Post*, the *Fort Collins Coloradoan*, the *Boulder Weekly*, and *Altitude* newspapers. A retired computer science book publisher, he currently resides in Nederland, Colorado.

320 pages, 6 x 9, 120 color photos, 81 maps, rounded corners, paperback, \$26.95, ISBN 978-1-937052-51-5. GUIDEBOOK/COLORADO/SNOW SPORTS.

## CLASSIC COLORADO SKI DESCENTS

JON KEDROWSKI



AVAILABLE IN SEPTEMBER

This comprehensive guidebook features 70 of the best backcountry ski descents in Colorado

- Includes detailed maps with climbing information for each peak, including difficulty ratings for the ascent and ski descent
- Photos closely match the detailed maps and route descriptions
- "Ski Lines" and "Extra Credit" are featured for each entry

World famous for great skiing, Colorado offers much more than expensive resorts. For those willing to earn their turns, this full-color guidebook provides detailed descriptions for getting to many classic descents without the lift lines.

Travel around Colorado with ski mountaineer Dr. Jon Kedrowski as he guides you to some of the best ski descents the state has to offer. *Classic Colorado Ski Descents* showcases 70 ski lines on 14ers and 13ers, as well as easily accessible mountain passes and locales. Routes range from peaks with gentle terrain, to tree glades, endless powder, ridgelines, steep faces, and couloirs. Each peak description includes skiable vertical, elevation gain, and round-trip mileage, as well as easy-to-follow directions to the trailhead.

**Dr. Jon Kedrowski** grew up in Vail, Colorado, and first climbed each of state's 14ers in the late 1990s before he turned 18. Jon has climbed and skied on all seven continents, including leading climbing expeditions to each of the Seven Summits, reaching the summit of Mount Everest in 2012. He has been featured in numerous documentaries about his climbing and skiing on the Discovery Channel, Smithsonian, NBC, *Dateline NBC*, CBS, ABC, Fox, and CNN. He is the author of *Sleeping on the Summits: Colorado 14er High Bivys* and *Skiing and Sleeping on the Summits: Cascade Volcanoes*.

254 pages, 6 x 9, 80 color photos, 70 maps, rounded corners, paperback, \$24.95, ISBN 978-1-937052-38-6 (ebook: 978-1-937052-39-3). GUIDEBOOKS/COLORADO/SKIING.

## BACKCOUNTRY SKI & SNOWBOARD ROUTES:

### CALIFORNIA

JEREMY BENSON



AVAILABLE IN OCTOBER

Sierra snow is back and this book will satisfy the pent-up demand to ride it!

From Bishop to Tahoe to Shasta, and multiple slopes in between, California has a big ski and snowboard culture. This backcountry guide describes 97 of the state's best routes. Part of our critically acclaimed series, *Backcountry Ski & Snowboard Routes: California* is written by Tahoe-based professional skier, Jeremy Benson, and covers the best of the state. The northern region of the book focuses on Mount Shasta and Tahoe, while the central region includes Mammoth, Bishop, and Sierra Club hut trips, and to the south, 14ers Mount Whitney and Mount Langley and more are featured.

A sponsored ski athlete, **Jeremy Benson** brings expertise, enthusiasm, and years of research to this exciting new guidebook. In addition to writing books (see *Mountain Bike: Tahoe*), Jeremy is a contributor to *Powder*, *Skiing*, *Mountain*, and *Tahoe Quarterly* magazines, as well as TetonGravity.com. He currently lives in Truckee, California, with his wife, Heather.

320 pages, 5½ x 8½, 120 B&W photos, 81 maps, paperback, \$21.95, ISBN 978-1-59485-899-4 (ebook: 978-1-59485-900-7). GUIDEBOOK/CALIFORNIA/SNOW SPORTS. Rights: World.

### COLORADO

BRITTANY WALKER  
KONSELLA & FRANK  
KONSELLA



AVAILABLE IN NOVEMBER

100 of Colorado's best backcountry ski and snowboard routes described in detail by local pros

Whether you're an experienced backcountry skier or snowboarder or an intermediate skier looking to ramp up your out-of-bounds expeditions, Brittany and Frank Konsella have the cred to guide you to the state's special runs. Both have descended all of the state's 14ers on skis, with Brittany being the second woman to accomplish that feat. *Backcountry Ski & Snowboard Routes: Colorado* includes routes focused on the Front Range and the San Juans, with other routes in the Sawatch Range, Elk Mountains, Mosquito Range, and more.

**Brittany Walker Konsella** is an avid outdoors enthusiast and former freestyle skiing competitor and coach. **Frank Konsella** is a former ski racer and International Freeskiing & Snowboarding Association (IFSA) Big Mountain competitor. He writes about the outdoors (biking, hiking, and skiing) with Brittany. The Konsellas live in Crested Butte, Colorado, and blog at [www.14erskiers.com](http://www.14erskiers.com).

288 pages, 5½ x 8½, 120 B&W photos, 84 maps, paperback, \$21.95, ISBN 978-1-59485-882-6 (ebook 978-1-59485-883-3). GUIDEBOOKS/COLORADO/SNOW SPORTS. Rights: World.

The *Backcountry Ski & Snowboard Routes* series is written for intermediate to advanced skiers and snowboarders. The guides include resources for avalanche, weather, and road conditions; land managers relevant to the routes; ski/snow reports; and general safety advice.

### ALL BOOKS IN THE SERIES INCLUDE:

- Trips ranging from accessible day trips to more challenging overnights and traverses
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- Maps/permits info, GPS coordinates, and driving directions to route start from nearest major town or junction
- Overview of the route and detailed route description
- Alternate routes
- Photos and detailed route maps

# NEW

## CYCLING THE PACIFIC COAST A COMPLETE GUIDE FROM CANADA TO MEXICO

BILL THORNESS

AVAILABLE IN NOVEMBER

An all-new guide to the most popular long-distance bike tour in the United States!

- Replaces Mountaineers Books' earlier title, *Bicycling the Pacific Coast, 4th Edition*
- Covers the entire 2,000-mile route from Canada to Mexico, including alternate routes and side trips
- Information on lodging, camping, loading a bike, safe cycling, road conditions, weather, and more

The Pacific Coast route is the most popular bike touring route in the United States, according to Mountaineers Books' nonprofit partner, the Adventure Cycling Association. And for 33 years, our very own *Bicycling the Pacific Coast* was the most popular guidebook to this venerable route—until now! *Cycling the Pacific Coast* continues the trusted legacy with an all-new, completely re-ridden and researched, and fully comprehensive guidebook from Bill Thorness, featuring the most current, up-to-date beta on this amazing route.

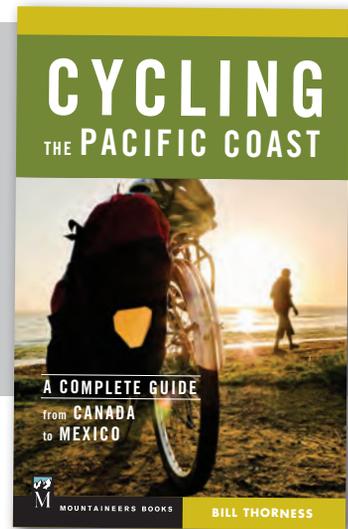
*Cycling the Pacific Coast* is organized in five sections—Washington, Oregon, Northern California, Central California, and Southern California—and is useful to riders who plan to do the trip as one epic ride, or break it up to pedal a section at a time. Features include:

- Suggested itineraries for the entire ride, or for one- and two-week trips
- Logistics for getting to/from ride sections
- Airport and train-station connections in all major cities along the route (Vancouver, Seattle, Portland, San Francisco, Los Angeles, and San Diego)
- Alternate routes include British Columbia's Vancouver Island, Washington's Olympic Peninsula, and Northern California's "Lost Coast"
- Interesting and fun side-trip destinations in five cities, on two islands, and in two wine country regions

New bike tourers will find equipment information, packing advice, safety tips, and other helpful trip suggestions. And all riders will find the guidance to experience the trip of a lifetime.

**Bill Thorness** is a freelance writer and editor based in Seattle. He is the author of four books, including three with Mountaineers Books about his two great passions, gardening and cycling: *Cool Season Gardener*, *Edible Heirlooms*, and *Biking Puget Sound, 2nd Edition*. His travel articles appear regularly in the *Seattle Times*, and he is a columnist for *Edible Seattle* and *Edible Portland* magazines, as well as many other regional publications. He is a member and ride leader for Cascade Bicycle Club, the largest regional bicycle club in the country. Find out more at [www.billthorness.com](http://www.billthorness.com).

304 pages, 5½ x 8½, 125 B&W photos, 30 color photos, 58 maps, 57 elevation profiles, paperback, \$24.95, ISBN 978-1-59485-986-1 (ebook 978-1-59485-987-8). GUIDEBOOK/ BICYCLE TOURING/WEST COAST. Rights: World.



