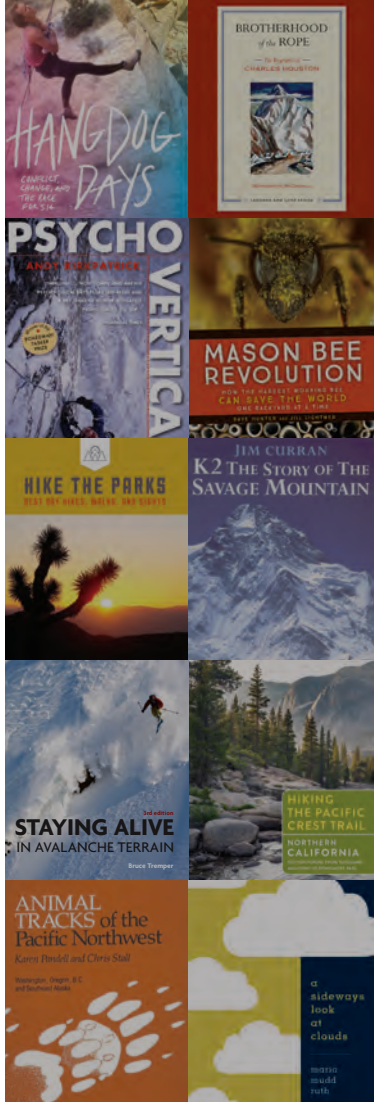


2020  
FALL/  
WINTER  
CATALOG



60  
YEARS  
1960-2020





recreation • lifestyle • conservation

**Mountaineers Books is an independent nonprofit publisher**



**MOUNTAINEERS BOOKS** is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



Richard Nelson, from *Raven's Witness*  
(Nelson archive), page 10

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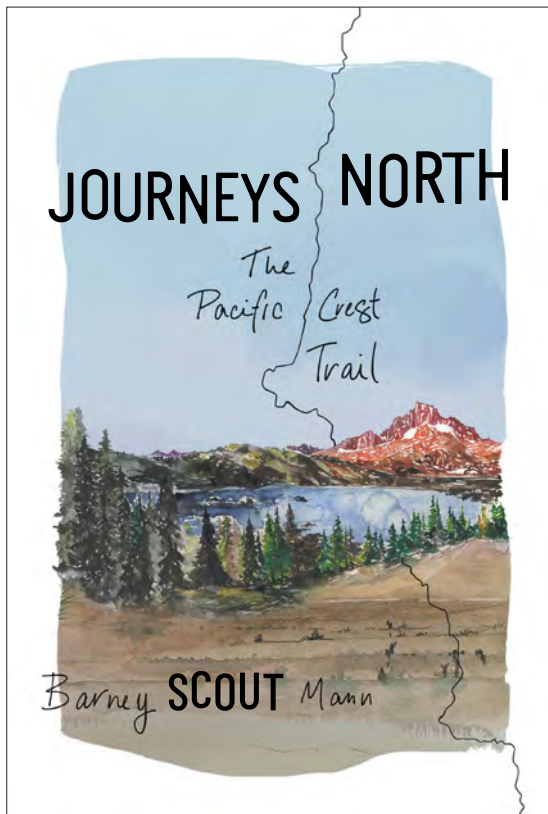
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**SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

**BRAIDED RIVER** features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.



## JOURNEYS NORTH

*The Pacific Crest Trail*

BARNEY SCOUT MANN

AVAILABLE IN AUGUST

320 pages | 6 x 9 | \$19.95 | paperback | 1 map  
 ISBN 978-1-68051-321-9 | ebook 978-1-68051-322-6  
 Memoir/Outdoor Adventure/American West  
 Rights: World

**“Three couples, their stories unfolding, weaving and intertwining over the long-distance trail until the dramatic conclusion traversing snow-covered peaks.”**

**—Mark Larabee, Pulitzer Prize-winning journalist**

- True story of six thru-hikers whose journeys cross and eventually combine in a thrilling finale
- Barney Scout Mann has deep connections in the PCT community
- More people have summited Everest than have completed the PCT

In *Journeys North*, legendary trail angel, thru hiker, and former PCTA board member Barney Scout Mann spins a compelling tale of six hikers on the Pacific Crest Trail as they walk from Mexico to Canada. This ensemble story unfolds as these half-dozen hikers—including Barney and his wife, Sandy—tread north, slowly forming relationships and revealing their deepest secrets and aspirations. They face a once-in-a-generation drought and early severe winter storms that test their will in this bare-knuckled adventure. In fact, only a third of all the hikers who set out on the trail that year (2007) would finish.

As the group approaches Canada, a storm rages. How will this diverse collection of hikers, differing in age, gender, and background, respond to the hardship and suffering ahead of them? Can they all make the final 60-mile push through freezing temperatures, sleet, and snow, or will some reach their breaking point?

*Journeys North* is a story of grit, compassion, and the relationships people forge when they strive toward a common goal.

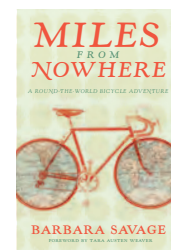


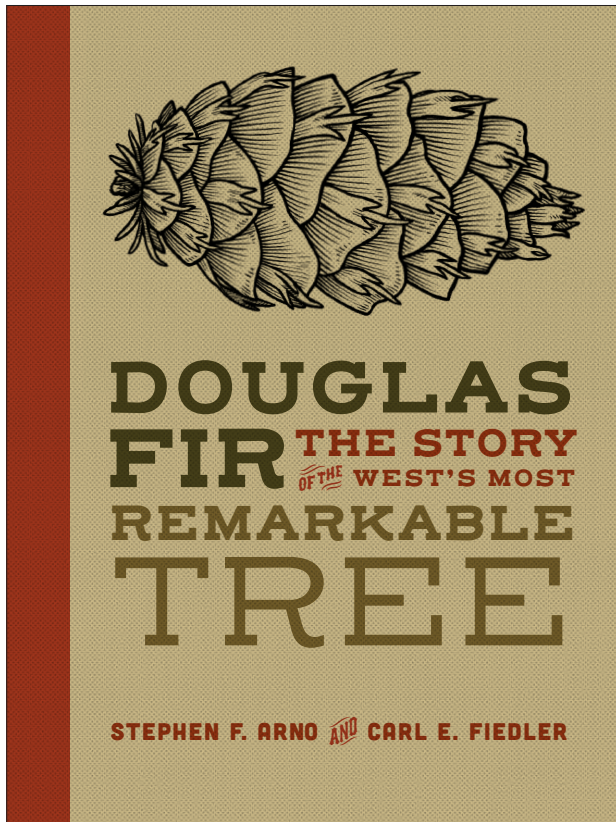
**BARNEY SCOUT MANN** has hiked the Appalachian, Pacific Crest, and Continental Divide Trails. He has been board chair of the Pacific Crest Trail Association and is president of the Partnership for the National Trails System. Mann has been recognized with a Lowell Thomas Journalism Award and is the coauthor of *The Pacific Crest Trail: Exploring America's Wilderness Trail* and author of *The Continental Divide Trail: Exploring America's Ridgeline Trail*. He and his wife, Sandy, live in San Diego and have hosted more than 7,000 PCT hikers.

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#### MORE OUTDOOR ADVENTURES:





## DOUGLAS FIR

*The Story of the West's Most Remarkable Tree*

STEPHEN F. ARNO AND CARL E. FIEDLER

ILLUSTRATIONS BY ZOE KELLER

AVAILABLE IN OCTOBER

192 pages | 6 x 8 | \$21.95 | hardcover

10 b&w photos | 7 illustrations | 1 map

ISBN 978-1-68051-199-4 | ebook 978-1-68051-200-7

Natural History/Trees | Rights: World

**A fascinating natural and cultural history of one of the most iconic trees in the West**

- First general history of the most ubiquitous tree in North America
- Beautiful package perfect for holiday gift-giving
- Appendix identifies the largest Douglas firs in the West

Westerners familiar with their forests may think they know the Douglas fir—but how well do they? Douglas firs are found from British Columbia in the continental northwest to as far south as Oaxaca, Mexico. They flourish in the Cascades, Rocky Mountains, Sierra, and other mountain ranges, as well as in desert valleys.

Incredibly hardy, this tree adopts various strategies to occupy more kinds of habitats than any other native tree, even becoming an uncontrollable invader in some regions, crowding out ponderosa pines, western larch, aspen groves, and mountain grasslands. And the utility of this noble species is impressive. Douglas firs yield more high-quality construction lumber than any other tree in the world.

Most intriguing of all, perhaps, is that the story of the Douglas fir has gone untold. *Douglas Fir* fills this literary gap and presents an engaging profile of this remarkable tree and its relationship to people, commerce, culture, and wilderness.



**STEPHEN F. ARNO** holds a PhD in forestry and plant science and is retired from a career as a research forester with the US Forest Service. Since 1973, he has authored or co-authored six books about forests and trees, including two Mountaineers Books titles, *Northwest Trees* and *Timberline*.

**CARL E. FIEDLER** has a PhD in forestry and ecology and is a retired professor from the University of Montana.

Steve and Carl have coauthored two previous books together. Both authors live in Missoula, Montana.

### YOU MAY ALSO LIKE





## SNOWY OWL

*A Visual Natural History*

## GREAT GRAY OWL

*A Visual Natural History*

PAUL BANNICK

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100 color photos

Birds/Natural History/Photography | Rights: World

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**Stunning explorations of the lives of two of our most mysterious and striking creatures: the Snowy Owl and the Great Gray Owl**

- Images and text reveal the secret lives of these enigmatic birds
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The Snowy Owl—also known as the Arctic Owl, Snowy White Owl, and White Owl—is one of the most easily identified but least understood owls in the world. The Great Gray Owl—also known as the Phantom of the North, Great, Gray Ghost, and Bearded Owl—is one of the largest owl species and lives in the western mountains and boreal regions of North America.

Award-winning author and photographer Paul Bannick delves into the natural history of these owl species, including the latest research, providing readers with comprehensive yet accessible looks at their preferred habitat, hunting and feeding behavior, mating and nesting actions, owlets and fledglings, and more.

Bannick's unique and gorgeous owl images are complemented by additional images of the owls' habitats and other species that share ecosystems with the Snowy and Great Gray. Throughout each narrative, his time in the field observing and photographing these fascinating birds comes to life in evocative, experiential passages.

These two beautiful books follow Bannick's bestselling titles, *The Owl and the Woodpecker* and *Owl*, providing fans with another emotionally rich photographic portfolio and engaging, informative text.



## BREEDING

**S**nowy Owl courtship and mating take place between late April and early June, and when young are produced, they are usually in their nests between early June and late July.

### *The Role of Lemmings*

Snowy Owl breeding is just as enigmatic as their migrations, but one thing is clear: the degree of success or failure is driven by the male's ability to successfully hunt a large number of lemmings. Without them, the male will not be able to attract a mate, convince her to breed, or enable her to lay eggs. Once a male owl has secured a mate and she has scraped a nest into the top of a tundra mound, the female begins to lay eggs, and the male feeds her at the nest while she incubates the eggs and cares for the nestlings.

A spike in lemmings had driven a successful breeding season the first time I photographed Snowy Owls one July on Alaska's North Slope along the Arctic Ocean. I visited several nest sites with researchers from the Owl Research Institute. After running, crouching, and ducking to avoid attacks from a vigilant male during our survey, we counted the prey, eggs, and young and weighed the nestlings.

Plump dead lemmings outnumbered eggs at the first nest we visited. Ten lemmings were scattered around the edges of the shallow depression scraped into the sod of the tundra, with three pure white eggs bunched together in the center. This was a hopeful sign. The male seemed able to secure enough lemmings to feed his mate and the forthcoming young.

Lemming numbers spike and plummet in what has been called a cyclical—but would be more accurately called an unpredictable—fashion, with gains and declines happening both between and within nesting seasons. Somehow Snowy Owls are

67



**PAUL BANNICK** is the award-winning photographer and author of two best-selling books, *The Owl and The Woodpecker: Encounters with North America's Most Iconic Birds* and *Owl: A Year in the Lives of North American Owls*. His first book was a finalist for the Washington State Book Award, and his second received a gold medal in the 2017 Independent Publisher Book Awards. Based in Seattle, Paul travels all over the world in pursuit of wildlife imagery that encourages conservation.

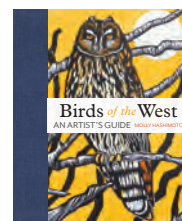
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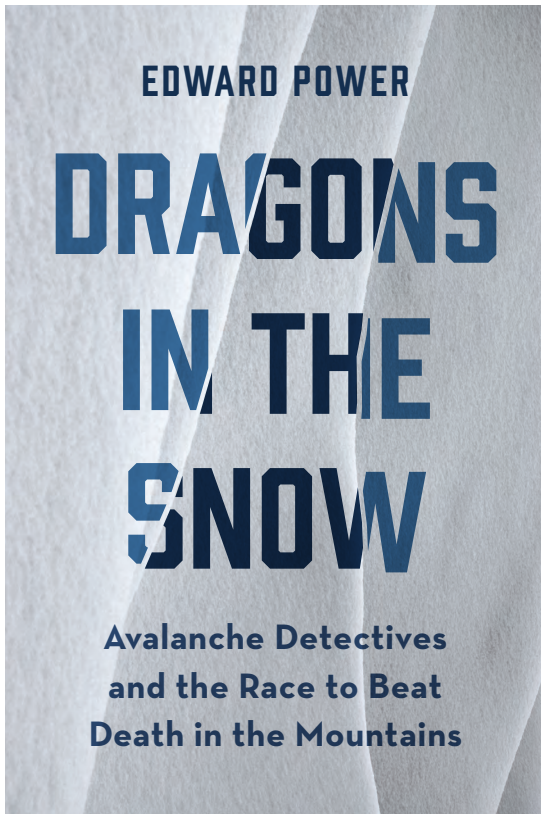
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### ALSO FOR BIRD LOVERS:





## DRAGONS IN THE SNOW

*Avalanche Detectives and the Race to Beat Death in the Mountains*

EDWARD POWER

AVAILABLE IN SEPTEMBER

288 pages | 6 x 9 | \$19.95 | paperback  
ISBN 978-1-68051-296-0 | ebook 978-1-68051-297-7  
Adventure/Winter Sports | Rights: World

**A gripping, fast-paced story that blends backcountry ski and snowboard adventure with avalanche forecasting, rescue, and survival**

- Engaging characters and compelling story pull readers in
- Includes stories of elite mountain athletes and snow scientists from around the country
- Avalanche accidents are on the rise as the popularity of backcountry winter sports grows

Edward Power sets the reader down in the midst of a February 2017 blizzard that raked Utah's Uinta Range as nine snowboarders made their way into the backcountry for a day of intense adventure. As the boarders were taking their first turns, expert avalanche forecaster Craig Gordon was tracking the storm and its impact, posting one of the most dire avalanche forecasts and warnings in his career.

In *Dragons in the Snow*, Power delves into the research and science behind avalanche forecasting and rescue, weaving in the art of backcountry skiing as well as dramatic tales of avalanche accidents, rescues, and recoveries. And he paints compelling portraits of the men and women who have made the study of avalanches their life's work. The tales told by these avalanche forecasters, as well as the stories of the backcountry riders who may "wake the dragon" make for not just a compelling read, but also a powerful tool for raising avalanche awareness in everyone who plays in the backcountry in winter.



**EDWARD POWER** is a former staff writer for *The Philadelphia Inquirer*, as well as a staff writer and editor at *The Virginian-Pilot* newspaper. In early 2016, he and his wife, both avid skiers, moved to northern Utah where Power became fascinated by avalanches after participating in an avalanche awareness course. Power lives with his wife in Eden, Utah.

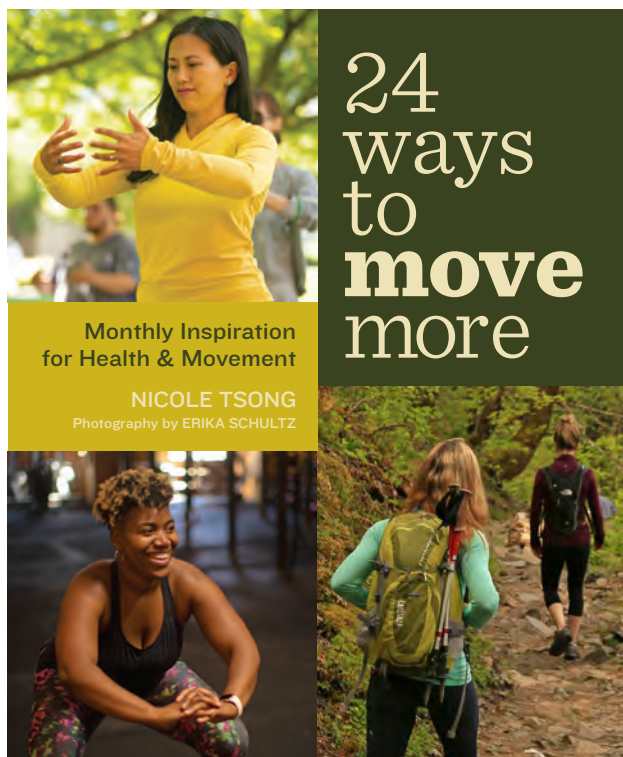
**ONLINE:**

[EdwardPowerWriter.com](http://EdwardPowerWriter.com)

**LEARN MORE ABOUT AVALANCHES**







# 24 ways to move more

Monthly Inspiration  
for Health & Movement

NICOLE TSONG  
Photography by ERIKA SCHULTZ

## 24 WAYS TO MOVE MORE

Monthly Inspiration for Health and Movement

NICOLE TSONG

PHOTOGRAPHY BY ERIKA SCHULTZ

AVAILABLE IN OCTOBER

192 pages | 7 x 8½ | \$21.95 | paperback

100 color photos

ISBN 978-1-68051-274-8 | ebook 978-1-68051-275-5

Exercise/Health/Wellness | Rights: World

Discover new ways to become  
active every month of the year

- From roller skating to hip hop, snowshoeing to tree climbing, fitness can be fun!
- Two new movement activities to try each month
- Features tips on goal setting and how to get started, plus inspirational journal prompts

Our bodies are made to move and are designed to adapt to a range of activity—climbing, sprinting, carrying heavy things, walking long distances. Yet today we move less than *ever* before.

