



 ${\bf Photo\ by\ Cole\ Gosner\ and\ Ashley\ Hyatt,\ from\ \it Northern\ Forest\ \it Canoe\ \it Trail,\ \it 2nd\ \it Edition.}$



recreation \cdot lifestyle \cdot conservation

Mountaineers Books is an independent nonprofit publisher

MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.





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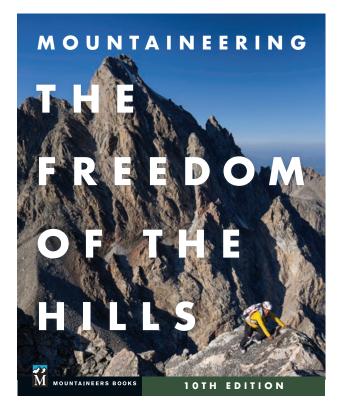
BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

MOUNTAINEERING, 10TH EDITION

The Freedom of the Hills

THE MOUNTAINEERS



624 pages | 71/4 x 9 | \$39.95 (paperback) \$49.95 (hardcover) \$29.95 (ebook) | 10 b&w photos | 460 illustrations ISBN (hardcover) 978-1-68051-606-7 ISBN (paperback) 978-1-68051-607-4 ISBN (ebook) 978-1-68051-608-1 Guidebooks/Sports/Mountaineering | Rights: World

ABOUT THE AUTHORS

The team of volunteers contributing to this significant 10th Edition update was led by Eric Linxweiler, former board member and vice president of publishing for The Mountaineers. Linxweiler sought out wholly fresh perspectives, recruiting new volunteer leads for each section of the book, including Peter Hendrickson, Nicholas Hunt, Ian Nicholson, Steve Swenson, and Jerry Logan, who worked with a small army of volunteer contributors, many of whom are longtime leaders and educators within The Mountaineers community. Other contributors and reviewers, such as Lance Colley and Dale Remsberg, were recruited through our extensive network of climbers and guides.

ONLINE:

mountaineers.org





A comprehensive and vital update to the recognized "bible" of the climbing world

- More than 800,000 copies sold since the first edition was published in 1960, and translated into 12 languages
- · Detailed instructions and hundreds of illustrations share the latest in best practices
- · Researched and written by a team of expert climbers, quides, and instructors

Mountaineering: The Freedom of the Hills is the most significant guidebook ever published. Born from the handwritten climbing tips of early volunteers of the Seattle-based Mountaineers organization, this fundamental how-to manual has inspired emerging climbers around the globe across nine editions for more than six decades.

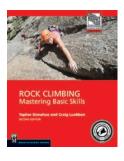
Mountaineers Books is proud to present the 10th edition of this master guide, commonly referred to as "Freedom." From planning a weekend backpacking trip to navigating the logistics of a months-long alpine expedition, from tying knots and hitches to essential belaying and rappelling techniques, from setting up camp in the wilderness to summiting glaciated peaks-this comprehensive textbook written by climbers for climbers covers it all.

"The definitive guide to mountains and climbing."

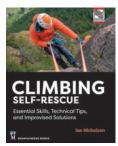
-Conrad Anker

"Everyone should have a copy of this standard tome."

-Kit DesLauriers



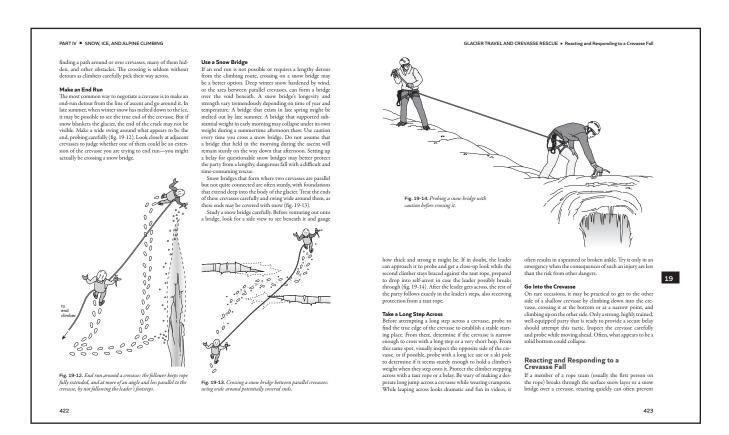




For this seminal 10th edition, every technical topic has been deeply evaluated and renewed, with input from guides certified by AMGA and AIARE. New and returning readers will find:

- Modern navigation workflow and communication devices.
- Contemporary clothing and camping gear, equipment, and techniques.
- Approaches to training that help climbers achieve their goals.
- Pertinent topics such as multipitch climbing and swapping leads
- Coverage of contemporary climbing gear and techniques.
- Modern methods for big wall and aid climbing.

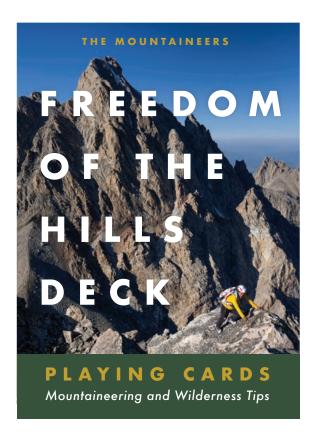
- Contemporary snow and glacier travel gear and techniques, including such critical skills as crevasse rescue.
- Much broader, worldwide perspective to planning and executing expeditions.
- Fresh perspectives on leadership, including coverage of diversity, inclusion, and cultural sensitivity concerns.
- Up-to-date avalanche safety gear and techniques, plus best practices for evaluating snowpack, especially in light of climate change.
- · And so much more!



FREEDOM OF THE HILLS DECK, 2ND EDITION

Mountaineering and Wilderness Tips

THE MOUNTAINEERS, ILLUSTRATIONS BY JOHN MCMULLEN



56 cards | 2½ x 3½ | \$8.95 | 30 illustrations ISBN 978-1-68051-719-4 | Games/Outdoor/Gift | Rights: World

Deal your friends and family essential tips for hiking, camping, and climbing!

- All-new deck based on seminal 10th edition of Mountaineering: The Freedom of the Hills
- · Fun, affordable stocking stuffer
- · Perennial interest

This handy little deck is packed with essential tips for outdoor adventures. Brush up on essential knots, refresh your navigation skills, review fundamental Leave No Trace principles, or deal a hand of basic climbing skills!

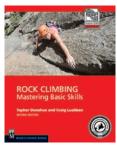
Diamonds: Wilderness Skills. Essentials for hiking and camping, like choosing a campsite, reading a topographic map, adhering to Leave No Trace principles, storing food, anticipating weather, and dealing with animal encounters.

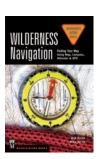
Clubs: Mountain Skills. Mountain-centric skills, such as the fundamentals of glacier travel, the Ten Essentials, evaluating avalanche hazard, tips for avalanche terrain, essentials for snow travel, the basics of self-arresting and crevasse rescue, and more.

Hearts: First-Aid Skills. Tips for stocking your first-aid kit, preventing dehydration and hypothermia, and assessing an injured person, plus indicators of a possible head injury, accident response strategies, common gastrointestinal disorders, water-treatment methods, and more.

Spades: Climbing Skills. Skills and techniques such as the basics of belaying; face and crack climbing techniques; tying a rewoven figure eight; setting up to rappel; coiling a rope; anchor fundamentals; the importance of clear, concise communication; and more.







THE ADVENTURE GAP, 10TH ANNIVERSARY EDITION

Changing the Face of the Outdoors

JAMES EDWARD MILLS; FOREWORD BY SHELTON JOHNSON; NEW AFTERWORD BY THE AUTHOR



224 pages | 51/2 x 81/2 | \$21.95 | paperback | 8-page photo insert ISBN 978-1-68051-680-7 | ebook 978-1-68051-681-4 Outdoors/Climbing/Black Studies | Rights: World

ABOUT THE AUTHOR

JAMES EDWARD MILLS is a National Geographic Explorer and contributor to National Geographic magazine. He is a recipient of the Paul K. Petzoldt Award for Environmental Education and the H. Adams Carter Literary Award from the American Alpine Club. His writings and photography have appeared in Outside, Alpinist, the Clymb, The Guardian, The New



York Times, and Sierra among others. Currently a Fellow at the University of Wisconsin Nelson Institute for Environmental Studies, Mills teaches a course called "Outdoors for All" on diversity, equity, and inclusion in outdoor recreation and public land management.

ONLINE:



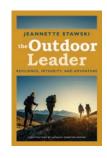
Named one of the ten "Outdoor Books that Shaped the Last Decade" by Outside magazine in 2020

- Features a new "where are they now" section, updating readers on lives of expedition's original climbers
- · Fully updated and detailed resources based on the "Anti-Racism in the Outdoors" (ARITO) guide
- · Readers' Guide explores additional context and questions for further consideration

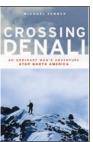
Outdoor journalist James Edward Mills's book, The Adventure Gap, is a groundbreaking volume that is equal parts adventure story, history, and inspiration as it chronicles the first American all-Black summit attempt on Denali in 2013. Mills uses this momentous expedition as a jumping-off point to explore diversity in the outdoors, from Mathew Henson who stood at the North Pole in 1909 to contemporary adventurers such as polar explorer Barbara Hillary and rock climber Kai Lightner.

This tenth anniversary edition once again shares the compelling events that unfolded during Expedition Denali's summit bid. But it also provides fresh context: A new thought-provoking afterword by Mills examines what has evolved in and around the outdoor community since that effort. He highlights progress and inspiring stories, such as Full Circle Everest, an expedition led by Phillip Henderson that put an all-Black team on top of the world's highest peak. And he points to places where we can and should all strive for higher achievement.

The Adventure Gap has become an essential text in outdoor education and inspiration-a story of our times, now more relevant than ever.