## NEW MAP SERIES

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ADVENTURE CYCLING ASSOCIATION



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#1 CHICAGO, ILLINOIS-INDIANAPOLIS, INDIANA (231 MILES). The route begins in downtown Chicago. You'll ride trails and city streets to make your way out of the city into Indiana. Then continue through Indiana on rural roads, highways, and rail trails. Included in this map is the Indianapolis Cutoff, which shortens the route by 50 miles and avoids Indianapolis. (ISBN 978-0-935108-97-2)

#2 INDIANAPOLIS, INDIANA-ZANESVILLE, OHIO (275 MILES). From Indianapolis into central Ohio the terrain remains flat. Between Dayton and Columbus several paved trails provide almost continuous separated path riding. From Columbus eastward the terrain becomes rolling and you encounter more forested land. (ISBN 978-0-935108-98-9)

#3 ZANESVILLE, OHIO-CLEARFIELD, PENNSYLVANIA (296 MILES). The topography on this map gets progressively hillier. The route crosses the Ohio River. Pittsburgh is located upriver at the confluence of the Allegheny and Monongahela rivers. Many of its neighborhoods have steep slopes. From Pittsburgh, the route parallels Interstate 80 across Pennsylvania. (ISBN 978-0-935108-99-6)

#4 CLEARFIELD, PENNSYLVANIA-NEW YORK CITY, NEW YORK (359 MILES). This section enters the Appalachian Mountains. Most of it follows valleys but you will encounter several ridge crossings with steep climbs and descents. At the Pennsylvania/New Jersey border the route traverses quiet roads until New York State Bicycle Route 9, which takes you into the city, riding to the end of the route at the southern tip of Manhattan Island. (ISBN 978-0-9863397-7-6)

Philadelphia Alternate #1: PITTSBURGH, PENNSYLVANIA-LANCASTER, PENNSYLVANIA (339 MILES). In Pittsburgh you'll make the choice to stay on the main route or to follow the Philadelphia Alternate. The route uses the Great Allegheny Passage, a multi-use trail that primarily follows railroad corridors from Pittsburgh to Cumberland, Maryland. (ISBN 978-0-9863397-8-3)

Philadelphia Alternate #2: LANCASTER, PENNSYLVANIA-NEW YORK CITY, NEW YORK (180 MILES). From Lancaster the route uses quiet roads through the Amish farm country to reach Valley Forge National Historical Park. The Schuylkill River Trail takes cyclists into downtown Philadelphia. You'll cross the Delaware River into New Jersey and eventually catch a ferry to Manhattan Island. (ISBN 978-0-9863397-9-0)

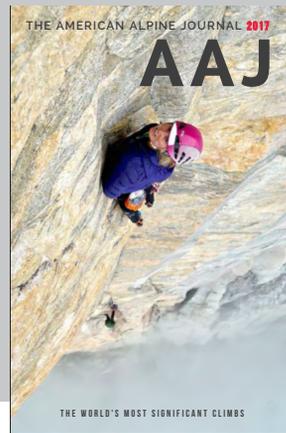
**Adventure Cycling Association** inspires and empowers people to travel by bicycle. It is the largest bicycling membership organization in North America with more than 50,000 members.

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THE WORLD'S MOST SIGNIFICANT CLIMBS

THE AMERICAN ALPINE CLUB



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- The "Recon" section covers the history, recent climbing activity, and new-route potential of a wild area. This year: the big granite walls of the Cirque of the Unclimbables in Canada.
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**The American Alpine Club** is the leading organization representing climbers in the United States. *The American Alpine Journal* is written by hundreds of contributors from around the world. *Accidents in North American Climbing* is written and edited by a team of volunteers, staff, and regional correspondents. Both annuals are managed by veteran climbing journalist **Dougald MacDonald**, AAC Executive Editor.

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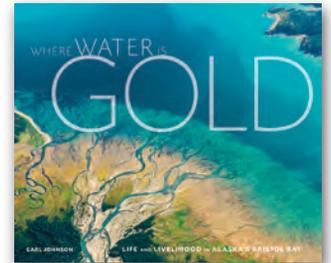
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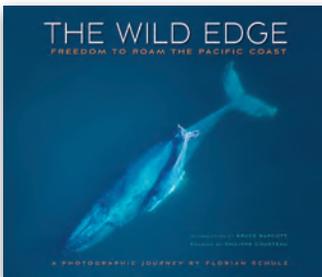
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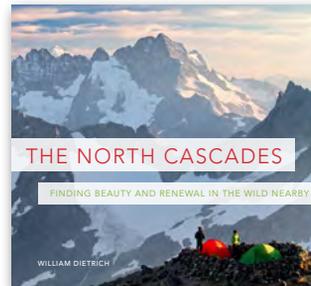
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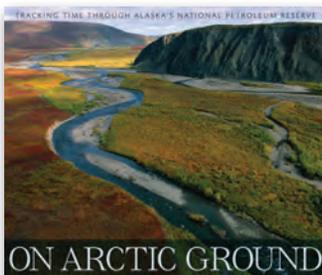
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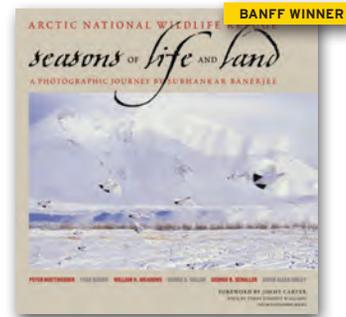
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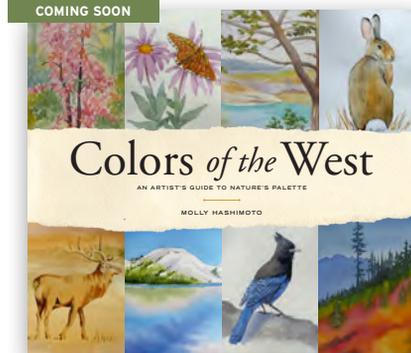
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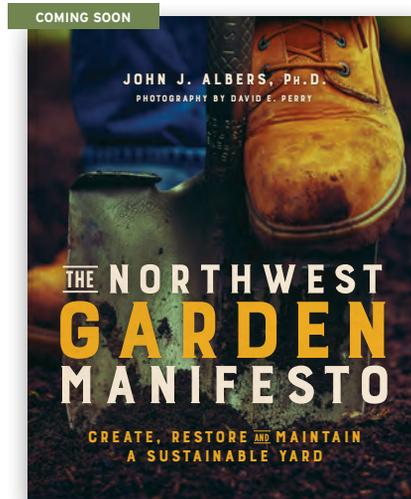
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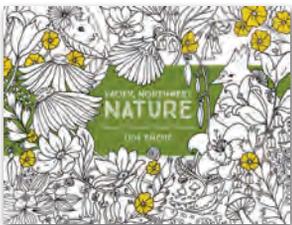
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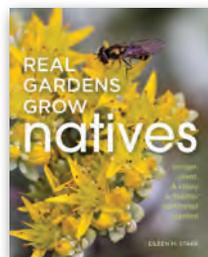
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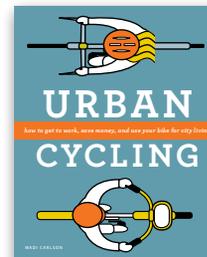
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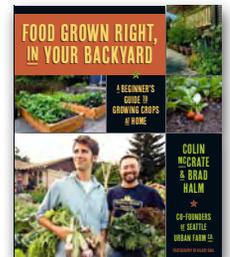
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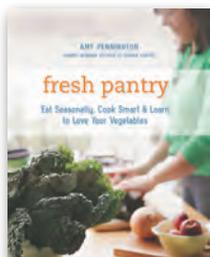
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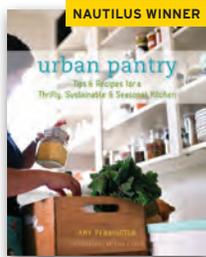
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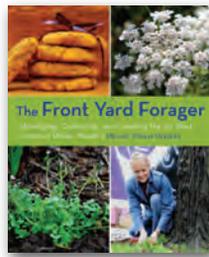
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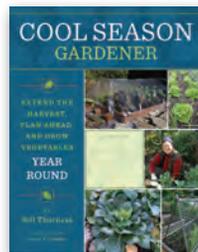
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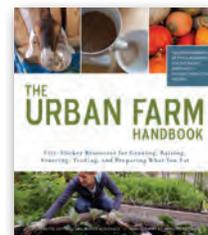
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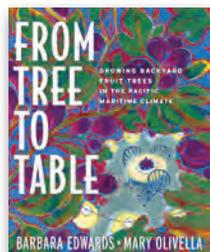
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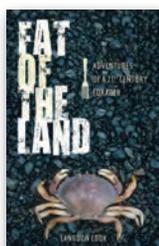
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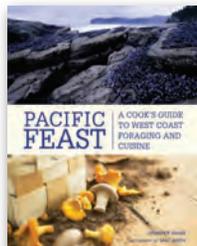
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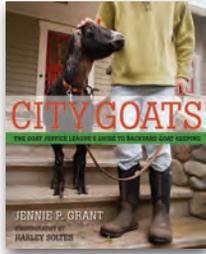
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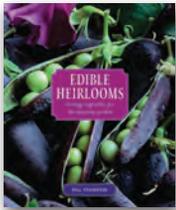
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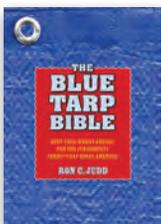