Yoga instructor and fitness expert Nicole Tsong wants to change that. She has tried hundreds of different types of movement and in this new guide, she shares which of those are the most fun, accessible, and body-beneficial. Detailing two new activities for each month of the year, she describes her own experiences trying each movement, then lays out a road map for readers to embark on a similar adventure, starting at beginner level and moving up through “Reach” and “Adventure” goals. For example, readers can choose to walk 35 to 40 minutes twice a week for the whole month, or they can slowly increase mileage each week working up to a 10-, 15, or 20-mile challenge. Tsong also offers quick tips for getting started, basic gear needs and costs, and a “Discovery” section with questions, prompts, and journal space so readers can explore their own movement journeys.



Known for a playful, accessible approach to fitness, health, and wellness, **NICOLE TSONG** wrote the popular column “Fit for Life” in *The Seattle Times* for more than six years and is the author of *Yoga for Hikers* and *Yoga for Climbers* (Mountaineers Books). She has taught yoga for more than a decade and consults as a success coach. She lives in Seattle.

**ERIKA SCHULTZ** is a staff photographer for *The Seattle Times* and teaches photography and video at the University of Washington’s School of Communications.

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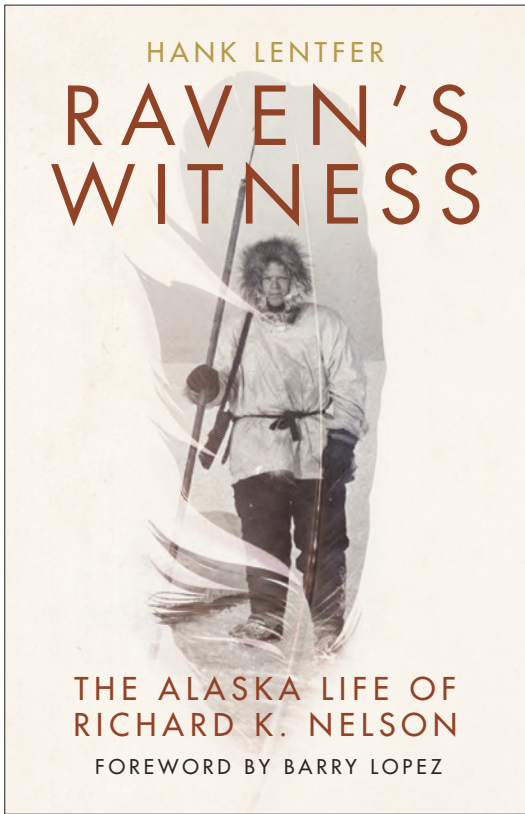
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## RAVEN'S WITNESS

*The Alaska Life of Richard K. Nelson*

HANK LENTFER

FOREWORD BY BARRY LOPEZ

AVAILABLE IN AUGUST

256 pages | 5½ x 8½ | \$24.95 | hardcover

15 b&w photos

ISBN 978-1-68051-307-3 | ebook 978-1-68051-308-0

Biography/Conservation/Alaska | Rights: World

**An inspirational biography of a modern-day John Muir set against the backdrop of Alaska's wilderness, Native cultures, the writing life, and friendships rooted in nature**

- Richard K. Nelson was the host of the national public radio series, "Encounters"
- Nelson was an anthropologist who lived with Alaska Native tribes and spoke both Iñupiaq and Koyukon
- Based on Nelson's journals and interviews with Gary Snyder, Barry Lopez, Rick Bass, and others

"He listened to his [Native Alaskan] teachers, immersed himself in their landscapes as a naturalist, and became, without intending to, a great teacher himself."

—Barry Lopez, from the foreword

Before his death in 2019, cultural anthropologist, author, and radio producer Richard K. Nelson's work focused primarily on the indigenous cultures of Alaska and, more generally, on the relationships between people and nature. Nelson lived for extended periods in Athabaskan and Alaskan Eskimo villages, experiences which inspired his earliest written works, including *Hunters of the Northern Ice*. In *Raven's Witness*, Lentfer tells Nelson's story—from his midwestern childhood to his first experiences with Native culture in Alaska through his own lifelong passion for the land where he so belonged.

Nelson is the author of the bestselling *The Island Within* and *Heart and Blood*. The recipient of multiple honorary degrees and numerous literary awards, he regularly packed auditoriums when he spoke. His depth of experience allowed him to become an intermediary between worlds. This is his story.

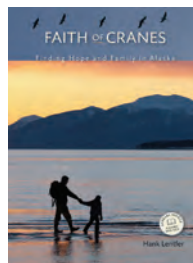


As a lifelong Alaskan, **HANK LENTFER** is familiar with much of the country Richard Nelson wrote about. Their friendship centered on a mutual love of wild country, writing, and listening to wild voices. A biologist by training, Lentfer currently works as a recordist and part-time land steward for The Nature Conservancy. He is the author of *Faith of Cranes: Finding Hope and Family in Alaska* (Mountaineers Books), and lives in Gustavus, Alaska.

### ONLINE:

[www.encountersnorth.org](http://www.encountersnorth.org)

### ALSO BY HANK LENTFER





## THIS LAND OF SNOW

*A Journey Across the North in Winter*

ANDERS MORLEY

AVAILABLE IN SEPTEMBER

256 pages | 6 x 9 | \$19.95 | paperback

1 map

ISBN 978-1-68051-272-4 | ebook 978-1-68051-273-1

Adventure/Natural History/Canada | Rights: World

Every journey begins with a single step, or in Morley's case, the *shush* of cross-country skis

- Winter journey on skis across North America
- Coming-of-middle-age story with endurance, suffering, and revelation
- Centers on authentic characters, the stark northern woods, deep ecology, winter trails, and the right to roam

A passionate skier since he was a child, Anders Morley dreamed of going on a significant adventure, something bold and of his own design. And so one year he decided to strap on cross-country skis to travel across Canada in the winter alone.

*This Land of Snow* is about that journey and a man who must come to terms with what he has left behind, as well as how he wants to continue living after his trip is over. It is an honest, thoughtful, and humorous reckoning of an adventure filled with adrenaline and exuberance, as well as mistakes and danger. Along the way readers gain insight, both charming and fascinating, into Northern outdoor culture and modern-day wilderness living, the history of northern exploration and Nordic skiing, the right to roam movement, winter ecology, and more.

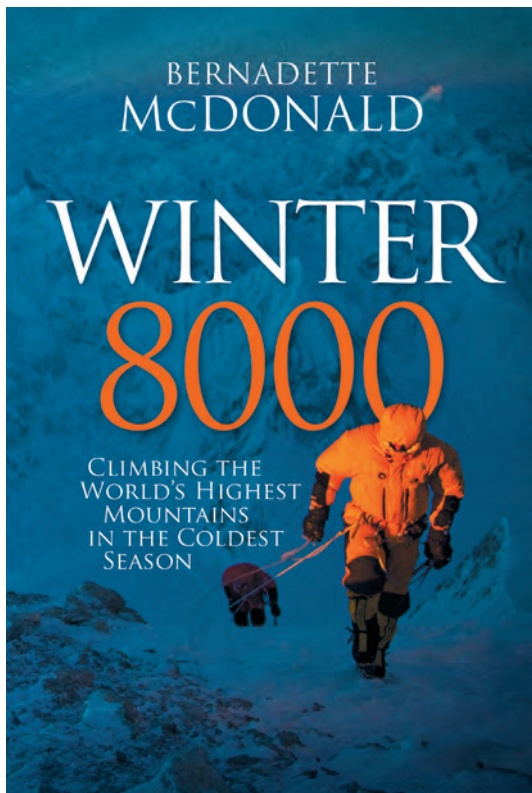
Throughout, Morley's clear, subtle, and self-deprecating voice speaks to a backwoods-genteel aesthetic that explores the dichotomy between wildness and refinement, language and personal story, journey and home.



A dual-citizen of the US and Canada, **ANDERS MORLEY** grew up in New Hampshire and began skiing at age five. After earning degrees in history from Taylor University and St. Andrews University, he settled in Italy and explored the Alps in his free time. A writer and translator whose work has appeared in *The Globe and Mail*, *Northern Woodlands*, *Maisonneuve*, and *The Aurorean*, he lives on an island in the upper St. Lawrence River in eastern Ontario, Canada.

### MORE ADVENTURE STORIES





## WINTER 8000

*Climbing the World's Highest Mountains in the Coldest Season*

BERNADETTE MCDONALD

AVAILABLE IN SEPTEMBER

288 pages | 6 x 9 | \$21.95 | paperback

16 color photos | 16 b&w photos

ISBN 978-1-68051-292-2 | ebook 978-1-68051-293-9

Adventure/Climbing | Rights: North America

**Bravery, obsession, suffering, tragedy, and joy—all willingly accepted by this special breed of people**

### LEGENDS & LORE SERIES

- Recounts some of the most dangerous feats in mountaineering history
- Insights into the human attraction to danger and suffering
- Award-winning author

While you may not expect climbing an 8000-meter peak in winter to be a popular activity, there have been 178 expeditions (as of 2019) to the Himalaya and Karakoram during the cruelest season to do just that. Polish alpinist Voytek Kurtyka termed the practice the “art of suffering.” The stories here range from the French climber Elisabeth Revol’s solo winter attempt of Makalu, to American Cory Richards and his dramatic effort on Gasherbrum II with famed Italian alpinist Simone Moro and Kazakh hard man Denis Urubko. Award-winning author Bernadette McDonald traveled extensively to interview many of the climbers featured in this book—including Revol, the climbing partner of Tomek Mackiewicz, and Anna Mackiewicz, his widow, meeting them just a few months after Mackiewicz’s death on Nanga Parbat. McDonald’s many personal relationships with profiled climbers and her ability to tap into emotions and family histories lend *Winter 8000* an intimacy too often lacking in mountaineering histories.

These accounts prove beyond a doubt that nature is not subservient to man.



**BERNADETTE MCDONALD** worked for twenty years at The Banff Centre, retiring as the vice president of the Banff Centre for Mountain Culture. Few people have the relationships that McDonald does with the world’s most famous and accomplished alpinists. In addition to writing full time, she regularly lectures on a variety of mountain topics for universities, festivals, and alpine club. McDonald lives in Banff, Alberta, Canada.

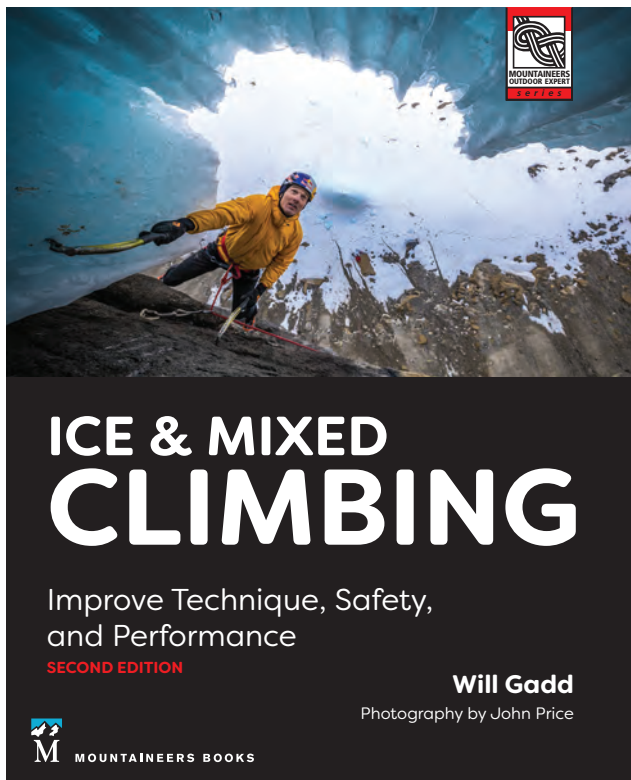
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## ICE & MIXED CLIMBING, 2ND EDITION

*Improve Technique, Safety, and Performance*

**WILL GADD**

PHOTOGRAPHY BY JOHN PRICE

AVAILABLE IN JANUARY

320 pages | 7 x 8½ | \$29.95 | paperback

240 color photos | 18 illustrations

ISBN 978-1-68051-126-0 | ebook 978-1-68051-127-7

Sports/Climbing | Rights: World

**“My passion as an athlete is to climb. From a young age I tried to climb everything in sight. And now, well . . . nothing’s changed.”**

**—Will Gadd**

- Reflects advances in techniques and gear
- All new color photos
- Updated and expanded text

The first edition of *Ice & Mixed Climbing* was groundbreaking: a comprehensive instruction guide to ice and mixed climbing written by one of the sport’s premier practitioners, Will Gadd. Like its predecessor this fully revised and updated second edition features detailed instruction on technique—from the swing of the ice tool to the placement of the feet to combining actions for the greatest efficiency. New sections on climbing glacial ice and expanded discussion of dry-tool placement encourage ice and mixed climbers to get out year round, while a thoroughly revised chapter on training options help them get in top condition.

Gadd has been climbing since, in his words, “dinosaurs wore crampons to Sunday school,” and in this new edition he shares what you need to know to have fun while climbing ice and mixed routes.



**WILL GADD** is an elite multi-sport athlete with championships in sport climbing, ice climbing, and paragliding. He has established new climbing routes and set world records over his peripatetic and productive 30-year career as an athlete, teacher, coach, public speaker, television host, and author. He was named a United Nations “mountain hero” in 2019; his mission is to raise awareness of environmental issues, in particular environmental protection of mountains, where early indicators of the effects of climate change are already visible. Gadd lives in Canmore, Alberta, Canada, with his wife and two daughters.

**JOHN PRICE** is a freelance adventure, lifestyle, and landscape photographer based in Canmore, Alberta, Canada.

#### ONLINE:

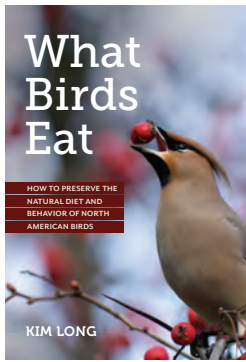
WillGadd.com

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**SKIPSTONE**

## WHAT BIRDS EAT

*How to Preserve the Natural Diet and Behavior of North American Birds*

**KIM LONG**

**AVAILABLE IN SEPTEMBER**

368 pages | 5½ x 8 | \$24.95 | paperback  
300 color photos | 190 illustrations  
ISBN 978-1-68051-300-4 | ebook 978-1-68051-301-1  
Birds/Gardening/Nature | Rights: World English Language

**A unique approach to bird-watching that focuses on what birds eat and how, while sharing ways to support them in our own backyards**

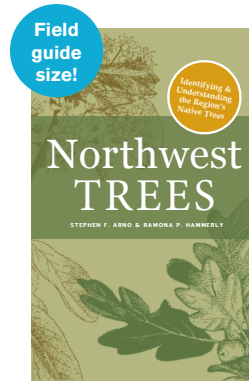
- Explains bird physiology and natural diets, including detailed profiles of their food preferences
- Robust selection of photographs and illustrations

The more than 900 bird species in North America have natural diets ranging from seeds, foliage, nectar, and nuts to fish, insects, crustaceans, carrion, and mammals—and sometimes other birds! *What Birds Eat* explores the senses that birds depend on—sight, sound, odor, taste, and touch—and their food ingestion. Extensive feeding profiles then detail what various species eat naturally and how we can support those diets in backyards and feeders. *What Birds Eat* enriches our understanding, allowing us to engage more meaningfully with birds along the way.



**KIM LONG** is a writer, researcher, and graphic artist who has worked on a number of natural history projects throughout his career. He is the author or coauthor of 54 books and lives in Denver.