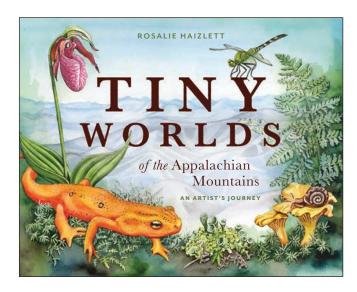




TINY WORLDS OF THE APPALACHIAN MOUNTAINS

An Artist's Journey

ROSALIE HAIZLETT



240 pages | 10 x 8 | \$24.95 | hardcover | 13 decorative maps 200 illustrations | ISBN 978-1-68051-635-7 Natural History/Art | Rights: World

ABOUT THE AUTHOR

ROSALIE HAIZLETT is an illustrator who creates captivating paintings that celebrate the natural world, with a focus on honoring the places and creatures that often go unnoticed. Haizlett has been an artist-inresidence at Great Smoky Mountains National Park and with the National Audubon Society. She has taught watercolor



and nature journaling workshops in schools, national parks, and REI stores and has instructed tens of thousands of students through her online courses. The author of Watercolor in Nature: Paint Woodland Wildlife and Botanicals with 20 Beginner-Friendly Projects, she lives in the Appalachian Mountains of West Virginia.

ONLINE:

rosaliehaizlett.com (O) @rosaliehaizlett



An intimate, adventurous, and artistic look at the smallest flora and fauna of the Appalachian **Mountains**

- · More than 200 flora, fauna, and locations illustrated in watercolor, ink, and gouache
- Features natural history of each species and various landscapes throughout the range
- Travels through Alabama, North Carolina, Tennessee, Virginia, Pennsylvania, Maryland, West Virginia, Vermont, New Hampshire, Maine, Quebec, and Newfoundland

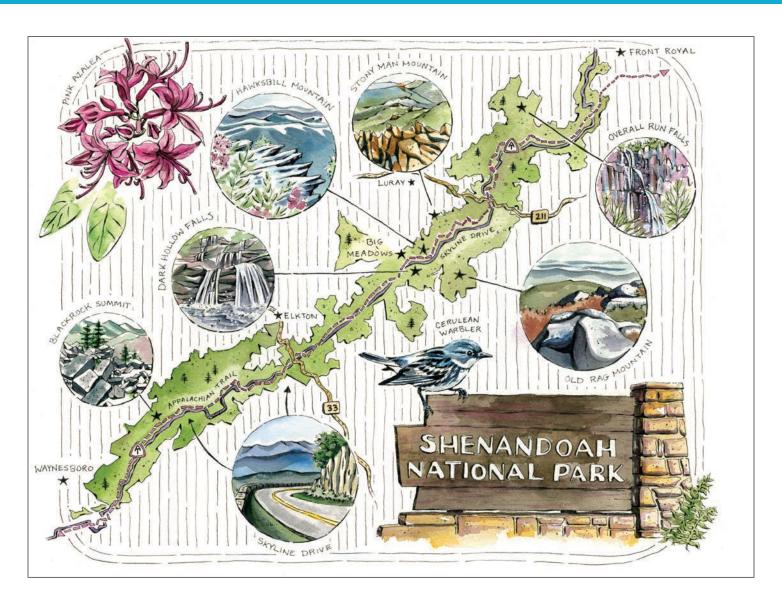
Tiny Worlds of the Appalachian Mountains features artist Rosalie Haizlett's hand-drawn exploration of the region's smallest creatures and plants-a celebration of biodiversity and an invitation to slow down and appreciate nature's hidden wonders. It's also an adventure travel story, the result of Haizlett's journey throughout the Appalachian peaks, trails, and rivers from Alabama to Maine to Canada. Along the way, Haizlett looks closely at the earth, discovering luna moths, earthstar mushrooms, dusky salamanders, showy orchids, and more.

Exploring national forests, national parks, wildlife refuges, and other public lands, Haizlett met with biologists, ecologists, and rangers to get an insider's look. Tiny Worlds draws readers into her sketchbook of vibrant colors, textures, and original maps for an unforgettable journey through a treasured mountain range.







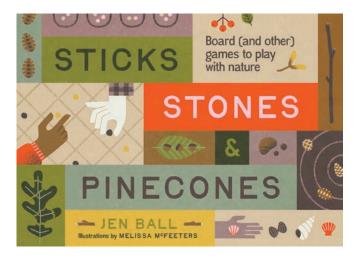




STICKS, STONES & PINECONES

Board (and Other) Games to Play with Nature

JEN BALL, ILLUSTRATIONS BY MELISSA MCFEETERS



112 pages | 7 x 5 | \$16.95 | paperback | 70+ illustrations ISBN 978-1-68051-716-3 | Nature/Games/Outdoors/Gift Rights: World

ABOUT THE AUTHOR

JEN BALL is lead faculty for the Sustainability Stream, a program that guides students into green sector careers, at Canada's Humber College. Hall has also been a producer for CBC Radio One, coordinator for the Montreal Fringe Festival, and administrator for the Caravan Tall Ship Theatre Company. A member of the Council of Outdoor Educators of Ontario, Ball roams the outdoors often with friends and family.



Play classic games with friends and family in the tent, around the campfire, or on the road using foraged materials!

- · Fun for all ages—without any screens!
- · Terrific and timeless gift
- From Checkers to Mancala to Snakes and Ladders, there's a game to entertain everyone

This portable, charmingly illustrated book features 37 board and other games (plus a robust collection of riddles) that can be played anywhere you go. All of the games in Sticks, Stones & Pinecones are easy to set up and require only the materials you can sustainably forage around you, such as pinecones, pebbles, sand, leaves, and twigs. You might not even have to get up out of your camp chair!

Some games are classic—even ancient—while others are newly invented. Whether at the campground, an urban park, or around your own backyard, players of all ages will enjoy these engaging games that range from simple to more challenging competitions.

The featured games are grouped into single-player, two-player, and multiple-player options, with a focus on setups similar to the ever-popular board games people enjoy playing at home. From Nine Men's Morris to Stick Solitaire to Neanderthal Poetry, every game has been vetted by the author and her family and friends in outdoor settings.







Vultures and Crows

Draw a star in the sand or dirt. Find a game piece that can be used as the vulture and another 7

This is a hunting game, where one player is on

offense and the other is on defense! The crows win by surrounding the vulture, and the vulture wins

Player 1 goes first and places a crow on any inter-section of the star. Player 2 places the vulture on

game pieces that can be crows.

by capturing at least 4 crows.

This game, also known as Kaooa, originated in India. The set up looks a lot like Pentalpha (game 5), but the rules are different and it's played with two people.



any vacant intersection. Player 1 places a sec ond crow, and player 2 moves the vulture to any adjacent vacant intersection.

As player 1 places crows, player 2 can start capturing crows by jumping over them. Captures, or jumps, can only happen in a straight line.

Once all the crows are placed, player 1 can start moving the crows, who are unable to jump, to adjacent vacant intersections. The game proceeds until the vulture has captured 4 crows, or the crows have surrounded the vulture in such a way that it cannot jump or move in any direction.

NOTE: To avoid boring repetitive moves, you may wish to impose a rule that players cannot repeat the same move two times in a row.

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6

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INTERSECTIONS

VULTURE

Memory

This game is quick and easy to set up and play. It's a perfect activity while waiting for a bus or boat taxi. And although it's a single-player game, someone else has to set it up. It asks us to deeply observe parts of our natural world to commit them to memory

Find 6 to 8 different objects, such as a stick, berry, pinecone, and so on.

Study the objects and then close your eyes. While your eyes are closed, your friend will remove one object. You then open your eyes and try to guess which one was removed Replace all the objects and repeat. It gets easier as you become more familiar with the

If you want a bigger challenge, try using only objects in a similar category, such as only sticks or only pinecones. You'll begin to notice the tiny differences between them, and you'll need to learn how to describe those tiny differences to your friend—"the shortish one with the little curl on the end is missing!"

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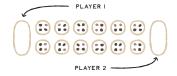
Mancala

This ancient game is at least two thousand years old, and today variations are played all over the world! Because evidence of this game has been found in a lot of different places, it's hard to know where it originated. Some people even wonder if versions of this game were invented in different places around the same time. Spooky cool!

This game is best played in damp sand. Dig 12 holes: 2 rows of 6 small holes with big holes at each end; the big holes are called Mancalas. Alternatively, provided it's not too windy, you can place large leaves down in the same configuration—2 rows of 6 leaves and 2 big leaves as either

end. Each player "owns" the Mancala to their right and controls the 6 holes in

Collect 32 small pebbles. Place 4 in each small hole and none in the large

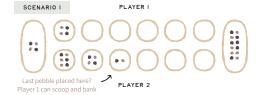


PLAY

The goal of mancala is to capture all of your opponent's stones. To decide who goes first, one player hides 1 or 2 pebbles in their hand. The other player guesses which hand holds the pebbles: if they guess correctly, they go first, and if they guess wrong, the player hiding the pebbles goes first.

On their turn, player 1 scoops all the pebbles out of one of their little holes, on their side of the board, and places them, one by one counterclockwise in each hole, including their Mancala but skipping their opponent's Mancala.

If the last pebble is placed in their Mancala, player 1 can immediately take another turn, choosing another hole on their side from which to scoop pebbles.



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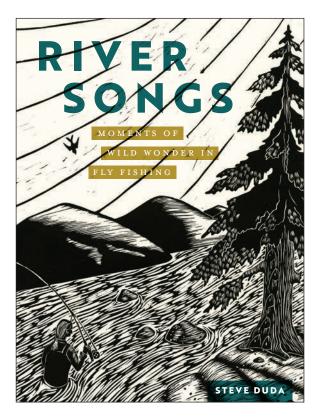
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RIVER SONGS

Moments of Wild Wonder in Fly Fishing

STEVE DUDA



192 pages | 6 x 8 | \$24.95 | hardcover | 14 b&w illustrations ISBN 978-1-68051-701-9 | ebook ISBN 978-1-68051-702-6 Fly Fishing/Nature Writing/Northwest/Memoir Rights: World English Language

ABOUT THE AUTHOR

STEVE DUDA is a writer, editor, and producer whose work in film, magazines, books, and live appearances has shaped the voice of fly fishing for over three decades. He is the former editor of The Flyfish Journal and a founding editor at Boise Weekly. Steve's cultural writing has been featured in Rolling Stone, Huffington Post, Seattle Weekly, MTV, San



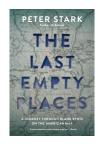
Francisco Bay Guardian, The Fretboard Journal, and many others. Currently, Steve is Head of Fish Tales at Patagonia, guiding the brand's fly fish activism and storytelling through film, video, web, social media, and more. He lives in Seattle with his partner and a semi-feral feline/raccoon hybrid.