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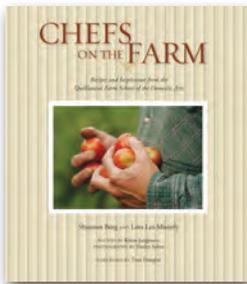
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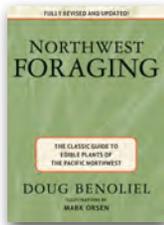
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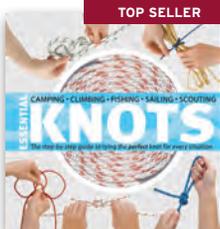


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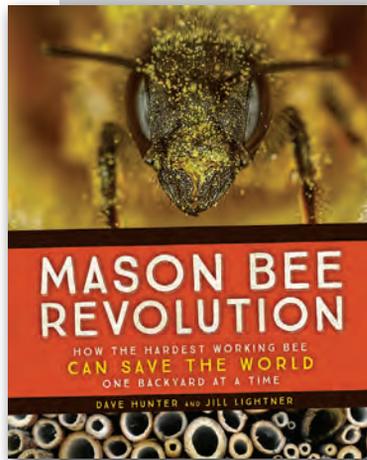
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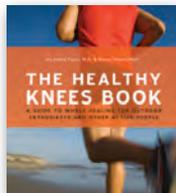
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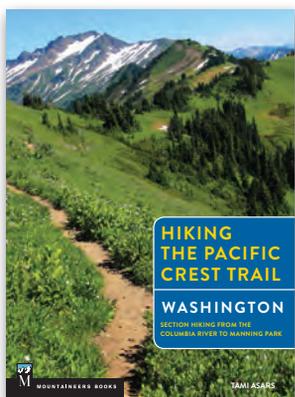
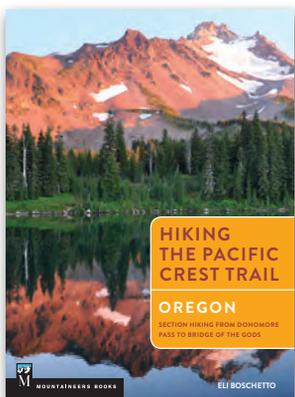
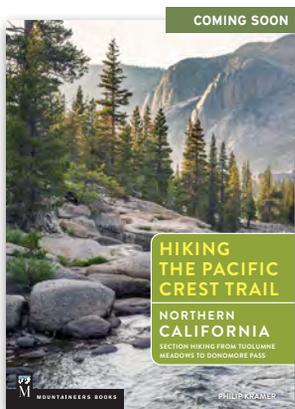
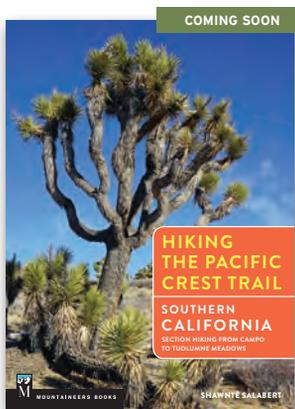
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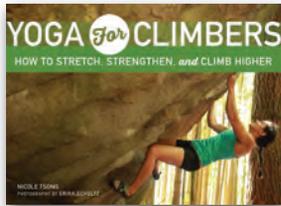
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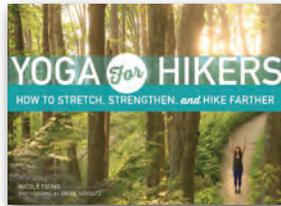
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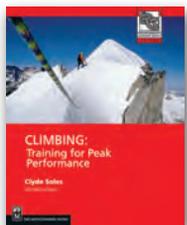
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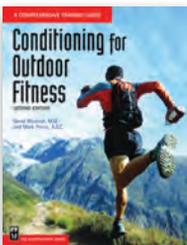
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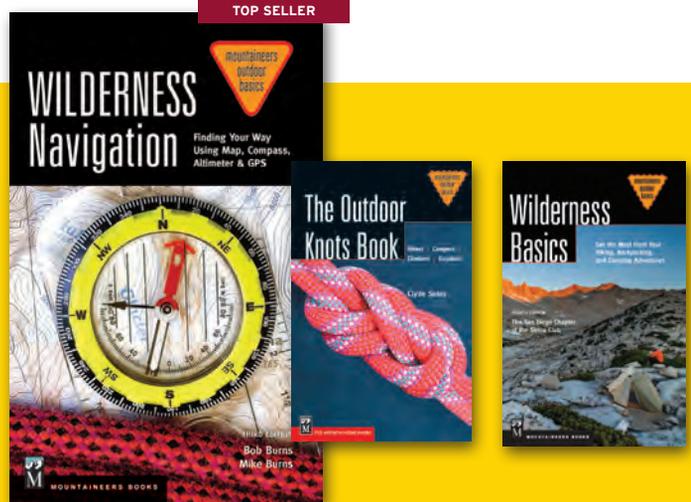
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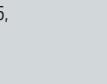
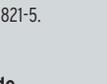
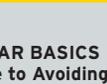
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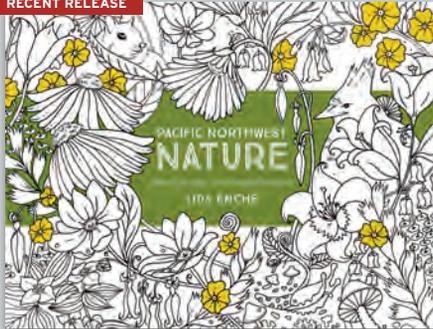
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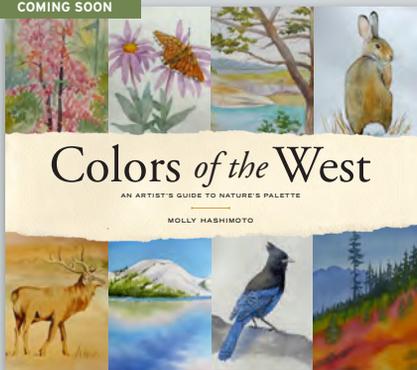
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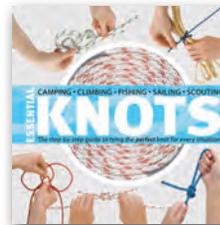
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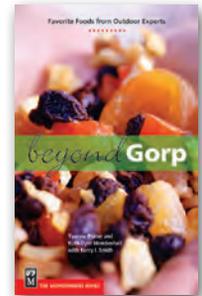
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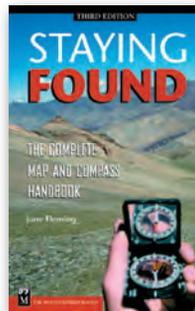
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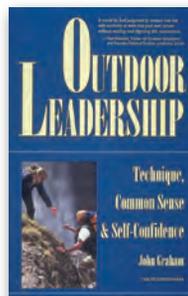
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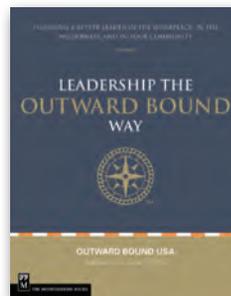
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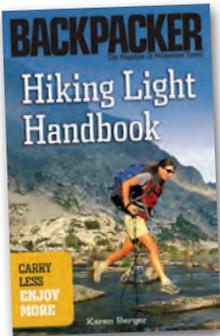
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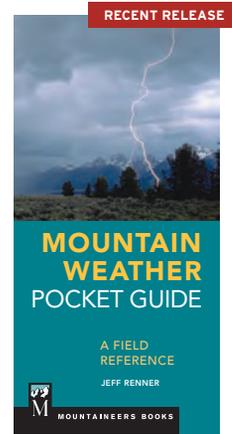
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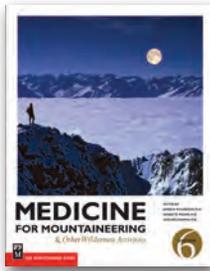
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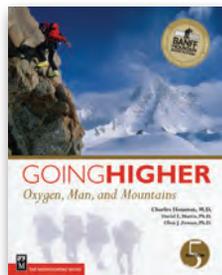
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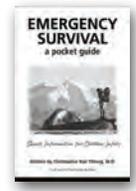
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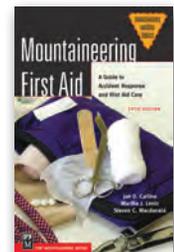
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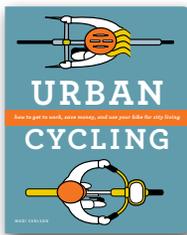
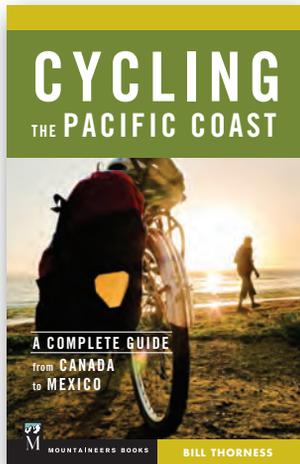
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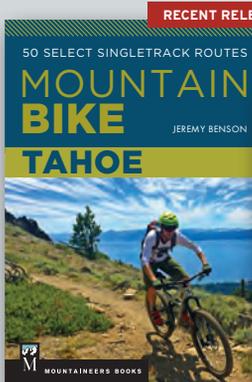


