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SPRING /
SUMMER
CATALOG



MOUNTAINEERS BOOKS



recreation • lifestyle • conservation

Mountaineers Books is an independent nonprofit publisher



MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



Colorado River, from *Living River*, by Dave Showalter

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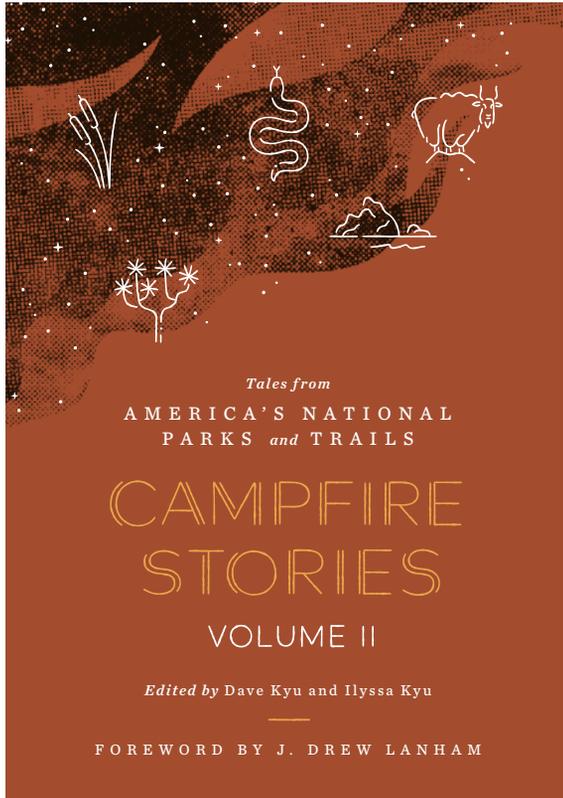
BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

CAMPFIRE STORIES VOLUME II

Tales from America's National Parks and Trails

EDITED BY DAVE KYU AND ILYSSA KYU | FOREWORD BY J. DREW LANHAM



320 pages | 6 x 8½ | \$24.95 | hardcover | 6 b&w illustrations
ISBN 978-1-68051-550-3 | ebook 978-1-68051-666-1
National Parks/Stories | Rights: English Language World

ABOUT THE AUTHORS

ILYSSA KYU is a design researcher focused on inclusion at frog design, a global creative consultancy, and the founder of Amble, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. **DAVE KYU** is a socially engaged artist, writer, and arts administrator. Born in Seoul, South Korea, and raised in the United States, he explores the creative tensions of identity, community, and public space in his work. They live with their two daughters outside of Philadelphia and are always seeking adventure and connection in the outdoors.



ONLINE:

campfirestories.com  @campfirestoriesbook

New volume of intimate, compelling, and diverse tales about our national parks, from the creators of the bestselling book *Campfire Stories*

- Features stories from Grand Canyon, Everglades, Olympic, Glacier, and Joshua Tree National Parks and the Appalachian and Pacific Crest National Scenic Trails
- Includes a diverse range of writers

Inspired by America's beloved national parks, *Campfire Stories Volume II* is a collection of modern prose, poetry, folklore, and more, featuring commissioned, new, and existing works from a diverse group of writers who share a deep appreciation of the natural world. While the original *Campfire Stories* captured many historic tales reflecting the first 100 years of the National Park Service, this completely new collection, focused on five different parks (plus two long-distance trails), depicts the parks as we know and experience them today.

Contributors represent a range of rich and diverse voices, including from the BIPOC and LGBTQ+ communities. Award winners such as Lauret Savoy, Rae DelBianco, and Terry Tempest Williams; newer voices including Derick Lugo, Rosette Royale, and Ed Bok Lee; and even a poet laureate, Rena Priest—all share their unique perspectives on our national parks and trails. These new campfire stories revel in each park's distinct landscape and imaginatively transport the reader to the warm edge of a campfire ring.

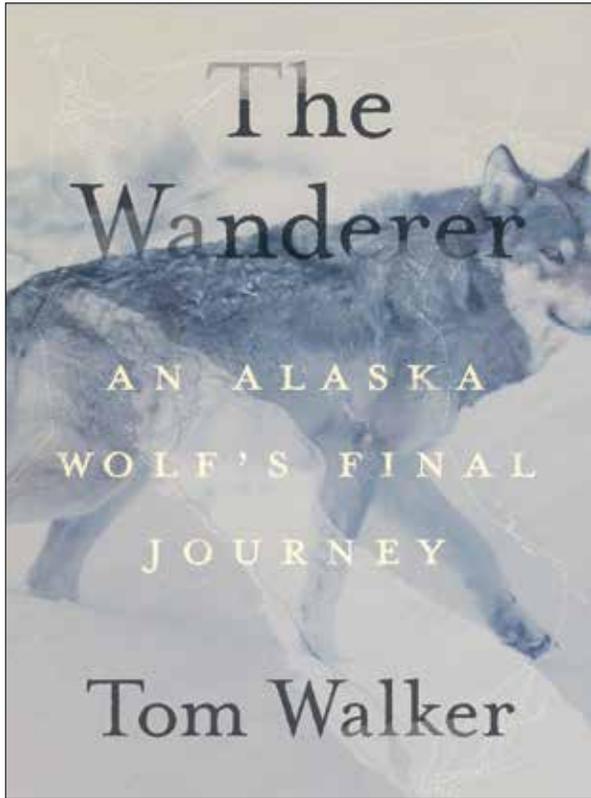
ALSO OF INTEREST



THE WANDERER

An Alaska Wolf's Final Journey

TOM WALKER



192 pages | 6 x 8 | \$18.95 | paperback | 8-page color photo insert | 2 maps | ISBN 978-1-68051-613-5 | Natural History/Animals/Conservation | Rights: World

ABOUT THE AUTHOR

TOM WALKER has been a rodeo cowboy, horse packer in the Sierra Nevada, wildlife conservation officer, wilderness guide and technician, log-home builder, documentary film advisor, and journalism professor at University of Alaska-Anchorage. A photographer and writer, he is the author of more than a dozen books centered on Alaska, including *Wild Shots*, *Alaska Wildlife*, and *The Seventymile Kid*. His work has been featured in *Alaska Magazine*, *Field and Stream*, *Readers' Digest*, *Newsweek*, *Audubon*, *Sierra*, and more. Living in Alaska for more than five decades, Walker resides in a log house on the edge of Denali National Park.



ONLINE:

tomwalkerphotography.com

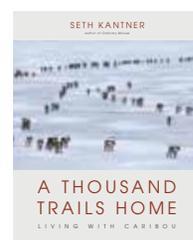
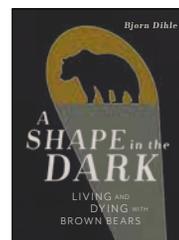
The incredible journey of a lone wolf 2,600 miles across Alaska and Canada

- Conveys natural history and our complex relationship with wolves through powerful storytelling
- First book ever to chart a wolf's movement, almost to the day, for an extended period of time

Informed by unique access to research and field notes, award-winning author, photographer, and naturalist Tom Walker shares the story of Wolf 258, nicknamed "the Wanderer," part of a research project that studied wolves in Alaska's Yukon-Charley Rivers National Preserve for more than two decades. A GPS collar recorded the animal's coordinates once a day as it moved through the wilderness. To the amazement of all, the Wanderer traveled more than 2,600 miles in about six months. To tell this story, Walker had unparalleled access to research and field notes, including the cooperation of the biologist who first collared the Wanderer and the wolf researcher now assigned to Yukon-Charley.

The Wanderer recounts the compelling life of one particular wolf, while examining the broader complexity of the species as a whole and its struggle for survival. Walker explores not only the natural history of wolves, but the relationship of people—Indigenous, pioneers and settlers, biologists, politicians—to this predator, shedding light on the long northern traditions of trapping and hunting, the tangled politics of wolf management, and the futility of borders to contain large mammals.

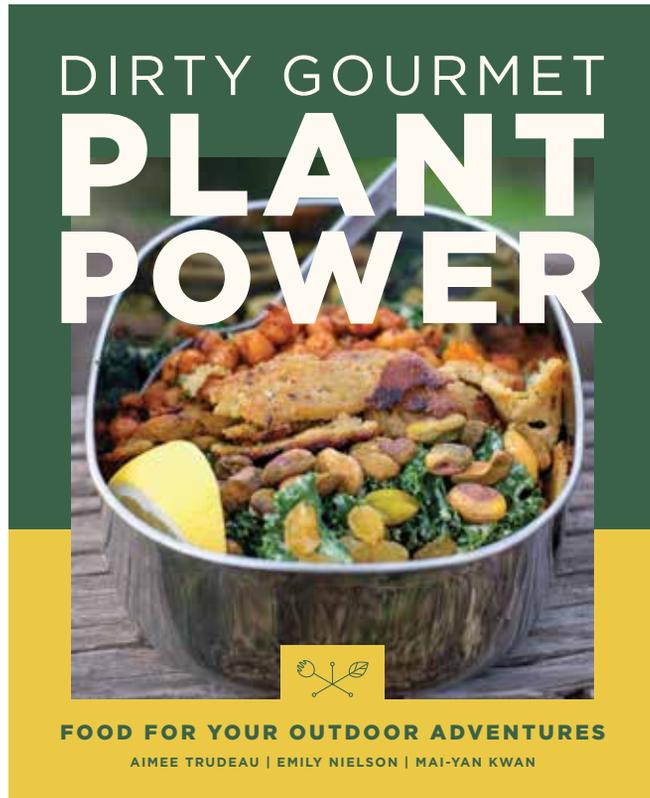
ALSO OF INTEREST



DIRTY GOURMET PLANT POWER

Food for Your Outdoor Adventures

AIMEE TRUDEAU, EMILY NIELSON, AND MAI-YAN KWAN



288 pages | 7 x 8½ | \$24.95 | paperback | 175 color photographs
 ISBN 978-1-68051-630-2 | ebook 978-1-68051-631-9
 Food/Outdoor Cooking | Rights: World

ABOUT THE AUTHORS

AIMEE TRUDEAU grew up cooking and camping and studied Food Science in college. She and her kids have been vegan for over seven years. They live in Solvang, California.

EMILY NIELSON has been immersed in the outdoor industry for her entire working life. She spends her free time rock climbing and hiking with her husband and three children. They live in Upland, California.

MAI-YAN KWAN, the product of Chinese and French-Canadian parents, grew up in Quebec, Canada. A backpacker, cyclist, and knitter, she lives in Los Angeles, California.



JUSTIN BILANCIERI

ONLINE:

@dirtygourmet | @dirtygourmet

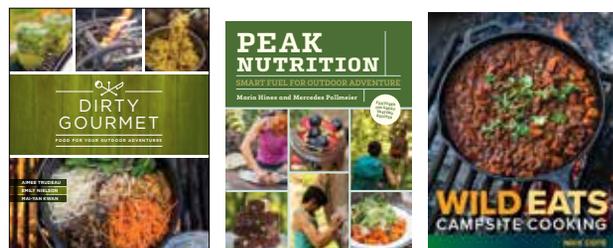
Beautiful and practical guide for outdoor cooking with modern, healthy, plant-based recipes to boost any outdoor adventure!

- Includes 126 vegan recipes with full-color photos
- Tips on how to adapt or “campify” favorite home recipes
- Recipes can be easily adapted to include meat and dairy

From the bestselling authors of *Dirty Gourmet: Food for Your Outdoor Adventures*, comes a brand new cookbook! The recipes in *Dirty Gourmet Plant Power* focus on vegan recipes with a global twist. In the spirit of inclusivity and accessibility, the authors have included snacks and meals that work great for play dates at the local park or picnics on the beach, as well as food-fuel for urban and day hikes and on longer wilderness outings. With details on how to do your own dehydrating—though with no shaming for buying pre-dehydrated goods—and helpful tips about equipment and basics to keep on hand, *Dirty Gourmet Plant Power* will have you enjoying scrumptious recipes like White Bean and Artichoke Pressed Sandwiches, Tahini Soba Noodles, and Pumpkin Pecan Pie Iron Waffles wherever you head outside!

Founded by the authors nearly 15 years ago, Dirty Gourmet sees food as fundamental to outdoor education. Their outdoor cooking blog, based on their own adventures and recipes, informs their experiential catered campouts, outdoor food-product testing, and outdoor cooking workshops. Aimee, Emily, and Mai-Yan aim to encourage both new and experienced outdoor enthusiasts to make food an inspirational part of any outing—nourishing, comforting, and delicious, no matter your nutritional needs, skill level, or destination.

ALSO OF INTEREST



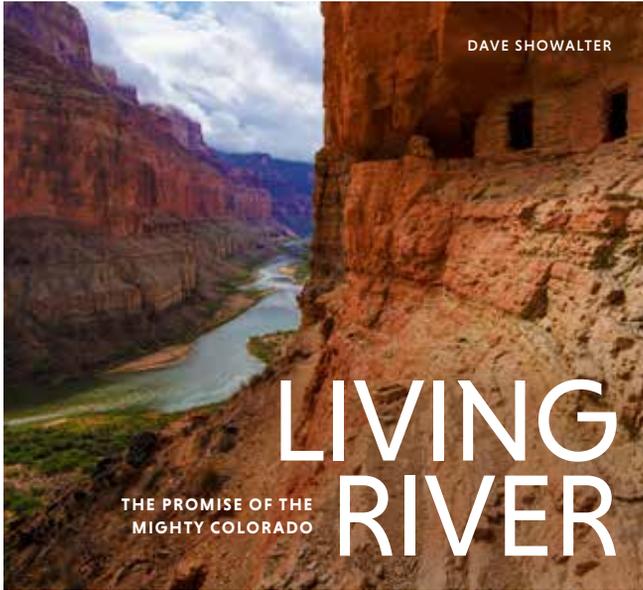


Top Left: Garlic Pull-Apart Bread
Top Right: Charred Tofu Breakfast Sandwich
Left: Sunflower Ramen

LIVING RIVER

The Promise of the Mighty Colorado

DAVE SHOWALTER



192 pages | 10 x 9 | \$39.95 | hardcover with jacket
150 color photographs | 7 maps | ISBN 978-1-68051-632-6
Conservation/Photography | Rights: World

ABOUT THE AUTHOR

Colorado-based conservation photographer and author **DAVE SHOWALTER** is the author of *Sage Spirit: The American West at A Crossroads* and the award-winning *Prairie Thunder*. Dave's photographs and articles have appeared in *Audubon*, *Conservation Biology*, *Outside*, *Outdoor Photographer*, *National Parks Magazine*, *High Country News*, *Wilderness*, and *Colorado Life*, among others. In partnership with Braided River, Dave's exhibit "Colorado: Sage Spirit and Roaring Rivers" was displayed at Denver International Airport in 2018–2019 and was viewed by over two million people.



MARLA OFSTAD

ONLINE:

 dshowalter_photo  @dave.showalter.3  @dave_showalter

A visually arresting and galvanizing portrayal of the living Colorado River watershed and the challenges it faces

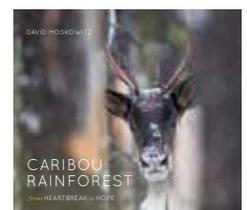
- Engages and inspires readers on an epic watershed journey that celebrates life, beauty, and resilience
- The famed Colorado River is the lifeblood of the American West
- Addresses the antiquated water allocation guidelines that are set to be revised in 2026

With powerful visual storytelling, *Living River* illustrates how we can create a resilient watershed if we change our relationship with water. Exploring the endangered Colorado River from source to sea, award-winning photographer Dave Showalter provides a deeper understanding of how countless numbers of creatures and 40 million humans depend upon its water and how the futures of all are inextricably linked to the health of the river.

Starting at the headwaters in the Continental Divide, Showalter covers the wide range of issues facing the river and highlights places that demonstrate the land's resilience, offering hope for the future. Throughout, he weaves in the stories of riverkeepers like Cynthia Wilson, who works to ensure universal access to clean water for her Diné community; Holly Richter, a conservation leader on the San Pedro River; and Tom Koerner, manager of the Seeds-kadee National Wildlife Refuge.

Living River forms the foundation for a robust impact campaign that will inform and influence stakeholders in the development of a new river compact, one that embraces new technology, conserves and restores our western rivers for wildlife and recreation, and recalibrates water consumption within the Colorado River system.

ALSO OF INTEREST





CHAPTER 5

THE GILA HEADWATERS:
Pulse of a
Wild River

FITZ-BEWW, FITZ-BEWW, FITZ-BEWW!

An olive bird with white belly, no bigger than a medium-size cottonwood leaf, singing for a mate, whirring and calling *fitz-beww* over and over, circled the cottonwood tops above. I'd watched him for a few days and began calling him Fitz while whispering to coax him lower in the tree canopy. All the other southwest willow flycatchers had apparently gone off to set up nests, so it was just me and Fitz . . . and the yellow-billed cuckoo just overhead. I couldn't see him, but his hard knocking *ku-ku-ku-kdowl-kdowl* reverberated in my head. Called rain crows, yellow-billed cuckoos had just arrived from Central and South America and would set up nests and miraculously mate, hatch, and raise fledglings in just fourteen days, in time for monsoon rains. The air felt cool for an hour or so in early morning, a bit longer in the shade of tall cottonwoods. The smell of loam wafted from a carpet of decaying leaves where a spotted towhee pecked and scratched for grubs a few feet away.

135

Beginning as a river of ice, the Green River has traveled 730 miles when its flow joins the Colorado River in the Colorado Plateau.

RIVER PHOTOGRAPHY IS OFTEN ABOUT PICKING a spot and hunkering down, camouflaged, patient, and ready. On my first trip to Seedskaadee, I texted friend and colleague Mike Forsberg, frustrated by the unreal numbers of wildlife opportunities and my inability to make decent images as I raced from one spot to another. Mike's response: "Go to the river and just breathe." Refuge Manager Tom Koerner coached me similarly, so after a few expeditions I'd grown accustomed to tucking into a bank camo'd up and watching the river flow—going to the river to just breathe.

The open waters on the Green through Seedskaadee don't freeze here, due to swift flow from the Fontenelle Dam upstream. On the coldest mornings, ice floes scrape along shore ice and bond together in flowing slush as ice fog grips the channel. There is no "w" on these mornings—locals prefer not to say "wind" for fear of inviting Wyoming's renowned gusts—just pure blue, unshakable cold. My truck thermometer read minus 27 degrees Fahrenheit when I set out on one of those mornings, headed for a bend in the river where an island creates a side channel, slowing current on the outside bend along the island.

Trumpeter swans, North America's largest waterfowl species, like to roost on a slab of shore ice on outside river bends. It's common to see swans in flight over the cottonwood forest across the river and cruising the placid waters in family groups along the island's shore. At dawn, bald eagles will leave their downstream



LEFT Volunteer Russ Barnes trims willow stakes for replanting and restoration along the shores of the Green River in Seedskaadee National Wildlife Refuge.

RIGHT Protecting nesting territory in early June, a marsh wren takes flight to land on a cattail and sing his sweet song, making several stops on a circuit in Seedskaadee National Wildlife Refuge. As spring warms to summer, the frenetic activity of seemingly every living thing in the wetland is beautifully choreographed and chaotic.



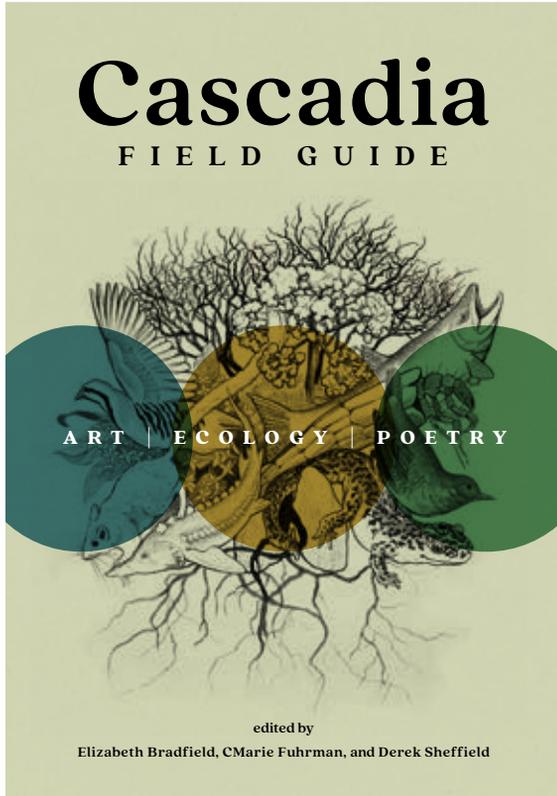
roost, tracing cottonwood tops to reach a fishing spot on a tall tree somewhere upstream. While I thought about my chilled toes—a lot—the high-pitched chirps of a bald eagle pierced fog as ice formed and flowed past, scraping and building shore ice. Goldeneye ducks floated around the river bend, diving between ice chunks for crayfish. After drifting past the bend, they'd fly low upstream, wings whistling, landing back where they started, riding a conveyor belt on another icy crayfish float. No swans appeared in the fog. Cold seeped deeper into my core as I waited.

Suddenly there was a movement—something dark, maybe fifty yards out on the point of the island. As I squinted to focus, a river otter appeared from an ice hole next to an otter slide on the edge of the bank. Then there were two otters, rolling in a playful ball for a moment, popping in and out of the small opening. When one, then the other, disappeared, I thought they were gone—until an otter emerged from a bank hole across the channel next to a huge beaver lodge. In just those few moments, the otters told me a lot about their home. Revisiting the site, I witnessed otters moving

CASCADIA FIELD GUIDE

Art, Ecology, Poetry

EDITED BY ELIZABETH BRADFIELD, CMARIE FUHRMAN, AND DEREK SHEFFIELD



400 pages | 6 x 8½ | \$29.95 | paperback

144 b&w illustrations | ISBN 978-1-68051-622-7

Nature/Field Guide/Poetry/Art | Rights: World English language

Science and art combine to create a poetic ecology—a field guide and literary anthology that celebrates the natural beauty of the Cascadia bioregion

- Features 128 plants and animals from the Cascadia region
- Includes writings and original artwork in a wide range of styles from diverse regional voices
- Many of the poems were commissioned specifically for *Cascadia Field Guide*

Cascadia stretches from Southeast Alaska to Northern California and from the Pacific Ocean to the Continental Divide. *Cascadia Field Guide: Art, Ecology, Poetry* blends art and science to celebrate this diverse yet interconnected region through natural and cultural histories, poetry, and illustrations. Divided into 13 bioregions, the guide includes entries for everything from cryptobiotic soil and the western thatching ant to the giant Pacific octopus and Sitka spruce, as well as the likes of common raven, hoary marmot, Idaho giant salamander, snowberry, and 120 more!

