

Mountaineer

E X P L O R E • L E A R N • C O N S E R V E

in this issue:

Women on Top

Ups and Downs in the Himalayas

Overcoming Impostor Syndrome

Climbing Through The Status Quo

Family Playtime

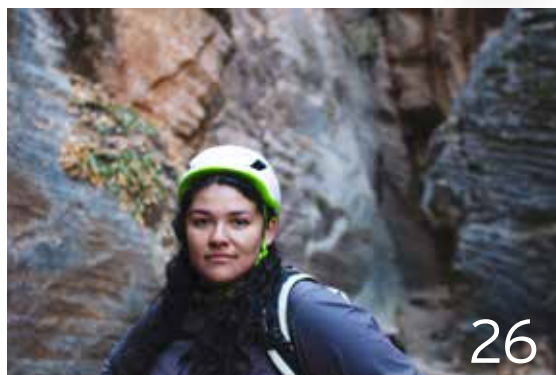
At Kitsap Forest Theater



Summer 2018 » Volume 112 » Number 3
The Mountaineers enriches lives and communities by helping people explore, conserve, learn about, and enjoy the lands and waters of the Pacific Northwest and beyond.



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Purpose

Discover The Mountaineers

If you are thinking of joining, or have joined and aren't sure where to start, why not set a date to Meet The Mountaineers? Check the Branching Out section of the magazine for times and locations of informational meetings at each of our seven branches.

on the cover: Sam Ortiz on a Mountaineers climb. *story on page 26*
photographer: photo courtesy of Sam Ortiz.

Mountaineer uses:



Back to The Mountaineers Future



A few weeks ago, I had the opportunity to go “back to the future” when my brother and his family joined me for a winter weekend at Meany Lodge. It’s been over 50 years since we last made a trek to the lodge. In so many ways, things at Meany Lodge haven’t changed. The snowcat, affectionately referred to as “Tomcat,” is the same one (albeit with a few modifications) used in the 1960s. The Mountaineer families and friends staying at the Lodge also felt familiar to us, all talking about the skiing prospects for the weekend, discussing the weather, and telling tall tales. There was reason for added excitement Friday night, as snow was falling with more predicted throughout the weekend. The only threat was that the big rope-tow was out of service due to rope wear.

In true Mountaineers spirit, a call for volunteers to help splice in a new section of rope went out at breakfast the next morning. Two teams were formed, and after dedicated work, the splices were complete. The big tow was back in action, and none too soon – we received around 20” of fresh powder and had many grinning faces.

What made me smile the most was witnessing the community that formed around the challenge of repairing the tow-rope. That’s when I saw the future: the teams of volunteers included children who were enthusiastically welcomed to participate. It was a terrific example of how Mountaineers share knowledge and provide opportunities.

The weekend highlighted other communities as well. Coincidentally it was the weekend of the Patrol Race – a backcountry ski race that runs approximately 18 miles from Snoqualmie Summit to Meany Lodge. The race was created by Mountaineers in 1930 and continued annually until eclipsed by World War II. In 2014 it was revived by The Mountaineers and has been offered annually since then. The Patrol Race has now reached a new community: that of committed athletes who come long distances to participate in the historic race and enjoy its unique course. At least two teams that signed up this year were from other states, and an all-woman team was amongst the finishers.

At the end of the race on Saturday, the teams gathered at Meany where they shared stories of the day with others at the Lodge, enjoyed a hearty Meany meal, and held an awards ceremony. Mountaineer Lowell Skoog, a well-known race participant, finished up the evening with a presentation on the history of the race.

In the meantime, the snow continued to fall, and we enjoyed more skiing on Sunday before packing up and departing in the afternoon, by riding in or skiing behind “Tomcat.” All of these activities remind me of just how many communities of adventurers exist within the greater Mountaineers family. Whether that be the communities of student climbers heading out for their first summit, volunteers attending advanced climbing seminars, hikers, or those heading out on global adventures, The Mountaineers makes outdoor adventure possible for so many. To me, this is Adventure with Purpose. With the directions outlined in Vision 2022, we will continue our work to enhance our member and volunteer experiences. I look forward to seeing you out there in 2018 and beyond.

Lorna Corrigan
Mountaineers Board President



The Mountaineers is a non-profit organization, founded in 1906 and dedicated to the responsible enjoyment and protection of natural areas.

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Summertime Stories

Summer brings out some of the best stories of the year. It's the only time of year that the roads are clear enough to get to the higher and more remote trails. But that's not the only reason. Ever since we were kids, with summer breaks from school, we've been conditioned to view summer as something special – as a time of year when we are supposed to play. And more often than not, in the hot months of summer, that play was outside.

The theme for this issue is purpose, something many of us search for, and find a sense of, in the wilderness. When we're outside, we're able to tune into ourselves and put the world into perspective. We're reminded of how little we are in the grand scheme of things, yet how important we are too.

In this issue of *Mountaineer* magazine, Sam Ortiz shares her story of overcoming fears of not fitting in outside. She recognizes that the outdoor industry is historically white, male, and lean. Equipped with a camera and an adventurous spirit, she's here to challenge that status quo and document it along the way.

Another article that celebrates the success of female Mountaineers is *Women on Top - Ups and Downs in the Himalayas* about an all-women climbing trip to Nepal taken on by Mountaineers climb leader, Ida Vincent, and her team, the Mountain Mahilas. They used this expedition to empower a local female Sherpa who needed more summits to compete with the male guides that dominate the industry.

Our third feature is about Jasmine Harrick, an up-and-coming actress, and her family who have been featured in The Mountaineers Kitsap Forest Theater for the past six years. She's starred as the lead in three of the performances and isn't even in high school yet.

This issue also has many of our wonderful regular columns, highlighting Mountaineers members, youth, history, conservation, and fitness. As always, we close with our *Last Word* column, and in this issue, Steve Scher reflects on what purpose means to him.

As we search for our sense of purpose, in the mountains and in our minds, one of the most important things we can do is share our experiences. It's how we connect and strengthen our community.

As the magazine editor, part of my job is to curate stories, but I can't do it alone. So this is my call out: if you know anyone who has a story to tell (and we all do!), especially of overcoming struggles with the help of the outdoors, I would love to hear from you. I am particularly interested in stories about mental health and wellbeing. Often the hardest struggles to overcome are internal.

Thank you for reading the magazine and happy adventuring,

Suzanne Gerber, Creative Manager



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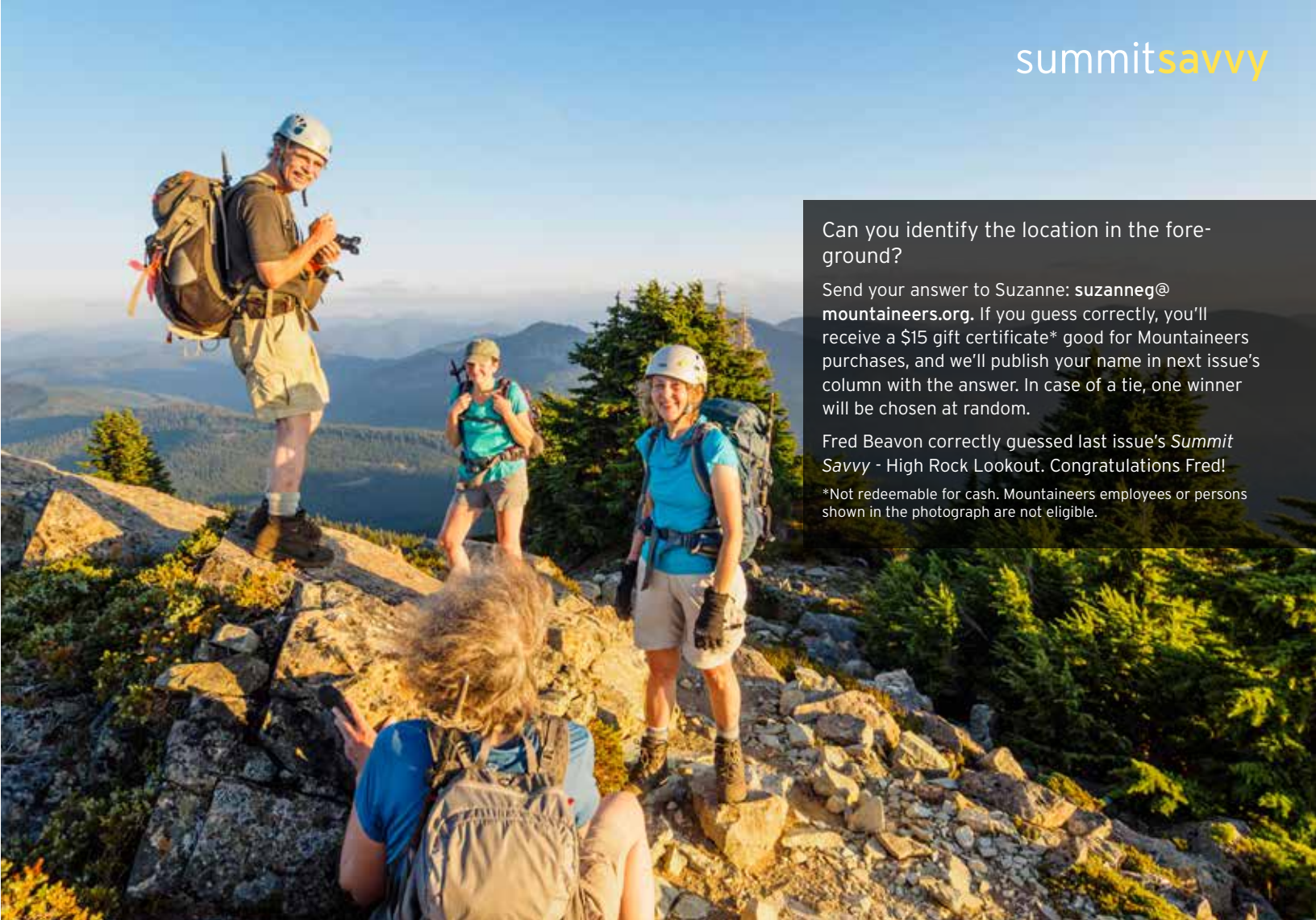
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Can you identify the location in the foreground?

Send your answer to Suzanne: suzanneg@mountaineers.org. If you guess correctly, you'll receive a \$15 gift certificate* good for Mountaineers purchases, and we'll publish your name in next issue's column with the answer. In case of a tie, one winner will be chosen at random.

Fred Beavon correctly guessed last issue's *Summit Savvy* - High Rock Lookout. Congratulations Fred!

*Not redeemable for cash. Mountaineers employees or persons shown in the photograph are not eligible.

Last issue's summit savvy: High Rock Lookout

Activity Type: Hiking

Season: Summer

Length: 3.2 miles round trip

Difficulty: Easy

Elevation Gain: 1,365 feet

High Point: 5,685 feet

Trail description by Tim Nair:

From the parking area at Towhead Gap, look for two weathered trailhead signs, on opposite sides of the road. Take the trailhead on the northwest side. The sign is barely visible: "High Rock Lookout Trail 266." The trail follows the ridgeline, entering a shady forest of fir and hemlock trees. The trail is well used and easy to follow. The ascent is moderately steep and has few switchbacks, and climbs consistently to the north-northwest, always just below the crest of Sawtooth Ridge. At 1.3 miles, the trail tops the ridgeline at a rock outcropping and viewpoint. From there, the trail continues to ascend the side of the ridge to the northern edge of Sawtooth Ridge. A final switchback and another few hundred yards and you are on the large and flat sloped rock that the lookout building is built on. The cabin was built in 1929, but is no longer staffed. The United States Geological Survey classifies High Rock as a pillar – a "vertical,



High Rock Lookout. Photo by Sunny Shoepe.

standing, often spire-shaped, natural rock formation." There is significant exposure at the lookout, especially on the north facing sides, where the drop is approximately 600 feet.

The trailhead is located on FS Road 8440, which connects onto FS Road 84 off of Skate Creek Road just east of Ashford. Note: FS Road 84 is not signed, and neither is FS Road 8440.

Read recent trip reports at www.mountaineers.org/explore/trip-reports.

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We're on the lookout for fur, feathers, and fins. Eyes up searching for golf balls in trees—the telltale white head of a bald eagle. Heads turned listening for sea lions' barks. Naturally, that's when two cubs pop out from the trees, mamma bear not far behind.


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Name Nick Block
Hometown Fairbanks, AK
Member Since March 2015
Occupation UX Design and Marketing
Favorite Activities Mountaineering, alpine rock climbing, skiing, and dabbling in everything

Photo courtesy of Nick Block.

How did you get involved with The Mountaineers?

After spending my childhood in Alaska, I grew to love the outdoors and everything it offers. I remember living in Portland in 2011 when a good friend of mine climbed Rainier with a guide service. I had always thought about climbing, but never thought it was something I could do. Inspired by my friend, I joined a charity climb of Rainier in 2012, and I was hooked! I knew climbing was for me. After that, I dove into gym and sport climbing, and spent a week on Mt. Shuksan with a guide service learning skills. I had seen The Mountaineers and owned *Freedom*, but was painfully just out of reach of joining the organization while in Oregon. In 2015, I moved to Seattle. That same month I went to a Meet The Mountaineers event and learned about Intense Basic. I joined the 2015 class, and the rest is history.

What motivates you to get outside?

Being a part of The Mountaineers has allowed me to meet tons of new people with similar interests and goals. Since I joined the club, I've been forming connections and friendships that I know will last a lifetime, and I'm just getting started. A sense of community and commonality is something that can be hard to find, especially in an increasingly digital world, and The Mountaineers offers those things. No matter who you are, what your background is, or where you came from, we all share a passion for the outdoors. We are all connected by this love of wild places, and that is what motivates me to get outside with The Mountaineers.

What's your favorite Mountaineers memory?

During my basic year, another student and I needed one more climb to graduate. We did an October climb of Chair Peak via the NE Buttress. The weather was finicky, as it always is in October in the PNW. The climb went great, the route was a ton of fun, but

a rainstorm rolled in as we were rappelling. We ended up getting hailed on for the last few rappels and it was a bit interesting! The climb was very fun, and our leader made sure we stayed safe. Despite the bad weather, that climb is really when I fell in love with alpine rock.

Who/What inspires you?

I'm inspired by the people chasing their dreams and pushing their own individual limits. If that means the Mount Si trail or a new route on an obscure rock face in Canada, we all have a limit that can be pushed. I am constantly in awe of those who dare to do what might seem impossible, even if it only seems impossible to themselves.

What does adventure mean to you?

To me, adventure means just getting out there and having fun, even in the face of uncertainty and doubt. I never thought I would be able to climb mountains and rocks. I'm still surprised everyday at how much I have grown, and how much more I have to learn. Adventure is a good teacher.

Lightning round

Sunrise or sunset? Sunset Summits!

Smile or game face? Smile.

Post-adventure meal of choice? Hard to find, but definitely breakfast! I'll take eggs, bacon, and hashbrowns please.

11th Essential? Ear plugs, a buff or hood to cover my eyes, and a good book to read on overnight trips.

If you could be a rock star at any activity overnight, what would it be? Backcountry skiing. Currently I'm a rockstar at "falling downhill through trees on skis."

Seven Steps to Vibrant Health

By Courtenay Schurman, MS, CSCS, PN2

Campsite on Mount Rainier.
Photo by Courtenay Schurman.

As a Mountaineer with summer objectives, you may already have a solid exercise program that includes a weekend adventure, weekday trainings, and weekly strength and flexibility workouts. But a healthy lifestyle is more than your exercise routine. If you're like a lot of people I know, you may be cutting corners on sleep, stressing about work or school, eating in the car to fit everything in, and skipping social commitments with friends.

Rather than adding more workouts to reach your objective, the answer may actually lie in looking at what you're doing with the other hours of your day.

1. Sleep Quality

Sleep is crucial for recovery and repair down to the cellular level, for brain health, stress management, hormonal function, mood and wellness. Exposure to blue light late at night, not getting adequate exposure to sunlight midday, and increasing levels of stress have all disrupted our ancestral circadian rhythms. Do you get enough sleep when relying on sugar and caffeine?

2. Nutrition

The vast majority of our health problems are caused by poor nutrition, and the processed foods industry has greatly compromised our choices, supplying us with toxins, empty calories, and too many processed, high-sugar, high-fat choices. Focus on choosing single-ingredient foods like those found around the perimeter of a grocery store rather than packaged goods in the center aisles. Choose local, organic, and grass-fed (for meat and eggs) whenever possible.

3. Movement

An hour of movement five times a week cannot undo the other choices we make outside of our workouts. Many people sit most of the day at work, in the car, or in front of a TV or computer. Simply getting out of your chair for a minute every half hour can help minimize the effects of sitting. If you view daily workouts as the tip of the iceberg, how might you enhance the rest of your daily life?

4. Breathing

The way we breathe modulates our stress levels. Shallow upper chest breathing contributes to stress, whereas deep belly breathing reduces it. Over half of Americans are mouth breathers; if we can train ourselves to nasal breathe, we can improve our stress response and VO_2 Max and ward off sniffles and allergies. For more on this fascinating topic, read *The Oxygen Advantage*, by Patrick McKeown.

5. Rejuvenate

The harder you train, the more you need to prioritize adequate recovery. Make sure you include fun things that help restore energy like photography in a local park, playing around in a pool, visiting a comedy club, getting a massage, or hanging out with friends.

6. Direction

Having a compelling purpose or personal mission statement gives us something to strive for, a compass to help us find our north star. If you don't set goals for your training or your life, you will never know when you've reached your destination.

7. Connection

We are social beings. In today's era of Facebook, Snapchat, and cell phones, we're losing the ability to connect with others face-to-face. Studies on those who live to the age of one hundred and beyond show that live connections with other people make a huge difference in overall satisfaction and longevity.

Try finding those gaps that need adjustments for increased well-being, happiness, and balance. If you would like to discuss any of these areas in more depth, feel free to contact Courtenay at court@bodyresults.com.

Courtenay Schurman is an NSCA-CSCS certified personal trainer, Precision Nutrition Level 2 Certified Nutrition Supercoach, and co-owner of Body Results. She specializes in training outdoor athletes. For more how-to exercises and tips, visit her website at www.bodyresults.com or send a question to court@bodyresults.com.

Sharon Dietrich and Chuck Potter

An interview with Sharon Dietrich by Kristina Ciari,
Mountaineers Communications Director

Long story long, how did you two meet?

I was leading a hike in the Olympics with The Mountaineers to Moose Lake, near Hurricane Ridge (also called Grand Lake). Chuck grew up in the area and was camping with a friend. It started to rain; just a downpour! The group of Mountaineers I was leading were not very experienced and I felt continuing would be a bad idea. I guided the group into a shelter and convinced them to forego the loop trip, returning the way we came, in order to save several miles and 800 ft of elevation. Chuck and his friend were also in the shelter, and chose to hike out with us.

I paid little attention to the two men, as I had 10 wet hikers to worry about. I do remember that one of the men was in good shape, perhaps younger, and better looking than the other, who was older and balding and a very tall, big man. Chuck asked one of the hikers my name, which I was not aware of.

About one week later I got a call from Chuck. He had gone to REI to ask about hiking groups in Seattle and they referred him to The Mountaineers. He called the office and told a story about finding a nice wool stocking cap in the shelter, saying that he was trying to reach me to return it to its owner. They gave him my full name and phone number! This was 1978, after all. That sort of thing would never happen today.

When I got the phone call, I really didn't know which of the two guys was on the other line. He described the situation and confessed to getting my phone number under false pretenses, but said he was interested in taking me on a date. I said yes.

My face has never been very good at disguising things, so when he came to my apartment to pick me up, my face immediately told him that I was hoping it would be the other guy. Ever a man of good humor, he said, "Yeah, it's the bald one."

Something told me that I probably ought to dress up, and he ended up taking me to Canliss for our first date. We were a couple after that, and were married four years later. We've been married 37 years, and remain best friends and soul mates to this day. Chuck has dementia now, but he remembers the past. So, we talk a lot about our many hiking and backpacking trips.

What's your favorite outdoor memory together?

Chuck has always been more interested in backpacking, and I've always preferred day hikes, but one backpacking trip into the Olympics stands out. About 25 years ago we took two weeks to explore. We went in at Hurricane Ridge, starting out at Obstruction Point, then going down into Grand Valley, then up and over several other passes. We carried all of our own gear and did not get resupplied, so we were quite laden down. But we had gorgeous weather that September, no rain and 75-degrees, and met maybe three people the whole trip. We saw a lot of wildlife and got pretty close to some bears. Not on purpose of course! One morning we got up to find a pile of bear crap right outside the tent!

We have a lot of amazing memories together in the outdoors. We did the Chelan Crest Trail one year, a few trips in the Olympics, and parts of the Pacific Crest Trail, including all of the Washington sections, together.

Do you have a favorite piece(s) of outdoor gear that has been pivotal in your relationship happiness?

Our three-person tent with an alcove. My husband is a large man. And neither of us likes dirty boots in the inner tent!

If you know a couple that met through The Mountaineers, email Kristina Ciari, Mountaineers Communications Director, at kristinac@mountaineers.org.



Sharon Dietrich and Charles (Chuck) Potter
Met on a hike in 1978 and celebrating a 37th
wedding anniversary this year.



Sharon Dietrich (top) and Chuck Potter (bottom) on the
Chelan Crest Trail in 2001. Photos courtesy of Sharon Dietrich.

2,000 Miles to Summer Camp

One Counselor's Journey

by Andy Bassett, Mountaineers
Youth Education manager



Camp counselor Marissa McDowell (red shirt, center) with her summer camp kids. Photo courtesy of Mountaineers Youth Education.

Here at the Program Center we look forward to the start of summer and are busily preparing ourselves for the hive to once again be buzzing with activity from our younger Mountaineers members. For eight weeks we will have around 65 students per week participating in Mountaineer's Summer Camp. During this time students will get a chance to climb, sail, kayak, explore the local parks around Seattle, and participate in two separate overnight camping trips. After the successful trip to Mount Rainier last summer, we have added a second overnight up to our lodge at Mount Baker.

Though the students do make these summer camps, it's the talent of the counselors and coordinators we hire that make it run. We are fortunate to incorporate excellent educators from around the country to work with this program. This past summer, Marissa McDowell joined us all the way from Indianapolis, Indiana to work with the Seattle Mountaineers' Summer Camp, here is what Marissa had to say about her experience:

Growing up in Indianapolis, I could only experience mountains and oceans on my family's yearly summer excursions to national parks. These trips were where I discovered my love for nature and my ambition to share this love with others. But I really wanted to do more. So started searching online and found The Mountaineers. I saw it was is an organization and a community that has a passion to help others explore and enjoy the outdoors. Not only that, they had a job opening. I thought to myself, 'Why not travel over 2000 miles to live in Seattle for the summer and be a camp counselor for The Mountaineers?'

With experience as an outdoor education counselor and a rock climber, I felt I was destined to be a part of this community. I could work with kids to fulfill The Mountaineers' mission and provide a unique perspective as someone who did not grow up in the area. When the Summer Camp Director, Danielle Leitao, called to offer me the job along with a place to stay with their member and data manager Tess Wendel, I knew I was about to embark on an unforgettable journey.

When I reached Seattle, everyone from The Mountaineers greeted me with kindness, and I made friends almost instantly. My favorite part of being a camp counselor was gaining new experiences along with the kids; such as glissading down Mount Rainier, sailing catamarans, and paddle boarding on Lake Washington. This camp was extremely well run and staff members went above and beyond to ensure parents and children were having a positive experience. Going to work every day was not just a job, it was an opportunity for me to share my passion, to teach outdoor living skills, and to laugh and grow with my camp kids.

Outside of camp, I took countless adventures with my fellow camp counselors and my roommate, Tess. Everyone was eager to show me everything Seattle and the Pacific Northwest had to offer, and I will be forever grateful for the opportunity. With insider tips and friends that acted as tour guides, I saw more breath-taking views than I ever imagined. Thinking back on the summer, some of my most memorable moments were sitting winded and smiling after a 4,788 ft. ascent to Mount Rainier's

Muir base camp overlooking the mountain ranges, hiking along the stunning, blue-green water of Diablo Lake in North Cascades National Park, and exploring Second Beach at low tide while the ocean waves crashed over my feet. My last adventure in Washington was a sunrise hike to the top of Mount Pilchuck with my camp family. As the sun peaked above the horizon, we sat drinking hot chocolate and rehashing our favorite memories of the summer. Each of these moments gave me a feeling of clarity and peace.

I came to Seattle with no friends and no family, but left with friends that felt like family. I've been inspired to spend more time sharing the outdoors with people who may not have much knowledge of what to do or where to go but are brave enough to step out of their comfort zones. The Mountaineers did more than give me an immensely gratifying job, they gave me new perspectives, chances to grow, and friends I'll never forget. ▲▲

As we look forward to the upcoming summer adventure season our calendar is getting pretty full with all the programs we aim to offer for the youth in the greater Seattle area. We are so lucky to have such amazing volunteers and staff like Marissa to provide such excellent educational opportunities. If you're interested in volunteering with youth programs, please contact The Mountaineers Youth Education Manager, Andy Bassett at andyb@mountaineers.org for more information. We look forward to seeing you out in the field this coming summer.



Marissa McDowell (left) with Daniel Lietao, Mountaineers Summer Camp Director, on their way to Camp Muir, MRNP. Photo courtesy of Mountaineers Youth Education.