**ONLINE:**  
[www.WhatBirdsEat.com](http://www.WhatBirdsEat.com)



## NORTHWEST TREES, 2ND EDITION

*Identifying and Understanding the Region's Native Trees*

**STEPHEN F. ARNO AND RAMONA P. HAMMERLY**

**AVAILABLE IN SEPTEMBER**

304 pages | 5½ x 8½ | \$19.95 | paperback  
7 historical b&w photos | 185 illustrations  
ISBN 978-1-68051-329-5  
Natural History/Trees | Rights: World

**“An essential companion for the amateur tree fan and a valuable source of information for the professional.”**

**—Jerry Franklin, College of Forest Resources, University of Washington**

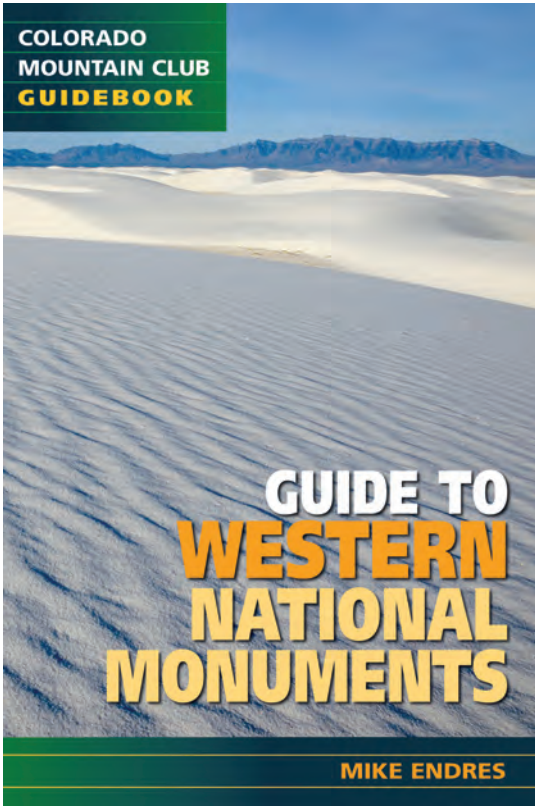
- Perennial favorite in a convenient field-guide size
- Concise natural history facts about more than 60 native species

No other guide offers Arno and Hammerly’s blend of expertise and visual artistry. Covering Washington, Oregon, Idaho, Wyoming, Montana, and British Columbia, they identify and illustrate more than 60 species of indigenous Northwestern trees by characteristic shape, size, needles or leaves, and cones or seeds. This essential guide includes an easy-to-use illustrated identification key based on the most reliable, non-technical features of each species and features the ecology and human history associated with all Northwest trees. A handful of historical photographs and 185 exceptionally accurate drawings bring these trees to life.



**STEPHEN F. ARNO** holds a PhD in forestry and plant science and is retired from a career as a research forester with the US Forest Service. Since 1973, he has authored or coauthored six books about forests and trees.

**RAMONA P. HAMMERLY** is a native of the Puget Sound region. She illustrated the original edition of *Northwest Trees* in 1977 and also provided new illustrations for the 2007 anniversary edition.



# GUIDE TO WESTERN NATIONAL MONUMENTS

MIKE ENDRES

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300 color photos | 60 maps | rounded corners

ISBN 978-1-937052-55-3

National Monuments/The West | Rights: World.

**A beautiful guide to 76 national monuments from Colorado to California and Arizona to Washington**

- The top attractions in 76 national monuments in 11 states (AZ, CA, CO, ID, MT, NM, NV, OR, UT, WA, WY)
- Includes 17 national monuments currently under administration review
- Features spectacular color photos, maps, trailhead directions, and details about each monument

The *Guide to Western National Monuments* showcases 76 of the nation's 122 public lands protected by a presidential decree. These are the best places to visit if you want to hike and camp in spectacular scenery with relatively few people (compared to national parks). Many of the monuments contain ancient ruins, pictographs, and petroglyphs that are still in good condition.

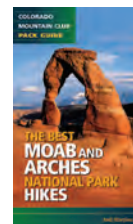
The Antiquities Act of 1906 gave the president authority to establish national monuments as an expedient method for protecting natural and historically significant areas in the United States. Theodore Roosevelt designated the first monument, Devils Tower, and established the long-standing tradition. Many previously designated monuments have changed to national parks or another federal status, while others have been transferred to state control. Nearly half of our current national parks began as national monuments.

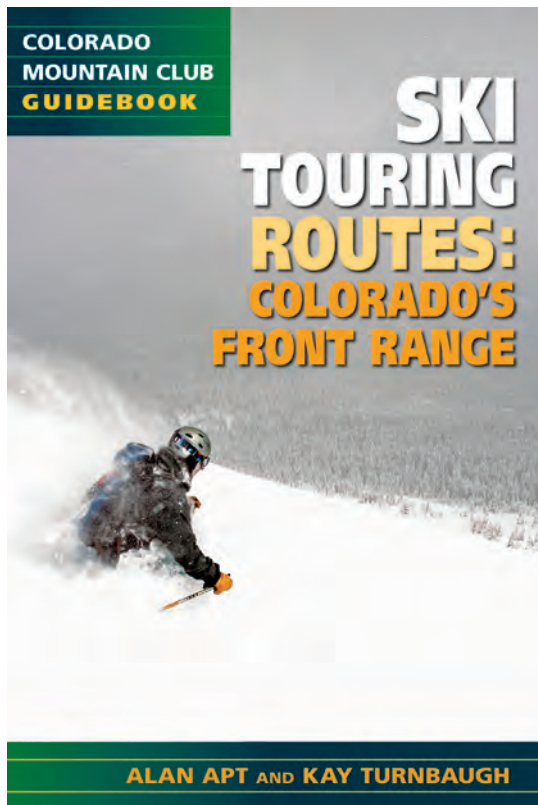
Currently, 23 of the national monuments—including Bears Ears, Golden Butte, and Giant Sequoia—are under review and may be stripped of their protected status. This guide will help readers understand what may be lost to development.



**MIKE ENDRES** has traveled a good part of the world in search of adventure and photography. For this book Mike visited and explored each of the monuments at least once, striving for an understanding of the significance of each as well as attaining the best photographic representation of these protected areas. When not on the road, Mike lives in Colorado Springs with his wife, Gana, and his ever-faithful and adventurous canine companion, Jake.

## YOU MAY ALSO LIKE





## THE BEST SKI TOURING ROUTES: COLORADO'S FRONT RANGE

ALAN APT AND KAY TURNBAUGH

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- Includes color maps and photos with detailed route descriptions

Backcountry skiing is one of the fastest growing segments of outdoor recreation, and *The Best Ski Touring Routes: Colorado's Front Range* connects readers with the most classic ski trails that can be day-tripped from every major Front Range city. Whether you're coming from Denver, Boulder, Colorado Springs, Pueblo, or Fort Collins, this guide showcases breathtaking outings right in your backyard.

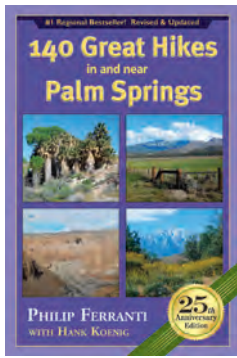
The routes range from beginner-friendly outings to demanding high-altitude mountaineering. Co-written by Alan Apt, author of the bestselling *Snowshoe Routes: Colorado's Front Range*, and Kay Turnbaugh, this is an essential new book for anyone seeking winter fun and adventure. It includes color topo maps and photos, information on avalanche safety, gear discussions and recommendations, and interesting sidebars.



**ALAN APT** has snowshoed, skied, hiked, climbed, and backpacked in Colorado for over 35 years. He's a reformed peakbagger who has climbed many of Colorado's highest mountains. Alan is a former local columnist for the Fort Collins *Coloradan*, and he has contributed to the *Denver Post* and *Boulder Weekly*. He is an Ignite Adaptive Sports ski instructor at Eldora Mountain Resort and a certified member of the Professional Ski Instructors Association.

**KAY TURNBAUGH** is an avid skier, snowshoer, hiker, mountain biker, and road biker who has lived in the small mountain town of Nederland, Colorado, for almost all of her adult life. She was the editor and publisher of *The Mountain-Ear*, an award-winning weekly newspaper in Nederland, for 27 years. She has written six other books including *Afoot & Afield: Denver, Boulder, Fort Collins, and Rocky Mountain National Park* and the WILLA literary award-winning *The Last of the Wild West Cowgirls*.





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WITH HANK KOENIG

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125 color photos | 60 maps | square corners

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**A regional classic for hikers in Palm Springs for more than two decades, with five new routes**

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For 25 years, the bestselling *140 Great Hikes in and near Palm Springs* has served as a staple for anyone exploring the trails surrounding Palm Springs, California. This revised seventh edition, in honor of the book's 25th anniversary, contains five brand-new routes, updated trail descriptions, and modern color photography. Perfect for locals and visitors alike, this guide includes family friendly adventures, spring flower hikes, full-moon walks, dog-friendly frolics, and challenging hikes in the desert and mountains of the Coachella Valley.



**PHILIP FERRANTI** has hiked the western United States for more than 30 years. He has spent much of that time exploring the trails in and near Palm Springs and the Coachella Valley. He founded the Coachella Valley Hiking Club in 1992, has written for *Backpacker* magazine, and is a frequent guest speaker at outdoor hiking conventions. He has written fourteen books, including *Hiking! The Ultimate Natural*

*Prescription for Health & Wellness* and *Colorado State Parks: A Complete Recreation Guide*.



## THE BEST FRONT RANGE BIRD HIKES

NORM LEWIS

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240 pages | 6 x 9 | \$26.95 | paperback

150 color photos | 50 maps | rounded corners

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**Features 500 species of birds that live in or visit Colorado, most of which can be seen along the Front Range**

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- Easy to moderate hikes suitable for most anyone
- Color maps and photos with detailed trail descriptions

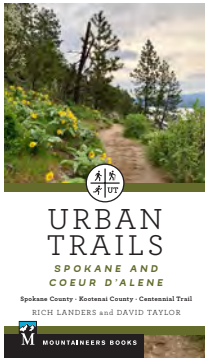
Hiking and birding are two of the most popular pastimes in Colorado and across the country. *The Best Front Range Bird Hikes* is the first book to bridge these activities with information about the best trails for finding birds, as well as information about what trails might host species of particular interest.

Covering the region from Colorado Springs to Fort Collins, emphasis is placed upon describing trails that combine great scenery, historic interest and, of course, great birding. This is an excellent guide for those new to birding, visitors from out of state, and experienced birders looking to add to their life list.



**NORM LEWIS** was introduced to birding in 1984 and immediately became addicted. He currently leads birding outings and tours for the Denver Museum of Nature and Science, and is a past president of the Colorado Field Ornithologists and Denver Field Ornithologists.





## URBAN TRAILS: SPOKANE AND COEUR D'ALENE

Spokane County • Kootenai  
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**RICH LANDERS AND  
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272 pages | 4 x 7 | \$16.95 | paperback

65 color photos | 50 maps

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## URBAN TRAILS: VANCOUVER, WA

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**CRAIG ROMANO**

AVAILABLE IN OCTOBER

256 pages | 4 x 7 | \$16.95 | paperback

65 color photos | 45 maps

ISBN 978-1-68051-259-5 | ebook 978-1-68051-260-1

Guidebook/Hiking/Vancouver-Longview | Rights: World

### Attractive, full-color pocket guides to the best walks, hikes, and runs in these vibrant, growing areas

- Fresh air and exercise on terrific trails just minutes from home
- 50 trails in Spokane and Kootenai Counties, including the Centennial Trail

Longtime outdoors writer Rich Landers teamed up with Coeur d'Alene native David Taylor to write this new volume in the bestselling Urban Trails series. In addition to the paved 63-mile Centennial Trail described in seven approachable segments, Spokane-area highlights include the Finch Arboretum, the Fish Lake rail-trail, High Drive Bluff, Riverside State Park, Turnbull National Wildlife Refuge, Mount Spokane State Park, and more. Around Coeur d'Alene, some featured destinations are Tubbs Hill, Canfield Mountain and Fernan Lake natural areas, Black Bay in Post Falls, Cougar, and Blue Creek Bay.



As the outdoors editor for *The Spokesman-Review*, **RICH LANDERS** explored and covered the region's outdoors scene in stories, columns, blogs, and photos for 40 years. He is the author or co-author of four guidebooks including *Day Hiking Eastern Washington*.



**DAVID TAYLOR** grew up in Idaho and is a retired federal employee. He has hiked throughout the Northwest.

Both authors live in the Spokane/Coeur d'Alene area.

#### ONLINE:

@rich.landiers

@SRoutside

- First guidebook for this fast-growing area
- Written by Washington's most recognized outdoor author

This new addition to the Urban Trails series of popular, close-to-home trails is designed for people of all fitness levels, from walkers to runners to cyclists, who want to get outside for fresh air and some exercise without a long drive or the need to do any planning.

*Urban Trails: Vancouver, WA* covers all of Clark County (population approximately 500,000) from the Columbia River to the trails in the Yacolt Burn State Forest, as well as the Longview-Kelso and Kalama areas in neighboring Cowlitz County. Beyond the trails in Vancouver itself, the guide features hikes in Battle Ground, Ridgefield, La Center, Camas, and Washougal. Highlights include Lewis and Clark Expedition sites, American Indian sites, Fort Vancouver, and the city's historic downtown.

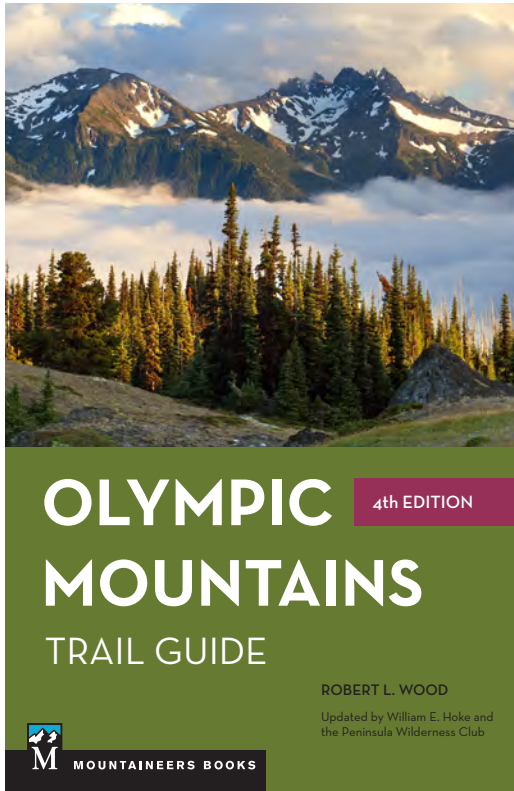


Prolific outdoor author **CRAIG ROMANO'S** relationship with Vancouver goes back more than two decades—his wife Heather grew up there and he has spent a considerable amount of time running and hiking the city and area's trails with his family. Craig is a member of the Friends of the Columbia Gorge and the Columbia Land Trust and writes for the Mount St. Helens Institute's publication, *Rumblings*.

#### ONLINE:

CraigRomano.com

@CraigRomanoGuidebookAuthor



# OLYMPIC MOUNTAINS TRAIL GUIDE, 4TH EDITION

ROBERT L. WOOD

UPDATED BY WILLIAM E. HOKE AND THE  
PENINSULA WILDERNESS CLUB

AVAILABLE IN SEPTEMBER

384 pages | 5½ x 8½ | \$24.95 | paperback

60 b&w photos | 23 maps

ISBN 978-1-68051-250-2 | ebook 978-1-68051-251-9

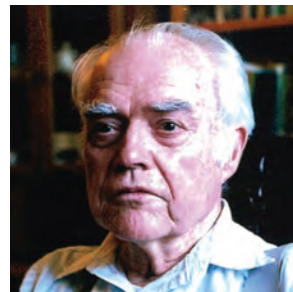
Guidebook/Washington/Hiking | Rights: World

**A guidebook so beloved, its fans  
teamed up to create this new edition**

- The most comprehensive and authoritative guide to the Olympics, first published more than 35 years ago
- Sales of this new edition will benefit Olympic Mountain Rescue

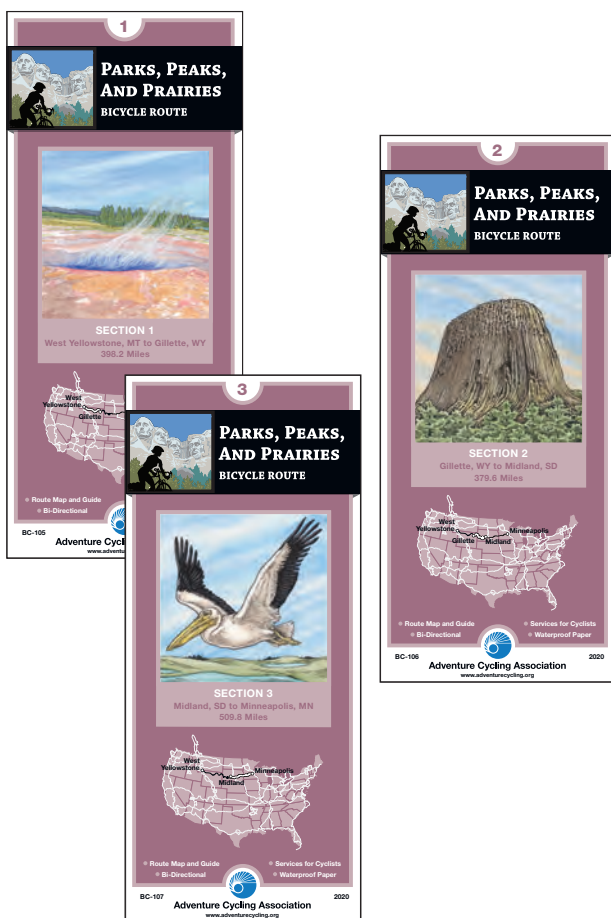
*Olympic Mountains Trail Guide* is a treasured, classic guidebook to one of the region's top hiking destinations. Reading Bob Wood's text is like having an old friend describe last weekend's hike to you. Wood passed away in 2003 but Bill Hoke, Doug Savage, and volunteers from the Peninsula Wilderness Club put on their hiking boots to research this thorough update.