A thought-provoking collection of stories from the life of a rock-and-roll fly fisher

- Wide ranging stories explore conservation, art, mortality, friendship, music, old trucks, and of course, fishing
- · Illustrated with bold block prints
- · Strong connections to the Pacific Northwest

River Songs is rich with bracing, authentic, generous stories—writing that revels in language and spirit. Avoiding most of fly fishing's clichés—the romantic elegies, the Moby-Dick-like conquests, the play-by-play detailing a "victory" over a fish—Steve Duda instead offers pieces that breathe lived experience, reveal vulnerabilities, and convey a broad perspective of what it means to have "a long run with a tight crew." Duda is interested in what has been learned out there on the river: what is it about this "ridiculous activity" that connects us to this planet, makes us human, gives us hope?

River Songs focuses on the in-between moments and the unexpected revelations—awe, fear, frustration, doubt, joy—that are as much a part of fishing as tying knots and chucking flies. Readers ride along with Duda in battered pickup trucks, fish "between jobs," look longingly at unfished famous rivers while touring with a country-punk band, and wonder how a fishing trip led to getting a tooth pulled while being surrounded by trashtalking friends. They will find beauty, discovery, heartbreak, good dogs, and the wonder of nature within the expanse of Northwest landscapes and beyond.



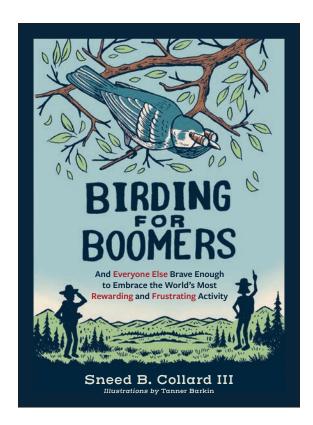




BIRDING FOR BOOMERS

And Everyone Else Brave Enough to Embrace the World's Most Rewarding and Frustrating Activity

SNEED B. COLLARD III, ILLUSTRATIONS BY TANNER BARKIN



224 pages | 5½ x 7½ | \$21.95 | paperback | 75 color illustrations

ISBN 978-1-68051-670-8 | ebook 978-1-68051-671-5

Guidebook/Nature/Birding | Rights: World

ABOUT THE AUTHOR

SNEED B. COLLARD III is the author of almost one hundred books for adults and children, including Border Crossings, recent winner of the prestigious Orbis Pictus Award for children's nonfiction. A marine biologist and scientist by training, his books focus on natural history, science, and most recently, travel. When he is not writing or birding, Sneed can be



found speaking to school and birding groups of all ages, traveling with his family, and walking his "birding dog," Lola.

ONLINE:

sneedbcollardiii.com

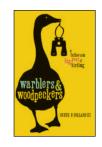
A laugh-out-loud crash course on how to easily observe, understand, and enjoy birds—at any age!

- Accessible guide organized by progression of skills beginning birders need
- · Tips, checklists, and colorful illustrations throughout
- Helps birders navigate aging and other barriers, gaining the confidence to embrace this popular pastime

Birding for Boomers is a friendly, accessible, and humorous guide to discovering the joys of bird watching. Beginning birders of all ages will get answers to every question they may have, like which birds like feeders, the difference between a finch and a flicker, or which birding app to use. The guide also helps birders plan everything from local explorations to exciting "bird-cations."

Late-bloomer birders will appreciate Collard's personal insights and tips for overcoming aging-related challenges such as physical handicaps, poor hearing, or failing eyesight. Additional sections cover sharing birding with others and contributing to community science, habitat stewardship, and bird conservation.

Appealing and light-hearted, Birding for Boomers will help a wide range of readers overcome any doubts and get started with watching, understanding, and conserving our feathered friends.



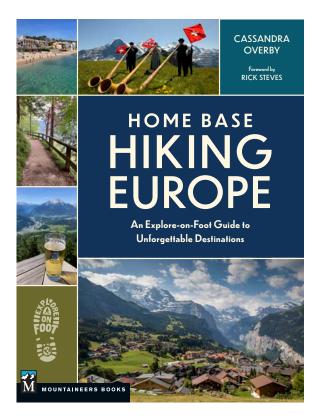




HOME BASE HIKING EUROPE

An Explore-on-Foot Guide to Unforgettable Destinations

CASSANDRA OVERBY, FOREWORD BY RICK STEVES



336 pages | 63/4 x 9 | \$26.95 | paperback | 100 color photos 58 maps | ISBN 978-1-68051-615-9 | ebook 978-1-68051-616-6 Guidebook/Hiking/Travel/Europe | Rights: World

ABOUT THE AUTHOR

CASSANDRA OVERBY grew up hiking and camping in the beautiful Pacific Northwest. She started adventuring internationally in college, when study abroad programs in Germany and Austria got her firmly hooked on travel. She has since ventured all over the world, from Central America to Southeast Asia, but she loves exploring Europe more



than anywhere else. As part of her travel company, Explore on Foot, Cassandra regularly gives talks and teaches classes on how to explore Europe on foot. She's a regular guest on Rick Steves' radio program and has been featured on his television show as well. She lives near Seattle with her husband and two daughters.

ONLINE:

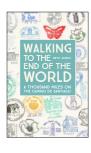


One-of-a-kind guidebook showcases ten stunning European destinations to base yourself in for a perfect day-hiking and sight-seeing vacation

- · Spotlights "home-base" travel itineraries in Austria, Croatia, France, Germany, Italy, Slovenia, Spain, and **Switzerland**
- · Each destination features four detailed day-hikes, including maps and directions, as well as food, sights, and other activities
- · Get away from tourists and instead immerse yourself in unique culture and trails

Author of the critically acclaimed Explore Europe on Foot, Cassandra Overby now shares her hand-picked destinations and itineraries for a "home-base" adventure-stay in just one or two places while enjoying day trips on the region's trails and other activities. Home Base Hiking Europe focuses on ten unique destinations, each tailor-made for its scenic locales, comfortable lodgings, lively restaurants, interesting cultural and historic sights, and access to fabulous day hiking.

Overby provides comprehensive information to help plan the perfect trip, including best time to visit; what to pack; how to get there; tips for traveling with children; as well as recommendations for lodging, restaurants, supplies, attractions, and more. Readers will find turn-by-turn directions and maps on four different trails in each region, plus details on organizing transportation to trailheads, tips for hiring local guides, and how to get the most out of each excursion.



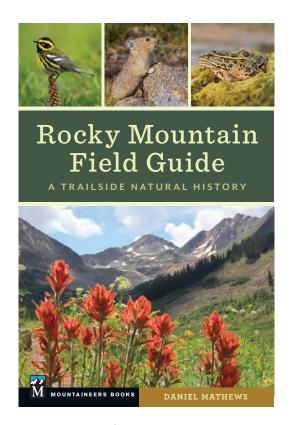




ROCKY MOUNTAIN FIELD GUIDE

A Trailside Natural History

DANIEL MATHEWS



624 pages | 6 x 9 | \$32.95 | paperback | 1,000 color photos 80 b&w illustrations | 2 maps | ISBN 978-1-68051-611-1 ebook 978-1-68051- 612-8 | Guidebook/Natural History/Rockies Rights: World

ABOUT THE AUTHOR

DANIEL MATHEWS holds a bachelor's degree in literature from Reed College. His combined love of scientific literature and backpacking gives him the rare ability to synthesize science while transforming it into literary art. He is the author of Trees in Trouble



and Cascadia Revealed and contributing author of National Audubon Society Field Guide to the Rocky Mountain States and other guides. He has worked as a naturalist-guide on cruise ships and on backpacking seminars as well as served as a fire lookout.

ONLINE:

raveneditions.com

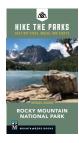
An engaging, instructive, and comprehensive field guide to the natural wonders of the Rockies

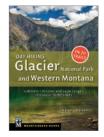
- · Full-color photographs of featured species throughout
- Integrates narrative natural history with field guide precision and organization
- · An essential all-encompassing guide to the region

The magnificent and enduring spine of the United States, the Rocky Mountains are host to thousands of flora and fauna species, as well as rugged topography and rich and varied habitats. Comprehensive yet portable, this beautiful guide describes trees and shrubs, flowering plants and ferns, fungi and lichens, insects and fish, amphibians and reptiles, birds and mammals, rocks, and even the changing mountain climates and the ecological effects of forest fires.

Naturalist and writer Daniel Mathews delivers immersive natural history. With humor, pathos, and verbal elegance, he covers the central core of the Rockies: Glacier National Park, western Montana, and eastern Idaho; all of Colorado's mountains; the Sangre de Cristo Mountains in New Mexico; the Wasatch and Uinta Mountains in Utah; and the Bighorns, Laramie, and Medicine Bow Ranges in Wyoming. This essential guide to the region is perfect for hikers, campers, naturalists, students, teachers, and even tourists—everyone who wants to know more about this stunning and expansive mountain range.