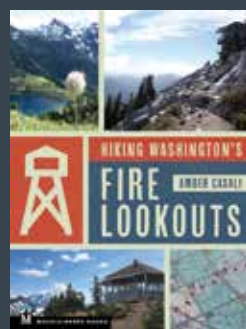
The staff at Mountaineers Books have hand-picked some of their favorite new publications just for readers of *Mountaineer* magazine. Take a look at these three books that will help you get out on the trail this summer:



Best Hikes With Kids: Western Washington

By Susan Elderkin

This all-new guidebook represents a passing of the torch to Susan Elderkin from Joan Burton, who as a long-time Mountaineer authored editions of this popular family guide for three decades. Susan's book has all new hikes and other material and offers most hikes in the 1 to 5 mile range with less than 1,000 feet of elevation. Susan is a hiking fanatic, the mother of two active kids, and the former communications director for the Washington Trails Association—she's an expert in this subject matter. Her new book includes 125 hikes selected especially for young hikers, aging hikers, and anyone wanting a restful walk in the woods.



Hiking Washington's Fire Lookouts

By Amber Casali

People still buy *Lookouts*, written by departed Mountaineer Ira Spring, but it is mostly history with a dash of hiking. *Hiking Washington's Fire Lookouts* offers a balance of hiking to and learning about the 44 fire lookouts it features. In addition to parking and trail details, the guide includes information on overnight stays or campgrounds and backcountry campsites in the area, roundtrip distance, elevation gain, winter access (for select sites) and more—the stunning color photos will reel you in.



Swimming Holes Of Washington: Perfect Places To Play

By Anna Katz and Shane Robinson

Finally, a guidebook for swimmers! This new full-color book includes 70 prime swimming holes selected for the cleanliness and clarity of their water, as well as the beauty of their surroundings. Water lovers will find both hike-in swimming spots, as well as drive ups. So whether you're looking for a place to get wet quickly or a big adventure with a refreshing payoff, this new guidebook provides the detailed information and maps that will get you to someplace special.

Stewardship Through The Eyes of a Land Manager

An interview with Sarah Lange

by Sara Ramsay, Mountaineers
Education Manager

Sarah Lange is an outdoor recreation planner for the U.S. Forest Service. She's also a former Mountaineers staff member, working as the Public Lands Program Manager from 2010-2013. At the 2017 Mountaineers Leadership Conference, Sarah was part of a land manager and partners panel and discussed ways that Mountaineers leaders can integrate stewardship and low-impact recreation into their trips and activities. Heading into the busy summer season, I caught up with Sarah to better understand her perspective as a land manager, and to learn more about how our leaders can encourage and inspire others to be responsible stewards of our public lands.

What sparked your interest in outdoor recreation and when did you become particularly interested in the stewardship of our public lands?

I've enjoyed playing outside ever since I was a kid, but I came into a career centered on outdoor recreation more or less by accident. Right out of college I worked for a national wildlife refuge on the coast of North Carolina, where I purchased a used sea kayak and began exploring the coastal waterways of the Outer Banks. When my temporary job at the refuge came to an end, I did a nationwide search for environmentally focused work and applied for an AmeriCorps position at Washington Water Trails Association (WWTa). I took the short-term job, eager for an excuse to build my sea kayaking skills and gain exposure to the Pacific Northwest. At the time, I was skeptical about the importance of trails and public access relative to other conservation issues. I ended up spending the next five years at WWTa getting familiar with the intricacies of public land management, engaging with volunteers in stewardship and trail planning, and studying and teaching outdoor ethics. It was during that time that I came to understand that exposure and access to the outdoors are vital if we want to keep conservation relevant to a changing society, and I developed a deep interest in recreation management.

What is your current role with the U.S. Forest Service (USFS), and how has that influenced your perspective on the importance of good stewardship?

I currently work in recreation and protected area management for Mt. Baker-Snoqualmie National Forest. Among other things, I lead a long-term management planning process for the Middle Fork and Pratt Wild and Scenic rivers, support the forest's efforts to modernize outfitting and guiding policies, and advise on recreation-related research projects. My work puts me in touch with so many different resources and values on the forest, such as tribal treaty rights, wildlife habitat, water quality, and forest products. More than ever, I'm aware that our national forests are more than just beautiful places to play and enjoy nature. This sense of the bigger picture definitely influences how I think about stewardship and the role of personal responsibility outdoors. Stewardship of the land is inherently good, but when you consider the sheer volume of visitors to our popular destinations in the forest, it becomes even more critical.

How can our leaders incorporate more stewardship practices into their activities?

Mountaineers leaders have the unique opportunity to facilitate dialogues about best practices for low-impact recreation and set expectations for how groups will approach cross-country travel, what they will do with their waste and food storage, how

they will handle wildlife encounters – skills like that. Beyond the very important role of establishing outdoor ethic “norms” among trip members, there are always opportunities to leave a place a little better than you found it.

Writing up a gear list for your trip? In addition to the Ten Essentials, ask everyone to bring a small trash bag and hold a contest for the most unique piece of trash packed out. The winner gets a granola bar, or something much tastier. If you see something that needs attention – a vandalized sign, overflowing toilet, washed-out bridge, brushy trail – follow up with the land manager when you return. DIY trail work can be tempting but it's not a good idea to start slashing brush or altering trail tread outside of a sanctioned stewardship event. If you're eager to get your hands dirty, the best course of action is to plug into a work party with a land manager or non-profit organization.

What are some strategies that our leaders can use to share low-impact “best practices” with members of the public? For example, what should we do when we see other parties cutting switchbacks?

The very first and most important thing to do is to assume good intent. This can be challenging when you see someone doing something that seems obviously destructive – *Seriously, you're ripping branches off of live trees to start a fire?* – but your interaction is going to go a whole lot better if you assume that you and said offender are both starting from a place of some shared values. At the very least, you can make an assumption that you both enjoy spending time in the outdoors. For example, I've talked to people who toss orange peels and apple cores along the trail because they think they are helping out the squirrels by sharing tasty food. The action is questionable but the intent is good.

When teaching Leave No Trace trainer courses, we always emphasize the “Authority of the Resource” technique. The authority of the resource, or ART, is a set of strategies often used by rangers to educate visitors about resource protection. ART principles emphasize focusing on the resource damage rather than the behavior itself, essentially relying on the authority of mother nature versus the authority of the law. For instance, if you were talking to a switchback cutter, you would want to first mention how switchbacks prevent erosion before explaining that the cumulative effect of switchback shortcuts leads to serious trail damage. The hope is that you can impart a bit of the “why” and make your pitch less about the offending hiker's actions and more about the trail itself, which you assume the offending hiker values.

How can our leaders identify infrequently-visited places to recreate, to reduce their impact on over-loved places?

Not surprisingly, researchers at the University of Washington have found a direct correlation between the number of visitors at our trails, the number of trip reports posted on Washington Trails Association's website, and the number of geo-tagged photos shared on online platforms like Instagram and Flickr. You can get a pretty accurate gauge on how popular a trail is by first looking up the destination online. It takes more time and research to find the quieter destinations.

If you start trip planning by flipping through a guidebook or surfing an online database, you're probably going to choose

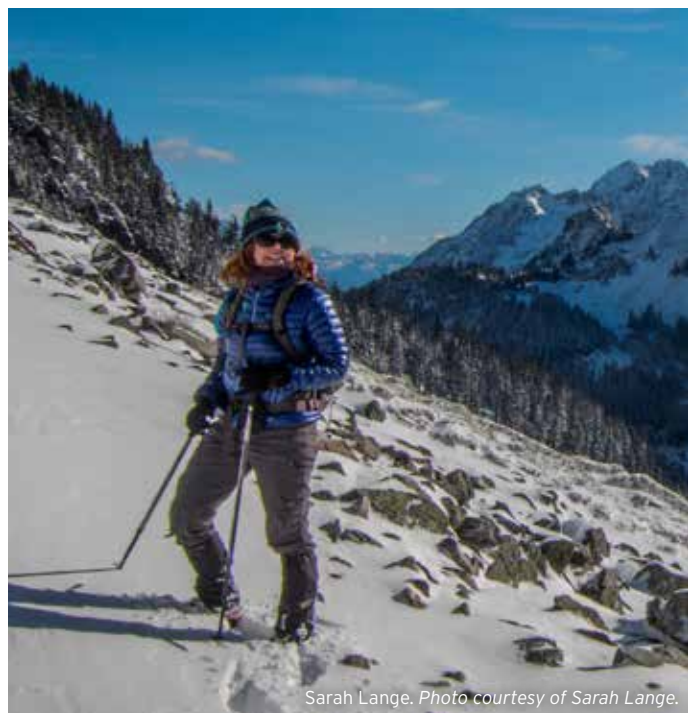
destinations that are on everyone else's radar. If you start by simply browsing a good, current set of maps you might be more likely to find the lesser-known gems. Once you clear your target destinations for popularity online, you'll need to dig in and check with land managers about current conditions, particularly road access. Road washouts are common occurrences in the Pacific Northwest and it's prudent to never take access for granted, particularly for an area that doesn't see a lot of visitors. However, sometimes road washouts can work to your advantage by screening out the crowds who aren't willing to walk or bike an extra few miles to get to a trailhead.

What is the most important thing that our members can do to reduce their impact on our public lands?

Know what to do with your poop. I always joke that human waste is the number two recreation management problem, but really it's the top of the list. Human waste left exposed or buried where it won't decompose is an eyesore, a health hazard, and a threat to water quality. Digging catholes is the way to go if you're in the woods (far away from water and campsites), where the soil is full of bacteria and bugs that will tidy up after you. However, so many of the Northwest's best places to recreate are not prime environments for rapid decomposition – alpine meadows, snowfields and glaciers, basalt coulees, beaches. Pair the poor soil (or lack thereof) with crowds and you end up with a mess.

Land managers just can't keep up with the need for toilets. If it's not a good place for you to bury your human waste, then it's probably not a viable spot for us to dig a pit toilet. Pump-out or composting toilets are expensive and can get logistically challenging, if not impossible, to install and maintain in the backcountry. So it comes down to individuals to make good decisions. In many cases, this means a willingness to pack out the waste with you, particularly while traveling in alpine, snow, or desert environments. ▲▲

Want to learn more or get involved? Check out the Conservation and Advocacy section of our blog, earn your Low-Impact Recreation badge, and sign up for a stewardship activity.



Sarah Lange. Photo courtesy of Sarah Lange.

Legendary Ice Ax Bid a New Home

by Tom Vogl, Mountaineers CEO

Ice ax on display at The Mountaineers Gala, April 14, 2018. Photo by HRV Media, LLC.

More than four hundred Mountaineers members, friends, and family will not soon forget the evening of April 14, 2018. The 2018 Mountaineers Gala, our single most important fundraising event of the year, brought our community together in celebration of all the things that make it so very special. We witnessed Jim Whittaker present Tom Hornbein with a lifetime achievement award in an inspirational moment that was both heartwarming and funny. We heard from Courtney Carolan and her daughters, Sophie and Keeley, about how The Mountaineers has become a focal point in their family and how our programs have had a transformative impact on the community. And we ended the evening with stories of friendship, courage, family, and determination from climbing legend Lynn Hill.

What I most enjoyed about the evening was the way we celebrated our volunteers and donors: not just the way they support our Mountaineers members, but more importantly, the profoundly positive impact they have on our community. In my opening remarks at the gala, I spoke about the fact that Mountaineers are motivated by the challenges of exploration, yet we aspire for more than just bagging peaks for their own sake - we adventure with purpose.

This sense of purpose is far greater and more impactful than simply our own pursuit of summits. We share our skills and experience with others, leading innovation in outdoor education so others may find confidence to explore the great outdoors. We mentor and inspire the next generation, engaging future Mountaineers so anyone who has an interest can find a path. And we are a strong and unified voice for public lands, fiercely advocating for wild places so Americans will have a place they

can find solitude, friendship, or face new challenges for years to come. This is what adventure with purpose is all about.

Mountaineers members Manisha Powar and her husband Vineeth Madhusudanan model adventure with purpose in their dedication to volunteerism, leadership, and generosity. Manisha and Vineeth joined The Mountaineers about ten years ago after hearing about us from friends. They had aspirations of climbing Mt. Rainier on their own after completing a climb with a guide service. They decided enrolling in the Alpine Scrambling program would be a great way to begin building the skills they needed. "My first scramble was in early spring on Denny Peak," recalls Manisha. "I'll never forget that day, scrambling with Vineeth and the rest of our group. We had so much fun and learned so much in this class that we immediately began planning to take Basic Alpine the following year."

Manisha and Vineeth also began volunteering early on with The Mountaineers. When they began taking courses with The Mountaineers, they realized it was a totally different experience than being guided. "The guides were great, but their goal was mainly just to get you up the mountain, not as much focus on teaching," said Manisah. "I loved the camaraderie among the instructors and students in The Mountaineers."

While Manisha and Vineeth were taking Basic, they volunteered with Scrambling. They became Alpine Scrambling and Snowshoe Leaders, and Manisha also became Climb Leader. For three years running, both Manisha and Vineeth have achieved the honor of being recognized as "Super Volunteers" - people who volunteer 15 times or more in a given year.

Recently Manisha's volunteer leadership reached new heights as she became an officer of the Board of Directors, serving as our Secretary: "Volunteering in the field gets you out, teaching, and providing hands on experiences. Over time I saw bigger opportunities to impact the design of programs - for example supporting the glacier committee for Seattle climbing. A couple years ago I joined the Advisory Council and that led me to considering the opportunity to join the Board of Directors. My aspiration serving on the Board is to find new, bigger ways to contribute to the success of this organization."

At the 2018 Mountaineers gala, attendees financially support our mission to enable us to do more and further our impact. Hundreds of people "raised the paddle" to financially support activities such as youth programs, conservation, and training our volunteers - efforts we otherwise wouldn't be able to accomplish. A lucky few people walked away from the evening with one of our special live auction packages, and it was only fitting that Manisha and Vineeth won the most sought-after and highest-bid live auction item: a vintage ice ax signed by the who's who of famous climbers: Edmund Hillary, Tenzing Norgay, Chris Bonington, Barbara and Brad Washburn, Fred Beckey, Royal Robbins, and Reinhold Messner. At the end of the evening, two other legends added their signatures to this piece of living history: Jim Whittaker and Tom Hornbein.

The ax was donated to us by Art Eash, a 40-year Mountaineers member. He was in the process of moving when he discovered a few historic ice axes buried amongst his possessions. Art no longer knew what to do with them, as they had been collecting dust for years, so he reached out to The Mountaineers to see if we could benefit from them, either by being auctioned off or by adding them to the historic archives. His generous donation, which Art purchased in the 1980's for \$800, helped The Mountaineers raise more than \$375,000 at the gala.

Reflecting on winning the ice ax, Manisha said "We hadn't thought about it much before the event and didn't have a strategy for bidding. We noticed that a lot of people had their eye on the ax and decided during the live auction that we had to have it! Owning a mountaineering artifact like this is deeply meaningful to me and Vineeth."

It was a special evening for everyone who attended the gala, but especially so for Manisha and Vineeth. "The Mountaineers is our second life. When we're not at home and not at work, we're at The Mountaineers. It's been a central part of who we are and we hope more and more people can have this type of opportunity." With the volunteer commitment and financial generosity of Mountaineers supporters such as Manisha and Vineeth, we'll be able to connect more and more people with the wild places that we love and call home.

Thinking of donating to The Mountaineers?

Your support will help enable and inspire people to get outside, connect with the natural world, and engage in its stewardship and protection. To learn more, go online to www.mountaineers.org/donate or call Amber Carrigan, The Mountaineers Development Director at 206-521-6004.

The Mountaineers is a 501(c)(3) nonprofit organization.

Tax ID: 27-3009280.



Manisha Powar holds up her bid card to win the most sought-after auction item: an ice ax signed by legendary climbers. Photo by HRV Media, LLC.

Morning on Mount Bonaparte

by Craig Romano,
Mountaineers guidebook author

Eastern Washington's third highest summit, 7,257-foot Mount Bonaparte rises all alone in the Okanogan Highlands. Bonaparte is a monadnock (also known as an inselberg) – a geological term taken from Mount Monadnock, a popular southern New Hampshire mountain memorialized by 19th century writers Ralph Waldo Emerson and Henry David Thoreau. The word monadnock is of Abenaki origin translating to isolated mountain. Monadnocks are lone isolated mountains standing above their surroundings. They have fared better than their environs in surviving the agents of erosion. Broad lofty Mount Bonaparte indeed stands alone, and with a 3,500-foot prominence, is distinguishable from quite a distance away.

An old and worn mountain in the eastern reaches of the Okanogan-Wenatchee National Forest, Bonaparte is quite different geologically than the Cascades to the west. Hike it and you'll feel like you're in another time zone. Not Mountain, Central, or Eastern – but Past. The first time I hiked this mountain was in 1990. I felt as if I had stepped back a century to the nascent days of the Forest Service. Could it have been because of the old and worn signs, the pine needle shrouded trail revealing a lack of other trail users, the old gnarled conifers shading the way, the views across the Okanogan Highlands revealing not one hint that the modern world was down below or anywhere near, or was it the fire lookout cabin constructed in 1914 that still graced this peak?

Bonaparte immediately occupied a special place in my heart. Bonaparte seemed immune from the chaos and maddening clutter of the modern world. A place I could return to where time stands still; a place I could restore my sanity and reset my compass. But when I returned in 2003, my heart was wrenched. The Forest Service had allowed a modern incursion on the mountain's main trail – the use of ATVs. They were being used to transport supplies to the newer 1961-built fire lookout which is staffed every summer in a region where fire is as common as rain is in the Olympics. But with no oversight and a lack of rangers and other Forest Service personnel on the mountain and its trails, scores of off-road riders were now also ripping up and down the mountain. In less than a decade, the ATVs rendered what was a quiet historic century-old byway into an eroded, trenched, and dusty travesty; an eyesore. And with each passing motor, an assault on the tranquility of a natural sanctuary. No one in their right mind would now want to hike this trail. Why were the ATVs even contemplated by the Forest Service in the first place? Were horses no longer sufficient to pack supplies to the lookout? Must we always make way for modernity despite that the older ways were more in harmony with preservation and sanctity of place?

Through public disapproval and viewing the negative outcome firsthand, the Forest Service eventually closed the trail to unauthorized ATV use (although motorcycles are still free to buzz up and down this mountain in one of the last large roadless areas remaining in Eastern Washington). Scofflaws still occasionally tear up the tread, however, as enforcement of rules and policy is near impossible when the agency is running on a shoestring budget. Thankfully, I have since discovered two other ways up the mountain on trails that bear the tracks of footprints and hoof prints, not the mark of machines. The Southside and Antoine trails nicely recreate the experience I had in 1990 hiking up the mountain.

The 1914-built fire lookout cabin sitting on the summit still greets me and views from the new lookout still reveal a landscape below that could easily be from 1914. It was in that year that the Great War broke out in Europe, Mexico was in a revolution, and the Hetch Hetchy Dam was under construction about to inundate one of the greatest valleys in the American West. Political unrest, human conflict, and environmental destruction – one hundred years forward some things never change. It's the reason I keep returning to mountains like Bonaparte; mountains that are sanctuaries for my sanity. Places I can retreat to from the messes we humans have created in the past 10, 100, 1000 years. I want this old mountain to remain solid and embracing. I want this old monadnock to continue to have the same effect on me that the Mount Monadnock had on Emerson and Thoreau. "On the tops of mountains, as everywhere to hopeful souls, it is always morning," extolled Thoreau. I agree. ▲▲

Bald Rock

by Mickey Eisenberg, Gene Yore,
and Steve McClure

Bald Rock

Skill	Easy scramble, mostly a hike
Beauty	6 (out of 10)
Effort	4 (out of 10)
Distance RT	Stevens Canyon: 10 miles Box Canyon: 8 miles
Elevation gain	Stevens Canyon: 3,100 feet Box Canyon: 2,600 feet
Time RT	Stevens Canyon: 7 hours Box Canyon: 6 hours
Season	August through October
Equipment	Scramble gear

View of Rainier and Little Tahoma from the summit of Bald Rock. Photo by Mickey Eisenberg.

Bald Rock is infrequently visited but it makes for a lovely forest hike with great views of Rainier and Little Tahoma. The peak is named for its smooth treeless summit.

Directions: Bald Rock can be approached from two trailheads. The Box Canyon route is the shorter of the two.

Stevens Canyon: From the Stevens Canyon Entrance, drive 0.8 mile east on the Stevens Canyon Road and park on the roadside at elevation 2,320 feet, where the road intersects the Cowlitz Divide Trail. (The trailhead is 15 miles south of the Crystal Mountain ski area turnoff and 33 miles east of the Nisqually Entrance.)

Box Canyon: This trail also leaves from the Stevens Canyon Road and is approximately 10 miles west of the Stevens Canyon Entrance (or 23 miles east of the Nisqually Entrance). Park on the south side of the road at Box Canyon, and look for the Wonderland Trail sign.

Route: Stevens Canyon: Look for the Cowlitz Divide Trail sign. Hike in a mostly northerly direction for 1.5 miles; then the trail veers westerly. You will pass a sign to Olallie Creek Camp-ground in about 2.4 miles from the trailhead. The trail reaches a saddle at 4,760 feet, where it intersects the Wonderland Trail. Take the right, or northerly, trail and follow it for approximately 0.5 mile. At around 5,350 feet, leave the trail where it reaches an open meadow on the right and head in an easterly direction. Soon you will be on a ridge. Descend around 250 feet in 0.4 mile along the ridge passing over three bumps until reaching the lowest point on the ridge (5,100 feet). Then regain elevation and in 0.3 mile reach Bald Rock at 5,409 feet. There are a lot of elk trails along the ridge. You can follow one or merely stay on the ridge.

The north face of Bald Rock is extremely steep, but the summit area is flat.

To return, retrace your steps or take a shortcut by returning to the saddle at 5,100 feet. Descend the slope at a bearing of 200 degrees for 400 feet and then change your bearing to 178. You will rejoin the Cowlitz Divide Trail at approximately 4,450 feet. Return to trailhead.

This option is mostly on the Wonderland Trail. It is shorter than the Stevens Canyon route and has the attraction of crossing Box Canyon, a remarkable slot canyon in the southeast part of the park. The trailhead is across from the parking area and just east of Box Canyon "and the Cowlitz River. Find the Wonderland Trail sign and head in the direction of Nickel Creek Camp and Indian Bar Camp. Follow the trail until it reaches a saddle at 4,760 feet. Stay on the Wonderland Trail, heading northerly. As with the Stevens Canyon route, leave the trail around 5,350 feet and head in an easterly direction. Soon you will be on a ridge. Descend around 250 feet in 0.4 mile along the ridge passing over three bumps until reaching the lowest point on the ridge (5,100 feet). Then regain elevation and in 0.3 mile reach Bald Rock at 5,409 feet. There are a lot of elk trails along the ridge. You can follow one or merely stay on the ridge. The north face of Bald Rock is extremely steep, but the summit area is flat. ▲▲

Want to learn more?

Guide to 100 Peaks at Mount Rainier National Park is available as an enhanced iBook for the iPad on iTunes and in tablet eBook and smartphone eBook by Mountaineers Books.

Olympia Stewardship Challenge

A Branch's Call to Give Back to Our Public Lands

by Peter Dunau, Mountaineers Communications Specialist



Jim French on the Wynoochee Lakeshore Trail. Photo by Ginger Sarver.

Jim French, a 20-year Mountaineers stewardship trip leader, has noticed a familiar refrain from new participants. After a long day clearing trails, removing invasive species, or seeding native plants, they exclaim, "Wow, that was great! I would have never done that if it hadn't been required as part of The Mountaineers course I'm taking. I'd like to do it again."

For those unfamiliar with Mountaineers courses, many of them call for students to complete an eight-hour stewardship day in order to graduate. In The Mountaineers' world, part of becoming a skilled climber, scrambler, or hiker is practicing good outdoor ethics and giving back to public lands.

Commitment to service is paramount to The Mountaineers' conservation mission. But as Jim's crew members learned, there's more to it than that. Stewardship takes people to beautiful places like Mount Rose, Porter Falls, and the Elwha River, where participants spend the day doing meaningful work alongside fellow outdoors lovers. In short, it's fun.

Jim thinks of it as the "raisin bran effect." The service part is like the bran – healthy, nutritious, and rewarding. But it's the sweet raisins, the joy of being outdoors, that's the best part.

The tricky part is getting people to give stewardship a try. The course requirement is a big help, but Jim and his fellow leaders at the Olympia Branch began to wonder if they could do more.

This year they issued a challenge: dedicate at least one day to stewarding our public lands. The Olympia Stewardship Challenge is now off and running and the hours are starting to roll in. Mountaineers from all branches are encouraged to join.

From a Committee of One to a Vibrant Community

In 2017, the Olympia Branch led 58 stewardship trips, culminating in about 1,800 volunteer hours. That didn't happen overnight.

Jim recalls attending his first Olympia Branch Banquet back in 2000. He was new to The Mountaineers. Marilyn Miller, the Branch chair at the time, announced she wanted to get the conservation committee started again and was looking for

volunteers. Jim recalls with a chuckle that as the only person who stepped up, he became a committee of one. He began setting up stewardship activities for branch members to join.