Every trail has been rehiked and fact-checked. Every new trailhead or rerouted path is documented in the descriptions, and 30 all-new trails have been added, bringing the total number of hikes within Olympic National Park and Olympic National Forest to 206. *Olympic Mountains Trail Guide* remains the ultimate resource for this hiker's paradise.



**ROBERT L. WOOD** first saw the Olympics in 1946. From then on, he spent countless hours and walked thousands of miles exploring the range and writing about it. He wrote four respected histories about Olympic National Park. Wood died in 2003 at the age of 78, having lived a full life.

**WILLIAM E. HOKE** grew up in the Midwest. Shortly after moving to the Pacific Northwest, he graduated from the Mountaineers' Basic Climbing course. He has led summit climbs of Washington's volcanoes and hiked more than 2,000 miles in Olympic National Park, much of it solo. Bill was an outdoor columnist for the *Kitsap Sun* and is the author of *River Voices on the Duckabush: Poems and Life Stories*. He lives in Bremerton, Washington.



## PARKS, PEAKS, AND PRAIRIES BICYCLE ROUTE

*Map/Section 1: West Yellowstone, Montana – Gillette, Wyoming (398 miles)*

*Map/Section 2: Gillette, Wyoming – Midland, South Dakota (380 miles)*

*Map/Section 3: Midland, South Dakota – Minneapolis, Minnesota (510 miles)*

ADVENTURE CYCLING ASSOCIATION

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Two-sided, three-map set | 3¾ x 8¼ folded | full-color

\$15.75 each | Section 1 ISBN: 978-1-7322847-4-6,

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1-7322847-6-0 | Bicycle Touring/Map | Rights: World

**Pedal through Yellowstone National Park, Devils Tower National Monument, Mt. Rushmore National Memorial, the Black Hills, Badlands National Park, and along rolling Minnesota river plains**

- Route connects the TransAmerica Trail at West Yellowstone, MT, to the Northern Tier at Minneapolis, MN
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Experience the diversity of scenic hot spots and variable terrain while riding this route. The 1,288-mile route consists of three maps, and includes two short alternates in the Black Hills and Badlands National Park. In 1872 Yellowstone became the first national park due to its hydrothermal wonders. It sits on top of a dormant volcano and features more geysers and hot springs than anywhere else on Earth. Devils Tower rises 1,267 feet above the Belle Fourche River and looms above the northeastern Wyoming landscape.

The Black Hills are an isolated mountain range in western South Dakota. Their name comes from the dark appearance of the trees that cover them, as seen from a distance. Mt. Rushmore National Memorial and other notable sites are located in these hills. One of the world's richest fossil beds, Badlands National Park consists of pinnacles, spires, and sharply eroded buttes interspersed with the largest, protected mixed-grass prairie in the United States.

**ADVENTURE CYCLING ASSOCIATION** inspires, empowers, and connects people to travel by bicycle. It is the largest non-profit cycling organization in North America with over 50,000 members.

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**THE WILD  
LINES OF  
JEREMY  
COLLINS**  
2021 Wall Calendar  
**JEREMY COLLINS**

**AVAILABLE IN JULY**

24 pages | 12 x 12 (closed) | 12 x 24 (open) | \$19.95 | paper  
full-color illustrations | hole at top for hanging  
shrink-wrapped with cardboard stabilizer  
ISBN 978-1-68051-342-4 | Calendar | Rights: World

**Award-winning artist and storyteller Jeremy Collins presents 12 new, hand-drawn works for 2021**

- Drawings suitable for framing, printed on FSC-certified paper
- A perfect gift for the art or nature lover

Jeremy Collins is back with a new calendar for 2021. His art ranges from scenic paintings to journal sketches, all inspired by his wilderness adventures. Calendar dates include standard national holidays as well as dates relevant to the outdoor, conservation, and adventure communities—from Ansel Adams’s and Margaret Murie’s birthdays and World Soil or International Snow Leopard Day to helpful reminders to get out for a pre-Christmas hike or solstice camping trip. Each month includes a mini-essay by Jeremy about his artwork, inspirations, or environmental history, and action prompts to encourage community engagement.



**JEREMY COLLINS** roams the earth with sketchbooks in hand, dumping his soul into their pages. It is in the folds of those pages that his particular worldview was born—from authentic travel and adventures as an exploratory rock climber to award-winning filmmaker and author.

**ONLINE:**  
JerCollins.com  
@jercollins  
@jeremycollinsart



**JOHN MUIR BLANK  
JOURNAL**  
ILLUSTRATION BY  
**JEREMY COLLINS**

**AVAILABLE IN JUNE**

128 pages | 5½ x 7 | \$12.95  
four-color cover | hardcover | ISBN 978-1-68051-343-1  
Blank Journal | Rights: World

**Inspiration in your pocket, this journal will help you express your thoughts while you are out in nature**

- Cover art by well-known outdoor artist Jeremy Collins
- Features a handful of Muir’s beloved quotes on wilderness and creativity

Jeremy Collins’s evocative cover portrait captures the ethic and spirit of John Muir, America’s godfather of appreciation for and adventure in the outdoors. This journal lets you take Muir on your own adventures with lightly lined pages on which artists can sketch and paint, while poets can write haiku or sonnets and naturalists can record their wilderness observations.

The John Muir Blank Journal is a great gift for outdoor enthusiasts. Beautiful yet inexpensive, it encourages you to observe and reflect on the wonder of nature—just what many people want in an adventure.

**GREEN TRAILS MAPS** 1145X

**NORTH CASCADES LAKE CHELAN**  
GLACIER PEAK

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North Cascades National Park  
Lake Chelan-Sawtooth Wilderness • Glacier Peak Wilderness  
*Hike • Bike • Horseback • Climb • Walk*  
Lake Chelan Nat'l Rec. Area  
Okanogan-Wenatchee Nat'l Forest

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SOLAR POWERED! NO BATTERIES REQUIRED!

BOOTS ON THE GROUND ACCURACY  
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Opal Creek Wilderness  
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*North Cascades • Lake Chelan, WA*  
*Valley of Fire • Moapa Valley, NV*  
*Wasatch Back Valley, UT*

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See pages  
53-56 for the  
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- More than 150 backcountry maps for Western states
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As every experienced backcountry adventurer knows, possessing solid tools for navigation is one of the Ten Essentials for a safe adventure. There are, of course, many technological options out there, but to truly be prepared there's really nothing better than a paper map—and there's absolutely no better map than a color topographic Green Trails Map. Fully vetted and high quality, Green Trails Maps are not only useful for trip planning but will keep backcountry travelers on track, long after the batteries have died on other navigational devices.

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## THE AMERICAN ALPINE JOURNAL 2020

*The World's Most Significant Long Climbs*

THE AMERICAN ALPINE CLUB

AVAILABLE IN SEPTEMBER

368 pages | 6 x 9 | \$35 | paperback

300 color photos | 4 illustrations | 8 maps

ISBN 978-0-9998556-8-3

Sports/Mountaineering/Annual | Rights: World

**With hundreds of reports, photos, and maps, the *American Alpine Journal* is the world's most comprehensive and respected source for each year's new climbs and expeditions.**

- The *AAJ* goes beyond social media, video clips, and marketing copy with in-depth reports on major climbs, written by the climbers and carefully edited by a team of experts
- "Recon" sections cover the history, recent climbing activity, and new-route potential of a wild area. This year: the wild mountains of Tierra del Fuego.
- 2020 edition includes a special report: the state-of-the-art of women's climbing

Published annually since 1929, the *American Alpine Journal* (*AAJ*) is renowned as the world's journal of record for long new climbs of all kinds. The *AAJ* publishes each year's most compelling stories, told by the climbers themselves and carefully edited by a team of experts. Each year, many newly discovered climbing destinations are revealed, from Alaska to the Karakoram.

The **AMERICAN ALPINE CLUB** is the leading organization representing climbers in the United States. *The American Alpine Journal* is written by hundreds of contributors from around the world. *Accidents in North American Climbing* is written and edited by a team of volunteers, staff, and regional correspondents. Dougald MacDonald is American Alpine Club Executive Editor.



## ACCIDENTS IN NORTH AMERICAN CLIMBING 2020

THE AMERICAN ALPINE CLUB

AVAILABLE IN SEPTEMBER

128 pages | 6 x 9 | \$14.95 | paperback

40 color photos | 12 illustrations

ISBN 978-0-9998556-9-0

Sports/Climbing/Annual | Rights: World

***Accidents in North American Climbing* presents detailed accounts and in-depth analysis of rock climbing, mountaineering, and ski mountaineering accidents and rescues. Learn from the mistakes of others, so you'll be a safer climber.**

- Beginners and expert climbers alike rely on the stories and analysis in *Accidents* to become safer climbers.
- "Know the Ropes" and "Essentials" articles, written by certified guides and rescue professionals, offer focused how-to advice throughout the book.
- Look for increased coverage of avalanche incidents in 2020!

Since 1948, the American Alpine Club has documented the year's most teachable climbing accidents, providing invaluable lessons to climbers. In *Accidents in North American Climbing*, each incident is thoroughly analyzed so climbers can avoid similar mistakes in the future. In our "Know the Ropes," "Essentials," and "Danger Zones" sections, professional guides and other experts offer in-depth instruction and copious illustration to help prevent avoidable accidents. This year, *Accidents* is increasing reports of avalanche incidents of all kinds.

### ONLINE:

Publications.AmericanAlpineClub.org

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# AWARD WINNERS—NOW IN PAPERBACK



## WILDFIRE

*On the Front Lines with Station 8*

HEATHER HANSEN

AVAILABLE IN OCTOBER

320 pages | 6 x 9 | \$17.95 | paperback

8 b&w photos

ISBN 978-1-68051-339-4 | ebook 978-1-68051-072-0

Natural History/The West/Wildfires | Rights: World

### Named one of *Outside* magazine's 2019 "Contemporary Adventure Canon" titles

"*Wildfire* is a primer on both wildfires and firefighting. Hansen mixes history with interviews and descriptions, and the book has a nice you-are-there feeling . . . a book that defines the challenge of fighting the devastation that wildfires bring." —*The Denver Post*

"*Wildfire* is a remarkable piece of immersive journalism. . . . An excellent and entertaining book at a critical time in the relationship between humans and fire." —Peter Heller, author of *The Dog Stars* and *Celine*

"In *Wildfire*, Heather Hansen's lively reportage . . . [and] expertly deconstructed insights come together in a taut final chapter that chronicles the July 2016 [Boulder, Co.] Cold Springs fire. This thoughtful book answers some questions about mitigating human and environmental effects but also warns of political and economic roadblocks." —*Foreword Reviews*

**HEATHER HANSEN** is an award-winning reporter, specializing in environmental and travel journalism.



## A SIDeways LOOK AT CLOUDS

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**MARIA MUDD RUTH** is also the author of *Rare Bird: Pursuing the Mystery of the Marbled Murrelet*, a critically acclaimed natural history (Mountaineers Books). She lives in Olympia, Washington.

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Strawberry sea anemones surround a giant acorn barnacle. Most anemones eat plankton, crab, and small fish, but some larger species prey on jellyfish and sea stars. (Photo by Brandon Cole, from *We Are Puget Sound*)

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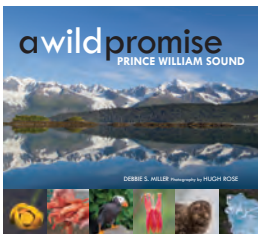
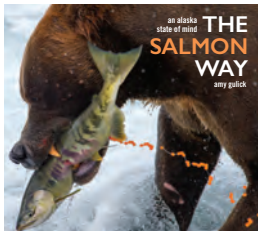
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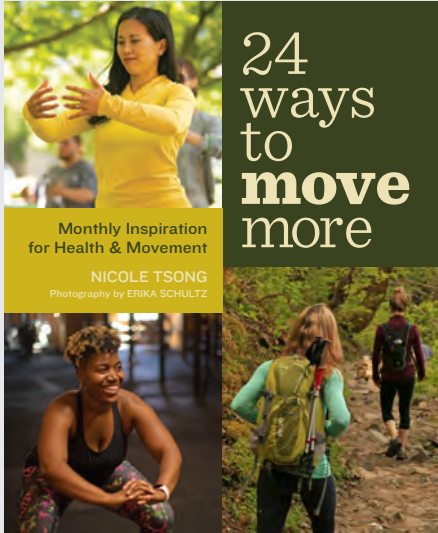


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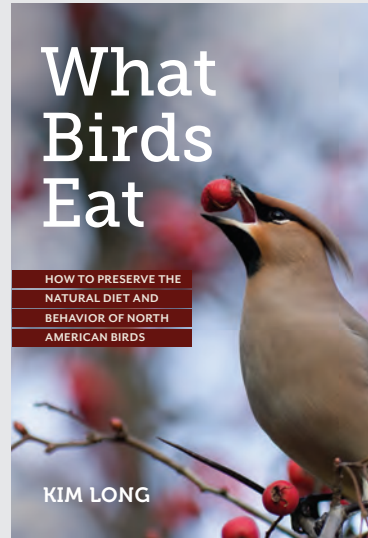


Playing ultimate is one of the many creative ways author Nicole Tsong suggests trying if you want to incorporate more movement in your life. (Photo by Erika Schultz, from *24 Ways to Move More*)

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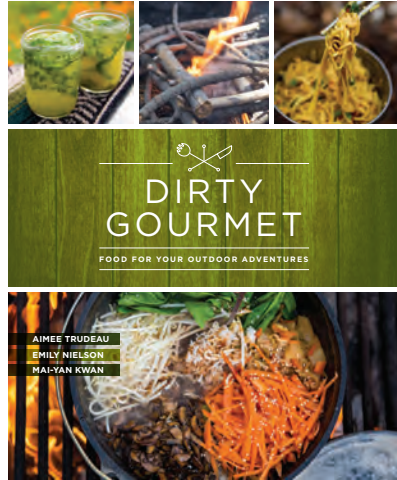
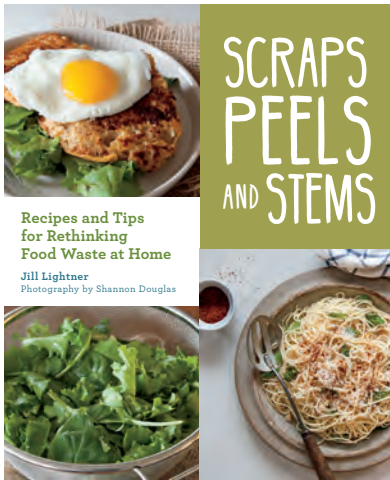