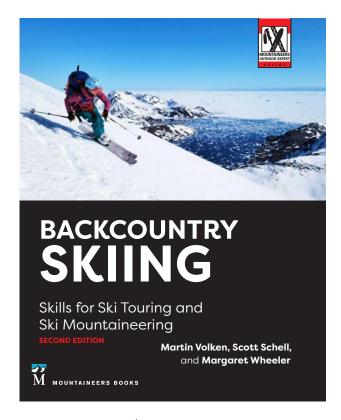




BACKCOUNTRY SKIING, 2ND EDITION

Skills for Ski Touring and Ski Mountaineering

MARTIN VOLKEN, SCOTT SCHELL, AND MARGARET WHEELER



384 pages | 61/8 x 81/2 | \$32.95 | paperback | 275 color photos 45 illustrations | ISBN 978-1-68051-585-5 | ebook 978-1-68051-586-2 Guidebook/How-to/Skiing/Snowboarding | Rights: World

"A backcountry bible." -Skiing Magazine

- · Fully up-to-date information related to gear, avalanche terrain and safety, decision making, search and rescue, and more
- For intermediate-to-advanced backcountry skiers
- New information throughout pertinent to split-boarders, including tips from famed all-star boarder Jeremy Jones

This deeply revised and comprehensive second edition of Backcountry Skiing, by elite Swiss mountain guide Martin Volken and his coauthors, Margaret Wheeler and Scott Schell, provides skiers and boarders with foundational skills, improved techniques, and better preparation before they head into the mountains.

In addition to step-by-step guidance on mastering techniques, features include recent evolutions in ski equipment; an indepth look at avalanche safety; a primer on mountain weather and glaciers; trip planning tools and winter camping basics; a discussion of emergencies and best practices; nutrition and fitness advice; and much more. Backcountry Skiing remains the definitive guide to backcountry skiing and ski mountaineering.

ABOUT THE AUTHORS

MARTIN VOLKEN is the founder of Pro Ski and Mountain Service and Pro Guiding Service in North Bend, Washington. He has been an active IFMGA Swiss Mountain Guide since 1996



and received the lifetime achievement Guides Award from AMGA in 2016. Volken is the coauthor of Backcounty Ski and Snowboard Routes: Washington. He resides in North Bend.

SCOTT SCHELL, a certified AMGA ski mountaineering guide, has guided extensively throughout the US, Canada, and Europe. An avid ski mountaineer,



Schell has been involved in avalanche and guiding education as an instructor and trainer for AIARE and as a ski discipline instructor with AMGA. With the trained eye of a photographer, Schell has captured many compelling images throughout North America and Europe.

MARGARET WHEELER, a ski, alpine, and rock climbing guide, has led trips throughout Europe and North America. The second woman in



the US to complete IFMGA guide certification, Wheeler is an AMGA instructor and AIARE instructor and trainer. Wheeler has participated in several women's expeditions, pioneering first ski descents in India and the Altai Mountains of Mongolia.

ONLINE:

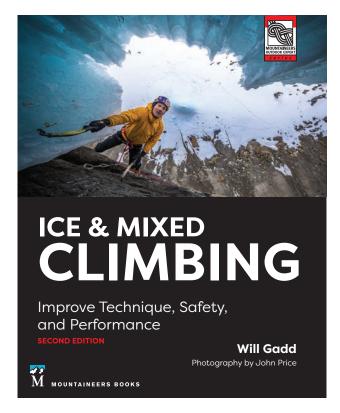




ICE & MIXED CLIMBING, 2ND EDITION

Improve Technique, Safety, and Performance

WILL GADD, PHOTOGRAPHY BY JOHN PRICE



320 pages | 6% x 8½ | \$32.95 | paperback 240 color photos | 18 illustrations | ISBN 978-1-68051-126-0 ebook 978-1-68051-127-7 | How-to/Climbing/Winter Sports Rights: World

ABOUT THE AUTHOR

WILL GADD is an elite multi-sport athlete with championships in sport climbing, ice climbing, and paragliding. He has established new climbing routes and set world records over his 30-year career as an athlete, teacher, coach, public speaker, television host, and author. He was named a United Nations "mountain hero" in 2019 in recognition of his environmental advocacy.



ONLINE: willgadd.com @realwillgadd @will.gadd

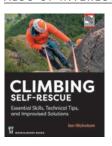
JOHN PRICE is a freelance adventure, lifestyle, and landscape photographer based in Canmore, Alberta, Canada.

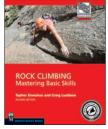
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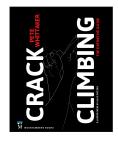
"My passion as an athlete is to climb. From a young age I tried to climb everything in sight. And now, well . . . nothing's changed." —Will Gadd

- Written by world's preeminent ice climber and National Geographic Adventurer of the year
- · 1st edition won Banff Mountain Exposition Award
- Fully updated and expanded text; all-new color photos throughout

The first edition of Ice & Mixed Climbing was groundbreaking: a comprehensive instruction guide to ice and mixed climbing written by one of the sport's premier practitioners, Will Gadd. Like its predecessor, this deeply revised and updated second edition features detailed instruction on technique—from the swing of the ice tool to the placement of the feet to combining actions for the greatest efficiency. New sections on climbing glacial ice and an expanded discussion of dry-tool placement encourage ice and mixed climbers to get out year-round, while a thoroughly revised chapter on training options helps them get in top condition. Gadd has been climbing since, in his words, "dinosaurs wore crampons to Sunday school," and in this new edition he shares what you need to know to have fun while climbing ice and mixed routes.



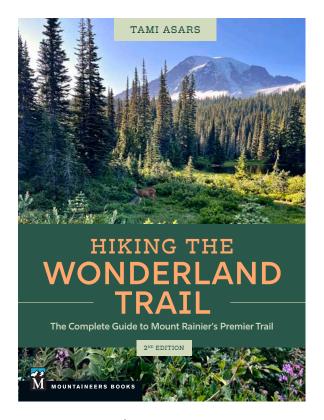




HIKING THE WONDERLAND TRAIL, 2ND EDITION

The Complete Guide to Mount Rainier's Premier Trail

TAMI ASARS



272 pages | 63/4 x 9 | \$24.95 | paperback | 150 color photos 18 maps | 1 elevation profile | ISBN 978-1-68051-646-3 ebook 978-1-68051-647-0 | Guidebook/Hiking/Washington Rights: World

ABOUT THE AUTHOR

Outdoor writer and nature photographer TAMI ASARS has hiked the Pacific Crest, Continental Divide, Appalachian, Colorado, Arizona, and West Coast Trails. After circumnavigating Mount Rainier a dozen times, Asars says the Wonderland Trail is still her favorite. Asars is the author of several hiking guides as well as a contributor and columnist for numerous outdoor



publications, websites, and magazines. She has led workshops for REI and served as a professional guide in the Pacific Northwest. Asars lives in Washington's Cascade foothills with her husband, Vilnis, and her rough collie, Scout.

ONLINE:

tamiasars.com @@tamiasars X @tamiasars Gamiasars, Author





Thoroughly revised and refreshed, this bestseller is the only comprehensive guide to the **Wonderland Trail!**

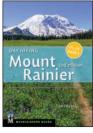
- Fully up-to-date, including latest details on permits, campsites, water sources, and more
- New! Highlights select day hikes in best locations for extra nights
- · New! Indicates best places on trail to spot wildlife
- All-new color photographs

Hiking the Wonderland Trail is the authoritative guide to planning and enjoying the world-class trail that circumnavigates Washington's Mount Rainier. Hikers who tackle this 93-mile route endure a strenuous 22,000 feet of elevation gain and loss. Fully revised and refreshed, this second edition offers the best, most up-to-date and thorough information available, whether you're thru-hiking, section hiking, or exploring the adjacent Northern or Eastside Loop Trails. Washington native and professional hiking guide Tami Asars also now highlights a selection of short day hikes to encourage hikers to spend an extra night or two on the trail, while new sidebars written in her signature playful style, such as "Tami's Wonderland Trail Camp Superlatives!" spotlight bonus information to enhance your adventure.

As one Wonderland Trail hiker notes, "If you have ever wanted to hike the WT in sections or as a complete loop, you need this book. . . . [Asars] describes in detail significant geological, botanical, and topographical formations and she interjects humor and historic insights throughout the text."



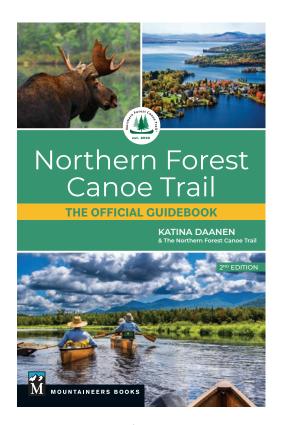




NORTHERN FOREST CANOE TRAIL, 2ND EDITION

The Official Guidebook

KATINA DAANEN AND THE NORTHERN FOREST CANOE TRAIL



336 pages | 5½ x 8½ | \$29.95 | paperback | 100 color photos 1 elevation profile | 6 maps | ISBN 978-1-68051-638-8 ebook 978-1-68051-639-5 | Guidebook/Northeast Paddling Rights: World

ABOUT THE AUTHOR

KATINA DAANEN is one of fewer than 50 people to complete the full NFCT! She has also paddled extensively throughout the Midwest, where she is a freelance art director and website designer.



@PaddleNFCT

NORTHERN FOREST CANOE TRAIL:

As the organization charged with stewarding this grand adventure, the NFCT works to draw people to the Northern Forest Region with the lure of the nation's longest inland water trail. It fosters connection with the landscapes and communities, and encourages patronage for the infrastructure that allows river access, all while supporting local community resilience.

ONLINE: Northernforestcanoetrail.org @northernforestcanoetrail

Beautiful new edition and one-stop resource for the longest water trail in the nation

- · Fully revised and paddle-tested by an NFCT expert thrupaddler
- · Useful for day trips, a weekend getaway, or a month-long
- Paddling directions complement the NFCT's full set of maps

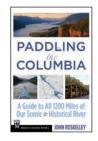
Often referred to as the "Appalachian Trail of the Waterways," the 740-mile Northern Forest Canoe Trail (NFCT) begins in the Adirondacks at its western terminus in Old Forge, New York. It then traverses 23 rivers and streams, touches 59 lakes and ponds, connects 45 communities and towns, and crosses more than 65 portages (totaling about 70 miles), before ending at its eastern terminus in Fort Kent, Maine.