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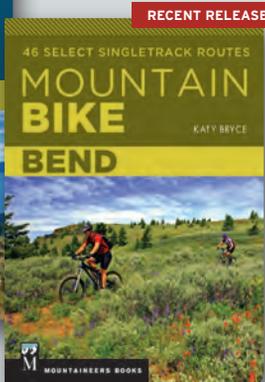
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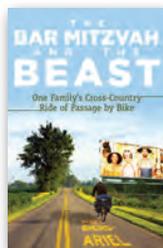
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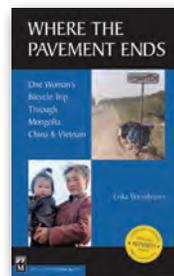
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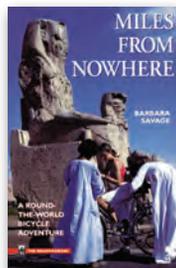
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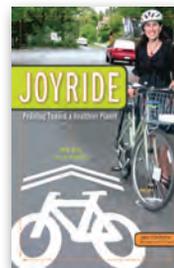
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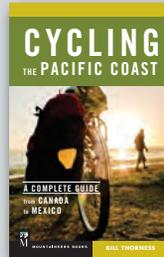
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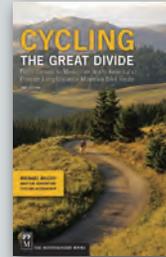
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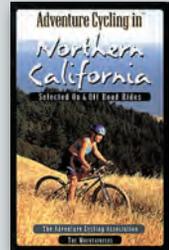
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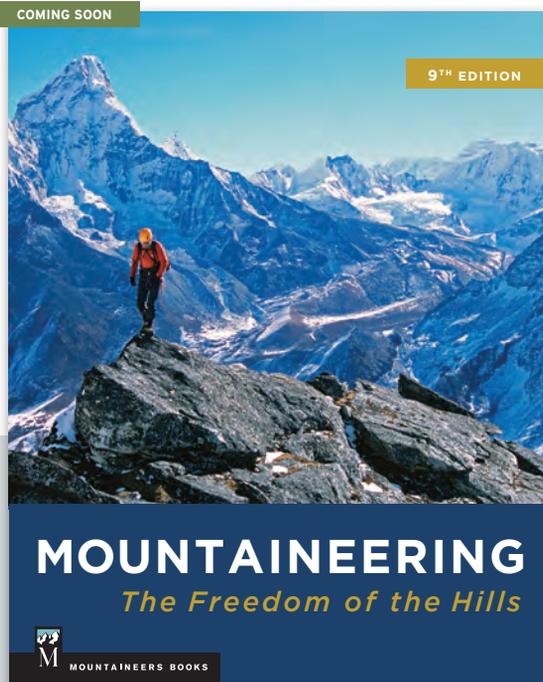
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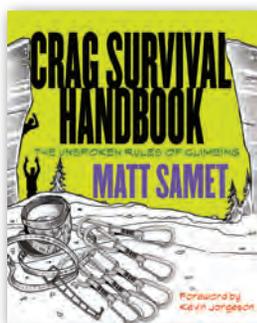


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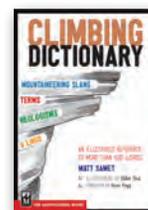
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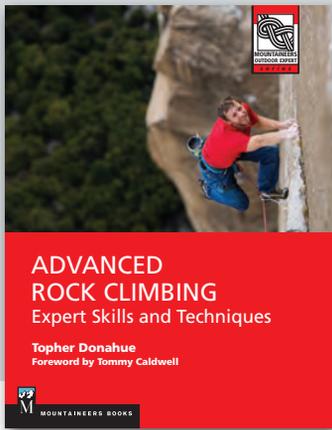


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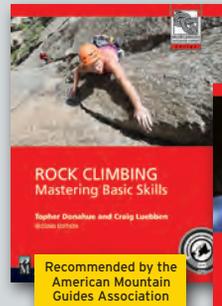
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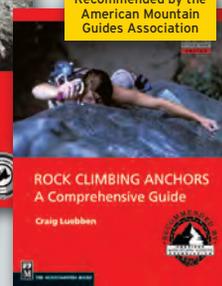
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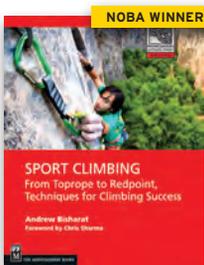
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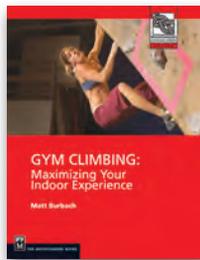
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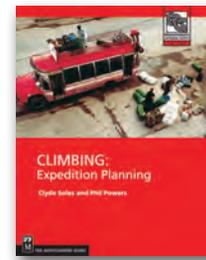
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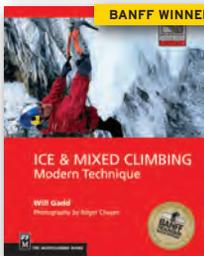
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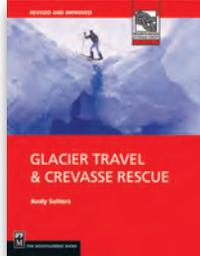
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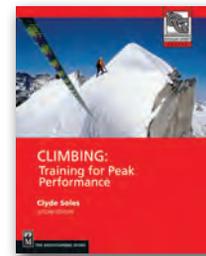
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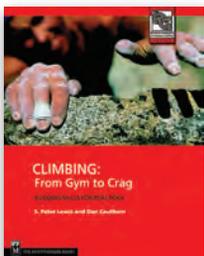
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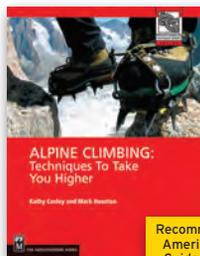
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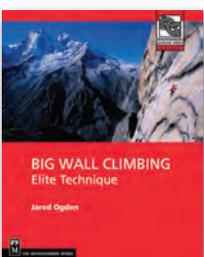
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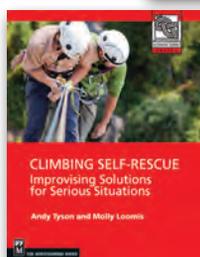
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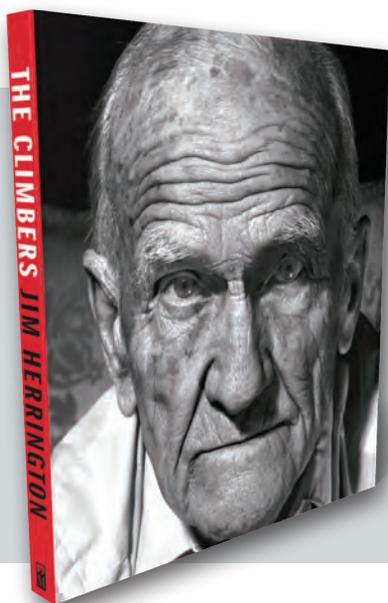
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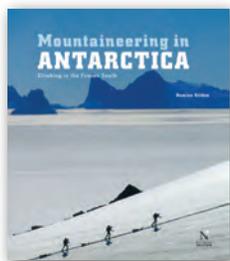


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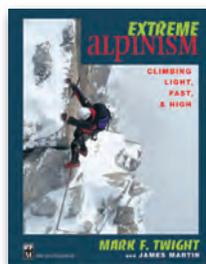
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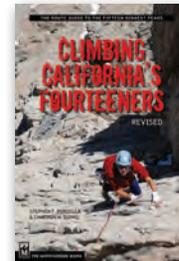
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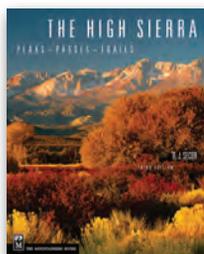
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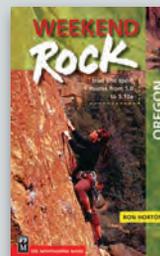
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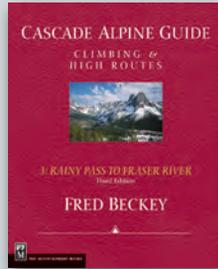
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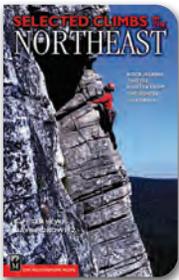
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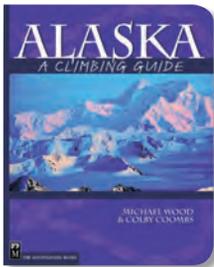


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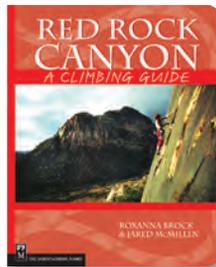
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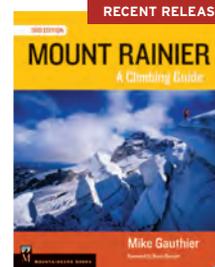
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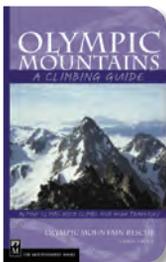