Both well-established and new writers are included, representing a diverse spectrum of voices, with poems that range from comic to serious, colloquial to scientific, urban to off-the-grid, narrative to postmodern. Likewise, the artists span styles and mediums, using classic natural history drawing, form line design, graffiti, sketch, and more. All of the writers and artists have deep ties to the region.

ABOUT THE AUTHORS

ELIZABETH BRADFIELD is the author of five books, and her poems have appeared in *The New Yorker*, *Poetry*, *The Atlantic Monthly*, *Orion*, and elsewhere. A Stegner Fellow and Audre Lorde Prize winner, she is the founder of Broadside Press, teaches at Brandeis University, and has worked as a naturalist in Cascadia and beyond for the past twenty-some years. Bradfield grew up in Tacoma and attended the University of Washington; she lives on Cape Cod.



LISA SETTE

CMARIE FUHRMAN is the author of *Camped Beneath the Dam* and her writing has appeared in many journals and anthologies. Fuhrman is the Director of Poetry for Western Colorado University's MFA in Creative Writing Program where she also teaches nature writing. She lives in West Central Idaho with her partner, Caleb, and their dogs, Carhartt and Cisco.



MEL OTA

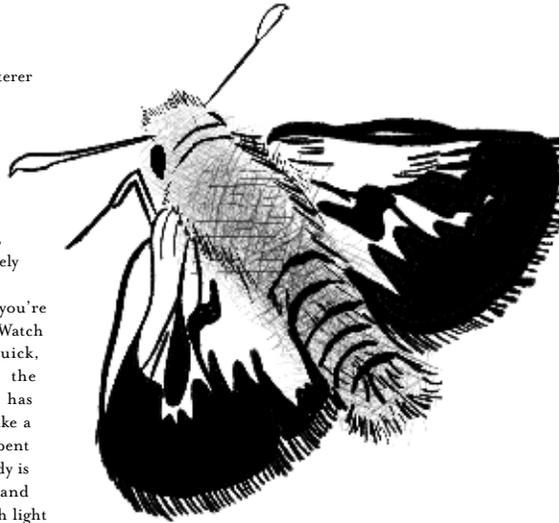
Mardon Skipper

(*Polites mardon*)

Fuzzy, rusty, small, this flutterer loves to move through fields of Prairie Lupine and Blue Violet (their favorites), sipping nectar. Once, the prairies of South Puget Sound offered Mardon Skipper an excellent home, but those grasslands are largely gone now.

Not sure the butterfly you're looking at is a Skipper? Watch closely: Skipper has a quick, bounding flight (hence the name). Mardon Skipper has antennae that look a bit like a cotton swab: there's a little bent bulge at the end. Their body is furred with subtle gold, and their wings are orange with light rectangular spots.

Mardon Skipper is closely associated with bunchgrass—they love to lay their eggs on types of fescue, upon which the young larvae munch. Researchers don't know historic populations of Mardon Skipper, because systematic studies were not conducted until the 1980s. Today, there are only thirty-seven known places in southern Washington along the southern Salish Sea, the Oregon Cascades, and north coastal California where you might find Mardon Skipper, and in those places, you won't find many, perhaps fifty or so. If you happen to see Skipper resting in their characteristic pose—forewings at a forty-five-degree angle, back wings splayed wide—sit quietly for a moment and appreciate the subtle beauty of this small, rare being.



PEPPER TRAIL

Mardon Skipper

We have come here for you,
Small orange blur among the wildflowers
So easily confused with those other butterflies
The Woodland Skipper, the Sandhill, the Sonoran
We come lumbering out of the trees
Too coarse to do anything that you do:

Fly
Alight upon a blade of grass
Sip the nectar from a violet
Know our place in the world

But with our long-handled nets
Our guides and keys, our close-focus binoculars
We are confident that we will find you
That our witness will make you real
And so then you will be, somehow, safe

Cascade Oregon-Grape

(*Mahonia nervosa*)

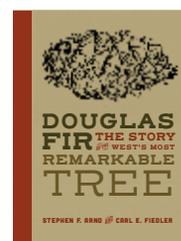
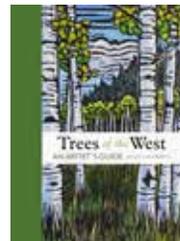
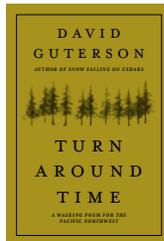
Close your eyes and reach down through the understory at shin level. You'll know Oregon-grape by feel alone: the leaf edges are prickly, unlike any other Cascadian plant. Even in winter you can enjoy this evergreen's shiny, holly-like leaves, some of which turn a deep, rich red. Mahonia's clusters of yellow flowers, energetic as starbursts, are a welcome brightness in spring, as are the rich, dusky, tart, seedy, purple berries that follow in late summer. Rub your fingers after you pick a berry and you'll find a bit of wax has been given to you by the fruit—a technique to discourage pests and to keep the fruit from drying.

DEREK SHEFFIELD grew up in the Willamette Valley and on the shores of the Salish Sea. He is the author of four books, including *Not for Luck*, winner of the Wheelbarrow Books Poetry Prize, and his poems have appeared in *High Country News*, *Poetry*, and *Orion*. For the past 20 years, he has taught nature writing at Wenatchee Valley College. The poetry editor of *Terrain.org*, he lives with his family near Leavenworth, Washington.



HEIDI SWOBODA

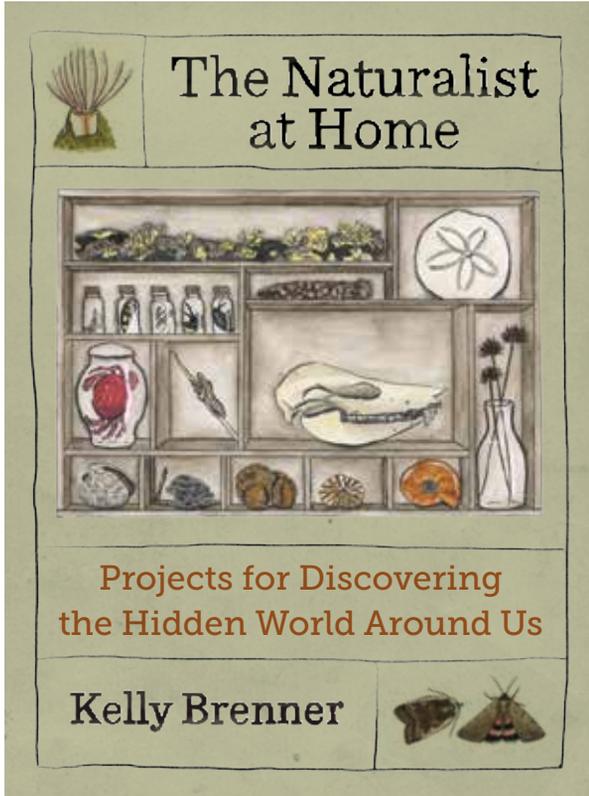
ALSO OF INTEREST



THE NATURALIST AT HOME

Projects for Discovering the Hidden World Around Us

KELLY BRENNER



208 pages | 6 x 8 | \$19.95 | paperback | 80 color illustrations
 ISBN 978-1-68051-573-2 | ebook 978-1-68051-574-9
 Nature/Natural History | Rights: World

ABOUT THE AUTHOR

A naturalist, writer, and artist based in Seattle, **KELLY BRENNER** is the author of *Nature Obscura: A City's Hidden Natural World*, a finalist for the PNBA and Washington State book awards. Her writing has appeared in *Popular Science*, *Crosscut*, *National Wildlife Magazine*, and *The Open Notebook* among others. Brenner earned a bachelor's degree in landscape architecture from the University of Oregon and a certificate in nonfiction writing from the University of Washington. She shares her observations of the natural world, as well as folklore, books, and poetry, on metrofieldguide.com.



ONLINE:
metrofieldguide.com

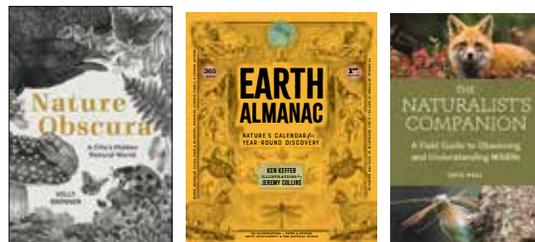
Beautifully illustrated collection of accessible outdoor activities for the aspiring naturalist

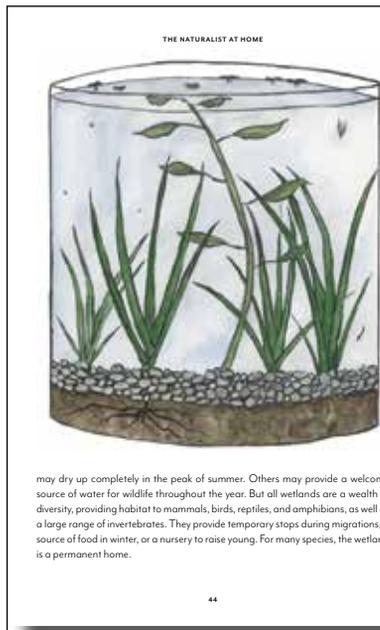
- Features 20 projects with clear descriptions of materials and tools, plus a few bonus activities
- Includes step-by-step instructions with charming, informative illustrations
- Tips for troubleshooting and taking the project to the next level

The Naturalist at Home emphasizes hands-on exploration with easy outdoor projects designed to help naturalists observe and study everything from invertebrates to mushrooms to mammals. Critically-acclaimed writer and naturalist Kelly Brenner developed these projects based on real techniques used by naturalists and scientists in the field. Easy to adapt, they are suitable for naturalists at all levels of experience and expertise.

These projects bridge the gap between sophisticated science experiments and easy nature activities and between reading about nature and experiencing it in a real and tangible way. They are simple to carry out, and naturalists can repurpose items they have at home, find them at a thrift store, or purchase inexpensive tools and materials. Detailed descriptions of organisms, along with the author's hand-drawn illustrations, help naturalists visualize what they may discover.

ALSO OF INTEREST





THE NATURALIST AT HOME

may dry up completely in the peak of summer. Others may provide a welcome source of water for wildlife throughout the year. But all wetlands are a wealth of diversity, providing habitat to mammals, birds, reptiles, and amphibians, as well as a large range of invertebrates. They provide temporary stops during migrations, a source of food in winter, or a nursery to raise young. For many species, the wetland is a permanent home.

Humans are also dependent on wetlands. In the face of climate change, they are a carbon sink. Yet over the last three decades, cities and towns could also flood rainwater and release it slowly, sequestering carbon. A mere acre of wetlands can filter out pollutants before they reach our creeks and rivers would quickly during rain. Wetlands intercept runoff, change and reduce flooding, and provide habitat. But not only that, they are a source of recreation. The nature walks, kayak or canoe trips provide the opportunity to observe wildlife. Red-winged blackbirds singing in the spring are easy to miss. But how often have you seen the diversity of life beneath the water but also on the surface? Once established, a miniature wetland can provide a chance to observe the life cycle of different invertebrates. You can watch snails mate and lay eggs, and then observe the tiny, glass-like baby snails emerge. You can see water fleas swim with their disproportionately long, fingerlike appendages and the hydra clone itself. You can even use your wetland jar as a temporary observation aquarium for larger invertebrates that can't live their entire lives in a small container, like dragonfly larvae or diving beetles. If you find a particularly interesting invertebrate while pond dipping, you may want to bring it home, place it in the wetland jar, and observe it for a few hours or a few days before returning it to its original wetland to continue living.

CREATE

PROJECT 3

Create a Wetland in a Jar

SEASONS:

All

STUDY TOPICS:

Wetland ecology, freshwater invertebrates



Marsh, swamp, bog, fen, mire, muskeg—wetlands have many names. That's largely because this type of landscape is not uniform; there are many different types around the world. Bogs are unique for their sphagnum moss, a genus of bog moss that eventually decomposes into peat. Swamps have woody vegetation, like alder and cypress, while marshes have soft-stemmed vegetation, like cattails and reeds. Many wetlands have freshwater and saltwater variations as well. Each type of wetland serves as vital habitat for communities of organisms, comparable to rainforests as productive habitats, and is tremendously important as a source of food for a wide range of wildlife. Wetlands are dynamic landscapes that change dramatically with the seasons. Some

THE NATURALIST AT HOME

And the best part? Creating a wetland container is very simple and requires few materials, unlike a fish aquarium. You won't need to buy pumps or other special equipment, and you probably already have many of the materials on hand.

Materials

Jar: The first thing you'll need is a container for your miniature pond. It can be a large jar or any type of glass container with a wide opening to get materials in and out and also for maintenance. It's also better to have a larger water surface area for air and gas exchange to let the water and life in it breathe. Look for round containers at thrift stores at least the size of a large mason jar. They can be taller than wide or wider than tall.

Tip

If the container is larger than a jar, consider placing it on a lazy Susan so you can spin it to observe all sides.

Soil: Regular garden soil works best for this project. Don't use fancy potting soil, which has too many nutrients in it. If your only option is potting soil, look for organic soil and avoid perlite and fertilizers.

Gravel: Use clean gravel with a diameter of 2 to 5 millimeters. Gravel that's too large or too small won't allow the soil to breathe and can kill the roots of your plants. Sand isn't ideal, but it can work.

Water: You'll need enough water to get your wetland started and also for keeping it full once established. Tap or rainwater both work, but rainwater is easier on the ecosystem.

Aquatic Plants: Wetland plants that grow entirely underwater or are emergent (growing in water but breaking the surface) will both work for this project. You can collect these from ponds (with permission from the owners if the pond is private). Many aquatic plants can be propagated with just a small piece of the plant, even without the roots. Look for plant pieces that wash up on the shore of local lakes, but consult a book on wetland plants of your specific area to make sure they aren't invasive. You can also visit aquarium shops to buy aquatic freshwater plants, although you're less likely to find native species.

Tweezers or Pliers: To place the plants in the soil, you'll need a tool like tweezers or pliers.

CREATE A WETLAND IN A JAR

Rubber Tube (optional): If you choose to siphon the water into the container, you'll need rubber tubing.

Hand Lens or Magnifying Glass (optional): If you want a closer view of the life in your wetland, a hand lens or magnifying glass can help you see them easier.

Compound Microscope and Slides (optional): If you want to study the microscopic life in your pond water, you'll need a compound microscope and concave slides with cover slips.

Pipette (optional): To transfer pond water to a slide, you'll need a pipette.

Steps

Layer: First, put in one to one and a half inches of soil in the bottom of the glass container. Over the soil, lay an equal layer of the gravel one to one and a half inches deep. If you choose to use sand, it needs to be a thinner layer than gravel, only one-half to three-quarters of an inch deep, so the soil can get air.

Add Plants: Use tweezers or pliers to push the plant roots, or stems if you have cuttings, into the soil. Don't be afraid to experiment with plants. If they die, try something else, and if they do too well, remove them or cut them back.

Add Water: This step needs to be done slowly and with care. If you dump the water in, it will disturb the soil and you'll have a muddy mess. Let the water slowly flow in. One method is to use a rubber tube and siphon in the water. A simpler method is to hold your hand over the gravel and pour the water slowly on your hand to break the flow.

Place the Container: Where you place your container is important. Aim for a consistent temperature and good, indirect light. Windowsills generally offer reliable sunlight, but the temperature fluctuates too much during the day, particularly in summer and winter, and can cause your ecosystem to crash. If you can't find a place near a win-

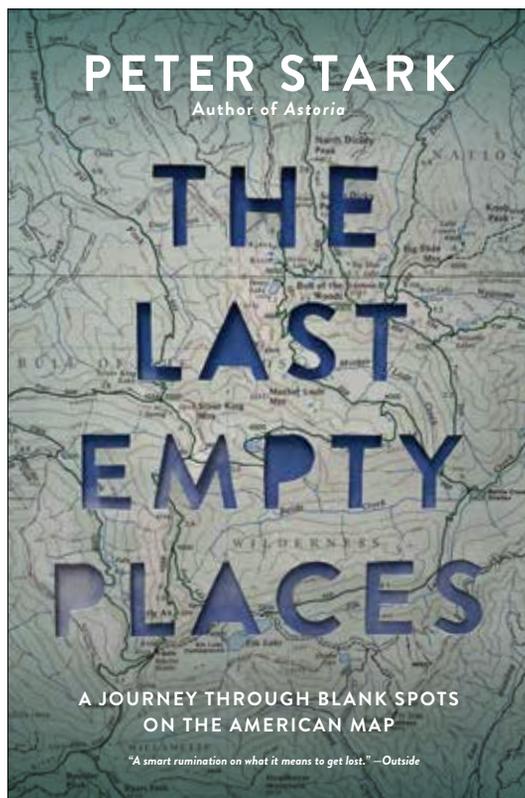
Tip

Expect to wait about six weeks until the soil stabilizes before you do anything else. You may see fluctuations in algae and murky water until it settles. The plants will help purify the water as they grow and control algae. You can try inoculating your wetland sooner than this, but the creatures you collect may not survive.

THE LAST EMPTY PLACES

A Journey Through Blank Spots on the American Map

PETER STARK



352 pages | 6 x 9 | \$19.95 | paperback | 9 maps
 ISBN 978-1-68051-642-5 | ebook 978-1-68051-643-2
 Travel Essay/History | Rights: World English language

ABOUT THE AUTHOR

PETER STARK is an adventure writer and historian. He studied English and anthropology at Dartmouth College and holds a master's in journalism from the University of Wisconsin. He is the author of six books, including *Astoria* (Ecco, 2014), a New York Times bestseller and PEN USA literary award nominee, and *Young Washington* (Ecco, 2018), an acclaimed biography that was a finalist for the George Washington Book Prize and also informed a History Channel mini-series. Stark's articles and essays have appeared in *Outside*, *Smithsonian*, *The New Yorker*, *The New York Times Magazine*, *Men's Journal*, and many other publications. He lives in Missoula, Montana.



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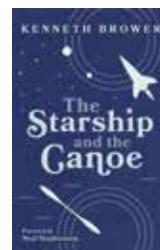
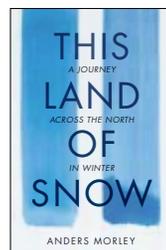
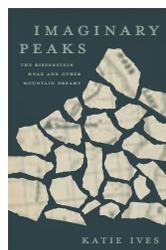
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Stark discovers that the places he visits are only “blank” in terms of a lack of recorded history. In fact, each place holds layers of history, meaning, and intrinsic value and is far from being blank. He also finds that each region has played an important role in shaping our American idea of wilderness through the influential “natural philosophers” who visited these places and wrote about their experiences—Henry David Thoreau, William Bartram, John Muir, and Aldo Leopold. It's a fascinating look at the value of nature, the ways humans use and approach it, and what it means to seek out empty places in today's world.

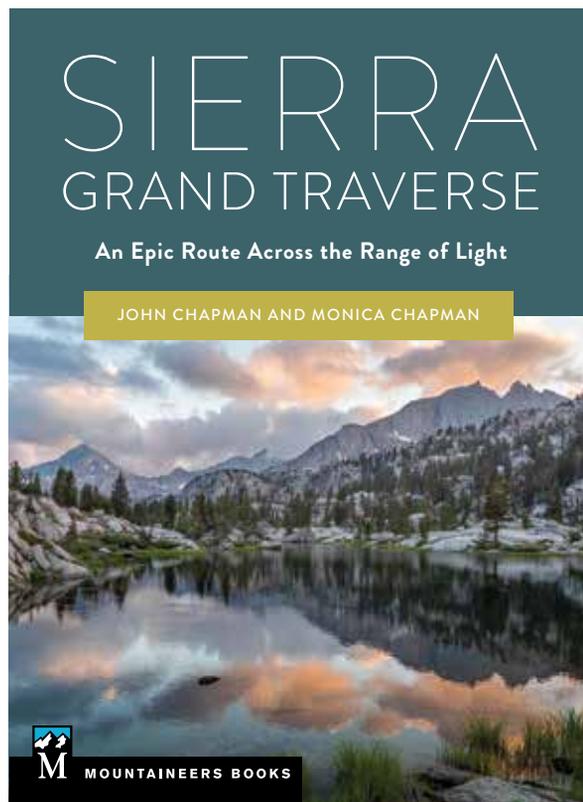
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JOHN CHAPMAN and **MONICA CHAPMAN** have written and published dozens of walking and hiking guides, along with hundreds of articles for magazines and newspapers. The Chapmans are well-known in the outdoor community in Australia and beyond. An accomplished photographer, John has received a Grand Master of the Photographic Society of America along with many other internationally recognized awards for photography.



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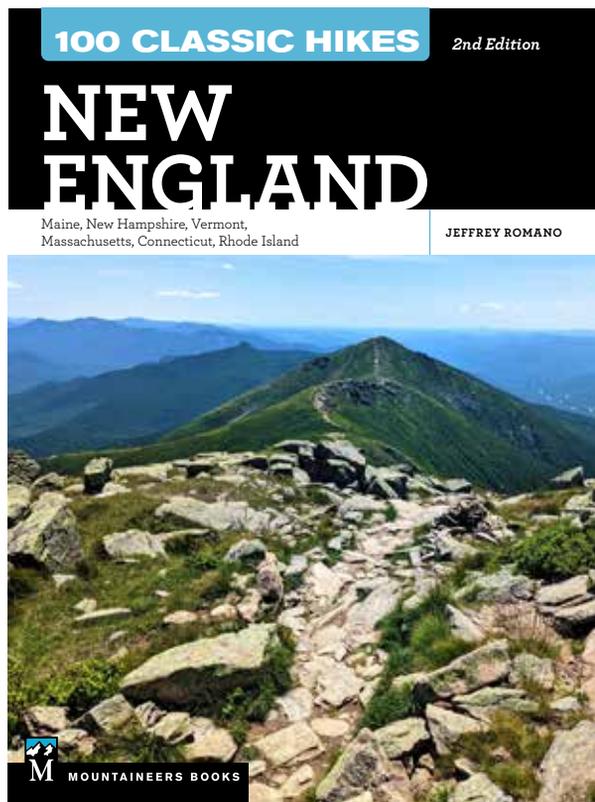
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ABOUT THE AUTHOR

A lifelong resident of New England, **JEFFREY ROMANO** has lived in Connecticut, New Hampshire, Vermont, and Maine. In addition to scaling New England's 100 highest peaks and completing an end-to-end of the Long Trail, he has hiked extensively throughout all 6 states over the last 40 years. Jeff is the author of *Day Hiking: New England* and *Hike the Parks: Acadia National Park* and holds a BA in politics from Saint Anselm College and a JD from Vermont Law School. He currently manages public policy activities for Maine Coast Heritage Trust, a statewide land trust that focuses on the conservation of Maine's unique coastline. He lives in Hallowell, Maine.



