**Global Adventures APPLICATION Template**

**Instructions**

Please use the template below to submit the information you need for your Global Adventure’s Trip Agreement.

* To omit a form element, select the entire element and change its format to ~~strikethrough.~~
* To make changes to a form element, makes the desire changes, then select the entire form element and change its color to red.
* To add a form element, add both a title (**bold**) and help text (regular) where the form element should be added, then select the entire form element and change its color to red.
* Please do NOT change the order of existing form elements.

**The Form**

**Name**

**Email**

**Phone Number**

**Mailing Address**

**Age**

Please enter your age in years.

**Gender**

Please enter your gender.

**Height**

Please enter your height in feet and inches (e.g. 5 ft 6 in).

**Weight**

Please enter your weight in pounds.

**Recent Backpacking or Multi-day Trekking Experience**

Please include length, elevation, miles per day, and weight carried for backpacking or multi-day trekking trips you've done in the last two years.

**Typical Backpack Itinerary**

Please indicate your typical hike or backpack itinerary—average daily mileage (miles), elevation gain (feet), and pace (miles/hour).

**Other Outdoor Activities**

If you have limited recent backpacking experience, please describe other active outdoor activities you have pursued regularly (hiking, scrambling, climbing).

**International Travel Experience**

Please describe your international travel experience.

**Goals**

What are your personal goals and objectives for this outing? Tell us what you'd like to get out of this trip.

**Medical Conditions**

Please describe any medical conditions, joint or back issues, recent surgeries, medications that could affect you on the trip, as well as any allergies to medications.

**Environmental Sensitivities/Allergies**

Please describe in detail any allergies or other environmental sensitivities that could affect you on the trip, and how serious they are (we will try to control exposures to these things but some may not be possible to eliminate).

**Dietary Requirements**

Please list any special dietary preferences or requirements for the trip and how flexible you can be (we will try to adhere to those requirements and preferences but some may not be possible).

**Fitness Program**

Please describe your regular fitness program.

**Information Sharing**

The above information will be kept strictly confidential by the leader, with one exception: If medical treatment is required onsite during a global adventure, it may be important to share information on the physical fitness, medications, allergies and medical conditions of participants to aid in treatment. May the leader share this information with first aid and medical personnel in an emergency situation?

*Yes or No*

**How did you hear about this trip?**