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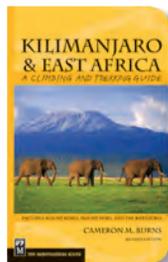
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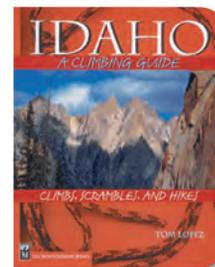
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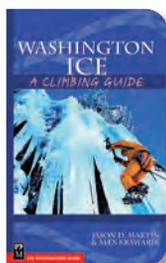
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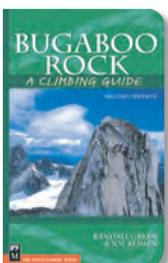
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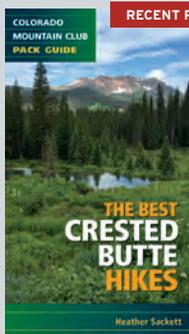
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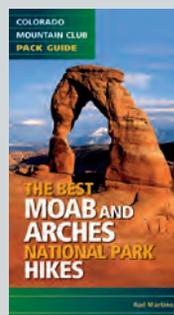
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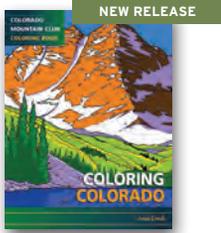
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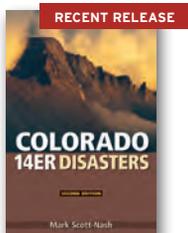
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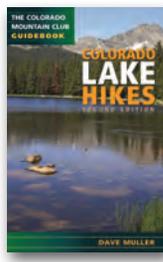
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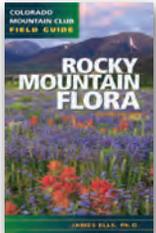
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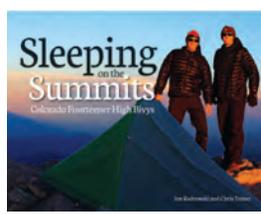
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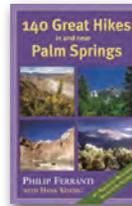
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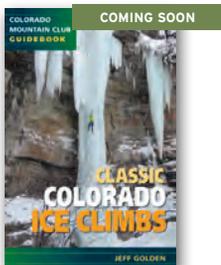
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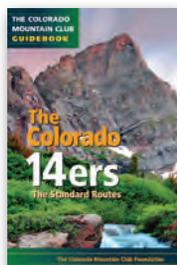
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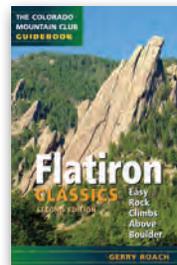
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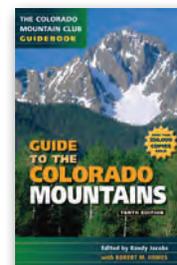
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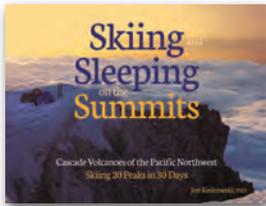
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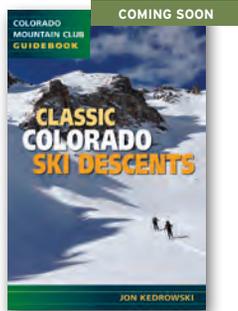
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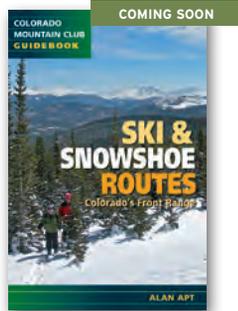
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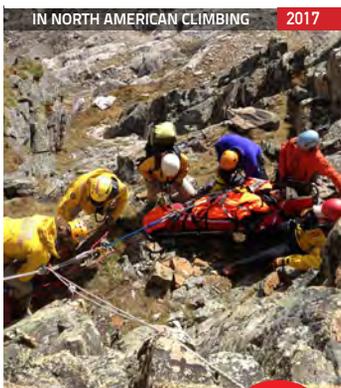
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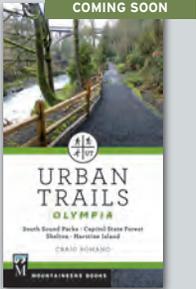
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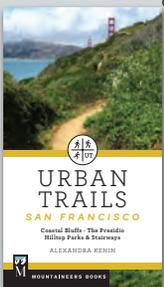
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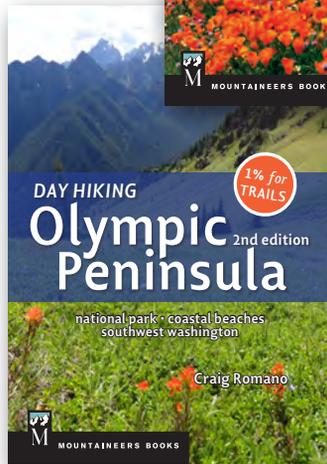
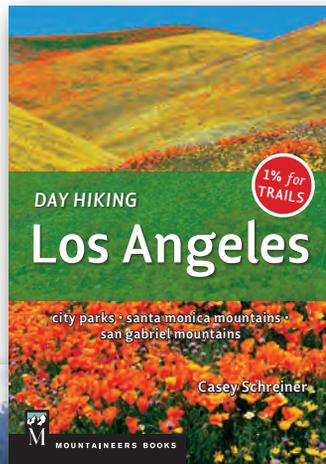
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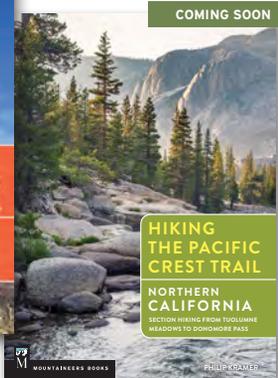
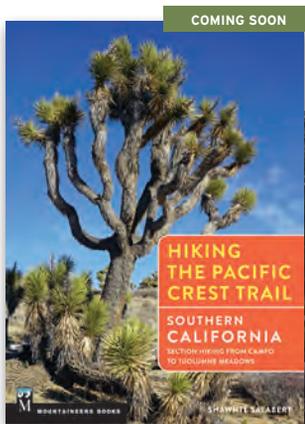
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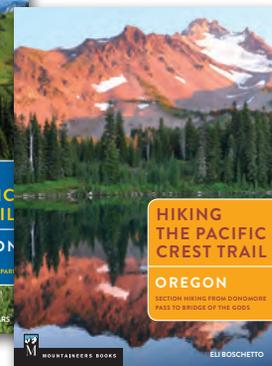
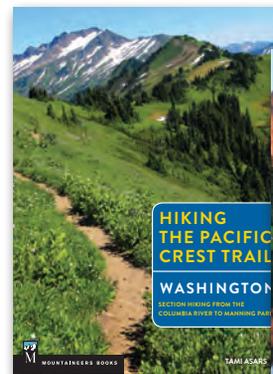
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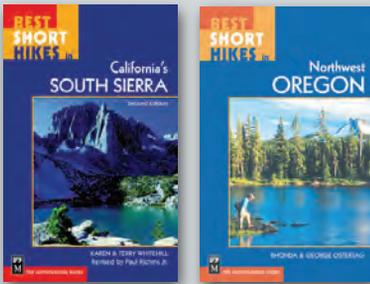
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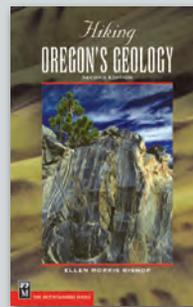
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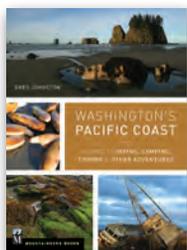
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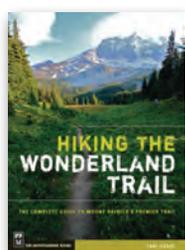
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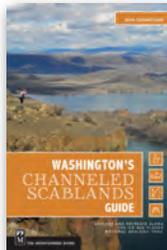
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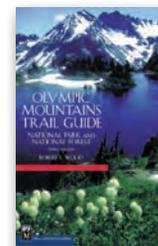
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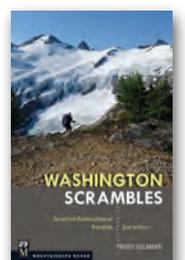
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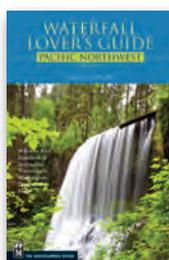
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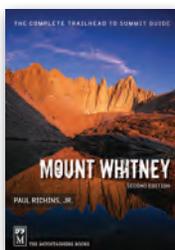
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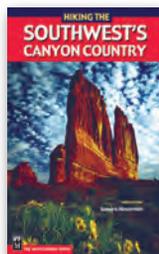
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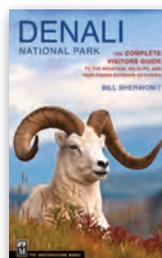
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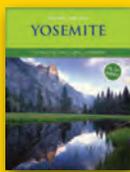
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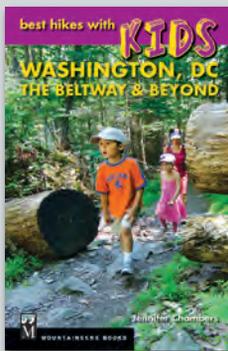