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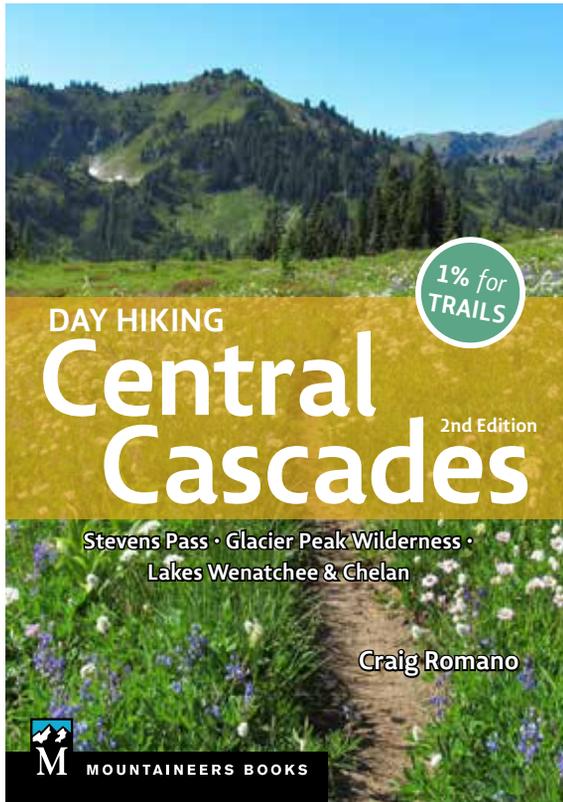
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ABOUT THE AUTHOR

CRAIG ROMANO is a prolific (more than 25 books and counting!) and award-winning author, an ardent conservationist, and a Northwest trails and hiking expert. He hikes, runs, paddles, and bikes and yet still has time to write for several publications, websites, and tourism agencies. He provides weekly content for Hikeoftheweek.com and is key researcher for Green Trails Maps. His home and cat are in the Skagit Valley, but he is most frequently out hiking or trail-running somewhere, often accompanied by his wife, Heather, and son, Giovanni.



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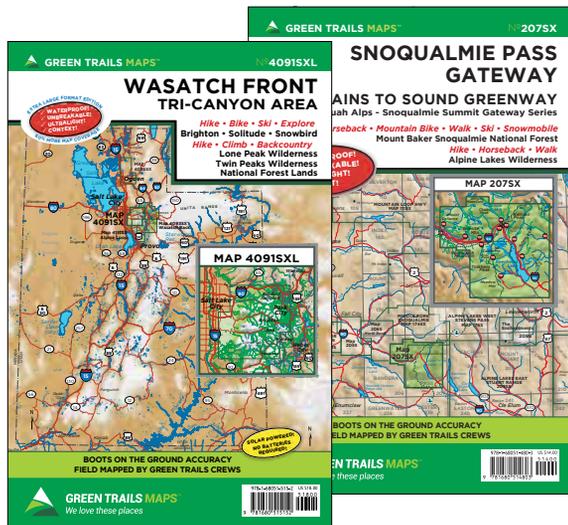
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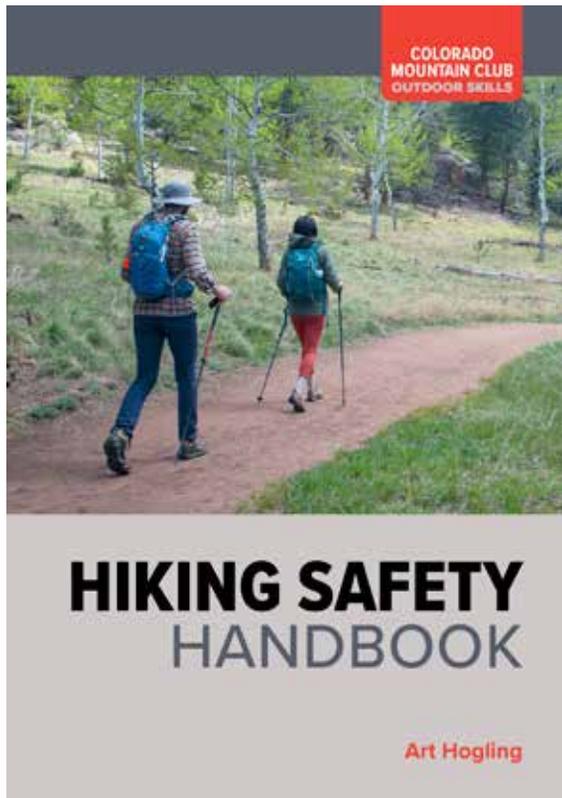
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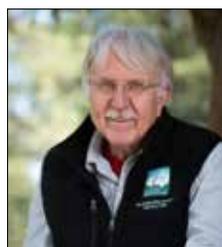
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ABOUT THE AUTHOR

In his decades of wilderness adventure around the world, **ART HOGLING** has been attacked by predators, lost, and caught in lightning storms, blizzards, fires, avalanches, and floods. Dr. Hogling has learned from it all, combining his experience with data and research to produce popular hiking safety seminars and curriculums. He lives in the mountains of Colorado and has taught wilderness safety for more than 25 years.



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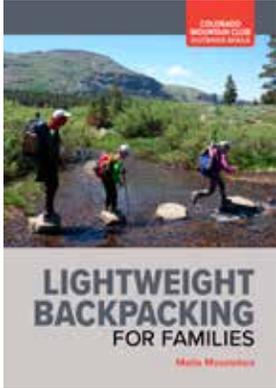
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MALIA MAUNAKEA is a Kānaka Maoli (Native Hawaiian) writer who grew up exploring the trails of Hawai'i before relocating to the continent for college. She writes both middle grade fiction and nonfiction and is the author of *Lei and the Fire Goddess*, forthcoming from Penguin Workshop in summer 2023. When not at her computer, she can often be found roaming the Rocky Mountains with her husband, their two children, and a rescue mutt named Peggy.



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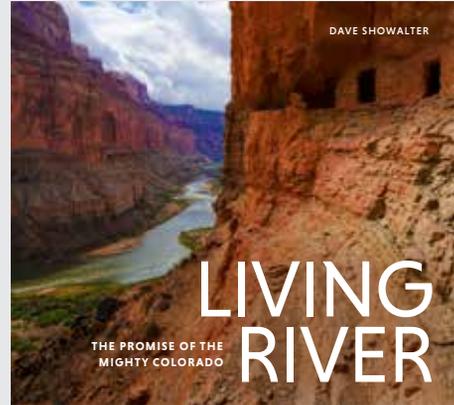
SANDY HEISE began wandering the trails and mountains of Colorado after taking a Basic Mountaineering School course offered by the Colorado Mountain Club. She later became a senior instructor for the same course, a trip leader, and an assistant instructor for the Advanced Mountaineering School. Sandy enjoys exploring and photographing trails around the globe. She lives in Colorado and is the author of *Hiking Colorado* and co-author of *Best Hikes Near Denver and Boulder*.



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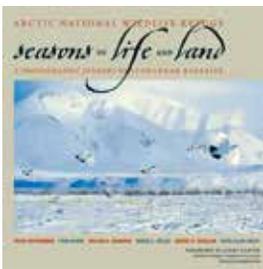
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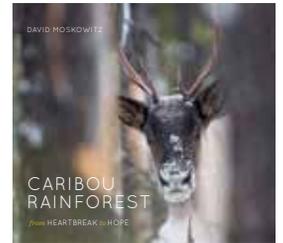
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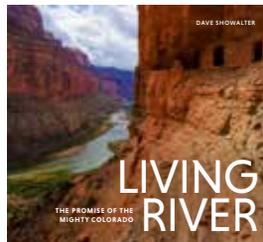
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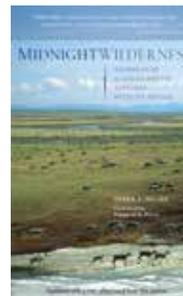


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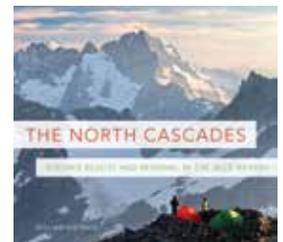


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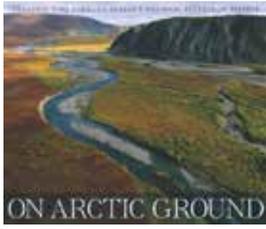
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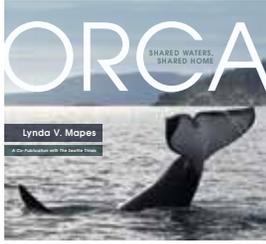


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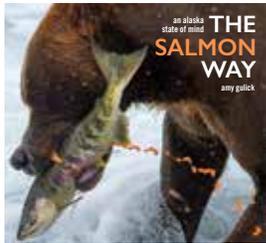
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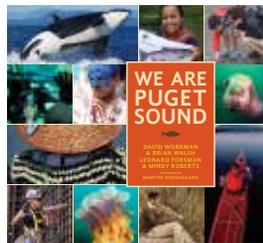


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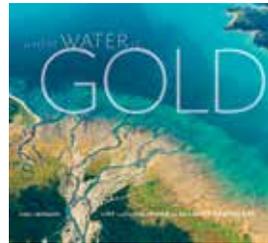
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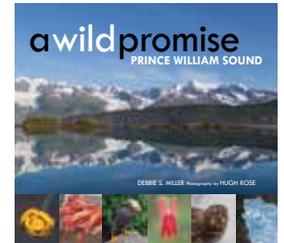
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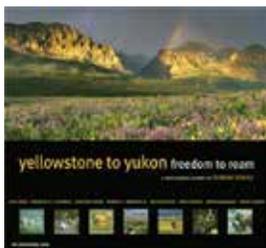
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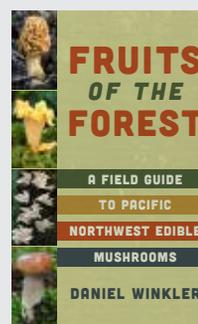
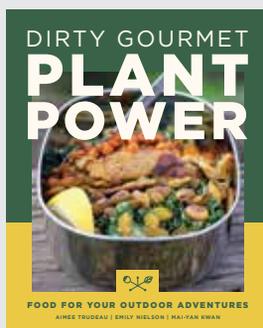
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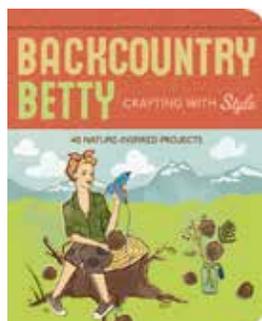
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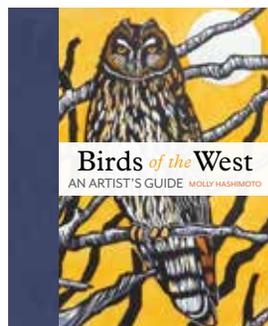
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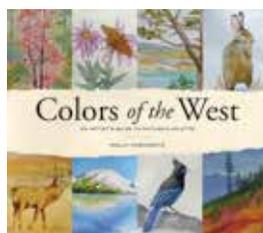
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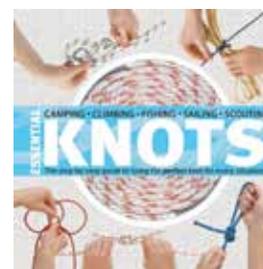
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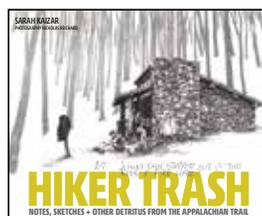
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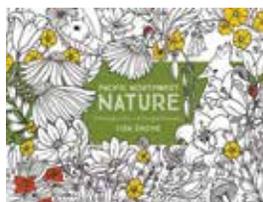
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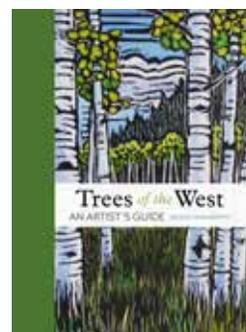
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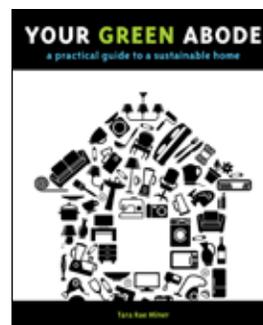
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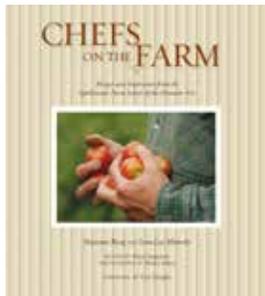


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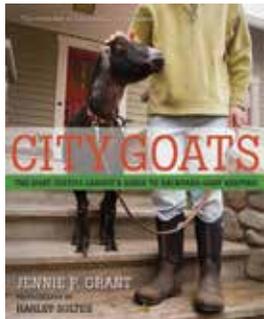


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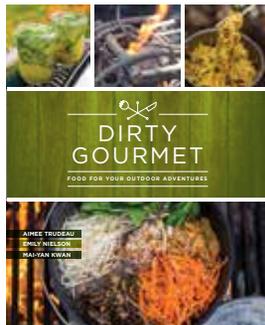
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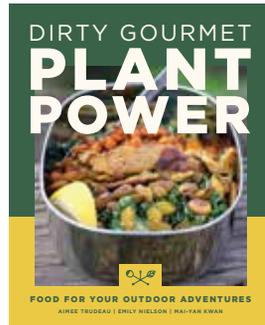
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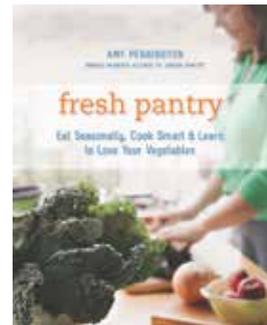
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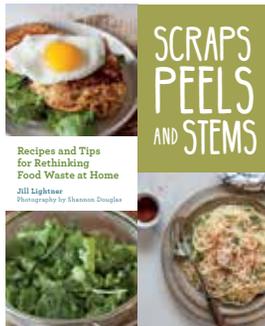
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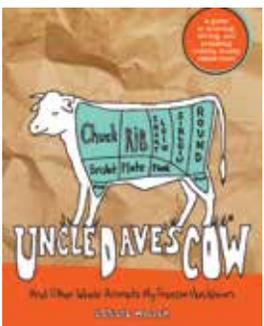
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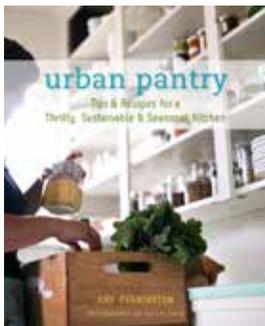
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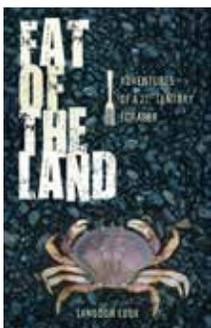


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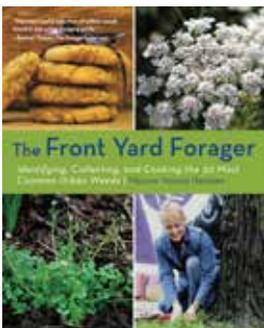


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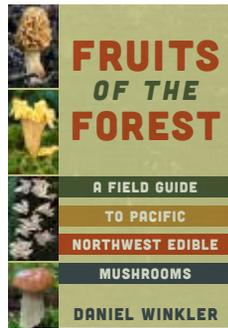
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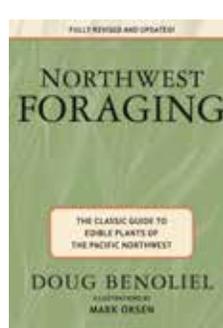
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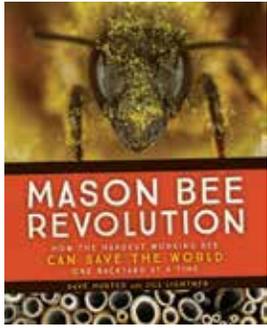


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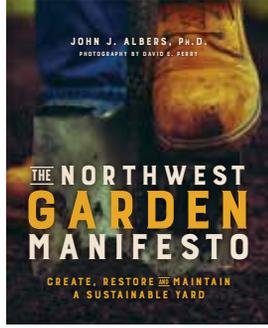


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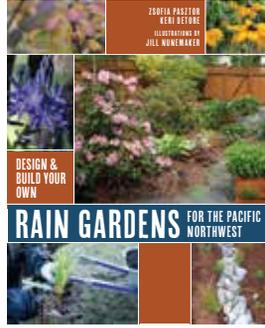
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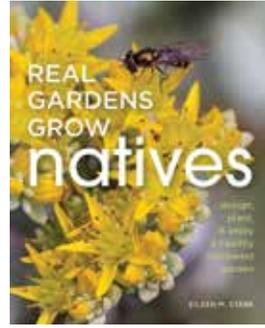
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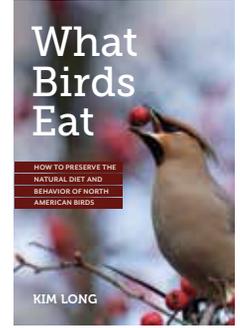
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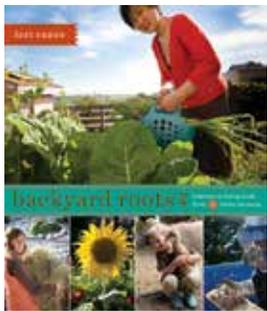


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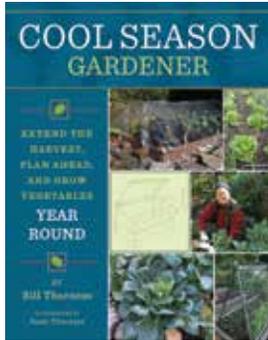


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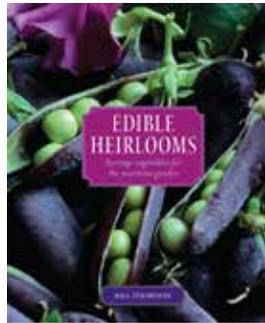
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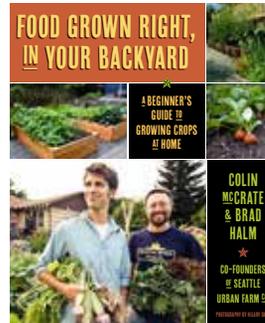
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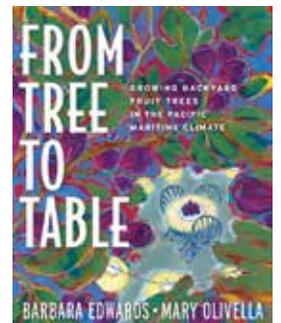
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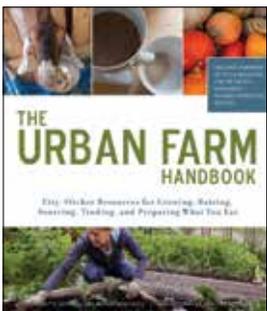


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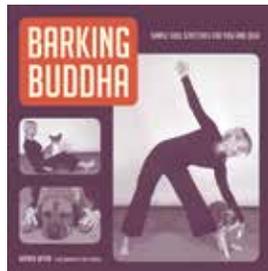