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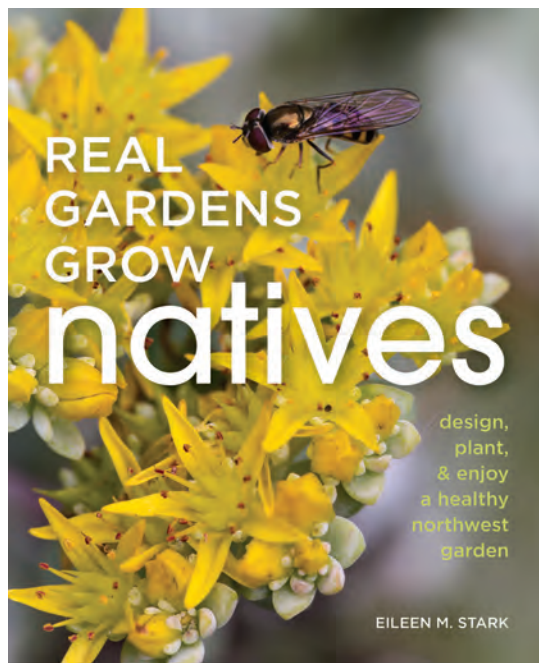
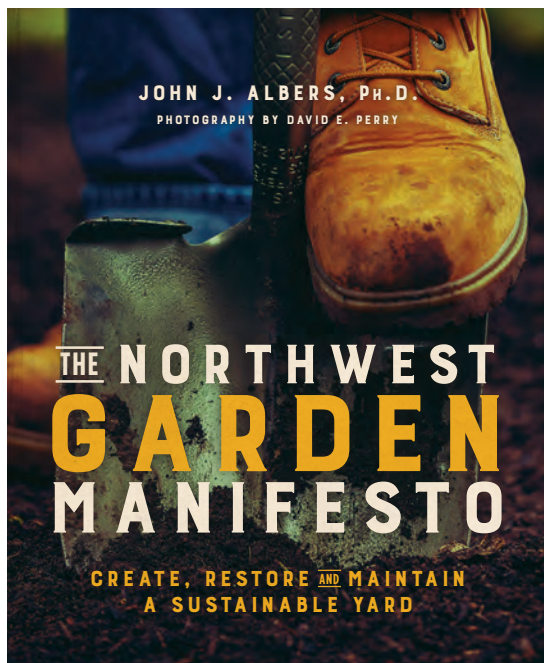
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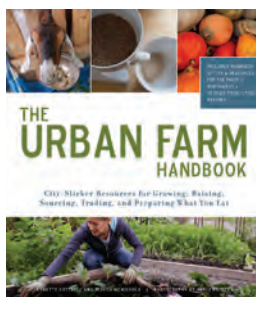
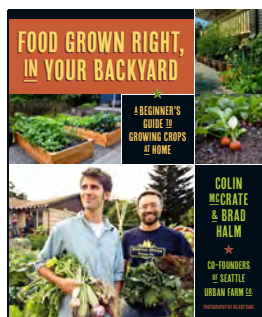
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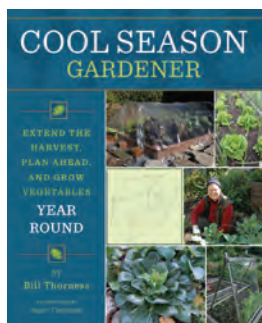
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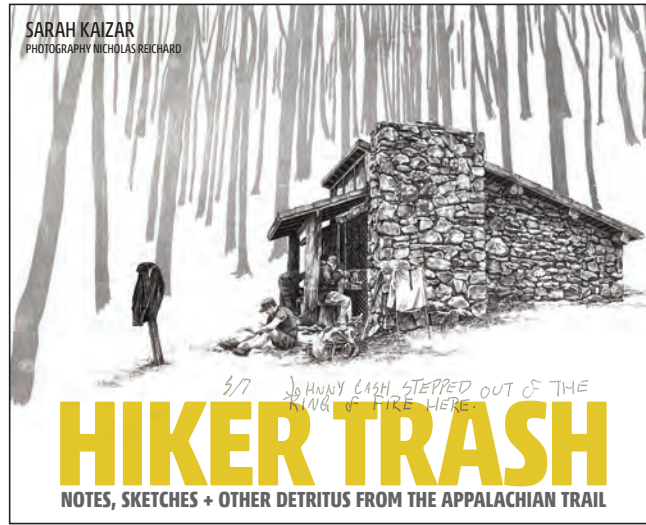
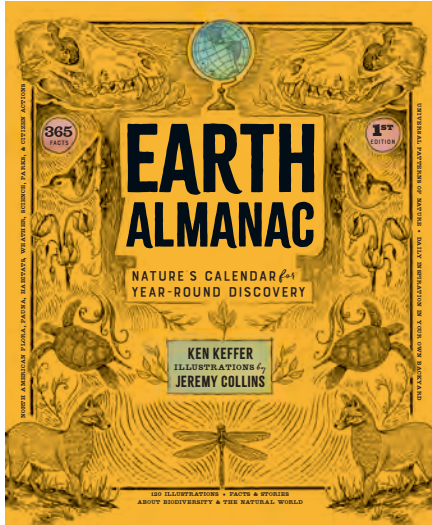
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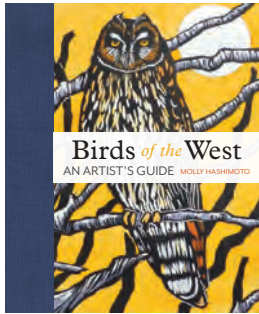
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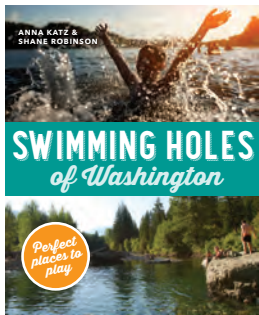
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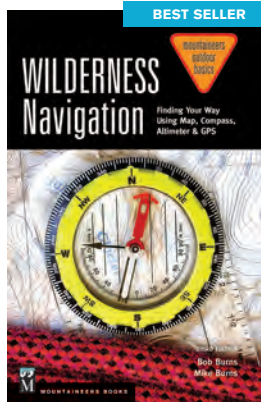
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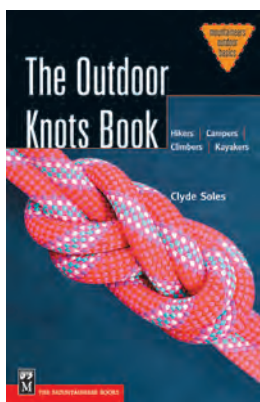
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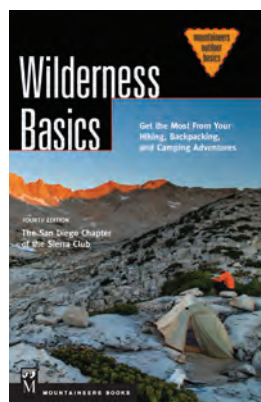
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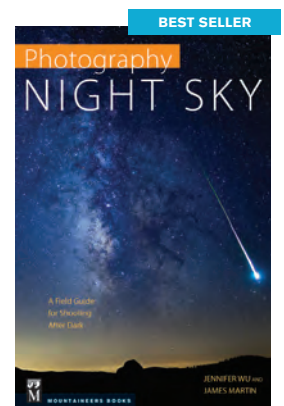
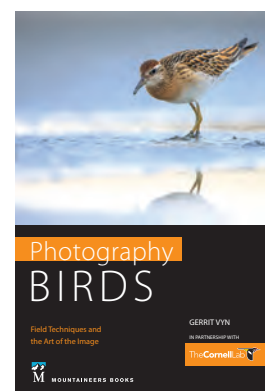
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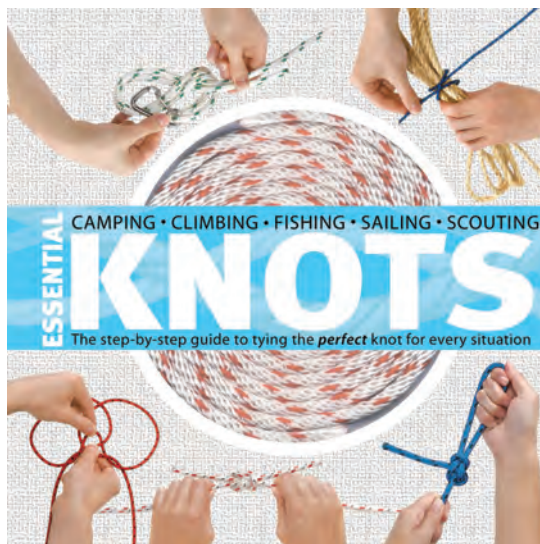


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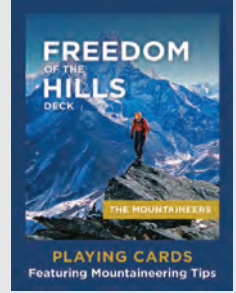
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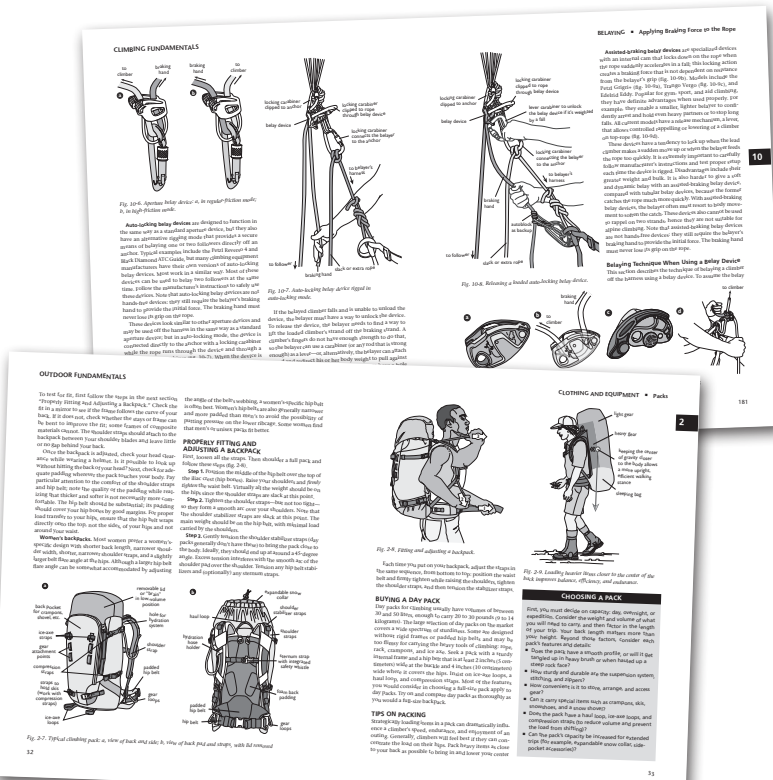
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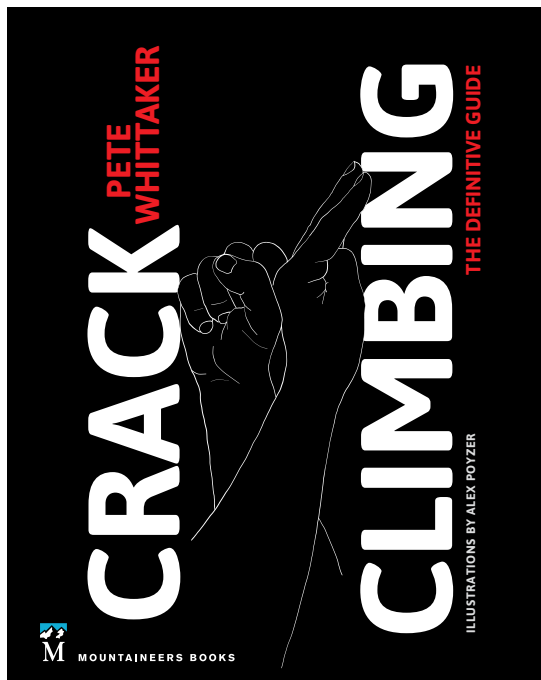
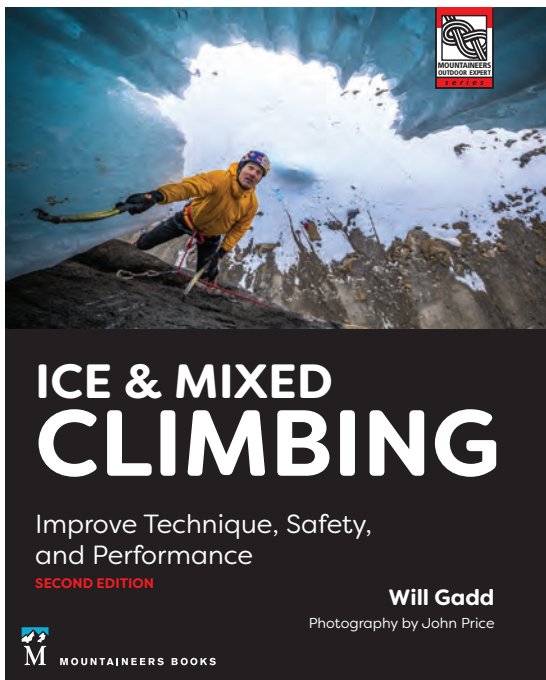
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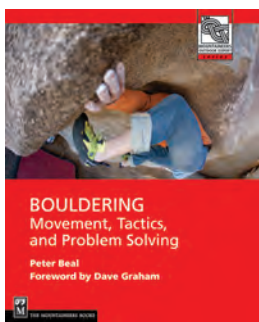
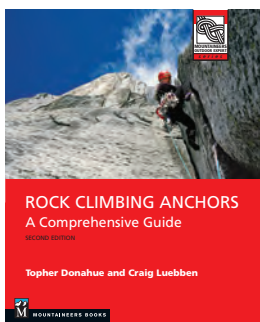
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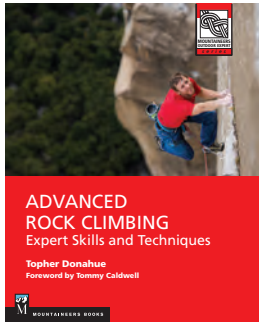
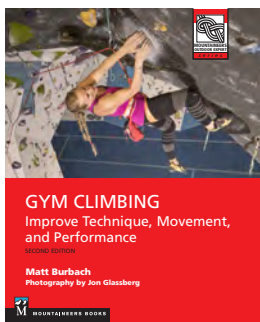
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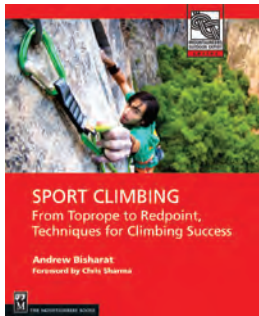
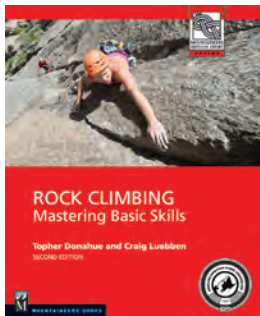
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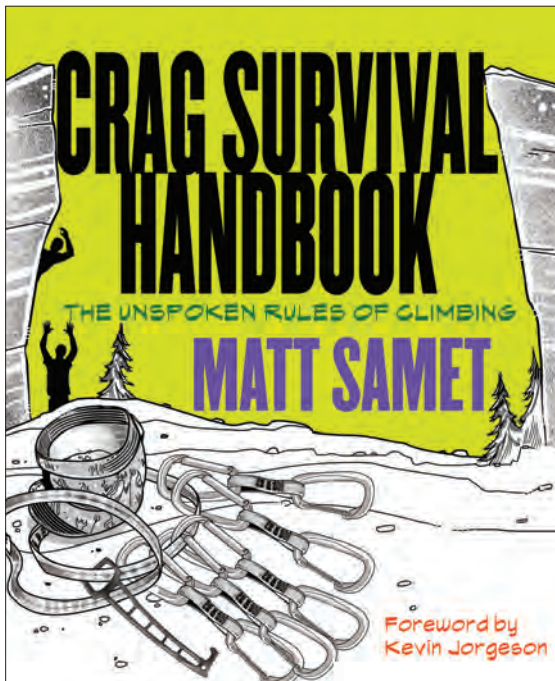
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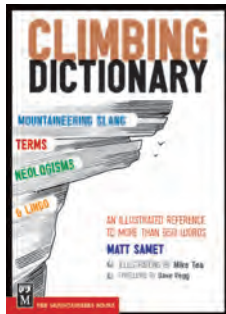
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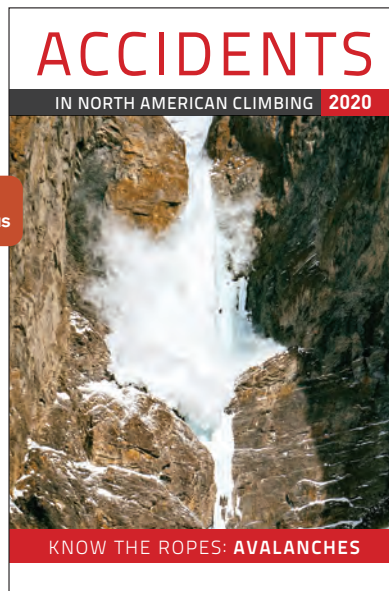
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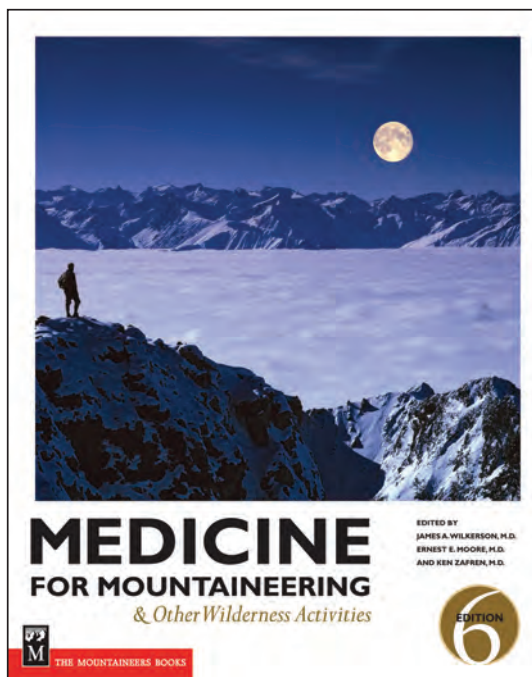