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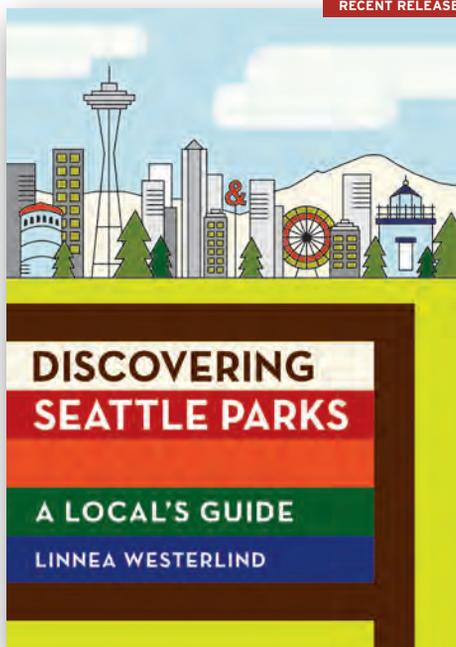
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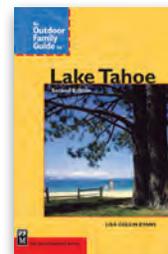
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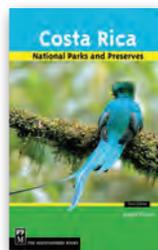
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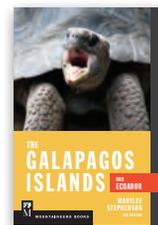
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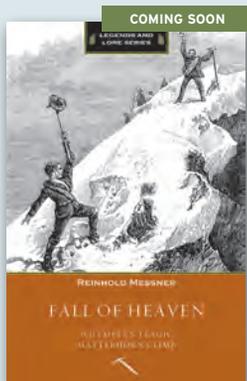
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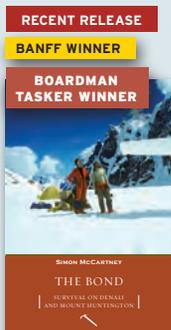
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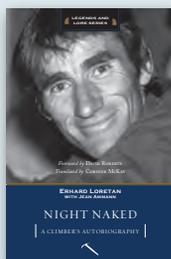
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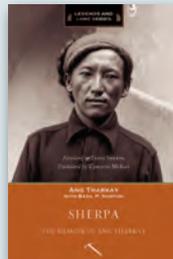
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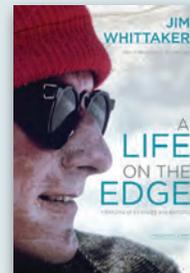
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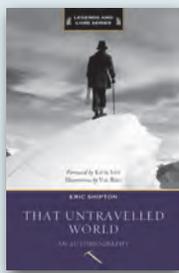
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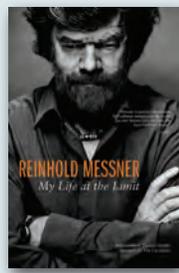
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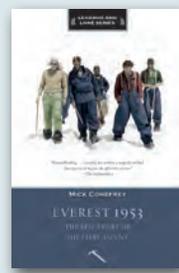
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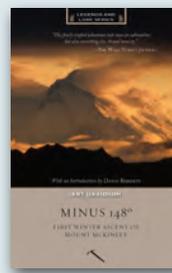
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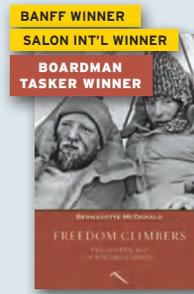
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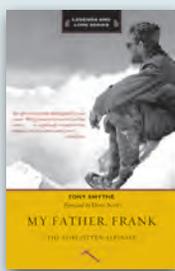
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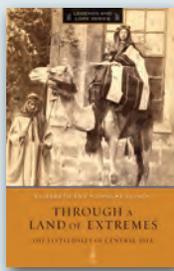
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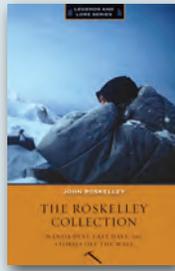
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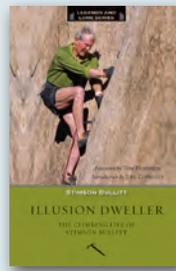
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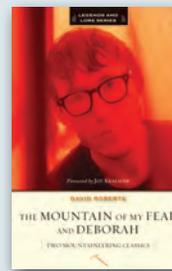
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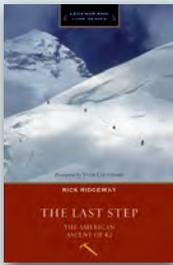
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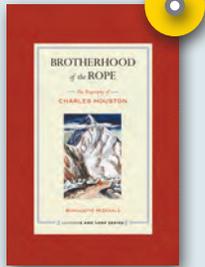
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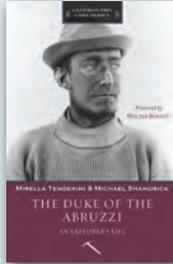
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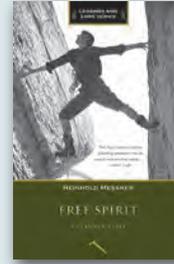
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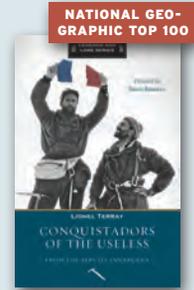
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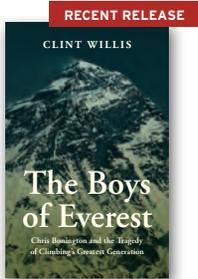
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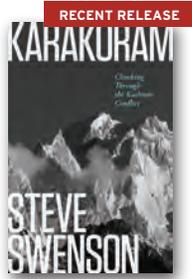
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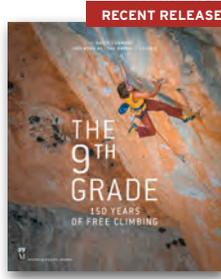
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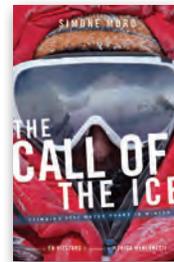
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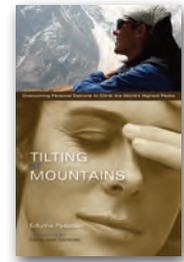
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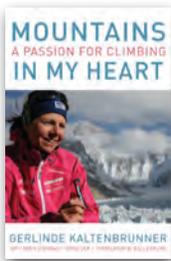
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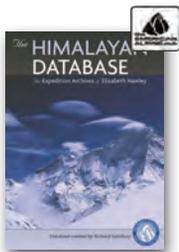
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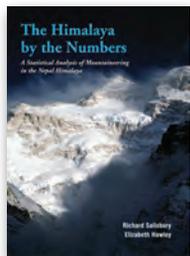
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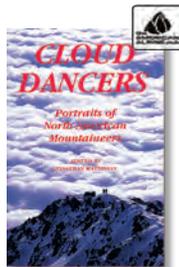
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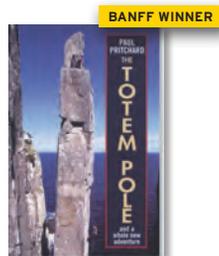
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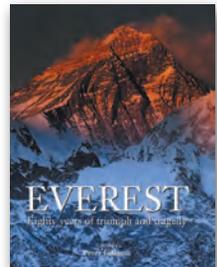
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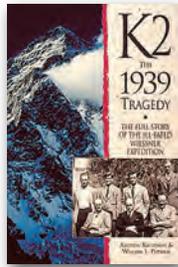
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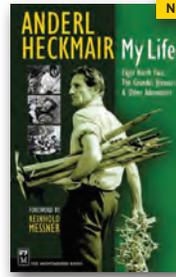
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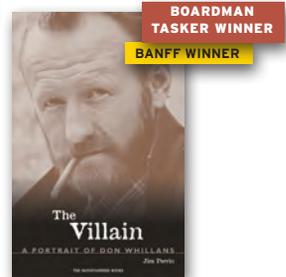
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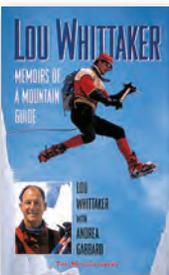
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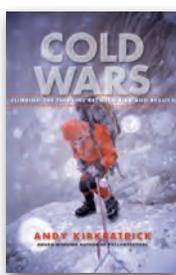
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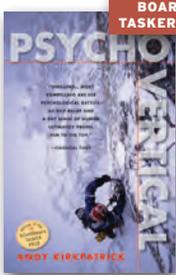
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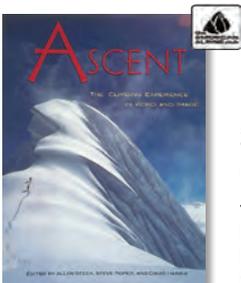
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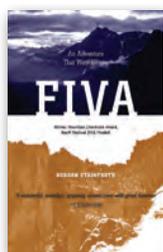
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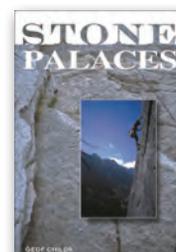
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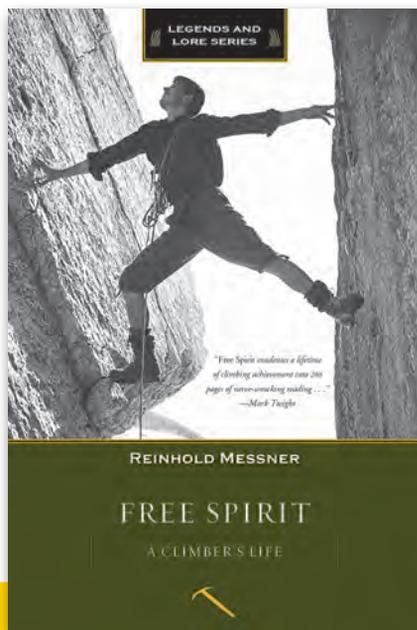
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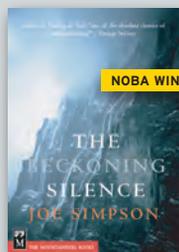
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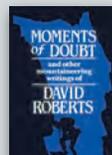
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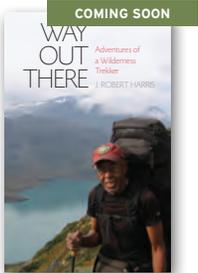
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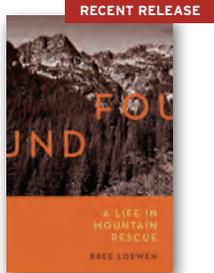
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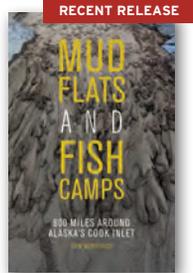
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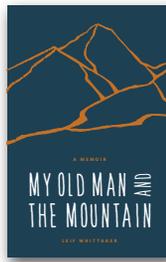
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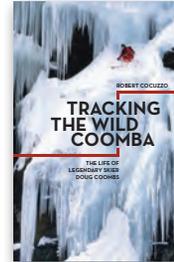
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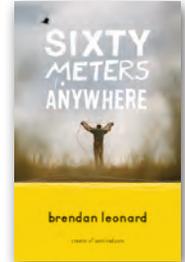
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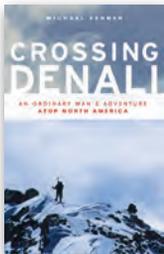
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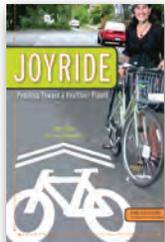
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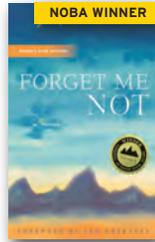
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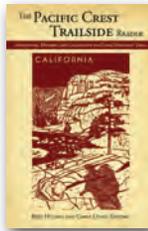
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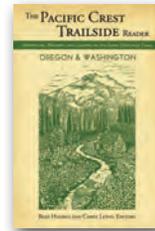
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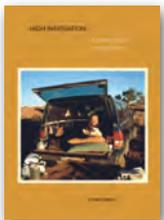
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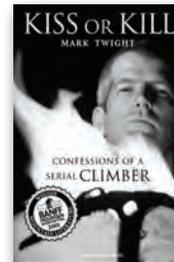
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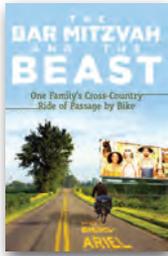
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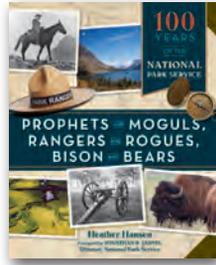
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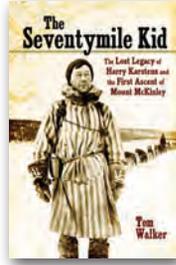
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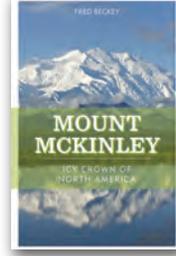
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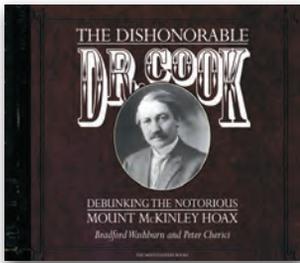
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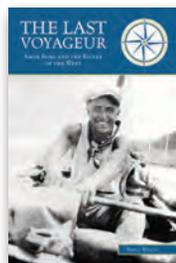
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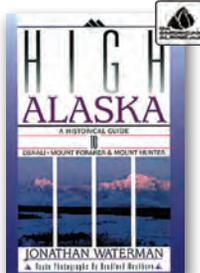
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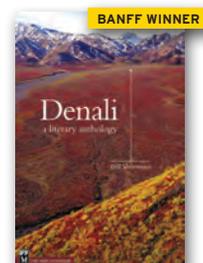
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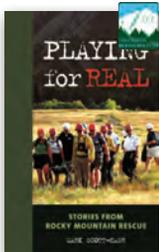
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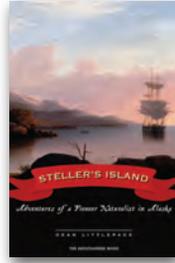
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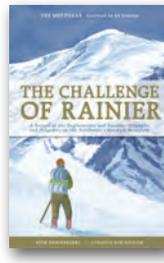
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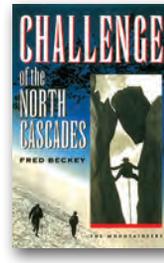
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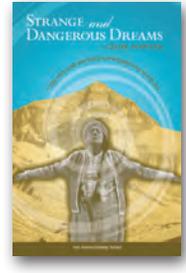
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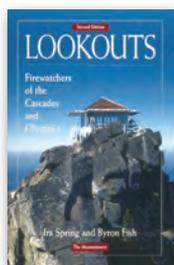
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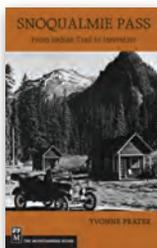
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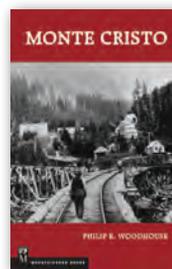
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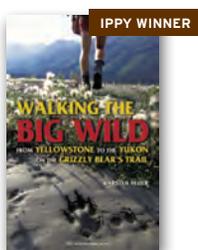
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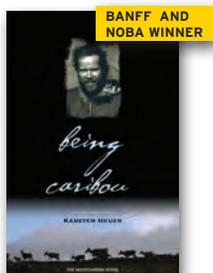
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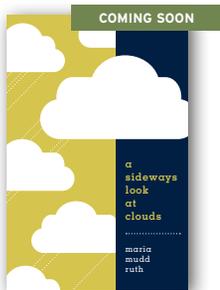
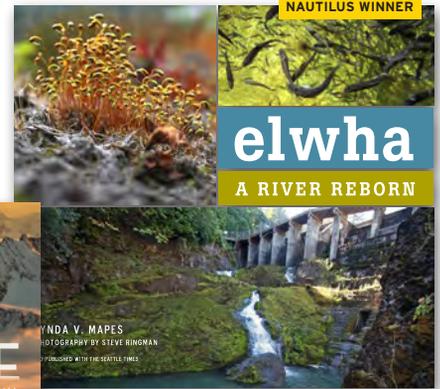
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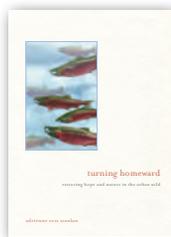
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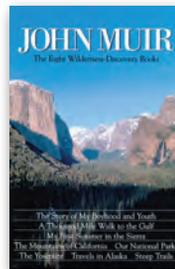
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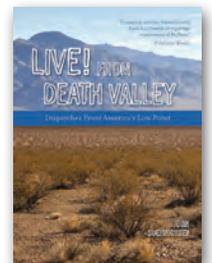
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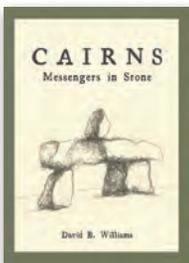
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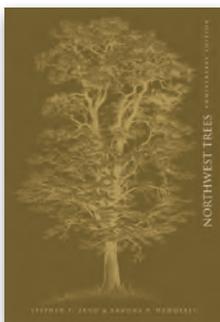
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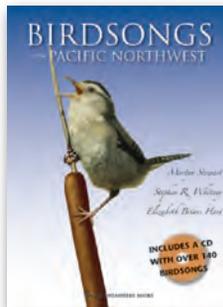
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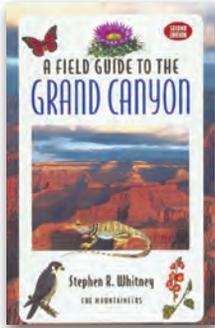
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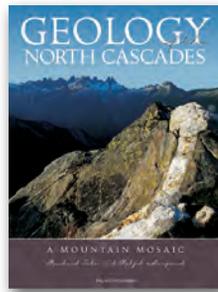
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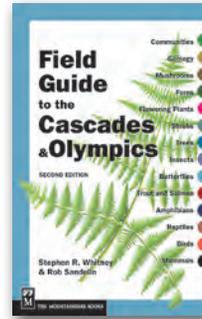
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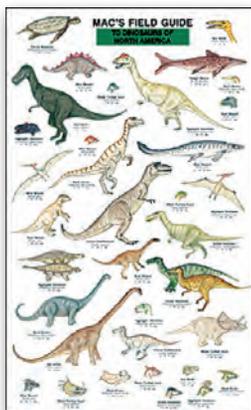
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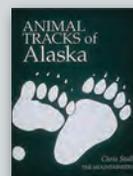
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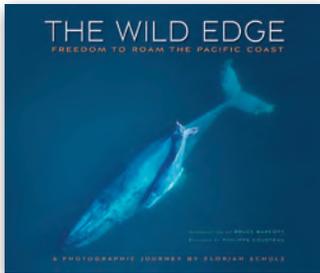
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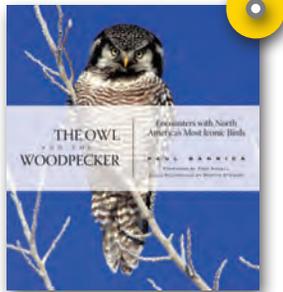
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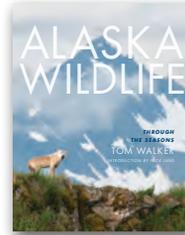
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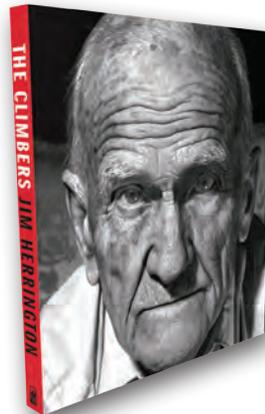
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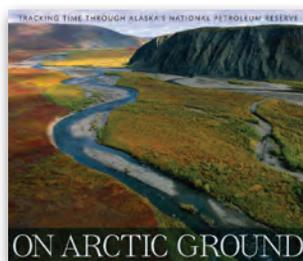
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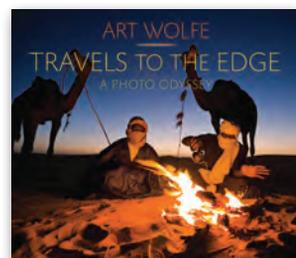
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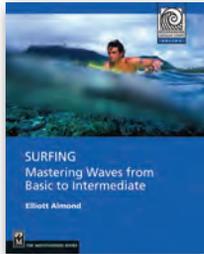
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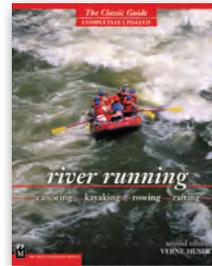
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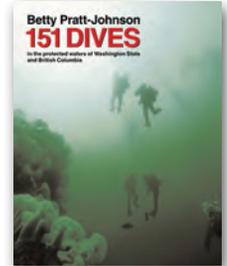
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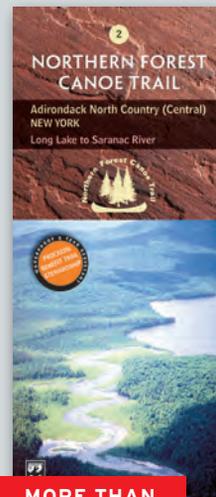
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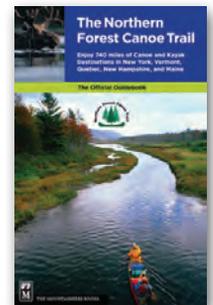