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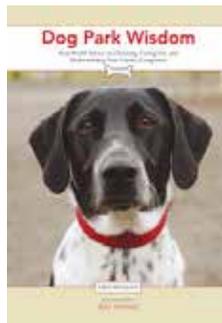
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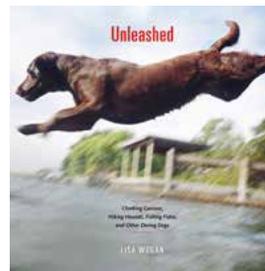
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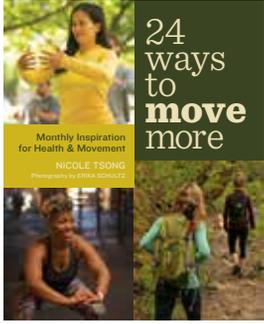
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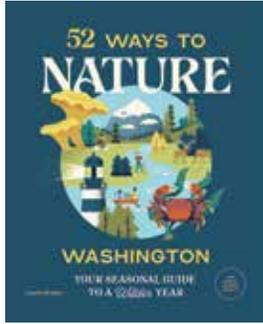
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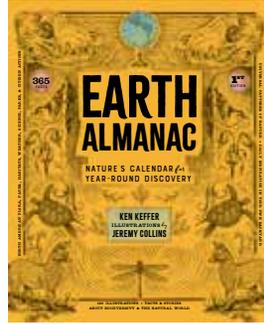
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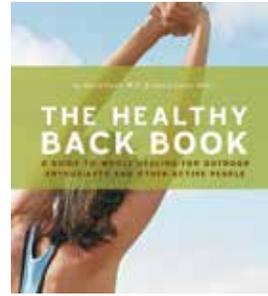
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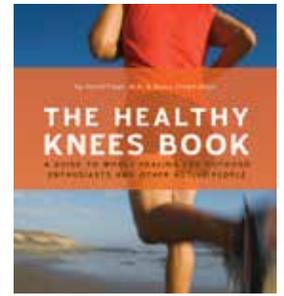
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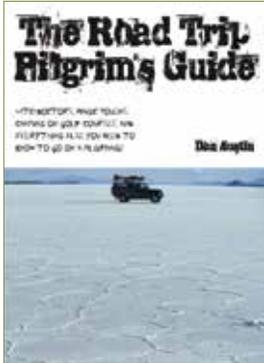
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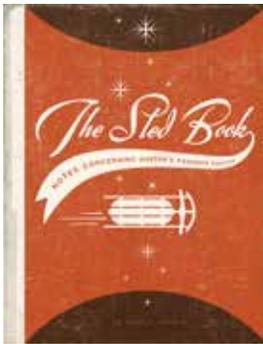
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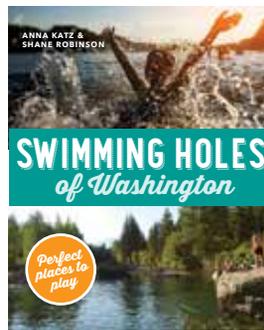
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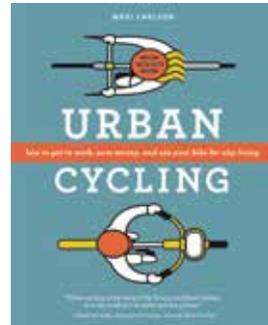
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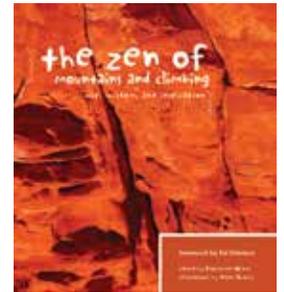
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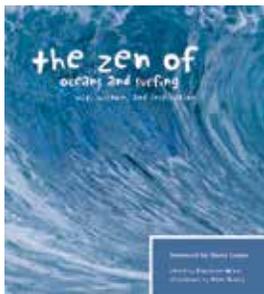
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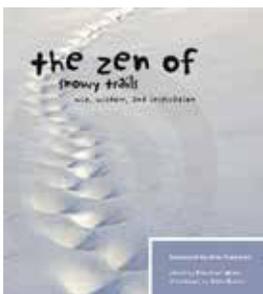
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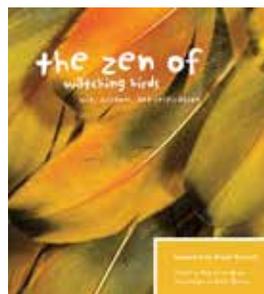
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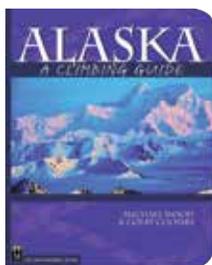


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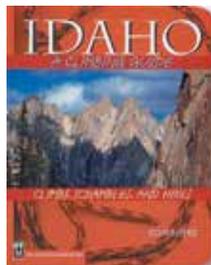


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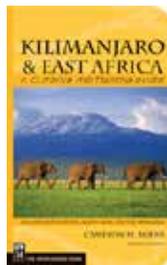
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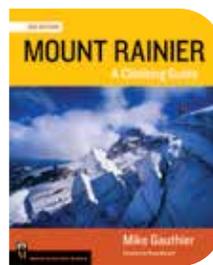
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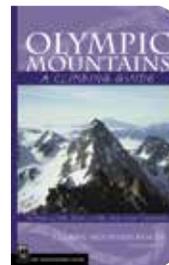
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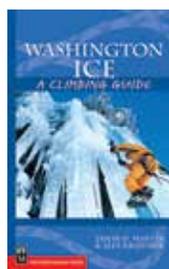
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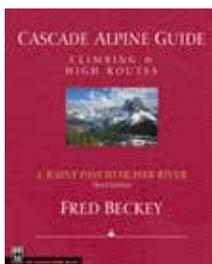
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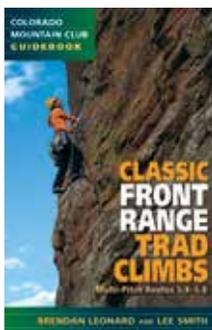


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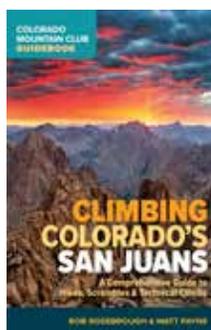
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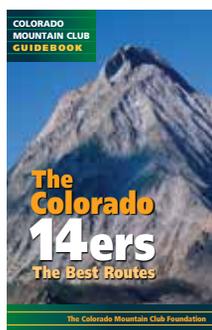
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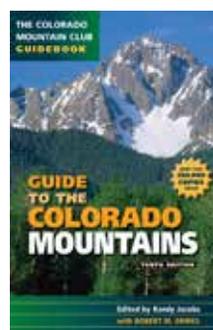
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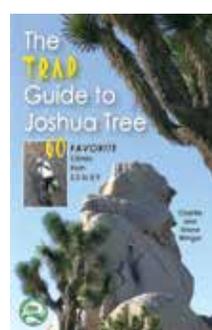
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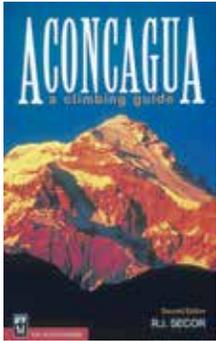


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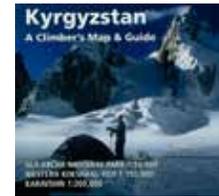
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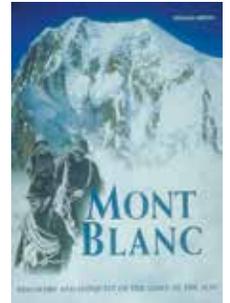
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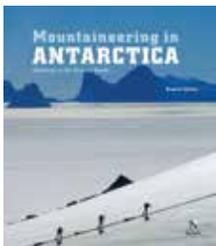


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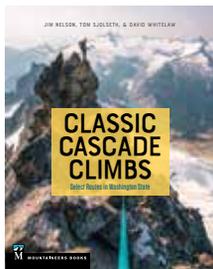


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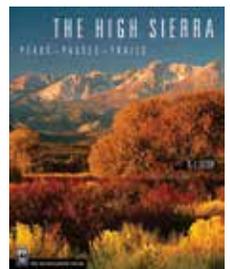
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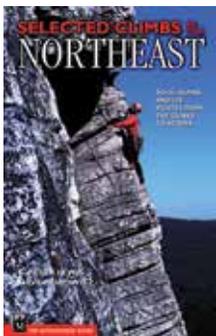


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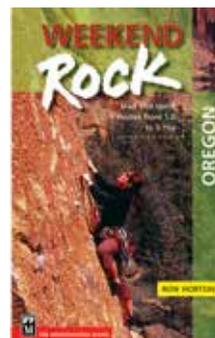


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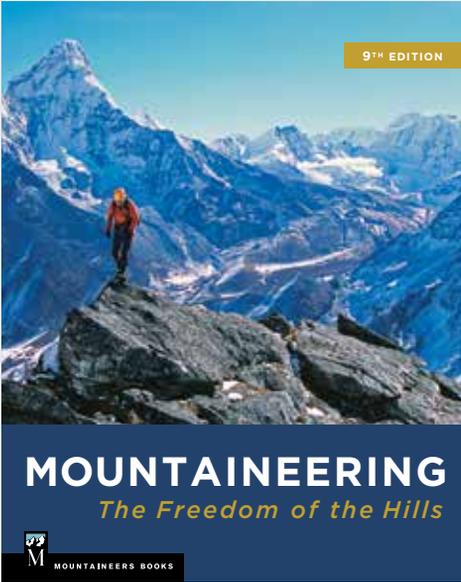
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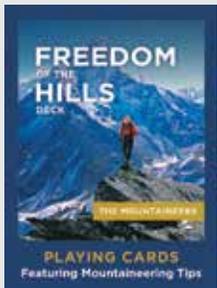


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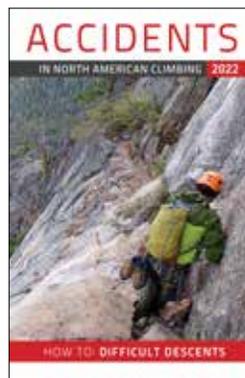
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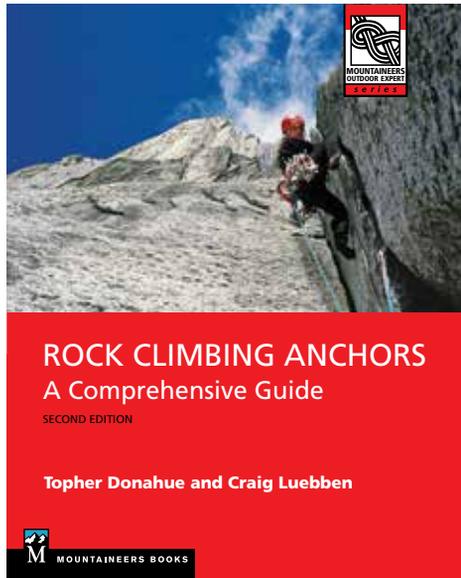


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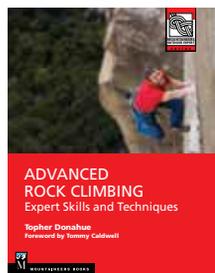
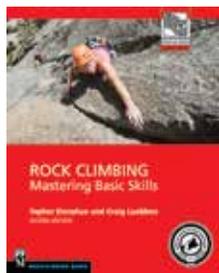
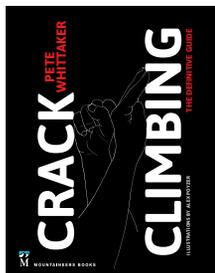
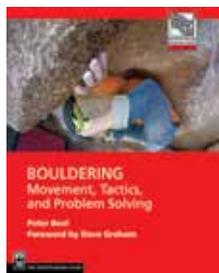
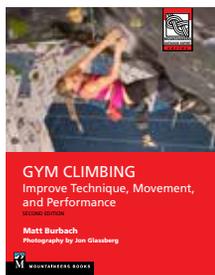
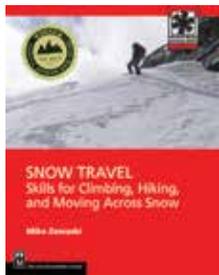
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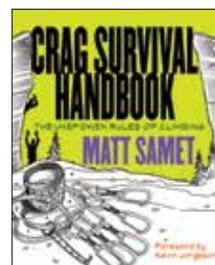
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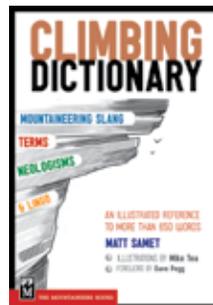
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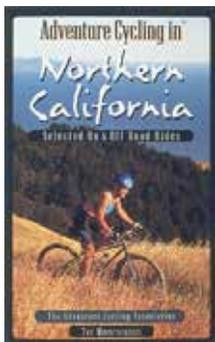


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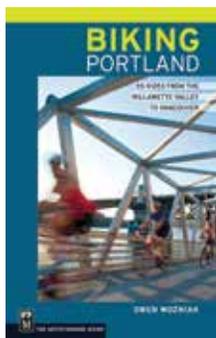


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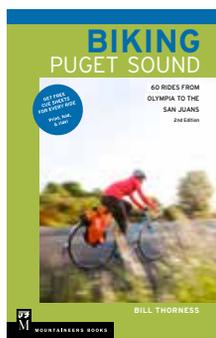
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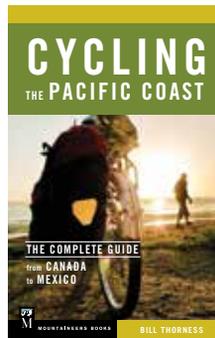
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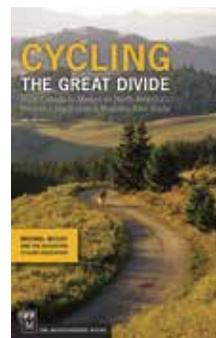
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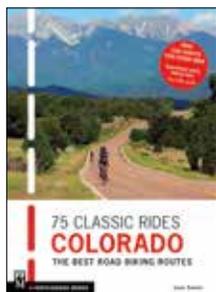


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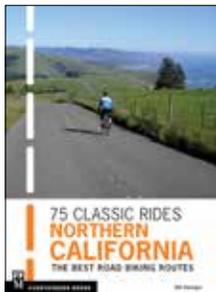


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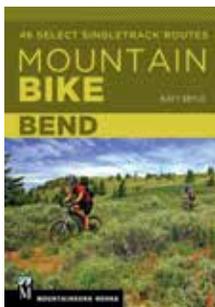


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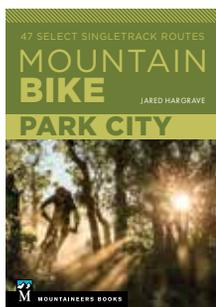


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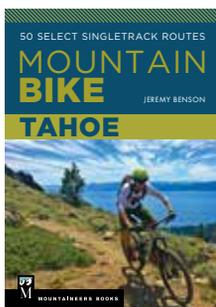
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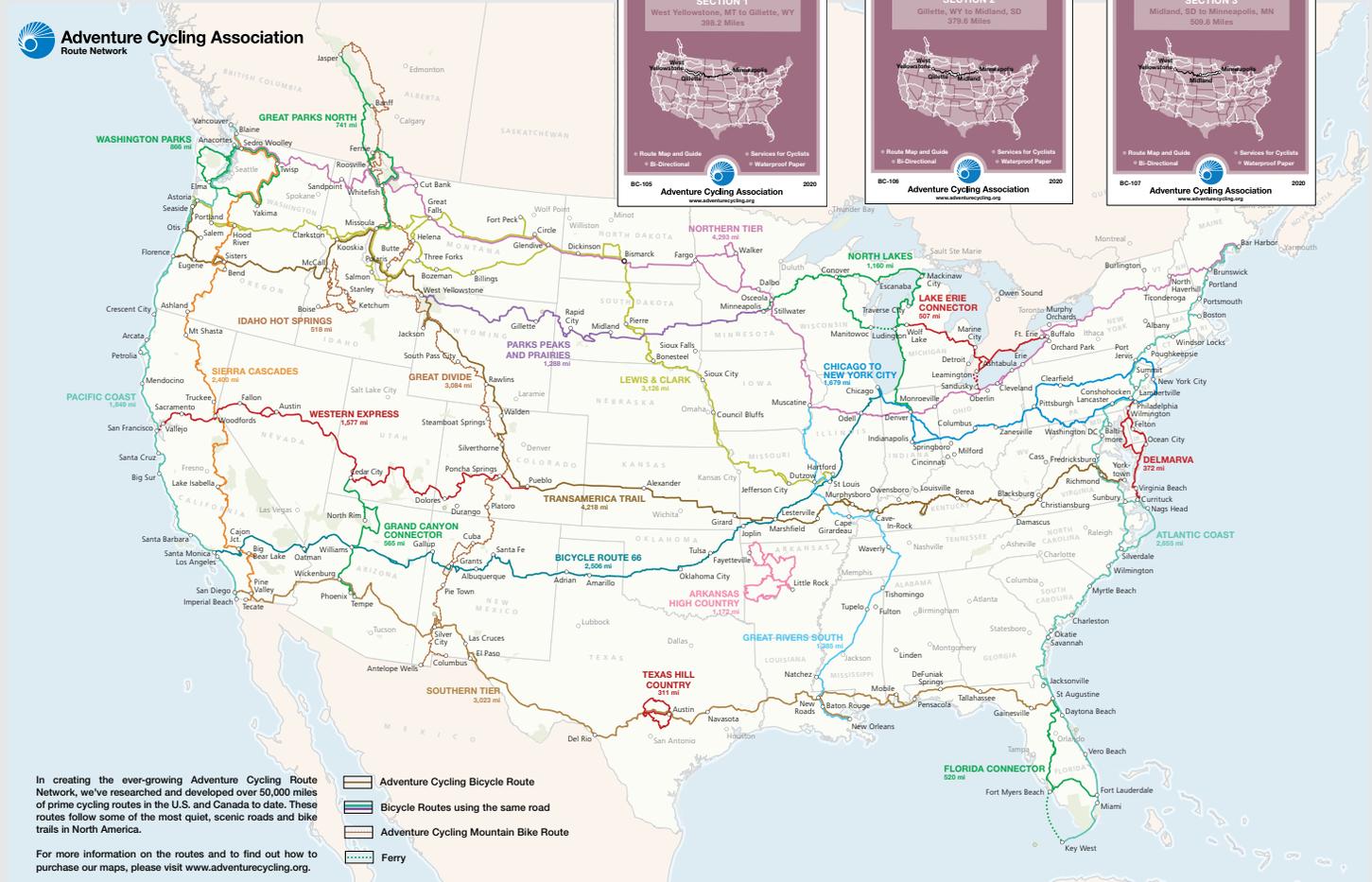
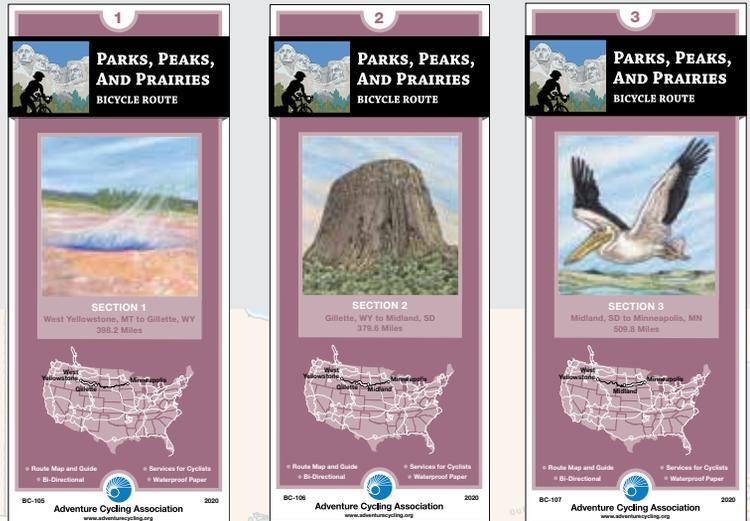


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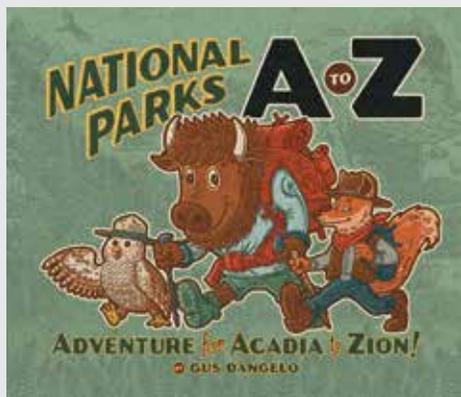
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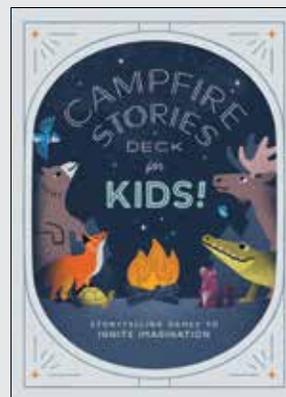
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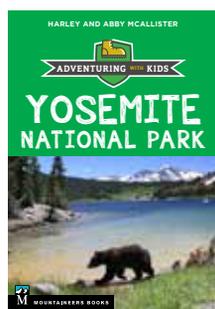
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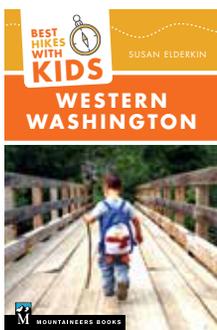


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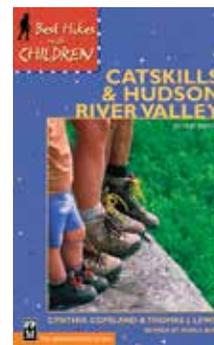
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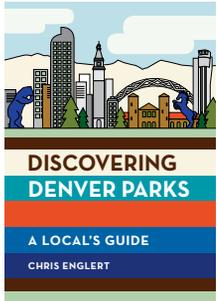


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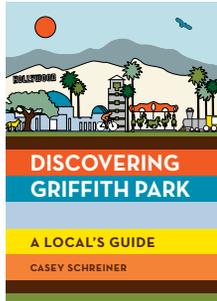
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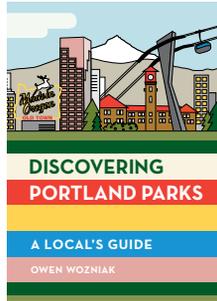
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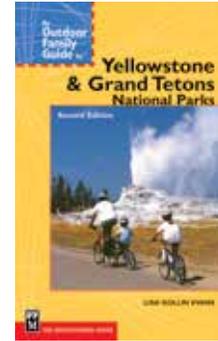
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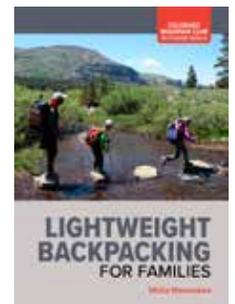
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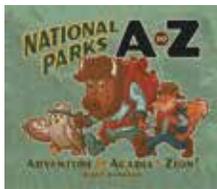
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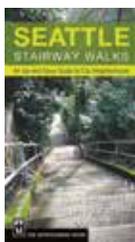
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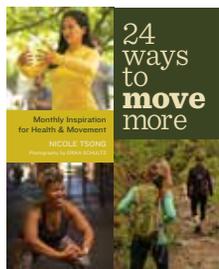


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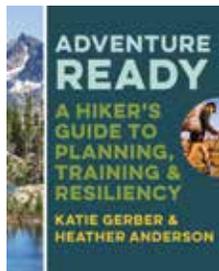