On the NFCT, opportunities for paddlers are endless, and services are easy to find. You can camp in an Adirondack lean-to, paddle through the High Peaks Wilderness, watch moose from the deep woods of Maine, or run whitewater trips down the Androscoggin River in New Hampshire. Northern Forest Canoe Trail offers detailed descriptions of each river segment, and paddlers will also find water trail history, profiles of trailside communities and attractions, and much more.

In this fully updated guidebook you can plan a day trip, weekend getaway, week-long vacation, or paddle end-to-end for a month or more. It includes improved tips and details for section paddling and all-new color photos throughout!









AVAILABLE IN JANUARY APPALACHIAN TRAIL DATA BOOK 2025 DANIEL D. CHAZIN

96 pages | 5 x 7 | \$12.95 | paperback | ISBN 978-1-68051-801-6 Sports & Recreation/Hiking | Rights: World

Indispensable handbook of mileages between features and facilities on the A.T.

- · Essential for basic planning of any A.T. hike
- · Culled from all 11 A.T. guidebooks
- Reflects all major changes from the previous 12 months

Sometimes termed "the bible of A.T. hiking" because of its use in essential hike planning, each year's Data Book consolidates the basic information from the 11 official ATC guidebooks into a lightweight table of distances between major A.T. shelters, road-crossings, and features. Divided to align with the guidebook volumes, the Data Book is updated each December to address trail relocations, new or removed shelters, and other changes. In addition to including codes for lodging, food, water, and other essentials, the Data Book is keyed to both the individual guidebook sections and the separate maps.



DANIEL D. CHAZIN, an attorney and longtime volunteer/editor with the New York-New Jersey Trail Conference, has been the editor of the annual Appalachian Trail Data Book since 1983. He also is the editor of the Appalachian Trail Guide to New York-New Jersey and chair of the publications committee of the NY-NJ Trail Conference.



AVAILABLE IN JANUARY APPALACHIAN TRAIL THRU-HIKERS' COMPANION 2025 APPALACHIAN LONG **DISTANCE HIKERS ASSOCIATION**

288 pages | 6 x 9 | \$21.95 | paperback | 96 elevation profiles 59 maps | ISBN 978-1-68051-800-9 | Sports & Recreation/Hiking Rights: World

A thoroughly researched guide by long-distance hikers for long-distance hikers

- Elevation profiles show the day ahead
- Landmark-by-landmark tables provide at-a-glance information
- Town maps indicate food and lodging

The Appalachian Trail Conservancy and the Appalachian Long Distance Hikers Association collaborate each year on a guide designed for potential thru-hikers who want the basic information for a five- to six-month trek in the woods. at a reasonable price, but who also want the adventure of discovering the extras for themselves. A favorite for 28 years of section-hikers and dreamers alike, it is still the only such guide written by volunteers, and all the proceeds are returned to the A.T. by these two nonprofits. Fact-checking research is done by more than two dozen thru-hiker volunteers in 14 states, backed by the first-hand information of the trail's volunteer and staff maintainers and managers. Includes gear manufacturers' toll-free numbers, post office hours, and much more.

APPALACHIAN LONG DISTANCE HIKERS ASSOCIATION is an organization of past, present, and future hikers of the Appalachian Trail. It was formed in 1981 by previous thru-hikers but soon became a "users group" for backpackers and hikers of all the US scenic trails and major hiking paths abroad. ALDHA meets annually for a three-day festival and also engages in volunteer projects, such as shelter work trips and hostel repairs. Robert Sylvester leads a team of 25 volunteer field editors who contribute annual updates for the Companion.

THE AMERICAN ALPINE CLUB



AVAILABLE IN OCTOBER AMERICAN ALPINE **JOURNAL 2024**

The World's Most Significant Climbs

THE AMERICAN ALPINE CLUB

368 pages | 6 x 9 | \$45 | paperback | 300+ color photos | 2 illustrations 3 maps | ISBN 979-8-9874576-4-1 | Climbing | Rights: World

The world's most comprehensive and respected source for each year's major climbs

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- Authoritative route-line diagrams and maps
- · In-depth stories carefully edited by a team of experts

Published annually since 1929, the American Alpine Journal (AAJ) is renowned as the journal of record for new long climbs of all types. Lavishly illustrated with color photos and maps, the AAJ is where the world's leading climbers tell the stories of their biggest routes—the climbs that will be tomorrow's legends. All reports are carefully edited by a team of experts, ensuring accuracy and objective reporting. Each year we reveal many newly discovered-or long forgotten-climbing destinations and untrodden summits, from the United States to the Greater Ranges.

The AAJ is produced by THE AMERICAN ALPINE CLUB and written by hundreds of contributors from around the world. A large team of professional editors is headed by veteran climbing journalist Dougald MacDonald.

They also produce the monthly Cutting Edge podcast, featuring interviews with top climbers just back from major climbs: americanalpineclub.org/cutting-edge-podcast

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AVAILABLE IN OCTOBER ACCIDENTS IN NORTH AMERICAN CLIMBING 2024

THE AMERICAN ALPINE CLUB

128 pages | 6 x 9 | \$19.95 | paperback | 50+ color photos 6 illustrations | ISBN 979-8-9874576-6-5 | Climbing | Rights: World

Detailed accounts and analysis of rock climbing, mountaineering, and ski mountaineering accidents

- Beginners and experts alike rely on Accidents to become safer climbers
- In-depth articles provide expert how-to advice
- This year's Know the Ropes chapter covers the latest science on high-altitude illness prevention and treatment

Since 1948, the American Alpine Club has documented the year's most teachable climbing accidents, providing invaluable lessons to climbers and mountaineers. In Accidents in North American Climbing, more than 100 incidents are thoroughly analyzed to help climbers avoid similar mistakes in the future. Color photos, illustrations, and diagrams throughout the book help explain accident scenarios and causes. In our Know the Ropes and Essentials sections, professional guides, rescuers, and other experts offer in-depth instruction.

THE AMERICAN ALPINE CLUB is the leading organization representing climbers in the United States. Accidents in North American Climbing is written and edited by a team of volunteers, staff, and regional correspondents, led by editor Pete Takeda.

ONLINE:

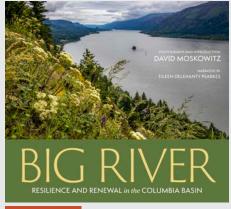
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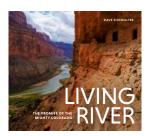


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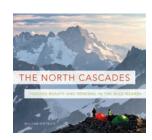
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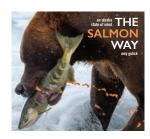
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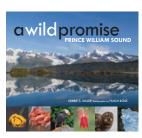
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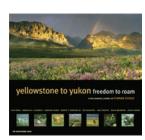
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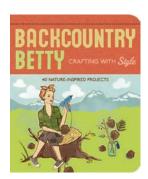
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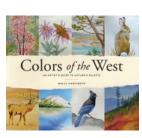
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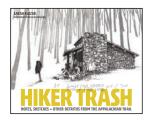
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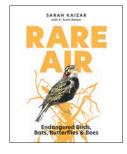
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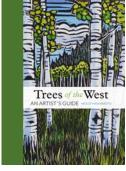
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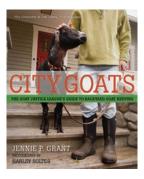
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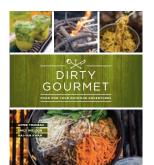
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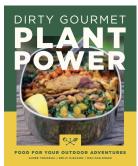
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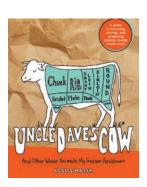
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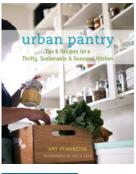
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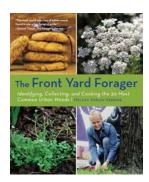
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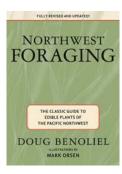
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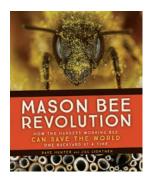
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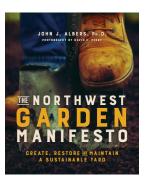
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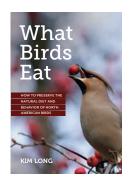


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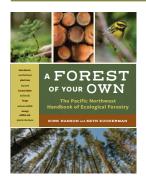


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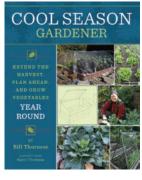
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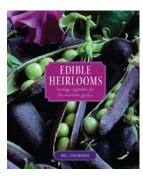
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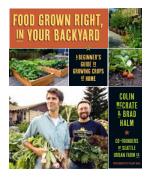
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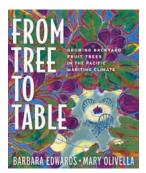


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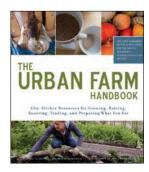
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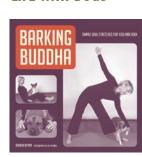
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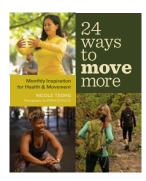
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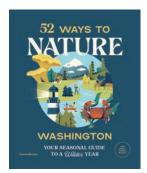
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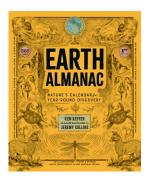
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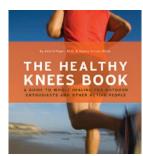
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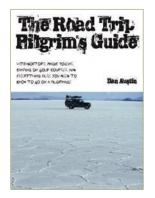
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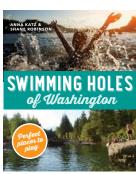