"Personally, I've always felt compelled to care for the natural world" says Jim, who's now retired after a long career with the Washington State Parks System. "My hometown is Steubenville, Ohio. It was declared the dirtiest city in America. The place where I grew up was singled out as a health hazard due to pollution from coal burning and steel mills. I thought that it was terrible, and I went on to study conservation in college." A lifelong passion, Jim figures he spends about 25 hours a week on stewardship-related stuff these days.

Jim led almost all of Olympia's stewardship trips until about five years ago when another Olympia conservation rock star, Kathy Fox, came on board.

Kathy hatched a leadership training plan: they'd ask Olympia members to step up as "Assistant Leaders," then ease them into increasing responsibilities such as scheduling their own trips and coordinating with land management agencies and other conservation nonprofits.

"Kathy came up with the idea getting more people involved," says Jim. "And I was so impressed with how they rose up to the challenge."

Currently, Jim estimates the Olympia Branch has 22 crew leaders who can run trips. Jim and Kathy co-chair the Olympia Conservation & Stewardship Committee, which also has an advisory council. In addition to Jim and Kathy, the council consists of Jack Sisco, Keith Arnold, Ginger Sarver, Jennifer Fortin, and Tony Santolla.

"Jim's the heart and soul of our committee," says Ginger Sarver. "His enthusiasm and dedication inspire everyone who is lucky enough to work with him."

Jim's noticed that each new leader brings a unique interest to their role, which ushers in an ever-growing list of conservation partners. The Olympia Branch now works with over twenty agencies and organizations, such as Washington Trails Association and Capitol Land Trust.

The Olympia Branch's list of projects runs the gambit from those you might expect, such as trail maintenance at nearby parks and forests, to those you might not, such as working with MeadowWatch on a citizen science program to study climate change's effect on Mount Rainier's alpine flowers, and working with Stream Team to monitor amphibian eggs masses (a good indicator of an area's environmental health).

When asked if there's a particular project he's most proud of, Jim doesn't have one. "I'm proud of sticking with it," he says. "And having a group folks that are also sticking with it."

In the beginning, Jim recalls reaching out to land managers who didn't know whether his group would come out "for an afternoon to have a picnic" or whether they were committed to public lands for the long haul. Now, the Olympia Mountaineers are known for working on stewardship initiatives throughout the South Puget Sound.

"It took years to demonstrate that we were determined and that we would be of service," says Jim.

Public Lands Need Our Help

Jim doesn't hesitate when asked about the biggest challenge our public lands face. "Funding," he says. "The lack of resources makes things a constant struggle for our land management agencies, so they end up with a huge backlog of maintenance issues. They have trails that are almost unserviceable because they don't have anybody to work on them."

On the advocacy side of things, The Mountaineers continues to push for long term funding solutions. "Recently, we were heartened that Congress established a wildfire fund for the Forest Service," says Katherine Hollis, Mountaineers Conservation & Advocacy Director. "The fund will allow the Forest Service to address wildfire costs without tapping into reserves originally allocated for recreation and conservation projects."

During his spring trip to Washington D.C., Mountaineers CEO Tom Vogl had great conversations with our Washington State lawmakers who champion causes like the Land & Water Conservation Fund and the National Park Service Legacy Act.

Unfortunately, our public lands can't afford to wait. Our national parks, for example, face a \$12 billion maintenance backlog.

"It's up to volunteers to lend a hand so we can keep our parks, forests, and trails usable," explains Jim.

Alleviating this massive problem comes down to lots of people doing what they can, when they can. It comes down to people like Jim, Kathy, and the Olympia crew stepping up to the challenge, and all of us joining the cause. ▲▲

Get Involved

To learn how you can join the Olympia Stewardship Challenge, visit mountaineers.org/stewardship-challenge.

To view all upcoming stewardship activities, visit mountaineers.org/stewardship.



The Olympia Branch teams up with a WTA crew leader to clear trail at Porter Falls in Capitol State Forest. Photo by Ginger Sarver.

Women on Top

Ups and Downs in the Himalayas

by Ida Vincent, Mountaineers Climb Leader



The full team, Kim, Ida, Tammy and Phurba at Ama Dablam Camp 1. Photo courtesy of Ida Vincent.

“You have to love the process.”

I repeat these words of climber Ueli Steck in my head over and over as I fight back tears and listen to the thump of helicopter blades getting closer. I have been on this journey for almost four weeks now with the ultimate goal of standing on the summit of Ama Dablam, a 22,349-foot tall peak in the Khumbu region of Nepal. Now I get to watch her spectacular summit and jaw-dropping ridgelines disappear behind me as I am whisked away to Kathmandu for x-rays and hospital visits.

One year prior, I awoke in a hospital bed, reeling with pain. A rare type of cancer had robbed me of the entire upper lobe of my right lung. I wasn't sure what my new reality was – if I could ever climb mountains again. Getting up Kite Hill, a mere bump in Seattle's Gasworks Park, had me out of breath and hunched over. What used to make my heart sing with joy now left me despondent and discouraged. But not for long. I've always found a healthy dose of anger will get you back up and running in no time. Attending a mountain film festival a month after surgery did just that. As I watched with my fellow female climbers, I thought to myself, “Where are all the films about women climbers? Why were there no stories of ladies sending rock faces, girls skiing steep powder slopes, or females kicking their crampons into blue water ice?” I know so many fierce, talented, and badass women who inspire me and drive me forwards. Why weren't films representing them?

Driven by frustration, I conjured a plan to kick my surgery recovery in the butt and in the process make a film for and about women climbers. Considering how many amazing women climbers I know, it wasn't hard to rally a couple of friends, Tammy and Kim, to join my crazy idea. We wanted to climb something challenging, and Tammy was adamant from the very beginning that Ama Dablam in Nepal was our mountain. She had been on a trip to Nepal previously, hiking next to this iconic peak for weeks. I was scared, it looked frightfully challenging, but we all decided that unless we stepped outside of our comfort zone and tried something we were not sure we could achieve it would not be an adventure.

As a group of women setting off to climb in Nepal it seemed only appropriate that our team name should be Mountain Mahila, Mahila being the Nepali word for women. With our summit objective and team named sorted we were all ready to go.

There was, however, one problem: none of us knew anything about film production. We weren't going to let a minor detail like that stop us. Armed with enthusiasm, we enrolled in a film production course and trolled the internet for any information we could glean. The year that ensued was exciting, heart-wrenching, and awe-inspiring. There were ups and downs as I wavered between self-doubt and feeling stronger than ever. We trained hard, and with each climb, I was less out of breath, faster, and almost back to being my pre-surgery self. We filmed, learning how to use the cameras and audio, testing out the weight and awkwardness of the equipment. We failed and tried again, failed again and tried again, and eventually figured the equipment out. As momentum started to build and we began to receive sponsorships and win awards, it suddenly became very real. We were doing this!

It didn't feel right to climb in Nepal, an economy so reliant on

the Sherpa community, without giving something back. We wanted to empower women, not just in our own community, but also in the community where we would be climbing. Sherpas are an ethnic group that lives in many of the mountainous regions of Nepal and are known for their hardiness at high altitude. Sherpas are often used as climbing guides on expeditions in the Himalayas. The word Sherpa has become almost synonymous with anyone that works in the mountaineering industry in Nepal. The climbing scene in Nepal is extremely male-dominated, and while doors are starting to open for women, it is still a long way from gender equality. In fact, when we asked our local agent in Kathmandu if we could have female Sherpas as our guides and porters, we were told they didn't know of any. It was mind-boggling to us that not one female Sherpa could be employed for our expedition.

Traditionally, women in Nepal do not partake in decision making, nor do they have control over family assets, despite commonly being the ones running the tourist teahouses along popular trekking routes. The men are often absent from the family for long periods of time while working as Sherpas or porters for foreign tourists, leaving much of the responsibility of raising families to the women. In recent times, tourism in the region has brought about new economical avenues for the Sherpa communities, and the role of women has shifted. There's been a trend toward Nepali women entering the traditionally male-dominated climbing scene, and in 2016 a local Nepalese woman, thirty-one-year-old Pasang Lhamu Sherpa Akita, was voted Adventurer of the Year for the National Geographic People's Choice Award. She was recognized for her high altitude climbs and her tireless work in the aftermath of the 2015 earthquake. While new doors are opening for women in Nepal, it is still male dominated, and much work is required before gender equality can be achieved.

As a result, we came up with the idea to sponsor an early career female climbing Sherpa to be a member on our team, hoping

[story continues >>](#)



Phurba Sherpa crossing a suspension bridge on the trek between Lukla and Imja Tse base camp. Photo courtesy of Ida Vincent.



Tammy crossing the ladder on Imja Tse while descending the mountain, Ama Dablam in the background. By Ida Vincent.

that by doing so, she would gain experience and be able to break into the climbing industry.

The following four weeks were spent hiking and climbing alongside one of the most independent, funny, and driven women I'd met. Phurba Sherpa, at 25 years old, completed her basic and intermediate mountaineering courses with the Nepal Mountaineering Association. During her basic mountaineering course she was one of only two women in a group of a hundred students. She dreamt of working as a climbing guide and we were hoping to help make that dream a reality.

Before attempting Ama Dablam, we decided to climb Imja Tse, also known as Island Peak, at 20,305 feet. This would be a great way to acclimatize and warm up for our main objective. We spent eight days hiking from Lukla to Imja Tse base camp, with two of those days being rest days. We quickly learned, however, that "rest days" in Nepal are in fact acclimatization days where you ascend some 3000 feet to a viewpoint, or up a peak. It did not feel much like rest to me. Kim and I had gotten terribly sick, suffering from a bad cold that was making the rounds in all the teahouses. It seemed like every person we met was coughing and sniffing. My body was weakened by a fever, and the mother of all colds had taken hold of me. Unable to breathe through my nose, I struggled up Chhukung Ri at 18,196 feet the day before we hiked to Imja Tse base camp. Luckily, by the time we reached

Imja Tse base camp – a mere 12 hours before we would start our summit push – I finally felt a little better. Kim, on the other hand, was not as lucky. Still suffering badly from her cold, she opted to stay and rest in camp.

I was sad to leave Kim behind as I squirreled out of our shared tent at midnight to eat "breakfast" before our 1am start time. Tammy, Phurba and I lingered, drinking coffee and eating hot porridge, dreading the cold and dark night ahead. At 1:15am, we were ready and left base camp with our Sherpa Nigma. The initial 2,000 feet of gain was straight up, on what was first a trail, then a rock scramble, and finally an exposed rocky ridge traverse to what is known as Crampon Point. I felt slow, still suffering from my cold, and with a new ailment in the form of a tummy bug. Time and time again I had to dash behind a rock, feeling thankful it was still pitch dark outside. At Crampon Point it was time to get into our big mountaineering boots, crampons, and rope up. My feet were frozen, and my fingers turned numb the instant I took my gloves off to attach my crampons. The temperature was lingering around zero degrees Fahrenheit and I was happy to step onto the glacier and keep moving.

Just as the sun started to rise, we got to perhaps the most exciting aspect of the entire climb: a long ladder crossing over a vast crevasse. Four ladders had been strung together and poised over the gaping black hollow below. We took turns

cautiously making our way across, focusing on each step until safely reaching the opposite side. Finally, as the sun started to warm our backs, we reached the 328-foot tall headwall, the final crux before the summit. It was near vertical and covered in hard snow and ice. I clipped into the fixed line and started the fight against the altitude. Breathing deeply I labored my way up, kicking my crampons into the ice. Each arduous breath brought us a little closer to the top, and then we were there. *We made it!*

The views were spectacular, the sun glistened off the snow, and we had made it to the top in 6.5 hours. The summit was tiny, and we struggled to fit our team of four together with a team of two Sherpas who had arrived just ahead of us. Turns out we were the third team to summit that day, and looking down we could see an ant-trail of climbers making their way up behind us. Despite my cold and upset tummy, we made good time. It was an almost surreal feeling standing on top, watching the world spread out below. This was truly the highest I had ever been. It was almost impossible to take it all in. Only after we rappelled down the headwall and were taking our first bit of proper rest in the sunshine did it hit me. The tears started to pour out and later that evening I wrote in my journal, "It is mind-blowing to me that only one year ago, I could barely make it up the stairs. Having to stop to catch my breath, and now only a year later, I summited a 20,305 feet technical peak. I feel proud, lucky, and overwhelmed."

Exhausted, we continued our trek towards Ama Dablam. After two days, we arrived at Ama Dablam base camp (at 15,000 feet) and got our first real rest day. It was sorely needed. By then I had developed a nasty high-altitude cough, also known as the Khumbu cough. It felt like my lungs were turning inside out each time I coughed. It all seemed a little like type-two fun. When would it start feeling easy and enjoyable? Nonetheless, after a couple days of rest, we slowly started our acclimatization, hiking to Advanced Base Camp (ABC) at 17,000 feet and back down to base camp at 15,000 feet. It felt good to start making headway.

From ABC, the summit seemed closer and more manageable than the pointy pyramid in presented us from base camp. By the time we set off for our second acclimatization venture a couple of days later, my cough was shooting pain through my ribs, and each movement had me yelping with pain. Going uphill was agonizing, the thin air required me to breathe deeply, but each deep breath would send a lightning bolt of pain through my ribs. For me, the entire day was an exercise in pain tolerance. When we eventually arrived at Camp 1, which sits perched on a high ridge (18,370 feet) dropping dramatically off on either side, I had never been so grateful to stop moving. Staying completely still and taking shallow breaths seemed to be the only relief from my pain. I slept fitfully, the pain keeping me awake. When we realized how bad it had gotten, Phurba Sherpa helped arrange a helicopter pick up for me. Then the team hugged me and started up for their summit push. After they left, I stood there alone, trying hard not to feel like a failure as I waited for my helicopter to arrive.

I knew I was leaving the most ambitious project I had ever undertaken behind – not because I choose to, but because I was physically unable to complete what I had set out to do. I had gotten in touch with my surgeon in the US and he advised me to get low and get chest x-rays. Fast.



Tammy and Kim at Camp 1 on Ama Dablam
Photo courtesy of Ida Vincent

As soon as the helicopter arrived, tears welled in my eyes and a mixture of disappointment and fear coursed through my veins. In that very moment, it was hard to see the larger picture. I just wanted to stay, climb, be with my team. But I still felt successful, I still loved every single hard, painful, amazing minute of it all. In the end, I had enjoyed the process. Ueli Steck's words rang true.

"Even if you prepare really really carefully and do all these little small steps, the summit is not guaranteed. So, you really have to love the process. If you look at it that way every expedition is successful." - the late Ueli Steck, the Swiss Machine.

Epilogue

Once I made it to the hospital in Kathmandu, the doctor's examination and x-rays confirmed fractured ribs and muscle damage due to a high altitude cough. Who knew that you could fracture your own ribs by coughing? Painful, but thankfully it was nothing that rest and low elevations couldn't fix. Two days later, on the 17th of November 2017, the rest of team Mountain Mahila stood on the summit of Ama Dablam. As I received the news, sitting in a coffee shop in Kathmandu, I cried with joy, I have never felt such utter happiness for someone else's success. Me not being there ceased to matter – I was so immensely proud! I still am. I am in awe of these tough, resilient, strong women that I am so very fortunate to also call my friends.

And for Phurba Sherpa, this expedition was particularly successful. She summited both Imja Tse and Ama Dablam, something that will help her immensely in securing work in the climbing industry in Nepal. Our next goal is to have "Mountain Mahila" the film ready by fall 2018. ▲▲



4. Ida about to back of the summit of Imja Tse. Ama Dablam in the background. Photo courtesy of Ida Vincent.

A large, snow-covered mountain peak, likely K2, under a clear blue sky. The mountain's ridges are sharp and covered in white snow. In the foreground, there's a snowy slope with some small figures of climbers visible in the distance.

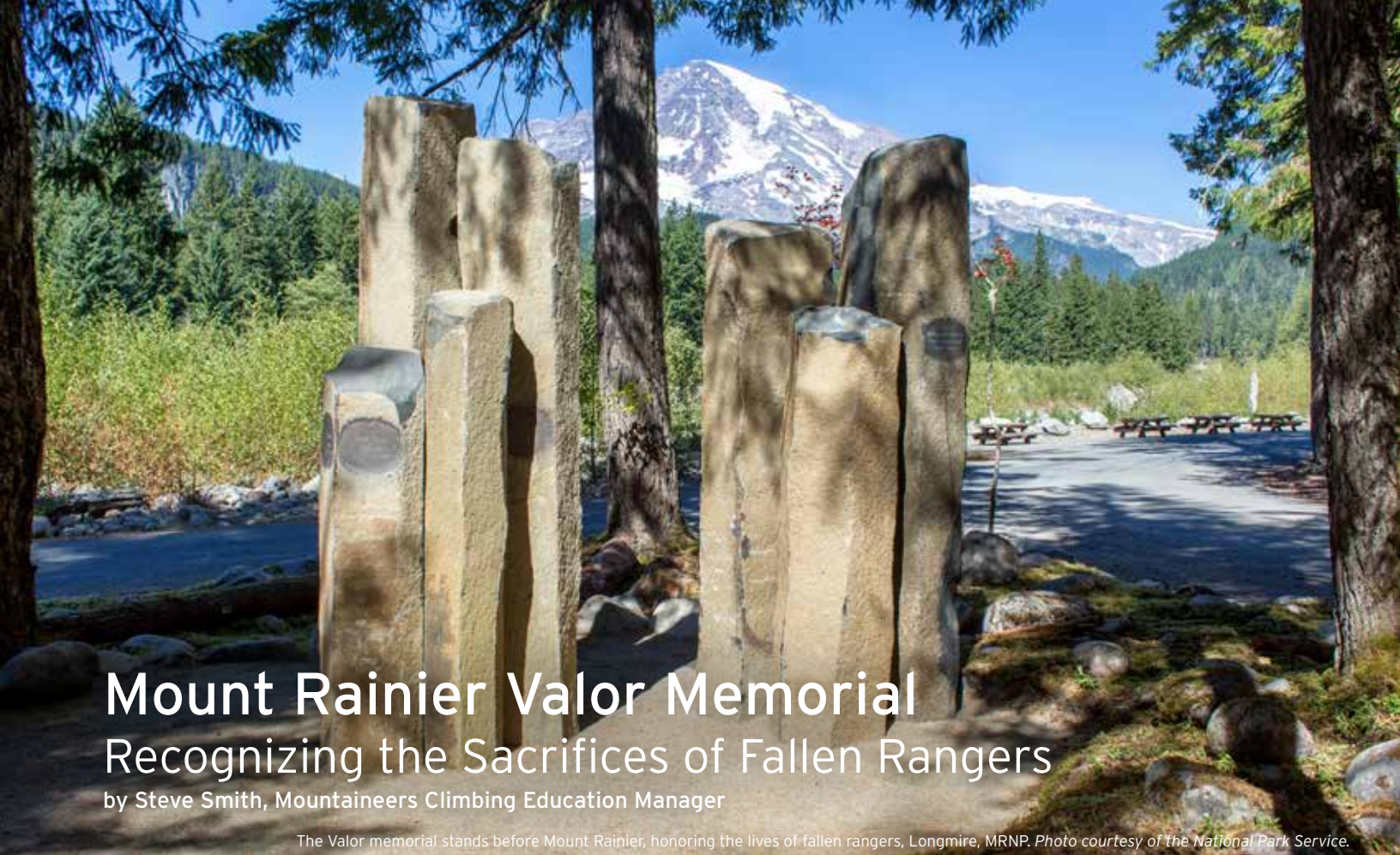
The Mountaineers presents

K2

40th anniversary celebration
September 6 - 14
mountaineers.org/K2

In September 2018, I invite you and our entire Mountaineers family to join me and the members of our 1978 team in celebrating the 40th Anniversary of our historic climb. There will be stories, photographs, laughter - and a few tears.

Jim Whittaker
Jim Whittaker
Leader, 1978 American K2 Expedition
First American to summit Mt. Everest, 1963



Mount Rainier Valor Memorial

Recognizing the Sacrifices of Fallen Rangers

by Steve Smith, Mountaineers Climbing Education Manager

The Valor memorial stands before Mount Rainier, honoring the lives of fallen rangers, Longmire, MRNP. Photo courtesy of the National Park Service.

Friday, August 25, 2017 marked the 101st anniversary of the National Park Service. It was also the date of a very special and moving ceremony dedicating a new memorial at Longmire in Mount Rainier National Park.

I was honored to be among the solemn crowd gathered on this crisp late summer day in the dappled light beneath Douglas Firs and Western Red Cedars, facing the tumbling seracs and sweeping ridgelines of Mt Rainier itself. Some saluted, others stood at attention, and many cried as the sounds of bagpipes pierced the forest, honoring four National Park Rangers who gave their lives in the line of duty to protect others.

United States Congressman Dave Reichert gave a moving, personal story about comrades he has lost in the line of duty in his former career as a King County sheriff. Mt. Rainier Superintendent Randy King gave an emotional tribute to the four fallen rangers, two of which he had worked with personally. Deputy Superintendent Tracy Swartout served as the master of ceremonies and held the whole memorial tribute together with skill and poise. For the extended community, immediate family members, and current employees of the park, the memorial provided a sense of closure, a chance to come together to support each other through the loss of friends and family, and perhaps a reminder of the important role which public servants play every day in the normal course of their duties.

The Valor Memorial honors Park Ranger Sean Ryan, and Student Conservation Association Volunteer Ranger Phil Otis, who died together during a high-mountain rescue on August 12, 1995. The Valor Memorial also honors Park Ranger Margaret Anderson, who was shot and killed by a heavily armed gunman whom she prevented from traveling into the crowded Paradise area on New

Year's Day, 2012, and Park Ranger Nick Hall, who died just six months later on June 21, 2012 while engaged in a rescue of four injured climbers on the upper mountain. Superintendent Randy King stated, "This memorial serves as a place to permanently honor and remember those who have lost their lives in the act of saving others in Mount Rainier National Park. It also reminds us of the selfless work that continues each day, and the risks faced, by those who serve in our National Parks as they protect park resources for the future, provide a way for visitors to connect with those resources, and work to keep people safe."

Although the memorial dedication itself was extremely moving and meaningful, perhaps equally inspiring is the back-story of how the memorial came to be. In an era in which national monuments are under review to be downsized or eliminated, it's refreshing to see this memorial being built due to bi-partisan and widespread support for the sacrifices made by public servants on public lands. According to federal policy, memorials such as the Valor Memorial are not typically allowed to be built in National Parks, and they can't be funded by National Park budgets. A bi-partisan team of diligent supporters worked for years behind the scenes to gain approval for this memorial to be built, but the project did not take life until several funding sources stepped up to the plate, including the State of Washington, the Cascade Bicycle Club, and Washington's National Park Fund.

In this politically-charged era, in which many divisive monuments are being taken down in other parts of the country, it's uplifting and humbling all at once to see this impassioned yet compassionate Pacific Northwest community working together to overcome barriers and uphold the shared values of courage, sacrifice, and service on and for public lands. ▲▲

Overcoming Impostor Syndrome

Climbing Through The Status Quo

by Sam Ortiz, Mountaineers climber



Sam belays a climbing partner in Squamish, BC. Photo courtesy of Sam Ortiz.

My arms ache. I'm terrified of heights and am gripping too tightly again. By the end of the day my fingers will be bloodied and my legs bruised. Often, my ego is too.

I don't look like the other climbers. I'm a curvy woman; a woman of color. I have to work really hard to be athletic. As a first generation adventurer, I don't have the foundation of an outdoor childhood to build upon.

And yet, here I am. And I love it.

Longing

I spent more than 8,000 days (nearly 30 years) of my life not knowing that I belonged outdoors. But, a few years ago, I did the craziest thing I could imagine: I moved from my home in Kentucky to the wild and rainforested mountains of Juneau, Alaska with AmeriCorps. I didn't know it at the time, but it would forever change the trajectory of my life.

Growing up in Kentucky, I'd occasionally hike in the Red River Gorge on weekends. The Red is best known as a world-class rock climbing destination. It was just an hour from my house but the idea of climbing seemed like a world away. I'd find myself gaping at people sending the red-tinted sandstone formations with ease. I had always wanted to learn to climb, but the sport seemed unattainable. Like an exclusive, invitation-only club.

The entry point of climbing is a steep hurdle – you have to know someone who can teach you, have the right gear or be able to borrow it from a very generous companion, devote a lot of time learning, and, worst of all, you have to convince your brain that climbing a vertical wall will not, in fact, immediately result in death. Rock climbing seemed like something for really rad people, and not at all like something that I would ever be able to do. Besides, I had never seen a person who looked like me climbing.

Awakening

My journey started on the iconic 3,576-foot Mount Juneau. The trailhead was a short 10-minute walk from my front doorstep, yet I lived in Juneau 10 months before I felt ready. By no means is Mt. Juneau a technical hike. In fact, the trail is akin to the well-

known and popular hike near Seattle: Mt. Si. I'd been invited by multiple friends to join their trips, but I had always turned them down. I thought I couldn't do it. I was afraid to fail.

Days before moving to Tacoma to be closer to family, I decided to give Mt. Juneau a try. It would be my final goodbye to a city I loved so dearly. It was a beautiful, warm summer day in early August. My sister was visiting to begin our joint birthday celebration together (a tradition). With her and my best friend at my side, we tackled the beast that had been taunting me.

We took breaks to catch our breath at nearly every other switchback. Slowly, we climbed the three miles and 3,500 feet of elevation to the summit. Now, this feat seems like no true accomplishment. Back then, it was the hardest hike I'd ever done, while also being easier than I'd expected. It was so surprisingly DOABLE, even if we were doing it slowly.