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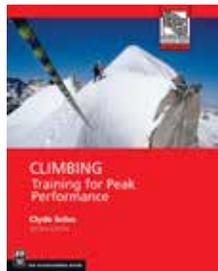
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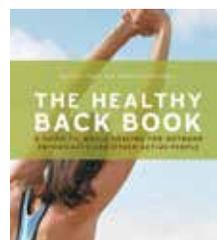
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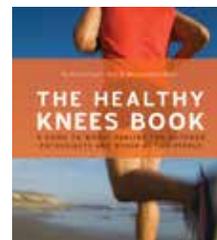
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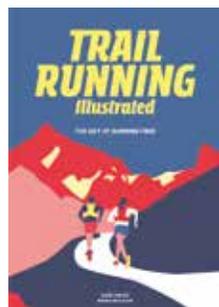
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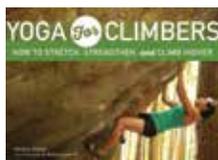
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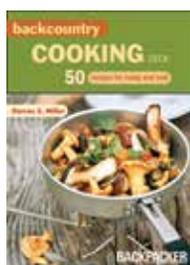


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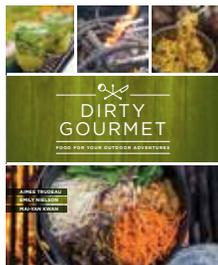
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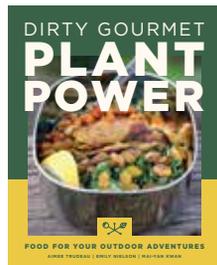
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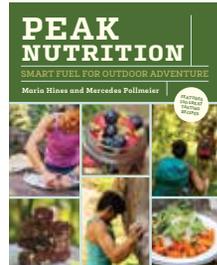
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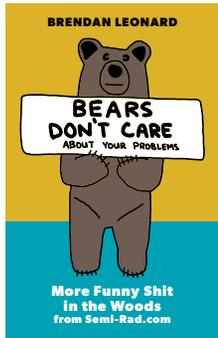
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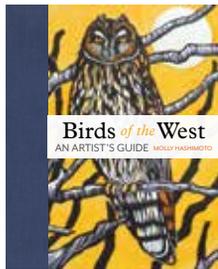


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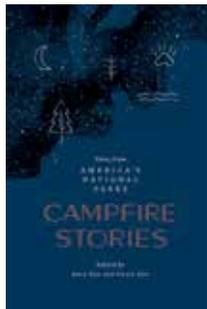


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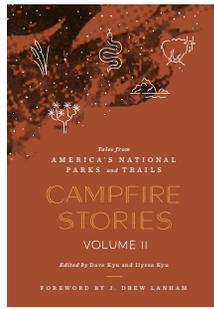
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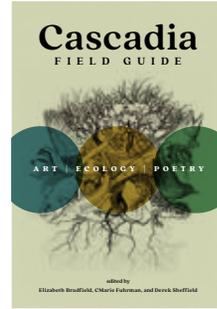
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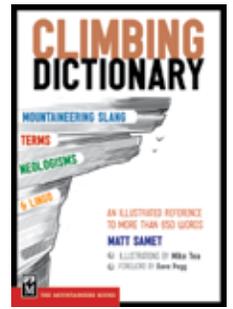
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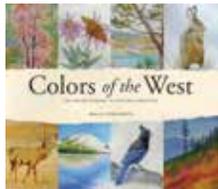
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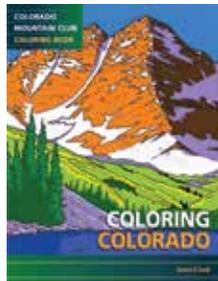
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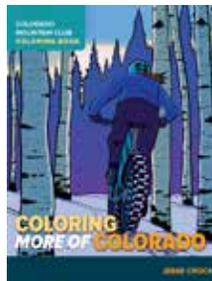
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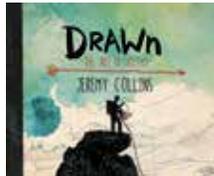
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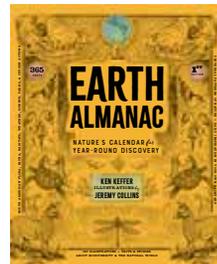
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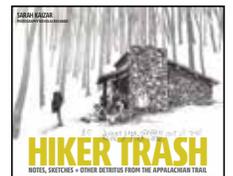
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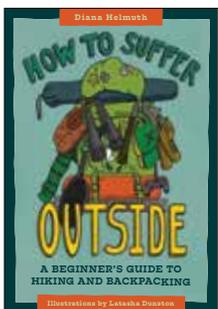
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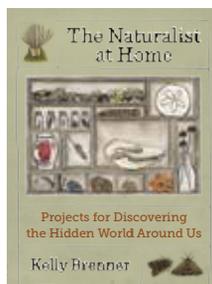
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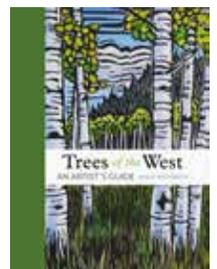
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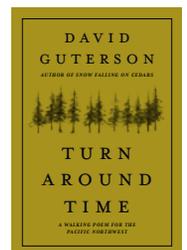
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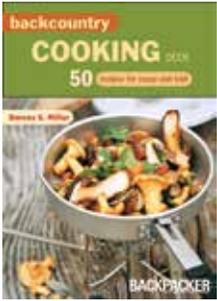


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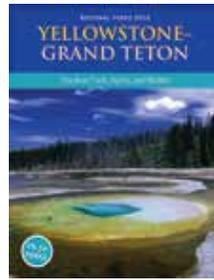
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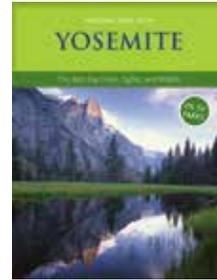
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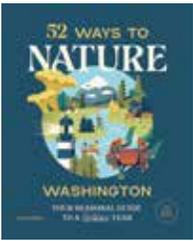
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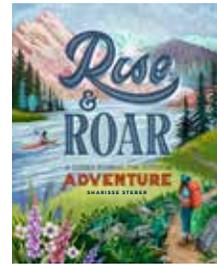


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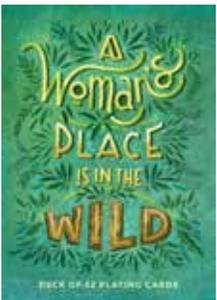
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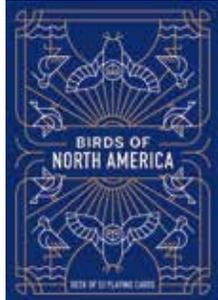
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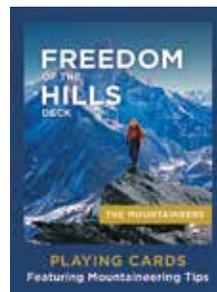
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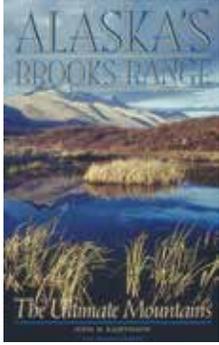
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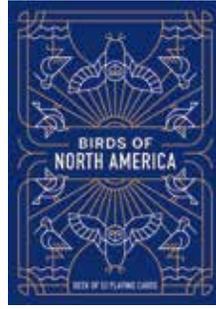
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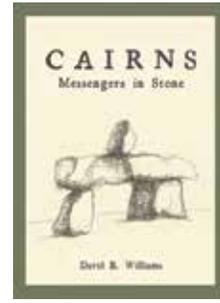
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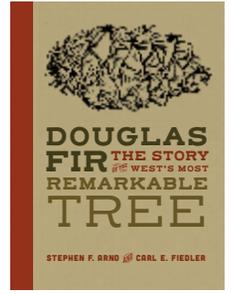
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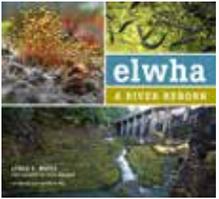
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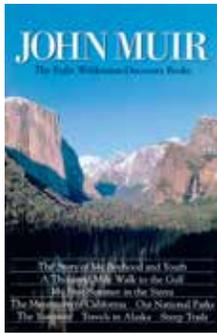
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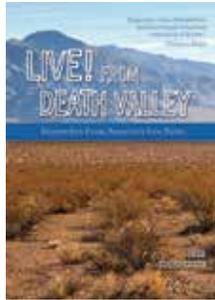
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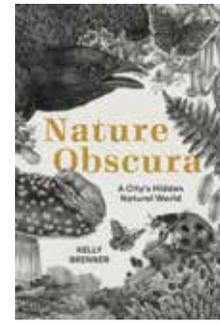
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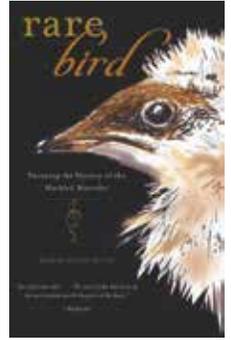
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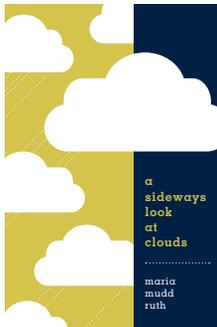
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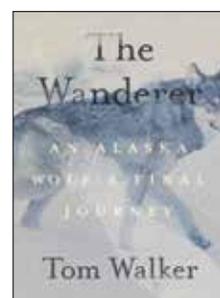
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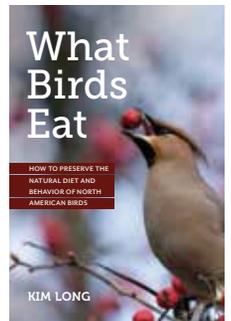
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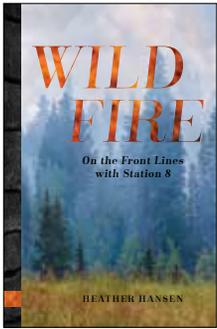
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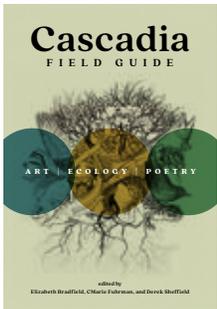


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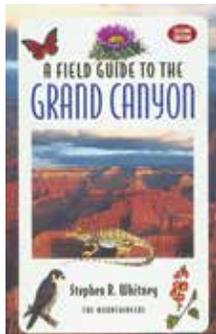


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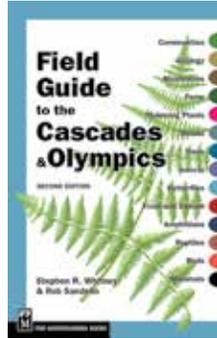
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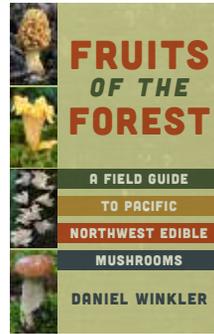
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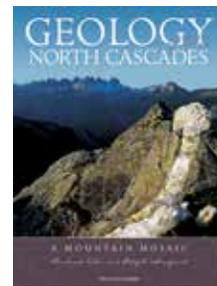
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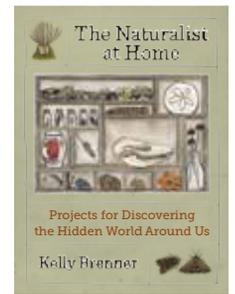
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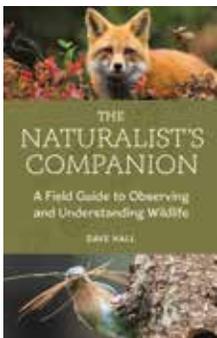
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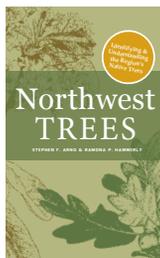
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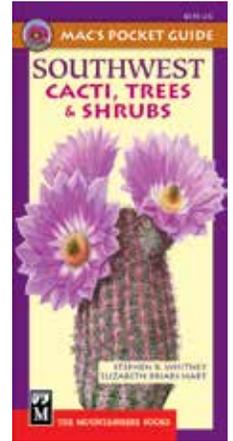
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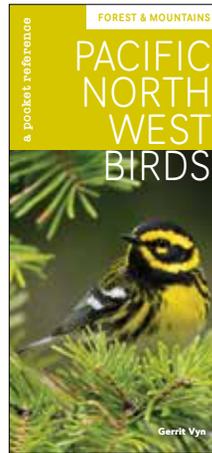
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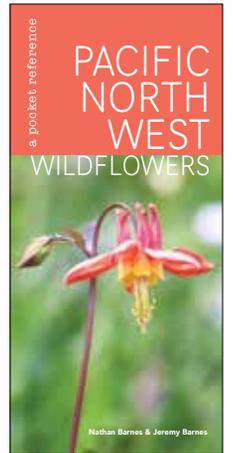
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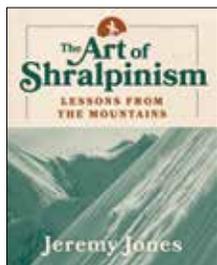


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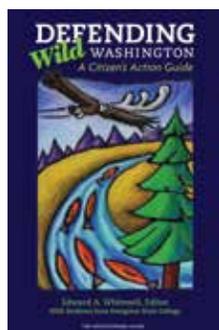


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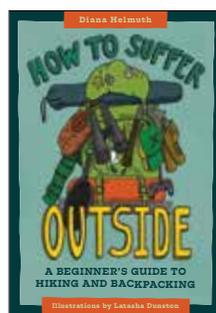
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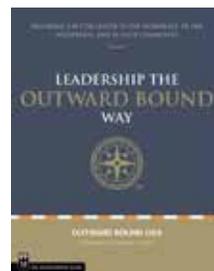
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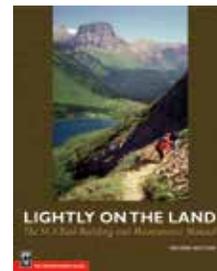
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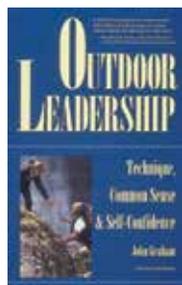
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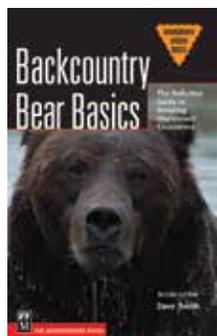
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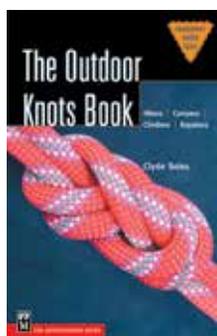
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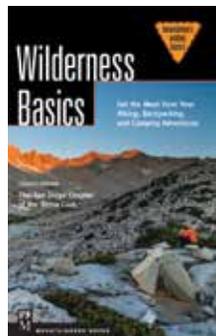
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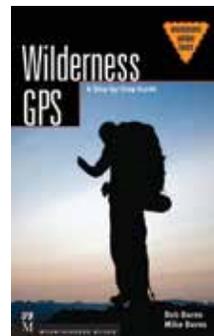
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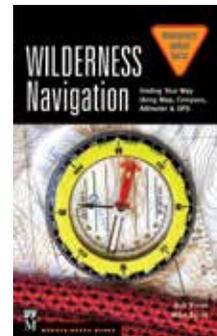
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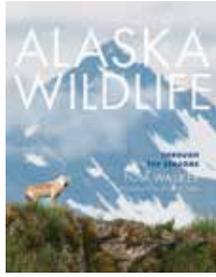
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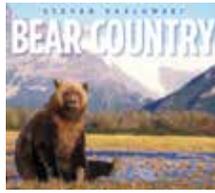
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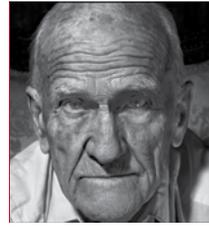
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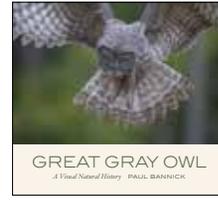
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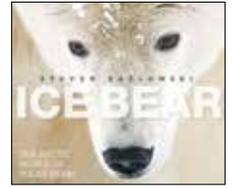
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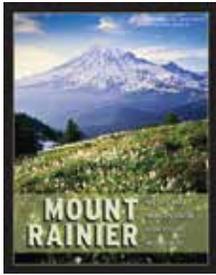
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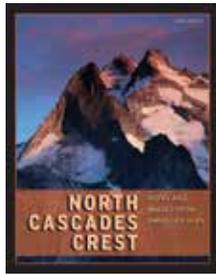
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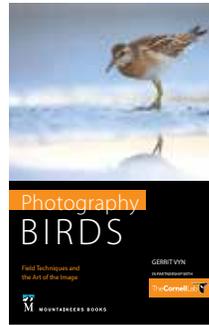
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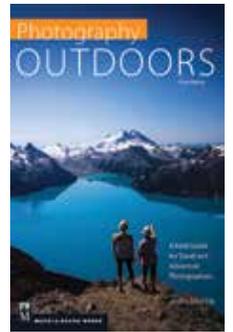
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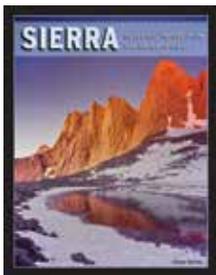
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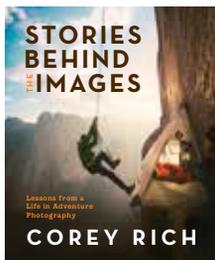
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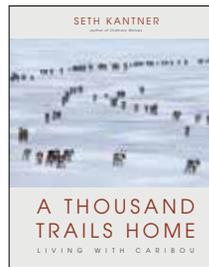
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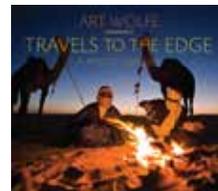
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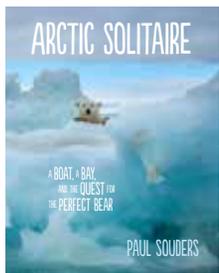


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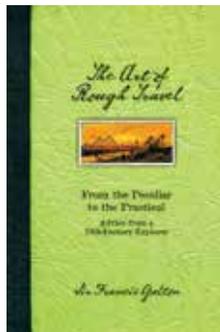


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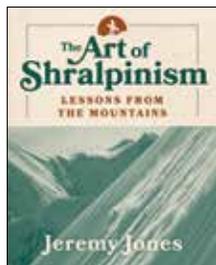
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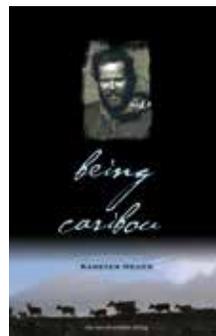
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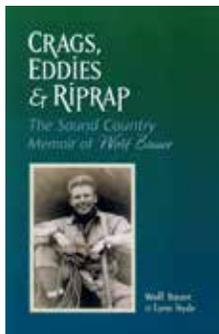
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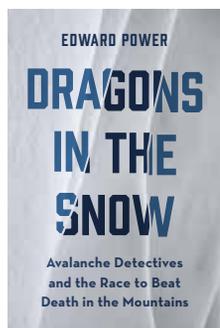
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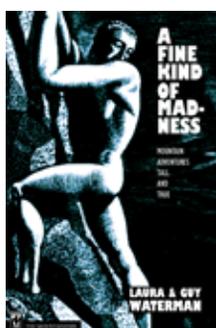
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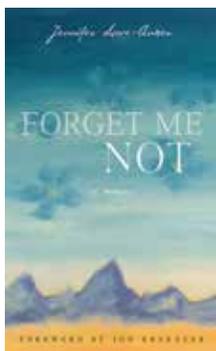
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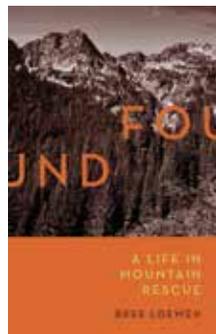
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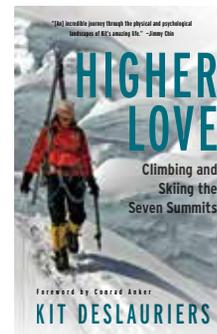
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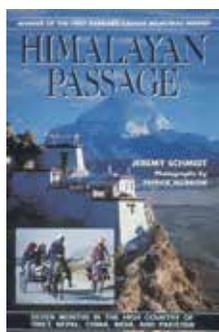
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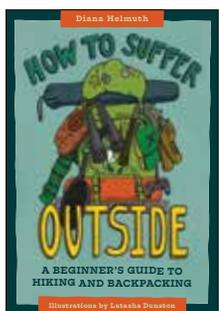
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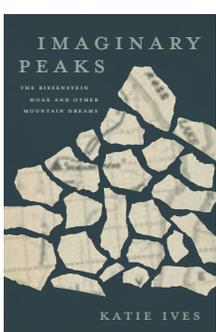
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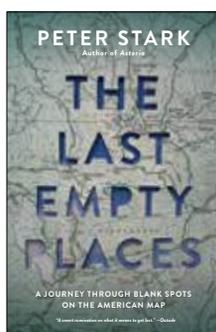
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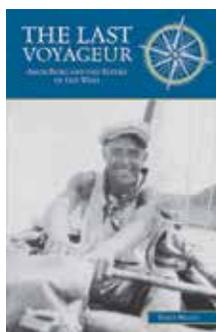
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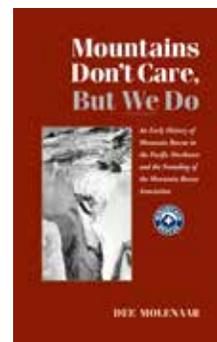
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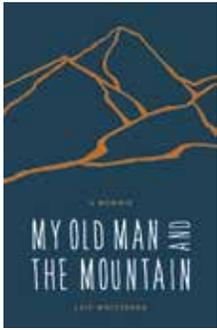
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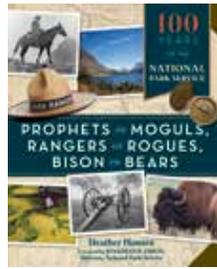