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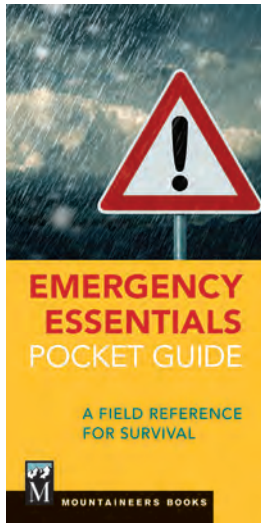
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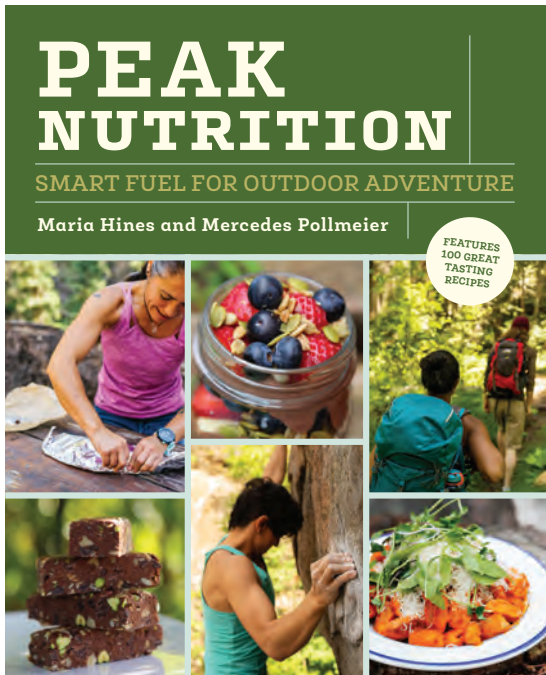
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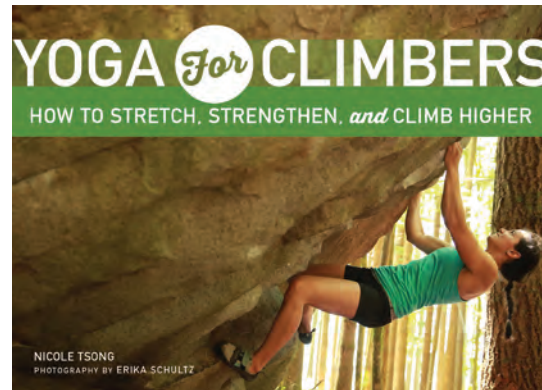
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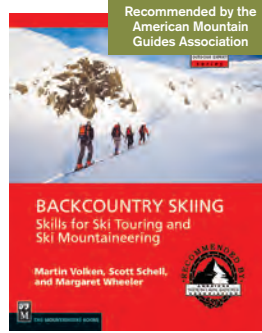
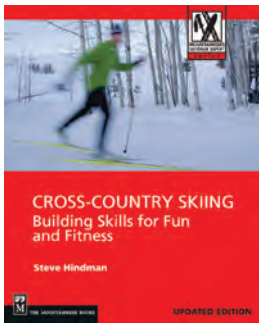
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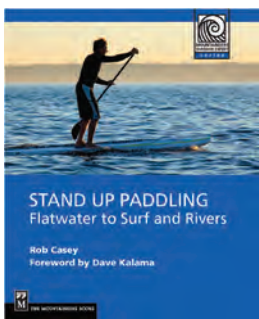
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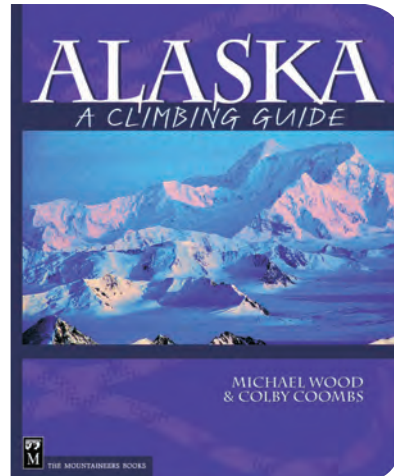
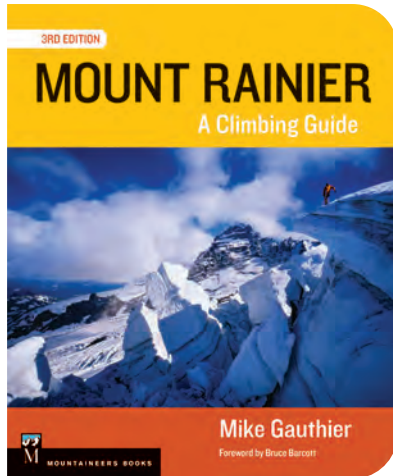
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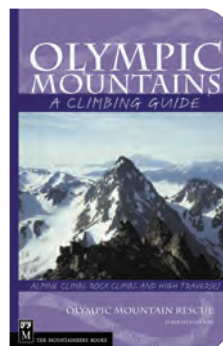
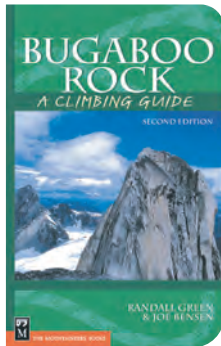
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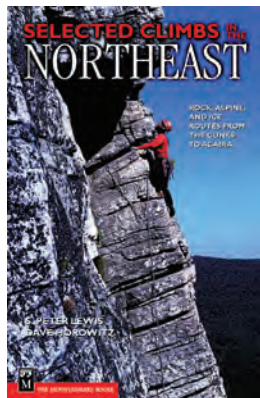
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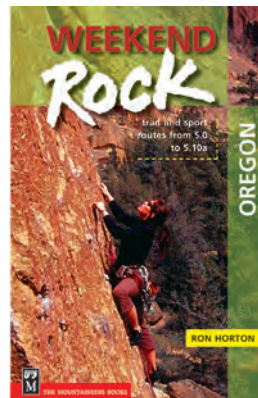
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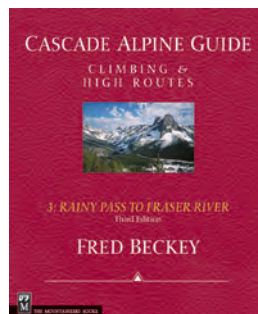
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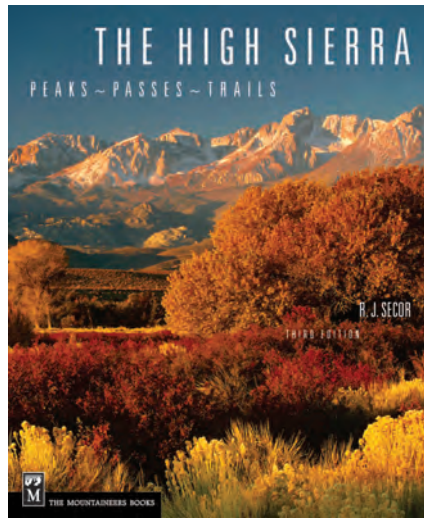
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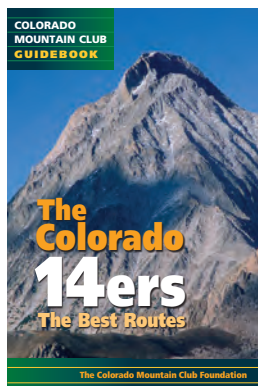
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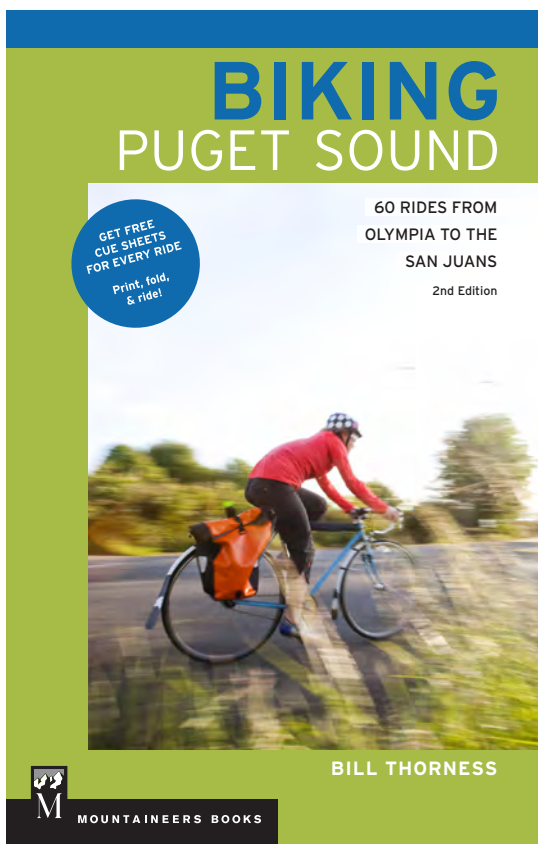
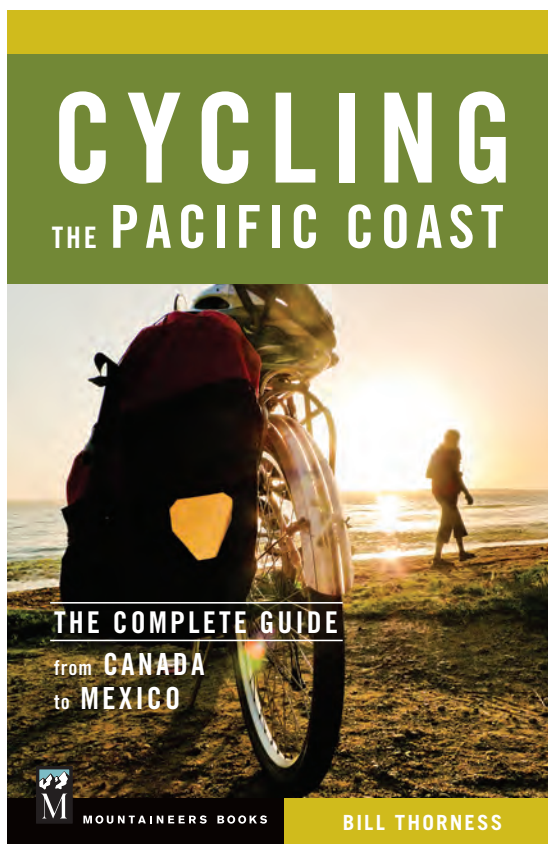
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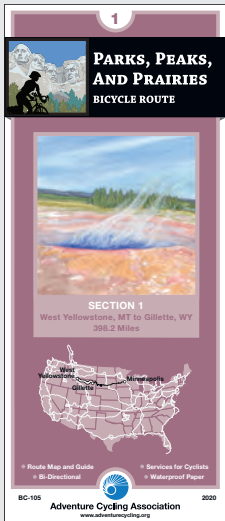
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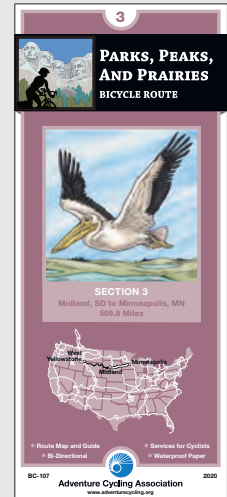
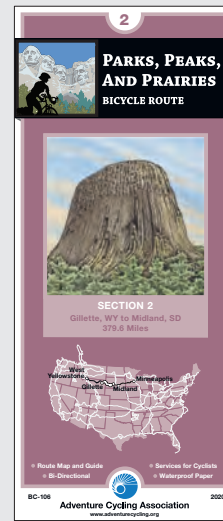
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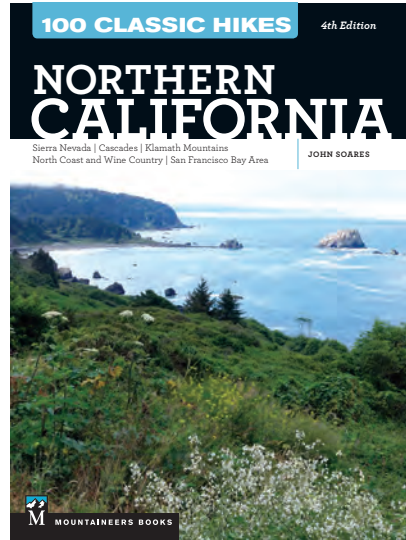
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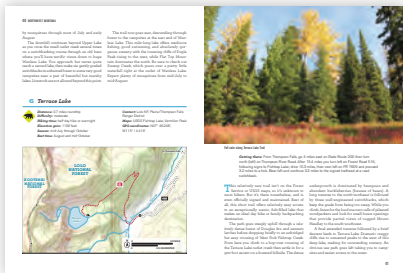
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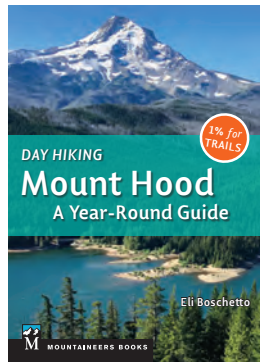
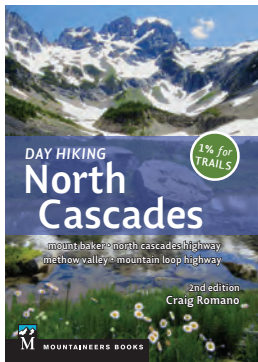
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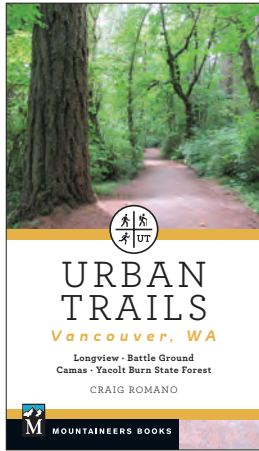
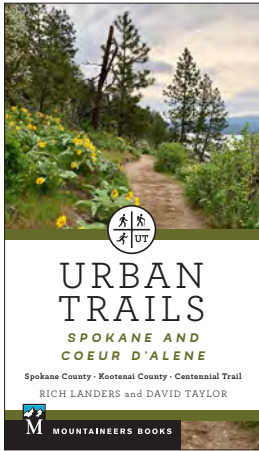
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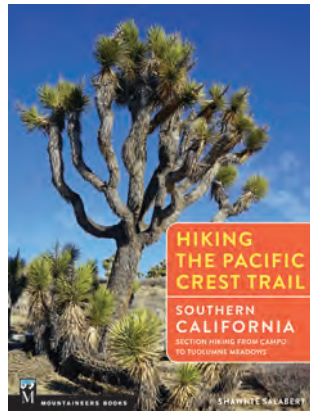
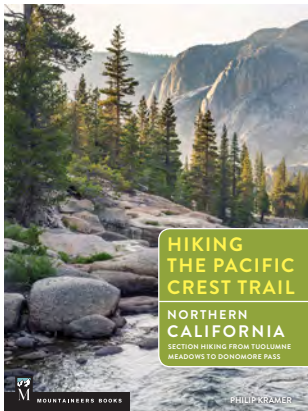
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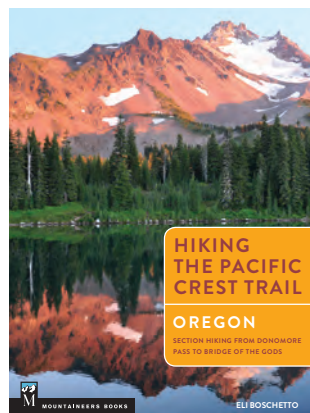
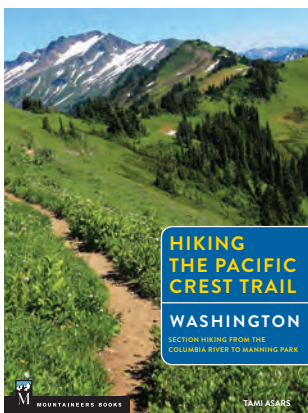