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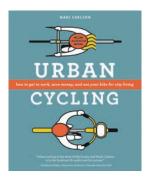
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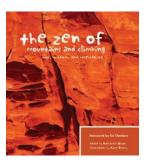


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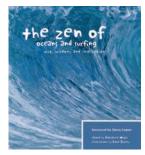
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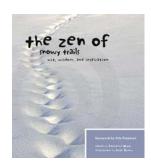
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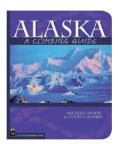
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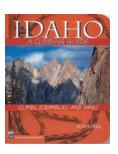
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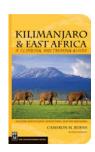
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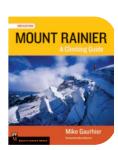


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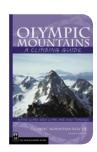
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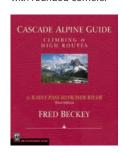
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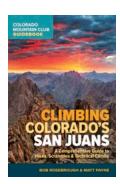


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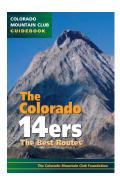
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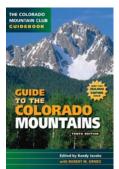
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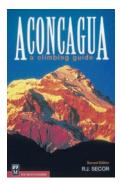
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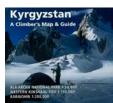
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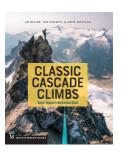
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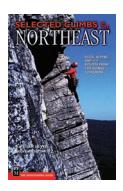
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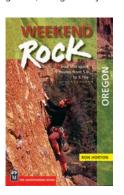
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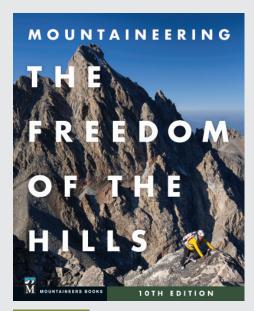


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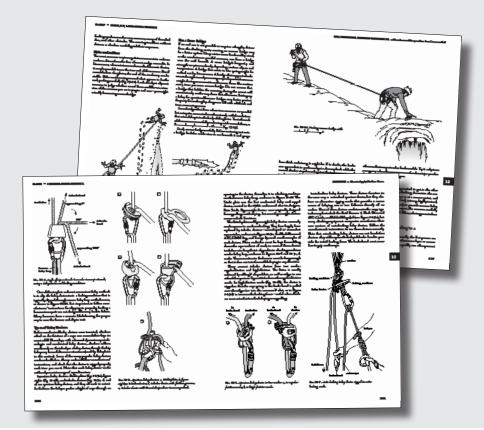


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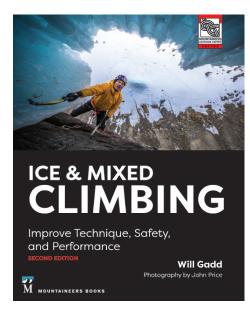
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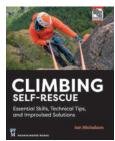
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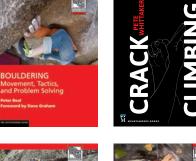
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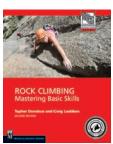
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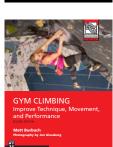












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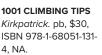
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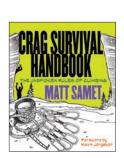
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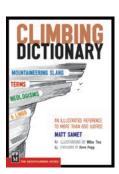






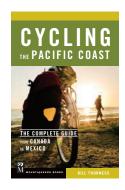
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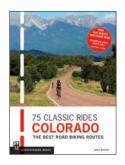


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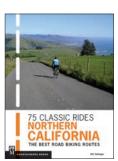
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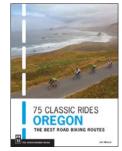
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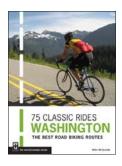
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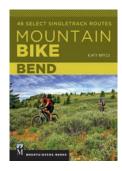
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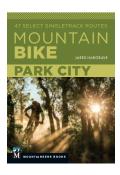
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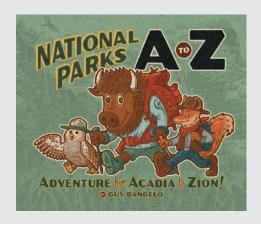
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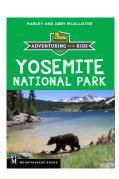
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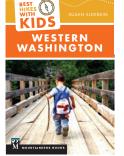
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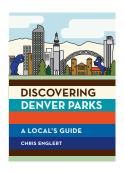
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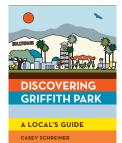
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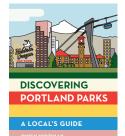
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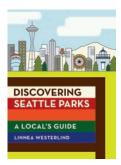
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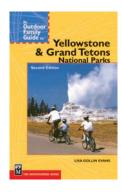


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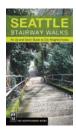
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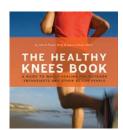
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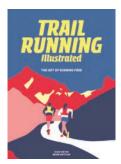
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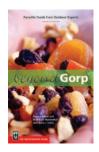
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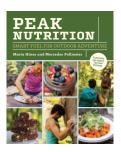
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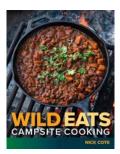
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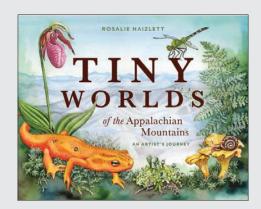
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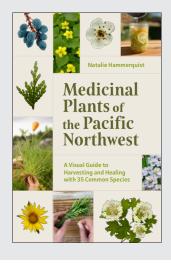


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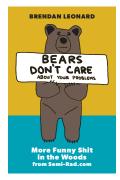
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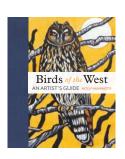
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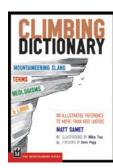
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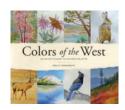


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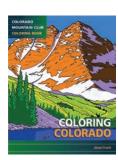


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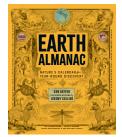
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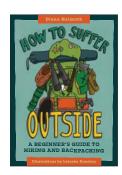


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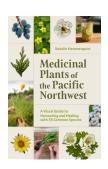
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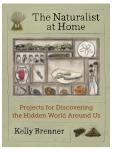
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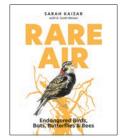
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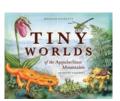
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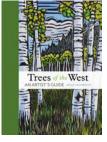
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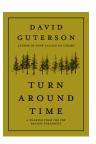
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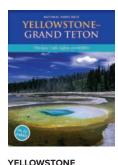
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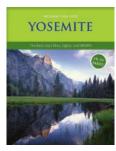
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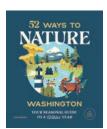


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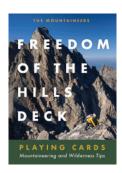
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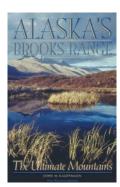
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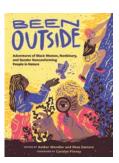
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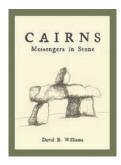


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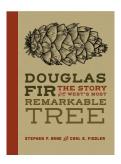


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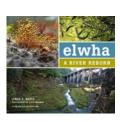
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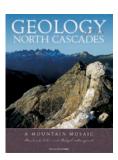
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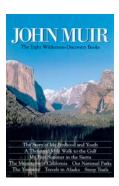
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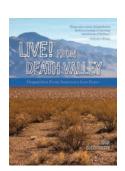
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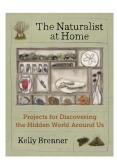
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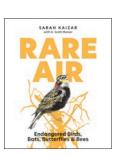
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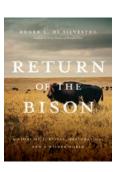


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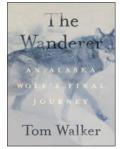
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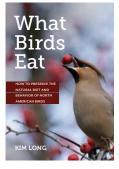
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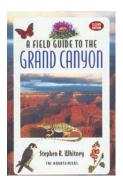
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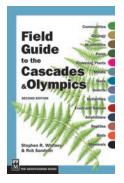
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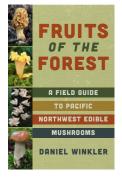
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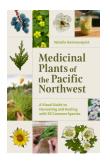


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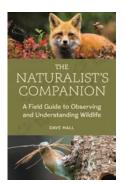
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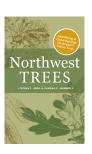
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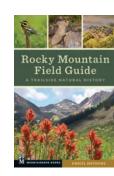
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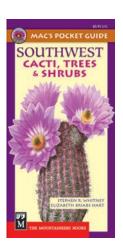
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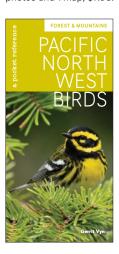
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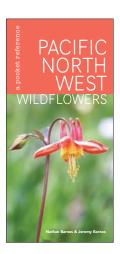






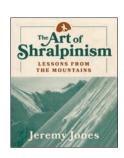
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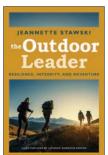
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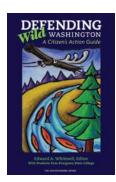
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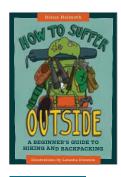


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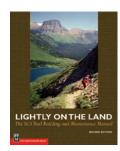
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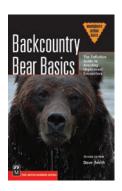
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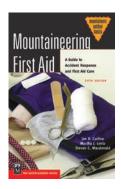
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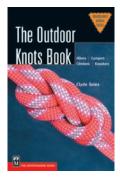