When we reached the summit, I understood why the trail was so popular to so many of my friends. I was astounded to find that nearly the full city of Juneau was visible from the summit. From there, I could look down over every place I had come to know and love, and look out even further into the stunning archipelago where Juneau resides. I felt so proud, so strong. And, while the summit views were definitely a highlight of the climb, I walked away with something so much more valuable: a sense of strength, accomplishment, inspiration, and confidence that I hadn't felt before. Looking back, this was a pivotal turning point in my life. It was the beginning of trying even if I thought I might fail. This flip in perspective was monumental and has shaped my life in incredible ways.

Creating an outdoor-centric lifestyle hasn't been easy for me. It's been a long learning process and an uphill battle; it's been an awakening. In Juneau I began slowly learning outdoor skills. It was there that I experienced my first backpacking trip, my first kayaking trip, and my first hike over 3,500 feet. The people around me graciously shared their gear, knowledge, and patience. I discovered how much I loved the mountains, and today I spend all of my spare time in the mountains. Yet while breaking through some barriers, others remained.

[story continues >>](#)



Early season backpacking trip in the Enchantments with Mountaineers friends. Photo courtesy of Sam Ortiz.





"A kind of light spread out from her. And everything changed color. And the world opened out. And a day was good to awaken to. And there were no limits to anything. And the people of the world were good and handsome. And I was not afraid any more."

John Steinbeck, 1902-1968
From his book, East of Eden



Joshua Tree National Park, CA - where Sam was inspired to learn rock climbing. Photo courtesy of Sam Ortiz.

Progressing

Next I tackled a small rock wall at the YMCA in Tacoma, Washington. With sweating, shaking hands, a lot of positive self-talk, and a few weeks of not giving up, I made it to the top of the wall. I failed repeatedly, but this time I didn't let failure stop me. I was making progress and I was determined.

It was soon after that I learned about The Mountaineers. It was so exciting to find an organization that could teach me all of the skills I wanted to learn and give me opportunities to practice technique. That had been a big barrier for me: I didn't want to slow anyone down by asking them to teach me. This, finally, was the way to break into the 'exclusive' outdoor climbing world I'd always admired from afar.

I started small with a backpacking course. I was flying by the seat of my pants before and figured it was time to learn how to do backpacking correctly. Next, I saw that Tacoma offered sport climbing and I enrolled for the September course. With encouraging instructors and a safe environment to fail in, I thrived. I thought that would be the end of it, then the instructors and other students encouraged me to take the basic climbing course as well. At first I thought, "No, I could never do that. I'm not athletic enough to do that. I don't know any of those things. That is too far outside of my realm of possibilities."

Then, I decided if I could push myself to do rock climbing, I could push myself to do this. I enrolled in basic.

Capturing

I sometimes still feel like I have to prove that I belong in the exclusive climbers club. But I have one special tool that perhaps few other 'outsiders' have in their toolbox: photography.

Without realizing it, photography acted like an entrance qualifier into the outdoor world. It's the proof that I live and breathe the outdoors, even when I might not look like it. The pattern is clear. People take me more seriously after they see my work. They're much more likely to consider me as a climbing partner, or reach

out to me as an adventure companion, after following me on Instagram.

What I've realized more recently is that my photography not only serves as my entry ticket fitting into the outdoor world, but also serves as a tool to pave the way for those behind me. By sharing my journey – my dark-haired, curvy likeness on mountain summits and climbing crags – I'm able to prove that it's a place we can infiltrate and belong.

I started taking photos around the age of 10. I would steal my dad's film camera or spend my allowance on disposable cameras to take photos of my friends. Eventually, my dad bought me my own so that I would stop borrowing his.

In high school I joined the yearbook staff and took photos of any and everything that I could. Sports, plays, speakers, special events, and candid around campus. I continued being a part of the yearbook staff into college, where I would become their Photo Editor.

I definitely wouldn't say my photos were "professional" by any stretch of the imagination. But I liked it. So I kept going. There were years – hundreds of hours of practice – before I really started figuring out how to best use a camera.

It wasn't until I moved to Juneau that I truly started honing my craft. With wilderness surrounding me, I'd finally found my muse. Instead of taking photos of anything and everything, I started focusing on what I really cared about: humans dwarfed by big landscapes. The two inform one another, give scale, illustrate depth, and show the journey. I wanted to make the photos illicit the same feelings in the viewer that I felt myself in those moments: astounded, awed, humbled, curious. So I spent time working, practicing, and learning how to make that happen.

I'm not normally very good at anything when I first begin. I am not someone who picks up something new and thrives at it soon after. Things take practice for me – a lot of practice. I've been rock climbing regularly for two years now and I still struggle to

make it up a 5.8 at Edgeworks. But I like rock climbing, and I like mountaineering so I keep going. I have fun and I'm hoping eventually, after eight years of dedication, as with photography, I can get better at them, too

The thing about both photography and climbing is that SO much behind the scenes work is done to make the big thing possible. Good photos take a lot of work. You have to know your camera well and learn how to use its tools, to know how to get the exact mood that you're envisioning for a shot. On top of that, you spend a significant time post processing to bring the photos to life. The reality of being a good photographer is spending 4x the amount of time behind a computer as you did shooting. Playing outside is very much the same - you have to do a lot of practicing to get not even 'good,' but decent. It comes a lot more naturally to some than it does to others. Obviously, if you're heavier it's a lot more weight to pull up a wall, and definitely to pull up a mountain.

Belonging

I still don't look like a typical mountaineer or rock climber. I've noticed this in nearly every class, on nearly every climb, with nearly every group. Frequently, I look around and find myself surrounded by a sea of fit, white men and question what I've gotten myself into. I see people look at me often. Sizing me up. Curiously watching to see if I'll fail or succeed. Intrigued that I'm here, in their sport, because I don't fit the mold.

The outdoor industry wasn't built for colored, curvy women. Finding gear that fits my body is difficult, and finding other minorities to look up to and inspire me is even harder. But, when I look around and feel like I don't belong in this world, I remind myself that by simply being there I am changing the dynamic. By participating I can show that outdoor recreation is a place for everyone. I can be inviting to others like me.

When the media doesn't show the difficulties of being a first generation adventurer, you have few tools to help connect with a community of people who understand you. Each one of us who pushes through the discomfort paves the way for others to follow behind us. Without stories, you'd never know that anyone else was trying to work through the same barriers that you are.

I spent more than 8,000 days of my life not knowing that I belonged outdoors. I've spent a great number of days since considering why it took so long to arrive at the place I feel is so much a part of me. The invisible barriers are some of the hardest to overcome. They're silent. But this outdoor world is for me. This world of grand adventures and big dreams. I don't have to fit the mold to get there. I am the mold. The mountains have grand lessons to teach me about myself, my own abilities, and my bravery.

Rock climbing was more to me than just a new skill - it was a way to conquer my tremendous fear of heights. It also hosted an even bigger notion - if I could succeed at climbing I could break down so many other barriers. I could defy not only gravity, but my own notions of who belongs in the category of 'adventurer.'

If I'm not pushing my limits, I can't expand them. If I'm not getting tired, I'm not getting stronger. And most importantly, if I'm not failing, I'm not trying hard enough. I am failing. And I'm loving (almost) every minute of it. ▲▲



Sam climbing at the Feathers, Vantage, WA. Photo courtesy of Sam Ortiz.



Family Playtime At Kitsap Forest Theater

by Suzanne Gerber, Mountaineers Creative Manager

Lion (TJ Burzynski II), Tinman (Tod Harrick), Dorothy (Jasmine Harrick), and Scarecrow (Guy Caridi) are off to see the Wizard. The Kitsap Forest Theater production of the *Wizard of Oz*, Spring, 2017. Photo by Alfonso Barrera.

Last spring, I saw *The Wizard of Oz* at the Kitsap Forest Theater. When the first notes of “Somewhere Over The Rainbow” hit, I was floored at the depth and talent coming out of the young woman singing. Everyone in the show impressed me, but the person playing Dorothy was so young and yet so professional. Where did she get her training, I thought? Where did she get her confidence to be on stage in front of hundreds of people? I learned a lesson I’ve learned many times in The Mountaineers: never underestimate the skill and dedication of volunteers. Yes, the Kitsap Forest Theater is run entirely by volunteers and is a part of The Mountaineers.

A partnership between mountaineers and thespians is not as unusual as the modern-day adventurer may think. Before there were forest service roads and trails that took climbers right to the top of peaks, groups of ambitious mountaineers would scramble their way through miles of underbrush and navigate untouched forests. Trips like these would take days and weeks to go to some of the same places that now just take hours. In the evenings, Mountaineers would entertain each other by sharing stories by the fireside, sometimes acting them out through humorous and informal plays.

Outdoor plays like these became more formal over the years as passionate participants formed the Mountaineers Players, opening up productions to the public in 1923 on an area of the Kitsap Peninsula that is now known as the Kitsap Forest Theater, a property owned by The Mountaineers and surrounded by a 460-acre Rhododendron Preserve. The tiered seats and stage were constructed in 1926 making it one of the oldest outdoor theaters in the United States. It has run performances every year since it was built, except for three years during World War II. There’s also a cabin on the property where theater participants enjoy group meals when they camp out during weekend shows. Women volunteers, along with a few men who had not gone off to war, built the cabin in 1918 – during WWI.

Theater tradition continues today with a new play every spring and summer. It’s family friendly – not just for the audience, but many of those who participate in the productions are second or third generation Mountaineers Players. That young woman who played Dorothy from last spring’s production of *The Wizard of Oz* is Jasmine Harrick. She’s 14 now and enters High School in the fall. Her little sister, Eliana, age 12, was also in the play as the Munchkin Coroner, along with her dad, Tod who played the Tin

Man. Jasmine's first play with Kitsap Forest Theater was *Fiddler on the Roof* in 2012, when she was eight. Everyone in the family was in the play that first show, including her mom.

Kitsap Forest Theater isn't the only place Jasmine has learned theater skills. Her mom, Deb, explains, "She was doing some student theater and really starting to enjoy it – so when we saw that Kitsap Forest Theater was doing *Fiddler on the Roof* for their 2012 spring show, Jas asked to audition. I called and asked if there were any roles for kids, and somehow hung up the phone with auditions scheduled for all four of us!"

Jasmine and her sister Eliana are homeschooled and their parents say theater really enhances their learning process. Jasmine had her first lead role with the Kitsap Forest Theater the summer of 2013, as Mary in *The Secret Garden*. The summer after that, she was the lead again, as little orphan Annie in the play, *Annie* – shared on alternating nights with another young actress, Sophie Walters. She doesn't do it alone though. Acting has always been a family affair for the Harricks and every Kitsap Forest Theater play has included at least one other family member. It's been a great way for them to bond and get to know one another outside of traditional family roles – where everyone is learning something, taking risks, and discovering themselves.

"As a parent," Tod says, "you can teach your kids to do things and you can watch your kids learn things, but there aren't a lot of opportunities to learn right alongside with your kids." Kitsap Forest Theater has given them that opportunity. Jasmine's parents say it puts them on an even playing field with their kids. "Being involved in theater makes you more aware of yourself, your emotions, and who you are," says Tod. It's particularly special when theater takes place outdoors, where a person can connect with himself or herself through nature.

An outdoor theater has it's own set of challenges. There's no cover for rain or to support stage lighting. But the show must go on, rain or shine, and that's part of what makes it so magical. Sometimes the light hits the stage at just the right spot, or it starts to rain during a somber scene. Jasmine reflects upon the spring 2013 show of *Narnia*, where she played Lucy. "During one



The Harrick family: Deb, Eliana, Jasmine, and Tod at their first Kitsap Theater show - *Beauty and the Beast*, spring 2008. Photo courtesy of Deb Harrick.

performance, it just kept raining and raining and by the end of the show, all of us were drenched in thick layers of mud." This particular show involves fight scenes where the actors are falling and rolling around on the muddy ground. But the show must go on. The theater can fit up to 800 people and the audiences that show up when weather is iffy are that much more enthusiastic and appreciative of the actors doing the same.

During shows and rehearsals, many performers and their families have fun glamping out at the Kitsap Forest Theater property. "It's all part of the experience," the Harrick family says. Most of the actors are from Seattle – across the water, and it saves a ferry ride and time to stay the weekend. There's a kitchen in the cabin, and a volunteer chef to make meals for those who stay. There are plenty of places to play or find peace and quiet for those who do. The property is surrounded by a 460-acre Rhododendron preserve, there's a salmon run that goes through, and a newly constructed tree house playground for the kids – not to mention the well-trod trail that leads to the iconic "Big Tree." Deb says that sometimes they can go a whole afternoon without seeing Jasmine and Eliana, but they know they're safe. Staying at the property teaches the kids responsibility too, Tod says. Everyone who stays at there for the weekend is assigned a task – some sort of clean up before heading home. It's a similar volunteer-run set up as other Mountaineers' properties: Meany Lodge, Baker Lodge, and Stevens Lodge.

As Jasmine continues to find her place in the world of performance, she's discovered she identifies most with dance. "I am a dancer," she says with confidence. Homeschooling up to this point has really given Jasmine the chance to grow into herself and learn at her own pace while bonding with her family – especially her little sister. She enters high school in the fall and is excited about the changes it will bring, but there's one thing that won't change: her love – and involvement – in theater.

If you'd like to see the family perform, Jasmine is playing Tiger Lily and is the dance captain for the Kitsap Forest Theater's production of *Peter Pan* that opened May 27, 2018. Eliana plays Jane as well as an Amazon dancer, and Tod plays Nana (the dog). Shows will run every Saturday and Sunday through June 17. The summer performance will be *Tuck Everlasting*. Jasmine isn't in this one, but Tod has a main role as the Man in the Yellow Suit and Eliana will be in the dance ensemble. That show will run every weekend from July 28 to August 19. All shows start at 2pm. To find out more, go to foresttheater.com. ▲▲



Jasmine plays Mary in *The Secret Garden*, Summer 2013. Photo by Deb Harrick.

Wildfire: On the Front Lines With Station 8

An Interview with Author Heather Hansen

by Julie Briselden, Mountaineers Books Publicist

A Roosevelt Hotshot scanning for spot fires. Photo by Dave Zader.

Heather Hansen is an award-winning environmental reporter whose work has appeared in *Men's Journal*, *National Geographic Traveler*, *Smithsonian*, and other publications. Her book, *Prophets and Moguls, Rangers and Rogues, Bison and Bears: 100 Years of the National Park Service*, published by Mountaineers Books, won the Colorado Authors' League General Nonfiction award and was a finalist for the Colorado Book Award.

Heather's most recent book, *Wildfire: On the Front Lines With Station 8*, was published by Mountaineers Books in March. It has garnered praise from noted environmental authors Bill McKibben and Peter Heller. *Outside* magazine described it as a must-read for "anyone living in the ever-growing wildland-urban interface." We sat down to chat with Heather as she prepares for a Western cities book tour that includes a talk at The Mountaineers BeWild Speaker Series on June 19.

In the course of writing *Wildfire*, you spent nearly two years with the crew of Boulder's elite Station 8 Wildland Fire Division. What inspired you to enroll in wildland firefighter training?

I started spending time with the Boulder crew in the summer of 2015. During that time I also went out to western Colorado to do the training and testing to become a rookie wildland firefighter. I wanted to understand what it felt like, at least for a short time, to do the job. I also wondered what baseline knowledge firefighters had walking into their first fires. The experience did not disappoint.

What was the training like? How close were you to the frontlines?

I had a couple of days of classroom training, learning the basics of fire like the fire triangle, burning index, energy release component, as well as analyzing what went wrong on various fatality fires.

We also had a wildland fire "simulation" during which our instructors set an actual fire in the shadow of Mt. Shavano and we trainees had to put it out. That was intense: hustling to the fire over steep pitches, swinging heavy tools while choking on smoke, trying to see if we were making any progress in tamping down the fire while our eyes stung and watered.

I also took what's called the work capacity test, or "pack test" which means walking (running is not allowed) three miles in 45 minutes wearing a 45-pound weight vest. It measures aerobic capacity, muscular strength and muscular endurance. I passed it, though barely, and took home souvenir blisters covering both feet. I'm not particularly wimpy, I've run a few marathons and hiked many of Colorado's 14ers but there's something very different about the physical requirements of firefighting. For one, all the equipment is so heavy – your backpack, the hand tools, even the hardhat and boots and scratchy Nomex (protective shirt and pants). Plus the smoke, the adrenaline, the unpredictability, the hazards – all of that made it one of the most difficult physical feats I've ever done.

How did the time you spent in the field affect your perception of wildland firefighting?

Imbedding myself with the crew allowed me to learn about their motivations, responsibilities, desires and fears – which I talk about a lot in the book. These men and women do things most of us can't even imagine doing, but they shun the superhero image. One of the most remarkable things about them is the fact that they are only flesh and bone, yet they choose to walk alongside danger.

You discuss the problem of the ever increasing wildland-urban interface or WUI. What is it that residents and homeowners need to understand about the risks and responsibilities of living in the WUI?

Over the past several decades, housing has expanded into areas where fire had once been a frequent visitor. During that time, private land in what's now called the wildland-urban interface began to change – many more people were building on land adjacent to national forests and the like. Out West, houses and subdivisions are still springing up. Millions of people now live in close proximity to wildlands and that means we now have a lot of values at risk – homes, ecosystems, watersheds, recreation areas, air quality and, most importantly, lives. Structures in the interface increase the complexity of any wildland fire, and the danger for firefighters.

If we want to divert this march toward even larger, more destructive fires, we have to step up our game and take responsibility for our land – both our private and public spaces. We need to be sensible about development.

There's a lot that can be done for existing structures in the WUI too. With the help of the world expert in structure protection, I talk in the book about how to protect existing homes. Ultimately it's not a firefighter's job to save a house from burning down. They're not even supposed to be anywhere nearby if the conditions are too dangerous. But what's too dangerous? How do they decide? It's never black and white.

You mention in your book that since the year 2000, the West has entered the period of the “mega-fire” and that each year these fires get progressively more destructive. How do now manage our way out of this situation?

I just talked about private land. Now, how do we take responsibility for public land to affect a change in fire regimes? In general, we need to do a better job mimicking the natural process—recreating the historic patchwork of forests that had different types, sizes, ages, densities of trees. Diversity on the landscape tempers fire severity. Diversity in forests makes them, makes us all, stronger. And, in short, we do that with fuel treatments.

On the national level, the U.S. Forest Service and collaborators need to increase the pace and scale of forest restoration. Unfortunately that's not as easy as swinging a bigger chainsaw. Fuels treatment needs to be science-based; a plan for any area has to match an ecosystem's requirements.

We desperately need more of the right type of fire, so forest restoration also has to include planned burns and actively managed natural fires where, of course, it's safe to do that. But prescription fires are not a well-supported practice in the West. People worry about air quality, and that things could go

wrong. And that's all true but, I can assure you of two things: first, prescribed burns are meticulously planned and second, the megafires we are seeing more of are much more unpredictable and air quality is far worse as a result of them.

How does climate change play a role in what we are seeing with highly destructive mega-fires?

Over the past few years, a strong link has been made between wildfire and climate change. One recent study concluded that human-caused warming specifically doubled the total area burned in the western US over the past 30 years. And that's because fire conditions are changing in temperature, relative humidity, and wind speed. In general, temperatures are going up and moisture levels are going down. Snowpack melts earlier, spring comes prematurely, and dry time for forests is lengthened. This has extended and intensified the traditional fire season, which in the US is now roughly 78 days longer than it was in 1979. Ultimately, we are moving toward a year-round fire season in many places.

Climate change isn't just changing the length of the fire season but the quality of it. We are seeing more fires that are exhibiting extreme behavior – rapid fire spread, intense burning, prolific crowning, strong convection columns. Climatologists predict a future with the possibility of even larger fires. It's a trend we should all be motivated to do our best to reverse. ▲▲



Check out Heather's book, *Wildfire: On the Front Lines With Station 8*, published by Mountaineers Books and listen to her presentation at The Mountaineers BeWild Speaker Series on June 19 at The Mountaineers Seattle Program Center. Learn more: www.mountaineers.org/bewild



Heather Hansen at a wildland firefighter training during a prescribed burn at Heil Valley Ranch in Boulder in 2016. Photo by Dave Zader.

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Gardner's Legacy

49 years of service with the Kitsap Forest Theater

by Peter Dunau, Mountaineers
Communications Specialist

Gardner stands in front of the theater's new directional signs, one of the last projects he worked on at the property. Photo courtesy of Gala Lindvall.

The Mountaineers' Kitsap Forest Theater is one-of-a-kind. Attendees take a winding, quarter-mile path through lush woodlands sprinkled with wild rhododendrons. At the trail's end, almost as though designed by the forest itself, the theater rises from the greenery. Giant firs surround terraced seating, moss-covered bark forms theater wings, verdant ferns serve as footlights, and sunlight shines through the tree canopy to create spotlights.

Behind the remarkable venue is an equally remarkable man: Gardner Hicks. He tirelessly stewarded the grounds for 49 years until he passed away in 2016.

Gardner's introduction to the Kitsap Theater began rather modestly. Cast with a nonspeaking role, he was told he couldn't wear his signature oversized glasses. His longtime partner Sharon Gustafson recalls with a laugh that he spent the whole time desperately trying to focus on the actor next to him so he could see where to stand. Afterwards, he declared, "I'm never doing that again!"

What Gardner could offer the theater turned out to be more valuable than any leading actor. An MIT graduate, with degrees in Civil and Structural Engineering, Gardner knew how to build things. During his career at Boeing, he helped design airplanes



Gardner holds his Mountaineers Service Award. Photo courtesy of Gala Lindvall.

that could land on shorter landing strips, and later, while working at the firm KPFF, he helped engineer the Columbia Center.

In 1970, Gardner stepped into a leadership role with the theater, applying his expertise to a long list of maintenance projects. In doing so, he joined a passionate group of volunteers called The Mountaineers Players. The crew has been putting on theater productions at the Kitsap property since 1923.

"I thought to myself, this a pretty good outfit," said Gardner in an interview 35 years later. "It looked like the theater needed some help so I volunteered."

Labor of Love

In order understand to Gardner's contributions to the theater, you have to know a bit about the venue. The magical natural setting brings along a slew of issues most thespian enterprises would never need to consider.

Take rain, for example. Erosion and puddles pose a constant threat. Gardner tackled these obstacles with an engineer's zeal. He rounded the stage, so that water would runoff the edges and into a drainage system, which (of course) he crafted himself. To secure the theater seating, he designed custom concrete blocks to hold the earth. He even experimented with different kinds of soil, taking samples home to study. Eventually, he landed on a permeable layering combination that allowed The Mountaineers Players to remedy pesky stage puddles. All they had to do was poke a hole in the ground with a digging bar, and the water would drain through.

Electricity and plumbing also posed a challenge. Gardner helped modernize the venue, digging trenches and installing ducts for underground electrical and water systems.

He also built a sound booth, aisle steps, a dressing room and storage complex, and an embankment to guard the theater from a nearby creek. Always thinking ahead, Gardner designed the backstage buildings so that a falling tree would only damage a portion of the structure, rather than wiping out the whole thing.

Gardner also helped steward the 460-acre Rhododendron Preserve surrounding The Mountaineers' Kitsap property. He worked with the Mountaineers Foundation (now known as the Keta Legacy Foundation, and a separate entity from The Mountaineers) to clear invasive species, plant native trees, and rehabilitate salmon spawning streams.

Fellow volunteers helped Gardner along with his many endeavors. "We'd have work parties," says Sharon, recalling one of their days shaping the stage. "He'd spread the dirt, and then we'd all pack it down with our feet."

Gardner's list of projects is too long to recount them here. But suffice it to say, if you visit the theater, his fingerprints are everywhere - from the trail benches to the handrails to the ground beneath the actors' feet.

A Match Made in The Mountaineers

Sharon Gustafson was also a part of The Players' leadership team, and she often worked alongside Gardner during his innumerable undertakings. The couple first met in 1969 through The Mountaineers Folk Dance group.

"We met in class and started going out," says Sharon, "We went on to do dancing demonstrations at festivals and what not."

The couple also enjoyed The Mountaineers' outdoor programs, some of which Gardner helped instruct. Sharon recalls being one of his students as he taught ice ax arrest.

"From there, we started going on trips just the two of us," Sharon recalls. "Hiking, snowshoeing, and skiing - we'd go way out into the backcountry."

Since Gardner passed away, Sharon's been busy sorting through his belongings. Amongst the boxes, she found an old Mountaineer bulletin from 1967, which listed new club members. She was amazed to see their names listed side by side - a sign of things to come.

In It Together

When asked why Gardner loved the theater so much, Sharon paused. "Because they were real people, they were family," she said. "We were a part of that family, and each person did what they did to be a part of that family." ▲▲



Sharon holds an article from Mountaineer magazine, which honored Gardner as volunteer of the month. Photo by Peter Dunau.

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Photo: Andy Porter
'Camped Under the Milky Way 3'
www.andyporterimages.com

Ready for Adventure?

The Go Guide offers a **sampling** of the thousands of Mountaineers trips, outings and events each year. Please go online to **www.mountaineers.org** to gain a fully-detailed view of all up-to-the-minute listings. Many of our activities - especially day hikes and urban adventures - are open to the general public who sign up as guests, as an introduction to Mountaineers activities.