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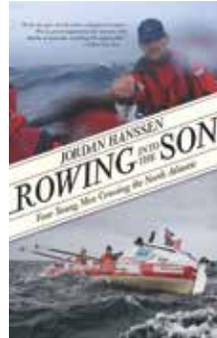
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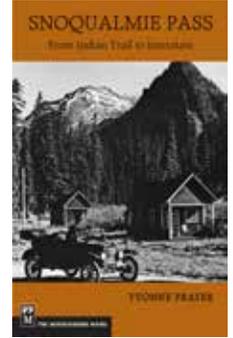
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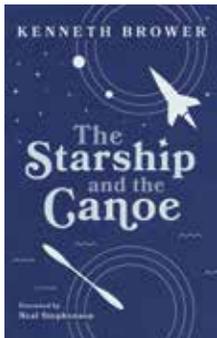
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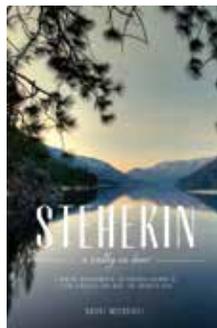
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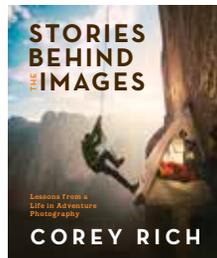
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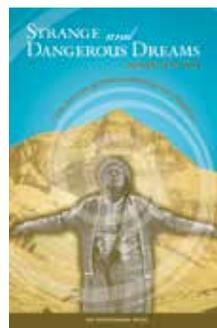
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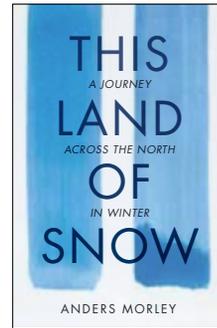
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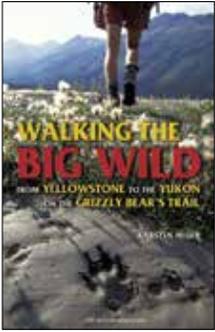


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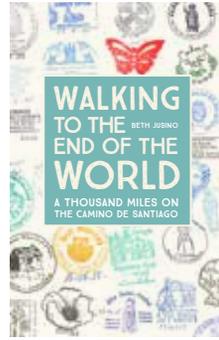
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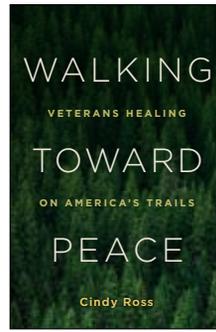
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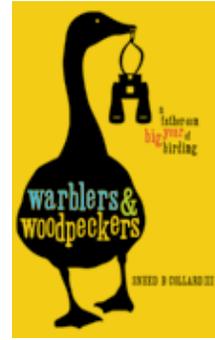
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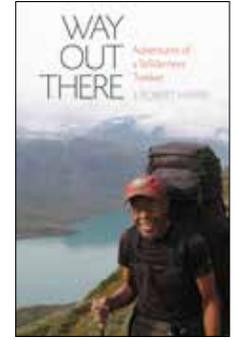
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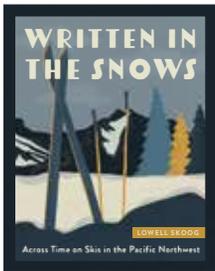
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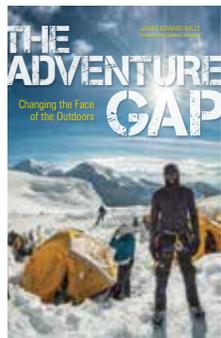


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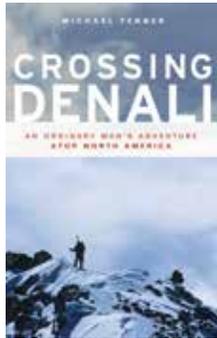


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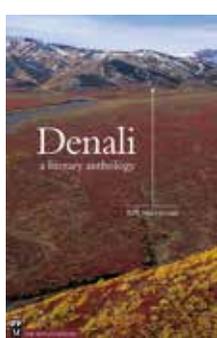
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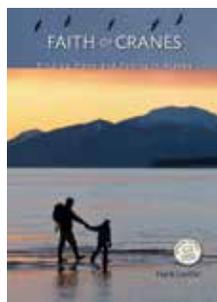
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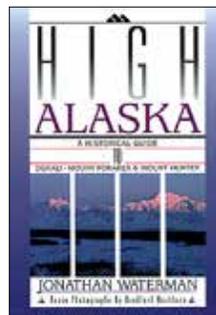
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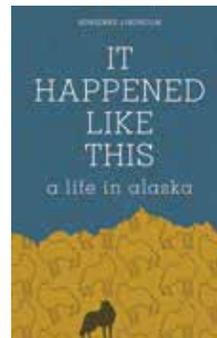
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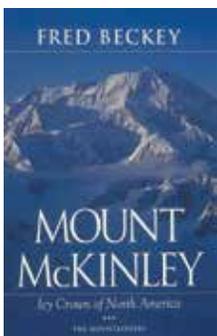
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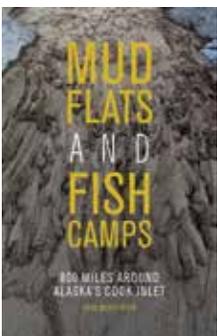
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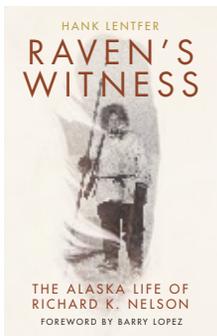
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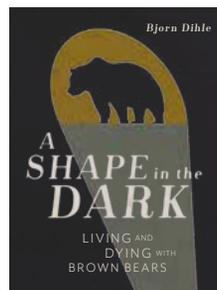
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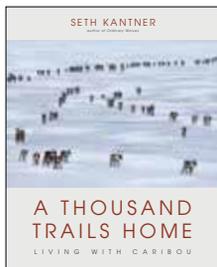
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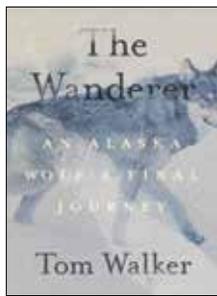
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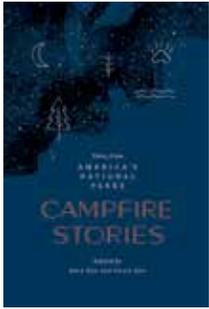


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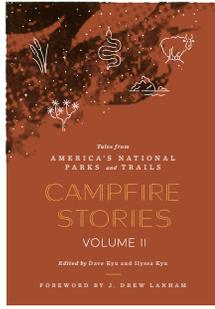


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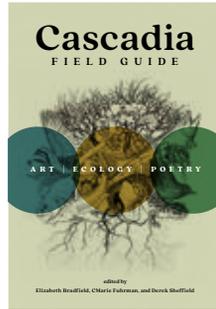
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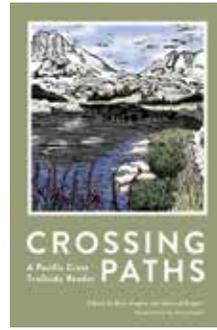
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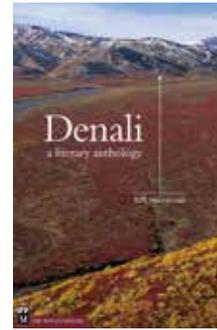
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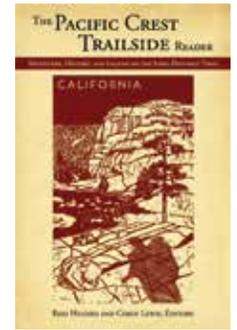
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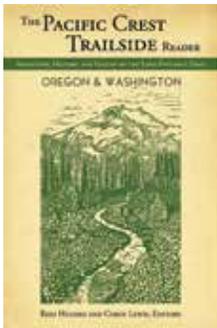
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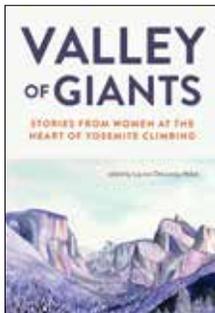
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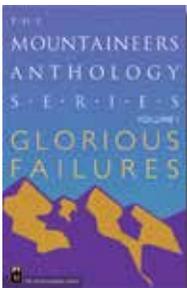
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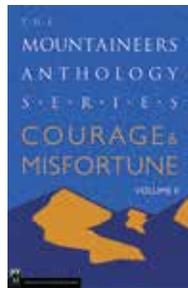
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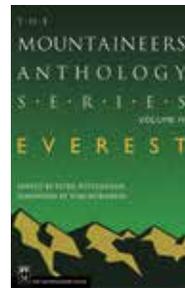
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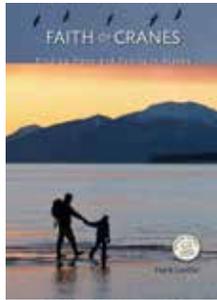


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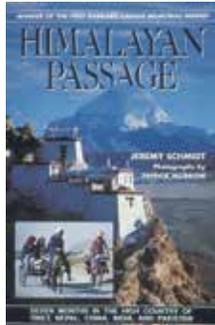
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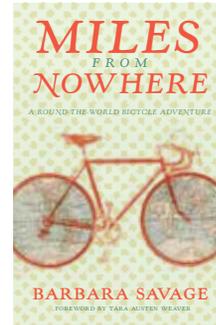
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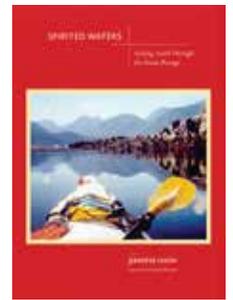
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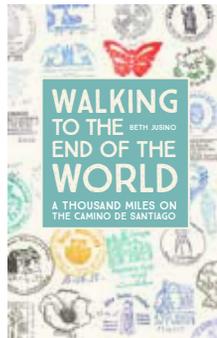
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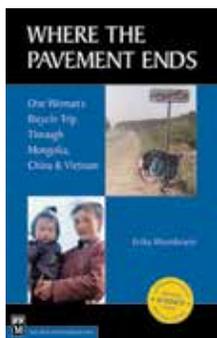
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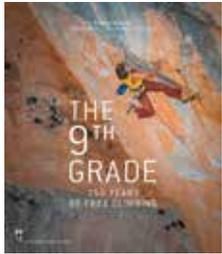


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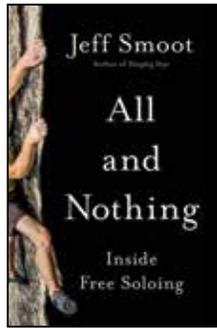


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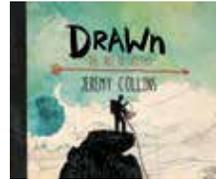
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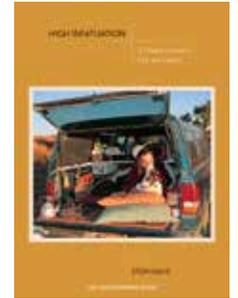
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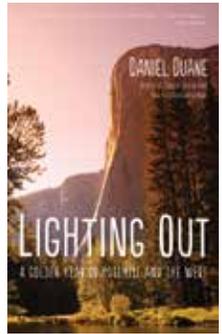
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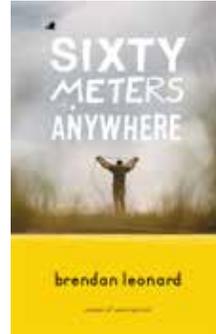
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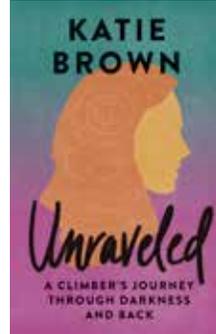
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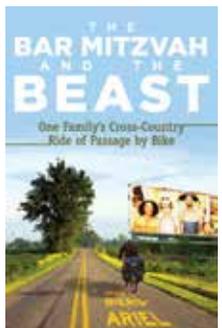


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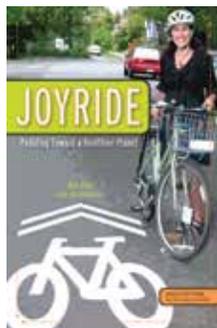


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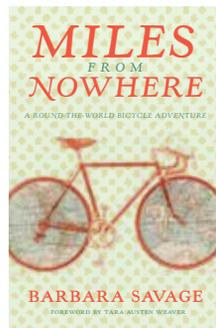
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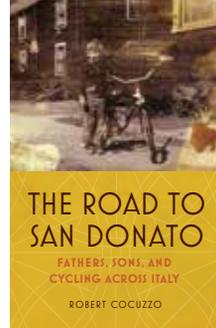
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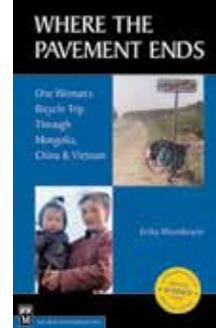
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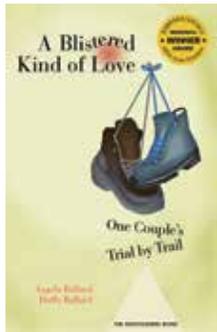


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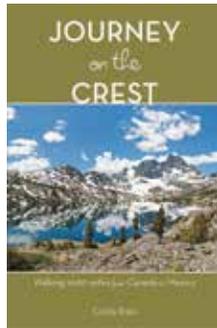
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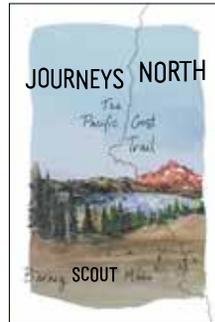
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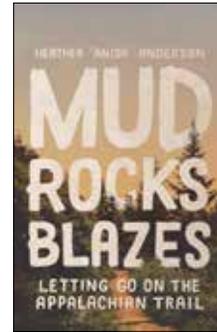
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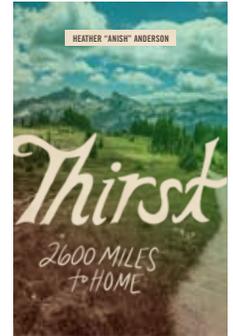
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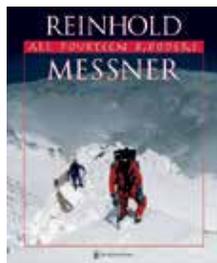
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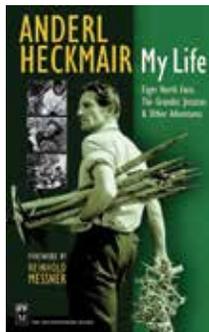
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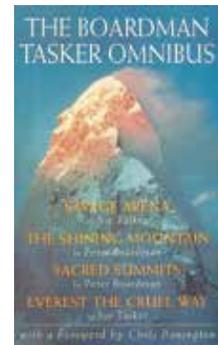
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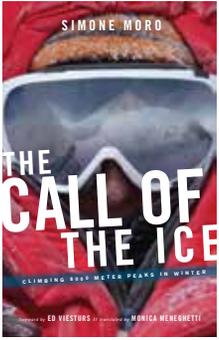
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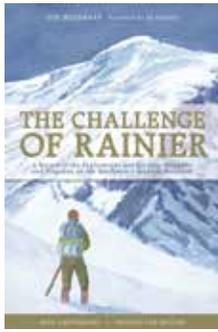


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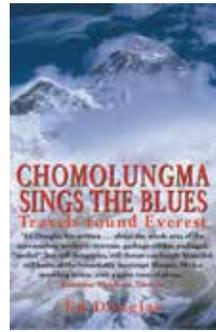
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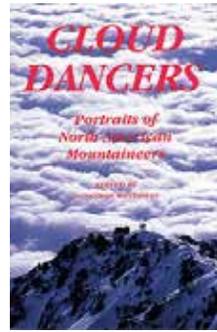
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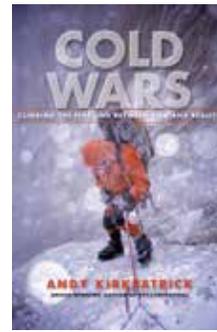
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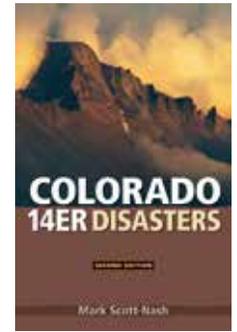
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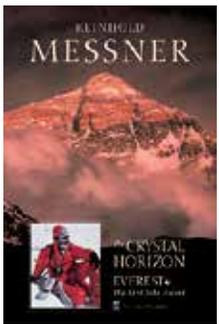
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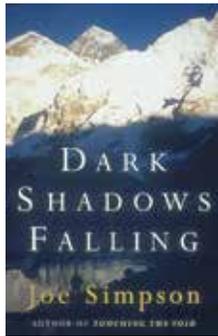
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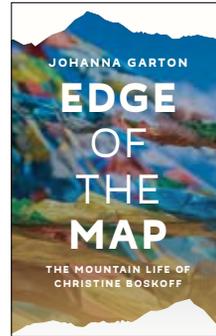
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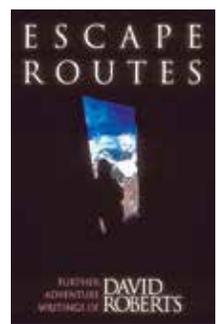
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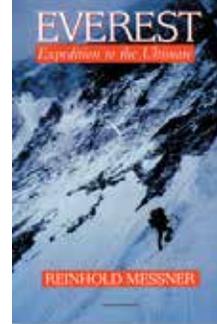
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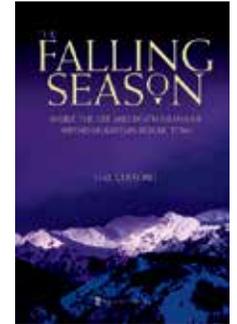
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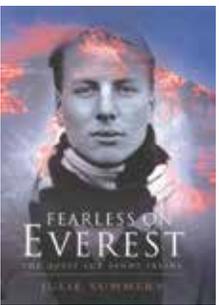
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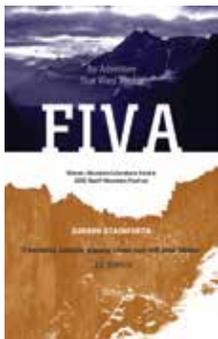
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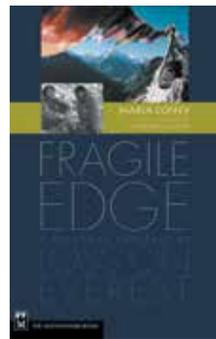
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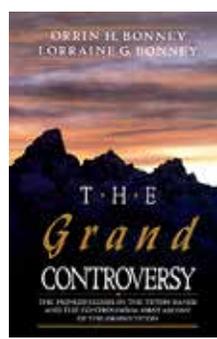
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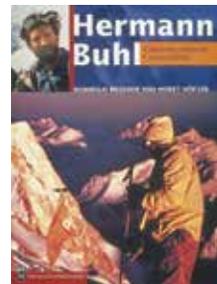
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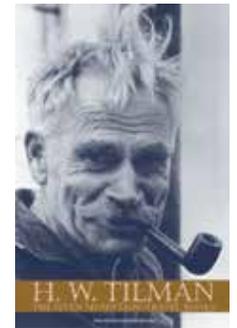
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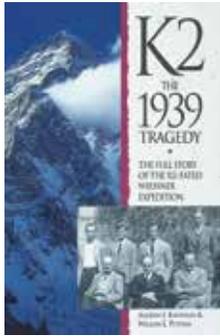
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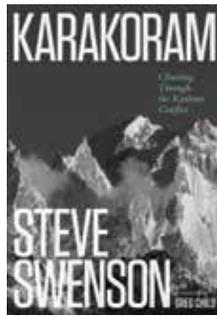
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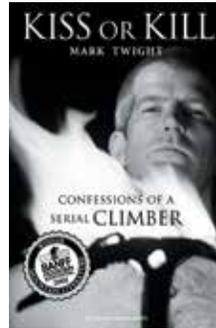
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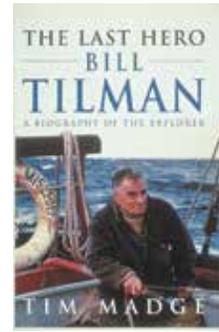
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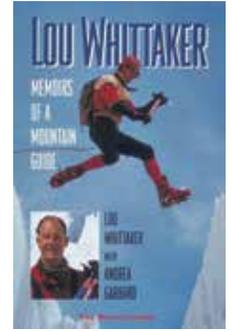
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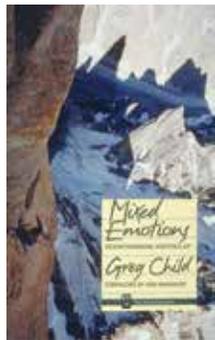
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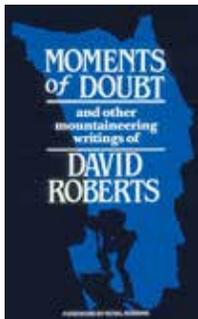
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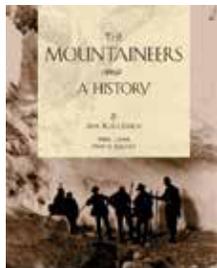
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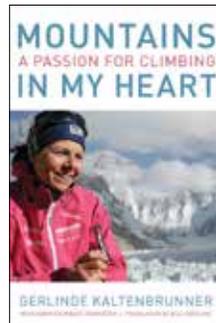
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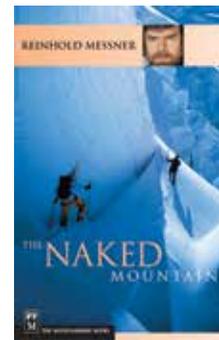
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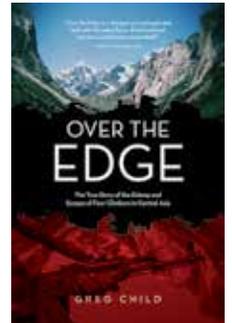
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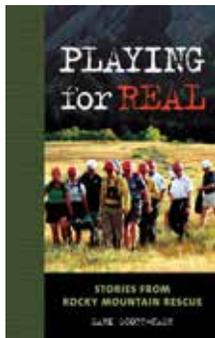
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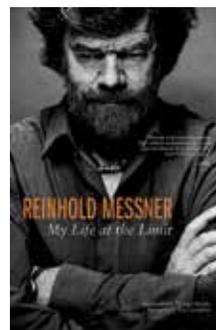
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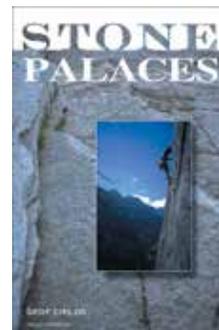
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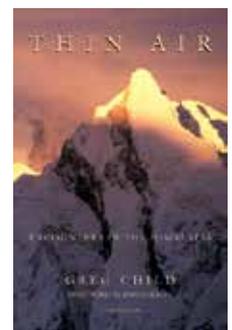
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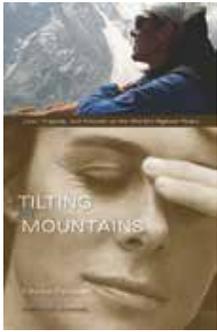
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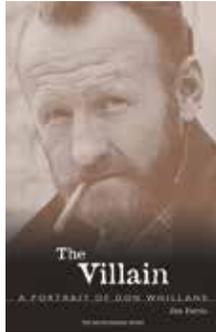
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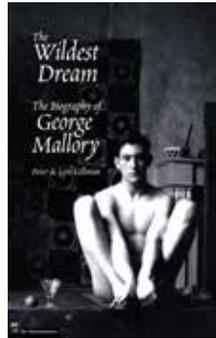
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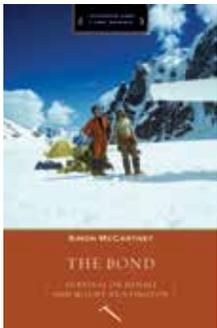