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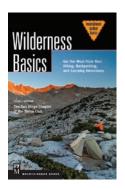
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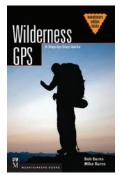


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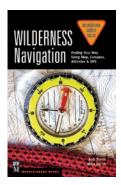
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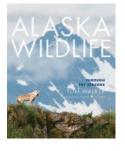


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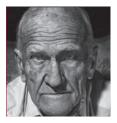
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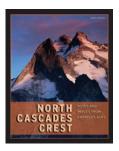
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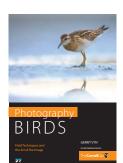


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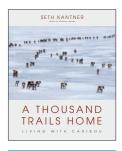


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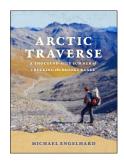
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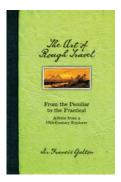
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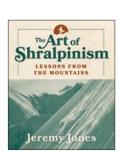
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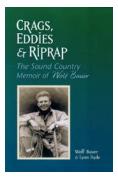
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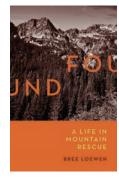
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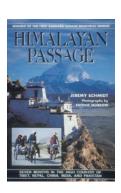
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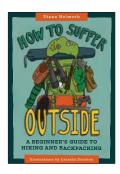
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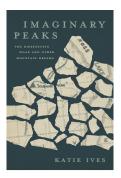
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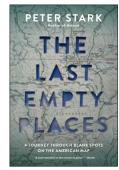
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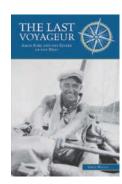
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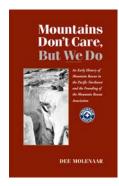


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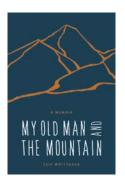


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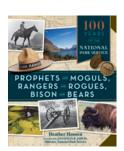
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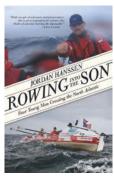
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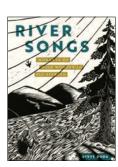
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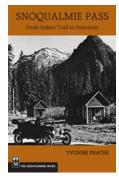
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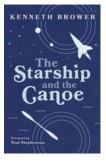
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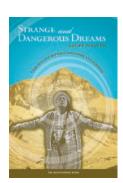
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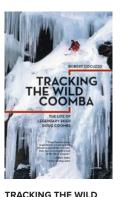
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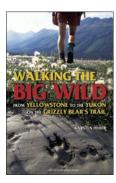
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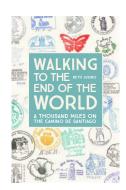
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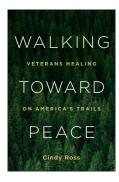
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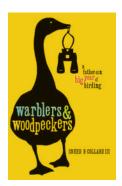


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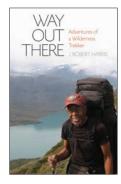
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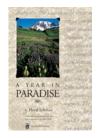
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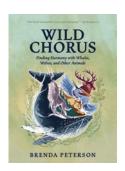
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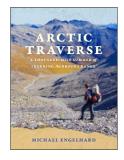
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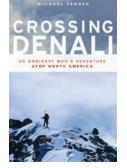
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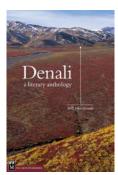
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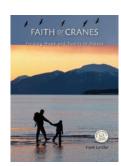


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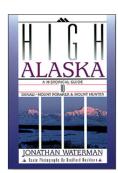
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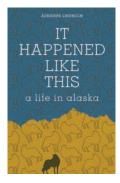
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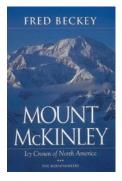
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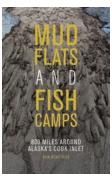
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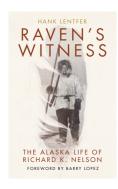
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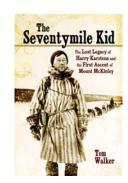
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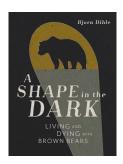
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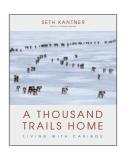


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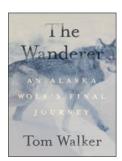
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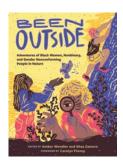
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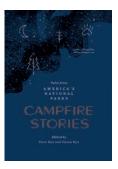
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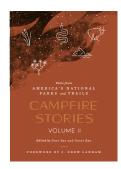


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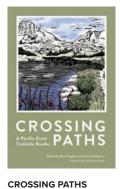
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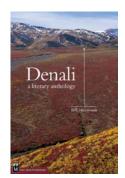


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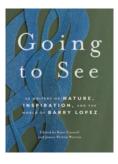


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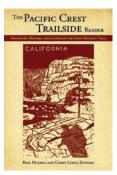


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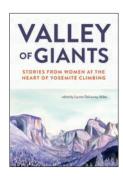
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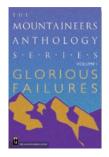
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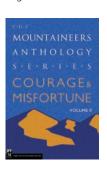
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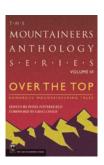
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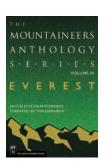
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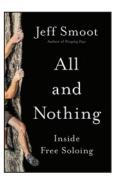
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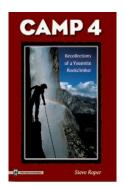
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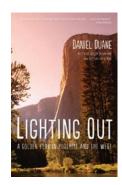
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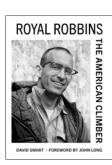
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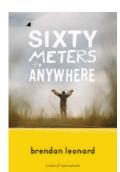
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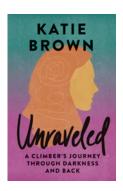
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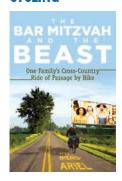
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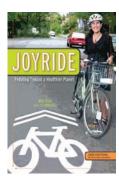
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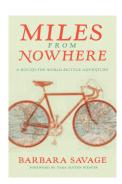
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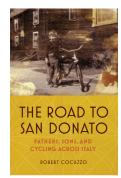
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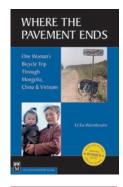
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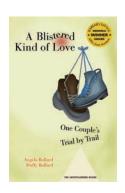


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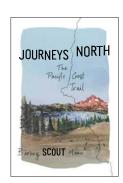
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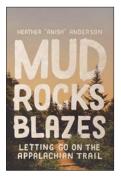


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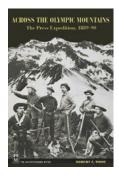


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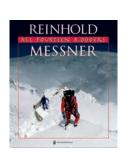
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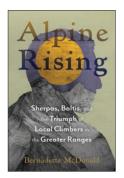
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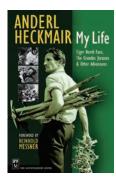
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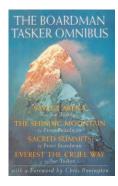
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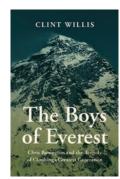
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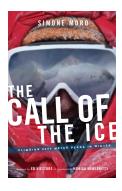
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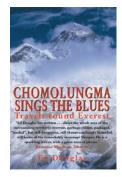
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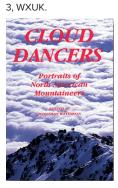
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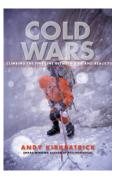
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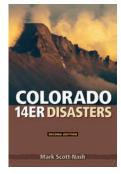
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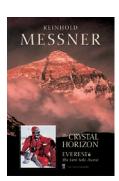
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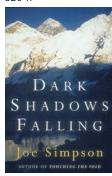
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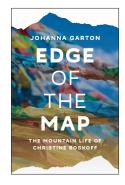


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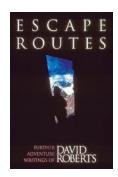
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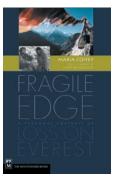




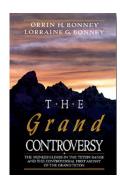
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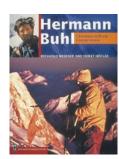
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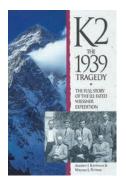
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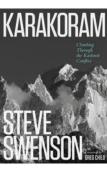
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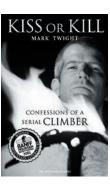


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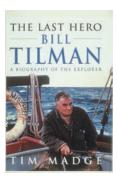
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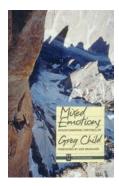
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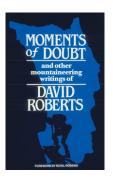
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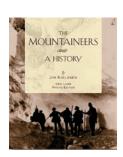


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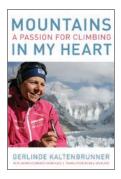


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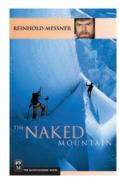
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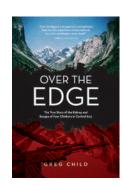
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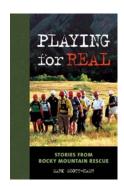
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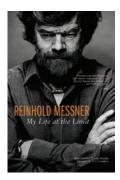
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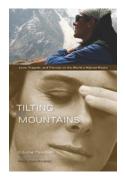
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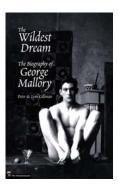
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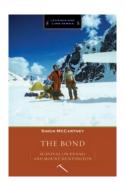
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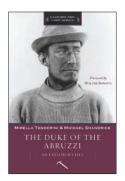
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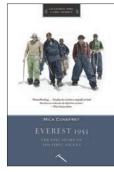
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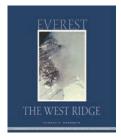
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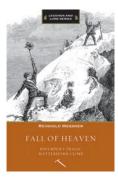
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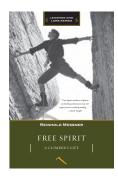