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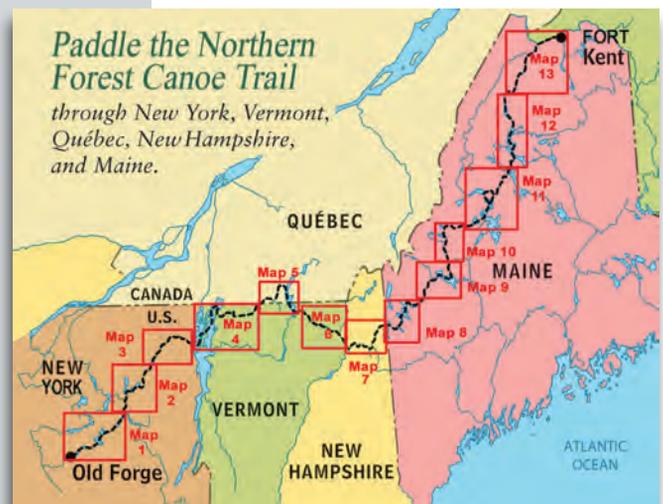
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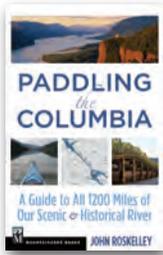
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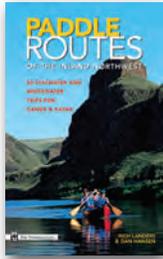