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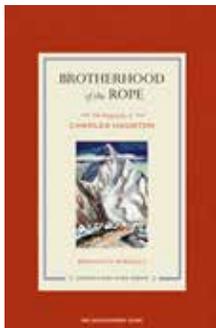


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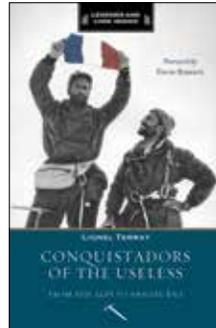
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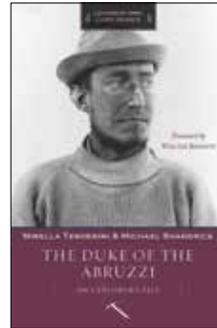
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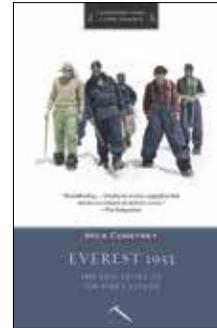
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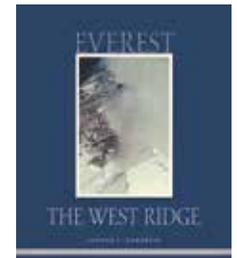
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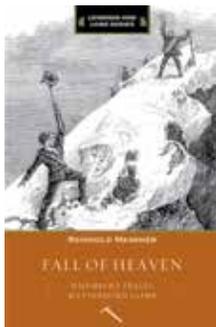
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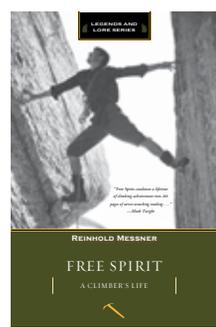
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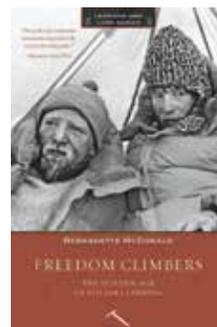
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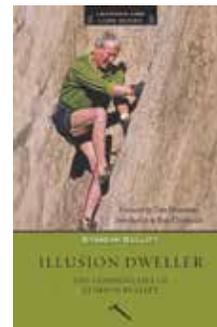
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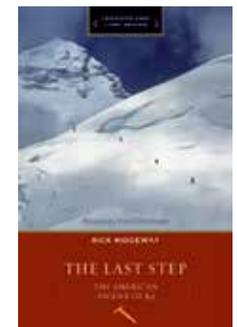
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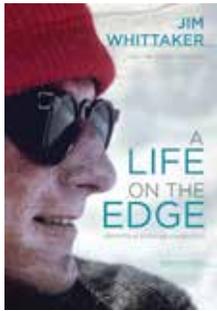
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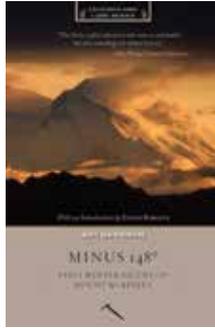
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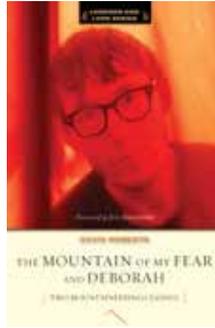
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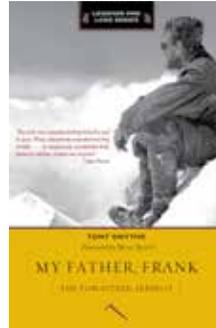
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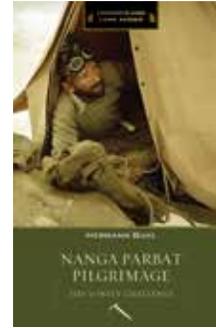
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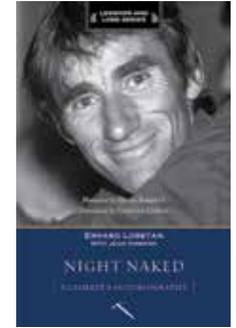
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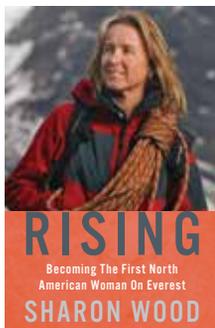
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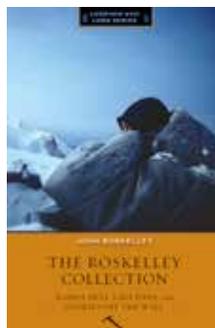
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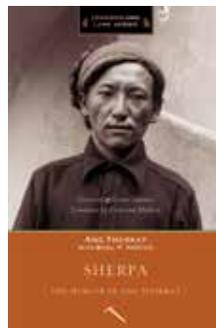
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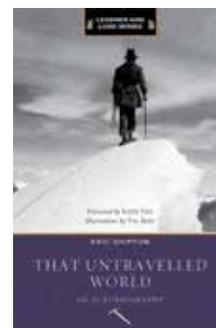
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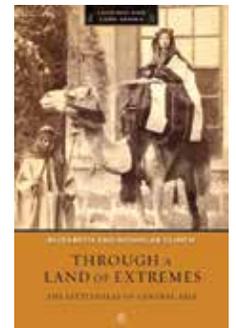
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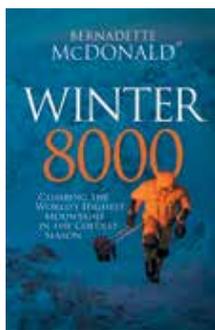
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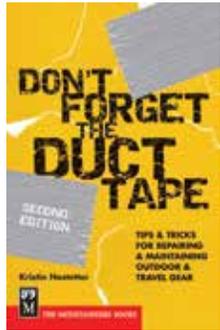
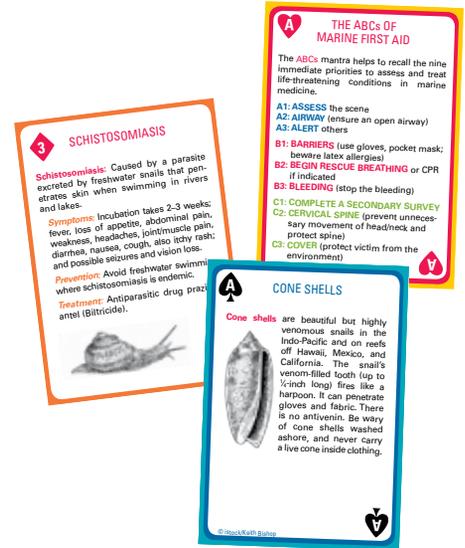


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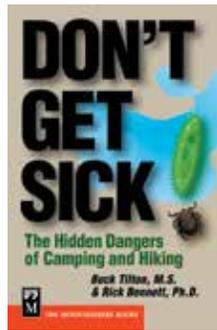


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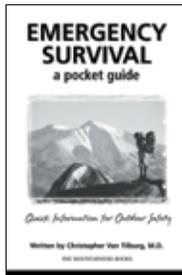


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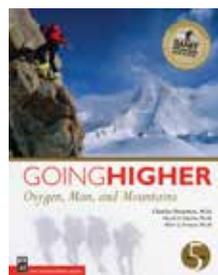
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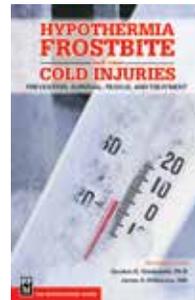
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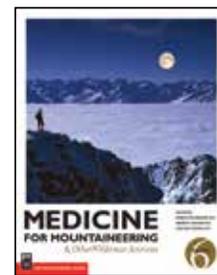
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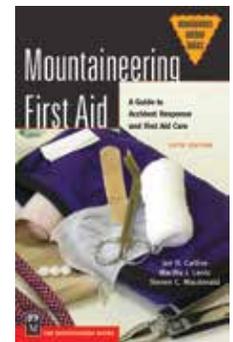
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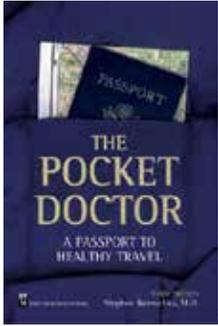


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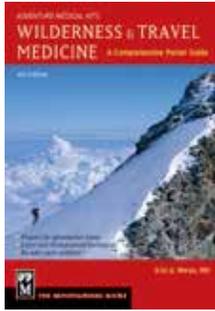
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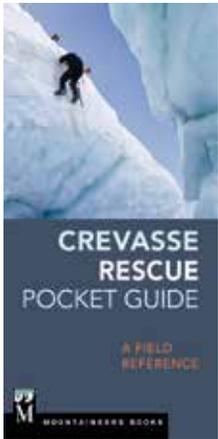
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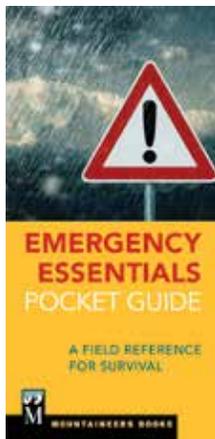
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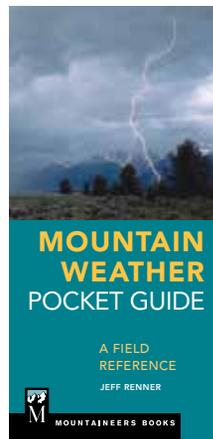
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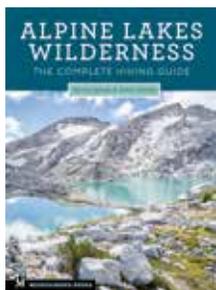


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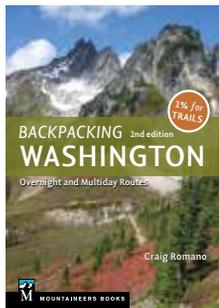
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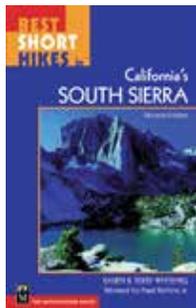
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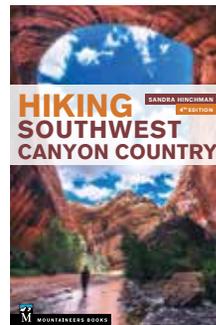


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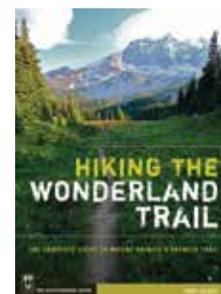
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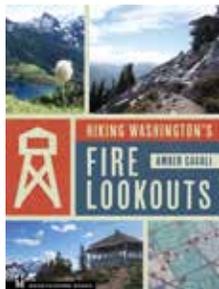
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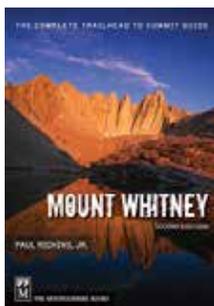
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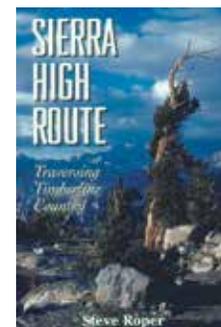
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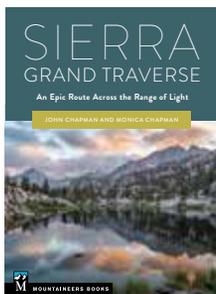
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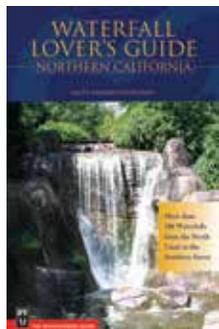
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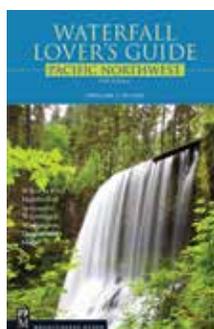
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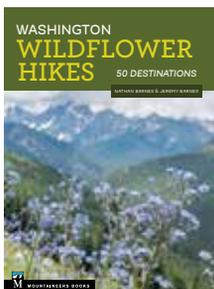
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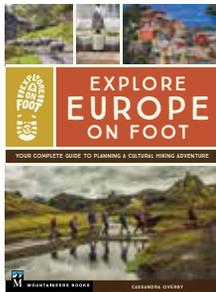


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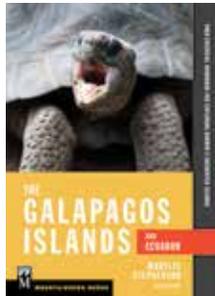
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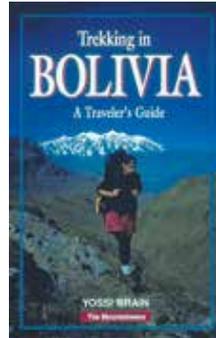
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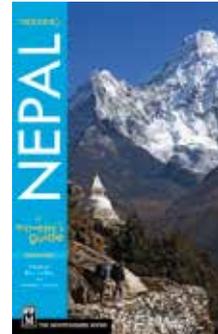
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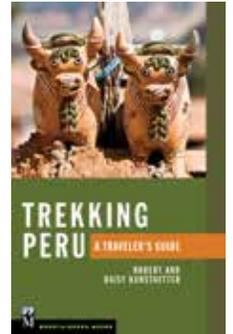
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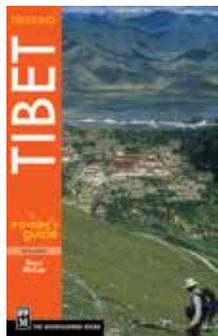
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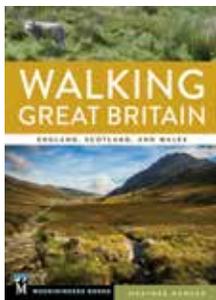
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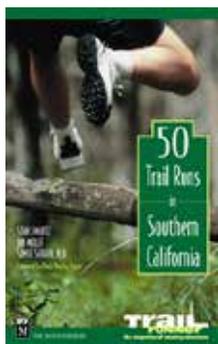


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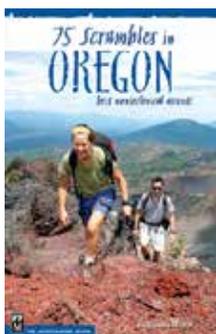


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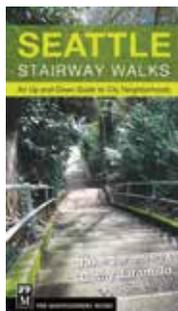
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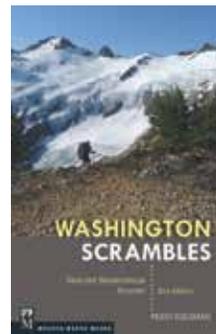
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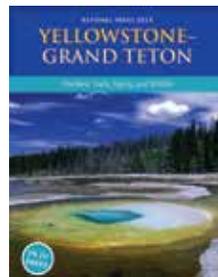
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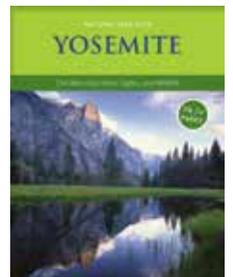
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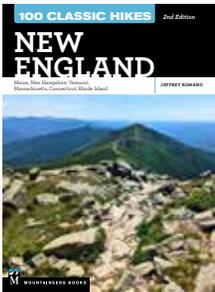
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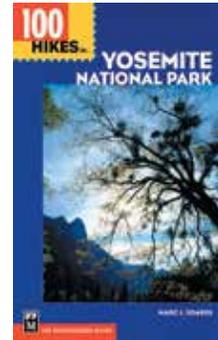
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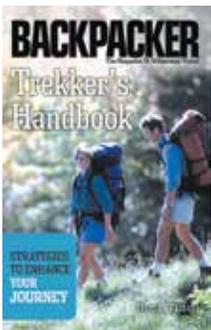
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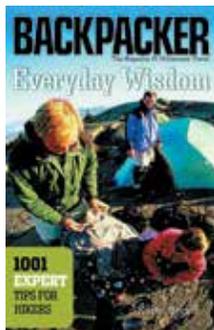
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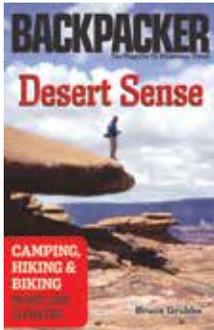
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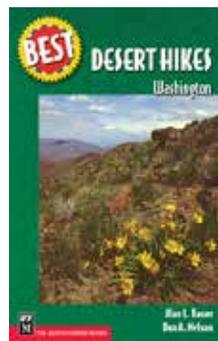


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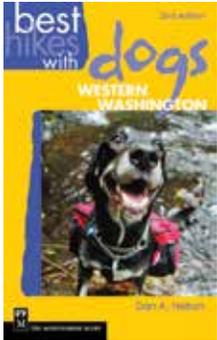
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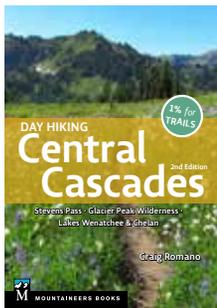


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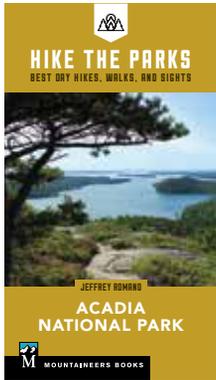
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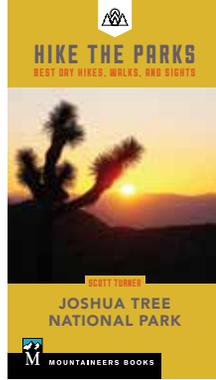
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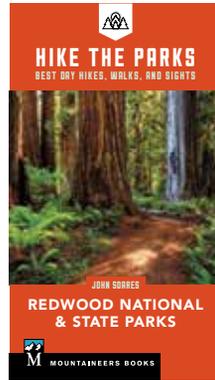
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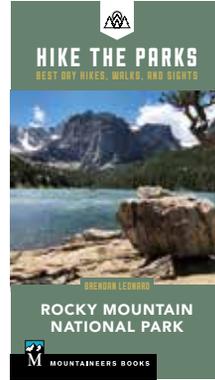
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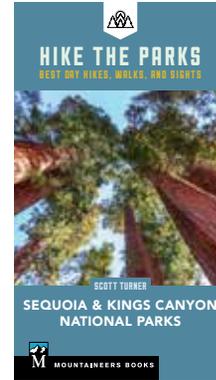
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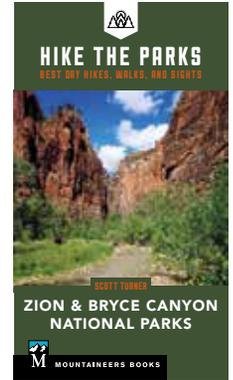
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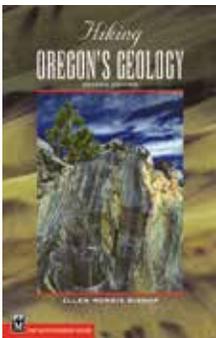


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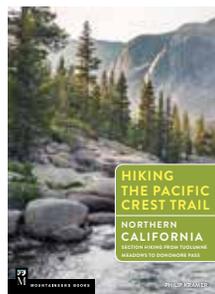
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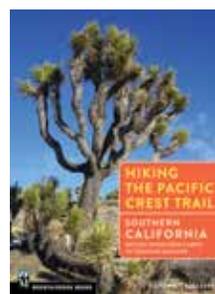
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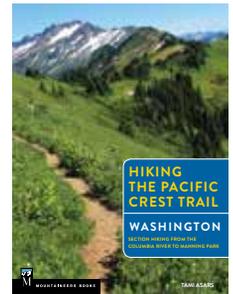
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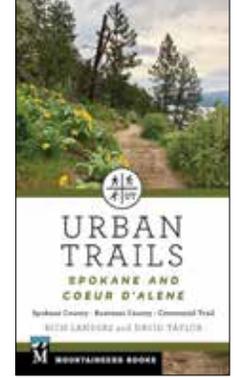
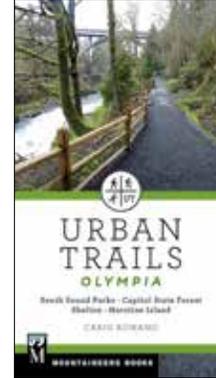
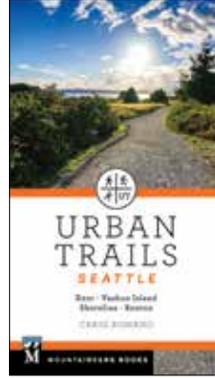
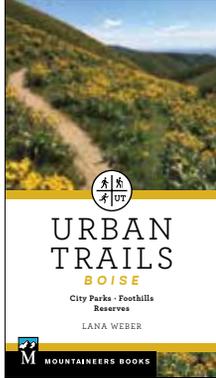
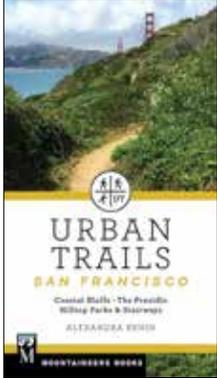