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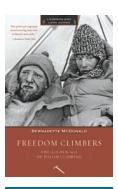


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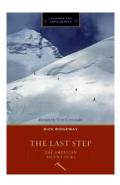
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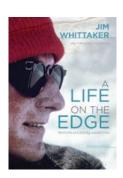
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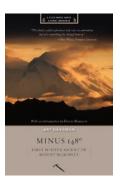
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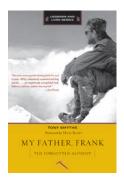
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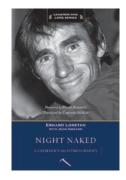
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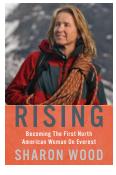
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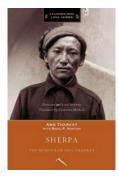
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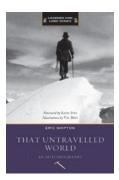
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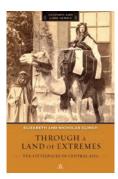
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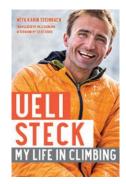
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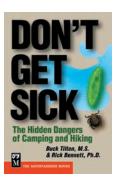
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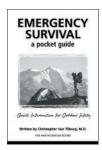


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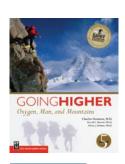


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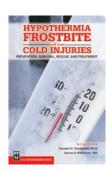
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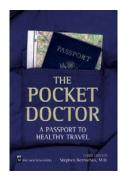


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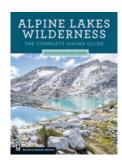
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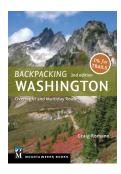


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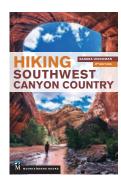
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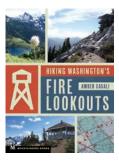
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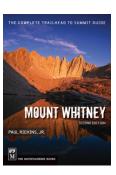
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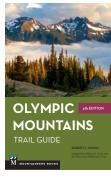
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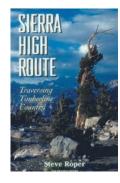
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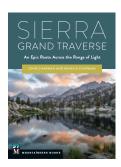
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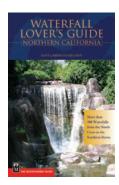
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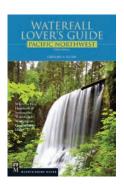
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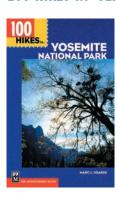
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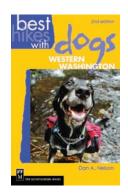
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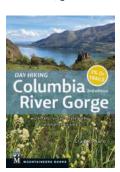
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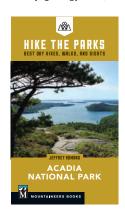
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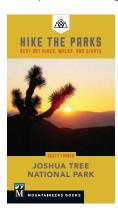
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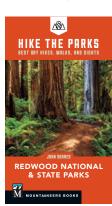
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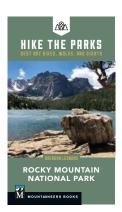
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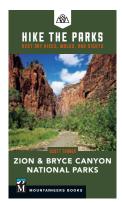
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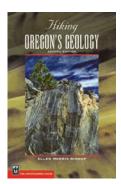
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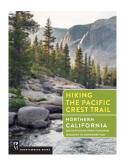
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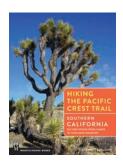
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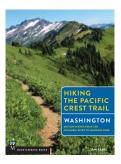
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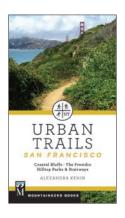


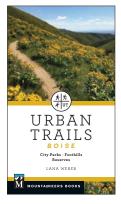
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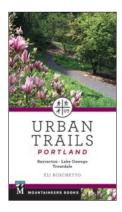
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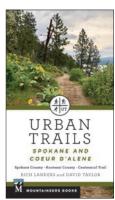












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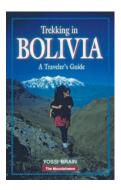
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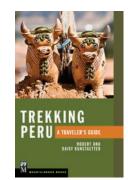
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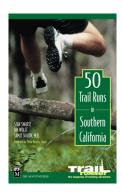
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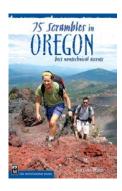
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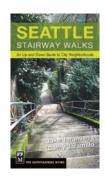
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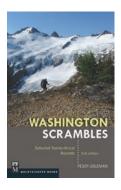
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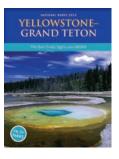
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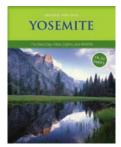
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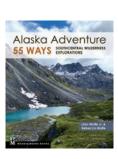
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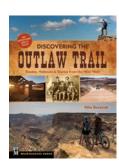
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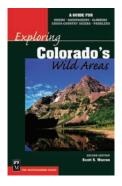
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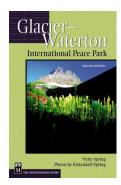


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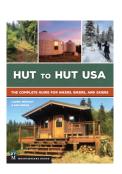
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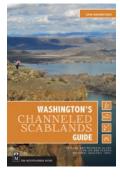
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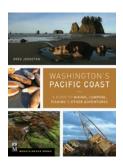
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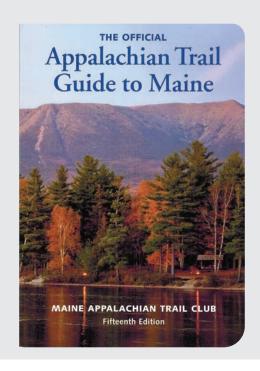
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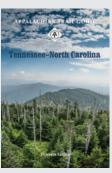
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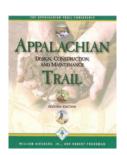
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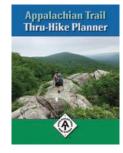
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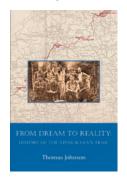
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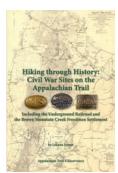
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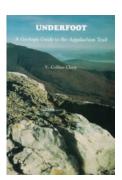
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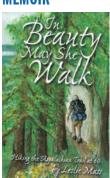
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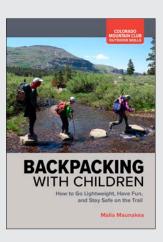


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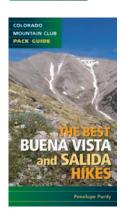
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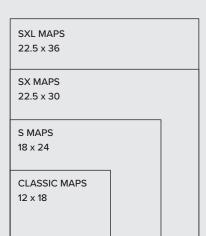






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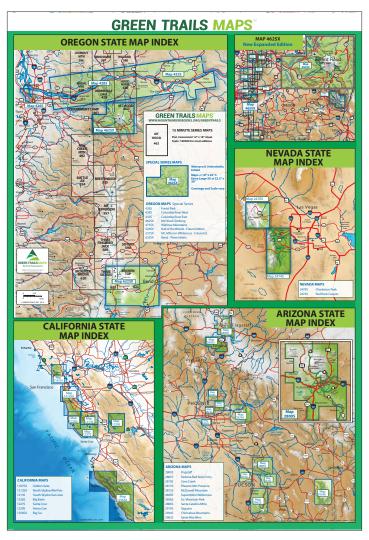
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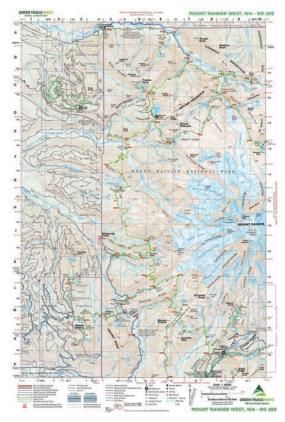
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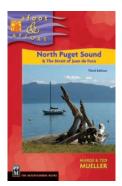
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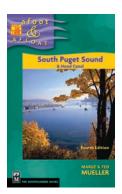
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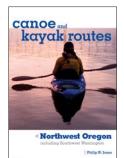
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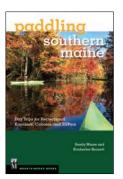
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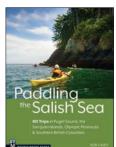
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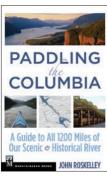
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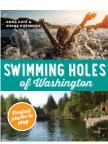
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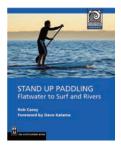
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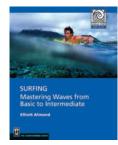


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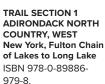


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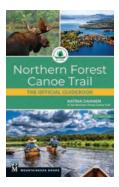
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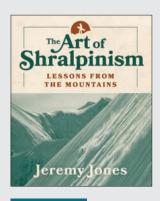
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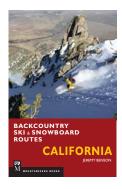
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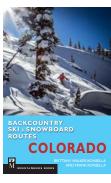
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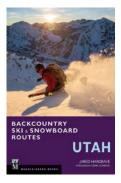
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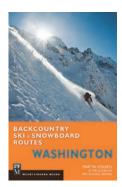
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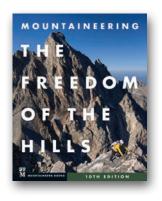


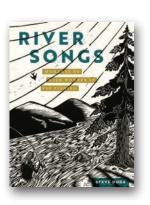
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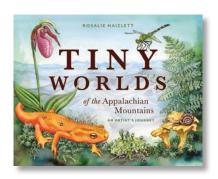
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