If you are looking for camaraderie with a particular branch of The Mountaineers, branches are named at the end of each listing. **SIGN UP** for the trip or event of your choice online, and remember that you may register for an event or course in any branch, regardless of the one you belong to.

*note: Events and trips **require registration** unless otherwise noted. You will also need a current waiver on file with The Mountaineers to participate. Following are guides and keys to interpreting the trip listings.*

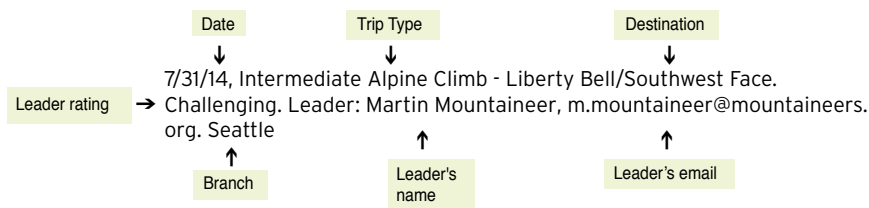
Mountaineers Ten Essential System required on all Mountaineers trips:

1. Navigation
2. Sun protection
3. Insulation
4. Illumination
5. First aid supplies
6. Fire starter
7. Repair kit and tools
8. Nutrition (extra food)
9. Hydration (extra water)
10. Emergency shelter

List of potential abbreviations:

CG—Campground	E, W, N, S—East ...
USGS—US Geological Survey	GT—Green Trails
Hwy—Highway	I—Interstate
ITC—Issaquah Trail Cntr	Jct—Junction
MRNP—Mt. Rainier	NP—National Park
NWFP—NW Forest Pass (fee)	mi—miles
FS—Forest Service	P&R—Park and Ride
Rd—Road	RS—Ranger Station
RT—Round Trip	SP—State Park
SR—State Route	TH—Trailhead

ACTIVITY LISTING KEY



COURSE LISTING KEY



How to use the Go Guide:

We use the same category names online, so if you find an activity or course you would like to sign up for, just go to our website and click on the *Explore* (for activities) or *Learn* (for courses) tab. You can then filter your search by category (for example, *Day Hiking*).

If you don't see what you're looking for, don't hesitate to call Member Services! We're here to help: 206-521-6001 or email: info@mountaineers.org.

Quarterly Update

We pulled the information for this issue on April 10, 2018. Any activities or courses listed after that date will not be published here. The information for the next issue will be pulled on July 1, 2018. Please have your activities and courses listed by then if you would like them included. As climbs fill up so fast, we will only be listing them online after this issue.

If you have any suggestions, questions or feedback, please send an email to the editor at suzanneq@mountaineers.org.



Mountaineers activities

Below is a sampling of The Mountaineers activities. To see the full listing, go to www.mountaineers.org.

BACKPACKING

6/14/18-6/17/18, Backpack - Olympic Coast South: The Wildcatter Coast (Moderate) Leader: Royce Poetter, roycepoetter15@gmail.com. Foothills

6/16/18-6/18/18, Backpack - Third Beach (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/22/18-6/24/18, Backpack - Rialto Beach to Chilean Memorial (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/25/18-6/26/18, Backpack - Oregon Butte (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

7/7/18-7/8/18, Backpack - Benchmark Mountain via West Cady Ridge (Challenging) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

7/7/18-7/8/18, Backpack - Lake George (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/13/18-7/14/18, Backpack - Kelly Butte (For Beginners (Getting Started Series)) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

7/13/18-7/15/18, Backpack - Shi Shi Beach (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/21/18-7/22/18, Backpack - Rachel Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/25/18-7/29/18, Backpack - Eagle Cap Lakes Basin Loop (Oregon) (Moderate) Leader: Bill Carver, fishtherivers4fun@yahoo.com. Tacoma

7/28/18-7/29/18, Backpack - Packwood Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/28/18-7/29/18, Backpack - Gray Wolf-Dose Meadows-Grand Pass Loop (Challenging) Leader: Deborah Fisher, gearsnbearings@gmail.com. Foothills

8/4/18-8/5/18, Backpack - Dewey Lake (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/11/18-8/12/18, Backpack - Summit Lake (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/17/18-8/21/18, Backpack - Gray Wolf-Dose Meadows-Grand Pass Loop (Challenging) Leader: Richard Lambe, dicklambe@hotmail.com. Foothills

8/25/18-8/26/18, Backpack - Greenwater & Echo Lakes (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

9/1/18-9/3/18, Backpack - Dumbbell Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

9/1/18-9/3/18, Backpack - Rainy Pass to

Snowy Lakes (Challenging) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

9/7/18-9/9/18, Backpack - Indian Heaven (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

9/14/18-9/16/18, Backpack - Second Beach (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

9/22/18-9/23/18, Backpack - Olympic Hot Springs (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

10/5/18-10/7/18, Backpack - Stein River Canyon & Stein Valley (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

10/20/18-10/21/18, Backpack - Gobblers Knob (Challenging) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

7/21/18-7/23/18, Backpack - Minam Lake (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

8/13/18-8/20/18, Backpack - Tonquin Valley (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

9/13/18-9/16/18, Backpack - Marvel Pass & Aurora Lake (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

9/18/18-9/21/18, Backpack - Floe Lake & Numa Pass (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

CLIMBING

6/1/18-6/1/18, Basic Alpine Climb - South Early Winter Spire/South Ar_te (For Beginners (Getting Started Series)) Leader: Brett Dyson, hhiking@hotmail.com. Seattle

6/1/18-6/3/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Challenging) Leader: Scott Braswell, scottptpie@gmail.com. Everett

6/1/18-6/1/18, Basic Alpine Climb - The Tooth/South Face (For Beginners (Getting Started Series)) Leader: Emma Agosta, emagosta@gmail.com. Seattle

6/2/18-6/2/18, Basic Alpine Climb - The Fin/Northwest Ridge (For Beginners (Getting Started Series)) Leader: Brett Dyson, hhiking@hotmail.com. Seattle

6/2/18-6/2/18, Basic Alpine Climb - Kangaroo Temple/North Face (For Beginners (Getting Started Series)) Leader: Brett Dyson, hhiking@hotmail.com. Seattle

6/2/18-6/4/18, Basic Alpine Climb - Appa Peak (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

6/2/18-6/2/18, Basic Alpine Climb - The Tooth/South Face (For Beginners (Getting Started Series)) Leader: Suzy Diesen, sdiesen@wavecable.com. Kitsap

6/2/18-6/3/18, Glacier Climb - Eldorado Peak/

Inspiration Glacier (Moderate) Leader: John Mackey, john@pttaxcpa.com. Kitsap

6/2/18-6/3/18, Intermediate Alpine Climb - Mount Hood/Cooper Spur (Challenging) Leader: Carolyn Graham, graham.carolyn@gmail.com. Seattle

6/2/18-6/3/18, Basic Alpine Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Steven Anderson, anderson.stevej@gmail.com. Kitsap

6/3/18-6/3/18, Basic Alpine Climb - Silver Star Mountain/Silver Star Creek (Challenging) Leader: Brett Dyson, hhiking@hotmail.com. Seattle

6/3/18-6/3/18, Aid Climb - Index Town Wall/Town Crier (Challenging) Leader: Takeo Kuraishi, takeo.kuraishi@gmail.com. Seattle

6/3/18-6/3/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Brent Williams, mariners12002@yahoo.com. Olympia

6/4/18-6/4/18, Glacier Climb - Mount Baker/Easton Glacier (Challenging) Leader: Doug Sanders, dougsappley@gmail.com. Everett

6/4/18-6/7/18, Intermediate Alpine Climb - Deception, Mystery, Fricaba & Hal Foss (Moderate) Leader: Jerry Logan, cjtlogan@gmail.com. Kitsap

6/5/18-6/5/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: John Bell, jblclimber@yahoo.com. Seattle

6/8/18-6/9/18, Glacier Climb - Mount Baker/Boulder Glacier (For Beginners (Getting Started Series)) Leader: Peter Clitherow, peter.clitherow@gmail.com. Seattle

6/8/18-6/10/18, Basic Alpine Climb - Dome Peak/Dome Glacier (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

6/8/18-6/8/18, Glacier Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Sean Mathias, seanm@prosolve.com. Seattle

6/8/18-6/9/18, Basic Alpine Climb - Silver Star Mountain/Silver Star Creek (Challenging) Leader: Ian Dickson, ian.p.dickson@gmail.com. Seattle

6/8/18-6/9/18, Intermediate Alpine Climb - Vesper Peak/North Face (Moderate) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

6/8/18-6/9/18, Glacier Climb - Mount Shuksan/Sulphide Glacier (Challenging) Leader: Tom Girard, tom_girard@hotmail.com. Seattle

6/9/18-6/10/18, Glacier Climb - Snowfield Peak/Neve Glacier (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

6/9/18-6/9/18, Basic Alpine Climb - Unicorn Peak/South Side (For Beginners (Getting Started Series)) Leader: Emma Agosta, emagosta@gmail.com. Seattle

6/9/18-6/10/18, Glacier Climb - Mount Baker/

Coleman Glacier (Challenging) Leader: Ian Lauder, ian@cyber-sea.com. Everett

6/9/18-6/9/18, Basic Alpine Climb - South Early Winter Spire/South Arete (For Beginners (Getting Started Series)) Leader: Jerry Logan, cjtjlogan@gmail.com. Kitsap

6/9/18-6/9/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: Scott Shafer, sashafer@gmail.com. Seattle

6/9/18-6/10/18, Basic Alpine Climb - Mount Constance/South Chute (Challenging) Leader: Sean Mathias, seanm@prosolve.com. Seattle

6/10/18-6/10/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: Sarah Holt, sarah.hlt@gmail.com. Tacoma

6/10/18-6/10/18, Intermediate Alpine Climb - South Early Winter Spire/West Face & Southwest Rib (Moderate) Leader: Jerry Logan, cjtjlogan@gmail.com. Kitsap

6/10/18-6/10/18, Basic Alpine Climb - Sloan Peak/Corkscrew Route (Challenging) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

6/11/18-6/11/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Craig Taylor, craigtay@gmail.com. Seattle

6/15/18-6/17/18, Basic Alpine Climb - Clark Mountain & Luahna Peak (Challenging) Leader: Damien scott, damien.r.scott@gmail.com. Everett

6/15/18-6/17/18, Intermediate Alpine Climb - Bonanza Peak/Mary Green Glacier (Challenging) Leader: Jeffrey Wirtz, jrwirtz73@gmail.com. Tacoma

6/15/18-6/17/18, Basic Alpine Climb - Inspiration-McAllister-Klawatti Ice Cap Traverse (Challenging) Leader: Scot Geoghegan, hector98034@yahoo.com. Everett

6/15/18-6/16/18, Basic Alpine Climb - Sahale Peak/Quien Sabe Glacier (Moderate) Leader: Lisa Loper, thelopers@comcast.net. Everett

6/16/18-6/17/18, Glacier Climb - Mount Baker/Coleman Glacier (For Beginners (Getting Started Series)) Leader: Marko Pavela, mlpavela@hotmail.com. Olympia

6/16/18-6/16/18, Basic Alpine Climb - Unicorn Peak/South Side (For Beginners (Getting Started Series)) Leader: Ralph Wessels, ralphwessels@comcast.net. Kitsap

6/16/18-6/17/18, Intermediate Alpine Climb - Forbidden Peak/West Ridge (Challenging) Leader: Ian Lauder, ian@cyber-sea.com. Everett

6/16/18-6/16/18, Basic Alpine Climb - South Early Winter Spire/South Arete (Moderate) Leader: John Bell, jbcclimber@yahoo.com. Seattle

6/16/18-6/17/18, Glacier Climb - Mount Daniel/Lynch Glacier (Moderate) Leader: Paul Gehlsen, paul.r.gehlsen@boeing.com. Everett

6/16/18-6/17/18, Glacier Climb - Little Tahoma/East Shoulder (Moderate) Leader: Andy Weber, olyclimber@gmail.com. Olympia

6/16/18-6/17/18, Alpine Scramble - The Brothers/South Couloir (Moderate) Leader:

Scott Hollis, scott.hollis@gmail.com. Tacoma

6/16/18-6/17/18, Basic Alpine Climb - Mount Hood/South Side (Moderate) Leader: Deling Ren, cookiejar.seattle@gmail.com. Seattle

6/16/18-6/17/18, Glacier Climb - Mount Baker/Boulder Glacier (Moderate) Leader: Carolyn Graham, graham.carolyn@gmail.com. Seattle

6/17/18-6/17/18, Basic Alpine Climb - Kangaroo Temple/North Face (Moderate) Leader: John Bell, jbcclimber@yahoo.com. Seattle

6/18/18-6/18/18, Basic Alpine Climb - South Early Winter Spire/South Arete (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

6/20/18-6/20/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Scott Shafer, sashafer@gmail.com. Seattle

6/21/18-6/23/18, Glacier Climb - Mount Shuksan/Sulphide Glacier (Moderate) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

6/21/18-6/23/18, Basic Alpine Climb - Mount Constance/South Chute (Challenging) Leader: Tom Girard, tom_girard@hotmail.com. Seattle

6/21/18-6/21/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Brent Williams, mariners12002@yahoo.com. Olympia

6/22/18-6/23/18, Glacier Climb - Mount Baker/Boulder Glacier (For Beginners (Getting Started Series)) Leader: Peter Clitherow, peter.clitherow@gmail.com. Seattle

6/22/18-6/24/18, Glacier Climb - Clark Mountain & Luahna Peak (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

6/22/18-6/23/18, Glacier Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Jim Pitts, jim@pitts.org. Seattle

6/23/18-6/24/18, Intermediate Alpine Climb - Sherpa Peak/West Ridge (Moderate) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

6/23/18-6/24/18, Intermediate Alpine Climb - Mount Rainier/Kautz Glacier (Challenging) Leader: Ian Lauder, ian@cyber-sea.com. Everett

6/23/18-6/23/18, Basic Alpine Climb - Colchuck & Dragontail Peaks (Challenging) Leader: Steve Biem, earlyascent@gmail.com. Seattle

6/23/18-6/24/18, Glacier Climb - Snowfield Peak/Neve Glacier (Challenging) Leader: Brian Starlin, brian.starlin@comcast.net. Seattle

6/23/18-6/25/18, Basic Alpine Climb - Gardner Mountain & North Gardner Mountain (Challenging) Leader: Scot Geoghegan, hector98034@yahoo.com. Everett

6/23/18-6/24/18, Glacier Climb - Little Tahoma/East Shoulder (Moderate) Leader: Tim Helton, timh948@gmail.com. Tacoma

6/23/18-6/24/18, Glacier Climb - Sahale Peak/Quien Sabe Glacier (Moderate) Leader: Mike McIntosh, free_2_climb@yahoo.com. Olympia

6/23/18-6/24/18, Basic Alpine Climb - Ruth Mountain & Icy Peak Traverse (Moderate) Leader: Ralph Wessels, ralphwessels@comcast.net. Kitsap

6/23/18-6/23/18, Basic Alpine Climb - Kangaroo Temple/North Face (Moderate) Leader: John Mackey, john@pttaxcpa.com. Kitsap

6/23/18-6/24/18, Glacier Climb - Mount Daniel/Lynch Glacier (Moderate) Leader: James Gates, jimgates@korsmo.com. Tacoma

6/24/18-6/25/18, Glacier Climb - Mount Baker/Coleman Glacier (For Beginners (Getting Started Series)) Leader: Susan Shih, sushih@live.com. Seattle

6/24/18-6/25/18, Glacier Climb - Mount Baker/Easton Glacier (Moderate) Leader: Scott Shafer, sashafer@gmail.com. Seattle

6/24/18-6/24/18, Basic Alpine Climb - Mount Baker/Boulder Glacier (Moderate) Leader: Jan Abendroth, jan.abendroth@gmail.com. Seattle

6/25/18-6/28/18, Basic Alpine Climb - Mount Olympus/Blue Glacier (Challenging) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

6/26/18-6/26/18, Basic Alpine Climb - Unicorn-Castle Traverse (For Beginners (Getting Started Series)) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

6/26/18-6/26/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: John Bell, jbcclimber@yahoo.com. Seattle

6/29/18-7/1/18, Basic Alpine Climb - Mount Olympus/Blue Glacier (Challenging) Leader: Ida Vincent, ida@ourecoplanet.com. Seattle

6/29/18-7/1/18, Glacier Climb - Little Tahoma/East Shoulder (Moderate) Leader: Atsuko Yamaguchi, ayamaguchi9@gmail.com. Everett

6/29/18-6/30/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: Steven Anderson, anderson.stevej@gmail.com. Kitsap

6/30/18-7/1/18, Glacier Climb - Mount Baker/Coleman Glacier (For Beginners (Getting Started Series)) Leader: Minda Paul, mindapaul@hotmail.com. Bellingham

6/30/18-7/1/18, Glacier Climb - Mount Shuksan/Sulphide Glacier (For Beginners (Getting Started Series)) Leader: Andrew Hollon, andrewhollon@hotmail.com. Bellingham

6/30/18-7/3/18, Intermediate Alpine Climb - Inspiration-McAllister-Klawatti Ice Cap Traverse (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

6/30/18-7/1/18, Intermediate Alpine Climb - Mount Rainier/Kautz Glacier (For Beginners (Getting Started Series)) Leader: Peter Tran, peter.mountaineers@gmail.com. Seattle

6/30/18-7/1/18, Glacier Climb - Mount Baker/Easton Glacier (Moderate) Leader: John Bell, jbcclimber@yahoo.com. Seattle

6/30/18-7/2/18, Intermediate Alpine Climb - Mount Buckner/North Face (Challenging) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

6/30/18-7/2/18, Basic Alpine Climb - Mount Hinman/Hinman Glacier (Moderate) Leader: Paul Gehlsen, paul.r.gehlsen@boeing.com. Everett

6/30/18-7/1/18, Intermediate Alpine Climb - Mount Stuart/North Ridge (Moderate) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

6/30/18-7/1/18, Basic Alpine Climb - Ruth Mountain & Icy Peak Traverse (Moderate) Leader: Rob Holman, robert.e.holman@hotmail.com. Everett

6/30/18-7/2/18, Glacier Climb - Mount Logan/Douglas Glacier (Moderate) Leader: James Gates, jimgates@korsmo.com. Tacoma

6/30/18-7/1/18, Basic Alpine Climb - Warrior/Southeast Summit (Challenging) Leader: Jeff Williams, jswill@comcast.net. Olympia

7/1/18-7/2/18, Glacier Climb - Sherman Peak/Squak Glacier (Mount Baker) (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

7/1/18-7/3/18, Glacier Climb - Mount Rainier/Emmons Glacier (Challenging) Leader: Susan Shih, sueshih@live.com. Seattle

7/1/18-7/1/18, Intermediate Alpine Climb - Lexington Tower/North Face (Moderate) Leader: Ralph Wessels, ralphwessels@comcast.net. Kitsap

7/2/18-7/4/18, Glacier Climb - Mount Rainier/Disappointment Cleaver (Moderate) Leader: Scott Shafer, sashafer@gmail.com. Seattle

7/2/18-7/2/18, Intermediate Alpine Climb - Liberty Bell/Southwest Face (Moderate) Leader: Ralph Wessels, ralphwessels@comcast.net. Kitsap

7/4/18-7/8/18, Intermediate Alpine Climb - Bonanza Peak/Mary Green Glacier (Moderate) Leader: Carolyn Graham, graham.carolyn@gmail.com. Seattle

7/5/18-7/6/18, Aid Climb - Stawamus Chief/University Wall (Challenging) Leader: Takeo Kuraishi, takeo.kuraishi@gmail.com. Seattle

7/6/18-7/9/18, Intermediate Alpine Climb - Mount Buckner/North Face (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

7/6/18-7/8/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Challenging) Leader: Emma Agosta, emagosta@gmail.com. Seattle

7/6/18-7/9/18, Glacier Climb - Snowfield Peak/Neve Glacier (Challenging) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

7/6/18-7/8/18, Basic Alpine Climb - Mount Logan/Banded Glacier (Challenging) Leader: Curtis Stock, cstock34@msn.com. Tacoma

7/6/18-7/8/18, Basic Alpine Climb - Mount Jefferson/Whitewater Glacier (Challenging) Leader: Tom Girard, tom_girard@hotmail.com. Seattle

7/6/18-7/8/18, Glacier Climb - Mount Rainier/Emmons Glacier (Challenging) Leader: Debbie Lynn Straub, gigi88@mac.com. Kitsap

7/7/18-7/8/18, Intermediate Alpine Climb -

Mount Baker/North Ridge (Challenging) Leader: Kristian Kalsing, kristian@kalsing.com. Seattle

7/7/18-7/8/18, Glacier Climb - Mount Rainier/Disappointment Cleaver (Challenging) Leader: Sean Mathias, seanm@prosolve.com. Seattle

7/8/18-7/8/18, Basic Alpine Climb - Guye Peak/South Rib (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

7/8/18-7/8/18, Basic Alpine Climb - Mount Washington/Standard Route (Moderate) Leader: Jeffrey Wirtz, jrwirtz73@gmail.com. Tacoma

7/10/18-7/12/18, Glacier Climb - Sahale Peak/Quien Sabe Glacier (Moderate) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

7/11/18-7/15/18, Basic Alpine Climb - Mount Olympus/Blue Glacier (Challenging) Leader: Elaina Jorgensen, elaina.jorgensen@gmail.com. Everett

7/13/18-7/14/18, Intermediate Alpine Climb - Forbidden Peak/West Ridge (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

7/13/18-7/15/18, Basic Alpine Climb - North Sister/South Ridge (Challenging) Leader: Curtis Stock, cstock34@msn.com. Tacoma

7/14/18-7/15/18, Intermediate Alpine Climb - Cutthroat Peak/Southeast Buttress (Challenging) Leader: Jeff Williams, jswill@comcast.net. Olympia

7/14/18-7/15/18, Intermediate Alpine Climb - Mount Baker/North Ridge (Moderate) Leader: Jeffrey Wirtz, jrwirtz73@gmail.com. Tacoma

7/14/18-7/16/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Challenging) Leader: Rena Chinn, seattlerena@gmail.com. Seattle

7/14/18-7/15/18, Basic Alpine Climb - Mount Jefferson/Whitewater Glacier (Challenging) Leader: Liana Robertshaw, urfavejerzeygrl@gmail.com. Seattle

7/14/18-7/15/18, Basic Alpine Climb - Ruth Mountain & Icy Peak Traverse (Moderate) Leader: Owen Gabrielson, mog@farlawgroup.com. Tacoma

7/14/18-7/15/18, Basic Alpine Climb - Mount Shuksan/Fisher Chimneys (Challenging) Leader: Sherrie Trecker, sbuxbarista@yahoo.com. Seattle

7/14/18-7/15/18, Glacier Climb - Snowfield Peak/Neve Glacier (Challenging) Leader: Doug Sanders, dougsappley@gmail.com. Everett

7/15/18-7/15/18, Basic Alpine Climb - Boston Peak/Southeast Face via Quien Sabe Glacier (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

7/15/18-7/15/18, Intermediate Alpine Climb - Mount Rainier/Fuhrer Finger (Challenging) Leader: Mike Curry, mcurry@regis.edu. Olympia

7/15/18-7/17/18, Glacier Climb - Mount Rainier/Disappointment Cleaver (Moderate) Leader: Han Yan, yanhan01@gmail.com. Seattle

7/17/18-7/17/18, Basic Alpine Climb - Chair Peak/Northeast Buttress (Easy) Leader: Janette Zumbo, janettezumbo@gmail.com. Olympia

7/19/18-7/24/18, Intermediate Alpine Climb - Goode Mountain/Northeast Buttress (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

7/20/18-7/22/18, Intermediate Alpine Climb - Mount Formidable/South Route (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

7/20/18-7/23/18, Glacier Climb - Mount Spickard/South Ridge & Mount Redoubt/South Face (Moderate) Leader: Paul Gehlsen, paul.r.gehlsen@boeing.com. Everett

7/20/18-7/22/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Moderate) Leader: Marko Pavela, mlpavela@hotmail.com. Olympia

7/20/18-7/21/18, Glacier Climb - Eldorado Peak/Inspiration Glacier (Moderate) Leader: Julie Moore, julie@mountainjules.com. Olympia

7/20/18-7/22/18, Basic Alpine Climb - McMillan Spire/West Ridge (Challenging) Leader: Emma Agosta, emagosta@gmail.com. Seattle

7/20/18-7/21/18, Intermediate Alpine Climb - Mount Torment & Forbidden Peak Traverse (Challenging) Leader: Curtis Stock, cstock34@msn.com. Tacoma

7/20/18-7/23/18, Basic Alpine Climb - Mount Olympus/Blue Glacier (Challenging) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

7/21/18-7/21/18, Basic Alpine Climb - Kangaroo Temple/North Face (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

7/21/18-7/21/18, Intermediate Alpine Climb - Liberty Bell/Southwest Face & Concord Tower/North Fa (Moderate) Leader: Eileen Kutscha, eileen_kutscha@yahoo.com. Seattle

7/21/18-7/22/18, Basic Alpine Climb - Huckleberry Mountain/East Face (Challenging) Leader: Sean Mathias, seanm@prosolve.com. Seattle

7/21/18-7/23/18, Glacier Climb - Little Tahoma/East Shoulder (Challenging) Leader: Mike McIntosh, free_2_climb@yahoo.com. Olympia