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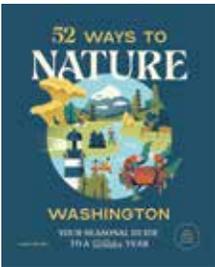
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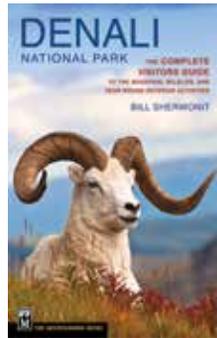
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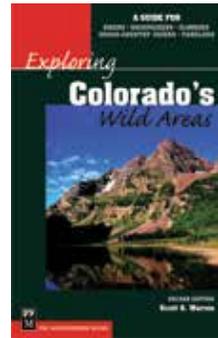
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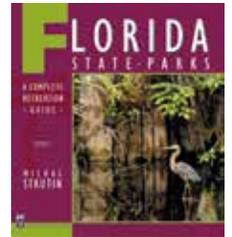
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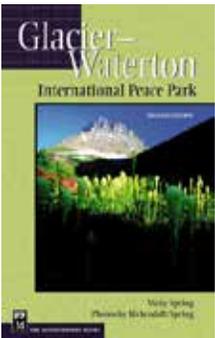
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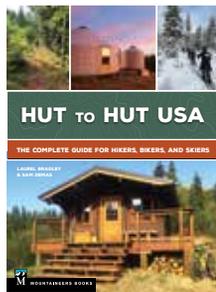
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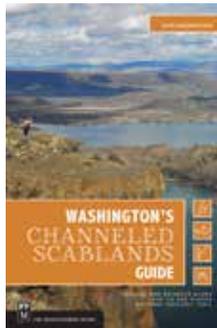
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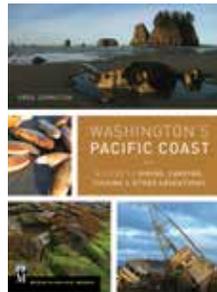
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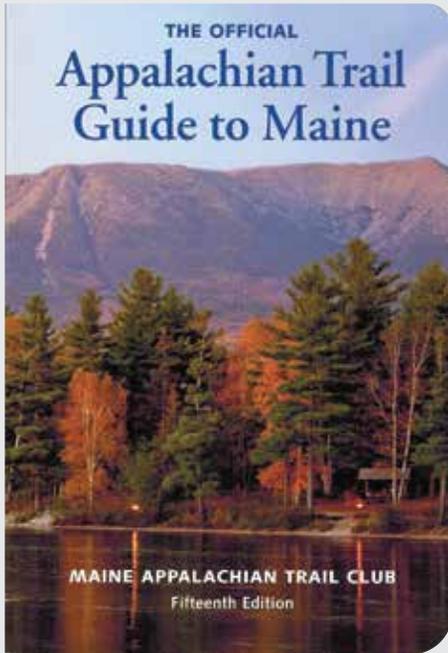


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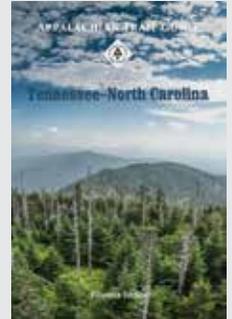


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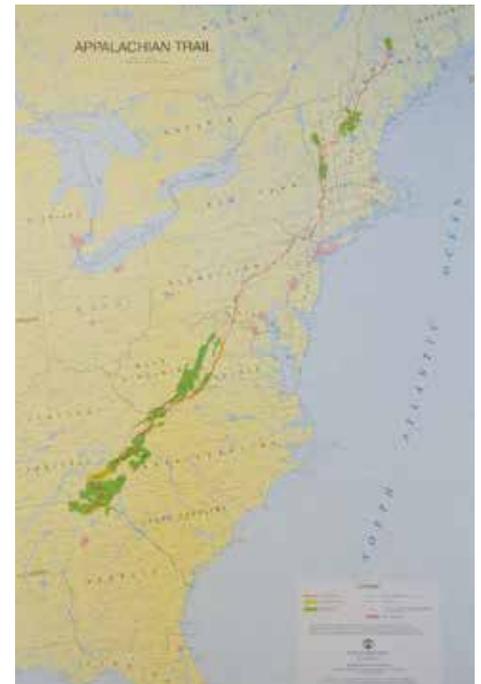
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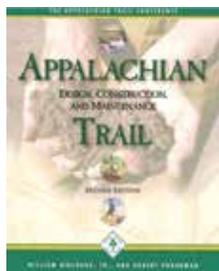
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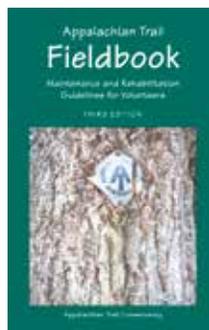
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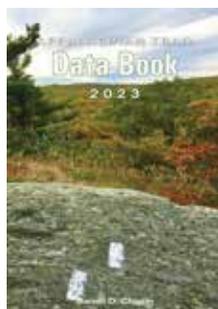
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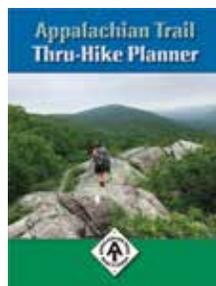
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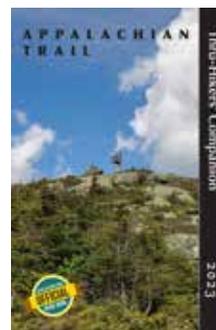
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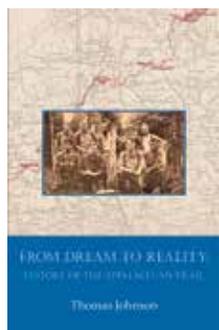
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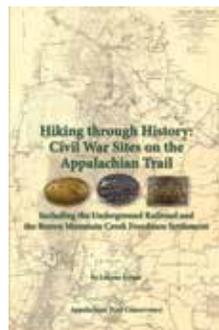
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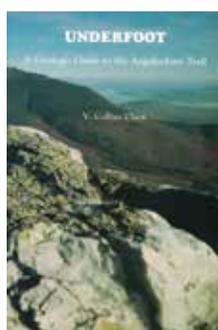
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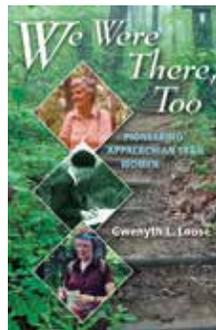
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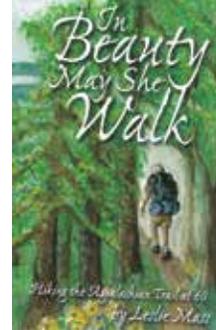
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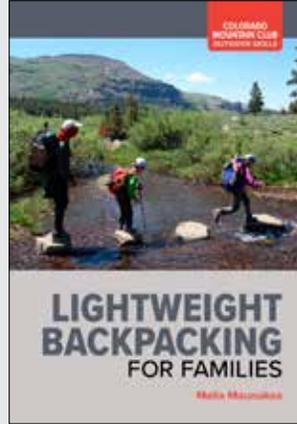
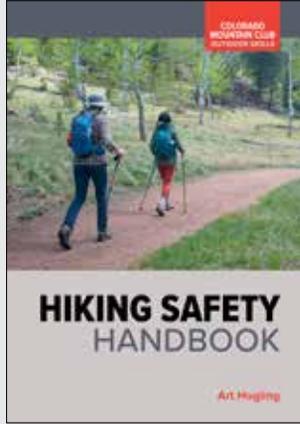
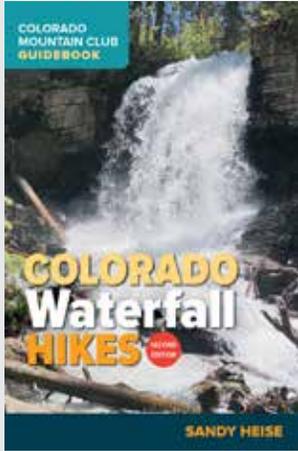
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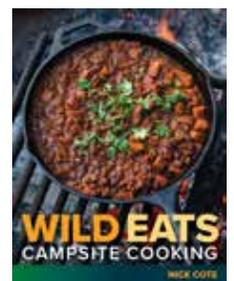
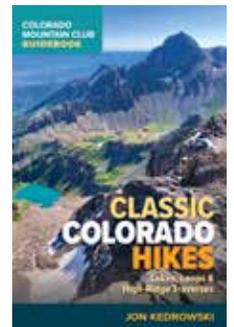
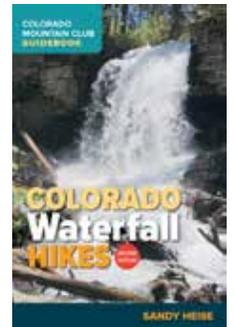
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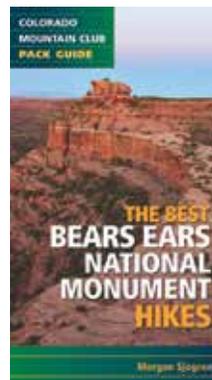
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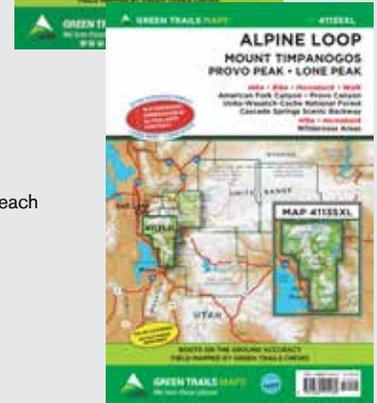
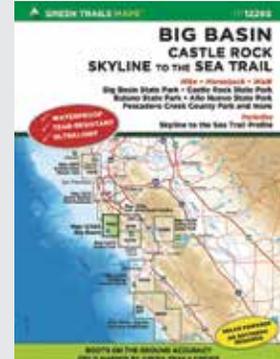
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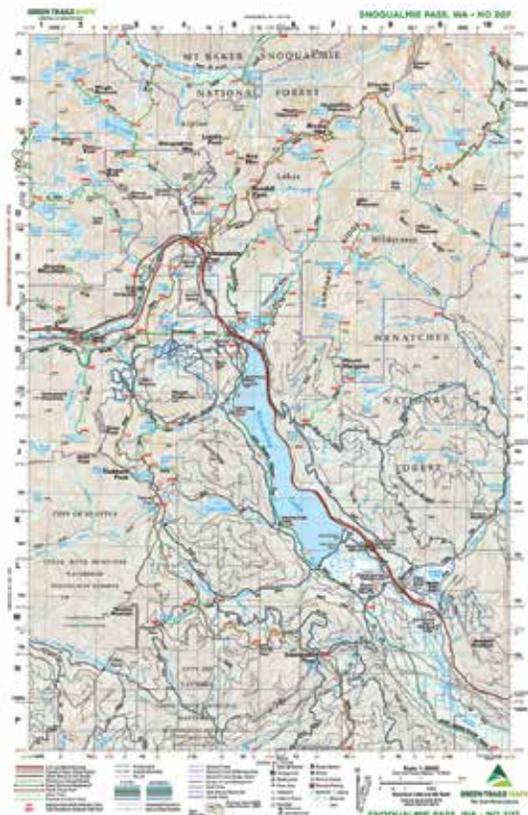
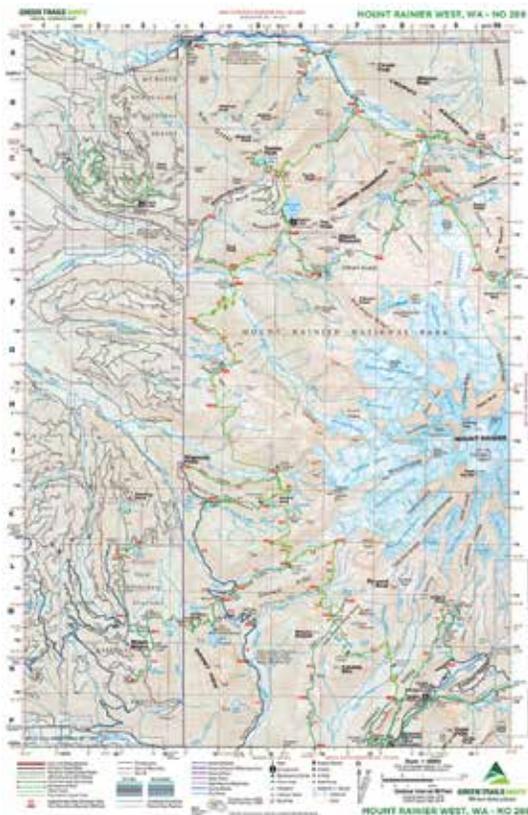
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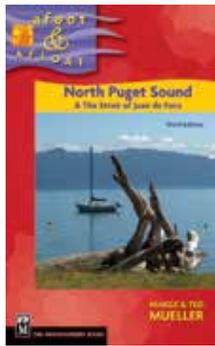
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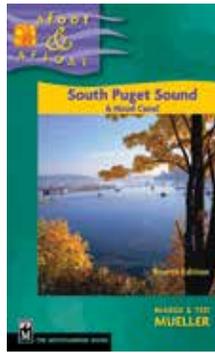
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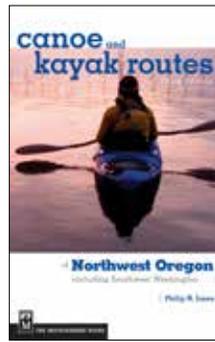
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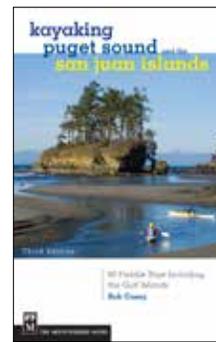
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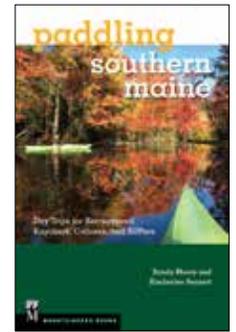
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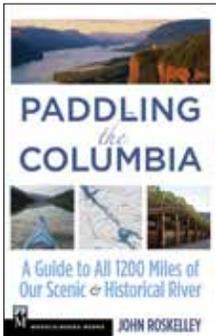
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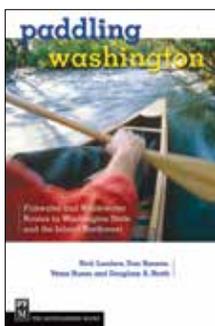
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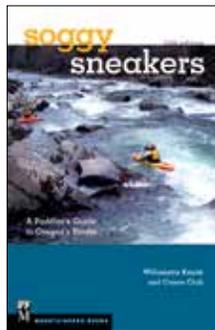
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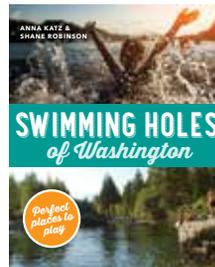
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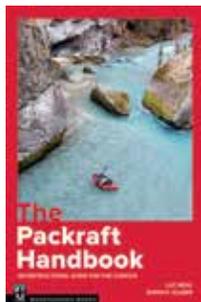


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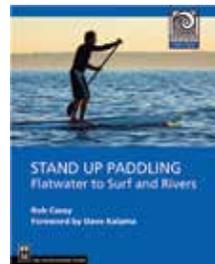
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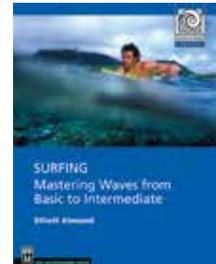
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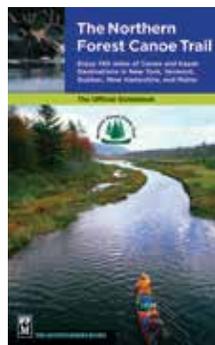
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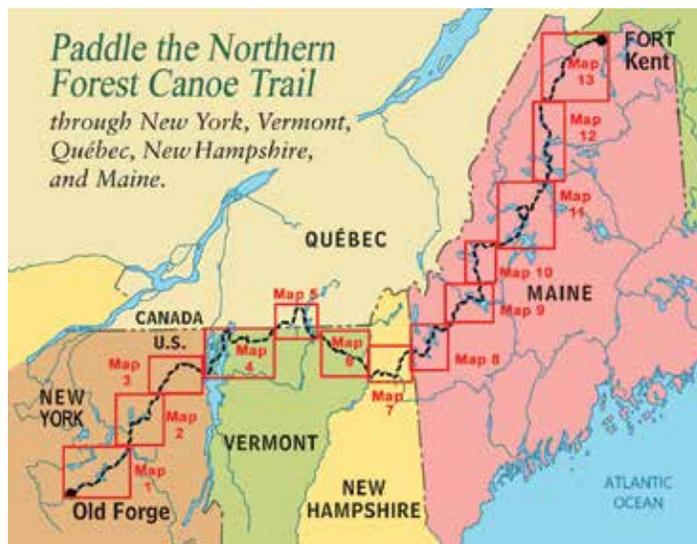
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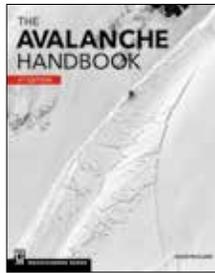
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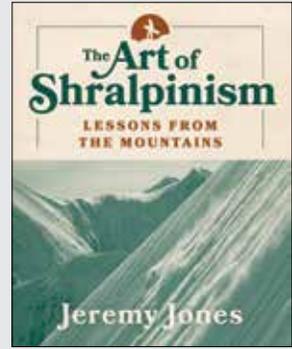
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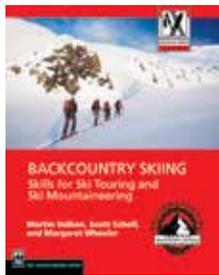


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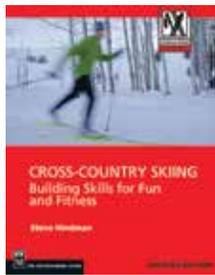


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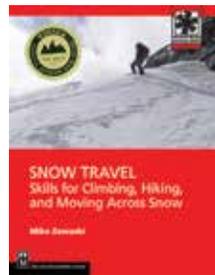
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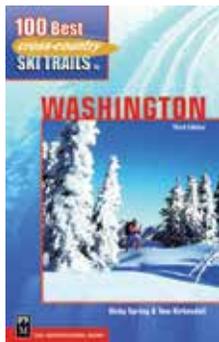


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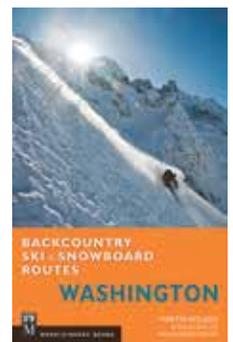
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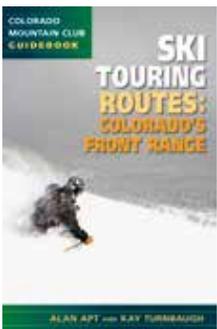


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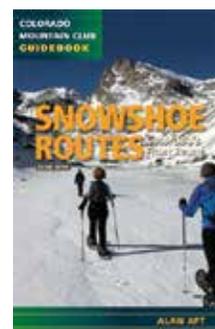
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Following is an index of titles sorted by region. We've indexed guidebooks here to make it easy to find the ones that are near you. Also included are some narrative adventures, because it's always fun to read stories that took place near where you live or in a faraway place you're interested in. A little more than half our catalog can be organized regionally. But don't forget about all those sports instructionals, general lifestyle topics, and wild, sweet, and romantic tales that aren't in this index. You need to browse through the pages here to find those treasures or, if you know the title, you can find them in the Title Index.

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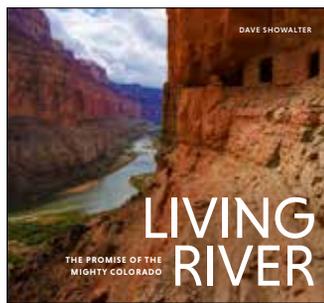
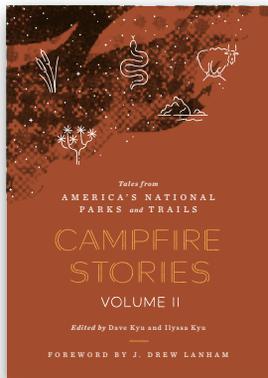
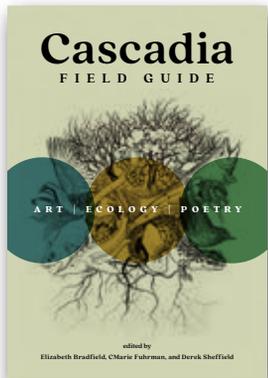
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The screenshot shows the Ingram website interface. At the top, there's a navigation menu with links like 'Home', 'Who We Are', 'Who We Serve', 'What We Do', 'What We Carry', 'Our Companies', 'Our Platforms', 'Our Markets', 'Careers', 'Contact Us', 'News & Events', and 'Ingram Logins'. The main content area is titled 'E-BOOKS FOR RETAILERS' and includes a sub-header 'Home // What We Carry // Books & Related Products // E-books for Retailers // Fulfillment & Distribution'. The text describes how Ingram provides immediate access to thousands of e-books from top publishers by becoming a fulfillment or distribution partner. It highlights two key services: 'FULFILLMENT' (ingram provides content, metadata, and DRM) and 'DISTRIBUTION' (ingram provides digital rights management and e-fulfillment capabilities). A 'Contact us to get started today!' link is at the bottom. On the right side, there's an illustration of a laptop, a tablet, and a smartphone.

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COVER PHOTO: Evolution Lake campsite
(from *Sierra Grand Traverse* by John Chapman and Monica Chapman)

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