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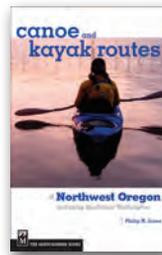
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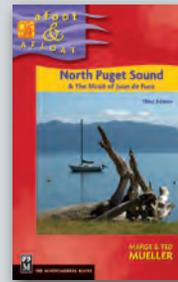
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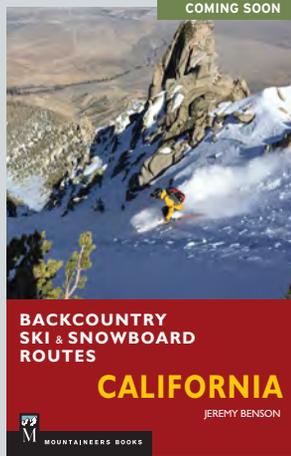
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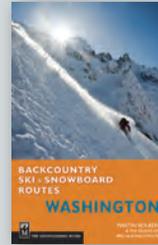
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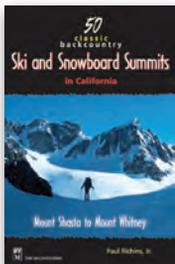
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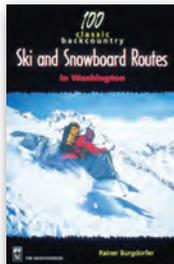
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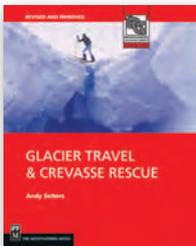
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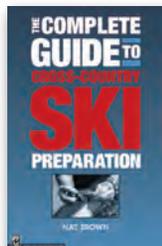
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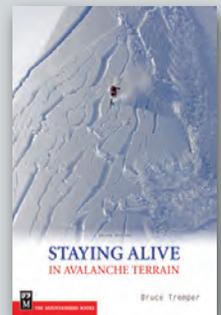
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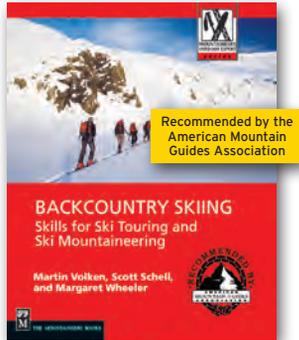
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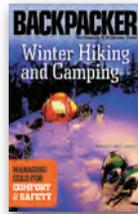
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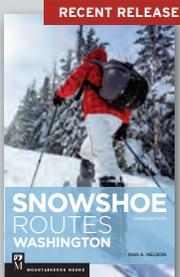
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Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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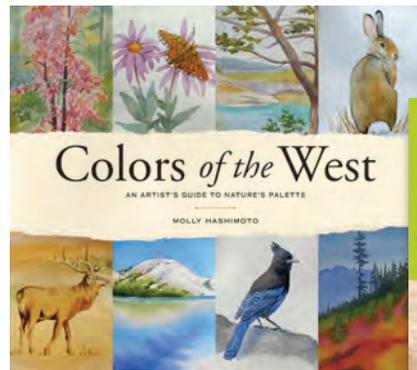
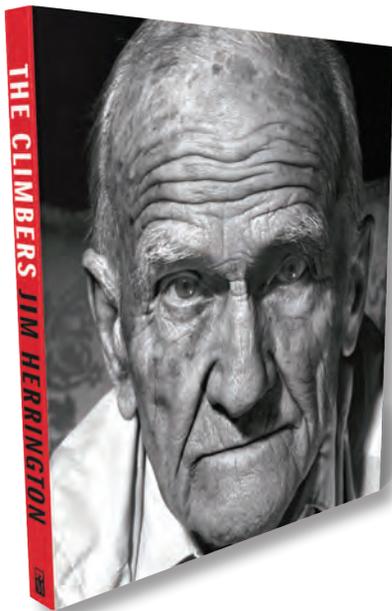


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