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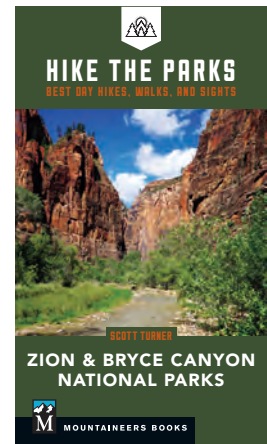
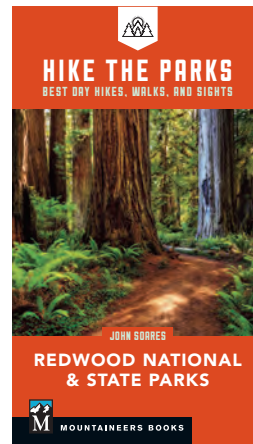
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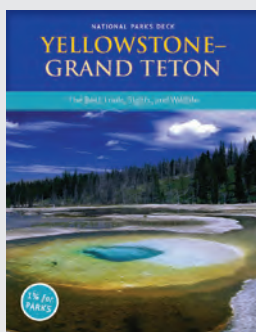
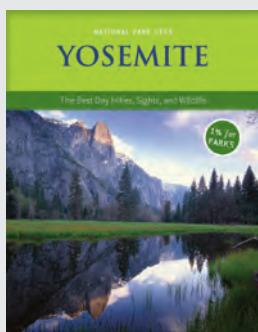
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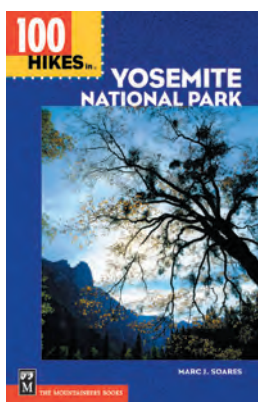
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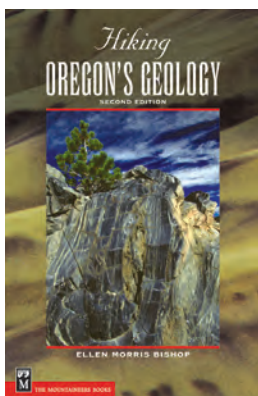
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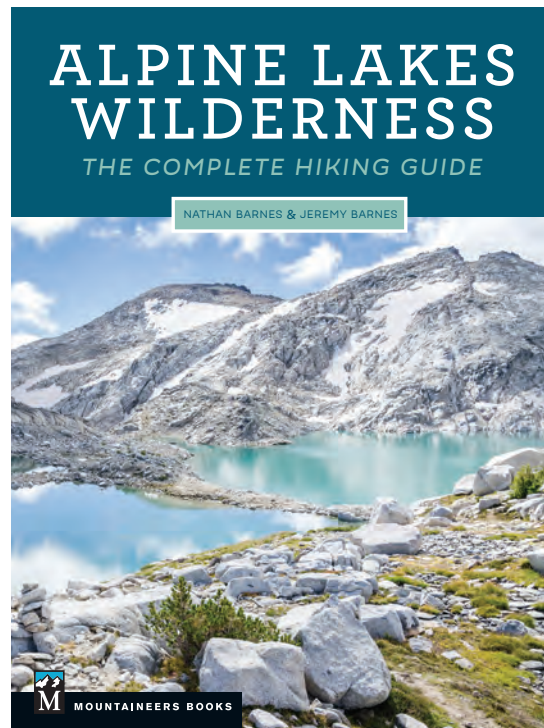
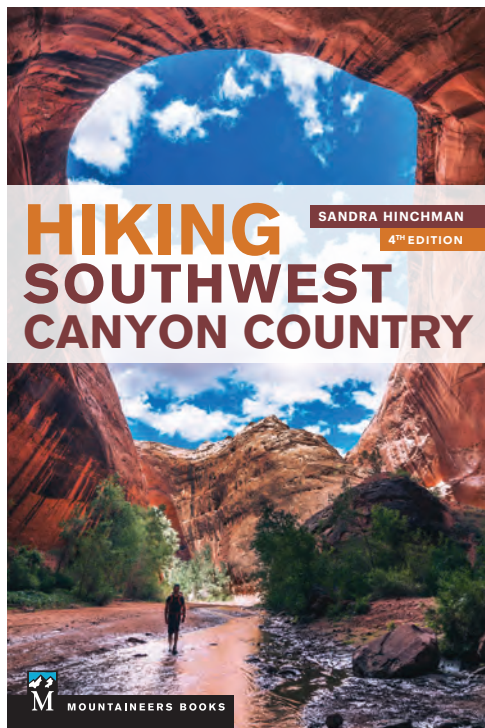
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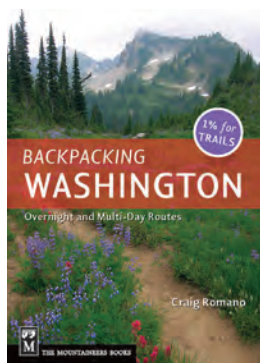
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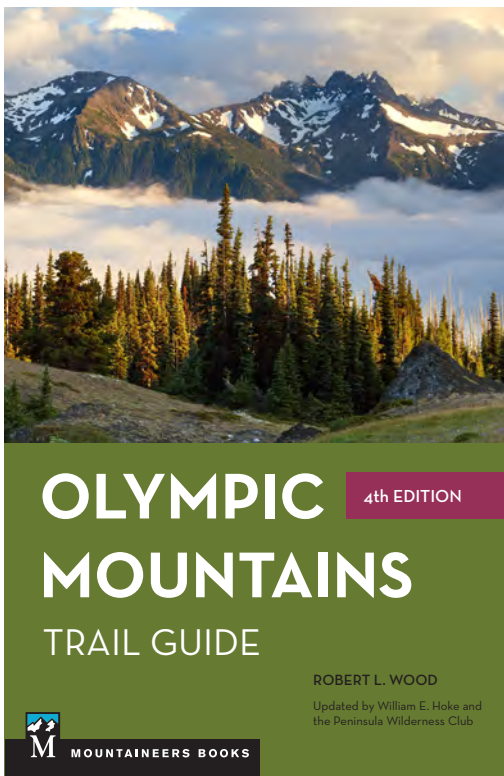
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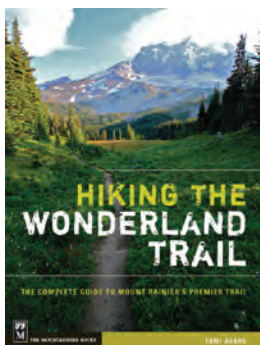
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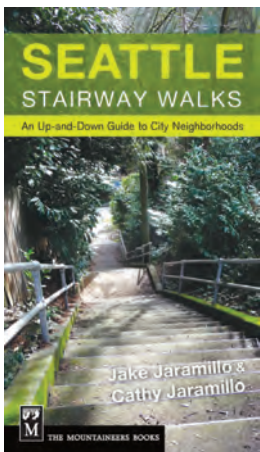


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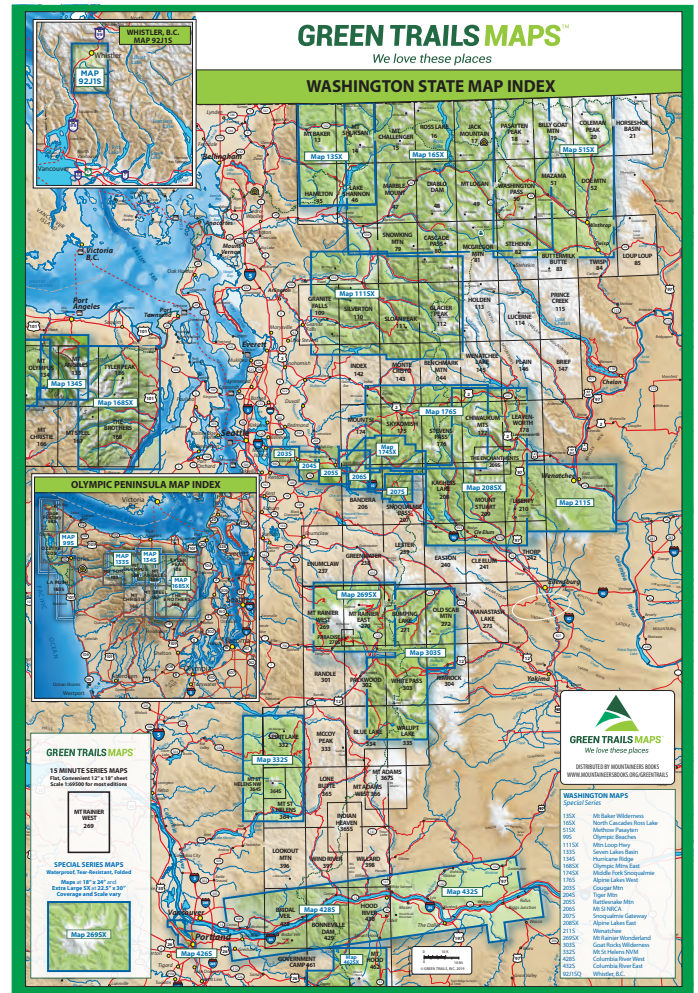
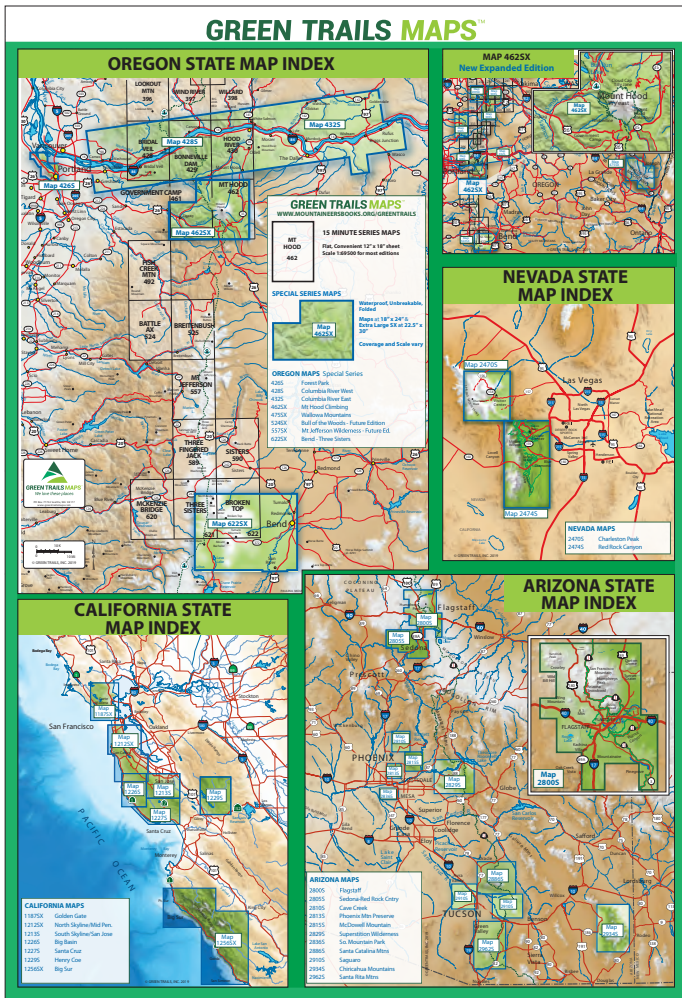
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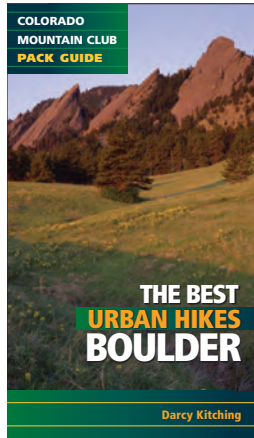
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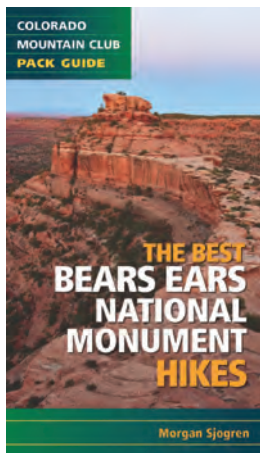
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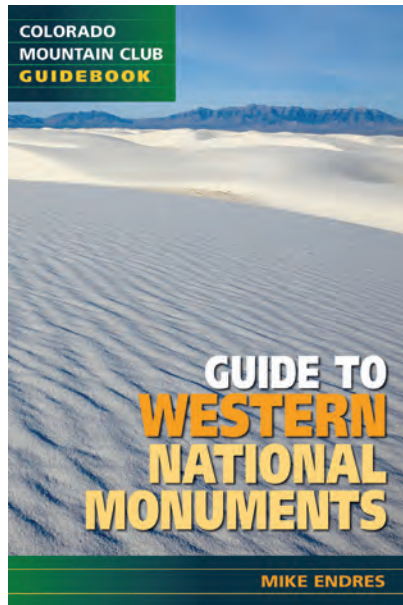
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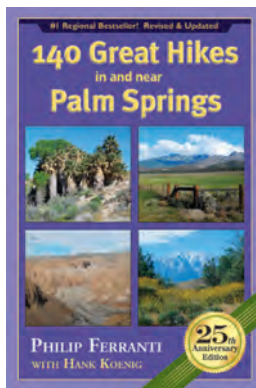
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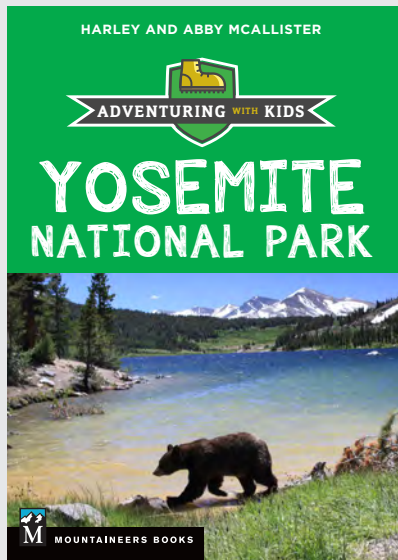
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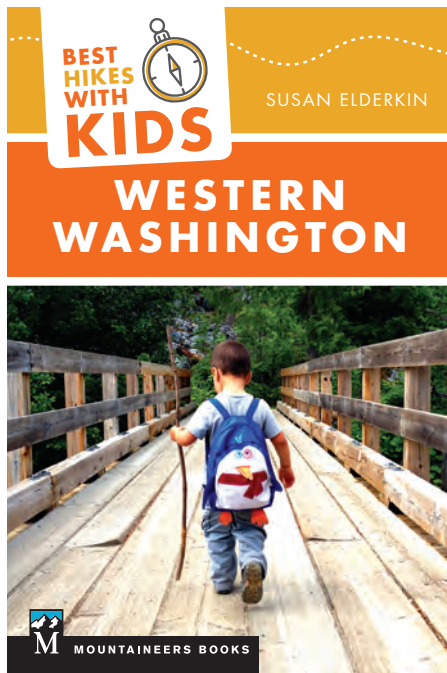
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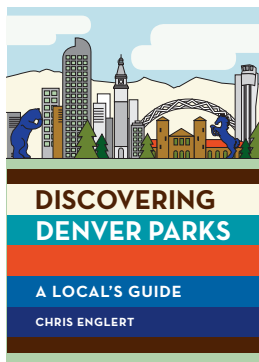
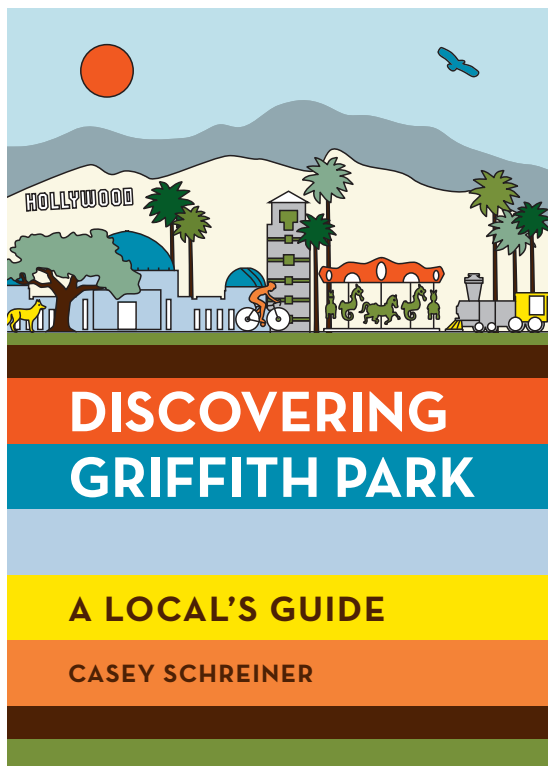
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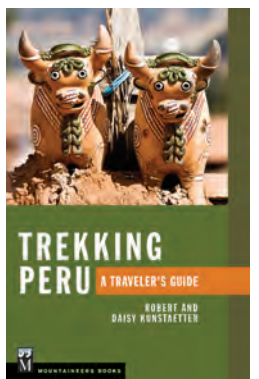
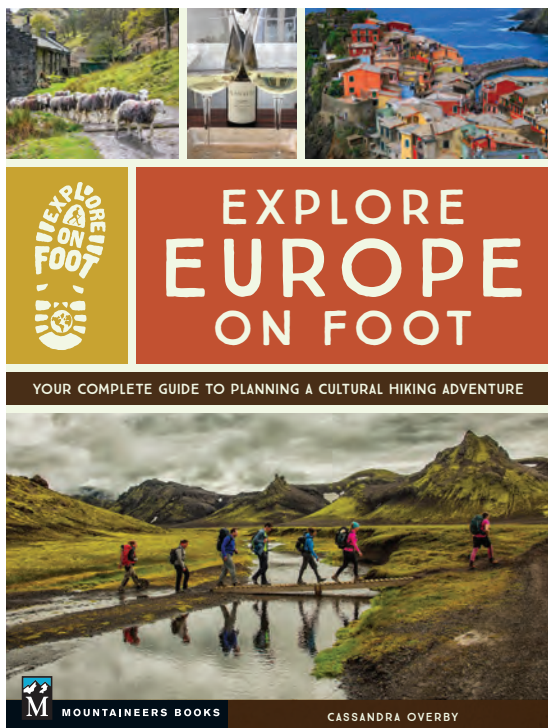


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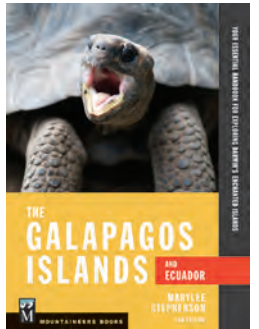