7/22/18-7/22/18, Intermediate Alpine Climb - Liberty Bell/Southwest Face (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

7/22/18-7/22/18, Basic Alpine Climb - Chair Peak/Northeast Buttress (Easy) Leader: Ian Lauder, ian@cyber-sea.com. Everett

7/22/18-7/23/18, Basic Alpine Climb - Mount Baker/Coleman Glacier (Moderate) Leader: Craig Taylor, craigtay@gmail.com. Seattle

7/24/18-7/27/18, Glacier Climb - Mount Rainier/Emmons Glacier (Challenging) Leader: Atsuko Yamaguchi, ayamaguchi9@gmail.com. Everett

7/24/18-7/24/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Challenging) Leader: Douglas Hansen, douglasehansen@gmail.com. Olympia

7/24/18-7/24/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Janette Zumbo, janettezumbo@gmail.com. Olympia

7/25/18-7/25/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Kevin DeFields, kdefields@comcast.net. Tacoma

7/25/18-7/27/18, Basic Alpine Climb - Glacier Peak/Disappointment Peak Cleaver (Challenging) Leader: Jill Uthoff, jilluthoff@gmail.com. Tacoma

7/26/18-7/29/18, Basic Alpine Climb - Mount Logan/Fremont Glacier (Challenging) Leader: Paul Gehlsen, paul.r.gehlsen@boeing.com. Everett

7/26/18-7/29/18, Intermediate Alpine Climb - Goode Mountain/Northeast Buttress (Challenging) Leader: Curtis Stahlecker, cdstahlecker@gmail.com. Tacoma

7/28/18-7/29/18, Glacier Climb - Mount Shuksan/Sulphide Glacier (Challenging) Leader: Marko Pavela, mlpavela@hotmail.com. Olympia

7/28/18-7/29/18, Intermediate Alpine Climb - Mount Rainier/Kautz Glacier (Challenging) Leader: Steve Biem, earlyascent@gmail.com. Seattle

7/28/18-7/29/18, Basic Alpine Climb - Sharkfin Tower & Sahale Peak (Challenging) Leader: Jeffrey Wirtz, jrwirtz73@gmail.com. Tacoma

7/28/18-7/29/18, Basic Alpine Climb - Clark Mountain & Luahna Peak (Challenging) Leader: Ian Lauder, ian@cyber-sea.com. Everett

7/28/18-7/31/18, Glacier Climb - Mount Olympus/Blue Glacier (Challenging) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

7/28/18-7/29/18, Glacier Climb - Mount Adams/Mazama Glacier (Moderate) Leader: Brent Williams, mariners12002@yahoo.com. Olympia

7/28/18-7/30/18, Basic Alpine Climb - McMillan Spire/West Ridge (Challenging) Leader: Rena Chinn, seattlerena@gmail.com. Seattle

7/28/18-7/29/18, Glacier Climb - Eldorado Peak/Inspiration Glacier (Moderate) Leader: Andy Weber, olyclimber@gmail.com. Olympia

7/28/18-7/28/18, Basic Alpine Climb - Kangaroo Temple/North Face (Moderate) Leader: Dennis Kiilerich, dkiilerich@gmail.com. Seattle

7/29/18-7/29/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: John Bell, jbelclimber@yahoo.com. Seattle

7/29/18-7/29/18, Intermediate Alpine Climb - Liberty Bell/Beckey Route (Moderate) Leader: Dennis Kiilerich, dkiilerich@gmail.com. Seattle

7/30/18-8/2/18, Glacier Climb - Mount Rainier/Disappointment Cleaver (Challenging) Leader: Atsuko Yamaguchi, ayamaguchi9@gmail.com. Everett

7/31/18-7/31/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: John Bell, jbelclimber@yahoo.com. Seattle

8/1/18-8/5/18, Intermediate Alpine Climb - Mount Challenger/Challenger Glacier (Challenging) Leader: Ida Vincent, ida@ourecoplanet.com. Seattle

8/2/18-8/5/18, Glacier Climb - Mount Olympus/Blue Glacier (For Beginners (Getting Started Series)) Leader: Jared Pearce, jared.pearce@gmail.com. Seattle

8/2/18-8/5/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (For Beginners (Getting Started Series)) Leader: Ralph Wessels, ralphwessels@comcast.net. Kitsap

8/2/18-8/2/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Lisa Loper, thelopers@comcast.net. Everett

8/4/18-8/7/18, Intermediate Alpine Climb - Mox Peaks (Twin Spires) (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

8/4/18-8/4/18, Glacier Climb - Sahale Peak/Quien Sabe Glacier (For Beginners (Getting Started Series)) Leader: Peter Tran, peter.mountaineers@gmail.com. Seattle

8/4/18-8/5/18, Glacier Climb - Mount Rainier/Emmons Glacier (For Beginners (Getting Started Series)) Leader: Liana Robertshaw, urfavejerzeygrl@gmail.com. Seattle

8/4/18-8/5/18, Glacier Climb - Sharkfin Tower & Sahale Peak (Challenging) Leader: Brian Starlin, brian.starlin@comcast.net. Seattle

8/4/18-8/4/18, Basic Alpine Climb - South Early Winter Spire/South Ar_te (Moderate) Leader: Mike McIntosh, free_2_climb@yahoo.com. Olympia

8/4/18-8/5/18, Glacier Climb - Mount Adams/Mazama Glacier (Moderate) Leader: Curtis Stock, cstock34@msn.com. Tacoma

8/4/18-8/4/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Kevin DeFields, kdefields@comcast.net. Tacoma

8/4/18-8/5/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: Debbie Lynn Straub, gigi88@mac.com. Kitsap

8/7/18-8/9/18, Glacier Climb - Mount Rainier/Disappointment Cleaver (Moderate) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

8/10/18-8/12/18, Basic Alpine Climb - McMillan Spire/West Ridge (Challenging) Leader: Andy Weber, olyclimber@gmail.com. Olympia

8/10/18-8/12/18, Intermediate Alpine Climb - Dome Peak/Dome Traverse (Challenging) Leader: Curtis Stock, cstock34@msn.com. Tacoma

8/10/18-8/13/18, Basic Alpine Climb - Mesahchie & Katsuk Peaks (Challenging) Leader: James Adkins, jamesaa73@comcast.net. Seattle

8/11/18-8/12/18, Glacier Climb - Sahale Peak/Quien Sabe Glacier (Moderate) Leader: Julie Moore, julie@mountainjules.com. Olympia

8/11/18-8/11/18, Intermediate Alpine Climb - Liberty Bell/Southwest Face (Challenging) Leader: Jeff Williams, jswill@comcast.net. Olympia

8/12/18-8/12/18, Intermediate Alpine Climb - South Early Winter Spire/West Face & Southwest Rib (For Beginners (Getting Started Series)) Leader: Jeff Williams, jswill@comcast.net. Olympia

8/12/18-8/13/18, Glacier Climb - Mount Shuksan/Sulphide Glacier (Challenging) Leader: Scot Geoghegan, hector98034@yahoo.com. Everett

8/12/18-8/15/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Challenging) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

8/13/18-8/13/18, Intermediate Alpine Climb - Mount Baker/North Ridge (Moderate) Leader: Jerry Logan, cjtjlogan@gmail.com. Kitsap

8/16/18-8/21/18, Glacier Climb - Glacier Peak/Disappointment Peak Cleaver (Moderate) Leader: Susan Shih, sushih@live.com. Seattle

8/16/18-8/16/18, Intermediate Alpine Climb - Liberty Bell/Beckey Route (Moderate) Leader: Lisa Loper, thelopers@comcast.net. Everett

8/17/18-8/19/18, Basic Alpine Climb - Horseshoe Peak (Moderate) Leader: James Adkins, jamesaa73@comcast.net. Seattle

8/17/18-8/17/18, Basic Alpine Climb - South Early Winter Spire/South Ar_te (Moderate) Leader: Lisa Loper, thelopers@comcast.net. Everett

8/18/18-8/19/18, Basic Alpine Climb - Mesahchie & Katsuk Peaks (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

8/18/18-8/19/18, Basic Alpine Climb - Mount Cruiser/Southwest Corner (Challenging) Leader: Mike McIntosh, free_2_climb@yahoo.com. Olympia

8/18/18-8/19/18, Basic Alpine Climb - Three Fingered Jack/South Ridge (Moderate) Leader: Curtis Stock, cstock34@msn.com. Tacoma

8/24/18-8/25/18, Glacier Climb - Kololo Peaks/White Chuck Glacier (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

8/25/18-8/25/18, Basic Alpine Climb - Kangaroo Temple/North Face (Moderate) Leader: Steve Biem, earlyascent@gmail.com. Seattle

8/25/18-8/27/18, Basic Alpine Climb - Mount Maude & Seven Fingered Jack (Challenging) Leader: Scot Geoghegan, hector98034@yahoo.com. Everett

8/26/18-8/26/18, Intermediate Alpine Climb - Liberty Bell/Southwest Face (Challenging) Leader: Steve Biem, earlyascent@gmail.com. Seattle

8/28/18-8/28/18, Basic Alpine Climb - South Early Winter Spire/South Arete (Moderate) Leader: Douglas Hansen, douglasehansen@gmail.com. Olympia

9/1/18-9/4/18, Basic Alpine Climb - Tupshin & Devore Peaks (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

9/1/18-9/3/18, Intermediate Alpine Climb - The Pickets (Challenging) Leader: Ian Lauder, ian@cyber-sea.com. Everett

9/8/18-9/8/18, Glacier Climb - Sahale Peak/ Quien Sabe Glacier (Moderate) Leader: Susan Shih, sushih@live.com. Seattle

9/8/18-9/8/18, Basic Alpine Climb - Slippery Slab Tower/Northeast Face (Easy) Leader: Owen Gabrielson, mog@farlawgroup.com. Tacoma

9/9/18-9/9/18, Basic Alpine Climb - The Tooth/South Face (For Beginners (Getting Started Series)) Leader: Peter Tran, peter.mountainers@gmail.com. Seattle

9/9/18-9/9/18, Basic Alpine Climb - South Early Winter Spire/South Arete (Moderate) Leader: Chase Gruszewski, cwgruszewski@gmail.com. Kitsap

9/10/18-9/13/18, Glacier Climb - Mount Spickard/South Ridge & Mount Redoubt/ South Face (Challenging) Leader: Scott Schissel, scott.schissel@yahoo.com. Tacoma

9/15/18-9/17/18, Basic Alpine Climb - Copper Peak/Southeast Glacier (Moderate) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

9/15/18-9/15/18, Glacier Climb - Eldorado Peak/Northeast Face (Challenging) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

9/15/18-9/16/18, Glacier Climb - Sahale Peak/ Quien Sabe Glacier (Moderate) Leader: Andy Weber, olyclimber@gmail.com. Olympia

9/16/18-9/16/18, Glacier Climb - Whitman Crest/Fryingpan Glacier (Moderate) Leader: Marko Pavela, mlpavela@hotmail.com. Olympia

9/29/18-9/30/18, Basic Alpine Climb - South Spectacle Butte (Challenging) Leader: Stephen Bobick, sbobick2@gmail.com. Everett

9/29/18-9/29/18, Basic Alpine Climb - Mount Watson/North Face (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

10/6/18-10/6/18, Intermediate Alpine Climb - Observation Rock/North Face (Moderate) Leader: Steve Biem, earlyascent@gmail.com. Seattle

10/9/18-10/9/18, Basic Alpine Climb - The Tooth/South Face (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

10/13/18-10/13/18, Basic Alpine Climb - Ingalls Peak/South Ridge (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

DAY HIKING

6/2/18-6/3/18, Day Hike - Shi Shi Beach and Cape Flattery (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/2/18-6/2/18, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Michael Mellors, beta618@gmail.com. Olympia

6/3/18-6/3/18, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Mark Brown, marksbrown8089@

comcast.net. Olympia

6/3/18-6/3/18, Day Hike - Mount Zion (For Beginners (Getting Started Series)) Leader: Carla Jonientz, carlajonientz@yahoo.com. Olympia

6/5/18-6/5/18, Day Hike - Little Si (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/6/18-6/6/18, Day Hike - Wagonwheel Lake & Silver Snag Hill (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

6/8/18-6/8/18, Day Hike - Island Center Forest (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/9/18-6/10/18, Day Hike - Spruce Railroad Trail and Sol Duc Falls Loop (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/9/18-6/9/18, Day Hike - Greenwater Lakes (For Beginners (Getting Started Series)) Leader: Catherine Walters, kwon1962@yahoo.com. Tacoma

6/9/18-6/9/18, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Mike Kretzler, mkretzler@comcast.net. Olympia

6/10/18-6/10/18, Day Hike - Big Creek Loop (For Beginners (Getting Started Series)) Leader: Mark Brown, marksbrown8089@comcast.net. Olympia

6/11/18-6/11/18, Day Hike - Norse Peak (Moderate) Leader: Bob Keranen, bobkeranen@gmail.com. Olympia

6/12/18-6/12/18, Day Hike - Rattlesnake Ledge (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/13/18-6/13/18, Day Hike - Wagonwheel Lake & Silver Snag Hill (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

6/15/18-6/15/18, Day Hike - Rattlesnake Mountain (East) (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

6/16/18-6/16/18, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Michael Silverstein, rhody1171@comcast.net. Olympia

6/17/18-6/17/18, Day Hike - Goat Lake (Monte Cristo) (For Beginners (Getting Started Series)) Leader: Bob Pankl, pankl@earthlink.net. Seattle

6/17/18-6/17/18, Day Hike - Lava Canyon (Moderate) Leader: Travis Prescott, travisj.prescott@gmail.com. Foothills

6/19/18-6/19/18, Day Hike - Snoqualmie Tunnel (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

6/20/18-6/20/18, Day Hike - Wagonwheel Lake & Silver Snag Hill (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

6/21/18-6/21/18, Day Hike - Lower Lena Lake (For Beginners (Getting Started Series)) Leader: Margaret Hunt, mihunt@aol.com. Olympia

6/23/18-6/23/18, Day Hike - Summit Lake

(For Beginners (Getting Started Series)) Leader: Ginger Sarver, bgsarver@comcast.net. Olympia

6/27/18-6/27/18, Day Hike - Wagonwheel Lake & Silver Snag Hill (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

6/29/18-6/29/18, Day Hike - Pacific Crest Trail: Snoqualmie Pass to Windy Pass (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

7/4/18-7/4/18, Day Hike - Ozette Triangle (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/4/18-7/4/18, Day Hike - Duckabush River (For Beginners (Getting Started Series)) Leader: Mike Kretzler, mkretzler@comcast.net. Olympia

7/4/18-7/4/18, Day Hike - Mount Ellinor (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

7/7/18-7/7/18, Day Hike - Eunice Lake & Tolmie Peak Lookout (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

7/8/18-7/8/18, Day Hike - Grand Park (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

7/8/18-7/8/18, Day Hike - Grand Park (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Carolyn Burrenson, cbburrenson@gmail.com. Olympia

7/10/18-7/10/18, Day Hike - Harry's Ridge (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/11/18-7/11/18, Day Hike - Mount Ellinor (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

7/11/18-7/11/18, Day Hike - Aurora Peak (Challenging) Leader: Bob Keranen, bobkeranen@gmail.com. Olympia

7/12/18-7/12/18, Day Hike - Woodard Bay (For Beginners (Getting Started Series)) Leader: Dixie Havlak, havlakrd@comcast.net. Olympia

7/14/18-7/14/18, Day Hike - Grand Park (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Michael Mellors, beta618@gmail.com. Olympia

7/17/18-7/17/18, Day Hike - Olallie Lake (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/18/18-7/18/18, Day Hike - Mount Ellinor (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

7/19/18-7/19/18, Day Hike - Grand Park (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Margaret Hunt, mihunt@aol.com. Olympia

7/20/18-7/20/18, Day Hike - Ira Spring Trail (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

7/21/18-7/21/18, Day Hike - Glacier Basin (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

7/24/18-7/24/18, Day Hike - Packwood Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/25/18-7/25/18, Day Hike - Mount Ellinor (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

7/27/18-7/27/18, Day Hike - Eunice Lake & Tolmie Peak Lookout (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

7/28/18-7/28/18, Day Hike - Grand Ridge (Olympics) (For Beginners (Getting Started Series)) Leader: John Eliasson, johneliasson0@gmail.com. Olympia

7/29/18-7/29/18, Day Hike - Naches Peak Loop (For Beginners (Getting Started Series)) Leader: Catherine Walters, kwon1962@yahoo.com. Tacoma

7/29/18-7/29/18, Day Hike - Glacier Basin (Mount Rainier) (For Beginners (Getting Started Series)) Leader: Carol Froelich, carolkent2@comcast.net. Olympia

7/29/18-7/29/18, Day Hike - Lake Valhalla (Moderate) Leader: Bob Pankl, pankl@earthlink.net. Seattle

7/31/18-7/31/18, Day Hike - Dewey Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/3/18-8/3/18, Day Hike - Annette Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/5/18-8/5/18, Day Hike - Palisades Lakes (For Beginners (Getting Started Series)) Leader: Dawn Thomas, pitadawn@yahoo.com. Olympia

8/7/18-8/7/18, Day Hike - Sourdough Gap (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/11/18-8/11/18, Day Hike - First & Second Burroughs Mountain (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

8/11/18-8/11/18, Day Hike - First & Second Burroughs Mountain (For Beginners (Getting Started Series)) Leader: Michael Mellors, beta618@gmail.com. Olympia

8/12/18-8/12/18, Day Hike - Burroughs Mountain (For Beginners (Getting Started Series)) Leader: Donald Miller, scubadonnie@comcast.net. Olympia

8/13/18-8/13/18, Day Hike - Dumbbell Lake (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/14/18-8/14/18, Day Hike - Hidden Lake (Mount Rainier) (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/16/18-8/16/18, Day Hike - Burroughs Mountain (For Beginners (Getting Started Series)) Leader: Margaret Hunt, mihunt@aol.com. Olympia

8/17/18-8/17/18, Day Hike - Kendall Katwalk (Challenging) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

8/19/18-8/19/18, Day Hike - Palisades Lakes (For Beginners (Getting Started Series)) Leader: Carol Froelich, carolkent2@comcast.net. Olympia

8/19/18-8/19/18, Day Hike - Burroughs Mountain (For Beginners (Getting Started Series)) Leader: Meryl Lipman, skygypsy@gmail.com. Olympia

8/19/18-8/19/18, Day Hike - Gobblers Knob (Moderate) Leader: Bob Pankl, pankl@earthlink.net. Seattle

8/21/18-8/21/18, Day Hike - Summit Lake (Easy) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

8/26/18-8/26/18, Day Hike - North Fork Skokomish River & Flapjack Lakes (For Beginners (Getting Started Series)) Leader: John Eliasson, johneliasson0@gmail.com. Olympia

8/28/18-8/28/18, Day Hike - Third Burroughs Mountain (Challenging) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

9/2/18-9/2/18, Day Hike - Gobblers Knob (For Beginners (Getting Started Series)) Leader: Rebecca Daughtry, rebeccadaughtry@gmail.com. Olympia

9/4/18-9/4/18, Day Hike - South Coldwater Ridge (Moderate) Leader: Dick Hayek, richardahayek@gmail.com. Tacoma

9/8/18-9/8/18, Day Hike - Summerland (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

9/12/18-9/12/18, Day Hike - Tatoosh Peak (Moderate) Leader: Bob Keranen, bobkeranen@gmail.com. Olympia

9/14/18-9/14/18, Day Hike - Chinook Pass to Anderson Lake (Challenging) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

9/15/18-9/15/18, Day Hike - Boulder Butte via Purple Pass (Challenging) Leader: Mary Aulet, mraulet@wavecable.com. Seattle

9/15/18-9/15/18, Day Hike - Mount Townsend (For Beginners (Getting Started Series)) Leader: Michael Silverstein, rhody1171@comcast.net. Olympia

9/22/18-9/22/18, Day Hike - Mount Zion (For Beginners (Getting Started Series)) Leader: John Eliasson, johneliasson0@gmail.com. Olympia

9/23/18-9/26/18, Day Hike - Lake O'Hara (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

9/23/18-9/23/18, Day Hike - Granite Mountain (Challenging) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

9/23/18-9/23/18, Day Hike - Summerland & Panhandle Gap (For Beginners (Getting Started Series)) Leader: Meryl Lipman, skygypsy@gmail.com. Olympia

9/28/18-9/28/18, Day Hike - Snow & Gem Lakes (Snoqualmie) (Moderate) Leader: Christopher Ensor, ctrails@comcast.net. Foothills

9/30/18-9/30/18, Day Hike - Grand Valley (For Beginners (Getting Started Series)) Leader: Michael Walther, veganbuffalohikes@gmail.com. Olympia

10/6/18-10/6/18, Day Hike - Ingalls Lake

(Challenging) Leader: Douglas Hansen, douglasehansen@gmail.com. Olympia

10/6/18-10/6/18, Day Hike - Kendall Katwalk (For Beginners (Getting Started Series)) Leader: Michael Mellors, beta618@gmail.com. Olympia

10/6/18-10/6/18, Day Hike - Van Trump Park (For Beginners (Getting Started Series)) Leader: Brent Williams, mariners12002@yahoo.com. Olympia

10/7/18-10/7/18, Day Hike - Kendall Katwalk (For Beginners (Getting Started Series)) Leader: Donna Kreuger, djkreuger@comcast.net. Olympia

10/7/18-10/7/18, Day Hike - Kendall Katwalk (For Beginners (Getting Started Series)) Leader: Tristan Steed, twisty428@gmail.com. Olympia

10/13/18, Day Hike - Enchantments Traverse (Challenging) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

10/13/18, Day Hike - Summerland & Panhandle Gap (For Beginners (Getting Started Series)) Leader: Michael Silverstein, rhody1171@comcast.net. Olympia

10/14/18, Day Hike - Evergreen Mountain Lookout (Moderate) Leader: Gabrielle Orsi, gep2002@caa.columbia.edu. Foothills

10/21/18-10/21/18, Day Hike - Kendall Katwalk (For Beginners (Getting Started Series)) Leader: Mike Kretzler, mkretzler@comcast.net. Olympia

EXPLORING NATURE

6/2/18-6/2/18, Day Hike - Easton Ridge (Moderate) Leader: Stewart Hougen, sehougen@comcast.net. Seattle

6/9/18-6/9/18, Day Hike - Kachess Ridge (Moderate) Leader: Gordie Swartzman, g.swartzman@gmail.com. Seattle

6/10/18-6/10/18, Day Hike - Goat Creek & Cathedral Falls (Easy) Leader: Dee Ann Kline, deeannk3@gmail.com. Olympia

6/16/18-6/16/18, Day Hike - Mount Zion (Moderate) Leader: Dee Ann Kline, deeannk3@gmail.com. Olympia

6/16/18-6/16/18, Day Hike - Clayton Beach (Easy) Leader: Stewart Hougen, sehougen@comcast.net. Seattle

6/23/18-6/23/18, Day Hike - Tronsen Ridge (Moderate) Leader: Gordie Swartzman, g.swartzman@gmail.com. Seattle

7/21/18-7/21/18, Day Hike - Naches Peak Loop (Easy) Leader: Dee Ann Kline, deeannk3@gmail.com. Olympia

7/22/18-7/22/18, Day Hike - Alta Vista Loop (Moderate) Leader: Dee Ann Kline, deeannk3@gmail.com. Olympia

8/12/18-8/12/18, Day Hike - South Coldwater Ridge (Moderate) Leader: Dee Ann Kline, deeannk3@gmail.com. Olympia

10/20/18-10/21/18, Day Hike - Cape Lookout State Park (Moderate) Leader: Linda Moore, abenteuerbc@yahoo.com. Seattle

GLOBAL ADVENTURE

7/22/18-8/5/18, Global Adventure - Trek the Swiss Alps in the Jungfrau Region (Challenging) Leader: Cheryl Talbert, cascadehiker@earthlink.net. The Mountaineers

7/29/18-8/11/18, Global Adventure - Hike the Swiss Alps of St. Moritz and the Engadine Valley (Moderate) Leader: Richard Rutz, richardr1066@comcast.net. The Mountaineers

10/31/18, Global Adventure - Trek the Himalayas of Bhutan on the Jomolhari Circuit (Challenging) Leader: Cheryl Talbert, cascadehiker@earthlink.net. The Mountaineers

PHOTOGRAPHY

6/9/18-6/9/18, Day Hike - Sun Mountain Trails (Easy) Leader: Anita Elder, anita@anitaelder.com. Seattle

6/16/18-6/16/18, Urban Adventure - Golden Gardens Park (Easy) Leader: Herb Johnson, wherbjohn@msn.com. Seattle

6/23/18-6/23/18, Urban Adventure - Cape Disappointment State Park (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

6/24/18-6/25/18, Day Hike - Umpqua Lighthouse State Park (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

6/26/18-6/27/18, Day Hike - Crater Lake (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

6/28/18-6/29/18, Day Hike - John Day Fossil Beds National Monument (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

6/30/18-6/30/18, Urban Adventure - Greenwood Classic Car Show (Easy) Leader: Dennis Day, dday96@comcast.net. Seattle

6/30/18-6/30/18, Day Hike - Nisqually Vista Loop (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

7/1/18-7/1/18, Day Hike - Dead Horse Creek (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

