

Mountaineers First Aid Summit 12.5.2021

RSVP

Join Zoom Meeting

<https://us02web.zoom.us/j/82014791848?pwd=OTViREJQkwxTExCQ3RsZDBhNCtUUT09>

Meeting ID: 820 1479 1848

Passcode: 848715

Dial in: 253 215 8782 US

Attendance: Mary Panza (SEA), Bob Keranen (OLY), Greg Lovelady (OLY), Scott Schissel (TAC), Curtis Stock (TAC), DeeAnn Kline (OLY), John Dinh (TAC), Steve Kollar (OLY), Paul Thomsen (FTH), Gretchen Ta (KIT)

Agenda

9am - Introductions

- Your Branch & Committee(s)
- Your Role
- Successes & Challenges in your branch's first aid program

10am - Lay of the land

- What first aid programs are offered? By whom?
- Which activities are requiring first aid training, and at what level?
- <https://docs.google.com/spreadsheets/d/1YY7YEa2dnjKVSJvDDosh-ci0tkSBMt0F/edit?usp=sharing&oid=113387991629209485292&rtpof=true&sd=true>
- [Committee Leader Comments on First Aid](#)

10:30 - Discussion

- COVID protocols
 - SEA not offering scenarios
 - OLY offering fully remote WFA, no scenarios
 - MTTA is fully in person; vax required; masks required; efforts of social distancing and hand washing
 - Lifeassist.com has one-way valves for masks
 - Not teaching 2-person CPR
 - KIT has a 2-day in-person vax required with RMT
 - TAC - RMT with no scenarios; ARC with masks & vax/negative test
- Base Medical
 - 1. The application is a few questions about the instructors background, experience with teaching, and specifically teaching wilderness medicine - as well

as an upload link for their resume. The interview is an informal conversation with me or other training instructor. This can be done as a group interview over zoom as well.

- 2. The in person practical instructor training is a two day course. The instructor trainers will go through the basics of instructing, the wilderness medicine curriculum and risk management, diversity, equity and inclusion training and specifics on classroom management. They will then have the opportunity to teach a short section on the second day and have a chance to give and receive feedback.
- 3. The instructor candidates will then plan to teach a course (this can be a group of candidates) along with an instructor trainer who will evaluate the teaching. Typically, an instructor can pass the evaluation during one day teaching - however, some instructors require more than one evaluation session. It is also possible to work with a few of the more advanced instructors to have them become in house instructor trainers.
- 4. The instructor course is \$200/student + instructor travel. The instructor course can be held at the mountaineers.
- 5. The evaluations are tied in with the student costs for the course being taught. For example, if your instructor candidates are teaching a WFA for a mountaineers group. Base Medical will charge \$55/student for the online access and \$45/student for the evaluation (\$90 per student) + instructor trainer travel. The evaluation can be for up to three instructors during one course.
- 6. Once the instructor completes the evaluation - and is a Base Medical Certified Instructor, they can then lead courses and are only invoiced the \$55/student for the online access and certification card.
-
- Sea Kayakers - don't find MOFA/WFA scenarios to be relevant
- Youth & Hikers want evening course - lower lift
 - How does that fit into the whole picture?
 - "First Aid for Hike & Backpack Leaders"
- Consistency across branches
 - ASHI
 - Base Medical
 - ARC
 - RMT
- Outside Courses
 - WFA is WFA, but doesn't include scenarios
 - WFA badge?
 - Scenarios badge?
 - Seven steps?
 - MOFA is somewhere between WFA & WFR
- Leader training
 - Industry standard for more remote trips (are we behind?)
 - Providing opportunities for renewal

- Tracking
- Standard Nomenclature
 - Intro to Wilderness First Aid
 - CPR
 - WFA
 - WFA + Incident Management for Assistant Leaders
 - MOFA
 - WFR
 - Re-cert class? “CME” - continuing medical education
 - How does this fit into WFA recert? Maybe companion with Base Medical self-study.
 - IDEA: 16 hours worth of content, paced out over 2 years, keeping them current
- Instructor recruitment & retention

11am - Scope of First Aid Council

- Not obligated to provide custom programming
- Should provide options for committees
- Outline first aid progression
 - How to give background to folks so they don't just dive into MOFA - its overwhelming

Action Items

- Becca will pose a question to RMC about whether the WFA badge should expire after 2 years, or whether it's ok to incorporate the 3rd year
 - ASHI - maintaining instructor status only requires teaching once every 2 years
 - Instructor incentive - teaching renews your certification
 - Red Cross - Scott is “training center manager”
 - Base Medical ~\$250/student for instructor training

12:00 - [Charter](#)

12:30 - Good of the order

1pm - Adjourn