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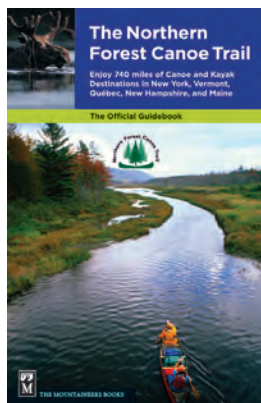
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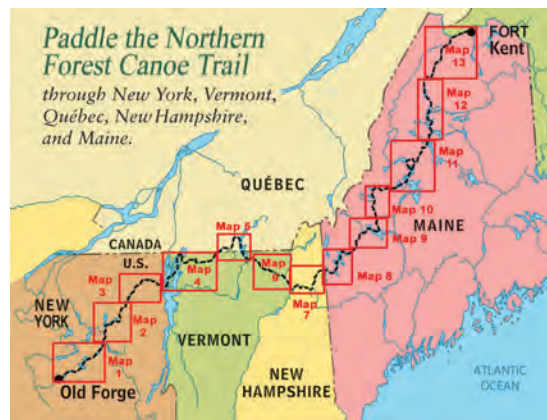
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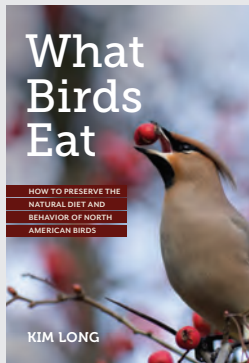
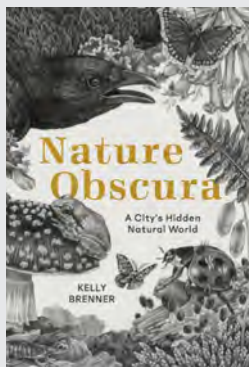
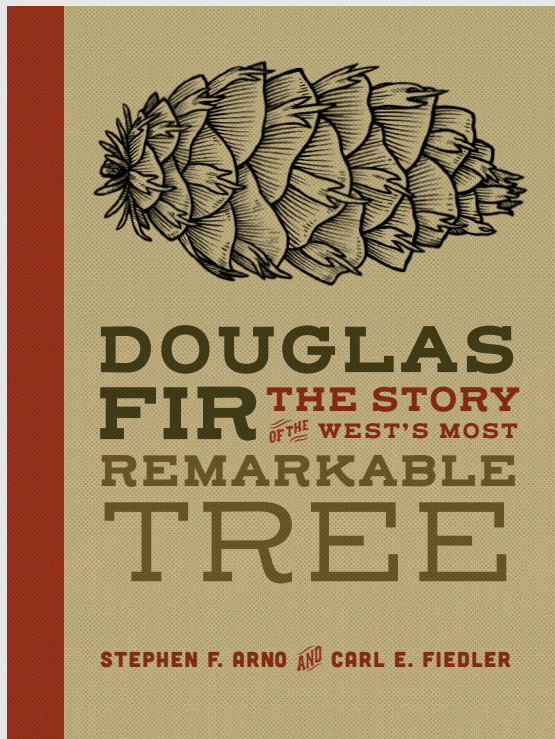
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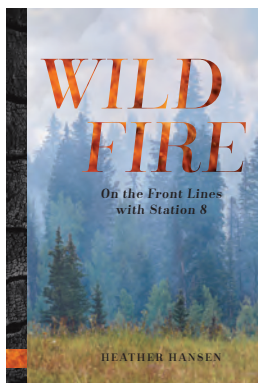
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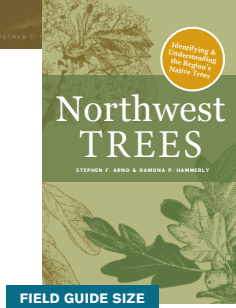
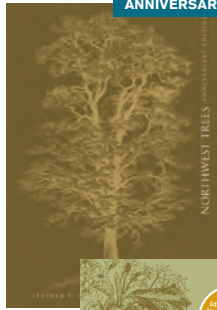
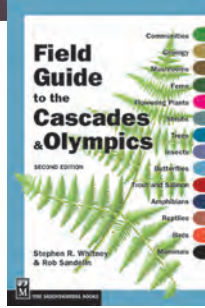
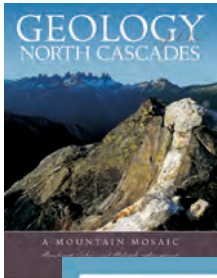
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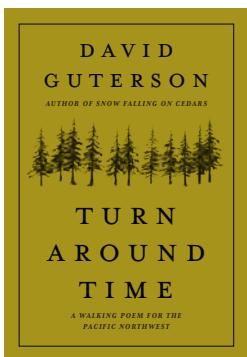


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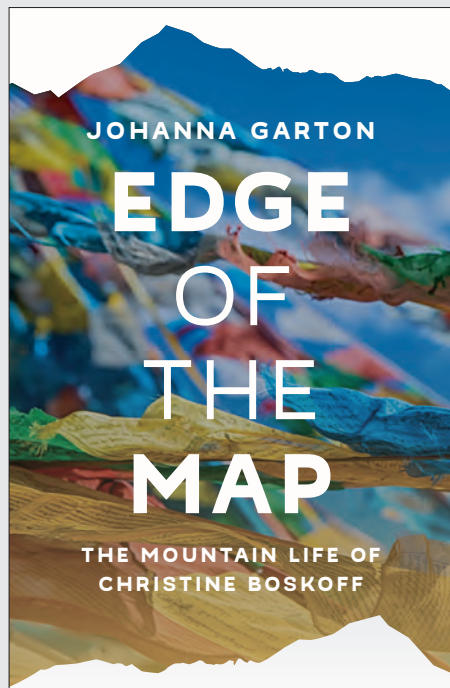
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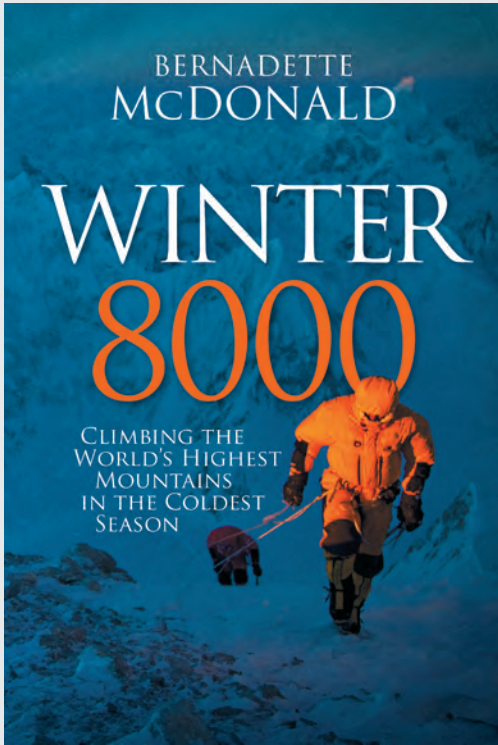
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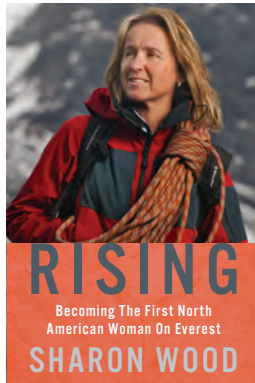
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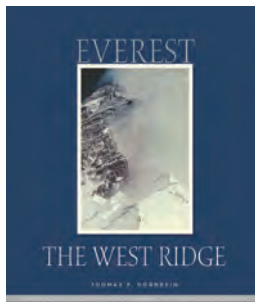
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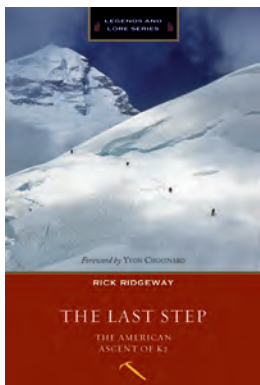
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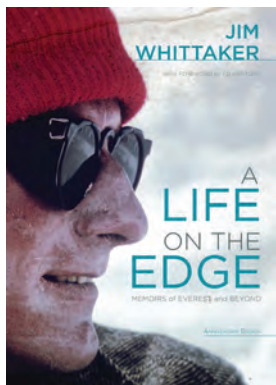


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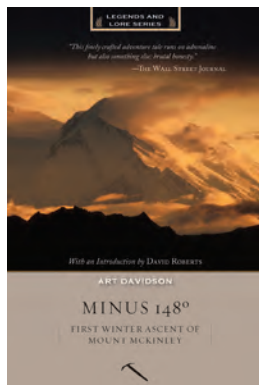


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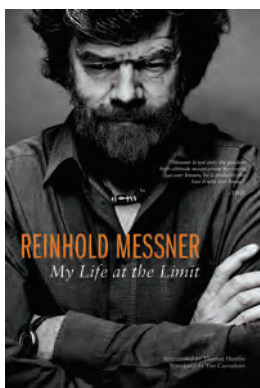
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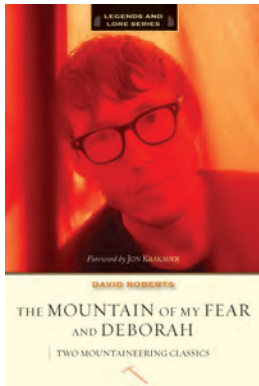
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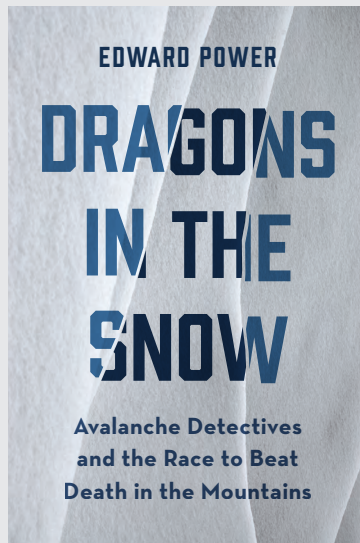
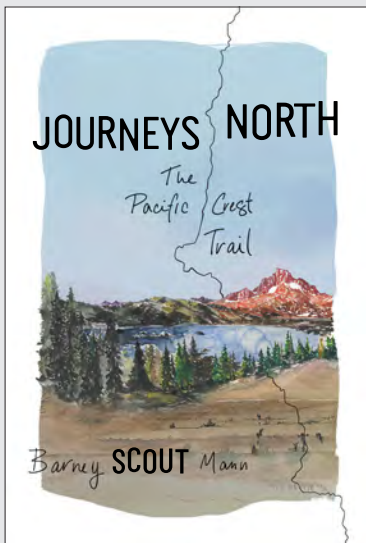
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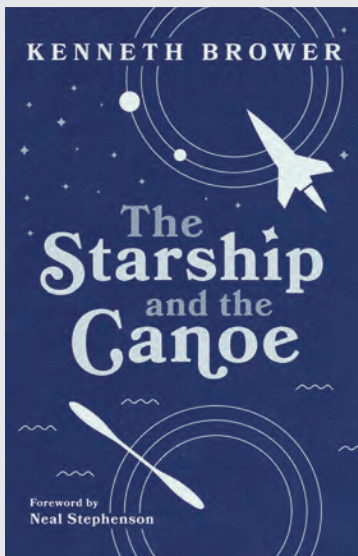
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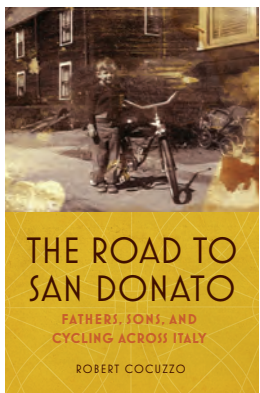
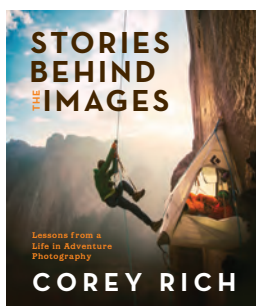
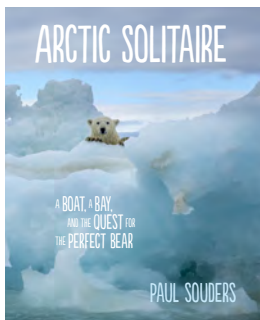
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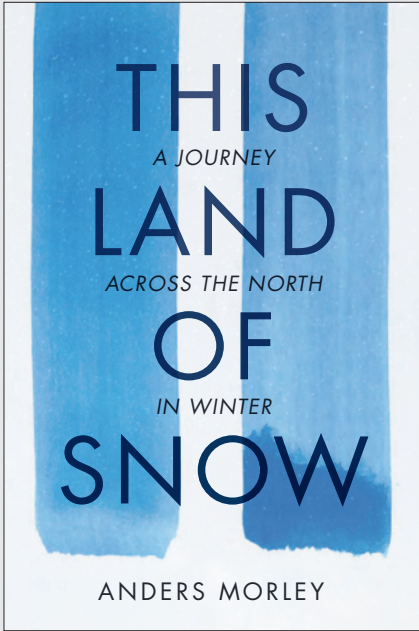
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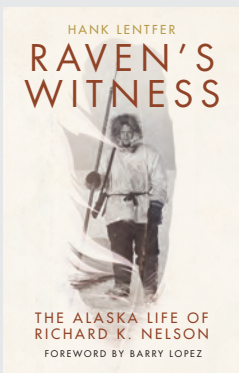
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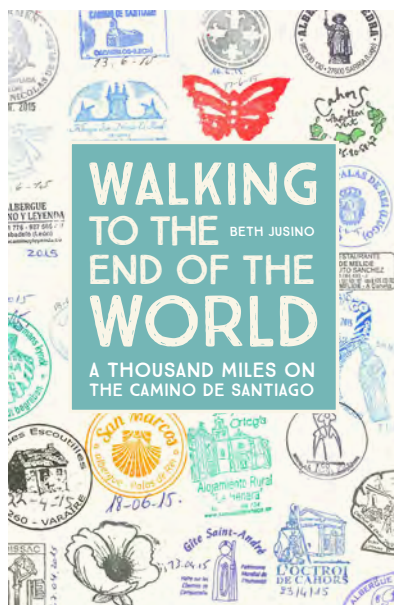
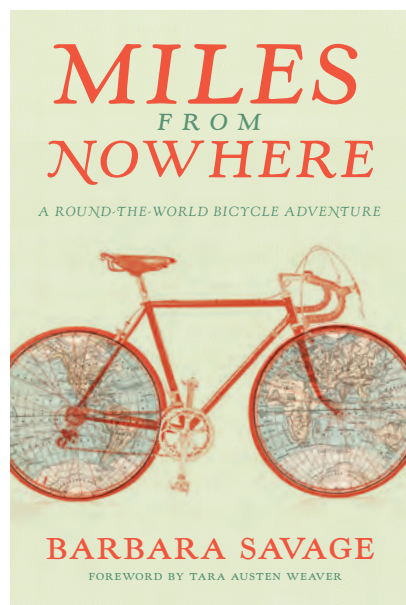
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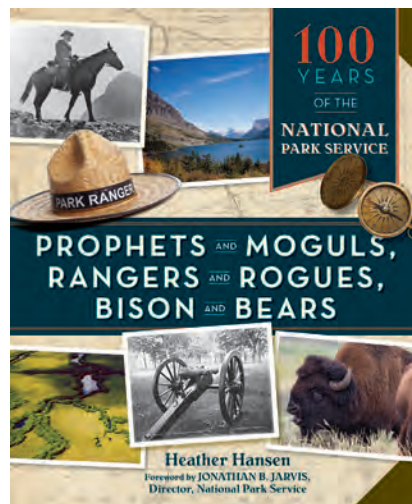
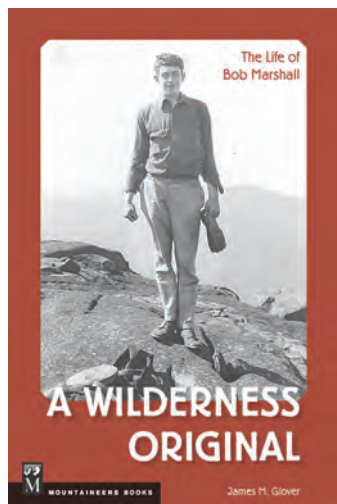
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# REGIONAL INDEX

Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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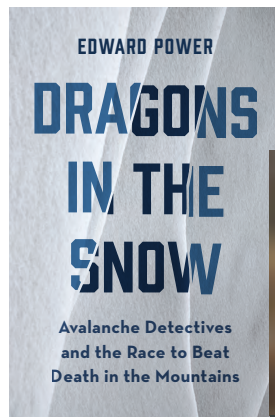
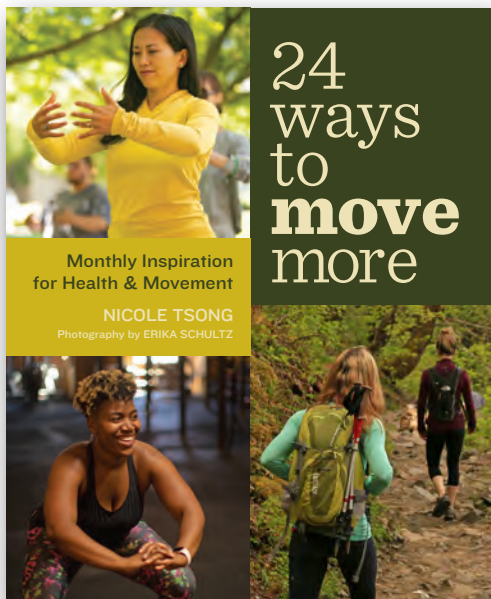


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