7/7/18-7/7/18, Day Hike - Rainier View Trail (Easy) Leader: Anita Elder, anita@anitaelder.com. Seattle

7/15/18-7/15/18, Day Hike - Norway Pass (Easy) Leader: Anita Elder, anita@anitaelder.com. Seattle

7/28/18-7/28/18, Day Hike - Naches Peak Loop (Easy) Leader: Anita Elder, anita@anitaelder.com. Seattle

8/4/18-8/4/18, Day Hike - Deception Pass State Park (For Beginners (Getting Started Series)) Leader: Anita Elder, anita@anitaelder.com. Seattle

8/5/18-8/5/18, Day Hike - Ebeys Landing (For Beginners (Getting Started Series)) Leader:

Anita Elder, anita@anitaelder.com. Seattle

10/12/18-10/14/18, Day Hike - Adams River (Easy) Leader: Anita Elder, anita@anitaelder.com. Seattle

SAILING

6/2/18-6/2/18, Beginner Sail - Esther, Port of Edmonds Marina (Easy) Leader: Carl Harrington, dredcaptcarl@yahoo.com. Seattle

6/3/18-6/3/18, Beginner Sail - Esther, Port of Edmonds Marina (Easy) Leader: Carl Harrington, dredcaptcarl@yahoo.com. Seattle

6/24/18-6/24/18, Beginner Sail - Esther, Port of Edmonds Marina (Easy) Leader: Carl Harrington, dredcaptcarl@yahoo.com. Seattle

SCRAMBLING

6/1/18-6/1/18, Scramble - Dirtyface Peak (Challenging) Leader: Susan Shih, sushih@live.com. Seattle

6/2/18-6/2/18, Alpine Scramble - Ingalls Peak/South Peak (Challenging) Leader: Jeff Patterson, jeffreypatterson@comcast.net. Seattle

6/2/18-6/2/18, Alpine Scramble - Foss Peak/Unicorn Creek (Moderate) Leader: Tom Eckhout, teckhout@msn.com. Olympia

6/2/18-6/2/18, Alpine Scramble - Esmeralda Peaks (Moderate) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/3/18-6/3/18, Alpine Scramble - Ingalls Peak/South Peak (Challenging) Leader: Jeff Patterson, jeffreypatterson@comcast.net. Seattle

6/3/18-6/3/18, Alpine Scramble - Foss Peak/Unicorn Creek (Moderate) Leader: Allan Maas, amaas@parametrix.com. Tacoma

6/3/18-6/3/18, Alpine Scramble - Satulick Mountain (For Beginners (Getting Started Series)) Leader: Royce Poetter, roycepoetter15@gmail.com. Tacoma

6/6/18-6/6/18, Alpine Scramble - Putrid Pete's Peak (Moderate) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/8/18-6/10/18, Alpine Scramble - The Brothers/South Couloir (Challenging) Leader: Joe Osowski, joe.osowski@gmail.com. Seattle

6/9/18-6/9/18, Alpine Scramble - Russian Butte/East Ridge (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

6/13/18-6/15/18, Alpine Scramble - Third Mother Mountain (Challenging) Leader: Susan Shih, sushih@live.com. Seattle

6/13/18-6/13/18, Alpine Scramble - MMM Ridge (Moderate) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/16/18-6/18/18, Alpine Scramble - Gardner Mountain & North Gardner Mountain (Challenging) Leader: Frank Miles, pedicularis@earthlink.net. Seattle

6/16/18-6/17/18, Alpine Scramble - Mount Adams/South Spur (Challenging) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/20/18-6/20/18, Alpine Scramble - Kendall Peak (Challenging) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/23/18-6/24/18, Alpine Scramble - The Brothers/South Couloir (Moderate) Leader: Jim Powell, jpowell118@hotmail.com. Seattle

6/23/18-6/23/18, Alpine Scramble - Fay Peak, Hessong Rock & Mount Pleasant (Moderate) Leader: Tab Wilkins, tabmountaineers@hotmail.com. Seattle

6/24/18-6/24/18, Alpine Scramble - Pinnacle, Plummer & Denman Peaks (Moderate) Leader: Bob Keranen, bobkeranen@gmail.com. Olympia

6/27/18-6/29/18, Alpine Scramble - Cashmere Mountain (Moderate) Leader: Brian Hill, brianh14@outlook.com. Seattle

6/30/18-6/30/18, Alpine Scramble - Seymour Peak (Moderate) Leader: David Butler, alpinist@eskimo.com. Seattle

6/30/18-6/30/18, Alpine Scramble - McClellan Peak (Challenging) Leader: Brian Hill, brianh14@outlook.com. Seattle

7/11/18-7/11/18, Alpine Scramble - Guye Peak/East Route (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

7/14/18-7/14/18, Alpine Scramble - Crescent Mountain (Challenging) Leader: Todd Mooney, finesandk@msn.com. Olympia

7/14/18-7/14/18, Alpine Scramble - McClellan Butte (Moderate) Leader: Allan Maas, amaas@parametrix.com. Tacoma

7/15/18-7/15/18, Alpine Scramble - Goat Island Mountain (Mount Rainier) (Moderate) Leader: Royce Poetter, roycepoetter15@gmail.com. Tacoma

7/18/18-7/18/18, Alpine Scramble - Guye Peak/East Route (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

7/21/18-7/21/18, Alpine Scramble - Chutla & Eagle Peaks (Moderate) Leader: Tom Eckhout, teckhout@msn.com. Olympia

7/25/18-7/25/18, Alpine Scramble - Guye Peak/East Route (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

8/1/18-8/1/18, Alpine Scramble - Mount Washington/Standard Route (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

8/3/18-8/5/18, Alpine Scramble - Mount Buckner/North Face (Challenging) Leader: Allan Maas, amaas@parametrix.com. Tacoma

8/4/18-8/4/18, Alpine Scramble - Merchant Peak (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

8/8/18-8/8/18, Alpine Scramble - Mount Washington/Standard Route (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

8/11/18-8/11/18, Alpine Scramble - Mount

Angeles (Moderate) Leader: Tom Eckhout, teckhout@msn.com. Olympia

8/15/18-8/15/18, Alpine Scramble - Mount Washington/Standard Route (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

8/19/18-8/19/18, Alpine Scramble - Mount Stone/South Couloir (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

8/22/18-8/22/18, Alpine Scramble - Mount Washington/Standard Route (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

8/24/18-8/26/18, Alpine Scramble - Big Craggy & West Craggy Peaks (Moderate) Leader: Andy Tangsombatvisit, atangsom@gmail.com. Everett

8/29/18-8/29/18, Alpine Scramble - Mount Washington/Standard Route (Challenging) Leader: David Geeraerts, dgeeraerts@gmail.com. Olympia

8/31/18-9/2/18, Alpine Scramble - Mount Stuart/Cascadian Couloir (Moderate) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

9/1/18-9/1/18, Alpine Scramble - Raven Ridge (Challenging) Leader: Brian Hill, brianh14@outlook.com. Seattle

9/2/18-9/3/18, Alpine Scramble - Mount Bigelow, Switchback Peak & Martin Peak (Challenging) Leader: Brian Hill, brianh14@outlook.com. Seattle

9/8/18-9/8/18, Alpine Scramble - Crater Mountain (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

9/10/18-9/10/18, Alpine Scramble - Teanaway Peak (Moderate) Leader: Richard Burt, richard.d.burt@gmail.com. Seattle

9/14/18-9/16/18, Alpine Scramble - Monument Peak & Lake Mountain (Challenging) Leader: Paul Gehlsen, paul.r.gehlsen@boeing.com. Everett

9/15/18-9/16/18, Alpine Scramble - Trappers Peak & X Mountain (Challenging) Leader: Craig Schwartz, craig.mountaineers@gmail.com. Seattle

9/29/18-10/1/18, Alpine Scramble - Mount Bigelow, Switchback Peak & Martin Peak (Challenging) Leader: Rodica Manole, rodi.man@gmail.com. Seattle

10/6/18-10/6/18, Alpine Scramble - Palisades Peak & Marcus Peak (Moderate) Leader: Mark Scheffer, mark_scheffer@yahoo.com. Seattle

SEA KAYAKING

6/3/18-6/3/18, Sea Kayak - Henderson Inlet (For Beginners (Getting Started Series)) Leader: Lisa Johnson, lajbkayak@yahoo.com. Olympia

6/9/18-6/9/18, Sea Kayak - Skykomish River: Sultan to Monroe (Moderate) Leader: John Morton, john.mplus5@gmail.com. Everett

6/15/18-6/17/18, Sea Kayak - Vashon, Blake & Bainbridge Islands (Challenging) Leader: Lisa

Johnson, lajbkayak@yahoo.com. Olympia

6/16/18-6/16/18, Sea Kayak - Chuckanut Bay (Easy) Leader: Bradley Mitchell, brad@bradmitchellphoto.com. Everett

6/23/18-6/23/18, Sea Kayak - Boston Harbor Vicinity (Easy) Leader: Carolyn Burreson, cbburreson@gmail.com. Olympia

6/24/18-7/19/18, Sea Kayak - Quatsino to Tofino, Vancouver Island (Challenging) Leader: Thomas Unger, tk16@tuntum.com. Seattle

6/27/18-6/27/18, Sea Kayak - Boston Harbor Vicinity (Moderate) Leader: Larry Cowan, larry.r.cowan@comcast.net. Olympia

7/7/18-7/7/18, Sea Kayak - McMicken Island (Case Inlet) (For Beginners (Getting Started Series)) Leader: Bruce Durham, bcdur572@yahoo.com. Tacoma

7/14/18-7/15/18, Sea Kayak - Doe Island (Challenging) Leader: Lisa Johnson, lajbkayak@yahoo.com. Olympia

7/14/18-7/14/18, Sea Kayak - Burrows & Allan Islands (Moderate) Leader: John Morton, john.mplus5@gmail.com. Everett

7/22/18-7/29/18, Sea Kayak - Ross, Diablo & Gorge Lakes (Moderate) Leader: Lisa Johnson, lajbkayak@yahoo.com. Olympia

8/11/18-8/11/18, Sea Kayak - Washington Park to Friday Harbor (Challenging) Leader: Lisa Johnson, lajbkayak@yahoo.com. Olympia

8/11/18-8/11/18, Sea Kayak - Port Gamble Bay (Easy) Leader: Charlie Michel, michelbike99@gmail.com. Tacoma

8/18/18-8/18/18, Sea Kayak - Hope Island (Easy) Leader: Don Short, shorthome.don@gmail.com. Tacoma

8/25/18-8/25/18, Sea Kayak - Commencement Bay (For Beginners (Getting Started Series)) Leader: Bruce Durham, bcdur572@yahoo.com. Tacoma

SKI/SNOWBOARDING

6/16/18-6/17/18, Glacier Ski/Snowboard - Mount Baker/Squak Glacier (Moderate) Leader: Chuck Cerven, cgcerven1968@gmail.com. Foothills

STEWARDSHIP

6/2/18-6/2/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

6/2/18-6/2/18, Stewardship - Church Creek/Satsop Lakes (Moderate) Leader: Jim French, jimfrenchwa@comcast.net. Olympia

6/2/18-6/2/18, Stewardship - Shadow Lake Nature Preserve (Easy) Leader: Ali Yeates, ali@shadowhabitat.org. The Mountaineers

6/2/18-6/2/18, Stewardship - Three O'Clock Rock (Moderate) Leader: Bruce Wolverton, brucewol@comcast.net. Everett

6/9/18-6/9/18, Stewardship - Shadow Lake Nature Preserve (For Beginners (Getting Started Series)) Leader: Ali Yeates, ali@shadowhabitat.org. The Mountaineers

6/16/18-6/16/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

6/16/18-6/16/18, Stewardship - Shadow Lake Nature Preserve (For Beginners (Getting Started Series)) Leader: Ali Yeates, ali@shadowhabitat.org. The Mountaineers

6/18/18-6/18/18, Stewardship - Mountaineers Seattle Program Center (Easy) Leader: Danielle Graham, pedergraham@gmail.com. Seattle

6/19/18-6/19/18, Stewardship - Mountaineers Seattle Program Center (Easy) Leader: Danielle Graham, pedergraham@gmail.com. Seattle

6/23/18-6/23/18, Stewardship - Shadow Lake Nature Preserve (For Beginners (Getting Started Series)) Leader: Ali Yeates, ali@shadowhabitat.org. The Mountaineers

6/30/18-6/30/18, Stewardship - Shadow Lake Nature Preserve (For Beginners (Getting Started Series)) Leader: Ali Yeates, ali@shadowhabitat.org. The Mountaineers

7/7/18-7/7/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

7/21/18-7/21/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

8/4/18-8/4/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

8/18/18-8/18/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

9/1/18-9/1/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

9/15/18-9/15/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

10/6/18-10/6/18, Stewardship - Heybrook Lookout & Ridge (For Beginners (Getting Started Series)) Leader: Brian Starlin, brian.starlin@comcast.net. Seattle

10/6/18-10/6/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

10/20/18-10/20/18, Stewardship - Cheasty Greenspace (Easy) Leader: Mary DeJong, mary@waymarkers.net. The Mountaineers

URBAN ADVENTURE

Urban Adventure 8/11/18-8/12/18, Urban Adventure - Three Volcanoes Cabin (For Beginners (Getting Started Series)) Leader: Dixie Havlak, havlakrd@comcast.net. Olympia

Mountaineers Courses

Below is a sampling of courses offered. See www.mountaineers.org for complete and up-to-date listings.

CLIMBING

6/4/18-7/8/18, Introduction to Multi-Pitch Trad B - Seattle - 2018 - Introduction to climbing in a multi pitch environment. Members: \$300, Non-members: \$400. Contact: Loni Uchytel, loniuchytel@msn.com. Seattle

6/5/18-10/1/18, Intermediate Glacier Climbing - Everett - 2018 - Intermediate Glacier Climbing - Everett 2018 Members: \$300, Non-members: \$400. Contact: Rob Holman, robert.e.holman@hotmail.com. Everett

6/16/18-6/24/18, Intense Basic Alpine Climbing Course - Seattle - 2018 - A comprehensive 9 day course designed to give you all the same skills as the standard Basic Climbing Course. Members: \$1350, Non-members: \$1450. Contact: Nick Block, ntblock@gmail.com. Seattle

7/2/18-7/28/18, Introduction to Rock Climbing Course - Seattle - 2018 - Introduction to Rock Climbing Course - Seattle Members: \$150, Non-members: \$200. Contact: Sam Wilson, sam.wilson@gmail.com. Seattle

7/24/18-8/5/18, Intermediate Alpine Ice - Everett - 2018 - Intermediate Alpine Ice Course - Everett 2018 Members: \$100, Non-members: \$300. Contact: Scot Geoghegan, hector98034@yahoo.com. Everett

8/21/18-8/28/18, Waterfall Canyoneering Course CA123 - The Mountaineers - 2018 - Learn to move safely and independently through the waterfall canyons of the PNW. Receive an internationally recognized certification from ICOPRO. Members: \$1000, Non-members: \$1100. Contact: Becca Polglase, beccap@mountaineers.org. The Mountaineers

8/25/18-9/23/18, Sport Climbing Course - Everett - 2018 - Sport Climbing Course - Everett Members: \$150, Non-members: \$225. Contact: Trystan Williams, trystan@trystan.org. Everett

8/27/18-10/7/18, Introduction to Multi-Pitch Trad C - Seattle - 2018 - Introduction to climbing in a multi pitch environment. Members: \$300, Non-members: \$400. Contact: Aaron Molskness, aaron.molskness@gmail.com. Seattle

8/27/18-10/7/18, Introduction to Multi-Pitch Trad C - Seattle - 2018 - Introduction to climbing in a multi pitch environment. Members: \$300, Non-members: \$400. Contact: Tess Wendel, tessw@mountaineers.org. Seattle

9/14/18-10/14/18, Introduction to Leading Bolted Routes - Olympia - 2018 - Learn to lead and clean single pitch bolted sport climbs in two classroom-based interactive lectures, four workshop sessions, and a culminating trip to a classic northwest climbing destination. Members: \$135, Non-members: \$185. Contact: Andy Weber, olyclimber@gmail.com. Olympia

9/20/18-3/10/19, Self Rescue (SRC) - Everett - 2018 - SRC Everett - Rescue of Follower & Leader on Rock, Evacuating an Injured Person, Rope Soloing, Pitoncraft, Bolting, Aid Climbing, Ice Rescue, Glacier Rescue, Small Party Rescue & Scenario Reviews Members: \$100, Non-members: \$150. Contact: Rodica Manole, rodi.man@gmail.com. Everett

10/1/18-10/3/18, Intense Basic Alpine Climbing Package - Seattle - 2018 - Intense Basic Alpine Climbing Package - Contact info@mountaineers.org for pricing. Contact: Stefanie Schiller, stefs67@gmail.com. Seattle

FIRST AID

6/16/18-6/30/18, Wilderness First Aid - Everett - June 2018 - First Aid Everett Members: \$185, Non-members: \$245. Contact: Elaina Jorgensen, elaina.jorgensen@gmail.com. Everett

8/28/18-12/31/18, Wilderness First Aid (WFA) - Foothills - 2018 - The Wilderness First Aid course (formerly MOFA or AFA) is a 16 hour program plus a scenario practice session, and provides participants with a nationally recognized certification for basic backcountry first aid and emergency response. Members: \$185, Non-members: \$200. Contact: Nancy Lee, jycnan@gmail.com. Foothills

10/6/18-10/14/18, MOFA - Olympia - 2018 - MOFA- Olympia- Fall 2018. Classes are 8:00am to 4:30/5:00pm. Sat/Sun Oct. 6/7 and Sat/Sun Oct. 13/14. Griffin Fire Station 3707 Steamboat Loop NW Olympia. Do not order a book when you register. Course book is ASHI Wilderness First Aid. Members: \$150, Non-members: \$250. Contact: Bob Keranen, bobkeranen@gmail.com. Olympia

SAILING

6/2/18-6/30/18, Coastal Navigation for Sailors Course - Tacoma - 2018 - Coastal Navigation for Sailors Course - Tacoma Members: \$55, Non-members: \$85. Contact: Mark Cole, boatnboot@me.com. Tacoma

YOUTH

6/25/18-6/29/18, Summer Camp - Water Week - Seattle - 2018 - Kids will learn all about outdoor water activities during this week of camp! Members: \$450, Non-members: \$520. Contact: Danielle Leitao, daniellel@mountaineers.org. The Mountaineers

6/27/18-7/11/18, Mountain Workshop - Big City Mountaineers - The Mountaineers - 2018 - Climb with Big City Mountaineers! Contact info@mountaineers.org for pricing. Contact: Margaux Gottlieb, margauxg@mountaineers.org. The Mountaineers

7/4/18-7/6/18, Mountaineers on Mount Rainier - Seattle - 2018 - Join the Mountaineers for a 3 day camp out at Mt. Rainier Members:

\$390, Non-members: \$420. Contact: Danielle Leitao, daniellel@mountaineers.org. Seattle

Youth; 7/9/18-7/13/18, Summer Camp - Survivor Week - Seattle - 2018 - Kids will learn wilderness survival skills during this week of camp! Members: \$390, Non-members: \$450. Contact: Danielle Leitao, daniellel@mountaineers.org. Seattle

Youth; 7/9/18-7/13/18, Kitsap Forest Adventure Camp Week 1 - 2018 - Kitsap Forest Adventure Camp Week 1 - 2018 Members: \$275, Non-members: \$325. Contact: Carol Stanley, cstai985@gmail.com. The Mountaineers

Youth; 7/9/18-7/13/18, Kitsap Forest Adventure Camp Week 1 - 2018 - Kitsap Forest Adventure Camp Week 1 - 2018 Members: \$275, Non-members: \$325. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/9/18-7/13/18, Seattle Transportation - Kitsap Forest Adventure Camp Week 1 - 2018 - Seattle transportation (Week 1) from the Seattle ferry dock to Kitsap Forest Adventure Camp and back again. Requires registration in Kitsap Forest Adventure Camp, Week 1 Members: \$150, Non-members: \$150. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/9/18-7/13/18, Summer Camp - Survivor Week - Tacoma - SURVIVOR WEEK - Campers will learn wide variety of outdoor skills, focusing on safe travel in the wilderness! Members: \$325, Non-members: \$400. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

7/16/18-7/20/18, Summer Camp - Wind and Waves Week - Seattle - 2018 - Kids will learn all about water and wind activities during this week of camp! Members: \$390, Non-members: \$460. Contact: Danielle Leitao, daniellel@mountaineers.org. The Mountaineers

7/16/18-7/20/18, Kitsap Forest Adventure Camp - Week 2 - 2018 - Kitsap Forest Adventure Camp - Week 2 - 2018 Members: \$275, Non-members: \$325. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/16/18-7/20/18, Seattle Transportation - Kitsap Forest Adventure Camp - Week 2 - 2018 - Seattle transportation (Week 2) from the Seattle ferry dock to Kitsap Forest Adventure Camp and back again. Requires registration in Kitsap Forest Adventure Camp, Week 2 (FULL) Members: \$150, Non-members: \$150. Contact: Gala Lindvall, galalindvall@gmail.com. The Mountaineers

7/16/18-7/20/18, Summer Camp - Rock & Ropes Week - Tacoma - ROCK AND ROPES WEEK - Campers will learn basic rock climbing skills, have an opportunity to climb real rock outdoors, and gain other wilderness skills! Members: \$325, Non-members: \$400. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

7/23/18-7/27/18, Summer Camp - Ropes and Rock Week - Seattle - 2018 - Kids will learn

all about climbing activities during this week of camp! Members: \$390, Non-members: \$460. Contact: Danielle Leitao, daniellel@mountaineers.org. The Mountaineers

7/23/18-7/27/18, Summer Camp - Climbing Rock Stars Week - Tacoma - CLIMBING ROCK STARS WEEK - Kids get to take their climbing to the next level! Members: \$325, Non-members: \$400. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

7/30/18-8/3/18, Summer Camp - Wilderness Discovery Week - Seattle - 2018 - Kids will learn all about Wilderness Discovery activities during this week of camp! Members: \$390, Non-members: \$460. Contact: Danielle Leitao, daniellel@mountaineers.org. Seattle

7/30/18-8/3/18, Summer Camp - Mountaineers at Mt. Rainier! - Tacoma - MOUNTAINEERS

AT MT. RAINIER WEEK - This week includes overnight camping Tues - Friday at The Mountaineers' property near the NW entrance to Mt. Rainier National Park. Members: \$325, Non-members: \$400. Contact: Sarah Holt, sarah.hlt@gmail.com. Tacoma

8/6/18-8/10/18, Summer Camp - Olympia Branch - Join the Olympia Branch for a fun-filled week packed with traditional summer camp games, songs, and a heavy dose of outdoor adventure! Members: \$200, Non-members: \$250. Contact: Becky Nielsen, beckyn@mountaineers.org. Olympia

8/6/18-8/10/18, Summer Camp - Mountains Week - Seattle - 2018 - Kids will learn all about Mountain activities during this week of camp! Members: \$390, Non-members: \$455. Contact: Danielle Leitao, daniellel@

mountaineers.org. Seattle

8/13/18-8/17/18, Summer Camp - Rockstar Week - Seattle - 2018 - Geology Rocks! Members: \$390, Non-members: \$460. Contact: Danielle Leitao, daniellel@mountaineers.org. Seattle

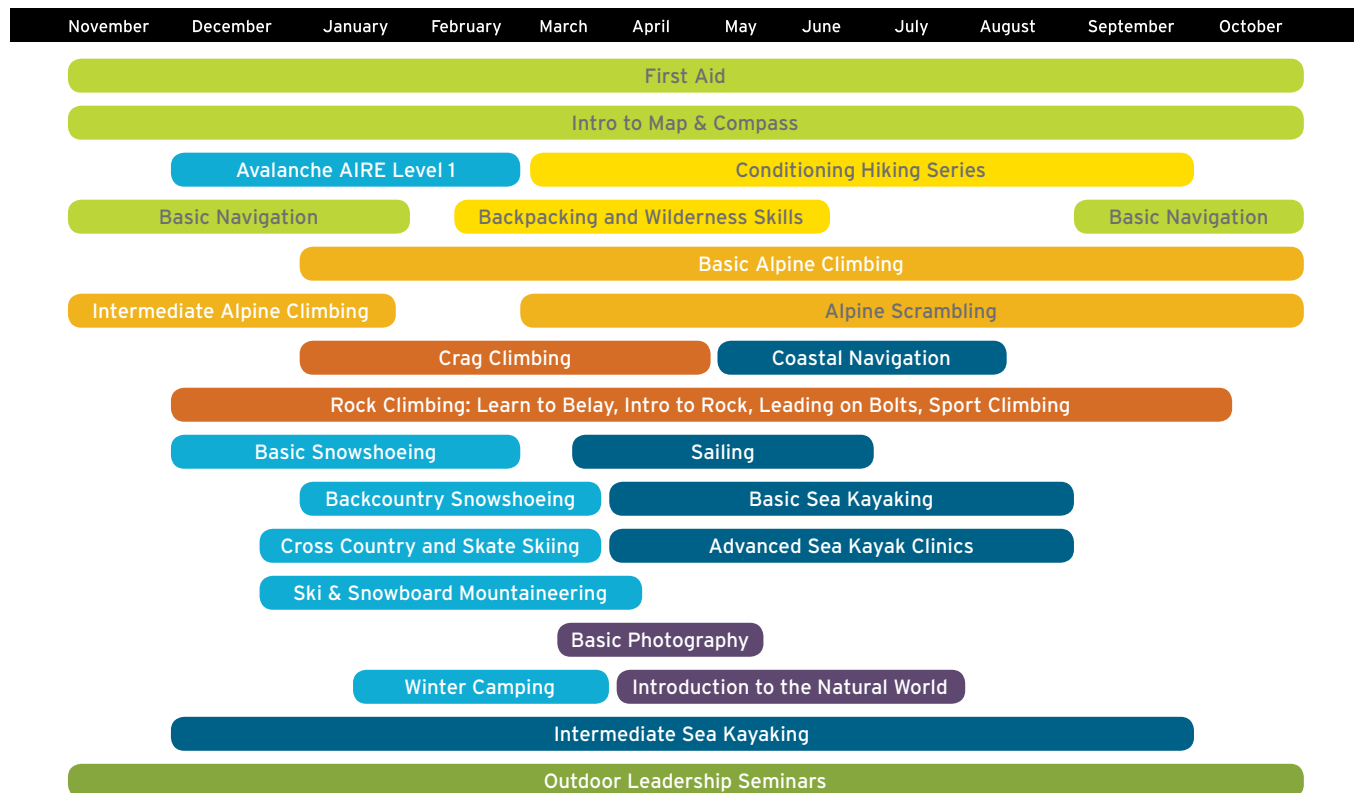
8/20/18-8/24/18, Mountaineers on Mt. Baker - The Mountaineers - 2018 - Join the Mountaineers camp staff for a weeklong stay at Baker Lodge. Members: \$800, Non-members: \$875. Contact: Danielle Leitao, daniellel@mountaineers.org. The Mountaineers



The Mountaineers Course Overview

Looking for a Mountaineers Course, but don't see it listed?

