

Goals, Expectations, and Style:

Curious if this trip would be a good fit for you? Please read through these carefully and consider how closely they align with the way you like to experience an outdoor adventure. Participants who have different goals, expectations and/or style from what's listed below could not only have a much less enjoyable experience but would also have the potential to disrupt the experience and cohesion of the rest of the group.

Trip Goals	<ul style="list-style-type: none">• Stay safe, avoid injuries• Get everyone back to civilization safely, even if it means we don't complete the route• Soak in and appreciate the region's beauty, while accepting and embracing challenging times (weather, terrain)• Enjoy the camaraderie of like-minded trekkers• Enjoy the challenge of high-mileage, high-gain days• Enjoy downtime in camp, celebrating the day's achievements
Participant Expectations	<ul style="list-style-type: none">• Have the fitness required for this trip's daily mileage and elevation gain, trekking with a backpack at a moderate but steady pace (1.75 mph up, 2.5 mph down) over rugged terrain for several consecutive days• Be able to roll with the punches and go with the flow; accept and embrace the challenges that will inevitably be thrown our way• Bring appropriate gear, be able to carry it for the entire trip, and know how/when to use it• Understand that we'll trek together as a group; no running ahead or straggling behind<ul style="list-style-type: none">• <i>Faster people may need to moderate their pace</i>• <i>People who might otherwise take extended stops for photography or nature may need to shorten their stops</i>• <i>We will not split the group (though short hikes out of camp are OK if you go with a buddy and have a good plan/map/gear)</i>• <i>People must always stay within sight and voice distance of the group</i>• Abide by decisions made by the group or by the group leader; understand that you sometimes won't get exactly what you individually want• Understand that the group leader will solicit input from the group whenever possible, but will make the final decision whenever safety is in question• Familiarize yourself the route and have the navigation tools and ability to complete the route and/or exit from any point on the route in the unlikely event that you get separated from the group• Openly communicate any concerns, illness/injury, or other issues to the group leader before they become serious• Be willing to help/support others, and to put the team first

**Participant
Expectations
(cont'd)**

- Be confident while traveling through this trip's terrain, including steep scree/talus slopes, boulder fields, stream crossings, narrow paths with modest exposure, and, depending on snowpack levels, low-risk snowfield crossings:



**Travel
Style**

- Moving every day
- Take side trips and day hikes
- Depart right after breakfast
- Hike at a good pace, but stop to “smell the roses” and take in the fantastic scenery surrounding us
- Stop at viewpoints!
- Respect folks who prefer to chat while on trail, folks who prefer to be quiet while on trail, and folks who enjoy a mixture of both
- Sit together during meals