Take a look at our course calendar below. We have some listed in the spring, some in the winter, and some all-year-round. If you can't find what you're looking for, it may be offered another time of the year. Also, the same course may be offered by multiple branches, so if the course for the branch closest to you is filled, or doesn't work with your schedule, keep an eye out for one offered by a nearby branch. If you already have the skills covered by one of our introductory courses and want to participate in activities that require a course, contact member services at info@mountaineers.org. You may qualify for equivalency in that course.



Please visit www.mountaineers.org to see current course listings and to sign up.
Course selection varies by branch. Registration usually opens 1-3 months prior to the start of the course.



Baker Lodge, Photo by Richard Lawrence

Baker Lodge

www.mountaineers.org/bakerlodge

Rustic Mount Baker Lodge is nestled in the spectacular North Cascades and is a beautiful, fun getaway three hours from Seattle. Located within walking distance of the Mt. Baker Ski Area and numerous summer and fall hiking trails, enjoy the mountains and valleys in the Mount Baker-Snoqualmie National Forest and surrounding wilderness.

SUMMER HIKING

Summer at Mt. Baker Lodge offers wonderful hiking on a great variety of trails. Numerous trails are within walking distance or a short drive from the Lodge. Many are suitable for children. Artist Point is just 3 miles away at the end of a paved road, with panoramic views of Mt. Baker, Mt. Shuksan, and the North Cascades. Snow play opportunities usually are abundant through the summer. Early fall provides all the above plus fine blueberry picking, so bring your containers.

RESERVATIONS

Individuals and groups are welcome! The Mt. Baker Committee encourages groups – such as Scouts, school and youth groups, families and friends – to use the lodge whether or not they are members. Register online through Baker Lodge website, or call The Mountaineers Program Center at 206-521-6001.

VOLUNTEER

Enjoy cooking, painting, electrical, plumbing, or carpentry work? If so, contact the Baker Lodge Committee Co-chair Dale Kisker (206-365-9508, dkisker@comcast.net), or Co-chair Becky Morgan (360-793-4974, campma@peoplepc.com). We'll show you how to enjoy the fun and beauty of Mt. Baker while helping to make a great lodge run smoothly.

During winter and early spring, all cars must carry chains and a snow shovel! A Sno-Park permit is not needed to ski at the Baker Recreation Company's ski facility.



Meany Lodge

Meany Lodge

www.mountaineers.org/meanylodge

The Mountaineers oldest winter sports resort, located approximately 60 miles east from Seattle off of I-90 near Stampede Pass and Surrounded by the Wenatchee National Forest, Meany Lodge provides a warm family environment for all - perfect for winter and summer adventures alike.

FAMILY HIKING/BIKING WEEKEND June 29-July 1 Parents, aunts, uncles, grandparents bring your favorite children to a weekend of hiking or bike riding on forest service roads or the John Wayne trail from Hyak. Sleep in your tent on the Meany campus or in the lodge. Children's favorite meals provided.

MUSHROOM WEEKEND 10/6-10/7/2018 - Save the date! Registration will open August 1. One benefit of all the rain we get is a bumper crop of mushrooms. Spend a weekend learning to hunt mushrooms in the Pacific Northwest with experts from the local Mycological Society and the Mountaineers. Eat delicious feasts prepared from locally sourced mushrooms. This weekend always fills up, so check back soon after registration opens.

WHAT TO EXPECT

We are an all volunteer community, not a 4 star hotel. Meany Lodge provides a warm family environment for all. With room, board and hot showers, it's perfect for winter and summer adventures. You provide your own sleeping bag and toys (from skis to board games), and the lodge provides most everything else, including food.

VOLUNTEER

If you have been wondering what it takes to keep Meany going, come to one of the Work parties held in the Summer and Fall and see what it takes. Work parties are free and offer a great opportunity to enjoy the lodge in a different light. You can learn new skills or brush up on old ones that your 'real' job doesn't let you do anymore. There is also time to get to know folks over work and conversation. Contact: chair@meanylodge.org



Stevens Lodge. Photo by Jeremy Lange

Stevens Lodge

www.mountaineers.org/stevenslodge

Nestled near the Stevens Pass Ski Area, this rustic ski-in/ski-out lodge is your quiet dream get-a-way from the hustle and bustle of the big city. You can enjoy skiing, snowboarding, backcountry skiing, cross-country skiing and snowshoeing. We are located adjacent to the ski area at the summit of Stevens Pass, putting you within hiking distance to all of the trails at the summit, the Pacific Crest Trail and the excellent Stevens Pass Bike Park.

RESERVATIONS

From April to mid November, the lodge is available for group bookings of 30 or more people. Meals can be provided or your group can provide their own cooking and food. Depending on snow accumulation and the Stevens Pass Resort, from mid November to late March the lodge is open to all, every weekend, during the ski/snowboard season from 6pm Friday to roughly 2pm Sunday. To book a stay at the lodge for the weekend, reservations can be found on the Lodge's home page. Each weekend breakfast is provided on Saturday and Sunday, and dinner on Saturday. The lodge has two dorms with 20 bunks in each dorm. There are two shared bathrooms, each with a shower. The main living area has a large dining room and a lounge area with a fireplace. The dining area can also double as a classroom for those wanting a learning environment.

VOLUNTEER

Our lodge at Stevens Pass is run and maintained almost entirely by volunteers. We schedule work parties every fall to get together and prepare the lodge for the upcoming season. If you would like to join the family and volunteer, or simply get more information about helping out, please contact StevensLodge@outlook.com.

Follow us on Instagram @stevenslodge_mountaineers, Facebook and Twitter @StevensLodge for the most updated details about lodging, events, and how to purchase swag.



Kitsap Forest Theater

Kitsap Forest Theater & Cabin

www.ForestTheater.com

Theater Inspired by a Magical Place - Escape to the Kitsap Forest Theater! Join us for a grand adventure as you stroll down the forested trail to our unique and breathtaking theater. Our 2018 season brings "Peter Pan" and "Tuck Everlasting" to life on our unique stage. These uplifting and family-friendly musicals will appeal to young and old alike - treat yourself to a "day away" in the forest. All shows at 2 pm - trail to the theater opens at 1 pm. Come early to picnic on the grounds.

PETER PAN: May 27, 28, June 2, 3, 9, 10, 16, 17; 2018

Based on J.M. Barrie's classic tale and featuring an unforgettable score, "Peter Pan" is the perfect show for the child in all of us.

TUCK EVERLASTING: July 28, 29, Aug 4, 5, 11, 12, 18, 19; 2018

"Tuck Everlasting," based on the award-winning novel by Natalie Babbitt, is the enchanting tale of 11-year-old Winnie Foster, a free spirit who longs for adventure. When she meets the Tucks (who hold the secret to everlasting life) she faces an extraordinary and complicated choice. What does she do? Come and find out!

TICKETS AVAILABLE ONLINE (no fees)

Save on our two-show package. Tickets also available at The Mountaineers and several Kitsap County outlets.

HELP WANTED

Do you like to cook? **The Mountaineers Players are looking for cooks to prepare meals for cast and crew** during Kitsap weekend rehearsals and performances. We also need help with set building, costume sewing, prop collecting, ushering and parking for shows, and property upkeep. Please contact us to offer help.

KITSAP FOREST ADVENTURE CAMP

Do you like mentoring kids in the out of doors? **We are looking for staff** (paid and volunteer) to work with kids grades K-4 for two weeks of outdoor day camp in July. Includes riding the ferry.

Welcome to the
seven branches of
The Mountaineers

BELLINGHAM

Vice Chair: Minda Paul,
mindapaul@hotmail.com

Website: mountaineers.org/bellingham

The Bellingham Branch was founded in 1983 with 50 members. You will find it tucked alongside the craggy expanse of the North Cascades. It features a vital, close-knit community, courses in first aid, basic and intermediate mountaineering.

It is also home to one of the most popular Mountaineers getaway destinations, Mt. Baker Lodge. From the lodge, Mountaineers and guests can also recreate to their heart's content year-round. In addition to the courses noted above, Bellingham also offers hiking trips and snowshoe tours.



Propelled by dedicated and skilled volunteers, all branches offer a number of courses and seminars. Many courses, such as climbing, scrambling, kayaking, backcountry skiing and others, require a set of learned skills to enjoy safely and follow a common curriculum from branch to branch.

Although our program curricula are coordinated to meet Mountaineers-wide standards and policies, each branch offers a slightly different flavor or character to its offerings. Though you may want to join the branch nearest to your home, you can join any branch of your choosing. For current activities and links to branch websites, visit www.mountaineers.org.

BRANCH MEETINGS: Public meetings are held on the 2nd Tuesday of each month and Branch Committee Meetings are on the 4th Tuesday of each month. See the website for time and locations.

VOLUNTEER OPPORTUNITIES: We would love to have additional hike and snowshoe leaders along with backcountry ski and youth program coordinators. We are also currently looking for a branch treasurer and a branch chair-elect. Email Minda for details.

EVERETT

Chair: Elaina Jorgensen,
elaina.jorgensen@gmail.com

Website: mountaineers.org/everett

The Everett Branch was officially founded in 1911 when the Mountaineer charter was amended to provide for branches. It has recorded many "firsts" during its storied history including the first ascent of Whitehorse Mountain in 1913, the first climbing course in 1954, and the award of the first Intermediate Climbing Course certificate in 1979. Since Everett is a smaller branch, the companionship of fellow Mountaineers is valued as much as outdoor experiences.

Everett's programs include alpine scrambling, basic and intermediate climbing, back-country and Nordic (cross-country) skiing, hiking,

sea kayaking, singles and snow-shoeing. The Branch's avalanche, navigation and wilderness first aid courses provide instruction in critical outdoor skills.

The Lookout and Trail Maintenance Committee restored and now maintains the Mount Pilchuck Lookout. Each year, thousands of people climb to the lookout to enjoy a spectacular 360 degree view of the Cascades, the Puget Sound and the Olympics.

BRANCH-WIDE EVENTS: Everett members gather together from time-to-time for some fellowship, food, and fun. Those events include a Salmon Bake in October, a Gear Grab & Pot Luck in March, a Family Picnic in August, and an Annual Awards banquet in November.

OPEN HOUSES: The general public as well as Branch members and their guests are invited to attend our monthly open houses on the first

Wednesday of most months (no open houses in July, August or December). Some open houses are devoted to introducing our courses. They include Winter Course Night (November), Spring Course Night (February) and Introduction to Hiking (April). Others feature guest speakers. Open houses will be held at the Snohomish County Public Utility District (PUD) Building, 2320 California Street, Everett 98206-1107. You can also explore our website, to learn more about our activities, courses and events.

VOLUNTEER OPPORTUNITIES: The Everett Branch has unlimited volunteer opportunities for those who want to lead climbs, hikes, scrambles, ski tours, kayak paddles and trail maintenance activities. Our course graduates are often invited to return to serve as assistant instructors. Volunteers are also needed to serve on activity and branch committees. Please join us.

KITSAP

Chair: Jerry Logan, cjtjlogan@gmail.com

Website: mountaineers.org/kitsap

The Kitsap Branch was founded in 2003. Our members come from throughout the West Sound region from Gig Harbor to the Olympic Peninsula, including Kitsap, Jefferson, and Clallam counties. Branch leadership recently voted to change our branch name to the Peninsula Branch of the Mountaineers, to better represent the geographic diversity of our membership, and recognize the centrality of the Olympic, Kitsap, and Key peninsulas to our members. We will rollout the new Peninsula

Branch name when we have The Mountaineers website and other background work done to make the change seamless for our members.

BRANCH MEETINGS: The branch executive committee meets in March, June, September and December at a local fire hall or the Poulsbo City Hall. We post the location on our meetup page and all are invited to attend. We are working on an arrangement to develop a "program center-lite" in Bremerton that will give us a place to meet and train in a more convenient location with better amenities - bathrooms, kitchen, and climate control - that will enable higher quality training and ease of use for our volunteers and students. We welcome your input as we work thru this

improvement for our branch. Please check the Kitsap (Peninsula) Branch event calendar on the Mountaineers website or go to our Meetup page - Kitsap branch of the Mountaineers.

VOLUNTEERING: Volunteer opportunities are always available for those who want to lead climbs, scrambles, hikes, and kayak trips. We are also actively looking for an additional at-large member of our executive committee, with particular emphasis on a hiking or scrambling enthusiast. We offer our navigation course in both the spring and fall, and always have opportunities for recent graduates and experienced backcountry navigators to help lead the e-Learning, classroom session and field trips.

SEATTLE

Chair: Peter Hendrickson,
p.hendrickson43@gmail.com

Website: mountaineers.org/seattle

Seattle Branch was The Mountaineers in 1906 when the club was founded. Seattle Branch courses and activities include hiking and backpacking, scrambling, climbing, Nordic skiing, snowshoeing, avalanche, on and off trail navigation (including GPS), first aid, safety, youth/family oriented activities, folk dancing, leadership training, naturalist study, conservation/stewardship, photography, 20's -30's events, Retired Rovers activities, sea kayaking, and sailing.

Volunteers instruct, lead, develop, govern and enjoy our courses, activities and events. We welcome more hands to help with an activity,

add quality, or something unique. Make inquiries directly to committee chairs or to the Branch Chair.

Seattle Branch Council meetings are held at the Seattle Program Center 6:30 to 8:30 pm the second Thursday of the January, March, May, July, September and November. Guests are welcome. Meeting minutes are found in the branch committee web folder. Branch Council elections are held in the fall of odd numbered years.

A recognition and award banquet is held each year to celebrate the great work of the hundreds of volunteers.

An ongoing invitation is extended to new or simply curious folks for the activities below.

MEET THE MOUNTAINEERS: The Seattle Branch holds a Meet The Mountaineers open

house at The Mountaineers Program Center periodically. These allow new members and prospective members to learn about The Mountaineers offerings. Keep an eye on the website for information about the next one.

FOLK DANCING: Tuesdays 7:30 to 9:30pm (unless a parks or national holiday). Location: Peter Kirk Community Center (AKA Kirkland Community Senior Center) 352 Kirkland Avenue, Kirkland. See online Seattle Branch events calendar (not to be confused with the Seattle Program Center).

INTRO TO MAP, COMPASS AND ALTIMETER: Learn how to keep from getting lost outdoors. See website to register. Fee.

PHOTOGRAPHY: Each 3rd Wednesday, the Seattle Photography Committee holds a potluck and photo presentation.

FOOTHILLS

Chair: Cheryl Talbert
cascadehiker@earthlink.net

Websites: mountaineers.org/foothills

The newest Mountaineer's branch, founded 12 years ago, the Foothills branch encompasses the eastside communities along the I-90 and I-405 corridors. The branch sponsors trips, classes and courses that focus on hiking, backpacking, avalanche awareness, backcountry skiing, first aid, navigation, snowshoeing and winter camping.

Signature programs include a season-long Backpacking Building Blocks (B3) backpacking course and a Ski & Snowboard Mountaineering course. In 2016 the branch sponsored 203 hikes and backpack trips and 27 ski activities.

The branch sponsored 40 courses, classes and clinics in 2016 on a variety of outdoor recreation topics. Foothills also frequently offers "Introduction to Hiking in the Pacific Northwest" seminars.

VISIT THE FOOTHILLS WEB PAGE for information on upcoming activities, meetings, film and speaker events, trips, and courses. A "Foothills News & Notes" email is sent monthly to branch members. If you live on the eastside and are not a Foothills member, you can modify your affiliation by accessing "Your Account" on the club website.

MEMBERSHIP MEETINGS: Branch Membership meetings and Leadership Council meetings are open to all members and held from time to time at Issaquah, Mercer Island or Bellevue locations. See the branch website and calendar for specific

events and meeting dates.

VOLUNTEERING: Are you looking to develop or utilize your knowledge and skills while making new friends and working with like-minded outdoor enthusiasts? The Foothills branch welcomes members interested in becoming new activity or trip leaders, instructors, and event planners. The branch regularly offers training classes to qualify individuals to lead hikes and backpack trips. Backcountry Ski and Snowshoe leader training is also available. Contact information for course and activity committees can be found on the branch website page. And the branch is always looking for individuals interested in assuming leadership positions and assisting with administration and strategic planning.

TACOMA

Chair: Jim Paxinos,
jim.paxinos@tacomamountaineers.org

Website: mountaineers.org/tacoma

The second largest of all seven branches, Tacoma maintains not only its own program center in the Old Town neighborhood of

Tacoma, but a property close to Mt. Rainier, the Irish Cabin on the Carbon River. Tacoma Branch offers an extensive list of activities and courses, including backpacking, hiking, conservation, scrambling, climbing, first aid, snowshoeing, skiing, sea kayaking, sailing, wilderness navigation, avalanche awareness, photography and youth programs.

MEET THE TACOMA MOUNTAINEERS: Tacoma Branch holds a free meeting on the third Thursday of every month (except June-August and December) to introduce prospective and new members to the branch. The meeting starts at 7pm with a presentation about The Mountaineers, followed by an interlude to talk with various activity reps (hiking, climbing, sea kayaking to name a few of the 22 activities).

OLYMPIA

Chair: Siana Wong, sianawong2@gmail.com

Website: mountaineers.org/olympia

The Olympia Mountaineers hold a potluck and speaker series on first Wednesdays in September through May, excluding November, at the Friends Meeting Hall at 3201 Boston Harbor Rd NE. The potluck meal begins at 6 p.m. Bring a dish to share and your own plate and flatware. The adventure presentation begins at 7 p.m. Contact Carolyn Burreson at cbburreson@q.com. The branch library will visit, too, giving you a chance to browse, return books, or check out materials.

SEPTEMBER 5 ADVENTURE PRESENTATION: Erden Eruc will talk about his human-powered solo expedition around the world. What started as a simple idea in 1997 became his

quiet obsession. He is the recipient of the 2013 Citation of Merit from the Explorers Club, one of Outside Magazine's 2013 Adventurers of the Year, and named one of the 50 Most Adventurous Men by Men's Journal.

FAMILY ACTIVITIES are warming up this summer, with new Car Camping and Backpacking courses for families. Contact the new Olympia Youth Program Coordinator, Becky Nielson at beckyn@mountaineers.org for details.

BRANCH STEWARDSHIP CHALLENGE! Get your stewardship day on your calendar.

ELECTIONS for new branch officers will be held this summer for Chair Elect and Secretary & Communications Chair. Watch the email blasts for how to vote. The branch is also looking for Equipment Manager and Safety Officer volunteer positions. Contact Siana Wong at sianawong2@gmail.com.

SEEKING NOMINATIONS FOR THE BRANCH SERVICE AWARD to be presented at the banquet in October. If you know someone who has made sustained and important contributions to the Olympia Branch of the Mountaineers - contact Tom Eckhout at teckhout@msn.com and make your case.

BRANCH HIKING AND CLIMBING AWARDS, PINS, AND PATCHES. Start getting your paperwork together in order to receive your award at the Olympia Fall Banquet. The awards are listed at the Mountaineers website. Contact Kerry Lowry at kerryndon@comcast.net (360-456-2694) with questions.

THE BRANCH OFFICERS meet on second Wednesdays at 6 p.m. at the Olympia Center, 222 Columbia St NW. Members are encouraged to attend the meetings on June 13, July 11, and August 8.



Don't miss out! Members save 20% on the Mountaineers merchandise, plus a ton of other great benefits with companies like RacknRoad, Danner boots, and Fjallraven. Have you checked out your member benefits lately?

mountaineers.org/membership/benefits



The Mountaineers presents

BEWILD

Stories of Passion & Adventure

Sept 20 | Andrew Mclean

**WILDFIRE: ON THE FRONT LINES WITH
WILDLAND FIRE FIGHTERS**

Andrew's interest in steep skiing has expanded into over 20 ski mountaineering expeditions. Somewhere along the way, Andrew got into kite skiing, spent a year as an avalanche forecaster and also helped bring skimo racing to the United States. As of 2015, Andrew's skiing interests are focused on expeditions and preserving the environment we play in, as well as doing some guiding and introducing his daughters to the sport.

Show starts at 7pm | Doors at 6pm

sponsors:



www.mountaineers.org/bewild

Purpose

by Steve Scher, University of Washington teacher

A hiker descends the Muir snowfield on Mount Rainier. Photo by Lee Harrison-Smith.

My only purpose in life is to live.
Is that too egoistic? Maybe too amoral?
I can paper it over if you like.
My purpose is to procreate.

Too cynical. Too selfish?

The trees along the trail and the birds in the trees follow that purpose. Fortunate for us then that their process; respiration, decomposition serves us so well. But then, our purpose is what, to toil, to dig, to chew, to be chewed upon? Living to be dying so others live on again and again?

Ahh, but then here we are, back at the purpose of all that absorbing of sunlight, devouring of nutrients (if you'd prefer the more polite and sanitary term).

But we are not the lilies of the field or the wolf on the prowl.

We are humans and because we walk in our fleece and Vibram soled shoes while we ponder the purpose of all around us, the starry nights that call us, the rushing rivers that excite us, we can contemplate a purpose beyond our selves.

And so many of us say, well, our purpose as a species is to "make the world a better place."

Define that at your peril, you builders of factories, you job creators, you believers in the latest "ism's." As the poet Shelley wrote, I look on your works, ye mighty, and despair.

But despair is not a valid response. Despair leads to lethargy, to weakness and decline. Decline leads to... well you see, here we are again at the one purpose that seems to hold steady. My purpose it to live, to procreate and to shuffle on along.

We can circle back to the intellectual justifications. I know there are people who tell themselves their purpose is to stop the

destruction of the planet by stopping the destroyers. Does that purpose ease their conscious as they adopt the corollary, 'by any means necessary?'

That's a large sized ego that justifies its purpose that way.

Maybe it takes a large-sized ego to get things done?

Somewhere in the rubble might be a small shoot seeking the light of a better answer.

Those who set out to conquer disease, design new tools for better lives or peacefully demonstrate for equality follow a purpose that is not selfish, or at least not entirely selfish. Most of us walk the line as saints and sinners, trying to live well by doing good. As often as we can, anyway.

My purpose is to live and in doing so leave the living a better world.

Simple enough. Nothing new. Just a reminder.

If I embrace that purpose, what do I do?

Plant a tree, propagate life. Protect a forest, protect life. Shelter the homeless, feed the hungry, cure the afflicted. Enrich the living with art, with music, dance and sculpture. Life goes on. Maybe it even gets a little better. Maybe it's just worm food.

These are thoughts to contemplate walking along a snowy ridge, the green world aglow all around.

Are these thoughts even worth fighting for?

Ahh but here we are again, fighting for peace, destroying to live.

It is a circle, vicious or maybe, viscous, gluing us to our spinning, confusing, challenging world, our purpose to keep trying to figure out the best answer. And, maybe share a few laughs along the way, with as many creatures as we can. ▲▲

I choose Hilleberg tents.



Freya Hoffmeister

Paddling force of nature. Never thinks small. Undisputed solo paddler extraordinaire. 2007: Circumnavigated New Zealand's South Island. 2009: 1st woman and 2nd person to circumnavigate Australia. 2015: 1st person to circumnavigate South America. Currently out circumnavigating North America. Uses Hilleberg tents, including the Allak.

For more on Freya, see freyahoffmeister.com



“ I THINK THE ALLAK is the perfect all around solo paddling tent, and it's my “go to” tent most of the time. Easily strong enough for all but the worst conditions, it's fully free standing so I can pitch it anywhere, even on rocks, and it packs quite small. Its two doors offer great venting, and lets me see all around me – an important thing since I paddle alone most of the time. And it has plenty of room so I can deal with all my gear out of the weather. My Allak is truly my home when I'm paddling! It's my portable privacy! ”

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